

September 24, 2015
Vol. XVIV No. 2
Main: 720.886.3400
Attendance: 720.886.3495
Snow Delay \& Closure Line 720.554.4701
rollinghills.cherrycreekschools.org

Ashley Gehrke, Principal Rolling Hills Elementary School 5756 S. Biscay Street Aurora, CO 80015

| Calendar Events |  |
| :--- | :--- |
| Oct. 1 |  |
| Oct. 2 | October Count Day |
| Oct. 2 | PTO Board Meeting 7:45 a.m. |
| Oct. 6 | Bingo Night 6:00-9:00 p.m. |
| Oct. 12 | Student Council 7:45 a.m. |
| Oct. 14 | Board of Education at West Middle School 7:00pm |
| Oct. 23 | Restaurant Night at A Town Pizza 5:00-7:00 p.m. |
| Oct. 26-30 | Monster Mash 5:30-9:00 p.m. |
| Nov. 1 | Fall Break - No School |
|  | Daylight Savings |



## A Letter from Mrs. Gehrke

Dear Rolling Hills Families,
It's hard to believe that it is already October! It seems like we just started school and we have had an amazing beginning of the year. I often get asked how the start of the year has been and I always reply that it has been GREAT, thanks to our wonderful community of students, families and staff!

We thank you for your support with our pledge drive and our restaurant night at Chipotle. Each fundraiser has been very successful. The money raised will go towards funding our Teaching Assistants that support our classroom teachers and supervise our students during lunch and recess. We value and appreciate your contributions to benefit our students.

FUN FAMILY EVENTS! Please join us for a night of family fun on October 2! Bring the whole gang for BINGO and later in the month on October 23, we will have our annual Monster Mash with our Trunk or Treat. We look forward to seeing you there! To stay up to date on all of our school events, please check out our school website! http://rollinghills.cherrycreekschools.org

And lastly, we have begun our safety drills for the year. One of the drills we will be practicing will be an evacuation drill this month. Two of our classrooms are going to practice walking to our off site location, Falcon Creek Middle School during school.

And speaking of safety, please review the Universal Emergency Response Procedures. Emergency procedures are used to communicate immediately and effectively with all personnel and students at the site. All Cherry Creek School District employees follow these response procedures.

Secure Perimeter: Danger OUTSIDE the building

- Mobile classrooms come inside library and or designated location
- Outdoor activities canceled and moved inside
- Stay in building maintain normal schedule
- Evacuate ONLY when instructed by admin or law enforcement
- No visitors will be allowed within building

Lockdown: Danger WITHIN the Building!

- Seek shelter
- Close and LOCK door
- Keep all students sitting on the floor and OUT OF SIGHT from door and windows
- If outside- move to a location away from building
- Be QUIET
- No one admitted to the building.

Shelter in Place: Used for Severe Weather

- Go to designated areas
- Duck and cover in safe locations
- Outdoor activities come inside the building.

Evacuation: When there is a danger (smoke, fire, gas leak) in the building.

- Exit room and proceed to nearest building exit
- Go to designated staging area away from building
- Take Attendance
- Return to building when all clear.

Thank you for your continued support in helping us make Rolling Hills a great place to think, to learn, to achieve and to care!

Together in Education,
Ashley Gehrke
Principal
Rolling Hills Elementary

## October Count

Please make sure that your child is in school on October $1^{\text {st }}$, since it is the official state count day. All schools receive money based on their student count.

## Morning Supervision

Please do not drop your child off at school before 8:45 a.m. Teachers are not available to provide supervision until then, and having students on the playground before 8:45am is unsafe. Staff will question all students seen on the playground without parents and be reminded of the approved time. If it is observed to be a repeat occurrence, parents will be contacted by the child's teacher and/or the principal.

We understand that as working parents, you have an obligation to get to work on time; however, dropping students off at an unsupervised time is not safe for the students. We do provide a Before and After school program that keeps all students safe and engaged in fun activities. You can find more information about our B \& A program on our website.

## Parking Lot/ Car Pickup and Drop Off

Thank you for making the pick up and drop off in our parking lot an easy transition! Our Rolling Hills Parking lot is a one way parking lot. Cars flow in, drive through the lane in front of the school and exit by driving out through the lot. We would like to remind you of a few expectations that keep our kids safe and the line moving quickly.

