



Forest Park Newsletter

www.forestparkonline.com

Published by: Community Media P.O. Box 1023 Venice, FL 34284 (941) 375-3699

Editor: Judy Watson email: fpnews2013@gmail.com

HAPPY 4TH OF JULY



NEW FOREST PARK FLAG (COVER STORY)

Our new Forest Park Flag finally arrived and a special flag raising was held on June 3, 2014 at the front entrance. The park logo is three green palm trees in the center of a 4x6' white flag with green lettering denoting Forest Park on the top and N. Ft. Myers, FL. on the bottom. Jim Arthur, President, Pete Lawrence, 1st Vice President and Lou Smith, Member of the Board of Directors, conducted the flag raising ceremony. Many residents were present and joined in the ceremony. Shown in the pictures on the front page are top left; Jim Arthur, Lou Smith and Pete Lawrence. Top right are Becky Conrad and Betty Campbell both Past Presidents. Center picture is everyone who attended including Jan Orlando, Past President and long-time residents Georgianna McGrew and Minnie Owens. The bottom left are the four front entrance flags flying and bottom right is the new Forest Park Country Club sign at the mini golf course. (Pictures taken by Becky Conrad and Lou and Helen Smith.)

PLEASE TAKE NOTE OF OUR SUMMER OFFICE HOURS

The summer hours for the park office are:

9 AM to 11 AM Mon.,
Wed. and Friday.



The park office will be closed on Friday, July 4th in observance of Independence Day, and the week of July 14th - 18th for painting and installation of carpet. We wish you a happy & safe Fourth of July!

SOCIAL CLUB OFFICERS

Delores Holmes, President
Gail Ford, 1st Vice President
Mary Beth Schleter, 2nd Vice President
Joyce Hines, Secretary
Pat Schuren, Treasurer



LAWN MOWING HOURS
7 AM to 11 PM June 1 through
August 31st and 8 AM to 11 PM
September 1st through May 31st.



Community Media P.O. Box 1023 Venice, FL 34284
For advertising information Call - 941-375-3699

MEMORIAL DAY CEREMONIES AT FOREST PARK

(Pictures by Helen & Lou Smith and Beck Conrad.)

Memorial Day ceremonies were held on May 26th with the lowering of all flags at the front entrance. The national anthem was sung by those in attendance and the flags were then raised to half-mast in memory of all U.S. service men that served in all wars, our Veterans and those currently serving now. Below are some of the pictures from the ceremony.



Josh Esters leading the prayer.



All salute our American Flag at half-mast.





Becky Conrad, Josh Esters, Lou Smith, Bo McClain, Pete Lawrence, Joe Boisvert and park residents take pride in the ceremony.



They came by golf carts, bicycles and on foot.



They even came by water!



The POW, American Flag and State of Florida flag flying high and proud as Memorial Day 2014 ends.

NEWSLETTER ARTICLES

By: Judy Watson

All articles should be sent to Judy Watson at: fpnews2013@gmail.com by the 13th of each month for the following month's newsletter. I would appreciate you writing your information on the Gmail page in place of an attachment, if possible. Any questions or concerns please email me at: fpnews2013@gmail.com or call me on 508 414 9011.

FOREST PARK CALENDAR

Gail Ford is the person who handles the updates to the calendar. View the calendar anytime and see the most current information at the website: www.forestparkonline.com. This also allows you to view it in various formats i.e., weekly, monthly, etc. Please contact Gail for calendar changes at: gailford39@gmail.com or call her on 603 878 1047.

NEW FOREST PARK MINI GOLF LETTERS HAVE ARRIVED

The mini golf letters for the sign made by Ron Moon and Jack Watson have arrived and were affixed to the sign. Its official, our mini golf is called the "Forest Park Country Club". Two new red hibiscus shrubs donated by Cathy Mullooly of Sun Trust Bank have been planted in back of the country club sign.



SAVE BIG During Our Annual:

ROOF SALE!

**Manufactured & Mobile Homes
Still #1 in Your Park Since 1984!**

10% OFF

**our already
LOW PRICES!**

**FREE
VIDEO
INSPECTION**

See exactly how
your roof
looks!

Present this coupon for an
additional 10% DISCOUNT

- **FRIENDLY FREE ESTIMATE!**
- **All ROOFS and ROOF-OVERS!**
- **LIFETIME Transferable Warranty!**



A+ Better Business Rating!

For Savings and News,
Like us on Facebook!



*Please be sure you are dealing with a Florida Certified Licensed Contractor ...
AND DON'T BE FOOLED BY NEW COPY-CAT COMPANIES USING OUR GOOD NAME!*

**Call the
one and
only:**

AllWeatherRoofing Inc.

Florida licensed contractor #CCC058045 • Family Owned and Operated

Call Toll-Free! 1 800 297-3758



Visit us: WWW.YourBestRoof.com

Call Michelle right now!



