

Rolling Hills Elementary



September 24, 2015
Vol. XV IV No. 2
Main: 720.886.3400
Attendance: 720.886.3495
Snow Delay & Closure Line 720.554.4701
rollinghills.cherrycreekschools.org

Ashley Gehrke, Principal Rolling Hills Elementary School 5756 S. Biscay Street Aurora, CO 80015

Calendar Events

Oct. 1	October Count Day
Oct. 2	PTO Board Meeting 7:45 a.m.
Oct. 2	Bingo Night 6:00-9:00 p.m.
Oct. 6	Student Council 7:45 a.m.
Oct. 12	Board of Education at West Middle School 7:00pm
Oct. 14	Restaurant Night at A Town Pizza 5:00-7:00 p.m.
Oct. 23	Monster Mash 5:30-9:00 p.m.
Oct. 26-30	Fall Break – No School
Nov. 1	Daylight Savings



A Letter from Mrs. Gehrke

Dear Rolling Hills Families,

It's hard to believe that it is already October! It seems like we just started school and we have had an amazing beginning of the year. I often get asked how the start of the year has been and I always reply that it has been GREAT, thanks to our wonderful community of students, families and staff!

We thank you for your support with our pledge drive and our restaurant night at Chipotle. Each fundraiser has been very successful. The money raised will go towards funding our Teaching Assistants that support our classroom teachers and supervise our students during lunch and recess. We value and appreciate your contributions to benefit our students.

FUN FAMILY EVENTS! Please join us for a night of family fun on October 2! Bring the whole gang for BINGO and later in the month on October 23, we will have our annual Monster Mash with our Trunk or Treat. We look forward to seeing you there! To stay up to date on all of our school events, please check out our school website! http://rollinghills.cherrycreekschools.org

And lastly, we have begun our safety drills for the year. One of the drills we will be practicing will be an evacuation drill this month. Two of our classrooms are going to practice walking to our off site location, Falcon Creek Middle School during school.

And speaking of safety, please review the Universal Emergency Response Procedures. Emergency procedures are used to communicate immediately and effectively with all personnel and students at the site. All Cherry Creek School District employees follow these response procedures.

Secure Perimeter: Danger OUTSIDE the building

- Mobile classrooms come inside library and or designated location
- Outdoor activities canceled and moved inside
- Stay in building maintain normal schedule
- Evacuate ONLY when instructed by admin or law enforcement
- No visitors will be allowed within building

Lockdown: Danger WITHIN the Building!

- Seek shelter
- Close and LOCK door
- Keep all students sitting on the floor and OUT OF SIGHT from door and windows
- If outside- move to a location away from building
- Be QUIET
- No one admitted to the building.

Shelter in Place: Used for Severe Weather

- Go to designated areas
- Duck and cover in safe locations
- Outdoor activities come inside the building.

Evacuation: When there is a danger (smoke, fire, gas leak) in the building.

- Exit room and proceed to nearest building exit
- Go to designated staging area away from building
- Take Attendance
- Return to building when all clear.

Thank you for your continued support in helping us make Rolling Hills a great place to think, to learn, to achieve and to care!

Together in Education,

Ashley Gehrke Principal Rolling Hills Elementary

October Count

Please make sure that your child is in school on October 1st, since it is the official state count day. All schools receive money based on their student count.

Morning Supervision

Please do not drop your child off at school before 8:45 a.m. Teachers are not available to provide supervision until then, and having students on the playground before 8:45 am is unsafe. Staff will question all students seen on the playground without parents and be reminded of the approved time. If it is observed to be a repeat occurrence, parents will be contacted by the child's teacher and/or the principal.

We understand that as working parents, you have an obligation to get to work on time; however, dropping students off at an unsupervised time is not safe for the students. We do provide a Before and After school program that keeps all students safe and engaged in fun activities. You can find more information about our B & A program on our website.

Parking Lot/ Car Pickup and Drop Off

Thank you for making the pick up and drop off in our parking lot an easy transition! Our Rolling Hills Parking lot is a one way parking lot. Cars flow in, drive through the lane in front of the school and exit by driving out through the lot. We would like to remind you of a few expectations that keep our kids safe and the line moving quickly.

- In the morning, cars should pull up to the drop off sign. If you plan to get out, please park in our parking lot.
- After all of the cars have pulled up and students dropped off, we will move the whole line forward.
- Please do not drive on the left side of the car loop in the morning. We will move all cars forward at the same time for safety and efficiency.
- In the afternoon, please pull forward again to the front of the drop off zone. Cars may carefully pull out and proceed out of the lane on the left side once you have your student.
- The great news is that from start to finish, our pick up process usually only lasts 7 minutes.

*The bus loop is for staff parking and buses only.

Dear Kindergarten and First Grade Parents, Grandparents, Day Care Providers, etc.,



Having so many sets of eyes on our little ones each morning really makes a difference! Thanks so much to all of you who stay to assure our kindies and first graders get into the building safely! Your time is GREATLY appreciated!



