



Team Captain's Checklist

- Recruit 10 team members.** Talk to everyone you know in your company, congregation, neighborhood, clubs, school, and family about Pedaling for Possibilities.
- Hand out the following documents to each team member (in prepared envelope):**
 - Every Donation Makes a Difference
 - Possibilities Realized
 - 3 - 9X4 orange P4P cards
 - Fundraising Tips
 - Donor Tracking Sheet/Instructions, PayPal instructions, and Collection Envelope
 - **More Bike Team Documents** can be found on the IPAT website: www.ndipat.org/pedaling-for-possibilities
- Once you have your team of 10:**
 - **Hold a team meeting or keep in-touch via email/Facebook.**
 - **Establish a team name** and/or theme and plan what you will wear and how you will decorate your bike.
 - **Find your mission** – If you like you can dedicate your efforts to someone you know who uses assistive technology on a daily basis or is in need of it.
 - **Set fundraising goals** – Encourage your team members to set goals for how much money they can raise. Each participant is asked to raise \$100 or more.
 - **Notify Connie as soon as you have your team together, so you can reserve your Team's Spot** (see contact info below).
- Turn in the team Schedule/Registration Form by Friday, February 13th, 2015 to Connie, so the team t-shirts can be ordered.** The form can be emailed to crawls@ndipat.org , faxed to 701-365-6242, or dropped off at the IPAT office, 3240-15th St. S., Suite B, Fargo, ND 58104.
- On the day of the event, the following should be turned in at the registration desk for each rider:**
 - Donor Tracking Sheet and money in Collection envelope with the following info denoted on the collection envelope: Rider name, team name, and total amount of money collected.
 - Rider Waiver/Participation Form
 - **Please note that all money must be collected by the day of the event as this is not a pledge drive.**

If you have questions please contact Connie Rawls at 701-365-4728 • crawls@ndipat.org

WIN this iPad



Be the rider that brings in the **most dollars** for IPAT's Pedaling for Possibilities stationary bike event and the iPad is yours!



This year prizes will be awarded based on the amount of dollars each individual raises. Check out the chart on the other side to see how much you need to raise to be eligible for top prizes!

Individual Prize Eligibility

	General Prizes	Tier 3	Tier 2	Tier 1	Top Prize (iPad)
Most \$\$ Raised					
\$300.00					
\$200.00					
\$100.00					
\$50.00					



Eligibility Guidelines

All individuals who raise \$50.00 or more are eligible for general prizes.

All individuals who raise \$100.00 or more are eligible for general and Tier 3 prizes.

All individuals who raise \$200.00 or more are eligible for general and Tier 2 and 3 prizes.

All individuals who raise \$300.00 or more are eligible for general and Tier 1, 2, and 3 prizes.

The individual with most dollars raised wins the iPad and will be eligible for general and Tier 1, 2, and 3 prizes.

** Individuals can only win one prize in each prize category. We will be drawing for prizes in each prize category throughout the day, so it is encouraged riders get their donation handed in at the beginning of the day so that they are eligible to win sooner. Riders do not have to be present to win, but it is encouraged. When a rider's name is called for a prize, they can choose from the appropriate prize category – first come, first serve!*



Pedaling for Possibilities

Bringing Technology to Those in Need

Event Day-Saturday, February 28, 2015, 1-5pm
NDSU Wallman Wellness Center

Bike Team Schedule/ Registration Form

Team Name:
Team Captain:

Riding Time	Rider's Name (Riders should check in 1/2 hour before designated riding time)	T-Shirt Size	Email and Telephone
1:00 PM			
1:24 PM			
1:48 PM			
2:12 PM			
2:36 PM			
3:00 PM			
3:24 PM			
3:48 PM			
4:12 PM			
4:36 PM			

PRIZES will be awarded at 5pm!

DUE: February 13, 2015
 Team Captains: Please email this form to Connie at crawls@ndipat.org
 or FAX to 701-365-6242 ATTN: Connie.
 Questions? Call Connie: 701-365-4728



Rider Waiver/Participation Form

**Event Day-Saturday, February 28, 2015
NDSU Wallman Wellness Center**

Team Name: _____

Yes, I agree to participate in Pedaling for Possibilities to help raise funds to purchase assistive technology for people in need. *(Captain's note: each member of your team must complete this form and turn it in prior to race start.)*

Name _____

Address _____

City, State, ZIP _____

Email Address _____

Phone _____

Age (if under 18) _____

It is expressly understood and agreed that the Interagency Program for Assistive Technology (IPAT) and any associated sponsors of this race shall not be liable or responsible for any injuries sustained by any person or participant and/or damage to any equipment or property and they and each of them are hereby released and discharged from any and all liability of every kind and nature by the undersigned.

