

## BlueCross BlueShield of Texas

Experience. Wellness. Everywhere.®

Name:	DOB:		Actual Age:		
	Language Spoke		Interpreter Name		
Date:					
NURSING INTAKE					
Height: Weight: BMI:	BMI%:	Temp.:	Pulse:	Resp.:	
Allergies:			harts Completed: [	]	
Abuse: witness or victim:		Notes:			
Alternate health care provider:		MA Signature			
INTERVAL HISTORY		Stools:			
Diet:			Physical Activity:		
Illnesses:			Sleep Pattern:		
Accidents:			Exposure to tobacco smoke: TB Risk Yes / No		
GROWTH-DEVELOPMENT: Physical activ	ity:				
[ ] Runs well, walks up and down			Puts 2-3 words together	er	
Identifies 1 body part   Kicks and throws a ball		<ul><li>[ ] Handles spoon well</li><li>[ ] Plays hide and seek</li></ul>			
7-20 word vocabulary				] Autism screen	
Puts on simple clothes			Helps in house	Developmental screen	
PARENTAL/PATIENT CONCERNS:			Telps in nouse [	] Developmental sereen	
TARENTAL/TATIENT CONCERNS.					
PHYSICAL EXAMINATION		Teeth	[ ] Grossly norr	nal	
General Appearance [ ] Well nourished an	d developed	Heart		s, regular rhythm	
No abuse/neglect of		Lungs		ds normal bilaterally	
Head [ ] Symmetrical, A.F.		Abdomen	[ ] Soft, no mas	ses, liver, spleen normal	
Eyes [ ] Conjunctivae, scle		Genitalia:			
[ ] Red reflexes prese		Male		otum, circ./uncirc.	
[ ] Appears to see [		Female		nl external appearances	
Ears [ ] Canals clear, TMs	normal	Hips	[ ] Good abduct		
Nose   Passages patent	[ ] Appears to hear		Femoral pulses[ ] Present and equal Extremities [ ] No deformities, full ROM		
Mouth & pharynx [ ] Normal color, no l	esions no cavities	Skin		gnificant lesions	
Neck [ ] Supple, no masses		Neurologi		s extremities well	
ASSESSMENT:	<u> </u>				
TIOSESSIVEI (TV					
PLAN:					
ODDEDC.     Vessing reactions risks on	1 fellow we combined / MIC	al. a a4 air. a.u.			
ORDERS: [ ] Vaccine reactions, risks and [ ] DTaP (if not up to date) [ ] Hep A (if not up to date)			unization registry entr	~77	
	f no history date)		or fluoride drops/chew		
	accine (check recommendations)		ill age 14	74010 tabs .25/.50 mg	
MMR (if not up to date) [ ] HCT (if hig			C Referral		
	d Test (at 24 months)		d profile (if high risk)		
	arnish application	[ ] Den	ıtal referral	[ ] PPD (if indicated)	
ANTICIPATORY GUIDANCE: Circle if di	scussed				
Diet: Regular meals with snacks, iron-rich foods, sodium, caloric balance, size of food, switch to low fat milk, no bottles.					
Behavior: Runs but falls easily, loves rough play. Activity education. Education on Fluoride varnish treatment					
Injury & Violence prevention: Street dangers, knives, falls, drowning, poison center number, storage of drugs, toxic chemicals,					
matches, guns, smoke detector, hot water temp., window guards, pool fence, bike helmet, play equipment, lead poisoning prevention					
Guidance: Accept negativism, start toilet training, parallel peer play, monitor TV programs, brush teeth, dentist, effects of passive smoking, protect skin from UV light, emergency care plan, toddler car seat, childcare plan, sun screen.					
	nergency care plan, toddler c	ar seat, chil	lucare pian, sun screei	1.	
[ ] Refer to appropriate agency.					
Next appointment [ ] 1 year or	Signature		Date		
Tox appointment [ ] I year or	Digitature		Datc_	<del></del>	