
SPIRITUAL GROWTH MINISTRIES



Resources for the Spiritual Journey

2016 Calendar

Website: www.sgm.org.nz

SPIRITUAL GROWTH MINISTRIES 2016 CALENDAR

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SGM is an incorporated trust registered with the Charities Commission on 17 June 2008 (CC 26037)

SPIRITUAL GROWTH MINISTRIES 2016 CALENDAR

This Calendar outlines retreats and other events which individuals may find of benefit in their spiritual journey. However Spiritual Growth Ministries Trust does not give warranty as to the suitability of a particular event for a particular individual. Individuals considering attending an event are responsible for making their own judgement as to whether the event will be suitable for them. Views, teaching or statements at the events are not necessarily those of either Spiritual Growth Ministries Workgroup or Spiritual Growth Ministries Trust.

SPIRITUAL GROWTH MINISTRIES TRUST

Spiritual Growth Ministries is a network of people from diverse Christian traditions and experience who find depth and meaning through the Christian heritage of contemplative spirituality. SGM aims to enable people to develop spiritual resources for their life and work by deepening their relationship with God in Jesus Christ through spiritual direction, training, retreats and other experiences of prayer.

SPIRITUAL GROWTH MINISTRIES TRUST WORKGROUP

David Crawley	Anglican, Auckland.
Joanne Garton	Baptist, Auckland. (Administrator)
Diane Gilliam-Weeks	Presbyterian, Wellington. (Refresh Editor)
Barbara McMillan	Anglican, Auckland (Formation Programme Co-ordinator)
Trish O'Donnell	Catholic, Christchurch
Sue Pickering	Anglican, New Plymouth
Andrew Pritchard	Post-denominational, Paraparaumu
Alan Upson	Methodist, Whangarei
Jane Wilkinson	Baptist, Wellington
Mike Wright	Anglican, Dunedin (Convenor)

HOW YOU CAN HELP SGM

1. Contact the Convenor if you can assist our work in your area.
2. The Spiritual Directors' Formation Programme is funded from fees and gifts, and SGM seeks continued support both in prayer and financial assistance for this work.
3. The Spiritual Growth Ministries Trust has been established in order to secure the future work of SGM. Financial gifts to the Trust are welcome and should be made through the Administrator. Online banking donations to 03-0166-0198782-00
4. Friends of SGM contribute regularly to our work. Some prefer to make a regular commitment with
an automatic payment to the SGM Bank Account (see No. 3 above).
through Inland Revenue Department's Payroll Giving scheme
If you would like to give in either of these ways, contact the Administrator for details.
5. Update your will to include a bequest to Spiritual Growth Ministries Trust.
6. Be on our Mailing List. Send your name and address to the Administrator.

SPIRITUAL GROWTH MINISTRIES 2016 CALENDAR

SGM ADDRESSES

Website: www.sgm.org.nz

Administrator: Joanne Garton, Spiritual Growth Ministries Trust,
36 Buller Crescent, Manurewa, Auckland 2102.
Phone (09) 267 5957. Email: sgm@clear.net.nz

Convenor: Mike Wright
25 James Street
NE Valley, Dunedin 9010
Email: chaplain@op.ac.nz

Editor of Refresh: Diane Gilliam-Weeks,
32 Kauri St, Eastbourne, Lower Hutt 5013
Email: dianegw@actrix.co.nz

Spiritual Directors' Formation Programme:

Andrew Pritchard (interim co-ordinator)
25 Rongomau Lane, Raumati South, Paraparaumu 5032.
sgmtp@xtra.co.nz

AREA CONTACTS

As we seek to encourage more local initiative in our work, we include area contacts who may be able to suggest themes and leaders if your Church wants to run an event or short retreat.

Otago	Mike Wright	021 735 286	chaplain@op.ac.nz
Canterbury	Lorraine Jansen	(03) 384 4322	rblajan@xtra.co.nz
Nelson	Karen Moynagh	(03) 544 0551	karen@moynagh.co.nz
Wellington	Terry Alve	027 6001926	terry.alve@gmail.com
Hawkes Bay	Val Chapman	(06) 843 8199	valrose@slingshot.co.nz
Manawatu	Elsa McInnes	(06) 323 9276	elsamcinnnes@inspire.net.nz
Taranaki	Sue Pickering	(06) 758 4952	suepickering@xtra.co.nz
Waikato	Jeanette Vink	(07) 825 8330	jeanette.vink@yahoo.com
Bay of Plenty	Jan Earp	(07) 574 3227	doug.jan.earp@actrix.co.nz
Auckland	David Crawley	(09) 816 8713	davidrcrawley@gmail.com
Northland	Anne McCracken	(09) 438 1145	annemc2@outlook.com

SPIRITUAL GROWTH MINISTRIES

2016 CALENDAR

SGM JOURNAL - REFRESH

The SGM Journal, **Refresh**, is produced twice a year around a particular theme of contemplative spirituality. The Journal is available from the Administrator: sgm@clear.net.nz and can also be viewed online at the SGM website www.sgm.org.nz

No charge is made for postage of the Journal, but a donation of \$5 per copy, would be appreciated to help with the costs.

Editor: Diane Gilliam-Weeks, 32 Kauri St, Eastbourne, Lower Hutt, dianegw@actrix.co.nz

FORMATION PROGRAMME FOR SPIRITUAL DIRECTORS

SGM's two year programme offers comprehensive formation and training in both the theory and practice of spiritual direction. The course includes

- the regular giving of spiritual direction under supervision
- reading and written assignments
- attendance at regular workshops - five single days in each year
- a week-long residential event in the first year, and
- a residential weekend at the end of the second year

This programme prepares graduates to apply for associate membership of the Association of Christian Spiritual Directors in Aotearoa New Zealand (ACSD). After completing a further fifty hours of giving spiritual direction with regular supervision, associate members may apply for full membership.

Formation Programme applicants are expected to have

- experience of receiving regular spiritual direction over at least twelve months
- experience of attending silent, directed retreats
- a degree of maturity based on life and faith experience
- a grasp of the spiritual life, Scripture, and theology
- some understanding of human developmental psychology
- a capacity to listen empathetically and sensitively

Pre- or co-requisites for the programme include:

- gaining familiarity with personality type theory through a Myers-Briggs workshop (attendance at an Enneagram workshop is also recommended if possible)
- participating in a workshop on Christian Dreamwork
- completing a 5-day silent directed retreat
- NZ participants - a Treaty of Waitangi Workshop

SPIRITUAL GROWTH MINISTRIES

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Formation Programme 2016

Spiritual Growth Ministries advises that there will be no intake for the Spiritual Directors' Formation Programme in 2016. For reasons of health, it has been necessary for the Coordinator of the programme to take a year's leave. The SGM Workgroup recognises this decision may be disappointing for those hoping to apply for the 2016 intake, and who sense a call to spiritual direction training. **However, the programme will receive applications for a 2017 intake through the normal process. People are welcome to begin the 2017 application process now.** Those who began the programme in 2015 will continue as normal into their second year in 2016. Andrew Pritchard has been appointed acting coordinator in the interim.

The SGM Workgroup believes this intentional fallow year will be in the best interests of maintaining the integrity and excellence of the programme. We thank you for your continuing support and prayer for all the work of Spiritual Growth Ministries.

Costs 2017: Application fee: \$50.00
 Programme fee Year 1: \$2,735.00 (includes GST)

Subsidies of \$250, \$500 or \$650 may be available. (GST at time of printing 15%)
Options include paying by monthly automatic payments or in 3 instalments.
Additional costs include: Supervision fee - \$65 per session approx. (varies according to individual supervisor), books, travel to workshops, the Residential Week, and personal monthly spiritual direction.

There are a limited number of places available for overseas applicants.

Please note that all enquirers are treated individually according to their experience, so if you:

- are interested in helping others grow in their relationship with God;
- already have people approaching you to talk about their spiritual life;
- sense God's invitation to consider this area of ministry;
- have been receiving regular spiritual direction for at least 12 months to Jan 2017;

contact Patricia O'Donnell for an application package:

25 Challenger Lane, Redcliffs, Christchurch 8081

Phone: (03) 980 4960 or 027 3392261

Email: sgmtp@xtra.co.nz

Closing Date for Applications 20 September 2016.
LATE APPLICATIONS MAY BE CONSIDERED.

SPIRITUAL GROWTH MINISTRIES 2016 CALENDAR

SPIRITUAL DIRECTION

Spiritual direction offers quality listening and assistance in hearing God's voice, reflecting on the journey and facing into the movements of grace in our lives.

The Association of Christian Spiritual Directors in Aotearoa New Zealand (ACSD) has members in most parts of the country. Enquiries can be made through: www.acsd.org.nz

The SGM Administrator, Joanne Garton, will also be able to help with contacts in your area: sgm@clear.net.nz (09) 267 5957

RETREATS

While the term "retreat" is sometimes loosely used to include conferences, church camps or business strategy and team-building events, none of those is what we mean by the term! A retreat is a time set aside to be with God. It is a time to lay aside our agenda and many of the normal things that fill our lives and our minds, and to focus more completely on God's agenda for us. It is a time to hear God's word of love. It is a time to experience forgiveness and cleansing. It is a time to hear the Lord's call and to sort out our priorities. It is a time for healing and challenge. It's a time to journey further in "the way".

RETREATS ARE LISTED UNDER THE APPROPRIATE REGION.
REQUESTS FOR INFORMATION AND REGISTRATION SHOULD BE MADE TO THE
CONTACT PERSON LISTED.

ACCESSIBILITY INFORMATION

Where we have received the information we have indicated events that have wheelchair access. This is a guide. People with particular accessibility needs are welcome to enquire with the contact person listed for specific events.