I grant to IPAT and its related and affiliated organizations, and their legal representatives, successors and assigns (collectively "IPAT") the right and permission to use, publish and reproduce, or cause to be used, published and reproduced, pictures, text in which I may be included, including but not limited to, audio, video, newspapers or otherwise. This consent and release is given without limitation upon, or liability for, any use for advertising, illustration, publication in form of media, for promotion by IPAT, and without restriction as to frequency or duration. I agree that photos, pictures, video or text shall be and remain property of IPAT. I waive any right to inspect or approve the finished product(s), advertising copy, or other media that may be used in connection therewith.

Participant's signature

Parent/guardian's signature (if minor)

DUE: Event Day - February 28, 2015
Questions? Call Connie: 701-365-4728
crawls@ndipat.org



Donation Tracking Sheet Instructions

**Technology for most people makes life easier.
Technology for people with disabilities makes things POSSIBLE!**

Thank you for participating in Pedaling for Possibilities, IPAT's stationary bike event. The money you raise will help families throughout North Dakota and in Moorhead, MN that have been impacted by aging or disability to purchase assistive technology devices and services. These families often have expenses that are above and beyond what insurance and other funding programs will cover; it is for these expenses that you are pedaling.

Donation Sheets

- Please assist us by keeping neat and accurate records on your donation sheets.
- Make more copies of the sheets if needed or download blank ones from the IPAT website: www.ndipat.org/pedaling-for-possibilities
- Make sure all checks are made payable to IPAT/P4P.
- Information cards are provided to increase awareness of the event, feel free to distribute them as you solicit donations. More copies are available – call 701-365-4728 or email ipatinfo@ndipat.org

Donations

- Donations can be made with a credit card online at www.ndipat.org/pedaling-for-possibilities, by cash, or by check.
- Donations are tax deductible; the IRS requires a canceled check as proof of charitable giving, so the donor's cancelled check becomes their receipt.
- Place donations in the P4P donation envelope provided.
- **Turn in your donations when you register the day of the fundraiser.**

