

ADVENTURES IN LEARNING

April 16, 23, 30 and May 7, 14, 21, 2015

First Baptist Church, 1000 West Friendly Avenue

Welcome!

ADVENTURES IN LEARNING offers enrichment and fellowship opportunities for all Greensboro area men and women. There are **16** classes from which you can create your own schedule. All variations are welcome. At midday, there is a quiet period of inspiration and meditation led by volunteers. After lunch, a Forum and announcements of general interest, along with social and fellowship activities, make midday a special time.

Prepaid Lunch, at a cost of \$8.00, is served in the Fellowship Hall beginning around noon. Or, bring a sack lunch and join any table.

IMPORTANT NOTE: All lunch reservations must be “PREPAID” by 3:00 p.m. the Monday prior to each Thursday session. Therefore, if you must cancel, call by that time each week. Shepherd’s Center is responsible for paying a minimum amount based on the number of lunches reserved, even if fewer lunches are served. If you prepay for lunch and fail to cancel by Monday at 3:00 p.m., there will be no refund.

9:30-10:30 a.m. Classes

HEALTHY LIVING FOR SENIORS: Join health and wellness experts from Cone Health as they share information to help keep your mind and body healthy as you age. This will include discussions about exercise, cancer prevention, chronic lung disease, hip fractures, fall prevention, nutrition and mental health.

Cone Health Experts, Facilitators

MYSTERY QUILTING: Use a piece of floral fabric to choose your colors for this Mystery Quilt. The design won’t be revealed until all the pieces are together at the very end. Surprise! A 24” wall quilt.

Janet Dietz, Instructor

PROTESTANT DENOMINATIONS: This course offers a special opportunity to learn about the development and beliefs of Protestant denominations. Main topics will include the Reformation (Lutherans and Anglicans), the Radical Reformation (Anabaptists and Quakers), The Reformation in England (Baptists, Presbyterians and Methodists), the Black experience in the U.S. (AME and COGIC), the Spiritual Awakenings in the U.S. (Disciples and Pentecostals), and New Movements in the U.S. (“Megachurches” and non-denominational churches).

Max Carter, Coordinator

SELECTED POEMS FROM ENGLISH LITERATURE: Shakespeare to Hardy Lectures and discussions of representative poems from 1609 to 1912.

Don Darnell, Instructor

WOODCARVING: The fundamentals for beginner or experienced woodcarving will be demonstrated and practiced. The spring project will be Love Spoons along with beginner’s geese, crosses, stars and miscellaneous blanks. Woodcarving blanks will be available. Bring a carving knife, if you have one. (For those who did not finish their carving in previous sessions, may work on them this session.)

2-hr. class limited to 12 *Richard DeCoste, Instructor*

10:45-11:45 a.m. Classes

CONTEMPORARY POETRY: Reading, Writing, Discussion We will examine contemporary poetry with emphasis on accessibility. Instructor will draw on works of Natasha Trethewey, George Bilgere, P.K. Page and others, as well as his own work. Class members may read and discuss their poems in a collegial atmosphere. New materials have been added, so this class is appropriate for those who have taken it before, as well as those who have not.

Bob Demaree, Instructor

LINE DANCING: Put on your dancing shoes and come join this fun activity! Learn the Electric Slide, Cupid Shuffle and many others. No partner required.

Class Limited-20 *Betsy Holder, Instructor*

RELIGIOUS PERSPECTIVES ON MODERN ISRAEL: Guided by the Shalom Hartman Institute video lecture series, “Images of Israel.” This six-session course will reflect upon themes of holiness, covenant, rejection, conflict, hope and interfaith encounter.

Steve Pressley, Facilitator

10:45-11:45 a.m. Classes-cont.

SING FOR FUN: SINGING MORE OLDIES BUT GOODIES AND SOME NEW TUNES! Come relive some memories by singing songs you will remember but haven't heard for years. "Start your day with a song, and it will surely end on a happy note."

Eleanor Procton, Instructor

WRITING PERSONAL MEMOIRS: This course will focus on a set of creative writing exercises and techniques for developing written stories that can organize and illuminate something of the overarching journey of your life. Each person will develop a Memoir booklet to outline and record significant events, relationships and directions in your past, and perhaps to look insightfully at present directions and decisions. We each have a life story to tell.