FRANGIPANI FLOWER

By: Judy Watson

Last month's newsletter I showed you the picture below to the left and asked if anyone knew what this ugly late blooming flower trunk was called. Believe it or not, this produces the Frangipani flower that is in the picture to the right. The flower is so soft and delicate and produces such a beautiful fragrance that they make perfume out of it.



BIRDHOUSES

By: Judy Watson

Beautiful bird houses have been showing up within the park. Look around and see if you can find this lighthouse birdhouse. More in next month's newsletter.



HURRICANE PREPAREDNESS FOR RESIDENTS OF FOREST PARK

The Activity Building and Clubhouse will be open 8 hours prior to any coming hurricane for you to bring your supplies in and get settled. You will be required to sign a form indicating that you understand the Clubhouse and Activity Buildings are NOT certified hurricane shelters and that you stay in the buildings at your own risk.

Supplies are a critical part of your health and safety and should be gathered in advance of the hurricane.

FOOD - Bring a 3-day supply of non-perishable food that requires no refrigeration and needs little or no water to prepare. The following are suggestions: dry cereal, canned fruit, canned juice, instant coffee and tea, ready-to-eat soups, peanut butter, canned vegetables, ready-to-eat meats, tuna, chicken, Vienna sausages, bread, crackers and quick energy snacks, etc.

PETS - Pets will be housed in the Activity Building only. You must have a crate and the pet must remain crated at all times. You must stay with your pet at all times and are responsible for care and clean up. **NO PETS OVER 35 LBS. NO EXCEPTIONS. PETS WILL BE WEIGHED.** Bring a 3-day supply of food and water. **Medications and proof of necessary shots are required.**

WATER - One gallon per person per day, enough for 3 days.

MISC. - Manual can opener, utility knife, cooler.

COMMUNICATION ITEMS - Cell phone & charger & radio with batteries.

CLOTHING - 1 change per person, rain gear, work clothes/gloves and shoes.

PERSONAL HYGIENE ITEMS - Soap, shampoo, deodorant, toothpaste & brush, etc.

BEDDING - Sleeping bag, blanket & pillow.

HEALTH & SAFETY - Flashlight & plenty of batteries.

FIRST AID KIT - Sunscreen, bug repellent, essential medication and Medicare and insurance papers, extra eyeglasses/contacts & prescriptions, update on vaccinations (particularly tetanus), trash bags.

DOCUMENTS - Store in safe, secure location, such as a safe deposit box. If you bring copies with you, place them in airtight and watertight storage/freezer bags.

WELCOME TO OUR NEWEST RESIDENTS/HOME BUYERS

- Carole Anderson & Bryan Christle, 637 Forest Palm Ct. MN
- Roger Wagner, Lori A. Ryckman & Sherri L. Ryckman, 426 Timber Ln. N. WI

Welcome!

**PLEASE FILL OUT FORM BELOW IF YOU ARE
A NEW (2012-2014) YEAR ROUND RESIDENT**

**HURRICANE INFO. FORM: BE SAFE IN
THE EVENT OF A HURRICANE!**

NAME _____

ADDRESS _____

CATEGORY 1 HURRICANE = 74 - 95 mph winds.
CATEGORY 2 HURRICANE = 96 - 110 mph winds.
CATEGORY 3 HURRICANE = 111 - 130 mph winds.
CATEGORY 4 HURRICANE = 131 - 155 mph winds.
CATEGORY 5 HURRICANE = < 155 mph winds.

Where you plan to be when a Hurricane strikes Forest
Park?? _____

At what level Hurricane will you be leaving your home? _____

Will you be at our Club House? Y _____ N _____

You are required to have:

- 3 days of supplies of non- perishables
- Bedding to sleep on
- See attached list for additional supplies.

Wheel chair _____ Need oxygen _____

Other _____

If so, you must make advance arrangements. Please call
the office if you need an application form for special
needs in the office. This application must be renewed
yearly and returned to the Lee County Emergency
Operations Center.

Please fill out this form and return to our office ASAP.
Thank You.

FPPOA

5200 Forest Park Drive, N. Ft. Myers, FL 33917 or
email to fppoaing@gmail.com • Fax 239-543-0070

HEALTH & WELFARE

By: Mary Gibson & Staff

There will be NO Blood Pressure Clinic's during the
summer. We will resume on November 18, 2014 from
9-11AM in the Clubhouse. Flu Shots will be 11/18/2014
from 9:30am in the Clubhouse

Watch for posters in the fall for Flu shots by Visiting
nurses with information about all the different shots
available & insurance availability. Have a great summer!

WI-FI GUY

By: Doug Ford

Support for summer residence using Forest Park Wi-Fi!
If you can't get on the Forest Park Wi-Fi, do the following:

- A. Reboot your computer
- B. If you have an outside antenna, unplug the power to it,
wait 1 min, then plug it back in. Also, if you
have a router do the same.
- C. If you can't still get on the Wi-Fi system call!

