

LET'S GO with the CHILDREN

Cornwall

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KEY: Prices given are for a family of four (2 adults, 2 children)

Let's GO
with the
Children | Mini
Book



ANIMALS & NATURE

BODMIN Cardinham Woods

a: PL30 4AL **t:** 01392 832262

There are waymarked trails for all abilities and an exciting children's play area. Look out for special wildlife events. Open all year. **Free entrance**

FALMOUTH Trebah Garden

a: Mawnan Smith, TR11 5JZ **t:** 01326 250448 **w:** www.trebah-garden.co.uk

This garden leads down to a steep valley and sheltered cove where you can swim and picnic. Discovery trails, paraglide slide and play area. Open daily, 10.30am-5pm. **Cost is up to £20**

GUNNISLAKE The Tamar Valley Donkey Park

a: St Ann's Chapel, PL18 9HW **t:** 01822 834072 **w:** www.donkeyparks.com

See rescued donkeys, rabbits, guinea pigs, chipmunks, sheep and goats. Have fun in the adventure playground and huge indoor play barn. Open 20 Mar-2 Nov, daily, 10am-5pm; Nov-Mar, Sat-Sun, (daily in school winter hols), 10.30am-4pm. **Cost is up to £20**

GWEEK National Seal Sanctuary

a: TR12 6UG **t:** 01326 221361 **w:** www.sealsanctuary.co.uk

See which seals catch the most fish and discover entertaining facts about them from their keepers. Several talks throughout the day. Open daily from 10am, closing times vary. **Cost is up to £40**

HAYLE Cheney Mill Farm Park

a: Battery Mill Lane, St Erth, TR27 6JU **t:** 01736 759555 **w:** www.cheneymillfarmpark.co.uk

Interact with the animals, ride a mechanical digger, play crazy golf or try the adventure playground and indoor play area. Open Easter-Oct, daily, 10am-5pm; Nov-Easter, (indoor play only), please telephone for opening details. **Cost is up to £30**

HAYLE Paradise Park and World Parrot Trust

a: TR27 4HB **t:** 01736 751020 **w:** www.paradisepark.org.uk

Watch penguins and otters being fed and in summer feed rainbow lorikeets and watch flying displays. Open daily, 10am-5pm. **Cost is up to £40**

HELSTON Roskilly's Ice Cream & Organic Farm

a: Tregellast Barton Farm, St Keverne, TR12 6NX **t:** 01326 280479 **w:** www.roskillys.co.uk

Watch the milking, explore the woodlands, feed the ducks on the ponds and look out for the giant rhubarb trees on this working organic farm. Open Feb half term-Oct, daily, 10am-6pm; Nov-Dec, Sat-Sun, 10am-5pm. **Free entrance**

HELSTON Trevarno Estate Gardens

a: Crowntown, TR13 0RU **t:** 01326 574274 **w:** www.trevarno.co.uk

Enjoy the gardens and find craft workshops, the Honey Bee Centre, The National Museum of Gardening, vintage toy and soap museums. Open daily, 10.30am-5pm. **Cost is up to £20**

HELSTON Cornish Camels

a: Rosuick Organic Farm, St Martin, TR12 6DZ **t:** 01326 231119 **w:** www.cornishcamels.co.uk

Ride a camel on an hour-long trek across Goonhilly Downs or enjoy a shorter camel experience around the farm. Treks run Easter-Sept, weather dependent, book in advance. **Pay as you go**

LAND'S END RSPB Wildlife Discovery Centre

t: 01392 432691 **w:** rspb.org.uk

From this cliff top location, look through the powerful telescopes and, if you're lucky, you might see dolphins or even a basking shark. Please telephone for opening details. **Free entrance**



LAUNCESTON The Tamar Otter and Wildlife Sanctuary

a: North Petherwin, PL15 8GW **t:** 01566 785646 **w:** www.tamarotters.co.uk

See British and Asian short clawed otters, fallow deer, wallabies, owls and waterfowl in a beautiful, natural setting. Open Easter-Oct, daily, 10.30am-6pm. **Cost is up to £20**

LAUNCESTON Trethorne Leisure Farm

a: Kennards House, PL15 8QE **t:** 01566 86324 **w:** www.trethorne.co.uk

Lots of animals to stroke and feed and many other activities, including an astra slide, ten-pin bowling and crazy golf. Open Feb 8-Nov 2, daily, 10am-6pm, Please telephone for winter opening times. **Cost is up to £30**

LISKEARD Deer Park Forest

a: Herodsfoot, PL14

There are picnic areas and a waymarked circular walk through this forest in a pretty valley. The trail is steep in places, so do take sturdy shoes. **Free entrance**

LISKEARD Porfell Animal Land Wildlife Park

a: Trecangate, Lanreath, PL14 4RE **t:** 01503 220211 **w:** www.porfellanimalland.co.uk

Discover wild and exotic creatures, from meerkats and lemurs to ocelots, as well as more familiar animals such as rabbits, goats and deer! Open Feb half term & Easter-Oct, daily, 10am-6pm; Feb-Easter, Sat-Sun, 10am-dusk. **Cost is up to £20**

LOOE Seaton Valley Countryside Park

a: PL13

Recently designated a Local Nature Reserve, the park has a surfaced track winding its way through the valley bottom. **Free entrance**

LOOE The Monkey Sanctuary

a: Murrayton, PL13 1NZ **t:** 01503 262532 **w:** www.monkeysanctuary.org

The Trust carries out vital conservation work. Watch woolly monkeys, listen to talks by keepers and see the 'bat cave'. Have fun in the play area. Open Easter-Sept, Sun-Thurs, 11am-4.30pm. **Cost is up to £20**

MAWNAN SMITH Glendurgan Garden

a: TR11 5JZ **t:** 01326 250906 **w:** www.nationaltrust.org.uk

A garden with steep paths down to the tiny village of Durgan and its beach. Swing on the Giant's Stride or get lost in the wonderful laurel maze. Open 9 Feb-1Nov, Tues-Sat, Bank Hol Mons & Mons in Aug, 10.30am-5.30pm. Closed Good Fri. **Cost is up to £20**

MEVAGISSEY Harbour Aquarium

a: PL26 6QU **t:** 01726 843305 **w:** www.mevagisseyharbour.co.uk

See many varieties of local fish and shellfish in this small aquarium converted from an RNLI boathouse. Open Easter-Nov, daily, 11am-8pm. **Free entrance**

MOUSEHOLE Wild Bird Hospital & Sanctuary

a: TR19 6SR **t:** 01736 731386 **w:** www.mouseholebirdhospital.org.uk

The hospital helps injured birds and is particularly skilled in rescuing oiled seabirds. Open daily, 10.30am-4pm. **Free entrance**

NEWQUAY The Japanese Garden & Bonsai Nursery

a: St Mawgan, TR8 4ET **t:** 01637 860116 **w:** www.thebonsainursery.com

A Japanese experience with tea house, waterfalls, streams, bamboo groves and pond with koi carp. Lots of hiding places in this unusual garden. Open daily, 10am-6pm, (5.30pm, Nov-Mar). **Cost is up to £10**



NEWQUAY Blue Reef Aquarium

a: Town Promenade **t:** 01637 878134 **w:** www.blureefaquarium

Venture into the underwater tunnel and view many varieties of tropical and local marine life. Talks, feeding demonstrations, exhibitions and special events. Open Mar-Oct, daily, 10am-5pm (6pm, Jul-Aug), Nov-Feb, 10am-4pm. **Cost is up to £20**

NEWQUAY Dairyland Farm World

a: TR8 5AA **t:** 01872 510349 **w:** www.dairylandfarmworld.com

See cows milked in the space-age Orbiter, and brave the 'Raging Bull' ride! Let off steam in the adventure playground and play barn. Open Mid Mar-2 Nov, daily, Nov-Mar, Thurs-Sun & school hols, 10am-5pm. **Cost is up to £30**

NEWQUAY Newquay Zoo

a: Trenance Gardens TR7 2LZ **t:** 01637 873342 **w:** www.newquayzoo.org.uk

New for 2009 at this award winning zoo is a wonderful AFRICAN SAVANNA exhibit with three acres of grassland including stunning Wildebeest, entertaining Ostriches, tusky Warthogs, beautiful and elegant Zebra, Waterbuck and Nyala Antelope. Another new exhibit highlights some unusual Philippine species - the Visayan Warty Pig, Fishing Cat and Philippine Spotted Deer. Don't miss the most recent arrival; the stunning Carpathian Lynx. Fascinating talks and animal feeding times are run throughout the day and many events are planned for 2009. Please see website for details. It certainly looks like being an exciting year at the Newquay Zoo! 10am-5pm Oct-Mar (last entry 4pm), 9am-6pm Apr-Sept (last entry 5pm) **Cost is up to £30**

