

Emergencies Happen; We are here when they do.

# Your Emergency Department Visit — Be Prepared!

Tearly 19,000 people a year with sudden and acute illness or injury seek Gila Regional's Emergency Department (ED). Many times, people who end up in the emergency room are not alert enough to communicate essential information that could be a matter of life and death. Therefore, it is extremely important to plan ahead for an emergency.

# What to Bring to the Emergency Department

- Identification (drivers license or passport)
- Social Security card or Social Security number
- Health coverage information (Insurance, Medicaid or Medicare card)
- Current medications list that includes the dose and how often you take it
- List of any over-the-counter medicines, herbs and vitamins that you take every day
- List of any adverse side effects to medication experienced in the past
- Information about known allergies or physical health problems
- Names and contact information for your primary care practitioner and medical specialists (e.g., cardiologist, urologist)
- Notepad and pen to jot down specific questions, concerns and follow-up care instructions
- Please do not eat or drink while you are waiting for emergency services — it could cause more waiting for tests later.

### What not to bring:

- Leave valuables (cash, jewelry, and so on) at home
- Leave knives or guns at home

"We want you to recover quickly. If you don't understand what you're supposed to do when you leave the ER, ask—and ask again if necessary."

— GRMC Emergency Department Director Max Rothpletz, RN

# For more information online: http://www.grmc.org/Our-Services/Emergency-Medicine/Emergency-Room.aspx

## **ED Visitor Policy**

In the Emergency Department treatment area, visitors are generally limited to:

#### For children:

Parents or one family member

#### For adults:

One care partner or family member

This helps eliminate congestion so that emergency personnel can move freely, and it preserves your privacy and the privacy of other patients.

## Why do I have to wait?

Critical life threatening problems are taken care of immediately. The sickest or most severely injured people are prioritized and seen first. You may not always be aware of other patients who require our immediate attention. A quiet, empty waiting room can sometimes be misleading as ambulances come in where they can't be seen.

# Your Hospital Bill for Emergency Dept. Visits

Your bill for Emergency Department services includes charges pertaining to nursing services, ancillary and technical personnel services, the technical component related to diagnostic services, including imaging studies, pathology studies, equipment, supplies, medications, and other treatments, etc.

The Hospital Bill does not include charges for the Emergency Physician or Provider's professional services, the professional services of the Pathologist, Radiologist, Surgeon, Anesthesiologist, Certified Registered Nurse Anesthetist, physician consultant, or other physician or practitioner.

Personal Medical History Form		
Name:		Birth date:
Mailing A	Address/Zip:	
Phone:		
Insurance Carrier:		
Group Number:		
Current Medical Condition:		
Past Surgeries:		
Physician:		phone:
Specialist: phone:		phone:
	Current Medications — Pr	escription and Non-prescription
Date	Description	Dose