Jim Schleter 543-4681

Gerry Bauer 849-0317 (when available)

Mark Newsham 508-942-3121

Their responsibility will be to determine if the Wi-Fi
system is down or your unit is down.

- 2 If you have a laptop computer and can't get on at home,
go to the activity building and connect to (office) Wi-
Fi. The (office) Wi-Fi in the activity building is a
straight DSL line out. If you can connect to (office) try
connecting to Forest Park.

If unable to connect to Forest Park call the above
numbers.

- 3 If the system is down I will be called, if available, or
Ethx or Century Link
Century link will be contacted directly depending
upon the problem.
- 4 The system will be monitored, by me up North. The
local team has my Phone #.

Have a Good Summer, see you in the FALL.





Remember to use flashing lights or flash lights when you are riding or walking at night.

JULY BIRTHDAY'S

| | |
|------------------|----|
| Diana Prittinen | 02 |
| Joe Boisvert | 03 |
| Brita Mulholland | 03 |
| Mary Neidhart | 07 |
| Bernie Waltz | 12 |
| Carol Geppert | 12 |
| Mary Siegel | 16 |
| Milton Herrick | 21 |
| Janet Irwin | 20 |
| Minnie Owens | 24 |
| Elmer Pollock | 26 |
| Peter Lawrence | 29 |
| William Pucak | 29 |
| Marie Presher | 31 |



FOREST PARK WINS BEST MANUFACTURED PARK IN 2014

By: Mary Diaz

Forest Park won Best of 2014 for best mobile home park and best manufactured housing park! Here's the article from the N. Ft. Myers Neighbor for the newsletter. Thank you!

Best of North Fort Myers' winners feted

June 10, 2014 North Fort Myers Neighbor

North Fort Myers' most popular business establishments were recognized Tuesday at The Best of North Fort Myers luncheon sponsored by the North Fort Myers Neighbor. The "reader's choice" awards were presented in approximately 100 categories to numerous businesses, including some multi-category winners like The Shell Factory, where the well-attended luncheon was held at Capt'n Fishbones.

Neighbor Publisher Scott Blonde thanked those in attendance for both their participation and their efforts.

"I think it shows your commitment to your customers and

your commitment to the community," Blonde said of the awards. "You should be proud of that."

This year's winners, selected by ballots filled out by Neighbor readers, are:

- * MANUFACTURED HOME PARK: **Forest Park**
- * MOBILE HOME PARK: **Forest Park**

KNIT AND CROCHET CLUB

By: Nancy Lawrence

The Knit and Crochet Club meets every Wednesday afternoon from 2-4PM in the Activity Building. Bring any projects you are working on or share a project you have done with the group. All are welcome. See Nancy Lawrence for details. Knit and Crochet meets all summer.



BINGO

By: Anne Domingos

Please joins us on Tuesdays at 6:45pm for 7:00pm Bingo in the clubhouse each week. Cards are \$.50 with a minimum purchase of four cards. Night Owl cards are 25 cents. All three Bingo's go all year round. Check your calendar in the newsletter each month.

FREE LOST PET POSTERS

We are pet lovers and a missing pet is devastating; at Artboard Printing we provide 50 black and white and 10 color flyers FREE of charge to help find your lost pet. (must pick up at our Venice office or postage fees apply)

PERSONALIZED PRINTING

Personal Cards
Custom Stationary
Custom Greeting Cards
Rubber Stamps



ASSOCIATION & CLUB PRINTING

Form Letter Mailing
Welcome Guides/Books
Social Club Dance Posters
Custom Tickets
Club Event Signs & Banners



Artboard Printing & Graphics (941) 275-6322

BID EUCHRE

By: Madaline Preston

We have Bid Euchre every Wednesday & Saturday at 6:30pm in the Clubhouse unless there is another activity going on in there. We then play in the Activity Building. We have several new players and would like to have many more join in on the fun.

HAND AND FOOT CARD GAME

By: Carol Lahman

Join us on Sunday nights at 6:00 pm in the Clubhouse for the "Hand & Foot" card game. It can be played at a table of 6, 4, or 3. All are welcomed! This card game goes all through the summer months.

KARAOKE

By: Becky Conrad

Mark your calendar for July 21st. That is the next dinner and Karaoke in the park. June 9th was very well attended and no one wanted to leave. 28 meals were served and 14 sang at karaoke. \$20.50 was the 50/50 and was won by Cathy Mullooly from Sun Trust Bank. She donated the money back to us for the Mini Golf Park. Sun Trust has purchased the two Red Hibiscus shrubs that will be at each end of the Forest Park Sign plus a Foxtail Palm. Thanks Cathy and Sun Trust Bank.

During the summer months, the first and third Monday of each month the dinners begin at 5:30PM followed



by Karaoke in the clubhouse. Join in or just listen. Both actions are welcome. Check the marquee and the newsletter for dates during the summer months.