- In the morning, cars should pull up to the drop off sign. If you plan to get out, please park in our parking lot.
- After all of the cars have pulled up and students dropped off, we will move the whole line forward.
- Please do not drive on the left side of the car loop in the morning. We will move all cars forward at the same time for safety and efficiency.
- In the afternoon, please pull forward again to the front of the drop off zone. Cars may carefully pull out and proceed out of the lane on the left side once you have your student.
- The great news is that from start to finish, our pick up process usually only lasts 7 minutes.
*The bus loop is for staff parking and buses only.

Dear Kindergarten and First Grade Parents, Grandparents, Day Care Providers, etc.,


Having so many sets of eyes on our little ones each morning really makes a difference! Thanks so much to all of you who stay to assure our kindies and first graders get into the building safely! Your time is GREATLY appreciated!


With gratitude,

Your kindergarten and
First Grade Teachers

## Line Up Areas



Dogs on Campus:


We love dogs! However, not all of our children respond well to animals or they can be highly allergic. For these reasons, we ask that you not bring your dog onto our school grounds before, after or during school hours.

## Lightning Dismissal



Lightning is a part of our Colorado weather and we take the safety of our children very seriously when it comes to lightning. Therefore, we do not release children from our building when there is lightning in the area. If you come to pick up your children, we ask that you enter the building to sign out your children. If they ride a bus, we will release the buses as soon as the lightning has moved away from the area. Additionally, we will not release walkers to walk home, even with older siblings until the lightning is gone. We are currently working on a system to notify you when we need to do a lightning dismissal. Thank you for your understanding. We realize that this often causes inconvenience to you and your families. Please be patient and we will release the children as soon as safely possible.


## President's Report

Dear Rolling Hills' Families,
Can you believe it is the first day of fall already? This year is flying by and we have so many fun events coming up in the next couple of months! Make sure to always check your child's backpacks for important information and flyers! Thank you for your continued support of our school and our fundraisers. We couldn't do any of it without you all! This month we will be running two contests! We are in the need of candy for our trunk or treat! Please bring in candy to your teacher until October 22nd and the class with the most will win a party! We are also kicking off our canned food drive for the SHARE project to help out families in need! Please send in any non-perishable foods to your teachers until October 22nd as well, and the class with the most will win a party and this goes towards our E4L points!

Yours Truly,
Sarah Roark and Jamie Bullen PTO Co Presidents

## Pledge Drive

So far we have raised a total of $\$ 17,088$ for this year! We are still hoping to achieve our goal of $100 \%$ participation from families this year! Don't forget that the two classes with the highest participation will get a party and the teacher will win a gift card! We are taking pledges through the end of the month for our contest, but will gladly take them whenever it is possible for you to donate, and remember that is is tax deductible!

Here is the updated class participation list:
Crum 30\%
Foos 30\%
Fairchild 31\%
Pallet 31\%
Alao 27\%
Widdifield $21 \%$
Leer 42\%
Marshall 50\%
Sexton 46\%
Baker 26\%
Safer 43\%
Hamilton 27\%
Tully/Schumacher 22\%
Hall 32\%
Hunt 42\%
Clark 52\%
Phelps/Pacheco 48\%
Chaney 37\%
Ampe 41\%
Turley 29\%
Riege 32\%
Steger 42\%
Seichter 29\%
Simon 37\%
Hayes 36\%
Kachelries 44\%
Frank 37\%

## King Soopers Cards

Do you shop at King Soopers? If so, you can help Rolling Hills. It's simple, easy and it is a way to help our school without donating any additional money or time. Contact Tina Garczynski to obtain a re-loadable "gift" card for King Soopers for $\$ 10$ and it is loaded with $\$ 10$ to start you off! Simply reload your card with whatever method of payment you normally use to purchase groceries, and a percentage will go back to Rolling Hills. Cards can be used all year long and can also be used for gas at participating Loaf \& Jug stations.

Email Tina Garczynski at tinagarczynski@icloud.com to obtain yours today!