PADSTOW National Lobster Hatchery

a: South Quay, PL28 8BL **t:** 01841 533877 **w:** www.nationallobsterhatchery.com

See how juvenile lobsters develop before they are released back into the sea. Why not try a drawing at the activity table or the quiz? Open daily, 10am-closing times vary, please telephone to check. **Cost is up to £10**

PADSTOW Old Mac Donald's Farm

a: Porthcothan Bay, PL28 8LW **t:** 01841 540829 **w:** www.oldmacdonalds.co.uk

Enjoy rustic farm fun for 2-10 year olds, with lots of small animals to meet. Open Easter- End Sept, daily, 10am-6pm. **Cost is up to £20**

PENZANCE Trengwainton Garden

a: Madron, TR20 8RZ **t:** 01736 363148 **w:** www.nationaltrust.org.uk

See many exotic plants and enjoy lovely views. Have a go at the children's quiz and look out for family activities throughout the year. Open 10 Feb-2 Nov, Sun-Thurs, 10.30am-5pm, & Good Fri. **Cost is up to £20**

PORT ISAAC Longcross Victorian Garden

a: Trelights, PL29 3TF **t:** 01208 880243 **w:** www.longcrosshotel.co.uk

Explore this Victorian garden with a small lake, maze-type walkways and adventure play area. Complete the maze puzzle. Open Mar-Oct, 10am-dusk. **Cost is up to £10**

REDRUTH Shire Horse Farm & Carriage Museum

a: Lower Gryllis Farm, Treskillard, TR16 6LA **t:** 01209 713606

See the magnificent shire horses and their foals. The farm also has a large collection of horse-drawn buses. Open Easter-Sept, Mon-Fri, 11am-5pm. **Cost is up to £20**

ST AUSTELL The Tortoise Garden

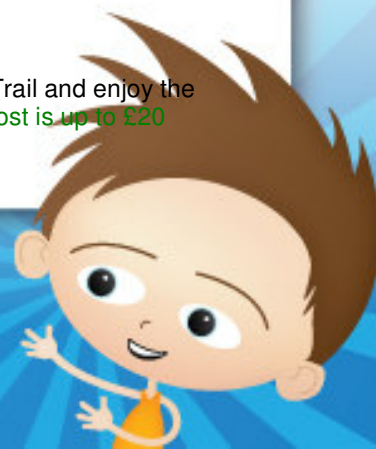
a: Lower Sticker, Topanga, PL26 7JJ **t:** 01726 65670 **w:** www.tortoisegarden.co.uk

The Garden is home to approximately 200 tortoises. See the newborn babies in June and you may be able to handle a little tortoise. Open Easter-Sept, daily, 10am-5pm. **Free entrance**

ST AUSTELL China Clay Country Park

a: Carthew, PL26 8XG **t:** 01726 850362 **w:** www.chinaclaycountry.co.uk

Explore acres of nature trails and woodland walks, follow the Children's Challenge Trail and enjoy the woodland play area. Open Easter-Oct, daily, 10am-6pm, Nov-Easter, 10am-4pm. **Cost is up to £20**



ST AUSTELL The Lost Gardens of Heligan

a: Pentewan, PL26 6EN **t:** 01726 845100 **w:** www.heligan.com

How did these gardens get their name? Explore the 'jungle area' and Lost Valley, and don't miss the Horsemoor Hide for sights of the wildlife here. Open daily, 10am-6pm, (5pm, Nov-Feb). **Cost is up to £30**

ST AUSTELL Eden Project

a: Bodelva, PL24 2SG **t:** 01726 811911 **w:** www.edenproject.com

A series of massive biomes are home to plants from humid, tropical and warm temperate regions. It's a great place to go with children and there is an events programme that runs during the half-term and main school holidays. Open daily from 10am, closing times vary. **Cost is up to £40**

ST CLEER Golitha Falls

a: Bodmin Moor

Follow the surfaced paths along the River Fowey to the spectacular falls. National Nature Reserve.

Free entrance

ST COLUMB Screech Owl Sanctuary

a: Goss Moor, TR9 6HP **t:** 01726 860182 **w:** www.screechowl-sanctuary.co.uk

Learn about owl conservation and see species from all over the world. Indoor education centre, flying displays, aviary walk, wildlife and duck lake. Open Mar-Oct, daily, 10am-6pm. **Cost is up to £30**

ST COLUMB MAJOR Springfields Fun Park & Pony Centre

a: TR9 6HU **t:** 01637 881224 **w:** www.springfieldsponycentre.co.uk

Groom and ride ponies or take a pony carriage ride. Feed lambs or enjoy a 'bunny cuddle'. Woodland walk and large indoor play barn. Open 8 Mar-30 Sept, daily, 10am-6pm; Oct, Sat-Sun, & half term, 10am-4pm.

Cost is up to £30

ST COLUMB MAJOR The Cornish Birds of Prey Centre

a: TR9 6DH **t:** 01637 880544 **w:** www.cornishbirdsofprey.co.uk

You can view flying displays most days. See hawks, falcons, owls, buzzards and even an American vulture. Picnic and play area. Please telephone for opening details. **Cost is up to £30**

TORPOINT Mount Edgcumbe Country Park

a: Cremyll, PL10 1HZ **t:** 01752 822236 **w:** www.mountedgcumbe.gov.uk

Explore over 800 acres of parkland with follies and other buildings scattered throughout. **Free entrance**

TORPOINT Antony Woodland Garden

a: PL11 2QA **t:** 01752 812364

Enjoy the great outdoors in 100 acres of natural woodland gardens with riverside walks. You could be lucky and spot a kingfisher. Open 1 Mar-30 Oct, Tues-Thurs, Sat-Sun, 11.00am-5.30pm. **Cost is up to £10**

TRURO The Cornish Cyder Farm

a: Penhallow, TR4 9LW **t:** 01872 573356 **w:** www.thecornishcyderfarm.com

This 100-acre working farm produces over 40 different varieties of fruit products. Visit the press house, bottling and jam kitchen. Open Daily, times vary, please telephone to check. **Free entrance**

TRURO Trelissick Garden

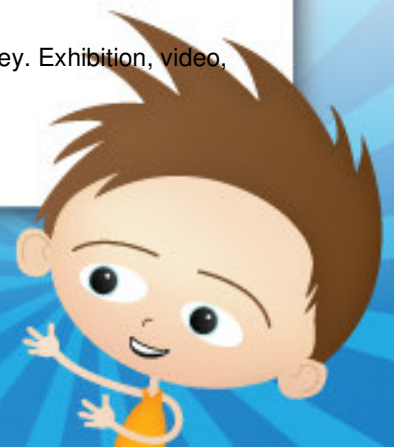
a: Feock TR3 6QL **t:** 01872 862090 **w:** www.nationaltrust.org.uk

The gardens are set on several levels with panoramic views. There is a Georgian stable block and craft gallery. Regular family events. Open 9 Feb-2 Nov, daily, 10.30am-5.30pm, 3 Nov-8 Feb, 11am-4pm. **Cost is up to £20**

WADEBRIDGE Porteath Bee Centre

a: St Minver, PL27 6RA **t:** 01208 863718 **w:** www.porteathbeecentre.co.uk

Look through glass to see how bees live and work together in colonies to make honey. Exhibition, video, 'play hive' and picnic area. Open Easter-Oct, daily, 10.30am-5pm. **Cost is up to £10**



HISTORY, ART & SCIENCE

BODMIN Bodmin Moor

A place of myths and legends, the area is dominated by dramatic granite tors towering over the open moorland. [Free entrance](#)

BODMIN Military Museum

a: *The Keep, PL31 1EG* **t:** 01208 72810

Learn about the Duke of Cornwall's Light Infantry and British military history from 1702 until 1959.