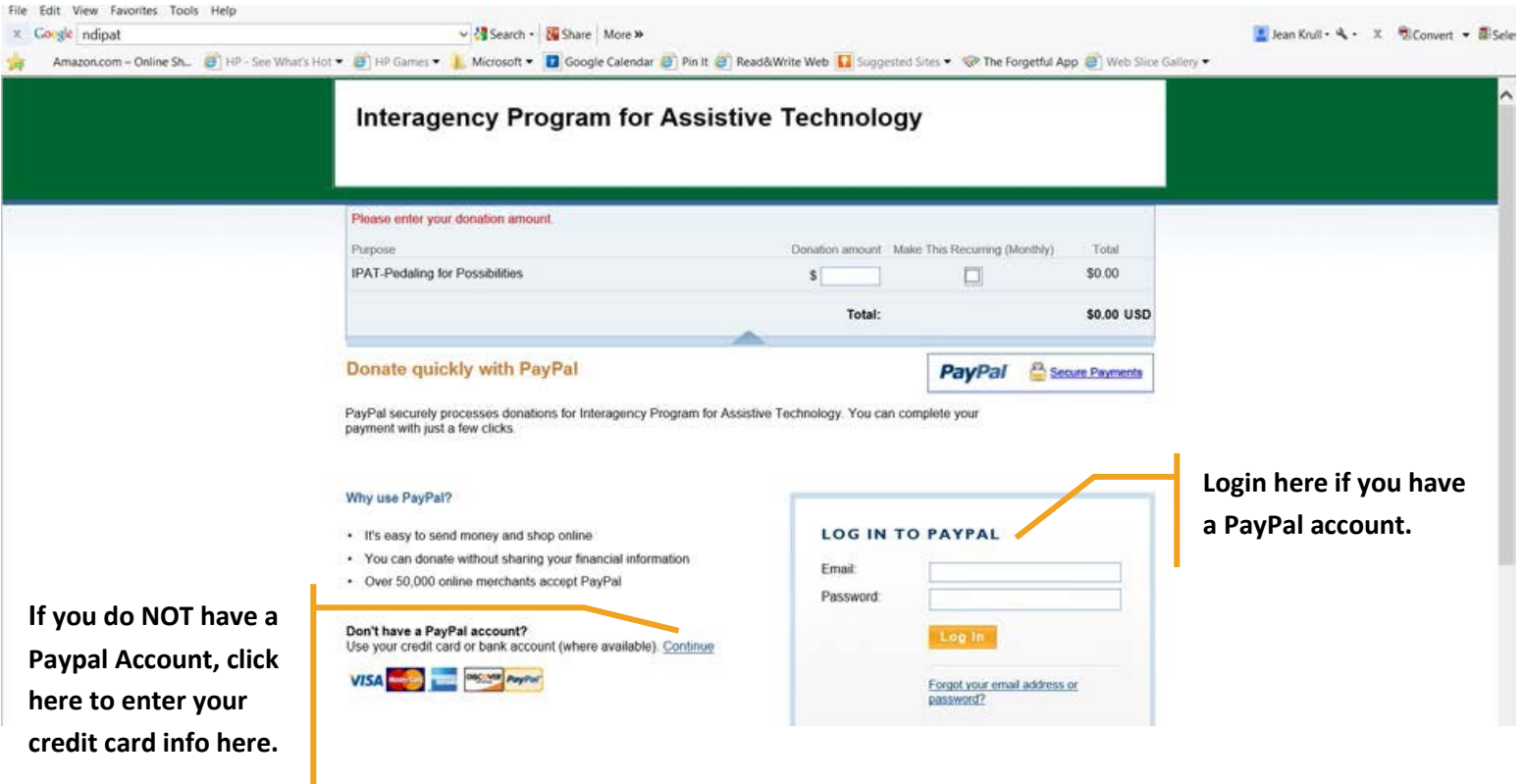
Fundraising

- Individual and Worksite/Team fund raising tip sheets are included; use the tips to help generate donations as you see fit.
- It is suggested that each rider set a goal of raising \$100.
- All participants are eligible to win prizes on event day; prizes will be awarded for both individual and team fund raising efforts.

If you have any questions or concerns, please contact your team captain for assistance.

Team captains can contact Connie Rawls at crawls@ndipat.org or 701-365-4728 with questions or concerns.


Go to ndipat.org/pedaling-for-possibilities and click on the “Donate” button.



Interagency Program for Assistive Technology

Please enter your donation amount.

Purpose	Donation amount	Make This Recurring (Monthly)	Total
IPAT-Pedaling for Possibilities	\$ <input type="text"/>	<input type="checkbox"/>	\$0.00
Total:			\$0.00 USD

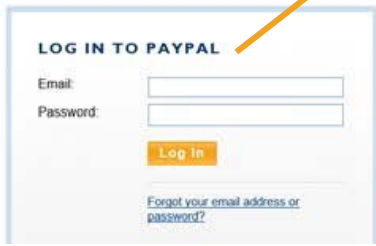
Donate quickly with PayPal 

PayPal securely processes donations for Interagency Program for Assistive Technology. You can complete your payment with just a few clicks.

Why use PayPal?

- It's easy to send money and shop online
- You can donate without sharing your financial information
- Over 50,000 online merchants accept PayPal