Dr. William (Bill) Rogers, Instructor

QUILTING - continues for a second class.

WOODCARVING - continues for the second class.

1:30 -2:30 pm Classes

INVESTING IN AN UNCERTAIN WORLD: Protect Wealth and Reduce Taxes. This class will focus on investment concepts, fundamentals, and philosophies of interest to the participants. It will include an economic and market update. A variety of investment vehicles will be explored, with plenty of time for questions and answers.

Chad Barber & Keith Hiatt, Instructors

LET'S PLAY MAH JONGG: If you ever wanted to learn to play Mah Jongg, now is the time. This class is designed for beginners and anyone who needs to brush up on their game. There will be a \$10.00 charge per person (this includes the purchase of the 2015 Mah Jongg card).

Class limited to 15

Paula Becker, Instructor

1:30-2:30 p.m. Classes-cont.

MORE GREEK MYTHOLOGY: This course will cover important myths from Greek and Roman mythology that were not covered in the Greek mythology class last spring, e.g. Achilles in the Trojan War, the travels of Odysseus, the murder of Agamemnon, the story of Oedipus, and founding of Rome. These myths are more complex than many of those that we talked about last year, and so we will spend one class period on each story.

***Class will be for 5 weeks** *Hugh Parker, Instructor*

NORTH CAROLINA'S NATIVE AMERICANS: Learn about North Carolina's indigenous peoples. There are more than 100,000 American Indians representing eight tribes and four urban Indian centers in our state. Topics of discussion will include history, cultural arts, health and wellness, education, and economic development from pre-European contact to the present day.

Rick Oxendine, Coordinator

A STUDY OF SHAKESPEARE'S SONNETS: Procreation Sonnets, The Sonnets, The Dark Lady Sonnets, The Rival Poet, themes of death, and the transience of life and mortality.

Eleanor Liebowitz, Instructor

TECHNIQUES FOR MAKING YOUR HOME SAFER, MORE EFFICIENT, & MORE BEAUTIFUL: Topics covered will include container and patio gardening, home safety products and techniques, updating kitchens, baths, living areas, bedrooms and how to manage simple home repairs. This class will have valuable information with a Q&A opportunity at its conclusion.

Robert Poueymirou and Home Depot Specialists

Gayle Fripp's History of Greensboro class in January



Please remember that all Shepherd's Center activities are cancelled when Guilford County Schools are closed for inclement weather. If the schools are delayed, Shepherd's Center will operate on our regular schedule.

Watch WFMY Channel 2 for closing information.

Who's Who?

ADVENTURES IN LEARNING PLANNING COMMITTEE

Dick Swanson, Chair
Jim Allen
Jane Chandra

Brooks Graham
Margaret Griffin
Jothi Kumar

Phyllis Shavitz
Marian Solleder
Jean Tillman
Jim Weikel

Spring Instructors:

Chad Barber has been in the securities industry for 13 years. He is a Financial Advisor and Accredited Asset Management Specialist with Ameriprise Financial. He graduated from University of North Carolina Greensboro with a bachelors degree in marketing and finance in 1998.

Paula Becker has been teaching and playing Mah Jongg for over 30 years.

Max Carter is the Director of Friends Center at Guilford College. He leads annual work/study trips to Israel and Palestine to support peace work in that region.

Don Darnell is Professor Emeritus of English at University of North Carolina Greensboro.

Richard DeCoste: has been carving off and on for most of his life. He has been an active craver with Adventures in Learning since 2003 and a carving instructor since 2010. He has carved crosses, pocket-prayer-peaces, "wood-spirits" in walking-sticks and many other interesting pieces.

Bob Demaree is the author of three book-length collections of poems, including *After Labor Day* (2014). His poems have appeared in over 150 periodicals. He retired from Greensboro Day School in 2001 after 42 years in independent education.

Janet Dietz has been doing all forms of quilting for over 35 years. She is a member of the Triad Quilters.

Keith Hiatt is a CPA and partner with the firm Breslow, Starling, Frost, Warner, Boger & Hiatt, PLLC. He has 30+ years of experience in the areas of corporate & individual taxation. He received his BS and MA in Accountancy from Brigham Young University.