SGM SPECIAL INTEREST PAPERS

A list of selected special interest papers written by participants of SGM's Spiritual Directors' Formation Programme is available on our web site. New papers are added throughout the year so check the web site periodically for the latest details. www.sgm.org.nz

SPIRITUAL GROWTH MINISTRIES

2016 CALENDAR

This section of the Calendar publicises events organised both nationally and locally in various parts of the country. For further information and registrations for these events communicate with the local contact person(s) listed for each event. The Area Contacts listed earlier in the Calendar are people to approach if you would like a short event or retreat in your Church or area.

NATIONAL EVENTS

March to November – WALKING THE MYSTICAL PATH – CONTEMPORARY SAGES SHOW US THE WAY. Contemplative Living programme undertaken at home

This is available as an ‘at home’ programme of resource material for: reading, reflection, spiritual practices, action and includes four spiritual companioning sessions by skype or phone. During the programme we look at five strands of the contemplative path: theology, prayer/meditation, compassion, co-creation and social justice through teachings and practices of contemporary sages such as Merton, Newell, Bourgeault, Baxter, Rohr, Fox, Doherty, Finley, Aubert, Cowley to name but a few. This is an experiential programme to deepen and support your own sense of the contemplative Spirit.

Facilitator: Pip Nicholls www.thegentleartofknowing.co.nz

Cost: \$300 for materials and spiritual companioning sessions

Enquiries/registration by 14th March to: Pip (04) 562 6364 or pip.nicholls@xtra.co.nz

SPIRITUAL GROWTH MINISTRIES 2016 CALENDAR

REGIONAL EVENTS

NORTHLAND

ST ISAAC'S RETREAT HOUSE OPONONI

197 Waiotemarama Gorge Road,

P.O. Box 93 OPONONI 0445

Phone: (09) 405 8834 Email: stisaacs.wardens@xtra.co.nz

St Isaac's is an ecumenical place of prayer and quiet set among the Hokianga hills. The ancient Prayer of the Church is prayed twice daily. Eucharist is celebrated on Wednesday. The retreat was an initiative of the late Rev Clementina Gordon and its future is safeguarded by a charitable trust, with the trustees being appointed by the Bishops of Auckland, Anglican and Catholic. Accommodation is available through booking with the wardens.

In Northland we have a network of people offering various programmes and events including:

- quiet days using the arts (such as clay, paint, mosaics, collage) as a vehicle to deepen the reflective process
- opportunities to develop contemplative practices such as Christian meditation, centering prayer, chant, lectio divina (sacred reading)
- talks and seminars with input from guest presenters, either live or DVD / audio
- day or weekend retreats
- ad hoc book study groups
- month long Retreats in the Midst of Daily Life
- group spiritual direction
- Taizé services are offered at 6pm, first Sunday of each month at Christ Church, Regent

These events tend to be planned and promoted 4-8 weeks prior to commencement and promoted via email networks. To link into the communications network around these people and events, please contact Anne McCracken or Bridie Southall (details on next page) and request that your name be added to the email group for this information.

SPIRITUAL GROWTH MINISTRIES 2016 CALENDAR

For individual spiritual direction in Northland, please contact any of the following:

Liz Beazley	mikebeazley@xtra.co.nz (09) 435 2216	Spiritual Director
Rosemary Blackwell	Rosemary.Blackwell@xtra.co.nz (09) 435 3664	Spiritual Director
John Blundell	john@blundell.net.nz (09) 422 2562	Spiritual Director
Sr Jo Gresham	jogresh@hotmail.com (09) 438 6784	Spiritual Director
Agnes Hermans	amhermans@xtra.co.nz (09) 436 2145	Spiritual Director and Supervision
Anne McCracken	annemc2@outlook.com (09) 438 1145	Spiritual Director
Bridie Southall	southall@ihug.co.nz (09) 438 6826	Spiritual Director
Alan Upson	alup@xtra.co.nz (09) 2839758	Spiritual Director

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AUCKLAND

OASIS RETREAT CENTRE

206 Albany Heights Rd, Albany. Auckland. Ph. (09) 4159686

www.oasisretreatcentre.org.nz

The rural bush setting of Oasis offers space, quiet, beauty and birdsong for those who come on retreat and for quiet days, study, and planning days. Contact us for costs, availability and facilities. Personal spiritual direction and ministry/work supervision is also offered.

VAUGHAN PARK RETREAT AND CONFERENCE CENTRE (Wheelchair Access)

Vaughan Park is a place of hospitality, conversation and theological encounter at Long Bay on Auckland's North Shore. www.vaughanpark.org.nz Ph: (09) 473 2600

PEACEMAKERS CONTEMPLATIVE COMMUNITY AND RETREAT CENTRE

116 Forcye Road, Parakai, Auckland

Come to a quiet, restful and healing Oasis for time out in the unforced rhythms of grace.

Create your own retreat or have me, Susannah Connolly, assist you.

Five day retreats on request designed for you personally and for your small group.

Spiritual Direction and Supervision is available.

Spiritual Directors - come and create your own retreats for your own groups, at affordable prices.

Phone Susannah Connolly 027 2861264 or email: counselling@safetynet.co.nz

THE MERCY SPIRITUALITY CENTRE Te Ngakau Waiora

104 The Drive, Epsom, Auckland. Ph (09) 638 6238

Within these beautiful grounds we seek to create a place of learning and for deepening relationship with God. This fosters the inner search leading to personal, social and spiritual renewal. We offer retreats, spiritual direction and companionship, and workshops on spirituality and prayer as well as facilities for hire and accommodation.

Events are correct at the time of going to print, but changes are possible.

Website: www.mercyspiritualitycentre.org.nz

THE AUCKLAND SPIRITUAL DIRECTORS' SUPPORT GROUP EVENINGS


Three Support Group evenings will be held at the Mercy Spirituality Centre –

Wed 18 May, Mon 15 August, and Thurs. 20 October (7.15 – 9.15 pm)

All spiritual directors or spiritual directors in training are welcome to these informative and encouraging meetings. If you would like your name added to our email list to receive information about these evenings and other local events please contact:

Jeannie Martin Blaker - email: jmartin.blaker@gmail.com or phone (09) 6293082

SPIRITUAL GROWTH MINISTRIES 2016 CALENDAR

MERCY SPIRITUALITY CENTRE		<i>Booking essential</i>	
Event	Speaker/ Facilitator	Description	Date
6-day Guided Retreats	Anne Warren Pip Nicholls Sharon Fitzgerald Anne Warren Christina Cathro	Individually directed, residential and, to aid your prayer and personal reflections, they are made in silence.	17-23 April 26 Jun-2 July 2-8 Oct 20-26 Nov 4-10 Dec
Retreat Days	Monica Brown (UK) Pip Nicholls Pip Nicholls Fran Francis & Kris Telfer	A Heart's Journey-A Sacred Journey The Contemplative Voice The HeART of Contemplation Kintsugi – The Cup of My Life	14 May 25 June 26 June 23 July
	Phillip Hadley Mary Betz Joy Cowley Adrienne Dunlop	Transfiguration The Spirituality of <i>Laudato Si</i> Nature as Sacred Teacher A Spirituality Within An Unfolding Universe	6 Aug 10 Sept 1 Oct 29 Oct
Dreamwork	Margaret Bowater	Introduction to Dreamwork 101 Death and Grief & Healing 102 Resolving Nightmares 201 Introduction to Dreamwork 101 Visionary & Lucid Dreams 103	19 & 20 Feb 1 & 2 April 28 May 23 & 24 Sept 29 Oct
Other	Anne Warren	Workshops – Exploring Life's Transitions	9 & 10 April
	Eastern Mysticism Intergenerational Forum	Three evenings of Jewish, Sufi and Eastern Orthodox mysticism for you. Bringing young and older generations together to discuss topical issues	3, 10 & 17 Mar 18 May
Muffin Meetings	Various	Two hours of spiritual refreshment on various topics, mornings and evenings throughout the year.	See our website
Enneagram	Marie Corbett	Enneagram Unit 1	13-15 May
	Marie Corbett	Enneagram Unit 2	11 June
Meditation	Cathryn Wiles-Pickard	Intro to Christian Meditation (1)	6 Apr eve
		Intro to Christian Meditation (2) Meditation Weekend Retreat	13 Apr eve 11-13 Nov
For more details www.mercyspiritualitycentre.org.nz Contact info@mercyspiritualitycentre.org.nz			

Booking is essential for all events at the Mercy Centre.

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Jan 23 STANDING AT THE GATE OF THE YEAR

Take a few hours to linger at the threshold of your year to invite God's blessing, guidance and activity. Led by Fran Francis and Kris Telfer of Solace Spiritual Direction. BYO lunch or buy locally. Morning & afternoon tea provided. Bring your own journal and Bible. Resources for the day are supplied but other goodies are available for purchase from our "Shop in a Suitcase". Cash/cheque only.

Time: 9.30am - 4pm, Saturday 23 January

Venue: Northcote Senior Citizens Villa, 119 Queen St, Northcote Point. Auckland.

Cost: \$50.00 or \$20.00 student/unwaged.

For more information or to book a place email: fran@solace.org.nz
or visit: www.solace.org.nz

Feb 18 PICTURE THIS (Thursday evening)

This workshop, led by Fran Francis and Kris Telfer of Solace Spiritual Direction, will equip you to lead a visio divina (holy seeing) devotion time focussed on the gospel that results in a beautiful book for each participant. If you want to learn to "picture" Jesus with you or help others do the same this workshop is for you. You don't need to be arty and you're welcome if you'd just like to experience visio divina.