With gratitude,

Your kindergarten and First Grade Teachers

Line Up Areas





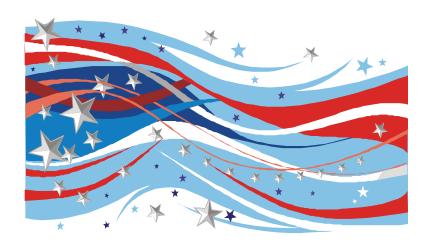
Dogs on Campus:

We love dogs! However, not all of our children respond well to animals or they can be highly allergic. For these reasons, we ask that you not bring your dog onto our school grounds before, after or during school hours.



Lightning Dismissal

Lightning is a part of our Colorado weather and we take the safety of our children very seriously when it comes to lightning. Therefore, we do not release children from our building when there is lightning in the area. If you come to pick up your children, we ask that you enter the building to sign out your children. If they ride a bus, we will release the buses as soon as the lightning has moved away from the area. Additionally, we will not release walkers to walk home, even with older siblings until the lightning is gone. We are currently working on a system to notify you when we need to do a lightning dismissal. Thank you for your understanding. We realize that this often causes inconvenience to you and your families. Please be patient and we will release the children as soon as safely possible.





PTO NEWSSeptember 24, 2015



President's Report

Dear Rolling Hills' Families,

Can you believe it is the first day of fall already? This year is flying by and we have so many fun events coming up in the next couple of months! Make sure to always check your child's backpacks for important information and flyers! Thank you for your continued support of our school and our fundraisers. We couldn't do any of it without you all! This month we will be running two contests! We are in the need of candy for our trunk or treat! Please bring in candy to your teacher until October 22nd and the class with the most will win a party! We are also kicking off our canned food drive for the SHARE project to help out families in need! Please send in any non-perishable foods to your teachers until October 22nd as well, and the class with the most will win a party and this goes towards our E4L points!

Yours Truly, Sarah Roark and Jamie Bullen PTO Co Presidents

Pledge Drive

So far we have raised a total of \$17,088 for this year! We are still hoping to achieve our goal of 100% participation from families this year! Don't forget that the two classes with the highest participation will get a party and the teacher will win a gift card! We are taking pledges through the end of the month for our contest, but will gladly take them whenever it is possible for you to donate, and remember that is is tax deductible!

Here is the updated class participation list:

Crum 30%

Foos 30%

Fairchild 31%

Pallet 31%

Alao 27%

Widdifield 21%

Leer 42%

Marshall 50%

Sexton 46%

Baker 26%

Safer 43%

Hamilton 27%

Tully/Schumacher 22%

Hall 32%

Hunt 42%

Clark 52%

Phelps/Pacheco 48%

Chaney 37%

Ampe 41%

Turley 29%

Riege 32%

Steger 42%

Seichter 29%

Simon 37%

Hayes 36%

Kachelries 44%

Frank 37%

King Soopers Cards

Do you shop at King Soopers? If so, you can help Rolling Hills. It's simple, easy and it is a way to help our school without donating any additional money or time. Contact Tina Garczynski to obtain a re-loadable "gift" card for King Soopers for \$10 and it is loaded with \$10 to start you off! Simply re-load your card with whatever method of payment you normally use to purchase groceries, and a percentage will go back to Rolling Hills. Cards can be used all year long and can also be used for gas at participating Loaf & Jug stations.

Email Tina Garczynski at tinagarczynski@icloud.com to obtain yours today!

Earning For Learning

We earned \$1000 for last school year!!!

Shop at Southlands to help our school win up to \$2,500! Earning 4 Learning runs August 15 through April 30. RH will earn points for every dollar spent at stores, restaurants and the movie theater at Southlands. Use one of these options to credit our school: *Log your receipts online. It even works with a smart phone!

http://shopandlog.wufoo.com/forms/z7x3q7/

*Drop your receipts off in the Earning 4 Learning box, located in the lobby of the Management Office (open daily 8am-9pm and located on the NW corner of Main Street and E. Commons Ave.).

Right now EARN 5X POINTS when you shop at these stores Aug. 15 – Sept. 30:

American Eagle, The Children's Place, H&M, New York & Co., Tilly's. Earn 50 points per dollar spent on all when your receipt is submitted online at shopandlog.com/southlands by the 7th day* of the next month.

*Aug. 15-31; Sept. 1-30 receipts due by Oct. 7 to earn 50 points per dollar spent. Receipts submitted after those dates will earn five points per dollar spent.

Shutterfly Storefront

13% OF YOUR PURCHASES WILL BE DONATED TO OUR SCHOOL -- Must use this link for school to receive credit.

http://rollinghillsschoolpto.shutterflystorefront.com/

This is a year round program, please share link with family and friends.

