# 2011 Fall Fling -CLOSED INVITATIONAL 

FRIDAY, SATURDAY, and SUNDAY, November 18, 19, \& 20, 2011

| Meet Director: | Beth Sole PH. (630) 231-3107 <br> Email: meetdirector@wcsharks.org |
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| Entry Chairpersons: | Carolyn Reitz, Ph (630) 293-7607 <br> 995 Willow Creek Road, West Chicago, IL 60185 |

## SANCTIONS: Sanctioned by United States Swimming and Illinois Swimming, Inc. SANCTION No TBD

All USA Swimming and ISI swimming rules and ISI Safety rules will be strictly enforced.
LOCATION: West Chicago Community High School District \#94 Pool, 326 Joliet St., West Chicago, Illinois; one mile north of Rt. 38. The school is a no-smoking facility. Likewise, there is no smoking allowed on the grounds.

POOL: The West Chicago High School District \#94 Pool is a 25 -yard six lane pool with starting blocks at one end (depth at blocks: 10'0"), non-turbulent lane lines, Daktronics horn start system and General Display Devices Swimtime II timing system with six-lane read-out board. Spectator seating is available for 400. The competition course has not been certified in accordance with 104.2.2C(4).

## SCHEDULE:

| Friday 1 : | Warm-ups: $\quad$ 5:00-5:45 PM <br> First Splash: 6:00 PM <br> Positive check-in closes at 5:20 PM |
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| Saturday 2: | Warm-ups: 7:00-7:45 AM <br> First Splash: 8:00 AM <br> Positive check-in closes at 7:20 AM |
| Saturday 3: | Warm-ups: Immediately following session 2, not before Noon First Splash: not before 1:00 PM Positive check-in closes at 12:20 PM |
| Saturday 4: | Warm-ups: Immediately following session 3 <br> First Splash: not before 4:00 PM <br> Positive check-in closes at 2:20 PM |
| Sunday 5: | Warm-ups: 7:00-7:45 AM <br> First Splash: 8:00 AM <br> Positive check-in closes at 7:20 AM |
| Sunday 6: | Warm-ups: Immediately following 5 session, not before Noon First Splash: not before 1:00 PM Positive check-in closes at 12:20 PM |
| Sunday 7: | Warm-ups: Immediately following 6 session <br> First Splash: not before 4:00 PM <br> Positive check-in closes at 2:20 PM |

ENTRIES: All entries shall comply with the current 2011 U.S.A Swimming, Inc. and Illinois Swimming, Inc. rules. Current 2011 registration numbers, age, first name, middle initial, and last name must appear on all entry blanks. Only U.S.A Swimming registered swimmers are eligible. No swimmer's entry will be accepted unless he/she is registered or has been duly certified in accordance with the U.S.A Swimming Code and Rule Book of 2011. Entries listed "registration applied for" will not be accepted. Age for this meet shall be the swimmer's age as of November 18, 2011. Entries will be accepted from swimmers with disabilities. The pool facility's meet or surpass all accessibility requirements as listed on page 3 of Illinois Swimming Inc's, current meet director's manual. Illinois registration applications may be obtained from Illinois Swimming, Inc. Any swimmer entered in the meet must be certified by a USA swimming member coach as being proficient in performing a racing start or must start each race within in the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

STARTS: The FINA start procedures will be applied (no re-call rope and whistle commands).
SEEDING: Submit swimmers' best times to assure proper seeding. Swimmers will be seeded from slowest to fastest. All nonconforming times will be seeded last in rank order.

LIMITATIONS: Friday: Swimmers may enter only one event for their age group. Saturday and Sunday: Swimmers are limited to three (3) individual events and one (1) relay event for 8 and under swimmers only each day. All sessions: Events may be combined. Relay swimmers must be entered in at least one individual event. Deck entries will not be permitted.

ENTRY FEES: Individual events are $\$ 3.00$ each. Relay events are $\$ 7.00$ per event. A surcharge of $\$ 2.00$ per swimmer has been instituted by ISI, Inc. for the Athlete Travel Reimbursement Fund. Make checks payable to the West Chicago Sharks.