Time: 7.30-9.30pm Thursday 18 February

Venue: Shore Vineyard Church, Level 2, 252 Forrest Hill Rd, Forrest Hill. Parking on street or at rear.

Cost: \$40.00 or \$20.00 student/unwaged.

For more information or to book a place email fran@solace.org.nz or visit www.solace.org.nz

Feb 27 SPIRITUAL DIRECTORS' SUPPORT GROUP REFRESHER DAY

Trinity and Spiritual Direction

Don't miss this popular annual event offered by the Auckland Spiritual Directors' Support Group. Directors from **all regions** are welcome to this day of professional development, spiritual refreshment, and general good times with people we don't see nearly enough of. Trinity is the theme so come and explore this life-giving Mystery and its place in spiritual direction.

Morning session – led by Rev Dr Jeff Whitaker on **The Trinity and Spiritual Direction**. Jeff is a spiritual director, supervisor, and pastor at Epsom Baptist Church.

Afternoon session – facilitated by Anne Warren and will include time for personal reflection, creative expression, and sharing related to inputs from the morning.

Time: 9.00am – 3.15pm, Saturday 27 February

Cost: \$30.00. Bring your own lunch. Tea and coffee provided.

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Venue: Mercy Spirituality Centre, 104 The Drive, Epsom, Auckland
For more information and registration contact -
Jeannie Martin Blaker Email: jmartin.blaker@gmail.com Ph: (09) 6293082

Mar 12 SLOWDOWN SATURDAY – “DISTRACTION AND DIRECTION”

This is a time for hearing, healing, renewing & continuing on your faith journey. Each morning there is time to reflect on the theme from our view and God’s view. I appreciate that people come with their own heartfelt concerns or ongoing conversations with God and there is space for this as well.

Time: 9.00 am – 12.30 pm, Saturday 12 March.

Venue: St Francis Retreat Centre, 50 Hillsborough Rd, Mt Roskill.

Cost: \$20 per person (\$15 for unwaged). Morning tea included.

For more information or to confirm your place, contact Rachel Mackay:
phone: 631 7831 or 021 251 9051
email: rachel@slowdown.org.nz or rachel@mackay.net.nz

Mar 19 FILM DAY AT OASIS

Time: 10.00 am – 3.00 pm Saturday 19th March

Venue: Oasis Retreat Centre, 206 Albany Heights Rd, Albany.

Leaders: Andrew Dunn & Warren Deason.

BYO lunch, notebook and koha.

To register: Ph. (09) 4159686. Email: dunnzalbany@xtra.co.nz

Apr 9 RIPE: RESTING IN CONSOLATION

There are moments in life where everything has come together, converging in such a way that when we reflect on it we are amazed and grateful. It is a fruitful, ripened time. Our “Ripe” day offers you time to reflect in amazement and gratitude to God in the season of resurrection. BYO lunch or buy locally. Morning and afternoon tea provided. Bring your own journal and bible. Resources for the day are supplied but other goodies are available for purchase from our “Shop in a Suitcase” - cash/cheque only.

Time: 9.30am-4pm Saturday 9April

Venue: Northcote Senior Citizens Villa, 119 Queen St, Northcote Point, Auckland.

Cost: \$50.00 or \$20.00 students/unwaged

For more information or to book a place email fran@solace.org.nz or visit www.solace.org.nz

SPIRITUAL GROWTH MINISTRIES

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May 28 THROUGH JULIAN'S WINDOWS: LIVING A BALANCED LIFE

The three windows of St Julian's anchor hold opened towards the altar in the church, towards the townspeople who needed her support and towards her maid who brought her food. The balance of our relationships with God, others and our own needs is explored in this day retreat led by Fran Francis and Kris Telfer of Solace Spiritual Direction. We are basing the day on Elizabeth Ruth Obbard's (ODC) book *Through Julian's Windows: Growing into wholeness with Julian of Norwich*.

BYO lunch or buy locally. Morning and afternoon tea provided. Bring your own journal and bible. Resources for the day are supplied but other goodies are available for purchase from our "Shop in a Suitcase" - cash/cheque only.

Time: 9.30am-4pm Saturday 28 May

Cost: \$50 or \$20 students/unwaged

Venue: Northcote Senior Citizens Villa, 119 Queen St, Northcote Point, Auckland.

For information or to book email: fran@solace.org.nz or visit www.solace.org.nz

Jun 18 FILM RETREAT DAY

Two films to view and work with in retreat setting.

Time: 9.30 am- 4.00 pm Saturday June 18

Venue: Oasis Retreat Centre, 206 Albany Heights Rd, Albany.

Leaders: Andrew Dunn & Warren Deason.

BYO lunch, notebook and koha.

To register: Phone (09) 4159686. Email: dunnzalbany@xtra.co.nz

Jun 18 SLOWDOWN SATURDAY – “SEEKING THE LIGHT”

This is a time for hearing, healing, renewing & continuing on your faith journey.

Each morning there is time to reflect on the theme from our view and God's view. I appreciate that people come with their own heartfelt concerns or ongoing conversations with God and there is space for this as well.

Time: 9.00am – 12.30pm, Saturday 18 June

Venue: St Francis Retreat Centre, 50 Hillsborough Rd, Mt Roskill.

Cost: \$20 per person (\$15 for unwaged). Morning tea included.

For more information or to confirm your place, contact Rachel Mackay:

phone: 631 7831 or 021 251 9051

Email: rachel@slowdown.org.nz or rachel@mackay.net.nz

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Jun 25 THE CONTEMPLATIVE VOICE

Thomas Merton opened the monastic doors to the soul of the contemplative within all of us. Since then there has been a flurry of contemporary mystics writing on the mesoteric path within the Christian tradition in ways that may be difficult to comprehend if we're not in a contemplative book group or other such activity. What is the 'Christ Consciousness' of Rohr, the 'Dimension of Spaciousness' of Tolle, the 'real Self' of Keating or the 'kenotic path' of Bourgeault? We'll explore some of the depths hidden within the gospels that many of us are hungry for 'if only we had eyes to see'. This day will be like Contemplation 101, and while it stands alone, for some it could be a precursor for tomorrow.

Facilitator: Pip Nicholls www.thegentleartofknowing.co.nz

Venue: Mercy Spirituality Centre, 104 The Drive, Epsom

Time: 10 am – 4 pm Saturday 25 June

Fee: \$55 (or two days for \$100 – see 26 June). Please bring your lunch, tea/coffee is provided. Accommodation is available at extra cost.

Enquiries/registration to: The Mercy Centre at info@mercycenterauckland.org.nz or (09) 638 6238

Jun 26 – July 2 SIX-DAY INDIVIDUALLY GUIDED RETREAT

A silent retreat is a welcomed opportunity to take time away from the responsibilities of everyday life so you can regather and refresh yourself, rekindle your relationship with that that means the most to you, and if a transition is approaching, consider it more clearly. There will be space to rest, pray, read, exercise, explore nature, relax and have an hour each day with a spiritual companion. There is optional Compline each evening.

Facilitator: Pip Nicholls www.thegentleartofknowing.co.nz

Venue: Mercy Spirituality Centre, 104 The Drive, Epsom

Time: 7pm on Sunday 26th June to 3pm on Saturday 2nd July.

Fee: \$490 + \$50 non-refundable deposit at time of booking.

Enquiries/registration to: The Mercy Centre at info@mercycenterauckland.org.nz or (09) 638 6238

SPIRITUAL GROWTH MINISTRIES

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Jun 26 The HeART of Contemplation

Merton said of contemplation 'it is a special dimension of inner discipline and experience that leads to fruitful action'. During this day of 'Contemplation 102', we'll discuss and experience three practices that support this 'inner discipline': Centering Prayer, Mindfulness and Loving Kindness meditation that have all flourished in the past few decades. The day will be held in silence, so we begin to experience what Keating meant when he said 'Silence is God's first language; everything else is a poor translation'. The day may be helpful to people belonging to any denomination or none and will be a taste of the intention behind, and an experience of, the three practices.

Facilitator: Pip Nicholls www.thegentleartofknowing.co.nz

Venue: Mercy Spirituality Centre, 104 The Drive, Epsom

Time: 10.00 am – 4.00 pm, Sunday 26 June

Fee: \$55 (or two days for \$100 – see June 25).

Please bring your lunch, tea/coffee is provided.

Enquiries/registration to: The Mercy Centre at info@mercycenterauckland.org.nz or (09) 638 6238

Jul 23 KINTSUGI: THE CUP OF MY LIFE

We are "vessels" made by God. This retreat day led by Fran Francis and Kris Telfer of Solace Spiritual Direction invites cleaning, repairing, filling and sharing of the cup you are. The Japanese art of Kintsugi (Golden Repair) is a central theme. You are going to love this! BYO cup/mug - it won't be broken!. A warming winter soup lunch is included along with all materials and resources. Booking is essential.

Time: 9.30 am – 4 pm Saturday 23 July

Venue: The Mercy Centre, 104 The Drive, Epsom

Cost: \$60.00

To book a place email info@mercyspiritualitycentre.org.nz phone (09) 6386238

Aug 20 BEHOLD!

This compelling word appears over and over in the Scripture stopping people in their tracks whenever it was announced. It is both a precursor to God's action in a life, in a community, in the world and an imperative to see what God has done. This quiet day offers you time to consider the invitation to "behold" whatever God is presenting to you. You'll know. Led by Fran Francis and Kris Telfer of Solace Spiritual Direction. BYO lunch or buy locally. Morning and afternoon tea provided. Bring your own journal and bible. Resources for the day are supplied but other goodies are available for purchase from our "Shop in a Suitcase" - cash/cheque only.

Time: 9.30 am – 4 pm Saturday 20 August

SPIRITUAL GROWTH MINISTRIES

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Venue: Northcote Senior Citizens Villa, 119 Queen St, Northcote Point.