Yearbooks

Yearbook order links will come home in October and please continue sending pictures to rollinghillsyearbook@gmail.com

Tiger Miles Run Club

The run club is off to a great start this year!! It will continue up until Fall Break, weather dependent. We are still in the need of volunteers, so please consider coming and helping on those Tuesday and Friday mornings before school at 8am!

Upcoming Events:

9/24/15- Picture Day

10/2/15- Bingo Night from 6-9pm at Rolling Hills(pizza from 6-6:45 with Bingo starting at 6:45- look for flyers)

0/14/15- A-Town Pizza Restaurant night (they deliver)

10/23/15- Trunk or Treat and Monster Mash 6-9 pm at Rolling Hills (look for info to come)

10/24/15- 11/1/15- Fall Break- No School

11/11/15- PTO General Meeting at 9am

^{*}Turn receipts in to our school E4L drop box.





Look us up on Facebook: Cherry Creek Schools Special Education Advisory Committee



Golden Heart Awards





Each year, the Golden Heart is an award for Individuals

who go ABOVE AND BEYOND to enhance the lives of Cherry Greek School children with special needs. Parents or staff may nominate a teacher, bus driver, paraprofessional, food service worker or any other individual who works with Cherry Creek students. For more information, check the SEAC Facebook page.

Statewide Resources

 CO Department of Education: 303-866-6694 www.cde.state.co.us/cdesped

CDE offers extensive information regarding special and general education, special education law, and the IEP process.

- Colorado Special Education Advisory Committeer 303-866-6943, www.ode.state.co.us/cdesped/CSEAC Serves as a faison between parents, local educational agencies, and the Colorado Department of Education Exceptional Student Leadership Unit.
- PEAK Parent Center: 1-800-284-0251
 www.wpeakparent.org
 PEAK assists families, birth 26, with a parent advisor, trainings, Conference on Inclusive Education and statewide, calendar.
- Empower Colorado: 1-866-213-4631 empowercolorado.org/

Empower Colorado provides group and on-fine support, education, and advocacy for families of children with brain disorders and mental health issues.

Family Voices: 1-800-881-8272
 www.familyvoicesco.org
 information on Medicaid, private insurance, and navigating the
 health care system.

- Parent to Parenti 1-877-472-7201 www.p2p-co.org
 Join a listsery that links parents throughout the state for a newsletter information and referrals.
- The Arc of Arapahoe & Douglas Counties: 303-220-9228 www.arc-ad.org
- The Arc of Aurora: 720-213-1420 www.thearcofaurora.org Arc provides advocacy, information & support to people with developmental disabilities and their families.
- Learning Disabilities: www.kdonline.org provides information and links about Learning Disabilities and AOHO.
- Developmental Pathweys: 303-360-6600 www.developmentalpathways.org/

Provides services for people with developmental disabilities for Arapahoe and Douglas counties, as well as the City of Aurora.

Parents as Resources

Sharing information and finding resources is an important part of the Special Needs community. The Cherry Creek Special Education Advisory Committee compiles and distributes information on many opportunities in the Denver Metro area, including classes, trainings, camps and conferences.

To be part of SEAC's information distribution, please contact Sandi Moses at 720-554-4236 or smoses@cherncreekschools.org.

CHERRY CREEK SCHOOLS

Special Education Parent Resource Guide



PARENT-SCHOOL PARTNERSHIPS

Parents and staff share Ideas and
develop solutions together.



Student Achievement Services, Educational Services Center 4700 South Yosemite Street, Greenwood Village, CO 80111 720-554-4236 · www.cherrycreekschools.org





Rolling Hills Elementary School Clinic would appreciate gently used pants/bottoms for boys or girls kindergarten through third grade sizes. We would also appreciate parents returning any pants/bottoms their child borrowed from the clinic as soon as possible. We recommend a change of clothes for your child in their backpack, especially those students in kindergarten through second grades.



What's New? Flu activity is low in the United States at this time. However, flu outbreaks can happen as early as October. It takes about two weeks after vaccination for protection to set in. Please start thinking about getting vaccinated now.

Thank you,

Valerie Hines, BSN, RN School Nurse.



riyers on the Old School Desi

Pay Pam Scouting – Pack 131

Triple Treat Fall Basketball Coed League

Colorado Parent Magazine

Scholastic Parent/Child Magazine

Student Conduct CCSD Booklet

CCSD Getting to Know Us

Rolling Hills PTO News

Specials Information

Basketball Clinic Registration

Singing Lessons

Guiding Our Children to a Mathematical Future

Cardboard Challenge

Pledge Drive Envelopes

Early Education Expeditions Pamphlet

A Place to Learn, Grow, Succeed Pamphlet

Singing Lessons

Care Line

Allegro Music Lessons

Receipt Box for Earnings for Learning



The Cherry Creek Elementary Band and Orchestra Program is gearing up for a new year! Students in grades 3, 4, and 5 are eligible to sign up for Orchestra. Students in grades 4 and 5 are eligible to sign up for Band and Percussion classes. Please visit **CCEIM.ORG** for more information on class schedules, enrollment, fees, and instrument rental.