Open Mon-Fri, 9am-5pm. [Cost is up to £10](#)

BODMIN The Court Room Experience

a: *Shire Hall, Mount Folly, PL31 2DQ* **t:** 01208 76616 **w:** www.bodminmoor.co.uk

Witness the re-enactment of a 19th century murder trial and act as a member of the jury. What will your verdict be? Performances hourly, Easter-Oct, Mon-Sat, 11am-4pm; Nov-Easter, Mon-Fri. [Cost is up to £10](#)

BODMIN Lanhydrock House

a: *PL30 5AD* **t:** 01208 265950 **w:** www.nationaltrust.org.uk

Find out about life in a rich Victorian household, with 'Upstairs Downstairs' brought to life. Children's events in school holidays. The beautiful gardens are open all year, daily, 10am-6pm. House open 15 Mar-2 Nov, Tues-Sun & Bank Hol Mons, 11am-5.30pm, (5pm from Oct). [Cost is up to £30](#)

BODMIN Pencarrow House & Gardens

a: *Washaway, PL30 3AG* **t:** 01208 841369 **w:** www.pencarrow.co.uk

See a superb collection of pictures, furniture and porcelain in this Georgian house. Enjoy the surrounding gardens and woodland. House open 23 Mar-19 Oct, Sun-Thurs, 11am-5pm (last tour 3pm). Garden open Mar-Oct, daily. [Cost is up to £30](#)

BODMIN Bodmin Jail

a: *Berrycombe Road, PL31 2NR* **t:** 01208 76292 **w:** www.bodminjail.org

The jail dates back to 1776, is dark, dank and gloomy and has chilling tales to tell in the dungeons! Open daily, 10am-8pm. [Pay as you go](#)

BOLVENTOR Daphne du Maurier Smugglers at Jamaica Inn

a: *PL15 7TS* **t:** 01566 86250 **w:** www.jamaicainn.co.uk

See the inn that inspired the famous book and the museum that houses a captivating selection of smuggling artefacts. Open Apr-Oct, daily, 10am-5pm (7pm, Jul-Aug), Nov-Mar, 11am-4pm. [Cost is up to £10](#)

BOSCASTLE Boscastle Visitor Centre

a: *The Harbour, PL35 0HD* **t:** 01840 250010 **w:** www.visitboscastleandtintagel.com

Learn about the devastating flood of 2004 and the history of this fishing village. Open Mar-Oct, daily, 10am-5pm, Nov-Feb, 10.30am-4pm. [Free entrance](#)

CALLINGTON Callington Mural Trail

a: *Town Hall, New Road, PL17 7BD* **t:** 01579 384039 **w:** www.callington.uk.net

An amazing mixture of colourful and interesting murals adorns the walls of this town, the work of local artists, students and schoolchildren. Open all year. [Free entrance](#)

CALLINGTON Kit Hill Country Park

a: *PL17 8HW* **t:** 01579 370030

See Neolithic and Bronze Age burial mounds and also evidence of mining from medieval times to the First World War. Open all year. [Free entrance](#)



CAMBORNE Tehidy Country Park

a: TR14 0HA

Once part of a great estate belonging to the Bassett tin-mining family, the park has a mixture of woodlands and lakes. Open all year. [Free entrance](#)

CAMBORNE King Edward Mine

a: Troon, **t:** 01209 614681 **w:** www.kingedwardmine.co.uk

Find out about Cornwall's industrial heritage in the museums and then take a tour of the mill. Please telephone for opening details. [Cost is up to £10](#)

CAMELFORD The Arthurian Centre

a: Slaughterbridge, PL32 9TT **t:** 01840 212450 **w:** www.arthur-online.com

Is this where King Arthur fought his last battle? A sixth-century inscribed stone marks the site. Learn more in the exhibition centre. Open Easter-Oct, daily, 10am-5pm. [Cost is up to £10](#)

CAMELFORD British Cycling Museum

a: The Old Station, PL32 9TZ **t:** 01840 212811

See over 400 examples of cycles and many interesting artefacts from the world of cycling, including a frame and skin suit donated by Chris Boardman. Open Sun-Thurs, 10am-5pm. [Cost is up to £20](#)

FALMOUTH Falmouth Art Gallery

a: Municipal Buildings, The Moor, TR11 2RT **t:** 01326 313863 **w:** www.falmouthartgallery.com

A family-friendly gallery which holds various exhibitions throughout the year. There is a 'Kiddies' Corner' with a toy chest and activities box. Open Mon-Sat, 10am-5pm. [Free entrance](#)

FALMOUTH Pendennis Castle

a: TR11 4LP **t:** 01326 316594 **w:** www.english-heritage.org.uk

Enjoy the superb coastal location of this castle overlooking Falmouth. Visit the hands-on discovery centre, explore the secret underground wartime defences. Open Apr-Jun & Sept, daily, 10am-5pm (4pm, Sat), Jul-Aug, 10am-6pm (4pm, Sat), Oct-Mar, 10am-4pm. [Cost is up to £20](#)

FALMOUTH National Maritime Museum Cornwall

a: Discovery Quay, TR11 3QY **t:** 01326 313388 **w:** www.nmmc.co.uk

Learn all about the world of navigation, small boats and Cornish maritime history through interactive displays and presentations. Open daily, 10am-5pm. [Cost is up to £30](#)

HELSTON Helston Folk Museum

a: Market Place, TR13 8TH **t:** 01326 564027

Learn about many aspects of mainly Victorian history from the Lizard peninsula. A wide range of exhibits, from fire engines and swords to a costume gallery. Open Mon-Sat, 10am-1pm, (4pm in school hols). Closed Bank Hols. [Cost is up to £10](#)

HELSTON Poldark Mine

a: Wendron, TR13 0ES **t:** 01326 573173 **w:** www.poldark-mine.co.uk

Follow in the footsteps of 18th century tin miners and imagine the conditions they endured. Lots of fun pay-as-you-go activities, including gold panning. Open Mar 20-Nov 2 Sun-Fri, 10am-5.30pm, (daily, 19 Jul-31 Aug). [Cost is up to £20](#)

HELSTON Goonhilly Future World Experience

a: TR12 6LQ **t:** 0800 679593 **w:** www.goonhilly.bt.com

Journey into the future on a unique voyage of discovery and find out how life may be in the next century! Open daily, please telephone or check website for details. [Cost is up to £30](#)



LAUNCESTON Launceston Castle

a: Castle Lodge, PL15 7DR **t:** 01566 772365 **w:** www.english-heritage.org.uk

Climb right to the top via a dark passage in this town-centre castle. Then try your hand at brass rubbing or complete an activity quiz. Open Apr-Oct, daily, 10am-5pm, (6pm, Jul-Aug, 4pm, Oct). [Cost is up to £10](#)

LISKEARD Minions Heritage Centre

a: Minions, PL14 5LJ **t:** 01579 362350

See an interesting exhibition depicting the history of the local landscape, from the Stone Age to the present day. Please telephone for opening details. [Free entrance](#)

LISKEARD The Cheesewring

a: PL14

A fantastic natural rock formation near Minions. Climb to the top for some outstanding views. [Free entrance](#)

LISKEARD Carnglaze Slate Caverns

a: St Neot, PL14 6HQ **t:** 01579 320251 **w:** www.carnglaze.com

Tours venture 100 metres into the wooded hillside and 60 metres below ground! Explore three huge caverns and pass an eerie subterranean lake. Open Mon-Sat, 10am-5pm, (8pm, Aug). [Cost is up to £20](#)

LIZARD Lizard Wireless Station

t: 01326 561407 **w:** www.lizardwireless.org

See the station as it would have looked in 1901 when Marconi received his record-breaking wireless communication. Please telephone for opening details. [Free entrance](#)

LIZARD PENINSULA Lizard Lighthouse

t: 01326 290202 **w:** www.trinityhouse.co.uk

Visit Britain's most southerly lighthouse, first built in 1751. Enjoy an unforgettable visit to the engine room at the top of the tower. Please telephone for opening details. [Cost is up to £10](#)

LOOE Kilminorth Woods Local Nature Reserve

a: PL13

This area includes part of the Giant's Hedge, an Ancient Monument. Explore the network of paths and tracks. [Free entrance](#)

LOSTWITHIEL St Winnow Barton Farm Museum

a: St Winnow Barton, PL22 0LF **t:** 01208 873742 **w:**

This barn in the Fowey Valley houses a charming collection of implements from a bygone age, both agricultural and domestic. Open Easter-Oct, daily, 10am-6pm. [Free entrance](#)

LOSTWITHIEL Restormel Castle

a: PL22 0EE **t:** 01208 872687 **w:** www.english-heritage.org.uk

Climb to the top of the battlements and imagine yourself back in time. Plenty of picnic areas in the two acres of grounds. Open Apr-Oct, daily, 10am-5pm, (6pm, Jul-Aug, 4pm, Oct). [Cost is up to £10](#)

MARAZION St Michael's Mount

a: TR17 0EF **t:** 01736 710507 **w:** www.stmichaelsmount.co.uk

Explore the medieval castle and discover the legends of the Mount upon this magical island. Open 16 Mar-30 Jun, Sun-Fri, 10.30am-5pm; 1 Jul-31 Aug, 10.30am-5.30pm; 1 Sep-2 Nov, 10.30am-5pm. [Cost is up to £20](#)

MULLION The Marconi Centre

a: Poldhu, TR12 7JB **t:** 01326 241656 **w:** www.gb2gm.org.uk

Discover the fascinating story of Marconi, founder of modern telecommunications. The centre is near the site of his first successful wireless transatlantic transmission. Open May-Sept, Wed & Sun, 1.30-4.40pm, (& Thurs, Jul-Aug) Tues & Fri 7-9pm; Oct-Apr, Sun, 1.30-4.30pm. [Free entrance](#)