Cost: \$50.00 or \$20.00 students/unwaged

For more information or to book a place email fran@solace.org.nz or visit www.solace.org.nz

Sep 8 **“GO WITH ME” JOURNAL-MAKING WORKSHOP (Thursday evening)**

Make a leather mediaeval limp-bound journal with us and create your own “vade mecum” (means “go with me”), the book where you save the most important, helpful and applicable information. Pilgrims used them on their journeys, and you can use one on yours. All materials supplied. No experience necessary. Places limited to 10.

Time: 7:15 pm - 9.30 pm Thursday 8 September

Venue: Shore Vineyard Church, Level 2, 252 Forrest Hill Rd, Forrest Hill. Parking on street or at rear.

Cost: \$50.00

For more information or to book a place email fran@solace.org.nz or visit www.solace.org.nz

September and October

THE WALK TO EMMAUS

A weekend for Men and a weekend for Women – dates to be announced

The Walk to Emmaus is a spiritual renewal programme intended to strengthen the local church through the development of Christian disciples and leaders. The approach considers the model of Christ’s servanthood and runs as a 3-day residential retreat that immerses those attending in God’s grace and love. The weekend is wrapped in prayer and meditation, special times of worship and daily celebration of Holy Communion. Spiritual Direction is available throughout the weekend.

Times: 7:00 pm Thursday to Sunday finishing approx. 5:30 pm.

Venue: Chosen Valley Christian Camp, Turner Road, Aririmu.

To confirm details: Contact Andrew Stoddard (09) 837 1297
email: stoddards@clear.net.nz Website: www.walktoemmaus.org.nz

Oct **SACRED PATHWAYS SILENT RETREAT WEEKEND**

14-16 An opportunity to relax, rest, reflect and pray at a beautiful venue overlooking Mission Bay

Venue: 56 Selwyn Ave, Mission Bay (Wheelchair Access.)

Time: Friday 14 Oct, 6:30 pm (after dinner) to 4 pm Sunday 16 Oct.

Cost: \$185 (\$30:00 on registration) All linen & meals provided.

Register by 14th September.

For more information or to register contact Audrey Burt (09) 521 0960

Email: da.burt@outlook.com or Marjorie Blaiklock (09) 817 3359

SPIRITUAL GROWTH MINISTRIES

2016 CALENDAR

Oct 15 FILM DAY AT OASIS

Time: 10.00am - 3.00pm Saturday October 15th

Venue: Oasis Retreat Centre, 206 Albany Heights Rd, Albany.

Leaders: Andrew Dunn & Warren Deason.

BYO lunch, notebook and koha.

To register: Phone (09) 4159686. Email: dunnzalbany@xtra.co.nz

Nov 26 ADVENT AND THE “O” ANTIPHONS

O Come ... and pray the O Antiphons creatively with us today. The Antiphons are seven messianic invocations to Jesus to come: they incorporate praise of God's messiah, petitions for the people and are familiar to us in the Christmas carol “O Come, O Come Immanuel.” You'll write and create your own prayer and symbol of the Antiphon that touches you most. What a way to prepare for Christmas! Led by Fran Francis and Kris Telfer of Solace Spiritual Direction. BYO lunch or buy locally. Morning and afternoon tea provided. Bring your own journal and bible. Resources for the day are supplied but other goodies are available for purchase from our “Shop in a Suitcase” - cash/cheque only.

Time: 9:30am-4pm Saturday 26 November

Venue: Northcote Senior Citizens Villa, 119 Queen St, Northcote Point.

Cost: \$50.00 or \$20.00 students/unwaged

For more information or to book a place email fran@solace.org.nz or visit www.solace.org.nz

Nov 26 SLOWDOWN SATURDAY – “MIRACLE OF LIFE”

This is a time for hearing, healing, renewing & continuing on your faith journey. Each morning there is time to reflect on the theme from our view and God's view. I appreciate that people come with their own heartfelt concerns or ongoing conversations with God and there is space for this as well.

Time: 9.00am – 12.30pm, Saturday 26 November.

Venue: St Francis Retreat Centre, 50 Hillsborough Rd, Mt Roskill.

Cost: \$20 per person (\$15 for unwaged). Morning tea included.

For more information or to confirm your place, contact Rachel Mackay:
phone: 631 7831 or 021 251 9051

email: rachel@slowdown.org.nz or rachel@mackay.net.nz

SPIRITUAL GROWTH MINISTRIES 2016 CALENDAR

WAIKATO REGION

HOUCHEN RETREAT & CONFERENCE CENTRE is a centre for retreats, appropriate community functions and other forums. Set in 5 acres of beautiful gardens (including a Labyrinth), with accommodation all year round.

Address: 83 Houchens Road, Hamilton, 3206.

Phone: 07 8435538

Email: houchen.house@xtra.co.nz

Website: www.houchenhouse.org.nz

Managers: Glyn and Wanda Pemberton

BRIDLE CREEK RETREAT

For those needing some time out with God, Bridle Creek Retreat is a fully self-contained, two bedroom unit attached to our home in a quiet rural location near Raglan. Personalised guided retreats can be arranged to suit individual needs and/or Spiritual Direction provided if desired. Self-catering or with meals provided on request.

Contact: Kathleen Gavin (07) 8258059 or 027 4168515; Email: bkgavin@xtra.co.nz) for further information.

Cost: depends on length of stay and catering requirements.

PUTARURU - ROTORUA

COMPASSIO Services

Gabrielle Daly-Fong continues to offer a variety of nourishment for those seeking a deeper life in God, professional super-vision for leaders in their field, and counselling and psychotherapy for those needing some emotional care and support or personal development.

RETREATS:

March 4-6 - a silent retreat at Tyburn Monastery, Ngakuru, **ROTORUA**.

June 10-12 - a silent retreat at Tyburn Monastery, Ngakuru, **ROTORUA**.

WORKSHOPS:

Four **Friday** Journaling workshops in **PUTARURU**

January 22

April 22

July 15

October 7

THE ENNEAGRAM

February 13 - HAMILTON

August 5-6 at Titoki Healing Centre, WHAKATANE

For more information regularly check these websites

www.compassioservices.com www.super-visionplus.vpweb.co.nz

To register for anything please phone 021-112-6804 or email compassio@xtra.co.nz

SPIRITUAL GROWTH MINISTRIES

2016 CALENDAR

BAY OF PLENTY

TITOKI CHRISTIAN HEALING CENTRE – A PLACE OF WHOLENESS

71 Titoki Road, Poroporo, Whakatane

A place of retreat for people to work through emotional or spiritual issues, or individuals who need time out. Spiritual Direction is available.

Titoki Christian Healing Centre is situated 10 mins from Whakatane and offers a charming homestead set in extensive grounds among mature trees in a peaceful rural environment.

Tel: (07) 308 6503 or Email: info@titokihealingcentre.co.nz

Website: www.titokihealingcentre.co.nz

Every Wednesday at 10am, a healing service is held in our chapel.

A SEASON OF RETREATS *the following will all be held at Titoki Healing Centre

May SOCIAL JUSTICE AS A SPIRITUAL PRACTICE, led by Steve Tollestrup.

6-7 An invitation to a reflective Friday night and Saturday. Steve is the former executive officer of TEARFund, current Director of Ploughshare, and elected Auckland City Council member while training to be a Spiritual Director. This is a refresher workshop for those working daily in the pursuit of justice, social action and advocacy, or simply wanting to develop a deeper personal engagement between Justice and Faith.

Time: 7-9 pm Friday 6th May and Saturday 9 am – 4 pm 7th May.

July A SILENT RETREAT DESIGNED FOR MINISTERS AND PASTORS

6-10 led by Bert Schoneveld and team. Bert is a Spiritual Director and retired Presbyterian minister who believes the peace of Titoki offers an invitation to those in ministry to encounter the Lord in a fresh way.

Time: 12 noon Wed 6th July to 1 pm Sunday 10th July

Aug ENNEAGRAM AND CHRISTIAN SPIRITUALITY REFRESHER RETREAT

5-6 led by Gabrielle Daly-Fong. Gabrielle of COMPASSIO Services runs this workshop as suitable for people who already have some knowledge of The Enneagram Wisdom, and who know their type. It will include an overview; explore consolation and desolation, and excavate the link between Enneagram and Christian spirituality.

Time: 7-9 pm Friday 5th August and 9.30 am – 3.30 pm Saturday 6th August

For more information check these websites

www.compassioservices.com www.super-visionplus.vpweb.co.nz

To register: please phone 021-112-6804 or email

SPIRITUAL GROWTH MINISTRIES

2016 CALENDAR

Sep 10 A SATURDAY MORNING SPRING RETREAT – “NEW GROWTH”

This is a time for hearing, healing, renewing & continuing on your faith journey. Each morning there is time to reflect on the theme from our view and God’s view. I appreciate that people come with their own heartfelt concerns or ongoing conversations with God and there is space for this as well.

Venue: **Titoki Healing Centre**, 71 Titoki Road, Poroporo, Whakatane

Cost: \$20 per person (\$15 for unwaged). Morning tea included.

For more information or to confirm your place, contact Rachel Mackay:

Time: 9 am – 12.30 pm, Saturday 10 September.

phone: (09) 631 7831 or 021 251 9051

email: rachel@slowdown.org.nz or rachel@mackay.net.nz

Oct ATTAINABLE SUSTAINABLE

1-2 A retreat contemplating living respectfully in God’s world.

Led Bert Schoneveld and team; including simple living, harnessing natural resources and living in God’s given rhythms.