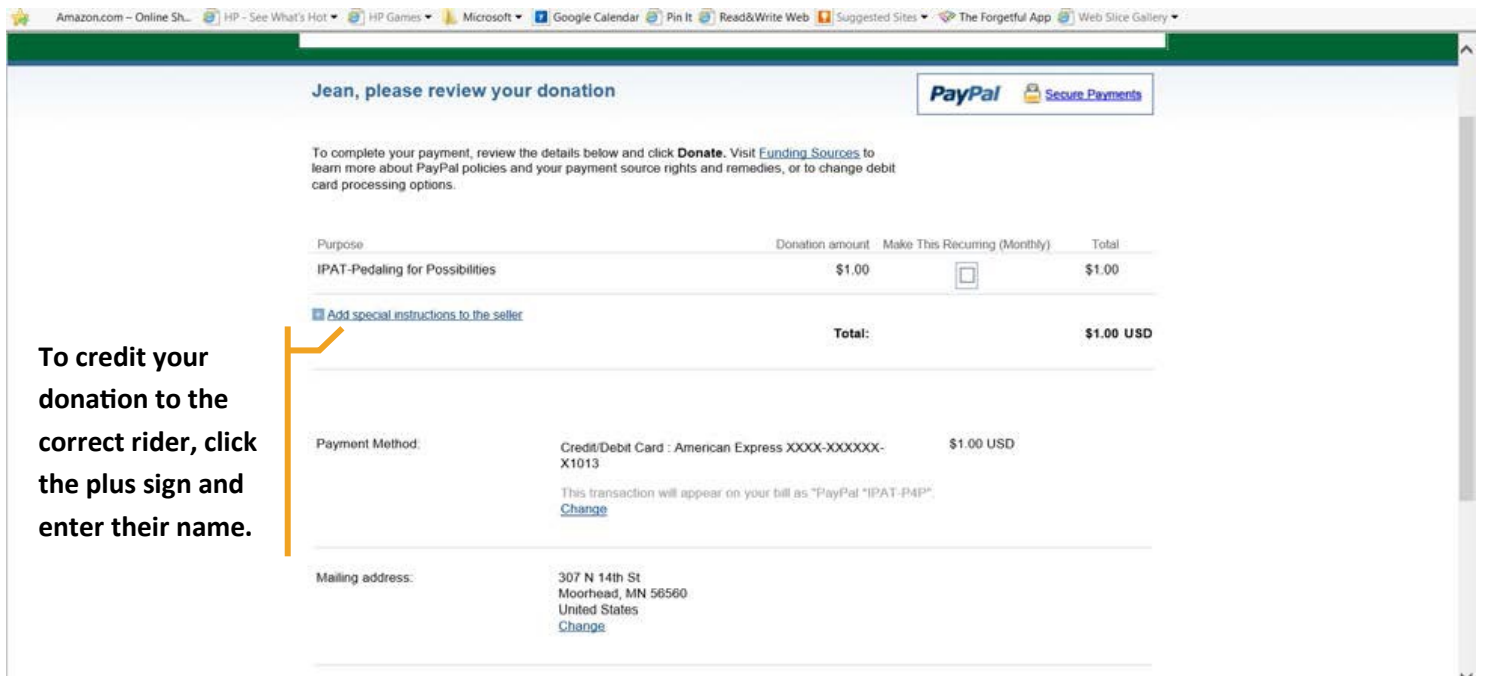
Don't have a PayPal account?
Use your credit card or bank account (where available). [Continue](#)




Log In here if you have a PayPal account.

If you do NOT have a Paypal Account, click here to enter your credit card info here.

After you have logged in or entered your credit card information, you will get this screen.



Jean, please review your donation 

To complete your payment, review the details below and click **Donate**. Visit [Funding Sources](#) to learn more about PayPal policies and your payment source rights and remedies, or to change debit card processing options.

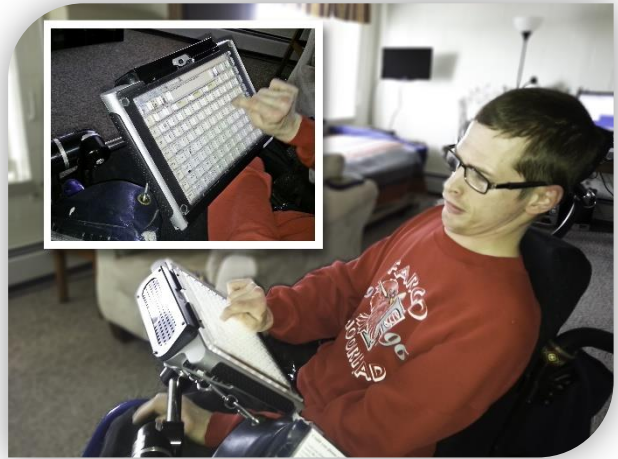
Purpose	Donation amount	Make This Recurring (Monthly)	Total
IPAT-Pedaling for Possibilities	\$1.00	<input type="checkbox"/>	\$1.00
Total:			\$1.00 USD

[Add special instructions to the seller](#)

Payment Method: Credit/Debit Card : American Express XXXX-XXXXXX-X1013 \$1.00 USD
This transaction will appear on your bill as "PayPal *IPAT-P4P*"
[Change](#)

Mailing address: 307 N 14th St
Moorhead, MN 56560
United States
[Change](#)

To credit your donation to the correct rider, click the plus sign and enter their name.