## Earning For Learning

We earned $\$ 1000$ for last school year!!!
Shop at Southlands to help our school win up to $\$ 2,500$ ! Earning 4 Learning runs August 15 through April 30. RH will earn points for every dollar spent at stores, restaurants and the movie theater at Southlands. Use one of these options to credit our school: *Log your receipts online. It even works with a smart phone!
http://shopandlog.wufoo.com/forms/z7x3q7/
*Drop your receipts off in the Earning 4 Learning box, located in the lobby of the Management Office (open daily 8am-9pm and located on the NW corner of Main Street and E. Commons Ave.).
*Turn receipts in to our school E4L drop box.
Right now EARN 5X POINTS when you shop at these stores Aug. 15 - Sept. 30:
American Eagle, The Children's Place, H\&M, New York \& Co., Tilly's. Earn 50 points per dollar spent on all when your receipt is submitted online at shopandlog.com/southlands by the 7 th day* of the next month.
*Aug. 15-31; Sept. 1-30 receipts due by Oct. 7 to earn 50 points per dollar spent.
Receipts submitted after those dates will earn five points per dollar spent.

## Shutterfly Storefront

## 13\% OF YOUR PURCHASES WILL BE DONATED TO OUR SCHOOL -Must use this link for school to receive credit.

## http://rollinghillsschoolpto.shutterflystorefront.com/

This is a year round program, please share link with family and friends.

## Yearbooks

Yearbook order links will come home in October and please continue sending pictures to rollinghillsyearbook@gmail.com

## Tiger Miles Run Club

The run club is off to a great start this year!! It will continue up until Fall Break, weather dependent. We are still in the need of volunteers, so please consider coming and helping on those Tuesday and Friday mornings before school at 8am!

## Upcoming Events:

9/24/15- Picture Day
10/2/15- Bingo Night from 6-9pm at Rolling Hills( pizza from 6-6:45 with Bingo starting at 6:45- look for flyers)
0/14/15- A-Town Pizza Restaurant night (they deliver)
10/23/15- Trunk or Treat and Monster Mash 6-9 pm at Rolling Hills (look for info to come)
10/24/15- 11/1/15- Fall Break- No School
11/11/15- PTO General Meeting at 9am


Lookus up on Facebook:
Cherry Creek Schools Special Education Advisory Committee


Golden Heart Awards
 who og ABOVE ANDBEOOND to entance the lwes d Chery $G$ Geek School chideren whit spead needs Prentis ofstaff may nocrinate a texhes, bus dither, parapociessional, food service woke c ary othe indididual who warks whth Chery Creek studentis. Formore ifromition, check the SECC. Frackook page.

## Statewide Resources

- CODopatiment ofEducation 3)3-866-6684 wwacdestate.couscdepped
COE offes extersive informution regring ypecial and geneal edjation ppeive edjation hw ond the IP procass.
- Colondo Special EAvcation Advisory Committorr 303-866-6843,www.destatecaus/cdepedCSEAC
 and the Colorado Deparinnent of Eduction Exaptional Sudert tasotestip Unit.
- PEAP Parant Canter 1-0W-284-0251 Wwwperkparentorg PEM assist familes, bith - 26 with \& pater stiseo, trivingz Conference on Indusine Edvation and statewide calendrt:
- Empower Colorador $18866 \cdot 213-4631$ empowercdorsdaord
Empowes Colorido provider group and on inies sppot, educertion and surocacy fo families of dilden with broin divordes ondmertal heoekh isues.
- Family Voices 1-900-0®-8272
wwwfomilywicesco.ong
Hiommaico on Nediaid, privete nuuance and navigaing the heath cres sytem.
1 Paruit toParant 1-87-472-720 wwwp? Jin a listery thet ting prerts hroughout he exte for a news. later informtion and refreals.
- The Ac of Arapahoe \& Dooghas Counties 303-220-9228 wwwarcadorg
- The Ace of Aurvera $70-213 \cdot-420$ www.hercofororon.axg Acprovide adracay, intormtion \& uppat topecople with developmental dosstitites and theirimalie.
- Leanning Disabilitios wwa:Wonlirearg provides irformaion und lins about Learing Disbbifies and ACHO.
- Dwelopmantal Pathwyse $303 \cdot 3606600$ wwwderelopmentalpothwysparg
Provide sevizes for peoplewith developnatal diabilitise for Arposcoe nd Dougla cuintie a well w the City of Aurora.