Time: 9 am Saturday 1st October until 1 pm Sunday 2nd October

Venue: **Titoki Healing Centre**, 71 Titoki Road, Poroporo, Whakatane

Nov A MEDITATIVE RETREAT led by Linda Parnell.

4-6 Linda is a spiritual director and counsellor and has been involved in facilitating several other retreats at Titoki, including God’s use of beauty to heal.

More details on Titoki website closer to the date.

Time: 5.30 pm Friday 4th November to 1 pm Sunday 6th November

Venue: **Titoki Healing Centre**, 71 Titoki Road, Poroporo, Whakatane

Titoki Healing Centre website: www.titokihealingcentre.co.nz

Tel: (07) 308 6503 or **Email:** info@titokihealingcentre.co.nz

SPIRITUAL GROWTH MINISTRIES

2016 CALENDAR

TARANAKI

The SGM Taranaki team will be offering a range of contemplative events in 2016 – if you would like to be on our emailing list and be advised of these opportunities – or if you want to arrange for a retreat or quiet day for a group - or if you'd like to be put in touch with a spiritual director in your area, please contact one of the team:

Sue Pickering (06) 758 4952 / 021450760 or suepickering@xtra.co.nz

Ailsa Claridge (06) 7538247 / 021 758 247 or Butterfly.arr@xtra.co.nz

Mary Harker (06) 757 9763 / 022 078 9756 or angelamaryharker@gmail.com

Feb 27 QUIET DAY IN MANAIA

The opportunity to spend a time of stillness in the beautiful “Quiet Garden” of Rev David Self. A Quiet Garden affiliated to the Quiet Garden Trust.

Jesus said; “*Come with me by yourselves to a quiet place and get some rest*”.

This day is structured so that you can come for the morning or the afternoon, or the whole day.

Hosted and Facilitated by: Rev David Self and Ailsa Claridge

Venue: Stone House Cottage, 2 Tauhuri St, **MANAIA**

Time: 9.30am until 3pm, Saturday 27 Feb.

Bring Bible, writing materials, koha, outdoor chair, rug or cushion as needed for comfort.

To register please contact Ailsa: Phone (06) 7538247 or 021 758247, or email Butterfly.arr@xtra.co.nz

QUIET MORNINGS IN NEW PLYMOUTH

These run from 9am until 12 noon and provide a welcome break from the busyness of daily life. Various venues in New Plymouth will be used; details will be published early in 2016 through our email lists and church networks:

MARCH	19th	Mary Harker	
APRIL	16th	Sue Pickering	Venue: St Chad's
MAY	14th	Ailsa Claridge	'Waiting for Pentecost'
JUNE	18th	Mary Harker	
AUGUST	20th	Sue Pickering	'Ageing and the spiritual journey'
SEPTEMBER	17th	Mary Harker	
OCTOBER	15th	Sue Pickering	'Treasures from Teresa of Avila'

SPIRITUAL GROWTH MINISTRIES

2016 CALENDAR

QUIET MORNINGS IN STRATFORD AND HAWERA

In conjunction with the Central and South Taranaki Ministry Clusters, quiet mornings will be offered through the year. Please contact Ailsa Claridge: Butterfly.arr@xtra.co.nz for details.

July 8-10 **RETREAT ‘Being who you are’** – facilitated by the Taranaki SGM team
A fully residential silent directed retreat will be held at St Mary’s Diocesan School in **Stratford**. It is suitable for those new to ‘going on holiday with God’ or those who are familiar with the blessings of ‘coming apart and resting awhile’ with the Spirit. Both clergy and laypeople are most welcome.
The retreat begins at 7pm on Friday evening and finishes at 2pm on Sunday afternoon. To express your interest or book a place, please contact Sue Pickering suepickering@xtra.co.nz, (06) 758 4952 or 021 450 760 .

Nov 13-17 **RETREAT IN DAILY LIFE [WGP]**

Facilitated by: SGM Taranaki team

Venue: Holy Trinity, **FITZROY**

We begin this **home-based retreat** on Sunday evening and end on Thursday evening. From Monday to Thursday retreatants covenant to pray each day for half an hour at home, and to meet each day with their own personal spiritual companion for half an hour of conversation about that experience. It is a lovely way of being on retreat for busy people.

Contact Sue, Ailsa or Mary if you are interested:

Sue Pickering (06) 758 4952 / 021450760 or suepickering@xtra.co.nz

Ailsa Claridge (06) 7538247 / 021 758 247 or Butterfly.arr@xtra.co.nz

Mary Harker (06) 757 9763 / 022 078 9756 or angelamaryharker@gmail.com

SPIRITUAL GROWTH MINISTRIES 2016 CALENDAR

EAST COAST

For events in Hawkes Bay contact:-

Napier: Val Chapman 9 Bright Crescent, Napier, 4110
Phone (06) 843 8199 Email: valrose@slingshot.co.nz

Gisborne: Cynthia Kearney 12 Victoria St, Gisborne 4010
Phone (06) 868 6378 or 025 278678 Email: cmkearney@xtra.co.nz

SPIRITUAL DIRECTION and SUPERVISION

One to one: a companion on your spiritual journey to help you explore your relationship with God. Contact Val Chapman (06) 843 8199 Email: valrose@slingshot.co.nz

LABYRINTHS

A Labyrinth in the classical seven-ring design has been created on **Moonwatch Lawn** at Trelinnoe Park, a magnificent private garden off the Napier-Taupo Highway near Te Pohue. The Garden is open all year (\$10 entry charge).

For events involving the labyrinth (eg. Winter Solstice, New Year's Eve, Days of Pilgrimage at Trelinnoe) contact Margaret Gwynn. Phone (06) 835 2122.

A Chartres style Labyrinth is located at Twyford on the outskirts of Hastings. Access for individuals and groups by arrangement. Facilitated events every few months. For information and directions Phone Alison Kerr (06) 879 6160

Feb 27 LENTEN RETREAT DAY

A day of directed silence, focusing on whether we are tourists or pilgrims on the Lenten journey we are called to.

Time: 9.30am – 3.30pm, Saturday 27 February

Venue: All Saint's Church, 23 Puketapu Rd, Taradale (wheelchair access).

Cost: \$20. Please bring Bible, notebook and own lunch.

Registration: Val Chapman (06) 843 8199 or email: valrose@slingshot.co.nz

May 14 RAINBOW OF HOPE

God loves us before we are born. Can we love and accept all of our life, and open our hearts and eyes to trust in God's love now?

Time: 9.30am – 3.30pm, Saturday 14 May

Venue: All Saint's Church, 23 Puketapu Rd, Taradale (wheelchair access).

Cost: \$20. Please bring Bible, notebook and own lunch.

Registration: Val Chapman (06) 843 8199 or email: valrose@slingshot.co.

SPIRITUAL GROWTH MINISTRIES

2016 CALENDAR

July 2 EMBRACING YOUR IDENTITY

The need to move beyond the inflexibility of our soul, and be open to new concepts, images, to experience freedom as we embrace a new day, opportunities, and future.

Time: 9.30am – 3.30pm, Saturday 2 July

Venue: All Saint's Church, 23 Puketapu Rd, Taradale (wheelchair access).

Cost: \$20. Please bring Bible, notebook and own lunch.

Registration: Val Chapman (06) 843 8199 or email: valrose@slingshot.co.

Sep 10 CREATIVE GRACE OF AGEING

We explore the invitation offering creativity into our lives, expanding our abilities, finding ways of giving in service, to listening to our inner voices, own ideas, and one's own aspirations.

Time: 9.30am – 3.30pm, Saturday 10 September

Venue: All Saint's Church, 23 Puketapu Rd, Taradale (wheelchair access).

Cost: \$20. Please bring Bible, notebook and own lunch.

Registration: Val Chapman (06) 843 8199 or email: valrose@slingshot.co.

Oct 8 ALL WILL BE WELL

When life is hard can we trust in God's love, mercy and goodness, and know God more intimately?

Time: 9.30am – 3.30pm, Saturday 8 October

Venue: All Saint's Church, 23 Puketapu Rd, Taradale (wheelchair access).

Cost: \$20. Please bring Bible, notebook and own lunch.

Registration: Val Chapman (06) 843 8199 or email: valrose@slingshot.co.

Dec 3 ADVENT SILENT RETREAT

A day, mainly in directed silence, focusing on the coming of Jesus and of our response to the healing gift of Christmas.

Time: 9.30am – 3.30pm, Saturday 3 December

Venue: All Saint's Church, 23 Puketapu Rd, Taradale (wheelchair access).

Cost: \$20. Please bring Bible, notebook and own lunch.

Registration: Val Chapman (06) 843 8199 or email: valrose@slingshot.co.

SPIRITUAL GROWTH MINISTRIES

2016 CALENDAR

MANAWATU

FOR SPIRITUAL DIRECTION - Please contact any of the following:

Feilding	Phone	Email	Cell Phone
Elsa McInnes	(06) 323 9276	elsamcinnnes@inspire.net.nz	021 0728382
Bev Marsh	(06) 323 6691	bevlew@inspire.net.nz	027 223 6691
Lew Marsh	(06) 323 6691	bevlew@inspire.net.nz	021 2277 174
Rilma Sands (Rev)	(06) 323 2225	rilma@ihug.co.nz	027 457 4023

Palmerston North

Barbara M Coles	(06) 3571884	b.m.coles@clear.net.nz	
Pauline Simonsen	(06) 357 4859	rpsimonsen@inspire.net.nz	021 1196103
Dianne Stock	(06) 355 3879	diannestock@clear.net.nz	029 7751903
Ruth Rosser	(06) 350 3055	rrpeace@xtra.co.nz	
June Latham	(06) 3592091	june.latham@clear.net.nz	
Anne Chrisp	(06) 358 0712	anne.chrisp@clear.net.nz	

Foxton/Levin

Hannah Rowan	(06) 367 8583	bexandkate@gmail.com	
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A spiritual director's support group meets bi-monthly 1pm -3.00pm generally in Feilding. The group's purpose includes opportunity for collegiality, nourishment, refreshment, peer supervision, meditation, reflection and discussion around an agreed theme, and prayer. Spiritual Directors and those in training to become spiritual directors are invited to join the group. For further information contact any of the Association members in Feilding, Palmerston North, Foxton/Levin or contact Elsa McInnes (06) 3239276.

