

FAMILY FUN RUN

Saturday, July 17, 2010

8K Run 8:00 a.m. · 2K Walk/Run 9:15 a.m.

All proceeds from the Family Fun Run will go to benefit United Way and YMCA of Hastings



United Way of Hastings



YMCA of Hastings

Where: All events begin and end at the Hastings Area YMCA. The facility is located at 85 Pleasant Drive, Hastings, MN.

Packet Pick Up: All pre-registered participants may pick up t-shirts and race numbers after 7:00 am at the registration table. A limited number of t-shirts will be available for race day participants.

Finish Times: A display clock with the official time will be located at the finish line for the first hour of the race. **Anderson Race Management** will provide the race results.

Awards: Awards presentation will begin at 10am. There will be awards presented to the top 3 male and female finishers in each age category for the 8K race, and to the overall winners. Medals will be awarded to all kids who participate in the 2K event.

ENTRY FEES:

Pre-Registration ends July 3

Before July 3	After July 3
2K \$8	2K \$12
8K \$15	8K \$20
Family (2K Only)	\$30 max

* Run Rain or Shine

Sponsors: **The UPS Store**

Musical Entertainment by Nick Werner



Registration Forms also available at ymcatwincities.org or unitedwayofhastings.org
For More Information Call: YMCA (651) 480-8887 or United Way (651) 438-3337

Registration Form - Rivertown Days Family Fun Run

Return to: Hastings Area YMCA, 85 Pleasant Drive, Hastings, MN 55033 OR Fax to (651) 438-8960

Make checks payable to: YMCA

Name _____ (Please Print) Last First Phone _____

Address _____ City State Zip Email _____

Gender F M Age: _____ T-shirt size: Youth M(10-12) L(14-16) Adult Small Medium Large X-Large

Entry Fees: If received before July 3 2K \$8.00 _____ 8K \$15.00 _____ Family: \$30 Max. (2K only)

If received after July 3 2K \$12.00 _____ 8K \$20.00 _____ # of Participants: _____ Adults _____ Children

Payment Information: Cash Check Credit/Debit Card
Credit Card Number: _____ Exp. Date: ____/____/____ V-Code: _____

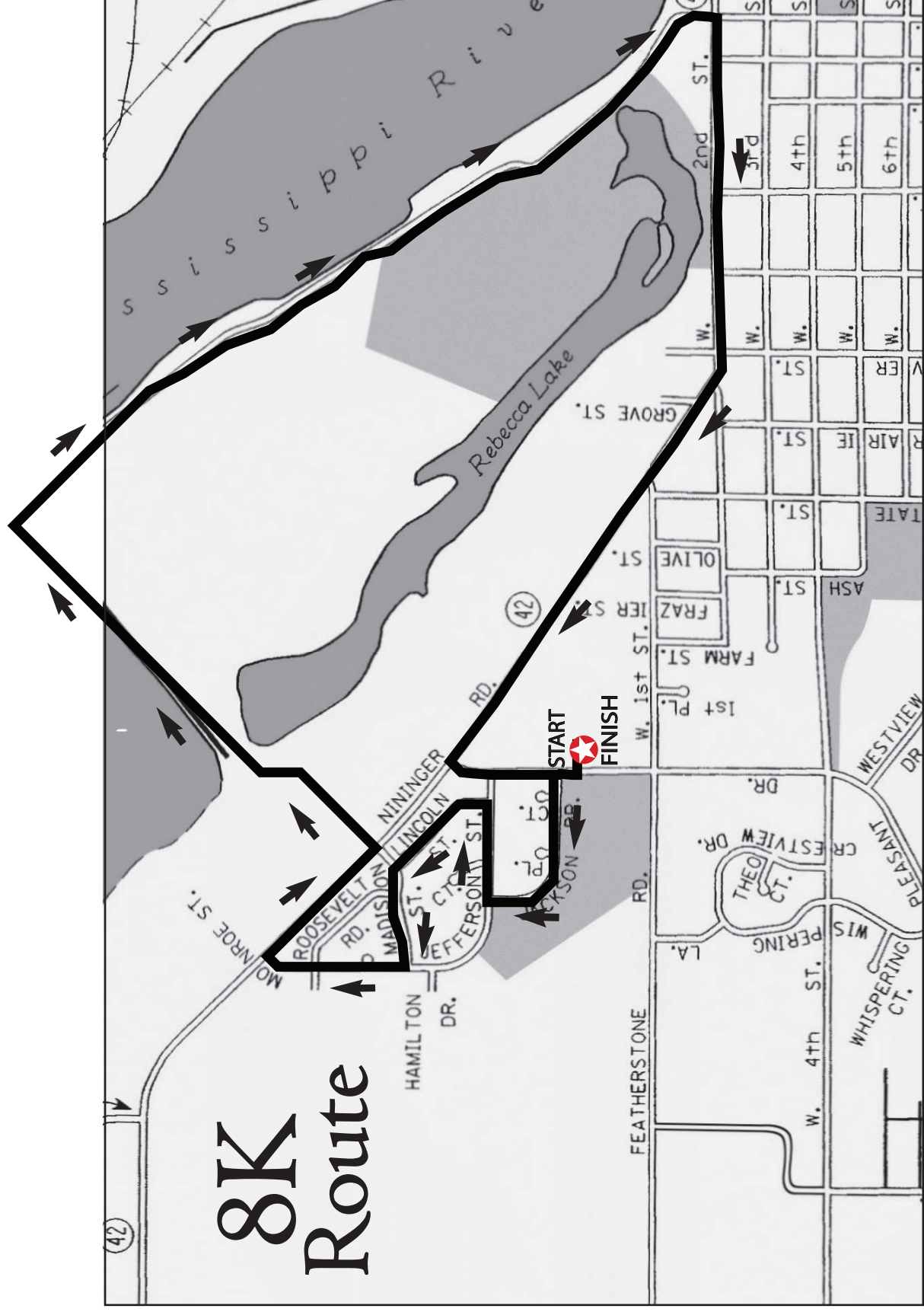
Waiver and Hold Harmless: WHEREAS, I am participating in an event which forms part of the activities of the Hastings Rivertown Days festival; WHEREAS, I understand that my participation in the event could result in my suffering physical injury, IT IS HEREBY AGREED THAT I am entering this event at my own risk, and I agree to assume all responsibility for injuries to my person or property which I may incur or suffer as a direct or indirect result of my participation in the event. In addition, on behalf of myself, my heirs and assigns, I agree to hold harmless, release and indemnify the Hastings Area Chamber of Commerce & Tourism Bureau, the City of Hastings, the Rivertown Days Committee and participating Rivertown Days Sponsors, their employees and agents, from and against all claims, causes of action and liability, known or unknown, arising out of my participation in the event.

Signature: _____ Dated: _____

(Parent or Guardian Must Sign If Participant is a minor)

Please list all participants' names along with shirt size below:

Name _____	Shirt Size _____	Name _____	Shirt Size _____
Name _____	Shirt Size _____	Name _____	Shirt Size _____
Name _____	Shirt Size _____	Name _____	Shirt Size _____
Name _____	Shirt Size _____	Name _____	Shirt Size _____



All Events will start and finish at the Hastings Area YMCA

2K Race map will be available on day of race