Individual Fundraising Tips

- Face-to-face contact makes a difference, make it a priority!
- Keep contacts personal – provide a link to yourself and the person you are requesting sponsorship dollars from;
 - I am your neighbor at 521 N Washington Street
 - As a fellow member of (choir, book club, church, etc.) I thought you might be interested in . . .
- Have IPAT produced information about the bike race on hand to leave with them about the event with website and phone number to legitimize your request
- Bring your sponsor sheet(s), pen, and money collection envelope with you – fill out the sponsor sheet as the donation is made
- Be ready with a story or 2 about people whose lives have been changed by using assistive technology, identify the device and how it made a difference (IPAT staff will gladly provide examples, 800-895-4728 or ipatinfo@ndipat.org)
- Contact close family and friends out of the immediate area to share excitement about the event and ask for their support – make sure to identify who to make the check out to: IPAT-Pedaling for Possibilities
- Good times for door-to-door contacts are Saturday mid-morning and early on a Sunday evening. Be prepared to spend a couple hours over a few weekends talking about Pedaling for Possibilities face-to-face, have fun!



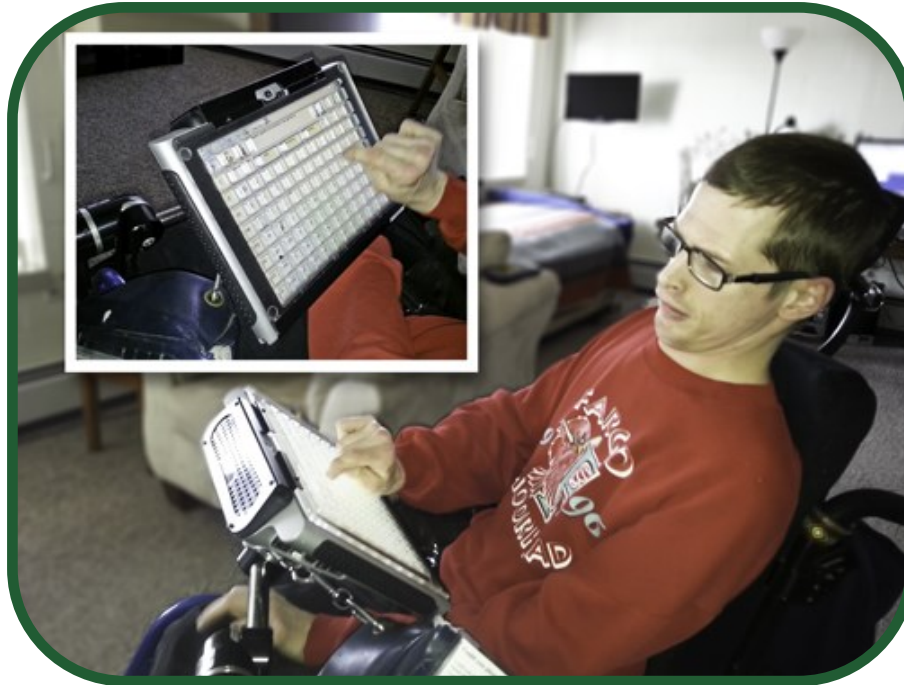
Pedaling for Possibilities
Bringing Technology to Those in Need