Manawatu Spiritual Directors' Professional Development

A small group of local SDs organise 3 professional development mornings (all Saturdays) each year. The topics for these mornings vary and are advised by email well in advance. If you would like to be on the email list, please contact Hannah Rowan: bexandkate@gmail.com Proposed dates for 2016: March 5, June 25, and September 10.

We meet in Palmerston North, Feilding or Levin from 9am - 12:30pm.

"Listening Space" Contemplative Prayer Mornings

Listening Space happens monthly, from February to November, at various venues in Palmerston North and further afield, normally on the third Monday of each month. It is open to all comers, men and women, and is non-denominational, and not affiliated with any particular church. It runs from 9.30am – 12.30pm, providing morning tea and resources for reflection. Requested koha \$5.

Contacts: Bev Marsh bevlew@inspire.net.nz or Anne Bennett benedicta@xtra.co.nz

SPIRITUAL GROWTH MINISTRIES

2016 CALENDAR

JOSEPHITE RETREAT CENTRE

Mt St Joseph, 14 Hillside Tce, Whanganui (Wheelchair Access)

Tending the Soul – Quiet days 1st Monday of the month from April to September 10am–3pm

Monthly Liturgies – 3rd Sunday of month from February to December 4pm–5pm.

6 Day Guided Retreat - September 4 to 10 (Registrations are necessary)

Phone (06) 345 5047 Ext 3. Email Pam Hopper: pam.hopper@sosj.org.au

Full Printed Programme available on request or visit www.ssj.org.nz

Jan 30 CELEBRATING THE SEASONS – SUMMER

A quiet day to celebrate our connection to God's Earth. There will be input as well as space for silence and creative engagement with the season.

Venue: St Peter's Church Hall, Ruahine Street, Palmerston North.

Time: 9.30 am to 3.00 pm Saturday 30 January.

Please reply to Anne Chrisp: anne.chrisp@clear.net.nz

Apr 9 CELEBRATING THE SEASONS – AUTUMN

A quiet day to celebrate our connection to God's Earth. There will be input as well as space for silence and creative engagement with the season.

Venue: St Peter's Church Hall, Ruahine Street, Palmerston North.

Time: 9.30 am to 3.00 pm Saturday 9 April.

Please reply to Anne Chrisp: anne.chrisp@clear.net.nz

May LIVING STONES

13-15 Enjoy some silence and space for reflection at this silent directed retreat.

Venue: Elm Lodge7, El Rancho, Waikanae. Comfortable accommodation not far from the ocean. All meals provided.

Time: 7 pm Friday night (after dinner) to 3.30 pm Sunday afternoon.

Cost: \$200 (\$40 on registration) For more information and to register contact Ruth Rosser email: rpeace@xtra.co.nz or Elsa McInnes (06) 323 9276

Jun 25 CELEBRATING THE SEASONS – WINTER/MATARIKI

A quiet day to celebrate our connection to God's Earth. There will be input as well as space for silence and creative engagement with the season.

Venue: St Peter's Church Hall, Ruahine Street, Palmerston North.

Time: 9.30 am to 3.00 pm Saturday 25 June.

Please reply to Anne Chrisp: anne.chrisp@clear.net.nz

SPIRITUAL GROWTH MINISTRIES

2016 CALENDAR

Jun 27 to 1 July A MID-WINTER RETREAT

Winter can be a time of hibernation and turning inwards, with space for intentional reflection. This retreat at Kopua is designed to assist you to look back over the past season of life, as well as forwards. There will be plenty of time for personal reflection, as well as ideas and suggested activities.

Time: Monday 27 to June - Friday 1 July

Venue: Kopua Monastery, Southern Star Abbey, Takapau

Expressions of interest and queries to Anne Chrisp: anne.chrisp@clear.net.nz by the beginning of June.

Jul 29-31 PRAYER PATHWAYS with a TASTE OF SILENCE

An opportunity to explore different ways of connecting with God, with some times of silence.

Venue: Comfortable accommodation at Elm Lodge 7, El Rancho, Waikanae.

Time: 7 pm Friday night (after dinner) to 3.30 pm Sunday afternoon. All meals provided.

Cost: \$200 (\$40 on registration) For more information and registration contact Ruth Rosser email: rrpeace@xtra.co.nz. Or Elsa McInnes: (06)323 9276

Sep 4 to 10 SIX-DAY GUIDED RETREAT - Whanganui

(see Josephite Retreat Centre on previous page)

Sep 16-18 GOD'S WORK OF ART

Enjoy some silence and space for reflection at this silent directed retreat.

Venue: Elm Lodge 7, El Rancho, Waikanae. Comfortable accommodation not far from the ocean. All meals provided.

Time: 7 pm Friday night (after dinner) to 3.30 pm Sunday afternoon.

Cost: \$200 (\$40 on registration) For more information and to register contact Ruth Rosser email: rrpeace@xtra.co.nz or Elsa McInnes (06) 323 9276

Sep 24 CELEBRATING THE SEASONS – SPRING

A quiet day to celebrate our connection to God's Earth. There will be input as well as space for silence and creative engagement with the season.

Venue: St Peter's Church Hall, Ruahine Street, Palmerston North.

Time: 9.30 am to 3.00 pm Saturday 24 September.

Please reply to Anne Chrisp: anne.chrisp@clear.net.nz

SPIRITUAL GROWTH MINISTRIES 2016 CALENDAR

KAPITI COAST – WELLINGTON

Any additions to the Greater Wellington region programme will be placed on the SGM website, www.sgm.org.nz or the Wellington SGM website, www.sgmwellington.myurl.co.nz

If you would like to be added to the Wellington SGM database and kept informed of events and any additions to this Programme please contact Terry Alve Email: terry.alve@gmail.com

Facilitators for Quiet Days, Retreats, Group Discernment, and individual Spiritual Direction are available in the Wellington area. Please phone one of the following for more details:
Andrew Pritchard (04) 904 6764; Merle Hiscock (04) 976 4693 or Terry Alve (04) 232 2583

Wellington/Kapiti Coast Labyrinths

There are four labyrinths in the Greater Wellington area that are available for public use.

The Frederic & Margaret Wallis Labyrinth at Hutt Hospital
<http://www.labyrinthsnz.com/lower-hutt-wellington> A Chartres style labyrinth

The Johnsonville Labyrinth at Johnsonville Uniting Church, 18 Dr Taylor Terrace,
Johnsonville <http://www.juc.org.nz>

The Labyrinth in Porirua Hospital grounds (Ratonga Rua-o-Porirua Campus),
Upper Main Drive, next to the Chapel.

The Hinemoa Labyrinth in Kathryn and Geethal Fernando's garden 62 Hinemoa St,
Paraparumu.
Phone 027 3487288 (No obligation to ring beforehand. Can just turn up and walk it).
Chartres style labyrinth.

LECTIO DIVINA AND TIME FOR SILENT PRAYER – Lower Hutt 26 January and the last Tuesday of every month except December.

Venue: St James, Woburn Road, Lower Hutt (wheelchair accessible)

Time: 12noon to 1pm

LECTIO DIVINA AND TIME FOR SILENT PRAYER – Thorndon 8 February and the second Monday of the month except January.

Venue: Pa Maria, 78 Hobson St., Thorndon (wheelchair accessible)

Time: 7pm to 8.15pm Cost: Suggested koha of \$5

SPIRITUAL GROWTH MINISTRIES

2016 CALENDAR

A PLACE OF SILENCE AND SANCTUARY IN THE CITY

Centering Prayer together

Thursdays 12.30 to 1.00 pm at St Andrew's on the Terrace

With Susan Jones and Diane Gilliam-Weeks

Room location posted each week as you enter

A CONTEMPLATIVE PRAYER GROUP meets monthly on the Kapiti Coast at St Paul's Anglican Church, cnr Kapiti Road and Langdale Avenue.

The meeting is from 7.00 to 8.00 pm on the second Thursday of each month.

Contact: Molly King mdking@clear.net.nz Ph: 04 203 3310/ for further details 021 103 6383

WEEKS OF GUIDED PRAYER 2016

These weeks provide you with an opportunity to explore and discover God in everyday life and deepen your relationship with God. Participants commit themselves to pray for 30 minutes daily and to meet with a prayer guide at a pre-arranged time weekdays in which to share and reflect on their experiences of God. The week starts with a group meeting on Sunday afternoon and concludes with a group meeting on Friday evening.

For scheduled Weeks, please view programme below or visit:

<http://www.sgmwellington.nz/weeks-of-guided-prayer.html>

If your church or ministry unit would like to host a Week of Guided Prayer please contact Terry Alve 027 600 1926 or (04) 232 2583 or Email: Terry.alve@gmail.com

See Guide for Hosts here: <http://tinyurl.com/otwc9m9>

DAY RETREATS AT PETONE 2016 – Saturdays throughout the year

Come away for a day with yourself and with your God. There will be a substantial time for personal reflection, some time of input and a little time for optional sharing with others. Six or Seven Day Retreats will be run through the year, on Saturdays throughout the year - dates to be advised.

Facilitator: Helen Tripp Time: 9.30am – 4.30pm

Venue: Petone Baptist Church, 38 Buick Street, Petone (Wheelchair access.)