## Parents as Resources

Shaing information and finding IEouces is animpoltant part of the Special Neads commuity, The Cheriy Creek Special Iduation Advisoy Comnittecompils and dotributes information on mary 0 oppotuntities in the Deviver Metro area induding clases, trainings, amps and conferences
To be partofSEAC'sinfomation distitibution, please contact Sandillese at $720-544-123$ or smoescachenincreekstowlsoif

CHERRY CREEK SCHOOLS

## Parent Resource

 Guide

PARENT.SCHOOL PARTNERSHIPS Parents and staff share ideas and develop solutions together.


Sudent Adienenenent Serices, Eduational Sevices Center
 720.5541336 - wwachergrueekstoolson


Rolling Hills Elementary School Clinic would appreciate gently used pants/bottoms for boys or girls kindergarten through third grade sizes. We would also appreciate parents returning any pants/bottoms their child borrowed from the clinic as soon as possible. We recommend a change of clothes for your child in their backpack, especially those students in kindergarten through second grades.


What's New? Flu activity is low in the United States at this time. However, flu outbreaks can happen as early as October. It takes about two weeks after vaccination for protection to set in. Please start thinking about getting vaccinated now.

Thank you,
Valerie Hines, BSN, RN School Nurse.


Pay Pam
Scouting - Pack 131
Triple Treat Fall Basketball Coed League
Colorado Parent Magazine
Scholastic Parent/Child Magazine
Student Conduct CCSD Booklet
CCSD Getting to Know Us
Rolling Hills PTO News
Specials Information
Basketball Clinic Registration

Singing Lessons
Guiding Our Children to a Mathematical Future
Cardboard Challenge
Pledge Drive Envelopes
Early Education Expeditions Pamphlet
A Place to Learn, Grow, Succeed Pamphlet
Singing Lessons
Care Line
Allegro Music Lessons
Receipt Box for Earnings for Learning

## MUSIC



The Cherry Creek Elementary Band and Orchestra Program is gearing up for a new year! Students in grades 3, 4, and 5 are eligible to sign up for Orchestra. Students in grades 4 and 5 are eligible to sign up for Band and Percussion classes. Please visit CCEIM.ORG for more information on class schedules, enrollment, fees, and instrument rental.

## From the Library

Dear Families,
We would like to welcome you and your child to the Rolling Hills Library! Your child will be coming to the library every other week with their class. Additionally, we have open check out every day from 9:00-9:30. Our goal is to teach your child information literacy skills and introduce outstanding children's literature.
Please help your child be responsible for the library books that are checked out.

- Find a consistent, safe place in your home to place library books.
- Keep library books away from pets, liquids, and younger siblings of the toddler variety.
- Put a large Ziploc bag in your child's backpack to help keep books safe and dry. Water bottles and library books don't play well together. Keep them separated.

We do not charge overdue fines. However, we do charge for lost or damaged books.
Paperback books - $\$ 7.00$
Hardback books - \$17.00
Specialty books \& Books on CD - replacement cost
Please feel to contact the library if you have any suggestions or questions. We look forward to meeting you this year!!
Warmly,
Kim Tully - Teacher Librarian
Jody Anderson - Library Teaching Assistant

## DESTINATION IMAGINATION:

It's time to form your Destination Imagination teams. The Cherry Creek School District has been proud to host the largest DI Regional Tournament in Colorado for the past five years. Our Tournament this year will take place on Saturday, March 19, 2016 at Grandview High School.

The number of teams that represent our school is only limited by the number of parent volunteers. We need at least 1 parent volunteer for every team of 2-7 students. Destination Imagination offers mandatory training for team managers and a handbook to walk volunteers through every aspect of the process. Students and team managers must be committed 2-3 hours every week until the tournament in March. Depending on the challenge chosen by the team there is a cost of \$80-150 per student for the season.

Please see the attached flier and visit destinationimagination.org to learn more.

Contact Kelly Yoder at 303.875 .1439 or kellyyoder76@msn.com if you or your child is interested.

## IMAGINATION,

## IF YOUR CHILD IS CREATIVE...

is crazy about puzzles, loves to paint and draw, can build anything out of cardboard boxes, writes amazing stories, thinks up whimsical new worlds, has a flair for drama and acting, is totally into science, or has rewired your toaster into a working time machine (or wants to), then you may have a Destination Imagination child.