DEADLINE: This meet is a closed invitational. Entries will be accepted beginning ( 5 weeks) October 14, 2011 at 10:00am. Hand delivered, phoned or faxed entries will NOT be accepted. E-mail entries are accepted as a method of entering this meet. You may also use US Post Office, Fed Ex or any other overnight or courier service. If using e-mail, please e-mail your zipped files beginning at 10:00 am, Central Standard Time on Friday, October 14, 2011 to meetdirector@wcsharks.org. A completed and signed Entry Summary Sheet, provided in this packet, and payment in full must be received by the Entry Chair within 72 hours of receipt of your e-mailed entry. An entry is not complete until all necessary paperwork including Entry Summary Sheet, Volunteer Sheet, Summary of Fees Report and check for entry fees made payable to West Chicago Sharks Swim Team are received. Entries that are expressed mail should be delivered with no signature required. If you desire verification of entries received, include an email address or a self-addressed postal card with your entries. Entries must be received by (two weeks) November 4, 2011. All updates to your team's entries (times and new/deleted swimmers) will be accepted via email to meetdirector@wcsharks.org 10 days before the meet. DECK ENTRIES WILL NOT BE ACCEPTED.

FORMS: A printout of the disk's data should also be provided along with the disk, to allow a cross-check for I.S.I numbers, ages, etc. If not on a computer disk, entries must be submitted on the enclosed meet entry form. Entry forms must be LEGIBLE and completed in full. Also, the original of the enclosed Summary of Fees and Release Form signed by the coach, parent, or club representative must accompany all entries, along with your check. Failure to comply with any of these requirements is sufficient cause to reject those entries. If you desire verification of entries received and/or accepted, include a stamped self-addressed postal card with your entries.

CHECK-IN: This meet is a "positive check-in" meet. That is, each swimmer will be asked to stop at the check-in desk upon entering the pool and confirm their presence. If a swimmer has not checked-in at the desk, he/she will be scratched from their events for that day. Swimmers need to check-in each day if they are entered in multiple sessions. Positive check-in is according to schedule on page 1.

| AWARDS: |  |
| :--- | :--- |
| 'A' Individual Events | First thru Sixth |
| 'B' Individual Events | First thru Sixth |
| 'C' Individual Events | First thru Sixth |
| Relay Events | First thru Third |

If ribbons are not given a commemorative gift will be given to every swimmer.
RESULTS: Results will be posted as the meet progresses. One copy of the results will be provided to all teams represented by five (5) swimmers or more. Individuals may purchase a copy of the final results for $\$ 10.00$ by contacting meetdirector@wcsharks.org.

COACHES: Coaches must be current USA Swimming coaches to be allowed on deck and must continuously display their USA Swimming coaching membership card at all times.

SECURITY: No one will be allowed on deck except USA swimmers, coaches, meet officials and meet workers.
PARENT WORKERS/OFFICIALS: There will be a need for Officials and Timers. Anyone willing to help should fill in the information requested on the VOLUNTEER sheet. Any team with more than six (6) swimmers in a session may have an assigned lane to time for that session. Lane timer assignments for teams will be emailed prior to the meet, posted and announced. Free admission for volunteer timers for the number assigned per team. A Chief Timer for each team needs to be emailed to the meet director 10 days before the meet.

CONCESSIONS: Food and beverages will be available for sale. NO FOOD or DRINK (only WATER) IS ALLOWED IN THE FIELD HOUSE. Cooler storage is provided in the Concessions area. A hospitality room is provided for coaches and officials on deck. There is absolutely no smoking allowed on the school grounds or in the buildings.

ADMISSIONS: Friday evening session: $\$ 4.00$ for adults, no charge for children under age 16; Saturday and Sunday $\$ 5.00$ per adult, no charge for children under age 16. Wrist bands will be issued at the admissions table. All spectators must display this wrist band during the meet. Reluctance to adhere with this policy may be grounds for ejection of the spectator and his/her respective team. Heat Sheets will be available Saturday and Sunday 20 minutes after the first splash of each session for $\$ 5.00$ each.

HOTELS INFO: Accommodations are available at nearby hotels. Please visit our website or contact the meet directors for more detailed info.

## SAFETY REQUIREMENTS

## WARM-UP Procedure:

## A. WARM-UP PROCEDURES

WCS will assign warm up lanes and times to the participating teams. We do not use General Warm Ups for this meet. Teams will be notified two weeks prior to the meet as to warm up assignments. USA-S and ISI warm up rules and procedures will remain in effect for the assigned warm ups.