Bring: Notebook/pen, Bible, and warm clothes if wanting to walk along beach.

Contact/Registration: Helen Tripp Ph: (04) 586 4626 Email: helen.tripp@xtra.co.nz

SPIRITUAL GROWTH MINISTRIES

2016 CALENDAR

Feb 7 DAY SILENT RETREAT

12-19 A seven day, silent, directed retreat in a peaceful rural setting.

Venue: Magnificat Community, South Wairarapa.

See: www.magnificat.org.nz for details of the venue.

Time: Friday 12 Feb at 7.30pm to Friday 19 Feb after lunch.

Cost: \$650 (\$50 non-refundable with registration, balance \$600 on arrival)

We gratefully acknowledge a Grant from the Wallis Trust that reduces the cost to participants for this retreat.

Retreat Team: Graham Millar, Andrew Pritchard, Margaret Smith, Jane Wilkinson

Registrations for this retreat often come in early.

Enquiries to see if places are available to:

Andrew Pritchard: alp_resources@paradise.net.nz

25 Rongomau Lane, Raumati South, Paraparaumu 5032. Phone (04) 904 6764

Mar 27 – May 14 VIA LUCIS – THE WAY OF LIGHT

An inspirational preparation for Pentecost.

Journey with us over the 50 days from Easter to Pentecost as we reflect on the resurrection of Jesus through encounters with the Risen Christ recorded in the New Testament. You will receive two emails each week typically including a picture, a reading from Scripture, a short meditation, and a prayer.

A concluding gathering and celebration on Saturday May 14, 10am – 3pm (venue to be confirmed) is an opportunity to meet with others who have been following this journey and to participate in activities to enhance the experience you have had over the seven weeks.

Cost: \$60.00

Registrations and enquiries to: Molly King: mdking@clear.net.nz (04) 9046102, or Andrew Pritchard: alp_resources@paradise.net.nz (04) 9046764

May LIVING STONES

13-15 Enjoy some silence and space for reflection at this silent directed retreat.

Venue: Elm Lodge7, El Rancho, Waikanae. Comfortable accommodation not far from the ocean. All meals provided.

Time: 7 pm Friday night (after dinner) to 3.30 pm Sunday afternoon.

Cost: \$200 (\$40 on registration) For more information and to register contact Ruth Rosser email: rpeace@xtra.co.nz or Elsa McInnes (06) 323 9276

SPIRITUAL GROWTH MINISTRIES

2016 CALENDAR

May 20-22 **PERFECTLY FLAWED – Welcome to Incarnation at Kopua Monastery**
Wabi sabi is a Japanese aesthetic that allows us to see the sacred in the everyday and the beauty of ordinary imperfection. We too are wabi sabi. We too are perfectly flawed, sacred and permeated with everyday beauty. Compassion, unconditional love, loving kindness - whatever we name this extra-ordinary quality – is the sacred aesthetic that allows us to find this ‘treasure of great price’. To experience beauty and peace in everyone, everything and everywhere.
During this retreat we will engage in contemplative practices to deepen our compassion for self, others and all creation. It will entail: slowing down, silence, simplicity, stillness, spaciousness and the monastic rhythm of the Abbey.
Facilitator: Pip Nicholls www.thegentleartofknowing.co.nz
Venue: Kopua Monastery, Southern Star Abbey, Takapau
Dates: 7pm Friday to 2pm Sunday Fee: \$200
Further Information/registration by the 2nd May to: Pip (04) 562 6364 or pip.nicholls@xtra.co.nz

Jul 29-31 **PRAYER PATHWAYS with a TASTE OF SILENCE**
An opportunity to explore different ways of connecting with God, with some times of silence.
Venue: Comfortable accommodation at Elm Lodge 7, El Rancho, Waikanae.
Time: 7 pm Friday night (after dinner) to 3.30 pm Sunday afternoon. All meals provided.
Cost: \$200 (\$40 on registration) For more information and registration contact Ruth Rosser email: rrpeace@xtra.co.nz. Or Elsa McInnes: (06)323 9276

Aug 19-21 **WITH FORESIGHT – FROM STAGE TO SAGE**
No doubt, if even for only a moment we’ve said ‘well in hindsight I may have...’. This three day retreat offers an opportunity to consciously reflect how we wish to live some of the ‘final third’ of our lives. Yes, at each moment we live at the door of death and we may have many more years ahead too.
So how do we want to live these days as we transition from vocational, career or domestic stages to embody the call of spirit that is at the heart of our human journey? How can we openly embrace and experience even greater intimacy rather than fear a loneliness of the days and nights ahead?

Working with poetry, images, our imaginations, breath, intuitions and an expanded understanding and deepening of prayer we will explore what it is to be sage-like, what it is to strengthen our sense of place, our sense of peace, our sense of inner meaning so we may soften to the inevitable changes that are to come...

Facilitator: Pip Nicholls www.thegentleartofknowing.co.nz

SPIRITUAL GROWTH MINISTRIES

2016 CALENDAR

Venue: Home of Compassion Retreat Centre, 2 Rhine St, Island Bay, Wellington

Dates: Friday, 19 August 11am - 8pm

Saturday, 20 August 10am - 8pm

Sunday, 21 August 10am - 3.30pm

Fee: \$350 for residential and \$280 for non-residential including lunch and dinner

Further Information/registration by the 29th July to: Pip (04) 562 6364 or
pip.nicholls@xtra.co.nz

Sep **GOD'S WORK OF ART**

16-18 Enjoy some silence and space for reflection at this silent directed retreat.

Venue: Elm Lodge 7, El Rancho, Waikanae. Comfortable accommodation not far from the ocean. All meals provided.

Time: 7 pm Friday night (after dinner) to 3.30 pm Sunday afternoon.

Cost: \$200 (\$40 on registration) For more information and to register contact Ruth Rosser email: rrpeace@xtra.co.nz or Elsa McInnes (06) 323 9276

Sep **FOUR OR TWO DAY DIRECTED RETREATS**

16-20 Friday 16 September - Tuesday 20 September 2015.

Venue: Our Lady's Home of Compassion, Island Bay, Wellington.

Up to 15 Places Available.

Two Day Options: (Fri night to Sun night; or Sun afternoon to Tues afternoon)

Four Day Option: (Fri night to Tues afternoon)

Contact: Terry Alve: terry.alve@gmail.com

Further info and registrations: <http://www.sgmwellington.nz/retreats.html>

SPIRITUAL GROWTH MINISTRIES 2016 CALENDAR

NELSON / TASMAN AREA

SILVAN – 205 Champion Road, Nelson

Silvan is a 10 acre garden/park setting with established trees, several lakes and places to sit and reflect. It may be used for individual or group retreats and days of prayer.

Facilities:

Summerhouse (indoors) available for up to 9 people, but still intimate for one - overlooks the lake. Projector and screen available

Deck below Summerhouse, on edge of lake. Seating area and Barbeque facilities

Toilet facilities in garden

Garden Gazebo: Indoor sitting area for 4

Table for 8, under trees and bench seats in garden

Accommodation: (self-contained)

Silvan Cabin: in centre of garden, for a single person, or couple

For all enquiries contact: Rick and Sarah Griffin

sarahgriffin053@gmail.com Cell number: 021 1720310

AREA CONTACT:

Nelson. Ilene Allan (03) 547 8279 athlene@clear.net.nz

CONTEMPLATIVE DAYS ASIDE

We continue to offer a Day Aside monthly to "*Be still and know that I am God*"

These are held on the last Friday of the month from January to November at different venues.

We begin at 9.30am with morning tea. The leader then introduces the theme and provides possibilities for the day. We finish at 2.30pm.

All venues have splendid landscapes to enjoy beauty, peace and space in God's creation and to relax with a listening heart in God's presence.

Art materials are available.

IT IS IMPORTANT TO REGISTER that you are planning to come. It helps to have an indication of numbers and to confirm the venue, directions and arrange car-pooling if needed.

Please bring \$6 and your lunch for mid- day break.

Tea, coffee and morning tea are provided.

You may like to bring your Bible, journal and pen, camera, sun hat in summer, bathing suit if you wish to swim at Kina and suitable footwear if you want to walk.

SPIRITUAL GROWTH MINISTRIES

2016 CALENDAR

KINA DAYS ASIDE by the sea

January 29th, None in March, May 27th, July 29th, September 30th, November 25th.

All are Fridays and 9.30am to 2.30pm.

GARDEN VENUES (wheel chair access)

February 26th, April 29th, June 24th, August 26th, October 28th.

All are Fridays and 9.30am to 2.30pm.

CONTACT persons for Day Aside.

Karen Moynagh: Richmond 544 0551 karen@moynagh.co.nz

Ilene Allan: Stoke 547 8279 athlene@clear.net.nz

Maria Park: Nelson 548 8576 mjparkmaria@gmail.com

MEDITATION

Monday 4-5pm Mondays St Peter's Church, 423 High St, Motueka

Janet (03) 528 4147

OTHER EVENTS We are planning some new day or evening opportunities for times of spiritual refreshment on different themes. A weekend retreat (s) will be offered.

A workshop on the Enneagram will be provided with Lyndall Brown. If you are interested, please contact us and we will communicate with you when dates are known.

We are also open to invitations to plan and facilitate an event for your church or group or an individual retreat.

SPIRITUAL DIRECTION

Spiritual Direction is available by appointment.

Sue Cunningham (03) 548 6830 sj.jb.cunningham@gmail.com

Karen Moynagh. (03) 544 0551 karen@moynagh.co.nz

BE REFRESHED

A safe & quiet place in a sunny warm home in **Stoke** with walkways nearby and a park over the road, is an ideal place for women or couples to take a short break (max. 3 nights) for rest and refreshment. Taking 'time apart' and resting is an opportunity to be still and know God. Stay in your own comfortable bedroom, own bathroom and with meals catered. Spiritual Direction is available on request.