(The above pictures taken by Becky Conrad are from the June 9th Karaoke.)

PINE TREE KNOTS QUILT CLUB

By: Gail Ford

The Pine Tree Knots Quilting Club meet all summer every Thursday morning from 9 - 11am in the clubhouse. We've already made 400 Christmas handouts for the meals on wheels program for next year and we are working on projects for the Chinese Auction to be held March 8, 2015. Be sure to save the date and watch your newsletters for more information.

EMAIL ADDRESSES FOR FOREST PARK NOTIFICATIONS

By: Mary Diaz (FP Office)

The Forest Park Office sends occasional communications from the office to the Forest Park residents. If you would like to add your email address to our database to receive notifications, announcements, etc. please call the office (239-543-1155) between 9-noon and send an email to: fpoinc@gmail.com indicating that you would like to be added to our database.

FOREST PARK NEWSLETTER RUNS ALL SUMMER

By: Judy Watson

While everyone is getting ready to leave the park for their summer homes, please be aware that the newsletter continues to run every month all summer long. The advertisements you find in the newsletters pays for all of

MOBILE HOME DEPOT

YOUR MOBILE HOME
PARTS WAREHOUSE !!

N. Ft. Myers:
(239) 543-3300
14940 N. Cleveland Ave.
www.mobilehomedepot.net

- * Mobile Home Supplies
- * RV Accessories
- * Aluminum Products
- * Hurricane Storm Panels
- * Screen Rooms/Carports
- * Doors/Windows/Tubs
- * Package AC's Installed



our newsletters to be printed at no cost to us.

During the summer months, when the newsletters arrive in the office at the end of each month, watch the marquee for the newsletters to be picked up in the Clubhouse and the Activity Building. They will not be delivered to your home during the summer months, you will need to stop and pick up your copy.

If you have any special events or places you are visiting this summer, or if something exciting happens wherever your travels take you and you'd like to share it with your Forest Park friends, please email me at: www.forestpark2013@gmail.com. If you'd like to attach a picture of your vacation place and a short story, please do so and I'll try to get it in the newsletter during the summer months.

Have a safe and happy summer and look forward to seeing everyone in the fall.

NORTHEAST CLUB

By: Nancy Cooper

Summer has finally arrived in the State of Maine. It was a long difficult winter for our residents and they are rejoicing in the sunshine. Hopefully all our Snowbirds are happy to be home and enjoying the northern climates. Those of you who stay in Forest Park year are trying to keep cool in the FL sunshine and praying all tropical storms pass you by.

While you are relaxing in the summer sun, a lot of our members are busy planning for next winter's activities. Three great events are scheduled and the committees are putting together some great activities. Madaline Preston and her committee are planning the Slumber Party which should be a lot of fun. (Have you found your pjs and slippers?). Ray Preston and his committee will "start your engines" at the Nascar party. Chris Major promises to keep members guessing at the Masquerade Party. For this event we expect some fabulous outfits.

Last year, over 120 people joined the NE Club. We had a fun filled season! I have said many, many times that the Club is so great thanks to your help. Next year promises to be the same. Your assignment, should you plan join again, is to have a great summer, shop for great outfits and return to Forest Park with your same willingness to help and have fun.

CRAFT CLUB

By: June Kearschner

New officers were elected in April. They are June Kearschner, president, Nancy Lawrence, vice-president, Dena Samm, secretary, Diann Power, treasure.

Our last meeting this season will be April 16th. Crafts will begin next season on October 15th. Come and join us. We meet every Wednesday at 9am in the club house.

FOREST PARK SHUFFLEBOARD CLUB

By: Ray Preston, Captain & Dale Stafford, Co-Captain

LEAGUE STARTS NOV. 26, 2014. THANK YOU to all the players/wives for refreshments and to Ann Stafford & Peg Hull for serving. Everyone have a wonderful & safe summer.

COMPUTER CLUB

Submitted By: Sherrill Wright

The article below is for your information only:

Facebook just announced a new feature to its app, which will let it listen to our conversations through our own phones' microphone. Talk about a Big Brother move.

Facebook says the feature will be used for harmless things, like identifying the song or TV show playing in the background, but it actually has the ability to listen to everything -- including your private conversations -- and store it indefinitely.

Not only is this move just downright creepy, **it's also a massive threat to our privacy.** This isn't the first time Facebook has been criticized for breaching our right to privacy, and it's hoping this feature will fly under the radar. No such luck for Facebook. If we act now, we can stop Facebook in its tracks before it has a chance to release the feature.

Tell Facebook not to release its creepy and dangerous new app feature that listens to users' conversations.

Facebook says it'll be responsible with this feature, but we know we can't trust it. After all, just a few months ago Facebook came under fire for receiving millions of dollars for working with the National Security Agency's PRISM, a wide-scale and highly controversial public electronic data surveillance program -- something its CEO Mark Zuckerberg initially denied. This is also the company that lied about its now-scattered Beacon program -- an advertisement system that sent our "private" data from external websites to Facebook.