## B. SAFETY GUIDELINES

1. Coaches Responsibilities
a. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
b. Coaches shall actively supervise their swimmers throughout the warm-up session at meets and all practices.
2. Host Team Responsibilities
a. Marshaling
1) A minimum of two (2) marshals, who report to and receive instructions from the Meet Referee, shall be on the deck during the warm-up session.
2) Marshals shall have the authority to remove from the deck, for the remainder of the warm-up session, any swimmer or coach who is in violation of safety or warm-up procedures.
b. The host team shall provide signs for each lane at both ends of the pool, which indicate the designated use during warm-up.
c. Warm-up times and lane assignments shall be published in the meet information and posted at several locations around the pool area. The following statement shall appear in the information: "Illinois Swimming, Inc. Safety Guidelines and Warm-up Procedures will be in affect at this meet."
d. An announcer shall be on duty for the entire Warm-up session to announce lane and/or time changes and to assist with the conduct of the Warm-up.
e. Hazards in locker rooms, on the deck area or in areas used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.
3. Miscellaneous:
a. Backstrokes shall ensure that they are not starting at the same time as a swimmer on the blocks.
b. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
c. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
d. Warm-up procedures shall be enforced for any breaks scheduled during the competition.
e. The Referee may restrict use of bands, hand paddles, or fins during warm-up. The Referee shall have control over mitigation actions necessary to relieve situations deemed as dangerous or impairing the safety of other swimmers.

## SUMMARY OF FEES

## WEST CHICAGO SHARKS

## 2011 Fall Fling

FRIDAY, SATURDAY, and SUNDAY, November 18, 19, \& 20, 2011
SANCTION No. USA TBD
Complete this form and mail along with entry forms and check payable to:
West Chicago Sharks
c/o: Carolyn Reitz, Ph (630) 293-7607
995 Willow Creek Road, West Chicago, IL 60185
\# of Entries
@ $\$ 3.00=$
\$ $\qquad$
Total Swimmers (ISI Surcharge) $\qquad$ @ $\$ 2.00=$
\$ $\qquad$
\# of Relay Entries
@ $\$ 7.00=$
\$ $\qquad$
Total Fees
\$ $\qquad$

Name of Club $\qquad$
Club Code (for Scoring) $\qquad$ USS Affiliation $\qquad$
Complete Mailing Address: $\qquad$

EMAIL Address:
Name \& Phone of Contact Person:
Names of Coaches in Attendance:

In consideration of the acceptance of this entry, I, intending to be legally bound on behalf of myself, my club, and all participants in the meet from my club, hereby consign, waive, and release any and all rights and claims for damages which may accrue against United States Swimming, Inc., Illinois Swimming, Inc., West Chicago Sharks, Inc. West Chicago Community High School District \#94, their representatives, directors, officers, employees, or successors for any and all injuries suffered by me or any contestant or representative in said Meet, as a representative of my Club. "I attest that all athletes included in this entry and participating in this sanctioned event are duly registered as current athlete members of USA Swimming."

| Signature of Coach, Club Rep., or Parent 1 Title 1 Date |
| :--- |
| THIS SIGNED RELEASE AND YOUR CHECK MUST ACCOMPANY ENTRY OR ENTRY WILL NOT BE ACCEPTED. |
| ENTRIES MUST BE RECEIVED NO LATER THAN NOVEMBER 4, 2011. ALL FEES MUST BE PAID IN FULL BY |
| NOVEMBER 18, 2011. |

## VOLUNTEERS NEEDED

Yes, I can help at the West Chicago Shark Fall Fling<br>November 18, 19, \& 20, 2011

We will need timers and officials. Each team will likely be asked to supply timers for an assigned lane for the entire meet.

Name of Club $\qquad$

NAME
PHONE or E-mail (OFFICIAL/TIMER) SESSION
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## WEST CHICAGO SHARKS

2011 Fall Fling
November 18, 19, \& 20, 2011
Sanction No. TBD

| Friday, November 18, 2011 |  |
| :--- | :--- |
| SESSION 1: | Warm-ups start at 5:00 PM |
|  | First splash at 6:00 PM |
|  | (only one event per swimmer) |


| GIRLS | AGE GROUP DISTANCE | STROKE | BOYS |
| :--- | :--- | :--- | ---: |
|  |  |  |  |
| 1 | $10 \& \mathrm{U}$ | 200 IM | 2 |
| 3 | $11-12$ | 200 IM | 4 |
| 5 | $13-14 /$ Senior | 400 IM | 6 |
| 7 | $10 \& \mathrm{U}$ | 200 FREE | 8 |
| 9 | $11-12$ | 200 FREE | 10 |
| 11 | $13-14 /$ Senior | 500 FREE | 12 |