From the Library



Dear Families,

We would like to welcome you and your child to the Rolling Hills Library! Your child will be coming to the library every other week with their class. Additionally, we have open check out every day from 9:00-9:30. Our goal is to teach your child information literacy skills and introduce outstanding children's literature.

Please help your child be responsible for the library books that are checked out.

- Find a consistent, safe place in your home to place library books.
- Keep library books away from pets, liquids, and younger siblings of the toddler variety.
- Put a large Ziploc bag in your child's backpack to help keep books safe and dry. Water bottles and library books don't play well together. Keep them separated.

We do not charge overdue fines. However, we do charge for lost or damaged books.

Paperback books - \$7.00 Hardback books - \$17.00 Specialty books & Books on CD – replacement cost

Please feel to contact the library if you have any suggestions or questions. We look forward to meeting you this year!!

Warmly,

Kim Tully – Teacher Librarian Jody Anderson – Library Teaching Assistant

DESTINATION IMAGINATION:

It's time to form your Destination Imagination teams. The Cherry Creek School District has been proud to host the largest DI Regional Tournament in Colorado for the past five years. Our Tournament this year will take place on Saturday, March 19, 2016 at Grandview High School.

The number of teams that represent our school is only limited by the number of parent volunteers. We need at least 1 parent volunteer for every team of 2-7 students. Destination Imagination offers mandatory training for team managers and a handbook to walk volunteers through every aspect of the process. Students and team managers must be committed 2-3 hours every week until the tournament in March. Depending on the challenge chosen by the team there is a cost of \$80-150 per student for the season.

Please see the attached flier and visit destinationimagination.org to learn more.

Contact Kelly Yoder at 303.875.1439 or kellyyoder76@msn.com if you or your child is interested.

DESTINATION



PARENT

IF YOUR CHILD IS CREATIVE...

is crazy about puzzles, loves to paint and draw, can build anything out of cardboard boxes, writes amazing stories, thinks up whimsical new worlds, has a flair for drama and acting, is totally into science, or has rewired your toaster into a working time machine (or wants to), then you may have a Destination Imagination child.









WHAT DESTINATION IMAGINATION? Destination Imagination (DI) IS an international, educational program that gives kids an amazing outlet for their creativity white teaching them leadership, teamwork, positive thinking, project management and so much more. Teams of 2 to 7 kids from 3rd grade through university level solve one of six open ended Challenges (Scientific, Structural, Fine Arts, Service Learning, Improvisation, or Technical) in their own unique ways. And present their solutions at Regional Tournaments in late February or early March. Teams also solve an on-the Spot Instant Challenge at the tournaments, where they must think quickly on their feet and work together to solve a problem in around five minutes. There's even a noncompetitive Rising Stars category with a special Challenge for 2nd grade, Winners advance to the Affiliate (state/country) Tournament, and winners at the Affiliate Tournament move on to Global Finals to compete against more than 1.400 teams from around the world.

WHY SHOULD MY CHILD BE INVOLVED IN DESTINATION IMAGINATION?

Teams involved in DI learn higher order thinking and learn to excel in creative and critical thinking, collaborative problem solving, and project management. Students who have participated in Destination Imagination say they believe participation helped them improve their grades and do better in school, improved their self-confidences, helped them become better communicators, enhanced their respect for others, and improved their creativity and problem solving skills,

Specials Information Reminder

(Art, Assets, Music, PE, Technology)

Dear RHL community,

We wanted to keep you posted on two very important structures we are using in all Specials in an effort to be in great communication with all of our parents.

CLASS DOJO

Class Dojo is an awesome tool to keep you updated on your child's behavior in Specials classes. Please keep your eyes posted for a document coming home with your child that has a student and parent access code for you to sign up as a Class Dojo user. With the parent access code you will be able to see your child's behavior and receive messages from Specials teachers. Your child's access code will allow them to see their accrued points for behavior and change their class dojo avatar/monster character. Points can be earned for positive and negative behavior.....so please keep in contact with Class Dojo. If you have a smart phone please download the FREE Class Dojo app and turn on push notifications so that we can stay in communication with you. Please also know that you must sign up for Class Dojo each year as access codes change yearly.

SCHOOLOGY

Schoology is an incredible way to stay connected with all of your child's learning and is a district wide system. In Specials we will all be using Schoology to connect our learning from school and home and keep in communication with our parents as to what your students are learning about in our rotations. Please see the attached directions as to how to access Schoology using your child's log in information you created when you registered them with our school district. Most important is that when you get into Schoology go to courses and click on your child's grade and animal.....cheetahs, jaguars, leopards, or panthers. Then it will lead you to our Specials page where you can access all Specials classes.....Art, Assets, Music, PE and Tech.