LOOKED UNDER YOUR MOBILE HOME LATELY?

**Insulation Under Your Home Falling Down?
Holes and Tears in Your
Vapor /Moisture Barrier?**



Underhome
Photos Provided



**Insulation and
Vapor Barrier Repairs**



- **Lifetime Vapor Barrier** • **Guaranteed for Life** • **Prevent Soft Floors** • **Lower Your Electric Bills**
- **Keep Mold, Mildew, Rats, Snakes, Spiders, Ants, Roaches and Moisture OUT of Your House!**

Are Your Tie Downs Tight?

- **Hurricane Anchors • Tie Downs**
- **Leveling • Blocking • Carport Tie Downs**
- **Stabilizing Devices • Roof-Over Strapping**

- **Replace Rusted Anchors • Add Anchors**
- **Longitudinal Stabilizing • Retro-fit to Current State Standards**

If your home moves even a few inches during a storm your home will suffer severe damage. Loose tie downs do not protect your home, they must be tightened every 3 to 5 years. Have your tie-downs inspected NOW, before the storms!

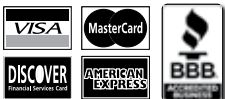


Licensed by the
State of Florida
#1H/102549/1

- **FREE INSPECTIONS & ESTIMATES • MILITARY & SENIOR DISCOUNTS**
- **FAMILY OWNED & OPERATED**

239-244-8795
1-800-681-3772

- **State Licensed Mobile Home Installer • Insured**
- **Bonded • Workman's Compensation Insurance**
- **Member: National Association of Mold Professionals**



FLORIDA ANCHOR AND BARRIER COMPANY

It seems like every few months, there's another big Facebook privacy scandal, and yet the social media giant is pushing this new app anyway. Why? **The information it gathers by listening to its 1.2 billion users worldwide can be sold for huge profits to advertisers and corporations looking for better information on consumer tastes and preferences.**

Facebook is acting in the best interests of its bank account, not its users. This has gone too far -- we have to stop it now.

Facebook: This is an extreme invasion of your users' privacy. Do not release this new feature, and do not listen to us through our phones' microphones.

Thanks for standing up for our right to privacy,

any resident who would like a 3'x5' flag for their home pole. The cost will be \$55.00 each.

The mini golf course is looking great and the new letters have been added to the sign. Most of the plantings are in and will be completed shortly. In keeping with the Forest Park name, so far this season we have planted 70 new trees/shrubs to dress up the area.

For those of you up north and live on the north fence line in the park, we have completed trimming all the trees along the fence line and it looks great. We have contracted King Sod to finish the irrigation at the north side of the club house.

At present we are quoting out resurfacing the walking path at Peace Lake, as many of you have complained of its poor condition. We will keep you updated on the results. We have had requests to add more plantings around the exercise trail behind the clubhouse by the mini golf area. We will address that next season.

That's about it for now. God's grace be with you and enjoy your summer.

F.P.P.O.A. BOARD NEWS

BOD & GM MEETING DATES FOR 2014

Here are the meeting dates for the remainder of the 2014 season.

October 16, 2014 BOD Meeting

October 23, 2014 GM Meeting

November 13, 2014 BOD Meeting

November 20, 2014 GM Meeting

December 11, 2014 BOD Meeting

December 18, 2014 GM Meeting

GROUNDS

By: Jack Watson

Hi to everyone and happy summer. Everyone in the park are praying for rain as this summer has been very dry.

The front entrance is now complete - the old telephone poles are down, the electricity is underground and the three new flagpoles are in place with new lights to illuminate the flags. The center pole is 30' and it flies the American and POW flags. The right side is the Florida state flag and the left side flies our new Forest Park flag.

I wish to thank Pete Lawrence and Becky Conrad for organizing a Memorial Day service at the poles. It was well attended and quite impressive.

The new Forest Park flag is pictured in this month's newsletter for your viewing. The flags we ordered are 4'x6' for the large poles. Becky Conrad is preparing a list of

MEET YOUR BOARD MEMBERS

By: Tom Treece

Continuing our special series designed for you to "meet" members of your Forest Park Board of Directors through this venue, today we introduce you to Mr. Jack Watson.

Jack and his wife, Judy, reside at 513 Timber Lane South and have been members of our community for 14 years. They, like many of the rest of us, came to Forest Park to visit good friends, loved what they found, and decided to stay.

South Grafton, Massachusetts, is Jack and Judy's hometown; they have two married daughters and five grandchildren including one grandson currently serving in the Army in Afghanistan.

Jack's education included Norwell High School, the U.S. Navy's "A" School for Electronics and Northeastern University where he earned a B.S. in business management. He was self-employed in Metal Finishing for 20 years, sold the company and went into his own Landscape Construction, which is a perfect background



for the committees on which he leads or serves in our Park.