WHAT DESTINATION IMAGINATION? Destination Imagination (DI) IS an international, educational program that gives kids an amazing outlet for their creativity white teaching them leadership, teamwork, positive thinking, project management and so much more. Teams of 2 to 7 kids from 3rd grade through university level solve one of six open ended Challenges (Scientific, Structural, Fine Arts, Service Learning, Improvisation, or Technical) in their own unique ways. And present their solutions at Regional Tournaments in late February or early March. Teams also solve an on-the Spot Instant Challenge at the tournaments, where they must think quickly on their feet and work together to solve a problem in around five minutes. There's even a noncompetitive Rising Stars category with a special Challenge for 2nd grade, Winners advance to the Affiliate (state/country) Tournament, and winners at the Affiliate Tournament move on to Global Finals to compete against more than 1.400 teams from around the world.

## WHY SHOULD MY CHILD BE INVOLVED IN DESTINATION IMAGINATION?

Teams involved in DI learn higher order thinking and learn to excel in creative and critical thinking, collaborative problem solving, and project management. Students who have participated in Destination Imagination say they believe participation helped them improve their grades and do better in school, improved their self-confidences, helped them become better communicators, enhanced their respect for others, and improved their creativity and problem solving skills,

## Specials Information Reminder

(Art, Assets, Music, PE, Technology)
Dear RHL community,

We wanted to keep you posted on two very important structures we are using in all Specials in an effort to be in great communication with all of our parents.

## CLASS DOJO

Class Dojo is an awesome tool to keep you updated on your child's behavior in Specials classes. Please keep your eyes posted for a document coming home with your child that has a student and parent access code for you to sign up as a Class Dojo user. With the parent access code you will be able to see your child's behavior and receive messages from Specials teachers. Your child's access code will allow them to see their accrued points for behavior and change their class dojo avatar/monster character. Points can be earned for positive and negative behavior......so please keep in contact with Class Dojo. If you have a smart phone please download the FREE Class Dojo app and turn on push notifications so that we can stay in communication with you. Please also know that you must sign up for Class Dojo each year as access codes change yearly.

## SCHOOLOGY

Schoology is an incredible way to stay connected with all of your child's learning and is a district wide system. In Specials we will all be using Schoology to connect our learning from school and home and keep in communication with our parents as to what your students are learning about in our rotations. Please see the attached directions as to how to access Schoology using your child's log in information you created when you registered them with our school district. Most important is that when you get into Schoology go to courses and click on your child's grade and animal.....cheetahs, jaguars, leopards, or panthers. Then it will lead you to our Specials page where you can access all Specials classes.....Art, Assets, Music, PE and Tech.

Mrs. Fukunaga (PE)
Mrs. Jones (Music)
Ms. Schuster (Technology)
Ms. Taylor (Art)
Mrs. Thurber

## Sportstacking Intramurals

Sportstacking Intramurals will begin the week of October $5^{\text {th }}$ and run through the week of November $2^{\text {nd }}$.
Here is the schedule:
5, 6, 7 and 8 year old teams - October 8, 15, 22, November 5
9,10 and 11 year old teams - October 9, October 16, October 23, November 6
CCSD Sportstacking Tournament will be held on Saturday, November $14^{\text {th }}$ at Falcon Creek Middle School from 8-1.


## Schoology



Students and parents have access to Schoology, which is the Cherry Creek Sohool Distriat's Cooperative Online Learning Environment (COLE). One of the great things about our updated version of COLE is the parent interface and the potential for inoreased communication and additional access to curriculum.

## Accessing Schoology/COLE 3.0

Like teachers and students, you will occess Schoology using htip://my.cherrycreekschools.org. When you get to the login screen, use the account created for online parent forms. Once logged in, you will see several "tiles". Clicking on

the COLE 3.0 tile will take you directly into Schoology.

## Log in with Phones/Tablets

If you are logging into the app on a mobile device (for both iOS and Android), you can log into Schoology by selecting the "Username" option (green button). Once you select "Usemame," it will ask you to type in your school's name or the school's zip code. When you find your sohool, click on the name and it will redirect you to my.chercyoreekschools.org to $\log$ in.


## Viewing Options

Parents are automatically associated with their children, so you do not need to create your own account or encoll in courses/groups. All children associated with the account can be selected using the pull-down arrow in the upper right-hand corner of the screen.


## Need a New Parent Account?

For parents who don't have a parent forms account or need to create another one, there is an option on the my.cherrycreekschools.org
login page to "create a new account."