Mrs. Fukunaga (PE)
Mrs. Jones (Music)
Ms. Schuster (Technology)
Ms. Taylor (Art)
Mrs. Thurber

Sportstacking Intramurals

Sportstacking Intramurals will begin the week of October 5^{th} and run through the week of November 2^{nd}

Here is the schedule:

5, 6, 7 and 8 year old teams – October 8, 15, 22, November 5 9, 10 and 11 year old teams – October 9, October 16, October 23, November 6

CCSD Sportstacking Tournament will be held on Saturday, November 14^{th} at Falcon Creek Middle School from 8-1.

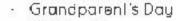


Attention Parents!

Our school is participating in a healthy, creative fundraiser with Art to Remember. Right now, children are busy creating colorful, fun artwork and soon you will receive a personalized order form showcasing your son's or daughter's artwork.



- Over 30 keepsake products available all featuring upur child's artwork
- Many of the products are less than \$15
- Safe, secure online ordering is available.
- Satisfaction guaranteed
- Don't forget about your family and friends for these gift giving occasions:



- Christmas
 Father's Day
- Birthdays
- Hanukkah
- Mother's Doy





Your purchase captures a moment in time with your child and supports your school.

THANK YOU!



Please notify your child's teacher if you do not wish for your child to porticipate in this program.

www.ArtToRemember.com

SChoology



Students and parents have access to Schoology, which is the Cherry Creek School District's Cooperative Online Learning Environment (COLE). One of the great things about our updated version of COLE is the parent interface and the potential for increased communication and additional access to curriculum.

Accessing Schoology/COLE 3.0

Like teachers and students, you will access Schoology using http://my.cherrycreekschools.org.

When you get to the login screen, use the account created for online parent forms. Once logged in, you will see several "tiles". Clicking on



the COLE 3.0 tile will take you directly into Schoology.

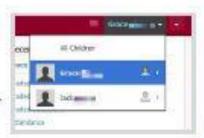
Log in with Phones/Tablets

If you are logging into the app on a mobile device (for both iOS and Android), you can log into Schoology by selecting the "Username" option (green button). Once you select "Username," it will ask you to type in your school's name or the school's zip code. When you find your school, click on the name and it will redirect you to my cherrycreekschools.org to log in.



Viewing Options

Parents are automatically associated with their children, so you do not need to create your own account or enroll in courses/groups. All children associated with the account can be selected using the pull-down arrow in the upper right-hand corner of the screen.



Need a New Parent Account?

For parents who don't have a parent forms account or need to create another one, there is an option on the my.cherrycreekschools.org login page to "create a new account."



To create a new account, you will need to know some specific information about your child, including their student ID #. Admissions will verify the information provided matches the legal parents listed. If the information provided matches exactly to the Admissions system, an email will be sent to your email address. You will need to click on the link in the email to finalize the creation of your my.cherrycreekschools.org account.

New parent accounts will be able to access Schoology within 24 hours, provided that Admissions was successful in verifying the account.

Grades & Attendance

While Schoology does have an attendance and gradebook feature, it is important to note that official attendance and grades for CCSD will remain in PowerSchool. Grades for items assessed using Schoology can be pushed to PowerSchool, but PowerSchool remains our Student Information System.

Learning more about COLE 3.0/Schoology

If you would like more information, CCSD Parent Resources are located at http://cole.cherrycreekschools.org/course/110714281/materials



Or, you can access Schoology's Help Center at: http://help.schoology.com.



Hems for sale at Clinis:

Pom's - \$1 each

Real Poms - 180

Beads - \$1 for 1 \$2 for 3

Tattoo's - \$0.50 each

Bow's - \$2 small \$3 targe

Grandview High School Fall Spirit Mini-Clinic K - 5th Grade

Saturday, September 26th, 2015 1:00 p.m. to 3:00 p.m. in 6HS Gyms Clinic Cost is \$40 per child

We offer a 25% discount for siblings! (\$30 per child)

Please John us for a day of fun. You will be learning cheer 8- pour moves from the state and nationally ranked Orandview Cheer and Form squads. You will then PERFORM your rootine at a Varsity Football game on Thorsday, October 1st © 7:00pm at Legacy Stadium. You will also receive a shirt and snack.