Betsy Holder brings years of experience as a line dancing instructor to this popular class.

Eleanor Liebowitz Ph.D. English Literature, retired. Also a retired New York State Licensed Psychoanalyst.

Hugh Parker is an Associate Professor and Department head of Classical Studies at UNCG. He teaches both Greek and Latin courses and classes dealing with different aspects of life in ancient Greece and Rome.

Steve Pressley has been Associate Pastor of First Baptist Church for 23 years. He has experienced the Holy Land on four occasions, including three sabbaticals and one pilgrimage tour.

Eleanor Procton has led "Music for Pleasure" at Friends Home Guilford. She began the class in 1978, worked in Special Services and later served as the department director. When she retired, they would not let her stop teaching and she continues to take great pleasure being with her friends. Now she adds the pleasure of singing with us at AIL!

Dr. William (Bill) Rogers is President Emeritus of Guilford College. Former Parkman Professor of Psychology and Religion at Harvard University 1970-80. Former Chair of the NC Association of Independent Colleges and Universities and author of 6 books and over 40 scholarly articles.

Special Presenters:

Cone Health Professionals: Megan Norris, Wellness Coordinator; Christine Brannock, Oncology Outreach Manager; Debra Neblett, Pulmonary Clinical Nurse Specialist; Eva Hyde, Licensed Clinical Social Worker; Lynn Weisner, Gerontological Nutrition Specialist; Chrystal Land, Licensed Clinical Social Worker

Home Depot: Manager Robert Poueymirou and Specialists from various departments

Guilford Native American Association: Rick Oxendine, Executive Director, plus various Native American Experts

William R. Rogers Director of Friends Center & Quaker Studies at Guilford College plus various faith speakers

The Senior Class Singers in February



Forum Luncheon Speakers

April 16

Kelley King

Haw River State Park

April 30

John Graham & "Gov. Morehead"

Preservation Greensboro

May 14

Glenn Dobrogosz

Greensboro Science Center

April 23

GSO Scottish Country Dancers

Greensboro, NC

May 7

Jim Melvin

J. Bryan Foundation & Greensboro

May 21

To Be Announced

Thank You!

Thanks to all the excellent Instructors, Forum Speakers and Inspirational Speakers for volunteering their time, knowledge and expertise to make another successful session of "ADVENTURES." Each winter, spring and fall, it is our privilege to be the guest of one of our sponsoring congregations and we are appreciative of the members of First Baptist Church and Christ UMC for sharing their facilities with us. We look forward to returning for yet another ADVENTURE!

REGISTRATION FORM: **SPRING 2015** Adventures in Learning

Name (s) _____ Phone _____

Address _____ Zip _____

Church/Synagogue _____ Email: _____

Emergency Contact _____ Phone _____ Relationship _____

Please use initials if registering more than one person:

9:30 - 10:30 a.m.

10:45 - 11:45 a.m.

1:30 - 2:30 p.m.

___ Healthy Living for Seniors

___ Contemporary Poetry

___ Investments

___ Poems from English Literature

___ Line Dancing

___ Mah Jongg

___ Protestant Denominations

___ Sing for Fun

___ More Greek Mythology

___ Quilting

___ Writing Personal Memoirs

___ N.C. Native Americans

___ Woodcarving

___ Quilting cont.

___ Shakespeare's Sonnets

___ Woodcarving cont.

___ Techniques for Home Safety

___ Religious Perspectives on Modern Israel

Non-Refundable Registration fee, Spring 2015 TERM \$40.00 per person \$ _____

(ALL REGISTRATIONS received after April 14, 2015 will be \$50.00 per person)

Lunch Reservation, April 16th only - \$8.00 or \$ _____

All six luncheons - \$48.00 \$ _____

Contribution to Shepherd's Center (Optional) \$ _____

Or volunteer your time TOTAL \$ _____

Is this your first time attending Adventures in Learning? ___Yes ___No

MAIL NO LATER THAN April 13, 2015 (\$10.00 Late charge will be assessed after this date!)

Send to Shepherd's Center of Greensboro, 302 West Market Street, Room 103, Greensboro, NC 27401