A reasonable charge can be discussed when making booking.

Ilene Allan: (03) 547 8279 athlene@clear.net.nz

SPIRITUAL GROWTH MINISTRIES

2016 CALENDAR

CANTERBURY

ROSARY HOUSE SPIRITUAL LIFE CENTRE

Rosary House Spiritual Life Centre has relocated to 22 Gracefield Avenue, Christchurch. Once a community residence, it is two city blocks away from our former venue and close to the centre of Christchurch City. This gracious two-storied house, which has undergone extensive earthquake repairs, is tucked away from the busyness and noise of demolition that is all around the central city. People who come for spiritual direction are provided with a sense of solitude which is consistent with the objectives of the Centre. Sisters of Mercy, Anna Clarke and Mary Catherwood provide spiritual direction there and make space available to others who have lost their own spiritual direction venues.

The Centre is also available to people who wish to have a day of prayer and reflection and to individual people who wish to make a personal guided retreat. We are able to provide room space for small group programmes run by ourselves and others, while for bigger groups there is still access to the Mary Potter Community Centre which is a short distance away.

A five day non- residential Guided Retreat is provided annually in Spring at Villa Maria College.

The Sisters of Mercy are delighted to re-establish this important ministry in a very suitable and stable environment.

To find out more ring Rosary House: (03) 379 1298 or email roho@xtra.co.nz
website: www.sistersofmercy.org.nz

TE WAIORA HOUSE - Hororata, Canterbury

Te Waiora House is situated on the outskirts of Hororata, amid spacious grounds and rural surroundings, opposite St John's Church. A modern purpose-built house is available for personal times of rest and refreshment, retreats and group visits. Residential accommodation for up to 10 guests is available (5 double rooms); day visits are welcome, with a beautiful chapel seating 20 plus attached to the house. Guests are asked to make a contribution to their costs, but no set fees apply.

Contact: Te Waiora House - (03) 318 0789 Email: tewaiorahouse@xtra.co.nz
or visit our website: www.tewaiorahouse.org.nz

STILLPOINT CONTEMPLATIVE PRAYER SERVICE

is offered on the first Tuesday of the month 7.30-8.30pm.

St Barnabas Anglican – corner of Fendalton Rd and Tui St, Fendalton

Contact Diane Brooker Newton 03-3515778 or 027-4311334

SPIRITUAL GROWTH MINISTRIES 2016 CALENDAR

ST LUKE'S SPIRITUALITY CENTRE

The Anglican parish of St Luke's in the City formed the St Luke's Spirituality Centre to foster and encourage spiritual growth. It is for searchers after spiritual truth and seekers open to a living spirituality. It is for those engaged in various parts of the churches who are looking for spiritual nurture and development; for those on the edge of the church who are looking for a spirituality sufficiently open to the Spirit breathing through their own experience; and for those looking for a way, for spiritual practice, rather than doctrinal information or church membership.

A variety of programmes is run each year. These include short courses; once a month early evening cafe sessions on aspects of spirituality; quiet days; introductions to and ongoing weekly meditation; and weekend retreats.

There is also a Healing Service of Anointing and Eucharist in an atmosphere of quiet and contemplation, on the first Saturday of each month, February to December.

For further information, including current venues, see www.stlukesinthecity.org.nz or email: spirit@stlukesinthecity.org.nz Or phone (03) 366 2253

SPIRITUAL DIRECTORS NETWORK

Christchurch-based spiritual directors meet regularly throughout the year for mutual encouragement, information and up-skilling. The dates for 2016 are:

11 March, 13 May, 8 July, 9 September and 18 November.

Venue: to be confirmed

For further information contact: Margaret Shearing: shearingz@inet.net.nz

CONTEMPLATIVE PRAYER DAYS 2016

These are quiet days for reflection and prayer around a theme – all Saturdays.

Dates: 13 February, 9 April, 11 June, 13 August, 8 October, 26 November

Time: 10.00am – 300pm

Location: Hornby Community Ministries, 23 Manurere Street, Hei Hei, Christchurch.
Wheelchair access. Bring your own lunch and koha.

Contacts:

Lorraine Jansen

RBLANJAN@xtra.co.nz

Trish O'Donnell

trish.willem@paradise.net.nz

Barbara Sampson

barbara.sampson.nz@gmail.com 027 498 6763

SPIRITUAL GROWTH MINISTRIES

2016 CALENDAR

Feb LENTEN RETREAT IN DAILY LIFE

13-20 A Lenten Retreat in Daily Life will be held at St Christopher's, 244 Avonhead Road, There will be a gathering on the first Saturday 13th Feb, then each retreatant will commit to a time of prayer each day and also meet each day with an assigned prayer guide. On the second Saturday, 20th Feb, there will be a gathering to celebrate and conclude. Numbers will be limited.

For further information contact:

Margaret Shearing at shearingz@inet.net.nz
or Barbara Sampson at barbara.sampson.nz@gmail.com

Apr ANZAC WEEKEND RETREAT

22-25 A retreat is being planned for Akaroa over Anzac weekend, 22 - 25 April. Expressions of interest to Barbara Sampson at: barbara.sampson.nz@gmail.com Numbers will be limited.

May 14 TENDING YOUR DREAMS - An introduction to Christian dream-work.

This workshop is an invitation to explore the richness of your own dreams as a way of listening to God. It is designed for those who are new to tending their own dreams and for those who already do, but would like to learn more.

When: Saturday 14th May 9.30 am – 4.00 pm

Bookings: Trish O'Donnell 03 9804060 or trish.willem@paradise.net.nz

Please bring: lunch, own dreams and a playful spirit.

INDIVIDUALLY GUIDED FIVE DAY SILENT LIVE-IN RETREAT –

Dates and venues to be arranged depending on interest

'Go into your room in silence and pray to your God in secret'. These five days are an opportunity for people seeking a silent retreat with daily input from an experienced Spiritual Companion. There is also an evening time of group prayer. It is an opportunity to stand back and 'see the woods for the trees', to experience who you truly are when some intentional spaciousness is sought.

These retreats will be limited to five people and arranged when people have expressed interest and a time of the year that best suits them. So even if you're interested later in the year, contact Pip early so planning can get underway. If you'd prefer just a weekend or mid-week shorter retreat, please email Pip to discuss as these can be arranged too.

Spiritual Companion: Pip Nicholls www.thegentleartofknowing.co.nz

Venue: To be arranged according to interest

Cost: accommodation and meals depending on venue. In addition there is a koha for the spiritual companionship sessions.

Enquiries/registration as early as possible in the year so any retreat can be organised to:

Pip Nicholls (04) 562 6364 or pip.nicholls@xtra.co.nz

SPIRITUAL GROWTH MINISTRIES

2016 CALENDAR

OTAGO

The Otago region offers the following opportunities and events during the year. Where not already listed, dates and venues will be available later in the year, or upon request. Please indicate your interest by phoning/emailing the contact person(s) listed.

For general enquiries contact: Mike Wright 021 735 286 or chaplain@op.ac.nz

HARBOUR HAVEN QUIET GARDEN: a space for God's grace

Harbour Haven is a place for silence and refreshment alone with God. It is situated in a terraced garden with a sunny aspect, a harbour view and various nooks and crannies to sit. There is also a conservatory and a room for rest. If you would like prayer, or a meditation to lead you into silence and reflection, just ask when you telephone.

Open on **Thursdays 9.30am – 5pm**

Drinks will be provided throughout the day. Donations: from \$5. Lunch is extra.

To arrange a visit contact Rev. Robyn Kerr (the host) in Dunedin on (03) 454 3244

Harbour Haven is affiliated with the International Quiet Garden Movement – a ministry of stillness and hospitality. www.quietgarden.org.uk

QUIET DAYS...

TIMES OF RETREAT - DAY OR DAYS...

'There lives the dearest freshness deep down things...' (Gerard Manley Hopkins)

Many of us look forward to those quiet, refreshing times aside from everyday life where we can rest, listen, reflect, and be open to the gift that God longs to share with us.

The first quiet day will be at the beginning of Lent - in Dunedin on February 13 or 20.

Please contact Sr Mary Hepburn:

if you are interested in a quiet retreat day during next year - including Feb;

if you are interested in a live-in weekend or few days of retreat in Dunedin region – just you, or with a group.

if you would like to be on the contact list.

Spiritual Direction is available during retreat times, as well as throughout the year.

Call 027 3508915 or 03 4776882, or email: maryhrsm@gmail.com

SPIRITUAL GROWTH MINISTRIES

2016 CALENDAR

INVERCARGILL

Retreat days are underway in Invercargill!

The first was 5th November 2015. Maria has got this underway with enthusiastic response!

Retreat days will be held in Invercargill in 2016 with Maria and Mary Hepburn.

Contact: Sr Maria Goretti at 03 2157699 or 027 4747837 or email smgorettirms@gmail.com.

STEWART ISLAND

September 19 – 23 Retreat

Following a successful retreat at Stewart Island in 2015 a spring-time retreat will again be offered in 2016.

Dates set down are Monday 19 September - Friday 23 September.

Stewart Island has many features that make it a great place for a contemplative retreat - memorials and monuments, birdsong, and beaches.

Accommodation will be available. Costs will be kept as low as possible.

Expressions of interest are welcome to:

Barbara Sampson: barbara.sampson.nz@gmail.com

Glenda Hicks: gmhicks@snap.net.nz

Raylene Waddell: glendaruel@xtra.co.nz