Student Hame			Pat	e of Wirth
Student Hame Last		First	MI	
Perent/Ausrilian				
Home Ph		Monr's Cell I	Ph	10/10
		Pare Gell Ph.	•	
Address Street			Giv	ZIP
E-Mail Altiress				
School Student Attends				k
Each participant will receive a t-shirt the	nt they will we	or during the h	alf-time performance.	
Pleasa etrole <u>Child Sizer</u> S M. L. Allergies? Pleasa name:			you be attending the footb	all gover Yes No
EMERGENCY INFORMATION - IF WE C			Participation of the Control of the	
Name		Flores		Relationship
Poetor		Phone		
нзотаное	Photes		Polley/Group	*

Make Checks Payable to Grandview High School
You may reall your check & registration form To:
Grandview High School -- Attn. Megan Michl
20500 East Arapahos Rd., Aurora, 00 80016
To contact for questions, e-mail: grandviewpomecach@gmail.com

WALK IN'S ARE WELCOME

****PLEASE PETACH FOR YOUR INPORIMATION***

Performance will be at the GKANDYIEW VARSITY FOOTBALL game Thorsday, October 1", 2015 - 7:00pm at Legacy Football Stadium linext to Cherokee Trail high school). T-shirts will be handed out at the game. If you cannot make the game, shirts will be in 8HS athletics.

Thank you for supporting Grandview Cheers and Pomsi



Drop in to explore & learn more about the sport of volleyball!



- Open to Independence Elementary students of all ages, grades & genders!
- We will cater instruction to student skill level – from total beginner to intermediate!
- Free volleyball prizes & discount coupons for all students who attend the clinic!

Per School

Tuesday 9/29 3:30pm to 5pm

Independence Elementary School Gym Hosted by:





LOCATION:

Trails West Elementary School

DATES

Nov/Dec on Tuesdays (11/3, 11/10, 11/17, 11/24, 12/1, 12/8)

LOCATION:

Eastridge Elementary School

DATES

April/May on Tuesdays (4/5, 4/12, 4/19, 4/26, 5/3, 5/10)

TIME

6:00 - 8:00 pm

CLICK HERE FOR MAP

COST:

\$30.00 per family –
includes a \$10 workbook fee
(Scholarships available for
families who receive Free &
Reduced Lunch – Call
720-554-4247 for more
information.) Additional costs
of the program are subsidized by
the CCSD Wellness Office.

Free child care provided on a limited basis

Light snacks will be provided

Parenting the Strong-Willed Child

A clinically proven six-week program for parents of 2-8 year olds. Designed to help you find positive and manageable solutions to your child's difficult behaviors.

This program is a modified version of the Parenting the Noncompliant Child program and has earned the highest marks as a research-based program with proven effectiveness. Parents who have participated in this class report improved child behavior at bome and school. Parent-child relationships become more positive.

What you will gain through this approach:

- >> Understanding strong-willed behavior problems
- When to use reinforcement to create a more positive home
- >>> Specific skills such as ignoring, improving communication, and helping your child solve problems with peers
- Support with giving directions and developing more patience
- Effective use of time-outs and how to help build positive self-esteem in your child

About this opportunity:

- >>> Based on more than 40 years of collective research
- Offers a step-wise approach to improving your relationship with your child
- Allows parents to focus on specific skills and practice them with support

Facilitators:

NOV/DEC CLASS	Corby McGrath, LCSW, CCSD School Social Worker
AT TRAILS WEST	Denise Sironen, MA, Mental Health Affective Needs Facilitator
APR/MAY CLASS	Suzanne Blea, LCSW, CCSD School Social Worker
AT EASTRIDGE	Stacey Brandon, MSW, CCSD Educational Equity Coordinator

Space is Limited! CLICK HERE TO REGISTER

QUESTIONS?

EMAIL: Ikoenig2@cherrycreekschools.org

PHONE: 720-554-4247



TEACHING KIDS

CONSCIOUS LEADERSHIP



"We need to tell kids what they <u>can</u> do instead of what they can't," said Mark Hoog at PIN's first presentation of the school year. "Conscious leadership means choosing to interact positively with our kids to help them



think, stretch and grow," said Hoog. "It means encouraging kids to live life to its fullest, to live purposefully, and to expand our kids' world around them."

Hoog is author of the award-winning Growing Field series of children's books on leadership, and founder of Growing Field International. In his inspirational message to CCSD parents, he explained one of the greatest influencers of his life: his close friendship with Captain Jason Dahl, pilot of United Flight 93 which crashed in Pennsylvania on the morning of 9/11.

As a mentor to Hoog in his position as an airline pilot, Dahl challenged him with a simple but profound question: Why should you get to stay in your position? Dahl caused Hoog to think more intentionally about the value he was adding in his career—a concept that led Hoog to reevaluate his life, purpose and relationships as well.