NEWQUAY Trerice

a: TR8 4PG **t:** 01637 875404 **w:** www.nationaltrust.org.uk

Explore this small Elizabethan manor house and follow the quiz trails. Enjoy the beautiful gardens and visit the children's play corner. Open 16 Mar-2 Nov, Sun-Fri, 11am-5pm. [Cost is up to £20](#)

NEWQUAY Tunnels Through Time

a: St Michaels Road, TR7 1RA **t:** 01637 873379 **w:** www.tunnelsthroughtime.co.uk

Exciting stories and legends of Cornwall come to life with more than 70 realistic life-size characters. Look out for the mermaid. Open Easter-Oct, Sun-Fri, (daily in school hols), from 10am, closing times vary. [Cost is up to £20](#)

PENZANCE Chysauster Ancient Village

a: Newmill, TR20 8XA **t:** 07831 757934 **w:** www.english-heritage.org.uk

Get a glimpse of life 2,000 years ago at the remains of this cluster of homesteads, unique to this part of the country. Open Mar 21-Oct, daily, 10am-5pm, (6pm, Jul-Aug, 4pm, Oct). [Cost is up to £10](#)

PENZANCE Penlee House and Park

a: TR18 4HE **t:** 01736 363625 **w:** www.penleehouse.org.uk

The house contains archaeological artefacts and exhibits reflecting local history. See if you can complete the children's quiz. Open May-Sept, Mon-Sat, 10am-5pm, Oct-Apr, 10.30am-4.30pm. [Cost is up to £10](#)

PENZANCE Ghost Walks

a: Penzance Tourist Information Centre, Station Approach, TR18 2NF **t:** 01736 331206

w: www.ghosthunting.org.uk

Discover the ghosts of Penzance with a well-known author and ghost hunter! Walks last about an hour and leave from the TIC at 8.30pm, please telephone to check walk dates. [Cost is up to £20](#)

PERRANPORTH Perranzabuloe Folk Museum

a: Ponsmere Road, TR6 0BW **t:** 01872 573321

Find out about the 'hidden churches' lost in the sand dunes and see parts of the Spitfire found after it had crashed on the beach. Open Easter-Oct, Tues & Thur 10.30am-4.30pm; Sat, 11am-1pm. [Free entrance](#)

PORHURNO Minack Theatre

a: TR19 6JU **t:** 01736 810181 **w:** www.minack.com

This open-air theatre hosts plays and musicals throughout the summer. The Rowena Cade Exhibition Centre tells the story behind its creation. Open Apr-Oct, daily, 9.30am-5.30pm (except during performances), Nov-Mar, 10am-4pm. [Cost is up to £10](#)

PORHURNO Porthcurno Telegraph Museum

a: Eastern House, TR19 6JX **t:** 01736 810966 **w:** www.porthcurno.org.uk

Visit a secret wartime communications centre concealed in the cliffs and explore the World War II tunnels. Open Easter-Oct, daily, 10am-5pm; Nov-Easter, please telephone for details. [Cost is up to £20](#)

REDRUTH Tolgus Tin

a: Tolgus Mill, New Portreath Road, TR16 4HN **t:** 01209 215185

See the last of the large tin stream works. A visitor centre displays intriguing original equipment. Get the 3D experience in the theatre. Please telephone for opening details. [Cost is up to £10](#)

REDRUTH Cornish Mines & Engines

a: Pool, TR15 3NP **t:** 01209 315027 **w:** www.nationaltrust.org.uk

View the 1887 winder which raised ore and men to the surface and follow the flue under the enormous EPAL chimney. Open 19 Mar-2 Nov, Sun-Mon & Wed-Fri, 11am-5pm. [Cost is up to £20](#)

REDRUTH South Crofty Tin Mine

a: Pool, TR15 3QT **t:** 01209 715777 **w:** www.southcrofty.co.uk

Take a tour through a labyrinth of tunnels and chambers in Cornwall's only working tin mine. See the shaft winding engine and blacksmith's shop. Open Mon-Fri, 9am-5pm; Sat, by appointment. [Cost is up to £30](#)



SALTASH Cotehele House Garden and Mill

a: St Dominick, PL12 6TA **t:** 01579 351346

The house was built in 1485 and has fine collections of tapestries and armour, and a splendid garden. Visit the mill nearby. Please telephone for opening details. [Cost is up to £30](#)

SCILLY ISLES Isles of Scilly Museum

a: Church Street, St Mary's, TR21 0JT **t:** 01720 422337 **w:** www.iosmuseum.org

Learn about the history of island life and local archaeology. Open Easter-Sept, Mon-Sat, 10am-4.30pm, Oct-Easter, 10am-12noon. [Cost is up to £10](#)

ST AGNES Blue Hills Tin Streams

a: Wheal Kitty, TR5 0YW **t:** 01872 553341 **w:** www.bluehillstin.com

Take a fascinating tour and learn how the ore is processed into brilliant white metal. Open Easter-Oct, Mon-Sat, 10.30am-5pm. [Cost is up to £20](#)

ST AUSTELL China Clay Country Park

a: Carthew, PL26 8XG **t:** 01726 850362 **w:** www.chinaclaycountry.co.uk

Visit the interactive visitor centre and learn how people lived in the shadow of the china clay tips. Open Easter-Oct, daily, 10am-6pm; please telephone for winter opening. [Cost is up to £20](#)

ST AUSTELL Shipwreck Rescue & Heritage Centre

a: Quay Road, Charlestown, PL25 3NJ **t:** 01726 69897 **w:** www.shipwreckcharlestown.com

Enjoy a fascinating exhibition of both local industry and artefacts from over 150 shipwrecks, including weapons and treasure. Open Mar-Oct, daily, 10am-5pm. [Cost is up to £20](#)

ST IVES The Wayside Museum

a: Zennor, TR26 3DA **t:** 01736 796945

Find out about the vivid story of the area's past through unusual displays and exhibits. Follow the children's quiz trail. Open Easter-Oct, Sun-Fri 10.30am-5pm. [Cost is up to £10](#)

ST IVES Ghost Walks

a: St Ives Tourist Information Centre, The Guildhall, Street an Pol, TR26 2DS **t:** 01736 331206

w: www.ghosthunting.org.uk

Discover the ghosts of St Ives with a well-known author and ghost hunter! Walks last about an hour and leave from the TIC at 8.30pm, please telephone to check walk dates. [Cost is up to £20](#)

ST JUST Levant Mine and Beam Engine

a: Trewellard, TR19 7SX **t:** 01736 786156

Enjoy the sights, sounds and smells of a working engine and learn about the dangers of mining life. Please telephone for opening details. [Cost is up to £20](#)

ST JUST Geevor Tin Mine

a: Pendeen, TR19 7EW **t:** 01736 788662 **w:** www.geevor.com

This mine was still working until 1990. Walk along dark and narrow underground passages and see how the miners worked. Open Sun-Fri, 9am-5pm, (4pm, Nov-Mar). [Cost is up to £30](#)

ST MAWES St Mawes Castle

a: Roseland, TR2 5DE **t:** 01326 270526 **w:** www.english-heritage.org.uk

The castle has bastions with gun placements and a gun room with cannons. Listen to the fascinating history on tape as you explore. Open Apr-Jun & Sept, Sun-Fri, 10am-5pm, Jul-Aug, 10am-6pm; Oct, daily, 10am-4pm; Nov-Mar, Fri-Mon, 10am-4pm; may close early some days for private events. [Cost is up to £20](#)

TINTAGEL Tintagel Visitor Centre

a: Bossiney Road car park, PL34 0HA **t:** 01840 779084 **w:** www.visitboscastleandtintagel.com

Learn more about this magical place, home to the legends of King Arthur, the coastline designated a Special Area of Conservation. Open Mar-Oct, daily, 10am-5pm, Nov-Feb, 10.30am-4pm. [Free entrance](#)



TINTAGEL Tintagel Castle

a: PL34 0HE **t:** 01840 770328 **w:** www.english-heritage.org.uk

Located on Cornwall's dramatic coastline, this is the legendary birthplace of King Arthur. The 13th century castle is still full of questions. Open Apr-Sept, daily, 10am-6pm, Oct, 10am-5pm, Nov-Mar, 10am-4pm. **Cost is up to £20**

TORPOINT Mount Edgcumbe House

a: Cremyll, PL10 1HZ **t:** 01752 822236 **w:** www.mountedgcumbe.gov.uk

Visit this elegant house which lies within an 800-acre country park containing formal gardens, Milton's Temple, the Folly and the Arch. Open 23 Mar-30 Sep, Sun-Thurs, 11 am-4.30pm. **Cost is up to £20**

TRURO The Royal Cornwall Museum

a: River Street, TR1 2SJ **t:** 01872 272205 **w:** www.royalcornwallmuseum.org.uk

