



Child Care Emergency Plan for Allergic Reactions

Name of Child: _____ D.O.B: _____

ALLERGY TO: _____

Asthma Yes* No *Higher Risk for severe reaction

SIGNS OF AN ALLERGIC REACTION:

Systems

- MOUTH
- THROAT
- SKIN
- GUT
- LUNG
- HEART

Symptoms

itching & swelling of the lips, tongue, or mouth
 itching and/or a sense of tightness in the throat, hoarseness and hacking cough
 hives, itchy rash, and/or swelling about the face or extremities
 nausea, abdominal cramps, vomiting, and/or diarrhea
 shortness of breath, repetitive coughing, and/or wheezing
 "thready" pulse, "passing-out"

The severity of symptoms can quickly change. All the above symptoms can potentially progress to a life-threatening situation.

Action for MINOR reaction:

If symptom(s) are: _____

1. Administer: _____ Medication/dose/route

2. Then call: Parent/Guardian and Health Care Provider

3. If condition does not improve within 10 minutes, see steps for Severe Reaction below:

Action for SEVERE reaction:

If symptom(s) are: _____

1. Administer: _____ IMMEDIATELY!

Medication/dose/route

2. Call: 911 - Describe reaction; stay on the line for directions.

3. Call: Parent or Guardian

4. Call: Health Care Provider

Parent/guardian Name _____ Phone _____

Parent/guardian Signature _____ Date: _____

Health Care Provider Name _____ Phone _____

Health Care Provider Signature (Required) _____ Date: _____

Emergency Contacts

1. _____ Relation: _____ Phone _____

2. _____ Relation: _____ Phone _____

3. _____ Relation: _____ Phone _____

Child Care Staff Trained to use EpiPen

1. _____ Training Date _____

2. _____ Training Date _____

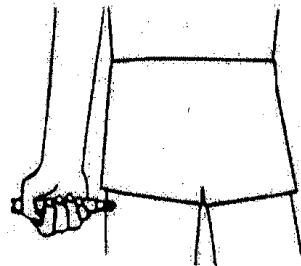
3. _____ Training Date _____

EPIPEN® and EPIPEN® Jr. Directions

1. Pull off blue safety release.



**2. Hold orange tip near outer thigh
(Always apply to thigh).**



3. Place firmly against thigh and press until Auto-injector mechanism functions.

- Hold in place and count to 10
- The EpiPen should then be removed
- Massage the injection area for 20 seconds
- Take EpiPen with you to the Emergency Room