Hoog explained one of the key challenges facing our youth today: "If you ask third-graders if they have big dreams for the future, most kids can't wait to raise their hands. But by middle school, that number is diminished, and by high school, only a few kids have their hands up." His advice for parents is to grab hold of the unique position they're in to influence their kids' outlook for their future by:

- Teaching Kids to Freestyle. By this, Hoog means showing children how to be the captains of their
 own lives. "The first step is to help kids see their gifts and to claim them," said Hoog. "Help them discover
 what their talents and treasures are. What was given to them that they've talked themselves out of?" To
 emphasize the point, Hoog quoted Mark Twain, who said, "The two most important days in your life are
 the day you are born and the day you find out why."
- Embracing a Leadership Paradigm. Parents can encourage their children to make an impact in
 the lives of others anywhere they go. Hoog recommends starting by pushing aside the negatives. "Instead
 of thinking of all the reasons why your dream isn't possible, ask why you could, would, should and why you
 will achieve your dream."
- Making a Contribution. "Our young people are waiting for an invitation into the game of life—for someone to see their unique gifting and potential and to show them how to live it out," stated Hoog. "It starts with a belief that each child has value and letting them know it," he said.

"It all comes down to making a choice to breathe life into those around us and to invest in what's meaningful, in what matters most," said Hoog.

Visit www.growingfield.com to see Hoog's leadership resources for kids, or go to www.theS2.org to find out about the Leadership Summit for America's Youth where Hoog will be speaking on 9/17 in Loveland.

Next at PIN: Join us on 10/6 to hear pediatrician Marianne Neifert, a.k.a. "Dr. Mom," speak about Happiness & Stress: Change Your Mindset. Visit www.PINccsd.org for our full line-up of speakers.

By Bobbie Turner, PIN Publicity.



Tuesday, October 6th, 2015 9:15 a.m. - 11:15 a.m.

Happiness and Stress: Change Your Mindset

Come hear Marianne Neifert, MD, MTS (a.k.a., "Dr. Mom") speak about how families can reduce stress and enhance their sense of well-being—even in tough times. Dr. Mom will talk about life-changing principles that promote positive emotions, optimism and life-balance. You'll learn how to experience authentic happiness by using your signature strengths and core virtues in as many life areas as possible, and in service to a noble purpose larger than yourself.

- Discover why cultivating an "attitude of gratitude" is linked to greater happiness and fulfillment
- Incorporate happiness-boosting insights, attitudes, and practices into your daily routine to reduce stress, generate positive energy, and stay engaged with life
- See how your personal example of optimism and satisfaction can serve as a healthy model for your children and others

Dr. Neifert is a mother of five adult children and grandmother of seven. She is a clinical professor of pediatrics at University of Colorado Denver School of Medicine, and has authored five child-rearing books and hundreds of magazine articles on children's health and behavior. Her empowering message is guaranteed to inform, inspire, entertain, and motivate.

Parents, school administrators and community members are welcome and encouraged to attend PIN's presentations. No need to RSVP—just come! Presentations are FREE and are held the first Tuesday of each month at:

Student Achievement Resource Center (SARC) 14188 E. Briarwood Avenue, Centennial

(South of Arapahoe Rd., between Potomac and Jordan Roads)

Visit www.PINccsd.org for Podcasts and Meeting Highlights

MARK YOUR CALENDARS

Nov 3rd, 9:15-11:15 Empowering Girls to Create Change in Their World
Nov 11th, 7-8:30 p.m. Raising Resilient Girls: Feelings, Failures & Friends

www.PINccsd.org * PIN@friendsofccsd.org

Dear families of Rolling Hills,

As many of you know, Rolling Hills began implementation of the PBIS (Positive Behavior Intervention and Support) initiative several years ago. The purpose of the PBIS initiative is to establish and maintain effective school environments that maximize academic achievement and behavioral competence of all learners in Colorado. This competence is gained as a result of school personnel and families working together to provide a continuum of support for all learners. Several key elements of PBS are:

- A common purpose and a positive approach to discipline
- A clear set of positive expectations and behaviors
- Procedures for teaching and encouraging expected behaviors
- Procedures for discouraging inappropriate behaviors
- · Data used to guide decision making and planning
- Emphasis on prevention of inappropriate behaviors

We have three school-wide expectations which are posted throughout the building and discussed frequently with students. These expectations are be SAFE, RESPECTFUL, and RESPONSIBLE. It is our goal to be very specific with students as to the behaviors that will allow them to be SAFE, RESPECTFUL, and RESPONSIBLE within each area of the school. This creates a framework for behavioral success, as well as an accountability structure for students and staff.

This effort has been, and always will be, a joint effort between the school and its surrounding community. Much of the great work which aligns with PBIS is done at home by all of you, and we thank you for those contributions. It is a pleasure to be serving with you in developing the social and behavioral competencies of our youth.

We hope you will take some time at the beginning of this new school year journey and discuss with your child the importance of positive behavior in school and in the world at large. Please see the attached Behavior Matrix included in this newsletter which outlines behavior expectations for all students in all areas of our school. It is a map for success at Rolling Hills! Also included in this newsletter is a copy of our student referral form which a student can receive when violating any of these school or classroom rules. It is our goal to have students experience great success at Rolling Hills and a large part of that is the partnership school and home has around our behavior expectations.