See amazing objects, including an unwrapped Egyptian mummy! Learn about Cornish history and archaeology, natural history, minerals and fine and decorative art. Open Mon-Sat, 10am-4.45pm. Closed Bank Hols. **Free entrance**

TRIPS & TRANSPORT

BODMIN Bodmin & Wenford Railway

a: Bodmin General Station, PL31 1AQ **t:** 0845 125 9678 **w:** www.bodminandwenfordrailway.co.uk

Steam trains run daily Jun-Sept, also on selected dates Mar-May & Oct-Dec. Please telephone or check website for details of special events including Santa Specials. Early booking advised. **Cost is up to £30**

CALSTOCK Canoe Tamar

t: 0845 430 1208 **w:** www.canoetamar.co.uk

Paddle a canoe on the River Tamar with experienced guides. There is a selection of trips between Morwellham Quay, Cotehele and Calstock. Operates Easter-September **Cost is up to £75**

CALSTOCK Tamar Passenger Ferry

t: 01822 833331 **w:** www.calstockferry.co.uk

Take the ferry to historic Cotehele Quay. Telephone first to check the ferry is running as it is affected by tides. Operates Apr-Sept. **Pay as you go**

FALMOUTH Falmouth Pleasure Cruises

a: Prince of Wales Pier, **t:** 01326 212939 **w:** www.boattrips-falmouth.co.uk

Cruise the Helford River and Frenchman's Creek. Operates Apr-Oct, daily; Nov-Mar, pre-booking only. **Cost is up to £20**

FALMOUTH K and S Cruises

a: Prince of Wales Pier, **t:** 01326 316511

Take a two-hour cruise on the River Fal or Helford River. Operates Mar-Nov. **Cost is up to £20**

FALMOUTH St Mawes Ferryboat

a: Prince of Wales Quay, **t:** 01326 313201 **w:** kinharryscornwall.co.uk

Take a 25-minute trip to St Mawes and enjoy excellent views. Operates daily. **Cost is up to £20**

FALMOUTH Enterprise Boats

a: Prince of Wales Pier, **t:** 01326 313234 **w:** www.enterprise-boats.co.uk

Enjoy a cruise to Truro, St Mawes or Trelissick and if you wish, disembark at any of the landings and return on a later boat. Operates Apr-Oct. **Cost is up to £30**



FALMOUTH Smugglers Cottage Ferry

a: Prince of Wales Pier or Custom House Quay, **t:** 01872 580309

Enjoy a cruise to Smugglers Cottage at Tolverne. Operates May-Oct. **Cost is up to £30**

FALMOUTH Orca Sea-faris

a: The Cabin, A/P Docks, **t:** 01326 214928 **w:** www.orcasea-faris.co.uk

Go on an environmental adventure with the chance of seeing seals, dolphins, whales and other wildlife. Binoculars, information packs, equipment and commentary provided. Operates daily. **Cost is up to £75**

FOWEY Mevagissey Ferries

a: Whitehouse Quay, **t:** 07977 203394 **w:** www.mevagissey-ferries.co.uk

A passenger ferry service to Mevagissey. Operates daily 28 Apr-1 Oct. **Cost is up to £30**

FOWEY Fowey River Canoe Expeditions

a: The Boathouse, (next to Lifeboat Station), **t:** 01726 833627 **w:** www.foweyriverexpeditions.co.uk

See the Fowey at its best as you travel upstream in a shared or single canoe. Under 8s are free. Booking advised. Operates Whitsun-mid Sept. **Cost is up to £75**

HELTFORD Helford River Boats

a: The Quay, **t:** 01326 250770 **w:** www.helford-river-boats.co.uk

A ferry service to Helford Passage, plus trips to Trebah and Glendurgan Gardens in summer and river trips by arrangement. Operates 21 Mar-31 Oct. **Cost is up to £20**

LAND'S END Isles of Scilly Travel

a: Land's End Aerodrome, St Just **t:** 0845 710 5555 **w:** www.ios-travel.co.uk

Day return flights to Isles of Scilly. **Cost is up to £75**

LAUNCESTON Launceston Steam Railway

a: Newmills Station, PL15 8DA **t:** 01566 775665 **w:** www.launcestonr.co.uk

Take a ride on this narrow-gauge railway through the beautiful Kensey Valley. Open Mar 21-Mar 28 daily; Whitsun-mid Sept, Sun-Fri. **Cost is up to £30**

NEWQUAY Isles of Scilly Travel

a: Newquay Airport, St Mawgan, **t:** 0845 710 5555 **w:** www.ios-travel.co.uk

Day return flights to Isles of Scilly. **Cost is up to £75**

PENZANCE British International

a: The Heliport, **t:** 01736 363871 **w:** www.islesofscillyhelicopter.com

Day return helicopter flights to Isles of Scilly. **Cost is up to £75**

PENZANCE Isles of Scilly Steamship Group

a: Lighthouse Pier, **t:** 0845 710 5555 **w:** www.ios-travel.co.uk

A cruise to St Mary's with fascinating commentary and lasting just over two and a half hours. Pre-booking advisable. Operates Apr-Oct. **Cost is up to £75**

POLRUAN Polruan Ferry Company

t: 01726 870232

A passenger ferry service to Fowey. **Cost is up to £10**

SALTASH Sound Cruising

a: The Pier **t:** 01752 408590 **w:** www.soundcruising.com

A daily ferry service to Plymouth. Operates Apr-Sept. **Cost is up to £20**



SCILLY ISLES Island Rover Coach Tours

a: St Mary's, **t:** 01720 422131 **w:** www.islandrover.co.uk

Tours depart from Hugh Town twice a day for sightseeing trips around the island. Operates Apr-Sept. **Cost is up to £30**

SCILLY ISLES Halcyon Daze

a: St Mary's, **t:** 07748 805273 **w:** www.scillysail.co.uk

Explore the islands under sail in a catamaran. Trips of various lengths are available. Please book by telephone or via website. **Pay as you go**

SCILLY ISLES Island Sea Safaris

a: St Mary's, **t:** 01720 422732 **w:** www.islandseasafaris.co.uk

Join an exhilarating speedboat tour of the islands or take a trip where you can go snorkelling with seals. Operates Apr-Oct. **Pay as you go**

SCILLY ISLES St Mary's Boatmen's Association

t: 01720 423999 **w:** www.scillyboating.co.uk

Many of the local firms are members and offer a variety of trips departing regularly from the quay. **Pay as you go**

ST IVES St Ives Pleasure Boat Association

a: The Quay, **t:** 07821 774178 **w:** www.stivesboats.co.uk

Choose from a variety of trips including Seal Island or take a trip with commentary around the bay in a 106-year-old lifeboat! Operates Easter-Sept. Weather permitting. Please telephone to check. **Pay as you go**

ST NEWLYN EAST Lappa Valley Steam Railway

a: TR8 5LX **t:** 01872 510317 **w:** www.lappa-railway.co.uk

A 15"-gauge steam train takes you on a two-mile return journey to East Wheal Rose Leisure Park. Follow the brick path maze. Open Jun-Sept, daily, & Apr-May & Oct on selected dates. **Cost is up to £30**

TORPOINT Cremyll Ferry

a: Cremyll Quay, **t:** 01752 822105 **w:** www.tamarcruising.com

A passenger ferry service to Plymouth. **Cost is up to £10**

TRURO King Harry Ferry

a: Feock **t:** 01872 862312 **w:** www.kingharryscornwall.co.uk

Car and passenger ferry to Philleigh connecting St Mawes and the Roseland Peninsula with Feock, Truro and Falmouth. Operates daily **Cost is up to £10**

FUN & PLAY

FALMOUTH Ships & Castles Pool

a: Pendennis Headland, TR11 4NG **t:** 01326 212129 **w:** www.shipsandcastles.co.uk

Have fun with lots of water features, from waves to river-run rides. Open daily, call to check when facilities available. **Cost is up to £20**

GOONHAVERN Miniatura Park

a: TR4 9QE **t:** 01872 572828 **w:** www.miniaturapark.co.uk

Discover miniature world landmarks. Beware of the dinosaurs in the Jurassic Trail, feed and pet the animals in Goony Farm or play Fiesta golf. Open Easter-Oct, daily from 10am, closing times vary. **Cost is up to £30**

HAYLE Country Skittles

a: Townshend, TR27 6ER **t:** 01736 850209 **w:** www.countryskittles.com

Games galore in this unusual bar and restaurant. Over 60 games, from giant draughts to Jenga. Open Mon-Fri, 6-11pm (2-11pm school hols & Bank Hols), Sat, 2-11pm, Sun, 12noon-10.30pm. **Pay as you go**



