

# BISHOP EUSTACE PREP SCHOOL'S



## 2015 Field Hockey Camp



### INSTRUCTIONAL WEEK

June 29<sup>th</sup> – July 2<sup>nd</sup>

Time: 4 pm – 8:30 pm (Thurs., July 2<sup>nd</sup> 4pm-6pm)

Grades: 4 – 8

### ELITE CAMP WEEK

July 13<sup>th</sup> – 16<sup>th</sup> Time: 4pm – 8 pm

Grades: 6 - 12



**Registration Due By June 12<sup>th</sup> for Both Camps**



# 2015 Field Hockey Camp



Each session will be played on our “State of the Art” Turf Field which will help players better develop skills with speed while also building field vision!

## CAMP OBJECTIVES:

- Self Start
- Offensive and defensive positioning and concepts (specialized for offense, midfield, and defense)
- Develop stick skills, agility, tracking
- Off and on the ball positioning, receiving, passing, and shooting
- Offensive and defensive footwork and skills
- 1 v. 1, 3 v. 2, zone
- Man-to-man, tackling, channeling
- Offensive and Defensive Corners
- Small games
- Full field games
- Strength and conditioning coach
- 1:10 ratio field player instruction

## BIOGRAPHY of STAFF

**Danielle Annibale Senior** is returning as our Varsity Head Coach for her 4th season. After her 1<sup>st</sup> season as head coach, she took the team to **State Champs** status and won herself the title “**Rookie Coach of the Year**”. She was also selected as the “**NJSIAA Coach of the Year**” for 2012. She was a '89 graduate of Eustace where she played on the #1 ranked team in SJ under Coach Penza. She received such honors as All-Parochial, All-Conference, All-State and All-South Jersey. She was also chosen for the All Star Team. Coach Senior received a Division 1 Scholarship to play at Penn State University where she competed in 2 Final Four Championships.

**Alice Penza** has been a member of the Bishop Eustace coaching staff for the past 33 years. After coaching as an assistant under the legendary Jeanne Kline for 10 years, Coach Penza became only the second head coach in history of Bishop Eustace Field Hockey. During her ten years as head coach, Alice accumulated 7 Conference Championships and progressed to the semifinals of the Group II – South playoffs every year.

**Krista Lamorgese** an English teacher at Bishop Eustace, was the freshman field hockey coach from 1995-1997. After taking a hiatus, she rejoined the coaching staff as the JV coach. Krista graduated from Camden Catholic High School where she was a three year varsity starter and helped lead the team to become 1984 South Jersey Champions and 1985 State Champions. She played for Cabrini College where she was named First Team All ECAC and Rookie of the Year. In 2013, Krista was inducted into the Camden Catholic Hall of Fame with her teammates.

**Other staff will include area high school coaches and former Bishop Eustace graduates who are current college players.**



# 2015 Field Hockey Camp



## REGISTRATION

Circle Years Experience:    0-1    2-4    5-7    8+

(Please Print)

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE #: \_\_\_\_\_

EMAIL: \_\_\_\_\_

Grade entering 2015 school year: \_\_\_\_\_ Age: \_\_\_\_\_

School Attending 2015: \_\_\_\_\_

### BOTH CAMP WEEKS

(Grouping of athletes will be based on age and experience)

- Goalies must provide own equipment.
- Please bring water and a snack.
- Field players must bring a stick, mouth guard and shin guards.

### PLEASE CHECK THE WEEK YOU WILL BE ATTENDING

#### ▪ INSTRUCTIONAL WEEK – JUNE 29<sup>th</sup> - JULY 2<sup>nd</sup>

**Time:** 4 – 8:30 pm (Thursday, July 2<sup>nd</sup> 4-6pm)

**Place:** “Queen of Apostles Track and Field”

Bishop Eustace turf field

**Grades:** 4 – 8

**Fees:** \$130 per person

#### ▪ ELITE CAMP WEEK – JULY 13<sup>th</sup> - 16<sup>th</sup>

**Time:** 4 – 8 pm

**Place:** “Queen of Apostles Track and Field”

Bishop Eustace turf field

**Grades:** 6 – 12

**Fees:** \$130 per person

\*\*\*Please complete the reverse side and mail completed forms with fee (make checks payable to

“Bishop Eustace Prep”) to: Bishop Eustace Prep School

c/o Athletics

5552 Route 70

Pennsauken, NJ 08109



# 2015 Field Hockey Camp



## RELEASE FOR MEDICAL TREATMENT

Name: \_\_\_\_\_

Any allergies to medicines? If so list below:

\_\_\_\_\_  
\_\_\_\_\_

List any conditions that physicians should be aware of:

\_\_\_\_\_  
\_\_\_\_\_

I hereby authorize any medical treatment which may be advised or recommended by the attending Physician of

\_\_\_\_\_  
(Camper's Name)

\_\_\_\_\_  
(Insurance Company)

\_\_\_\_\_  
(Policy Number)

\_\_\_\_\_  
(Signature of Parent or Guardian)

## RELEASE AND WAIVER OF LIABILITY

The undersigned hereby acknowledges that participation in this camp and related activities involves an inherent risk of physical injury, and the undersigned, on behalf of the registrant, hereby assumes all such risk and does hereby release and forever discharge the camp and all employees and agents thereof from any and all liability of whatever kind or nature, arising from and by reason of any and all known and unknown, foreseen and unforeseen bodily and personal injuries, damage to property, and the consequences thereof, resulting from the registrant's participation in or involvement with this camp, including any failure of equipment or defects on premises.

I hereby state that I am the legal guardian of said child.

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent or Guardian

\_\_\_\_\_  
Date

## MEDIA RELEASE STATEMENT

As parent / legal guardian of the above camper, I give permission for photographs to be taken during activities at the Bishop Eustace Field Hockey Camp. These photographs will remain the property of the Bishop Eustace Field Hockey and may be used in publications and marketing campaigns. I give my permission for my child to be filmed or photographed.

\_\_\_\_\_  
Signature of Parent/Guardian

**\*\*\*Please complete the reverse side**