Worksite or Team Fund Raising Tips

- **Change Wars:** compete between departments to collect the most change (positive points) within an allotted time period . . . bills (negative points) can be used to sabotage rival departments as it will be counted against change collected.
- **Brown Bag Lunch Day:** Everybody brings in their own lunch and donates the money they would have spent to Pedaling for Possibilities
- **Pump Gas:** Ask a local gas station to support your team by allowing you to pump gas at their self-serve pumps. Collect tips from customers. IPAT will provide T-shirts; you place large signs at the pumps and at the roadside – “Pumping for Pedaling for Possibilities” – have big tip jars ready!
- **Casual or Denim Days:** Ask your company CEO/President to let staff dress down or wear denim for a \$5.00 or more donation.
- **Taste of the Day:** First, decide on a food theme (Potato Bar, Best Chili, Mexican Madness, etc.). All of the team members bring a dish and guests make a donation of \$5 for all you can eat \$5 for a standard take-out container or \$10 for both.
- **Candy Gram Sale:** Show appreciation to co-workers and staff by having a bag of assorted candies and chocolate bars delivered in person by a member of your team. Place the assortment in decorative plastic bags, charge a flat fee \$5.00 for candy and delivery
- **Wear It Wednesday:** Pick a day for team members to wear last year’s T-shirt and solicit donations from co-workers and anyone else they come in contact with that day (doctors, dry cleaners, etc.
- **Team Spirit Day:** For a donation of \$5, employees wear a jersey, t-shirt or cap of their favorite sports team.
- **Cook Off:** Charge an entry fee to cooks, and a donation fee to tasters to cast their vote; winner gets bragging rights or prize.
- **Look into your company’s matching funds policy**



Every Donation Makes a Difference...



Can you imagine being without a voice for 1 ½ years? Me neither! Well that is what happened to Chris, a 40-year-old Fargo man with cerebral palsy. His voice output communication system broke down, and due to insurance complications, obtaining a new device became a very lengthy process. He was forced to use a paper communication board without voice output in the interim, which was functional only if people actually stuck around to participate.

In order for a conversation to take place with this paper system, the person Chris was talking with would have to read back the letters/words aloud that he was pointing to, and then remember them as each sentence was being composed and as the conversation progressed. This was not only labor and memory intensive for both parties, but many people did not understand or refused to participate and asked “so when are you getting your new device?”

Thanks to Pedaling for Possibilities funds, Chris was able to obtain the WordPower software, which insurance did not cover, to use with his new Dynavox communication device. According to Chris, “it is much better than the old system because it uses the alphabet, whole words, phrases, and word prediction to help communicate faster”. He said the best thing about his new device is that it “speaks everything aloud, so people don’t have to look over my shoulder and read everything back to me” and “they stick around to listen!”

Above all, Chris wanted people to know how important it is to have a voice that can be heard!

*Chris
Fargo, ND*



Pedaling for Possibilities

Bringing Technology to Those in Need

My name is Suzan and I am 49-years-old. Due to my disabilities, I have lost the ability to type, and I need to use a wheelchair.

After a decade of trying numerous voice recognition software on computers, I was finally successful with voice recognition on the iPad, which I received from P4P.

This iPad and its voice recognition technology has changed my life. Now I can search the web and finally write books and plays, conduct research, and interact with community—all from my bed. It is a blessing to be able to communicate effectively, as I am a former writer/author, lecturer, researcher. For me, working on a book again is possible.

Sometimes I go for days or weeks without visitors. With the iPad, I can connect with my friends and the community, and I don't feel so lonely.

This tool isn't something that is considered a luxury for someone like me who can't physically use their hands. This device gives a great opportunity, so people like myself don't feel so lost, alone, or useless – it gives them a purpose.

*Suzan
New Town, ND*



My name is Jason, I'm 32-years-old and am a C5-C6 quadriplegic. I was hurt in 2010, when I dove off a dock at Lake Metigoshe in Bottineau, ND. I have no use of my lumbar area or my legs.

My FES bike helps me with blood circulation, bone density, muscle mass, and range of motion. It also helps me to contribute to slide board transferring on my own someday. It's not a medical necessity, it's for personal use to reaching individual goals. This bike will help open other doors in the future. I have come a long way since my accident. I wheel myself around with a power-assist manual wheelchair, I lift weights 3 times a week, and I use my bike 3 times a week.

Thank you for helping me acquire this much needed equipment. P4P has definitely helped me.

*Jason
Grand Forks, ND*



Pedaling for Possibilities

Bringing Technology to Those in Need

Your riding today will change people's lives by making something possible. Here are ways people's lives have been changed by Pedaling for Possibilities.

