

BlueCross BlueShield of Texas

Name: E	Experience. Wellness. Everywhere.® Lan		DOB:		Actual Age:	
			guage Spoken Interpreter Name			
Date:			5-6 MONTHS			
NURSING INTA	KE					
Height:	Weight:	H.C.:	Temp.:	Pulse:	Resp.:	
Allergies:			Growth Charts	Completed: []		
Abuse:	. 1		Notes:			
Alternate health care provider: INTERVAL HISTORY Breastfeed or Bottle			MA Signature			
INTERVAL HIS Diet:	TORY	Breastfeed or Bottle Has WIC: Yes / No	Sleep position: Stools:		Meds/Vits:	
Illnesses:		has with res / no	Physical activit	x	wieus/ vits.	
Accidents:			Exposure to tobacco smoke: TB Risk: Yes / No			
GROWTH-DEVELOPMENT:						
[] No head lag when pulled to sitting []				Rolls both ways		
[] Reaches for objects			[] Sits briefly alone			
	Bears weight on legs		[] Gums, teeths objects			
Orients to bell			[] Babbles			
PARENTAL CONCERNS:						
DIIVELCAL EVA			Τ		-1	
PHYSICAL EXA General Appearan		and developed	Tee Hea		ai regular rhythm	
General Appearan	[] No abuse/negled		Lung		s normal bilaterally	
He		.F. open cm	Abdome		es, liver & spleen normal	
Ey		clerae, pupils normal	Genital			
	[] Red reflexes pre		Ma		tum, circ./uncirc.	
5] No strabismus	Fema		. external appearances	
Ea	ars [] Canals clear, TM [] Appears to hear		Hip Femoral pulse		on, leg length equal	
No			Extremitie			
Mouth & phary			Sk	L J	ificant lesions	
Ne			Neurolog		extremities well	
ASSESSMENT:						
PLAN:						
ORDERS: [] Vaccine reactions, risks and follow-up explained / VIS sheets given.						
ORDERS: [] DTaP	J vaccine reactions, risks a	and follow-up explaine	a / VIS sneets gi	_		
[] IPV	[] Fluorid	e varnish application	[]		v entrv	
[] Hib		a vaccine (after 6 mon		Nutritional assessme	nt	
[] Hep B	[] WIC Re		[]		0 mg QD, refill till age 2	
[] Rotavirus		indicated)	[]	Iron supplement (if in	dicated)	
ANTICIPATORY GUIDANCE: Circle if discussed						
Diet: Intro. Solids at 5 mos (rice cereal, vegs. & fruit), solids 1 new/week, start with iron-rich, no cow's milk yet, breast feeding,						
formula Behavior: Begins to sit and crawl, discrimination of people. Education on Fluoride varnish treatment						
Injury & Violence prevention: Smoke detector, poisoning risk, drug and toxic chemical storage, poison center phone number, lead						
poisoning prevention, gun lock.						
Childproofing: Safety gates, window guards, pool fence, hot liquids and surfaces, hot water temp., choking prevention, sleeping						
position						
Guidance: Consistent sleep schedule, teething and tooth care, blocks, repetitive games, no bottle recumbent, parent smoking, no aspirin use, sun screen, infant vs. toddler car seat, infant care (bathing, skin, clothing), childcare plan.						
aspirin use, sun screen, infant vs. toddier car seat, infant care (batning, skin, clotning), childcare plan. [] Refer to appropriate agency.						
[] Keter to appr	opriate agency.					
Next appointment	[] 2 months or	Signature	2		Date	