Unquestionably, one of the hardest working members in the construction of our beautiful new mini-golf course, was Jack Watson! This self-described “Jack-of-all-Trades” serves as our Director of Grounds and Memorial Garden, and previously served on our Planning, Construction and Legal Committees.

He was past president of the Northeast Club, is a proud veteran after serving our great country with the United States Navy Air, and lists “common sense” as one of his “special skills;” I like that.

Other special skills include his acting ability as he won the 2014 “Best Supporting Actor” Award in our Oscar night ceremony this year. Jack is also an artist and takes lessons here in the park.

When asked what he likes most about Forest Park living, he listed, “The many friends I’ve made here, as well as the peaceful living and enjoyable surroundings.”

Jack would like to see more beautification in our Park and shares his life philosophy as, “Be kind and helpful, and always treat others as you would like to be treated.”

We are proud of the way our beautiful Forest Park continues to grow, but it doesn’t grow by itself; it takes resourceful, committed individuals who continuously give of themselves to make it happen. This month’s featured board member is one of those individuals.

The next time you see Jack Watson, please thank him for his efforts on our behalf.

EXERCISE PROGRAM RECOMMENDED FOR "KIDS" OF ANY AGE!

Please join us beginning in November on Tuesday and Saturday mornings at 9:00 am in the clubhouse for a fun, easy exercise program.

Bring a small hand weight or even a can of soup to use to build muscle. Also bring a small pillow.



EASY WATER EXERCISE

Most of the water exercises are the same as the Tuesday & Saturday exercises, except they are done in the pool. This means less stress on joints plus we get those healthy



rays of sunshine at the same time. We have a great time exercising and catching up on the latest in Forest Park. Classes run from 10:30 to 11:30 a.m. Monday-Friday at the pool and start in the fall through the spring. Exercises are also subject to weather cooperating.

RESOURCE BOOK

In the clubhouse there is a Resource Book which has been put together by members of Forest Park. These are referrals or warnings of how outside vendors have performed in the Park. Before you hire someone, please check the book to see if someone in the park has used that particular company or person. If you would like to add a name or business you may do so.

ALUMINUM CAN RE-CYCLE

By: Social Club

Please remember to put your washed out and dried out aluminum cans in a bag and place UNDER YOUR MAILBOX early Tuesday morning for pick up. Make sure cans are rinsed and clean and DRY. Please place away from trash cans/bags. DO NOT place plastic, glass or metal cans in the bag. Those go in the blue tote bins. Money collected for can recycle helps pay some of the costs of Social Club activities. So, it benefits all residents of Forest Park. Don Brooks is collecting the aluminum cans now

Please place your aluminum cans out near your mailbox either Monday night or very early on Tuesday morning. Don Brooks, our summer collector of cans, starts to pick up the cans at 8 AM on Tuesday Morning.

Social Club has a new aluminum can crusher, Cheryl O’Loughlin. In order to make the job easier for her, we are asking that you take the tabs off your cans. It takes as long as to take the tabs off the cans as it does to run the crushing machine.

You take the tabs off and bag them; when you get your bag full; then you can bring the tabs to the clubhouse. There is a Big Ronald Mc Donald cardboard house on the kitchen cabinet where you put your tabs into it. The tabs are collected by Betty Campbell who takes them to the Ronald McDonald House where they sell the aluminum tabs.

You are making money for Forest Park’s Social Club and if you take the tabs off, keep them for the Ronald

McDonald House you are doing double duty. We thank you for your help.

GREEN TREE STICKER

There is a little green tree sticker available in the office that goes on the **LEFT SIDE OF YOUR BACK WINDOW** of your car. All residents with automobiles should have this highly visible authorization to be in the Park. This will help the safety patrol on their nightly rounds. If you are a temporary resident and don't want any stickers on your window, then scotch tape it there while you are here.

BLUE BARREL RE-CYCLE

The blue barrel is used for all other types of re-cycling such as paper, metal, plastic, etc. This is a separate program from our regular trash that is picked up on Tuesdays and Fridays. The re-cycle truck comes on Wednesdays.

THANK YOU

By: Judy Watson

A Huge **THANK YOU** to Becky Conrad and Helen and Lou Smith for all the pictures of the happenings in the park especially during the summer season. My sincere thanks for all your time and efforts.

Marion Paisley wishes to thank all those people in the park for their gracious and kind support during the time of Ray's illness and his going home to be with the Lord on May 3, 2014.

JOKES

SENIOR WEDDING

Jacob, age 92, and Mary, age 89, living in Fort Myers, are all excited about their decision to get married. They go for a stroll to discuss the wedding, and on the way they pass a drugstore. Jacob suggests they go in.

Jacob addresses the man behind the counter:

"Are you the owner?" The pharmacist answers, "Yes."