County	Possibilities Realized
Adams	86 year old woman with congestive heart failure and macular degeneration received a stair lift so she is now able to go down to her basement to do her laundry
Benson	56 year old woman with diabetes and rheumatoid arthritis received a lift chair, allowing her to transfer herself in/out of a recliner independently
Bottineau	63 year old woman with MS was able to get training on Dragon Naturally Speaking (voice activated software) so she is now able to operate her computer
Burke	85 year old woman who was in an auto accident received a lift-chair so she is now able to get in/out of her chair independently
Burleigh	77 year old woman with severe back issues received a vehicle lift ramp which will allow her to load her scooter herself to get to appointments, etc.
Cass	57 year old woman with multiple disabilities received a Freedom Alert and Wall Communicator (life alert system that works in conjunction with her existing landline telephone) to ensure safety in her home and allow her to remain living independently
Cavalier	44 year old man with MS received a lift-chair making it possible for him to stand from a seated position without assistance
Clay	10 year old boy with Down Syndrome and Cerebral Palsy had outgrown his stander so Pedaling for Possibilities paid the insurance co-pay to allow him a new stander enabling him to continue to be independent at home
Dickey	23 year old woman with Down Syndrome and a speech impairment received an iPad with a communication app to help others understand her, and other apps to help with cooking, taking medications and remembering daily chores and events
Emmons	46 year old woman with MS received a Voice IR remote control allowing her to independently control her TV, fan, lights etc., thereby removing the need to call on nursing home staff

Grand Forks	48 year old woman who is deaf received 2 Samsung Galaxy's, cases, keyboard, and apps to enable her to communicate with others in the community, participate in groups, and be less isolated. Receiving 2 Samsung Galaxy's will allow for a hearing person to talk into 1 device, sending a message to the other device which is connected to a Bluetooth, then the P4P recipient would type a message back to the other device
Logan	57 year old woman with epilepsy and diabetes received a lift-chair which allows her to get out of a chair without help
McHenry	3 year old boy with a speech disorder received an iPad with a communication app to talk with his teachers and peers, express himself, and make his wants and needs known at home
Morton	61 year old man who is legally blind is now able to read his medication bottles, mail, newspapers, and food labels with the Eye Pal Ace he received with P4P funds
Mountrail	48 year old woman who has lost fine motor skills due to several disabilities can now communicate effectively and use the Internet using the iPad that was purchased for her
Nelson	95 year old woman with a hearing loss received hearing aids – she can now hear her family when they visit, and engage in conversations in the commons area of her apartment building
Pembina	58 year old woman who is legally blind received a SARA-CE and pen friend so she can read her recipes, pay bills, read mail, etc. and she can use the pen friend to help her label food products, medicines, etc.
Pierce	29 year old man with a traumatic brain injury received an unlocked SmartPhone, Otterbox case, and Tec Communication Tiles which will allow him to remind himself of events throughout the day so he can become more independent
Ramsey	24 year old woman who is deaf and not able to speak received a laptop computer so she can now order her own medications and communicate online with others with similar health issues
Renville	71 year old woman with a head injury received a bath lift to replace one she has been using since 1987
Richland	57 year old woman with MS received a magnifying floor lamp which allows her to embroider, read, etc.
Rolette	63 year old woman with a visual impairment received an updated computer through IPAT's AT4ALL equipment and is now able to use the Internet and conduct her own business without relying on others
Sheridan	48 year old woman with expressive language disabilities and minimal speech, received an iPad with various apps – some to help her type, write, or draw her ideas, and others to speak her ideas aloud

- Stark 50 year old woman with MS received hand controls for her vehicle, enabling her to remain driving and thereby keeping her independence
- Stutsman 46 year old woman who is deaf received an Alert Master Notification System to notify her visually when doorbells sound, phones ring, or fire alarms blast – she can now keep her sons safe
- Walsh 56 year old woman who is deaf received a Sidekick Receiver with strobe allowing her to call for help in an emergency, notify her if someone is at the door, and alert her in case of a fire
- Ward Siblings ages 1, 3, and 5 with hearing impairments will now be able to communicate and access information with the family FM system they received
- Wells 24 year old man with CIPD received a stairway chair-lift which increases his independence at home, allows him to access the bus without help, and lessens the safety risks for himself and his caregivers
- Williams 56 year old woman who is legally blind received a portable magnifier and ID Mate Barcode Reader to help her read, or have read to her media of all sorts – food labels, medicine bottles, bills etc., all to help her maintain her independence