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To create a new account, you will need to know some specific information about your child, including their student ID \#. Admissions will verify the information provided matches the legal parents listed. If the information provided matches exactly to the Admissions system, an email will be sent to your emall address. You will need to click on the link in the email to finalize the creation of your my.cherrycreekschools.ong account.

New parent accounts will be able to access Schoology within 24 hours, provided that Admissions was successful in verifying the account.

## Grades \& Attendance

While Schoology does have an attendance and gradebook feature, it is important to note that official attendance and grades for CCSD will remain in PowerSchool. Grades for items assessed using Schoology can be pushed to PowerSchool, but PowerSchool remains our Student Information System.

Learning more about COLE 3.0/Schoology
If you would like more information, CCSD Parent Resources are located at httm://oole.cherrycreekschools.org/course/ 1107 14281/materials


Or, you can access Schoology's Help Center at: httor//heio.schoolocav.com.


> Grandview High Sehool fall Spint Min-Cllwic $\mathrm{K}-5^{\text {th }}$ Grade

Satorday, September 26th, 2015 1:00 p.m. to $3: 00$ p.m. In fits eyms

Cliric Cost is $\$ 40$ per child

We offoria 25\%
discround for stiblings! ( 3 30 per child)



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Drop in to explore \& learn more about the sport of volleyball!


## mitu <br> CHEGY GiEESEHOMS <br> PARENT <br> ACADEMY

LOCATION:
Tralls West
Elementary School
DATES:
Nov/Dec on Tuesdays
(11/3, 1V10, 11717, 11/24, 12/1, 12/8)
LOCATION:
Eastridge
Elementary School

## DATES:

April/May on Tuesdays
(4/5, 4/12, 4/79, 4/26,5/3,5/10)
TIME:
6:00-8:00 pm
CLICK HERE FOR MAP
COST:
$\$ 30.00$ per family includes a $\$ 10$ workbook fee (Scholarships available for families who recelve Free \& Reduced Lunch - Call 720-554-4247 for more information.) Additional costs of the program are subsidined by the CCol) Wellness Office

Freechilid care provided ona limited bosis
Lightsnacks will be provided

## Parenting the Strong-Willed Child

A clinically proven six-week program for parents of 2-8 year olds. Designed to help you find positive and manageable solutions to your child's difficult behaviors.
This program is a modified version of the Parenting the Noncompliant Child program and has earned the highest marks as a research-based program with proven effectiveness. Parents who have participated in this class report improved child behavior at bome and school. Parent-child relationships become more positive.

## What you will gain through this approach:

7) Understanding strong-willed behavior problems
8) How to use reinforcement to create a more positive home
9) Specific skills such as ignoring, improving communication, and helping your child solve problems with peers
10) Support with giving directions and developing more patience
11) Effective use of time-outs and how to help build positive self-esteem in your child

## About thls opportunity:

3) Based on more than 40 years of collective research

》) Offers a step-wise approach to improving your relationship with your child
3) Allows parents to focus on specific skills and practice them with support

## Facilitators:

| NOV/DEC CLASS <br> AT TRAILS WEST | Corby McGrath, LCSW, CCSD School Social Worker <br> Denise Sironen, MA, Mental Health Affective Needs Facilitator |
| :--- | :--- |
| APR/MAY CLASS | Sazanne Blea, LCSW, CCSD School Social Worker <br> AT EASTRIDGE |

## Space is Limited! <br> CLICK HERE TO REGISTER <br> QUESTIONS? <br> EMAlL: Ikoenig2echerrycreekschools.org <br> PHONE: 720-554-4247




## TEaChing Kids CONSCIOUS LEADERSHIP


"We need to tell kids what they can do instead of what they can't," said Mark Hoog at PIN's first presentation of the school year. "Conscious leadership means choosing to interact positively with our kids to help them
 think, stretch and grow," said Hoog. "It means encouraging kids to live life to its fullest, to live purposefully, and to expand our kids' world around them."

Hoog is author of the award-winning Growing Field series of children's books on leadership, and founder of Growing Field International. In his inspirational message to CCSD parents, he explained one of the greatest influencers of his life: his close friendship with Captain Jason Dahl, pilot of United Flight 93 which crashed in Pennsylvania on the morning of $9 / 11$.