Lastly, your child may come home filled with excitement for a variety of reward systems we have in place at Rolling Hills to reward children for excellent behavior. **Tiger paws** (classes earn tiger paws from other teachers in the building who notice super class behavior / classes are awarded prizes for every 25 tiger paws a class earns), **tiger stickers** (earned by individual students for exhibiting great behavior and can be awarded by any adult in the building as well as their classroom teacher), **tiger tickets** (raffle tickets filled out for every tiger sticker a child earns / tickets go into a monthly drawing for a special brain break with Mrs. Thurber), and **Golden Paws** (a special paw a class can earn from a substitute teacher who has a wonderful experience at RHL / Golden Paws are worth 5 regular paws!). If your child comes home excited about any of these rewards, please do share in their excitement as they are a BIG deal at RHL.

As always, thank you for all you do! We look forward to an amazing and successful year learning and growing as people!

Warmly,

Mrs. Thurber – Assets Teacher / PBIS coordinator at RHL

Student Sign.: _

	Name:		Location (circle o	ne)	
	Date:	Time:		Media	
	Teacher:			<u>Bathroom</u>	
		3 4	5 Hallway		
	Referring Staff:			Intercession	
				Other	
	Problem Behavior	Problem Behavio	or	Possible Motivation	
	Minor*	Major*			
	*Minor behaviors do NOT	*Major behavior	e cianificantly		
	significantly violate the rights of	violate the rights			
	others, do not put others at risk or	others at risk or l			
	harm, or are not chronic. (Handled	chronic.	,		
	by teacher or TA)	(Handled by adm	in or designee)		
	□ Defiance	□ Abusive Lan		☐ Gain Peer Attention	
	□ Lying		ysical aggression	☐ Gain Adult Attention	
	□ Physical Contact	☐ Overt Defian		☐ Gain Items/Activities	
	☐ Teasing/Put downs	☐ Harassment/		□ Avoid Task/Activities	
	☐ Cheating	☐ Major Disru		□ Avoid Peers	
	☐ Inappropriate	☐ Theft -more		□ Avoid Adults	
	comments/language ☐ Talking Back	□ Vandalizing□ Weapon	Property	□ Not sure□ Normal Peer Conflict	
	☐ Disruptive behavior	□ Weapon □ Technology	A buso	Other	
	□ Property Misuse	□ Other		d Other	
	□ Stealing				
	☐ Technology Misuse				
	□ Other				
	Others involved (circle): None Pec	 ers Staff Tea	ncher Substitute	Unknown Other	
<u>Descripti</u>	on of Event:				
Parent co	ontacted by: (Name)	Left Mess	sage Had Con	<u>versation</u>	
Notes/Co	omments:				
	Minor Rehavior Action Taken		Major Dak	avior Action Taken	
	IVINOI DENGVIOI ACCION LUKEN			lude actions from minor behavior column)	
	rning		,	nce with Student	
	Parent/Guardian Contact		□ Loss of F		
	Loss of Privilege			Conference	
	Time Out		☐ Restituti	on	
	Reflection Sheet			Iodification	
	Time in Office			Expectations	
	Verbal/Written Apology			Contract	
	Discussion with Student			ol Suspensiondays	
	Other			chool Suspensiondays	
			U Omer		

A Powerful Tiger is Safe, Respectful, and Responsible!

Z Subjection of the Control of the C	J		SETTINGS		
nules/Expectations	ALL SETTINGS	BEFORE AND AFTER SCHOOL	HALLWAYS	LIBRARY	LUNCHROOM
Safe	© Settle conflicts with kind words © Keep bodies and feelings safe © Stay where adults can see you	© Cross at Crosswalk © Arrive no sooner 8:45 © (8:30 for breakfast – enter and leave through front door) © Be aware of Stranger Danger	Walk Watch where you're going Stay to the right Only adults may open outside doors	© Only use the library when an adult © Walk is present. © Clean © Treat books with care	ॐ Walk ॐ Clean up spills ॐ 12 to a table and stay seated
Respectful	 Treat others the way you want to be treated. Include others Use friendly language Use your manners 	© K-1 go to B&A daycare through the school. © 2, 3,4,5 exit regular doors and walk around to B&A daycare	 ◆ Voices off ◆ Hands to yourself ◆ Keep an appropriate distance in line 	© Use quiet voices © Use kind words with other students and with adults. © Clean up area when you are done	 Use good table manners Use indoor voices Be polite Include others, no saving seats
Responsible	© Stand up for what you know is right © Tell when people are in danger. © Take responsibility for your choices and attitude © Follow adult directions	© Leave school and go directly home. © Follow your family plan for getting home	 Keep backpacks and coats hanging neatly. Hurry back to class Have permission to be in the hall 	© Use a Shelf Marker © Bring books on your library day © Own up to damaged or lost books © Put books back where they belong	© Find your seat quickly © Clean up your eating area © Lights off = voices off © Pay for your food