



**FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Duck, Dodge, Dip, Dive, Dodge YMCA Dodge Ball Fall 2015



**Ages: 7 to 10 years old
11 to 14 years old**

When: Saturday, September 19th – October 17th

Where: Westside YMCA Skating Rink

All participants will be randomly placed on a team where they will compete against other teams in a weekly recreational league. This league is for the enjoyment of youth participating in a team atmosphere. Each participant will receive a team colored tee-shirt. The shirts come in youth and adult sizes. The only equipment recommended is eye goggles.

Time: 10:00 am – 2:00 pm

Cost: \$30 (YMCA Member)

\$35 (YMCA Non-Member)

Registration: 8/17/15 – 9/11/15

Register by phone: 517-827-9670

Register online at: www.ymcaoflansing.org

Childs Name: _____ **Age:** _____

Contact Phone # _____ **Parents Name:** _____

Request to play with a friend: _____ **Shirt Size:** _____

Class (circle one): Ages: 7-10

Ages: 11-14

CONTACT INFORMATION:

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Sports Coordinator

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Westside Community YMCA

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