As a mentor to Hoog in his position as an airline pilot, Dahl challenged him with a simple but profound question: Why should you get to stay in your position? Dahl caused Hoog to think more intentionally about the value he was adding in his career-a concept that led Hoog to reevaluate his life, purpose and relationships as well.

Hoog explained one of the key challenges facing our youth today: "If you ask third-graders if they have big dreams for the future, most kids can't wait to raise their hands. But by middle school, that number is diminished, and by high school, only a few kids have their hands up." His advice for parents is to grab hold of the unique position they're in to influence their kids' outlook for their future by:

1. Teaching Kids to Freestyle. By this, Hoog means showing children how to be the captains of their own lives. "The first step is to help kids see their gifts and to daim them," said Hoog. "Help them discover what their talents and treasures are. What was given to them that they've talked themselves out of?" To emphasize the point, Hoog quoted Mark Twain, who said, "The two most important days in your life are the day you are born and the day you find out why."
2. Embracing a Leadership Paradigm. Parents can encourage their children to make an impact in the lives of others anywhere they go. Hoog recommends starting by pushing aside the negatives. "Instead of thinking of all the reasons why your dream isn't possible, ask why you could, would, should and why you will achieve your dream."
3. Making a Contribution. "Our young people are waiting for an invitation into the game of life-for someone to see their unique gifting and potential and to show them how to live it out," stated Hoog. "it starts with a belief that each child has value and letting them know it," he said.
"It all comes down to making a choice to breathe life into those around us and to invest in what's meaningful, in what matters most," said Hoog.

Visit www-growingfield.com to see Hoog's leadership resources for kids, or go to www.theS2.org to find out about the Leadership Summit for America's Youth where Hoog will be speaking on 9/17 in Loveland.

Next at PIN: Join us on 10/6 to hear pediatrician Marianne Neifert, a.k.a. "Dr. Mom," speak about Happiness \& Stress: Change Your Mindset. Visit www.PINccsd.org for our full line-up of speakers.


Tuesday, October 6 ${ }^{\text {th }}, 2015$ 9:15 a.m. - 11:15 a.m.

## Happiness and Stress: Change Your Mindset

Come hear Marianne Neifert, MD, MTS (a.k.a., "Dr. Mom") speak about how families can reduce stress and enhance their sense of well-being-even in tough times. Dr. Mom will talk about life-changing principles that promote positive emotions, optimism and life-balance. You'll learn how to experience authentic happiness by using your signature strengths and core virtues in as many life areas as possible, and in service to a noble purpose larger than yourself.

- Discover why cultivating an "attitude of gratitude" is linked to greater happiness and fulfillment
- Incorporate happiness-boosting insights, attitudes, and practices into your daily routine to reduce stress, generate positive energy, and stay engaged with life
- See how your personal example of optimism and satisfaction can serve as a healthy model for your children and others

Dr. Neifert is a mother of five adult children and grandmother of seven. She is a clinical professor of pediatrics at University of Colorado Denver School of Medicine, and has authored five child-rearing books and hundreds of magazine articles on children's
 health and behavior. Her empowering message is guaranteed to inform, inspire, entertain, and motivate.

Parents, school administrators and community members are welcome and encouraged to attend PIN's presentations. No need to RSVP-just come! Presentations are FREE and are held the first Tuesday of each month at:

Student Achievement Resource Center (SARC)<br>14188 E. Briarwood Avenue, Centennial<br>(South of Arapahoe Rd., Detween Potomac and Jordan Roads)<br>Visit www.PINccsd.org for Podcasts and Meeting Highlights

## MARK YOUR CALENDARS

Nov 3 ${ }^{\text {dd }, 9: 15-11: 15 \quad E m p o w e r i n g ~ G i r l s ~ t o ~ C r e a t e ~ C h a n g e ~ i n ~ T h e i r ~ W o r l d ~}$
Nov $11^{\text {th }}, 7-8: 30$ p.m. Raising Resilient Girls: Feelings, Failures \& Friends
www.PINccsd.org • PIN@friendsofccsd.org

Dear families of Rolling Hills,
As many of you know, Rolling Hills began implementation of the PBIS (Positive Behavior Intervention and Support) initiative several years ago. The purpose of the PBIS initiative is to establish and maintain effective school environments that maximize academic achievement and behavioral competence of all learners in Colorado. This competence is gained as a result of school personnel and families working together to provide a continuum of support for all learners. Several key elements of PBS are:

- A common purpose and a positive approach to discipline
- A clear set of positive expectations and behaviors
- Procedures for teaching and encouraging expected behaviors
- Procedures for discouraging inappropriate behaviors
- Data used to guide decision making and planning
- Emphasis on prevention of inappropriate behaviors

We have three school-wide expectations which are posted throughout the building and discussed frequently with students. These expectations are be SAFE, RESPECTFUL, and RESPONSIBLE. It is our goal to be very specific with students as to the behaviors that will allow them to be SAFE, RESPECTFUL, and RESPONSIBLE within each area of the school. This creates a framework for behavioral success, as well as an accountability structure for students and staff.

This effort has been, and always will be, a joint effort between the school and its surrounding community. Much of the great work which aligns with PBIS is done at home by all of you, and we thank you for those contributions. It is a pleasure to be serving with you in developing the social and behavioral competencies of our youth.

We hope you will take some time at the beginning of this new school year journey and discuss with your child the importance of positive behavior in school and in the world at large. Please see the attached Behavior Matrix included in this newsletter which outlines behavior expectations for all students in all areas of our school. It is a map for success at Rolling Hills! Also included in this newsletter is a copy of our student referral form which a student can receive when violating any of these school or classroom rules. It is our goal to have students experience great success at Rolling Hills and a large part of that is the partnership school and home has around our behavior expectations.

Lastly, your child may come home filled with excitement for a variety of reward systems we have in place at Rolling Hills to reward children for excellent behavior. Tiger paws (classes earn tiger paws from other teachers in the building who notice super class behavior / classes are awarded prizes for every 25 tiger paws a class earns), tiger stickers (earned by individual students for exhibiting great behavior and can be awarded by any adult in the building as well as their classroom teacher), tiger tickets (raffle tickets filled out for every tiger sticker a child earns / tickets go into a monthly drawing for a special brain break with Mrs. Thurber), and Golden Paws ( a special paw a class can earn from a substitute teacher who has a wonderful experience at RHL / Golden Paws are worth 5 regular paws!). If your child comes home excited about any of these rewards, please do share in their excitement as they are a BIG deal at RHL.

As always, thank you for all you do! We look forward to an amazing and successful year learning and growing as people!

Warmly,
Mrs. Thurber - Assets Teacher / PBIS coordinator at RHL

Parent contacted by: (Name) Left Message Had Conversation $\square$

| Mino Pehavion-Aetion Taken | Majer (Can include actions from minor behavior column) |
| :---: | :---: |
| I rning <br> a Parent/Guardian Contact <br> I Loss of Privilege <br> Time Out  <br> a Reflection Sheet <br> I Time in Office <br> Verba//Writen Apology  <br> I Discussion with Student <br> Other_  |  |

$\qquad$ Staff Sign.: Parent Sign.:

All minors are filed with the classroom teacher. Three minors equal a major.
All majors require administrator/designee consequence and parent contact.


| Rules/Expectations | SETTINGS |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | PLAYGROUND | BATHROOMS | ASSEMBLY | BUSES |
| Safe | Use equipment safely <br> Stay in boundaries where adults can see you. <br> Keep rocks and snow on ground <br> Get permission to go inside | Wipe up spills <br> Wash your hands quietly | Sit flat in one spot <br> Keep your hands and feet to yourself | Enter and exit in an orderly fashion <br> Stay in your seat <br> Report any danger |
| Respectful | Treat others the way you want to be treated. <br> Include others <br> Use friendly language <br> Follow adult directions | Throw away trash <br> Use the bathroom respectfully <br> Respect other people's privacy | Listen and watch with voices off <br> Use respectful applause <br> Follow "the quiet signal" | Follow directions <br> Wait in line <br> Listen to the bus driver <br> Share seats <br> Use respectful language |
| Responsible | Use equipment properly <br> Play fairly and follow game rules <br> Line up quickly and quietly when the whistle blows <br> Leave food/toys inside <br> Tell to get someone out of trouble not into trouble | Take care of business and get back to class. <br> Flush the toilet | Cine up quietly for your teacher. | Back to back, seat to seat, and feet on the floor <br> Keep your body and belongings inside the bus <br> Use quiet voices |