HAYLE Trenhayle Adventure Park & Maize Maze

a: TR27 6HQ **t:** 01736 755631 **w:** www.maizemaze.com

Pit your wits against this exciting maze and have a go at the fun quiz trail. Play crazy golf, take a tractor ride or play in the giant sandpit. Bounce on the trampolines and ride in a go-kart. You can run off steam and race each other in the assault course then relax in the picnic area. Torchlight evenings during August. Open daily, Jul-Sept, 10am-6pm **Pay as you go**

HELSTON The Flambards Experience

a: TR13 0QA **t:** 0845 601 8684 **w:** www.flambards.co.uk

Brave the exciting rides, from the Hornet rollercoaster to the mighty 4G Thunderbolt! Don't miss the Victorian Village. Open Easter-Oct, daily, 10am-5pm; please telephone for winter opening. **Cost is up to £50**

LAND'S END Land's End Attractions

a: TR19 7AA **t:** 0870 458 0099 **w:** www.landsend-landmark.co.uk

Meet the animals of Greeb Farm, experience the 'Last Labyrinth' and hear tales of smugglers, shipwrecks and pirates! Open daily from 10am, closing times vary. **Pay as you go**

LAUNCESTON Hidden Valley Discovery Park

a: Tredidon, St Thomas, PL15 8SJ **t:** 01566 86463 **w:** www.hidden-valley.co.uk

Try your hand at the Crystal Challenges, visit One Chimney Cottage or take an exciting train ride through Alldig Mine. Open Whitsun-Sept, Sun-Fri, 10.30am-5pm, & Oct half term. **Cost is up to £30**

LISKEARD Colliford Kids Kingdom

a: Colliford Lake, St Neot, PL14 6PZ **t:** 01208 821469 **w:** www.collifordlakepark.com

Extensive parkland with countryside walks and plenty of activities, including an aerial rope glide, toboggan run, pedal karts and bumper boats. Open Easter-Oct, daily, 10.30am-5pm. **Cost is up to £20**

MEVAGISSEY World of Model Railways

a: Meadow Street, PL26 6UL **t:** 01726 842457 **w:** www.model-railway.co.uk

Here you can see trains passing through tiny worlds, from an English town to the Swiss Alps. Open Easter-Oct, daily, 10am-5pm; Nov-Easter, Sat-Sun term time, winter school hols daily, 10am-dusk. **Cost is up to £20**

NEWQUAY Oasis Fun Pool

a: Hendra Holiday Park, TR8 4NY **t:** 01637 875778 **w:** www.hendra-holidays.com

Watery fun with three exciting flumes, geysers, water cannon, toddler area with slide, plus a Mediterranean-style pool outside. Open Easter-Oct, daily, please telephone for opening times. **Cost is up to £20**

NEWQUAY Water World

a: Trenance Leisure Park, Edgecumbe Avenue, TR7 2LZ **t:** 01637 853828 **w:** www.newquaywaterworld.co.uk

Enjoy two pools, including a tropical fun pool with a fountain, waterfall, flumes and slides! Fun pool open 9 Feb-24 Dec, daily. Call to check times. **Cost is up to £20**

NEWQUAY Spheremia

a: St Erme, TR4 9BE **t:** 01872 275108 **w:** www.spheremia.com

Roll down a hill inside an inflatable sphere for an exhilarating ride! The harness sphere is best for over 12s. Open Easter-Sept, days vary. **Cost is up to £75**

NEWQUAY Holywell Bay Fun Park

a: Holywell Bay, TR8 5PW **t:** 01637 830095 **w:** www.holywellbay.co.uk

Ride around circuits to suit all ages, from Star Cars and Kiddie Karts to Junior and F1 Karts. Try adventure golf and get lost in the maze. Open Easter-Sept, daily from 10.30am, closing times vary; Oct, Sat-Sun, (daily in half term). **Pay as you go**



POLPERRO Polperro Model Village

a: Mill Hill, PL13 2RP **t:** 01503 272378

See in miniature many of the features that made Polperro famous and enjoy the model railway. Listen to tales of legends and superstitions. Open Easter-Oct daily from 10am. **Cost is up to £10**

PORTREATH Cornish Gold & Treasure Park

a: Tolgus Mill, TR16 4HN **t:** 01209 218198 **w:** www.treasurepark.co.uk

Lots to see including James Bond's Aston Martin and the car from Back to the Future. Brave the Tolgus Tin Haunted Mine! Open Mon-Sat, 9.30am-5.30pm, Sun, 10.30am-4.30pm. **Free entrance**

SALTASH The Great Cornish Maize Maze

a: Smeaton Farm, Pillaton, PL12 6RZ **t:** 01579 351833 **w:** www.cornishmaizemaze.co.uk

Lose yourself in this fun maze, and keep your brain in puzzle mode with a visit to the courtyard for more puzzles and games. Open mid Jul-Sept, daily, 10am-5pm. **Cost is up to £20**

ST AUSTELL Ben's Playworld

a: Stadium Retail Park, Par, PL25 3RP **t:** 01726 815553 **w:** www.bensplayworld.co.uk

Have fun in this huge multi-level play centre with slides, ball pools and more. Open Apr-Sept, daily, 10am-7pm; Oct-Mar, Wed-Sun. Open every day in school hols. **Cost is up to £20**

ST COLUMB Spirit of the West American Theme Park

a: Retallack Park, Winnard's Perch, TR9 6DE **t:** 01637 881160 **w:** www.wildwestthemepark.co.uk

See live action shows, look around the museums, visit the stores, pan for gold and try out the rifle range. Open May-Sept, Sun-Fri, 10.30am-5pm. **Cost is up to £30**

ST IVES The Play Zone

a: Laity Lane, Carbis Bay, TR26 3HW **t:** 01736 799499 **w:** www.play-zone.co.uk

Let off steam in this indoor adventure playground or have a game of laser tag. Open Jun-Aug, daily, 10am-11pm; Sept-May, Wed-Fri, 11am-7pm, Sat-Sun, 10am-7pm. **Cost is up to £10**

WADEBRIDGE Crealy Adventure Park

a: Tredinnick, PL27 7RA **t:** 01841 540276 **w:** www.crealy.co.uk

Family fun on the Thunder Falls log flume, sail aboard the mighty Viking Warrior and splash down the Raging Rivers! Look out for a new Sea Monster roller coaster for 2011 called Morgawr. Open 29 May-6 Sept, daily, 10am-5pm, (6pm in school summer hols); please telephone or see website for term time and winter openings. **Cost is up to £75**

ACTIVITIES

PORTREATH Bike Barn

a: Elm Farm, Cambrose, TR16 5UF **t:** 01209 891498 **w:** www.thebikebarn.org

Family cycle hire.

BODMIN Dragon LC*

a: Lostwithiel Rd, PL31 1DE **t:** 01208 75715 **w:** www.ncdc.gov.uk

* indicates centre has a swimming pool. Badminton, football, hockey, netball, squash, table tennis, toddler gym.

BODMIN Hengar LC*

a: St Tudy, PL30 3PL **t:** 01208 850382 **w:** www.hengarmanor.co.uk

* indicates centre has a swimming pool. Mini golf.

BUDE Adventure International Grenville Centre

a: Belle Vue, EX23 8JP **t:** 0870 777 5111 **w:** www.adventure.uk.com

Climbing, abseiling, mountain boarding, high ropes, caving, surfing, kayaking, canoeing, body boarding, dragon boating.



BUDE Atlantic Pursuits

a: 20 Priestacott Pk, Kilkhampton, EX23 9TH t: 01288 321765 w: www.atlanticpursuits.co.uk
Kayaking, canoeing, boogie boarding, surfing.

BUDE Big Blue Surf School

a: Beaches, EX23 t: 01288 331764 w: www.bigbluesurfschool.co.uk

BUDE Field Archery

a: Higher Broxwater, Kilkhampton, EX23 9RL t: 01288 321328

BUDE Harlequinns Leisure & Bowling Centre

a: Stuclely Rd, EX23 8AR t: 01288 355366 w: www.harlequinns.com

Ten pin bowling, adventure play area.

BUDE North Coast Cycles

a: 2 Summerleaze Ave, EX23 8RL t: 01288 352974

Family cycle hire.

BUDE Open-air Pool

a: Summerleaze Beach, t: 01208 262800 w: www.ncdc.gov.uk

Outdoor Pool.

BUDE Outdoor Adventure

a: Atlantic Court, Widemouth Bay, EX23 0DF t: 0845 603 1184 w: www.outdooradventure.co.uk

Climbing, abseiling, coastal walking, orienteering, coasteering, Surfing, kayaking, windsurfing, canoeing.

BUDE Raven Surf School

a: Widemouth Bay, EX23 0AW t: 01288 353693 w: www.ravensurf.co.uk

BUDE Shoreline Outdoor Pursuits

a: 11a Crooklets Beach, EX23 8NE t: 01288 354039 w: www.shorelineactivities.co.uk

Climbing, abseiling, archery, kayaking, surfing, canoeing.