Jacob: "We're about to get married. Do you sell heart medication?"

Pharmacist: "Of course we do."

Jacob: "How about medicine for circulation?"

Pharmacist: "All kinds."

Jacob: "Medicine for rheumatism?"

Pharmacist: "Definitely."

Jacob: "How about suppositories and medicine for impotence?"

Pharmacist: "You bet!"

Jacob: "Medicine for memory problems, arthritis and Alzheimer's?"

Pharmacist: "Yes, a large variety. The works."

Jacob: "What about vitamins, sleeping pills, Geritol, antidotes for Parkinson's disease?"

Pharmacist: "Absolutely."

Jacob: "Everything for heartburn and indigestion?"

Pharmacist: "We sure do."

Jacob: "You sell wheelchairs and walkers and canes?"

Pharmacist: "All speeds and sizes."

Jacob: "Adult diapers?"

Pharmacist: "Sure."

Jacob: "We'd like to use this store as our Bridal Registry."

HUSBANDS TEXT MESSAGE:

"Honey, a car hit me when I was out of the office. Paula brought me to the hospital... doing tests and X-rays. Blow to my head very strong, cat-scan negative, three broken ribs, will have to fuse #4, #5, and #6 vertebrae, compound fracture in left leg and they may amputate my right foot."

Wife's response: "Who's Paula?"



Happy 4th of July



**From:
Community Media**

COMFORT COVERSYSTEMS™

Proudly roofing since 1985



Mobile/Manufactured Home Roofing System

- Insulated Energy Star Rated Roof
- Manufacturer's Backed Lifetime Warranty
- Financing Available
- **STOP** Roof Leaks

Single-ply roofing membrane toughened with Elvaloy resin modifiers from Du Pont.

Visit our website at comfortcover.org

FREE ESTIMATES

1-800-226-0955

FL LIC. #CCC 057091



SUPERIOR Vapor Barrier

What Does Your Vapor Barrier Look Like?

Do You Have Falling Insulation...Holes in Your Vapor Barrier?

Repairing these issues helps prevent:

- Heat & Humidity Damage
- Soft & Sagging Floors
- High Energy Usage
- Rodent & Insect Damage
- Dangerous Mold and Fungus

WE CAN EASILY REPAIR THESE ISSUES.

