

EVERY STEP MATTERS



Walking for Jillian, diagnosed in 2009

A WORLD FREE OF MS

Early and ongoing treatment with FDA-approved therapy can make a difference for people with multiple sclerosis. Learn about your options by talking to your health care professional and contacting the National MS Society at nationalMSSociety.org or 800.344.4867.

THANK YOU TO OUR SPONSORS:



"Where Community Counts"



Blue Ridge
Walk 2013

presented by



REGISTER
TODAY

walkMSblueridge.org
800.344.4867



Susan, diagnosed in 1998



WALK TO CREATE A WORLD
FREE OF MULTIPLE SCLEROSIS

HELP TO CREATE A WORLD
FREE OF MS.



Funds raised through Walk MS are allocated to research and local services for people with MS living in Virginia, West Virginia and eastern Kentucky.

WALK MS: LOCATIONS

04.06.13

Bristol-Sugar Hollow Park

Danville-Averett University,
Student Center

Farmville-Moose Lodge

Huntington-Harris
Riverfront Park

Lexington-Washington & Lee
University, Evans Hall

04.13.13

Augusta County- Augusta
Health Lifetime Fitness

Charleston-Columbia Gas

Charlottesville-Topeka's Steak-
house

Morgantown-Hazel Ruby-
McQuain Riverfront Park

04.14.13

Bridgeport-Charles Pointe*

04.20.13

Clearbrook-Clearbrook Park

04.27.13

Harrisonburg-James Madison
University-Festival Conference
& Student Center

Lynchburg-Lynchburg College,
Schewel Hall

Martinsville-Jack Dalton Park
Wheeling-Heritage Port

04.28.13

New River Valley-Bisset Park*
Parkersburg-Point Park*

05.04.13

Beckley-YMCA Soccer
Complex

Culpeper-Culpeper Baptist
Church

Princeton-Chuck Mathena
Center*

Roanoke-First Presbyterian
Church

09.08.13

White Sulphur Springs-The
Greenbrier*

Event times

Walk 10am, Registration 9am.
*Walk 2pm, Registration 1pm.

REGISTER & START
FUNDRAISING TODAY

walkMSblueridge.org
800.344.4867
434.971.8010

Please register me as

☐ Walker ☐ Virtual Walker* ☐ Volunteer

Site: _____

Name _____

Address _____

City _____

State _____ Zip _____

Phone _____

Email _____

Date of Birth _____

My Fundraising goal is \$ _____
(I pledge to turn in some or all of my donations on or before Walk MS)

Team Name _____

Team Captain _____

T-Shirt Size** _____

**for raising \$125 or more

Team fundraising goal is \$ _____

* Virtual walkers do not attend the event but still fundraise for the mission.

Make checks payable to National MS Society.
Mail to Walk MS, 1020 Carrington Place,
Charlottesville, VA 22901