BUDE Splash Leisure Pool

a: Stratton Rd, EX23 8AR t: 01288 356191 w: www.ncdc.gov.uk

Indoor Swimming Pool, water fun, flume.

BUDE Tamar Lake Watersports and Angling Centre

a: Upper Tamar Lake, Kilkhampton, EX23 9SB t: 01288 321712 w: www.itsadventuresouthwest.co.uk

Canoeing, dinghy sailing, angling, power boating, rafting, sailing, windsurfing, boat hire, kayaking, raft building, coasteering.

CALLINGTON Callington SC

a: Launceston Rd, PL17 7DR t: 01579 383477 w: www.callinton.scc

Badminton, football, martial arts, tennis, trampolining, gymnastics.

CAMBORNE Aldridge Cycles

a: 38 Cross St, TR14 8EX t: 01209 714970 w: www.cyclelife.com

Family cycle hire.

CAMELFORD Big Dunk's Paintball

a: Trevilly Farm, PL33 9EU t: 01840 211460 w: www.bigdunkspaintball.co.uk

Paintball, laser tag.

CAMELFORD Camelford LC*

a: Dark La, PL32 9UE t: 01840 213188 w: www.ncdc.gov.uk

*indicates centre has a swimming pool. Football, cricket, martial arts, tennis, badminton.

COVERACK Coverack Windsurfing Centre

a: TR12 6SY t: 01326 280939 w: www.coverack.co.uk

Wind surfing, kayaking, power boating.

FALMOUTH Falmouth Surf School

a: TR11 4QU t: 01326 212144 w: www.falmouthsurfschool.co.uk

FALMOUTH Mylor Boat Hire

a: Mylor Harbour, TR11 5UF t: 01326 377745 w: www.mylorboathire.co.uk

FALMOUTH Ocean Bowl

a: Falmouth Dock Station, Pendennis Rise, TR11 4LT t: 01326 313130 w: www.oceanbowl.co.uk

FALMOUTH Windsport International

a: Mylor Harbour, Churchtown Flushing, TR11 5US t: 01326 376191 w: www.windsport.co.uk

Sailing, windsurfing, kayaking, land yachting, raft building, power boating.



FEOCK Watersports Centre

a: Loe Beach, TR3 6SH **t:** 01872 864295 **w:** www.loebeachwatersports.com
Sailing, windsurfing, kayaking, canoeing, raft building, power boating, boat hire.

FOWEY Community LC

a: Windmill, PL23 1HE **t:** 01726 832908 **w:** www.fowey-leisure-centre.co.uk

Badminton, squash, tennis, basketball, martial arts, netball, outdoor swimming pool, table tennis, toddler gym, trampolining, gymnastics, play scheme, circus skills, dance classes.

FOWEY Fowey River Boat Hire

a: Millpool Yard 10, Passage St, PL23 1DE **t:** 01726 832874 **w:** www.fowey-river-boat-hire.co.uk

FOWEY River Canoe Expeditions

a: 47-49 Fore St, PL23 1DE **t:** 01726 833627 **w:** www.foweyriverexpeditions.co.uk

Canoeing, kayaking, boat trips.

GUNNISLAKE Delaware Outdoor Education Centre

a: Drakewells, Delaware Rd (groups only), PL22 0DE **t:** 01822 833885 **w:** www.cornwall.gov.uk

Archery, problem solving, orienteering, climbing, abseiling, canoeing, raft building, mountain biking, climbing wall, moorland walking.

HARLYN Harlyn Surf School

a: 16 Boyd Ave, PL28 8EX **t:** 01841 533076 **w:** www.harlynsurfschool.co.uk

HAYLE Hayle Outdoor Pool

a: St. Georges Memorial Walk, TR27 5AA **t:** 01736 755005 **w:** www.hayletowncouncil.net

HELSTON Coronation Park

a: off Porthleven Road, TR13 0SR

A great town park with a large boating lake, play area and skateboard park.

HELSTON Helston SC*

a: Church Hill, TR13 8YQ **t:** 01326 563320 **w:** www.kerrier.gov.uk

Indoor swimming pool.

HELSTON Poldark Mine

a: Wendron, TR13 0ES **t:** 01326 573173 **w:** www.poldark-mine.co.uk

Pottery painting, candle dipping, pot throwing, ceramic painting, dousing, wood turning.

LAUNCESTON Phoenix LC*

a: Coronation Pk, PL15 9DQ **t:** 01566 772551 **w:** www.ncdc.gov.uk

* indicates centre has a swimming pool. Squash, tennis, trampolining, martial arts, badminton, football, table tennis, toddler gym, supersonic gym 12-16 yrs.

LAUNCESTON Tactical Assault

a: St. Leonards, PL15 9QR **t:** 01566 775543 **w:** www.paintballpolson.co.uk

Paintball, horse riding.

LAUNCESTON Trethorne Premier Bowl

a: Trethorne Leisure Farm, Kennards House, PL15 8QE **t:** 01566 86324 **w:** www.trethorneleisure.co.uk

Ten pin bowling.

LISKEARD Kart World

a: Menheniot Station, Lower Clicker Rd, Menheniot, PL14 3PJ **t:** 01579 347229 **w:** www.kartworldcornwall.co.uk
Go Karts.

LISKEARD Lux Park LC*

a: Coldstyle Rd, PR14 3HZ **t:** 01579 342544 **w:** www.caradon.gov.uk

* indicates centre has a swimming pool. Badminton, tennis, squash, basketball, netball, football, hockey, martial arts, cricket, table tennis, toddler gym.

LISKEARD Siblyback Lake

a: Common Moor, PL14 6ER **t:** 01579 346522 **w:** www.swlakestrust.org.uk

Boat hire, windsurfing, fishing, adventure playground, canoeing.

LISKEARD Siblyback Watersports Centre

a: PL14 6ER **t:** 01579 346522 **w:** www.swlakestrust.org.uk

Windsurfing, sailing, kayaking, canoeing.

MARAZION Wheal Rodney Holiday Park

a: Gwallon, TR17 0HL **t:** 01736 710605 **w:** www.whealrodney.co.uk

Indoor Swimming Pool.



NEWQUAY Cornwall Surf Academy

a: Holywell Bay, TR8 5PW t: 0870 240 6693 w: www.cornwallsurfacademy.com
Surfing, body boarding.

NEWQUAY Dolphin Surf School

a: 17 Elliot Gdns, TR7 2QE t: 01637 873707 w: www.surfschool.co.uk

NEWQUAY English Surf Federation Surf School

a: Carnmouth Hotel, Headland Rd, Fistral Beach, TR7 1HN t: 01637 879571 w: www.englishsurfschool.com
Surfing, body boarding.

NEWQUAY Escape Surf School

a: 35 Fore St, TR7 1HD t: 07967 497117 w: www.escapesurfschool.co.uk

NEWQUAY Lusty Glaze Adventure Centre

a: Lusty Glaze Beach, TR7 3AE t: 01637 872444 w: www.adventure-centre.org
Zip wire, climbing, abseiling, surfing, body boarding, coastering.

NEWQUAY National Surfing Centre

a: Fistral Beach, TR7 1 HY t: 01637 850737 w: www.nationalsurfingcentre.com

NEWQUAY Newquay Paintball

a: TR8 4ND t: 01637 873988 w: www.newquaypaintball.com

Paintball, laser combat.

NEWQUAY Newquay SC

a: Yeoman Way, TR7 2SL t: 01637 875533 w: www.newquaysportscentre.co.uk
Badminton, climbing, gymnastics, squash, football, rugby, basketball, martial arts, volleyball, trampolining, toddlers gym, cricket, netball, hockey, table tennis.

NEWQUAY Newquay Tenpin Bowling

a: Porth Lodge Hotel, Porth Bean Rd, TR7 3LT t: 01637 874483 w: www.porthlodgehotel.co.uk

NEWQUAY O'Neill Surf School

a: TR7 1DX t: 01841 520052 w: www.oneillsurfacademy.co.uk

NEWQUAY Offshore Extreme

a: 6 Pentire Ave, TR7 1PA t: 01637 877083 w: www.offshore-extreme.co.uk

Surfing.

NEWQUAY Reef Surf School

a: Great Western Beach, TR7 1AR t: 01637 879058 w: www.reefsurflodge.com

NEWQUAY Shoreline

a: 7 Fore St, TR7 1HB t: 01637 879165

Family cycle hire.

NEWQUAY The Extreme Academy

a: Watergate Bay Beach, TR8 4AA t: 01637 860840 w: www.watergatebay.co.uk

Surfing, kite surfing, wave skiing.

NEWQUAY Water World

a: Trenance Leisure Pk, TR7 2LZ t: 01637 853828 w: www.newquaywaterworld.co.uk

Indoor Swimming Pool, water fun, flume, junior gym.