**FREE
PHOTOS
on Request**



**ASK FOR A FREE INSPECTION
OR SECOND OPINION FROM
SOMEONE WITH EXPERIENCE!**

**GUARANTEED AS LONG
AS YOU OWN THE HOME!**

**ASK
ABOUT OUR
DISCOUNTS!**

239-240-7663

• Anchoring & Leveling

**Not Associated with
Superior Heating & Air**

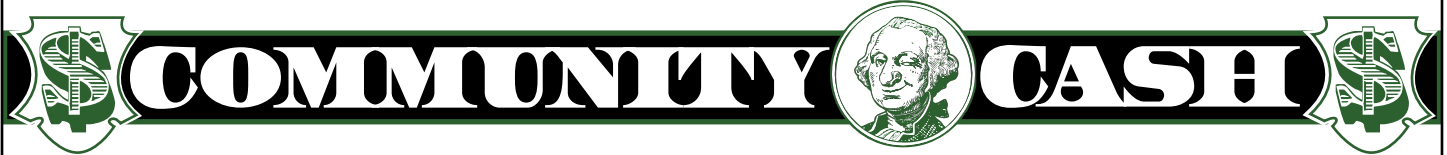


• License #IH1054397 • Bonded • Insured

July 2014 - FOREST PARK

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|---|--|--|
| 29 6:00pm Hand and Foot-card game 6:30pm Pinochle | 30 9:00am Dominoes 10:30am Pool exercises 6:30pm Skip-Bo | 1 10:30am Pool exercises 6:45pm Bingo | 2 10:30am Pool exercises 2:00pm Knit and Crochet Club 6:30pm Bid Euchre 6:30pm Canadian Euchre | 3 9:00am Quilt Club 10:00am Ladies Fellowship Group @ Jan Arthur's home. 10:30am Pool exercises 1:00pm Change Bingo | 4 Independence Day 10:00am Shuffleboard 10:30am Pool exercises 2:00pm picnic 6:30pm Friday Bridge | 5 1:00pm Bingo 6:30pm Bid Euchre |
| 6 6:00pm Hand and Foot-card game 6:30pm Pinochle | 7 9:00am Dominoes 10:30am Pool exercises 5:45pm dinner & Karaoke 6:30pm Skip-Bo | 8 10:30am Pool exercises 6:45pm Bingo | 9 10:30am Pool exercises 2:00pm Knit and Crochet Club 6:30pm Bid Euchre 6:30pm Canadian Euchre | 10 9:00am Quilt Club 10:00am Ladies Fellowship Group @ Jan Arthur's home. 10:30am Pool exercises 1:00pm Change Bingo | 11 10:00am Shuffleboard 10:30am Pool exercises 6:30pm Friday Bridge | 12 1:00pm Bingo 6:30pm Bid Euchre |
| 13 6:00pm Hand and Foot-card game 6:30pm Pinochle | 14 9:00am Dominoes 10:30am Pool exercises 6:30pm Skip-Bo | 15 10:30am Pool exercises 6:45pm Bingo | 16 10:30am Pool exercises 2:00pm Knit and Crochet Club 6:30pm Bid Euchre 6:30pm Canadian Euchre | 17 9:00am Quilt Club 10:00am Ladies Fellowship Group @ Jan Arthur's home. 10:30am Pool exercises 1:00pm Change Bingo | 18 10:00am Shuffleboard 10:30am Pool exercises 6:30pm Friday Bridge | 19 1:00pm Bingo 6:30pm Bid Euchre |
| 20 6:00pm Hand and Foot-card game 6:30pm Pinochle | 21 9:00am Dominoes 10:30am Pool exercises 5:45pm dinner & Karaoke 6:30pm Skip-Bo | 22 10:30am Pool exercises 6:45pm Bingo | 23 10:30am Pool exercises 2:00pm Knit and Crochet Club 6:30pm Bid Euchre 6:30pm Canadian Euchre | 24 9:00am Quilt Club 10:00am Ladies Fellowship Group @ Jan Arthur's home. 10:30am Pool exercises 1:00pm Change Bingo | 25 10:00am Shuffleboard 10:30am Pool exercises 6:30pm Friday Bridge | 26 1:00pm Bingo 6:30pm Bid Euchre |
| 27 6:00pm Hand and Foot-card game 6:30pm Pinochle | 28 9:00am Dominoes 10:30am Pool exercises 6:30pm Skip-Bo | 29 10:30am Pool exercises 6:45pm Bingo | 30 10:30am Pool exercises 2:00pm Knit and Crochet Club 6:30pm Bid Euchre 6:30pm Canadian Euchre | 31 9:00am Quilt Club 10:00am Ladies Fellowship Group @ Jan Arthur's home. 10:30am Pool exercises 1:00pm Change Bingo | 1 10:00am Shuffleboard 10:30am Pool exercises 6:30pm Friday Bridge | 2 1:00pm Bingo 6:30pm Bid Euchre |

Community Media (Your Newsletter Publisher) Presents:



How it works:

- 1 Patronize the advertisers in this month's newsletter
- 2 Ask the business for your Community Cash ticket **OR** a copy of your receipt & clip this ad
- 3 Mail it back to us at: **Community Media**
PO Box 1023
Venice, FL 34284
- 4 Every month we draw new tickets for **CASH PRIZES** and mail winners a check!



In Cash Prizes Available Monthly

More Chances to Win:

Recommend a business you currently use that should advertise in this newsletter. When you continue to use them you increase your chances for Community Cash!

Submit to info@4communitymedia.com or 941-375-3699

Remember, the only way to win is to patronize the advertisers in this newsletter. They are the reason your newsletter is free, so show your support!



- Limit one ticket per advertiser's service per quarter; (3 month period) •
- Customer must have paid for advertiser's service to play •
- Contest void where prohibited by law •
- Checks will be mailed within 60 days of drawing date •

Every Month is a New Chance to Win!
2 drawings for \$50
10 drawings for \$10

Winner

Vendor

Marion Mendelson \$50 - Master Plumber & Septic

Drawing Date - 5/20/14



Family Owned & Operated Since 1977

1-800-522-3134

WEATHER-LOK™ ROOF OVER SYSTEM Available Only at AMS



The Only Patented, Lifetime Aluminum Roof-Over System you will ever need!
Energy Efficient • Lower Your Electric Bill

Lifetime Warranty • Maintenance Free • Custom Tri-Bend Facia • Custom Gutter / Overhang System

At AMS we use only Energy Efficient Custom Rolled Aluminum. **We do not use interlocking pans, panels, membrane products, or materials that may shrink, dry rot or deteriorate over time.**

AMS is Rated Florida's #1 Remodeler
by Qualified Remodeler Magazine for 2011

AMS offers the best in Weather-Lok Roof Over • Insulated Vinyl Siding • Window Replacements
Carpports & Screen Rooms • Carport Ultra-Fence • Acrylic and Vinyl Enclosures
Storm Protection • Awnings • Deco Kool Ceilings • Patio Covers and more...

Visit Our Website www.AMSOFFLA.com

**LIFETIME
TRANSFERABLE
WARRANTY***

****FREE ESTIMATES****

Evening & Weekend
Appointments Available.

All installers are company employees.
All work guaranteed. AMS Certified.

**100% FINANCING
AVAILABLE (*W.A.C.)**

**Insurance Roof
Certifications**



MEETS NEW FL. BUILDING CODE REQUIREMENTS

Licensed & Insured • CG C033977 • CC C042787