Saturday, November 19, 2011

| SESSION 2: | Warm-ups start at 7:00 AM |
| :--- | :--- |
|  | First splash at 8:00 AM |


| 13 | $10 \& U$ | 100 FREE | 14 |
| :--- | :--- | :--- | :--- |
| 15 | $11-12$ | 100 FREE | 16 |
| 17 | $10 \& U$ | 50 BREAST | 18 |
| 19 | $11-12$ | 50 BREAST | 20 |
| 21 | $10 \& U$ | 50 BACK | 22 |
| 23 | $11-12$ | 50 BACK | 24 |
| 25 | $10 \& U$ | 100 FLY | 26 |
| 27 | $11-12$ | 100 FLY | 28 |
| 29 | $10 \& U$ | 200 FREE RELAY | 30 |
| 31 | $11-12$ | 200 FREE RELAY | 32 |


| SESSION 3: | Warm-ups start at 12:00PM <br> First splash at 1:00 PM |  |  |
| :--- | :--- | :--- | :--- |
|  |  |  | 34 |
| 33 | $8 \& \&$ | 50 FREE | 36 |
| 35 | $13-14 /$ Senior | 200 FREE | 38 |
| 37 | $8 \& \mathrm{U}$ | 25 FLY | 40 |
| 39 | $13-14 /$ Senior | 50 FREE | 42 |
| 41 | $8 \& \mathrm{U}$ | 25 BACK | 44 |
| 43 | $13-14 /$ Senior | 100 BREAST | 46 |
| 45 | $8 \&$ U | 100 FREE RELAY | 46 |
| 47 | 13-14/Senior | 200 FLY | 48 |
| 49 | 13-14/Senior | 200 BACK | 50 |
| 51 | 13-14/Senior | 200 FREE RELAY | 52 |

SESSION 4: Warm-ups begin immediately following session 3.
First splash not before 4 PM
Open
1000 FREE 54

## Sunday, November 20, 2011

| SESSION 5: | Warm-ups start at 7:00 AM |
| :--- | :--- |
|  | First splash at 8:00 AM |


| GIRLS | AGE GROUP DISTANCE STROKE | BOYS |  |
| :--- | :--- | :--- | ---: |
|  |  |  |  |
| 55 | $10 \& U$ | 100 IM | 56 |
| 57 | $11-12$ | 100 IM | 58 |
| 59 | $10 \& \mathrm{U}$ | 100 BREAST | 60 |
| 61 | $11-12$ | 100 BREAST | 62 |
| 63 | $10 \& \mathrm{U}$ | 50 FREE | 64 |
| 65 | $11-12$ | 50 FREE | 66 |
| 67 | $10 \& \mathrm{U}$ | 50 FLY | 68 |
| 69 | $11-12$ | 50 FLY | 70 |
| 71 | $10 \& \mathrm{U}$ | 100 BACK | 72 |
| 73 | $11-12$ | 100 BACK | 74 |
| 75 | $10 \& \mathrm{U}$ | 200 MED RELAY | 76 |
| 77 | $11-12$ | 200 MED RELAY | 78 |


| SESSION 6: | Warm-ups start at 12:00PM <br> First splash at 1:00 PM |  |  |
| :--- | :--- | :--- | :--- |
|  |  |  |  |
| 79 | $8 \&$ U | 25 FREE | 80 |
| 81 | $13-14 /$ Senior | 200 IM | 82 |
| 83 | $8 \& \mathrm{U}$ | 25 BREAST | 84 |
| 85 | $13-14 /$ Senior | 100 FREE | 86 |
| 87 | $8 \& \mathrm{U}$ | 100 IM | 88 |
| 89 | $13-14 /$ Senior | 100 FLY | 90 |
| 91 | $8 \& \mathrm{U}$ | 100 MED RELAY | 92 |
| 93 | 13-14/Senior | 100 BACK | 94 |
| 95 | 13-14/Senior | 200 BREAST | 96 |
| 97 | 13-14/Senior | 200 MED RELAY | 98 |

SESSION 7: Warm-ups begin immediately following session 6. First splash not before 4 PM

99 Open 1000 FREE

## Attention:

- Open events will be scored 13-14 and Senior.
- Session 1, 4, 7 events may be limited to top 4 heats.
- All 1000 yard swimmers must provide their own timers and lap counters.
- Heats for session $4 \& 7$ will be run fastest to slower