NEWQUAY Wooden Waves

a: Trenance Leisure Pk, TR7 2LZ t: 01637 853829 w: www.skatenewquay.co.uk

Skateboarding, BMX.

PADSTOW Padstow Cycle Hire

a: South Quay, PL28 8BL t: 01841 533533 w: www.padstowcyclehire.com

Adult and children bicycle hire, cycle trails.

PADSTOW Trail Bike Hire

a: South Quay, PL28 8BL t: 01841 532594 w: www.trailbikehire.co.uk

Adult and children bicycle hire, cycle trails.

PADSTOW Waves Surf School

a: PL28 8NW t: 01841 521230 w: www.wavessurfschool.co.uk

PENRYN BF Adventure

a: Goody Grane, Halvasso (groups only), TR10 9BX t: 01326 340912 w: www.bishopsforum.org
Climbing, abseiling, mountain boarding, archery, orienteering, canoeing, kayaking, snorkelling, raft building, zip wire, adventure quarry, problem solving.



PENTEWAN Pentewan Valley Cycle Hire

a: West End, PL26 6BX t: 01726 844242 w: www.pentewanvalleycyclehire.co.uk

Family cycle hire.

PENZANCE Globalboarders Surf School

a: TR20 9DU t: 08453 309303 w: www.globalboarders.com

PENZANCE Jubilee Bathing Pool

a: Promenade, TR18 t: 01736 798090 w: www.penwith.gov.uk

Outdoor pool.

PENZANCE Penzance LC*

a: St Clare, TR18 3QW t: 01736 874744 w: www.leisurecentre.co.uk

* indicates centre has a swimming pool. Creche, badminton, basketball, cricket, martial arts, football, netball, table tennis, tennis, trampolining, toddler gym.

PENZANCE The Cycle Centre

a: 1 New St, TR18 2LZ t: 01736 351671 w: www.cornwallcyclecentre.co.uk

Family cycle hire.

POLZEATH Animal Surf Academy

a: PL27 6BD t: 08702 422856 w: www.wavehunters.co.uk

Surfing, coasteering, kayaking.

POLZEATH Surfs Up! Surf School

a: PL27 6BD t: 01208 862003 w: www.surfsupsurfsschool.com

REDRUTH Carn Brae LC*

a: Station Rd, Pool, TR15 3QS t: 01209 714766 w: www.cblc.co.uk

* indicates centre has a swimming pool. Trampolining, football, badminton, cricket, bowls, basketball, netball, athletics, trampolining, hockey.

REDRUTH Radnor Golf & Ski Centre

a: Radnor Rd, TR16 5EL t: 01209 211059

Skiing, golf.

REDRUTH Stithians Watersports

a: TR16 6NW t: 01209 860301 w: www.swlakestrust.org.uk

Boat hire, windsurfing, fishing, adventure playground, canoeing.

SALTASH Saltash LC*

a: Callington Rd, PL12 6DJ t: 01752 840940 w: www.caradon.gov.uk

* indicates centre has a swimming pool. Dancing, martial arts.

SCILLY ISLES St Mary's Bike Hire

a: The Strand, St. Marys, TR21 0PT t: 01720 422289

Family cycle hire.

ST ANTHONY Sailaway Boat Hire

a: The Boathouse, TR12 6JW t: 01326 231357 w: www.stanthony.co.uk

ST AUSTELL Ocean Sports

a: 17 Westend, PL26 6BX t: 01726 842817 w: www.ocean-sports.co.uk

Family cycle hire, wetsuit hire, bodyboard hire.

ST AUSTELL Ozzell Bowl

a: Priory car park, Priory Rd, PL25 5AB t: 01726 77766

Ten pin bowling.

ST AUSTELL Polkyth LC*

a: Carlyon Rd, PL25 4DB t: 01726 223344 w: www.polkythleisure.co.uk

* indicates centre has a swimming pool. Squash, badminton, dancing, martial arts, table tennis, football, tennis, basketball, trampolining.

ST IVES St Ives LC*

a: Trenwith Burrows, TR26 1HB t: 01736 797006 w: www.leisureconnection.co.uk

* indicates centre has a swimming pool. Football.

ST JUST St Just SC

a: Cape Cornwall St, TR19 7JX t: 01736 787856

Football, hockey, martial arts, cricket, table tennis, trampolining, volleyball, basketball, badminton, netball.



THE LIZARD Action Adventure

a: Predannack Property, TR12 7AU **t:** 01326 240020 **w:** www.actionpaintballthelizard.tripod.com
Paintball.

TRURO ATV Quad Biking Centre

a: Grey Stables, Blackwater, TR4 8HJ **t:** 01872 560753 **w:** www.atv-centre.com

TRURO Bike Chain Bissoe Bike Hire

a: Old Conns Works, Bissoe, TR4 8QZ **t:** 01872 870341 **w:** www.cornwallcyclehire.com
Family cycle hire.

TRURO Pirate Paintball

a: TR3 6AD **t:** 01872 241303 **w:** www.pirate-paintball-games.co.uk
Paintball, archery.

TRURO Truro Bowl

a: Units 1-2 Oak Way Moresk, TR1 1DW **t:** 01872 222333 **w:** www.trurobowl.co.uk
Ten pin bowling.

TRURO Truro LC*

a: College Rd, Gloweth, TR1 3GA **t:** 01872 261628 **w:** www.truroleisurecentre.co.uk

* indicates centre has a swimming pool. Badminton, netball, football, basketball, volleyball, martial arts, fencing, climbing.

WADEBRIDGE Bridge Bike Hire

a: Eddystone Rd, PL27 7AL **t:** 01208 813050 **w:** www.bridgebikerehire.co.uk
Family cycle hire, camel trail.

WADEBRIDGE Bridge Cycle Hire

a: Eddystone Rd, PL27 7AL **t:** 01208 814545 **w:** www.cyclehirecornwall.co.uk
Family cycle hire, camel trail.

WADEBRIDGE Camel Trail Cycle Hire

a: Eddystone Rd, PL27 7AL **t:** 01208 814104
Family cycle hire, camel trail.

WADEBRIDGE St Eval Kart Circuit

a: St Eval, PL27 7UN **t:** 01637 860160 **w:** www.cornwalkarting.com
Go Karts.

WADEBRIDGE Wadebridge LC*

a: Bodieve Rd, PL27 6BU **t:** 01208 814980 **w:** www.ncdc.gov.uk

* indicates centre has a swimming pool. Basketball, badminton, roller skating, hockey, football, table tennis, squash, toddlers gym, trampolining bouncy castle.

ENTERTAINMENT

FALMOUTH Phoenix

a: Berkeley Vale, TR11 3PL **t:** 01326 313072 **w:** www.cromer-movieplex.com

FALMOUTH Princess Pavilion

a: Melvill Rd, TR11 4AR **t:** 01326 211222 **w:** www.carrickleisureservices.org.uk

FALMOUTH The Poly Arts Centre

a: 24 Church St, TR11 3EG **t:** 01326 212300 **w:** www.thepoly.org

HELSTON Flora

a: Wendron St, TR13 8PT **t:** 01326 569977 **w:** www.cromer-movieplex.com

LISKEARD Sterts Theatre

a: Upton Cross, PL14 5AZ **t:** 01579 362382 **w:** www.sterts.co.uk

NEWQUAY Lane Theatre

a: TR8 4PX **t:** 01637 876945 **w:** www.lanetheatre.co.uk

PENZANCE Acorn Arts Centre

a: Parade St, TR18 4BU **t:** 01736 365520 **w:** www.acornartscentre.co.uk

PENZANCE Savoy

a: Causewayhead, TR18 2SN **t:** 01736 363330 **w:** www.cromer-movieplex.com



REDRUTH Regal

a: 6 Fore St, TR15 2AZ **t:** 01209 216278 **w:** www.cromer-movieplex.com

ST IVES Royal

a: Chapel St, TR26 2ND **t:** 01736 796843 **w:** www.cromer-movieplex.com

ST IVES St Ives Theatre

a: Kidz R Us, Lower Stennack, TR26 1QG **t:** 01736 797007 **w:** www.kidzrus.net

TRURO Hall For Cornwall

a: Back Quay, TR1 2LL **t:** 01872 262466 **w:** www.hallforcornwall.co.uk

TRURO Kneehigh Theatre

a: 14 Walsingham Pl, TR1 2RP **t:** 01872 267910 **w:** www.kneehigh.co.uk

TRURO The Plaza At Truro

a: 69 Lemon St, TR1 2PN **t:** 01872 272894 **w:** www.wtvcinemas.co.uk

WADEBRIDGE Regal

a: The Platt, PL27 7AD **t:** 01208 812791 **w:** www.wtvcinemas.co.uk

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