





# Swimming

**All Swim Classes: Bathing Caps must be worn.**

## Level I Swimming: Water Exploration

No parent involvement. Swimmies are worn.

Meets: Mon - Fri Ages: 4-5 Place: MS Pool

**Session 1: July 6<sup>th</sup>- July 17<sup>th</sup> Cost: \$75.00**

Course 1102- 10:30am-11:15am

Course 1105- 6:15pm-7:00pm

**Session 2: July 20<sup>th</sup>- July 31<sup>st</sup> Cost: \$75.00**

Course 2106- 8:30am -9:15am

Course 2107- 3:15pm -4:00pm

**Session 3: Aug 3<sup>rd</sup>- Aug 14<sup>th</sup> Cost: \$75.00**

Course 3106- 3:15pm -4:00pm

**6 Weeks (Fri Only) July 10<sup>th</sup>- Aug 14<sup>th</sup> Cost: \$45.00**

Course 1103-12:15pm -1:00pm

## Level II Swimming: Primary Skills

Should have passed Level I. Acclimation to the water. Must be able to enter water without swimmies or other aides.

Meets: Mon - Fri Place: MS Pool

**Session 1: July 6<sup>th</sup>- July 17<sup>th</sup> Cost: \$75.00**

Course 1108- 8:30am- 9:15am

Course 1109 -2:15pm- 3:00pm

**Session 2: July 20<sup>th</sup>- July 31<sup>st</sup> Cost: \$75.00**

Course 2110- 10:30am-11:15am

Course 2112- 6:15pm-7:00pm

**Session 3: Aug 3<sup>rd</sup>- Aug 14<sup>th</sup> Cost: \$75.00**

Course 3113- 9:30am-10:15am

Course 3114 -1:15pm-2:00pm

## Level III Swimming: Stroke Readiness

Should have passed Level II. Acclimation to the water and basic swimming in deep water.

Meets: Mon - Fri Place: MS Pool

**Session 1: July 6<sup>th</sup>- July 17<sup>th</sup> Cost: \$75.00**

Course 1115 -9:30am-10:15am

Course 1119- 3:15pm-4:00pm

**Session 2: July 20<sup>th</sup>- July 31<sup>st</sup> Cost: \$75.00**

Course 2115 - 2:45:pm-3:30pm

**Session 3: Aug 3<sup>rd</sup>- Aug 14<sup>th</sup> Cost: \$75.00**

Course 3119- 8:30am-9:15am

Course 3121- 6:15pm-7:00pm

## Level IV Swimming: Stroke Development

Should have passed Level III. Acclimation to the water and basic swimming in deep water. Improvement and additional swimming skills.

Meets: Mon - Fri Place: MS Pool

**Session 1: July 6<sup>th</sup>- July 17<sup>th</sup> Cost: \$75.00**

Course 1116 -1:15pm-2:00pm

**Session 2: July 20<sup>th</sup>- July 31<sup>st</sup> Cost: \$75.00**

Course 2123- 9:30am-10:15am

**Session 3: Aug 3<sup>rd</sup>- Aug 14<sup>th</sup> Cost: \$75.00**

Course 3125- 10:30am-11:15am

Course 3126- 2:15pm-3:00pm

**3 Weeks : July 6<sup>th</sup> - July 23<sup>rd</sup> Cost \$75.00**

Course 1127- 7:00pm-7:45pm

( Mon, Wed , Thurs)

## Level V Swimming: Stroke Refinement

Should have passed Level IV. Endurance and additional strokes.

Meets: Mon - Fri Place: MS Pool

**3 Weeks: July 6<sup>th</sup>- July 24<sup>th</sup> Cost: \$85.00**

Course 1128 - 4:15pm-5:15pm

**3 Weeks: July 20<sup>th</sup>- Aug 7<sup>th</sup> Cost: \$85.00**

Course 2129- 4:15pm-5:14pm

**3 Weeks: July 27<sup>th</sup> - Aug 14<sup>th</sup> Cost \$75.00**

Course 2131 -7:00pm-7:45pm

(Mon, Wed, Thurs)

## Level VI Swimming: Skill Proficiency.

Should have passed Level V. Endurance and additional strokes.

Students will be grouped by individual interests.

Meets: Mon- Fri Place: MS Pool

**3 Weeks: July 6<sup>th</sup>- July 24<sup>th</sup> Cost: \$85.00**

Course 1132- 4:15pm-5:15pm

**July 27<sup>th</sup> - Aug 14<sup>th</sup> Cost \$85.00**

Course 2133- 4:15pm-5:15pm

## Water Safety Aide: Must demonstrate all skills of Level IV

Swimming as a pre-requisite to take this class. Will then work as an aide with swimming classes.

Meets: Mon - Fri Ages: 10 & up Place: MS Pool

**Session 1: July 6<sup>th</sup>- July 17<sup>th</sup> Cost: \$30.00**

Course 1134- 8:30am-9:15am

## Diving: Basic springboard techniques. Must have passed Level V.

Meets: Mon - Fri Ages: 10 & up Place: MS Pool

**Session 1: July 6<sup>th</sup> - July 18<sup>th</sup> Cost: \$75.00**

Course 1135- 10:30am-11:15am

**Session 2: July 20<sup>th</sup>- July 31<sup>st</sup> Cost: \$75.00**

Course 2137- 8:30am-9:15am

## Infant Aquatic: An adult is required to be in the water with the child at all times.

Meets: Fri Place: MS Pool

**6 Weeks: July 10<sup>th</sup> - Aug. 14<sup>th</sup> Cost: \$40.00**

Ages: 6 months-2 years

Course 1140- 11:30am-12:00pm

**6 Weeks: July 10<sup>th</sup> - Aug. 14<sup>th</sup> Cost: \$40.00**

Meets: Fri Ages: 6 months-2 years

Course 1140- 5:30pm-6:00pm

**6 Weeks: July 10<sup>th</sup> - Aug. 14<sup>th</sup> Cost: \$40.00**

Meets: Fri. Ages: 3 years - 5 years

Children not ready for group lessons.

Course 1141- 7:00pm-7:30pm

## Girls Varsity Swim and Weight Room: Conditioning both in and out of the pool.

**6 Weeks: July 6<sup>th</sup>- Aug 12<sup>th</sup> Cost: \$60.00**

Meets: Mon and Wed Varsity Swimmers

Course 1150 -5:15pm-7:15pm

## Family Swim: 6 Weeks: July 7<sup>th</sup>- Aug 14<sup>th</sup>

Meets: Tues and Fri Time: 7:45pm-9:45pm

Cost: \$2.50 per adult, \$2.25 per child, \$5.50 per family of 3 with .50 extra each additional family member. Do not send money, pay at door. Photo ID required.

## Physically Challenged Swim: A course designed to help those students who need one to one assistance in the water.

**6 weeks : July 7<sup>th</sup>- Aug 13<sup>th</sup> Cost: \$60.00**

Course 1151 5:30pm-6:15pm

(Tues and Thurs)



# SPORTS

**Call Summer Enrichment Office for cancellations due to weather.**

**If classes are cancelled due to weather we will attempt to make up the time wherever possible.**

## Soccer

**Coed Soccer I:** Introduction to basic soccer skills.

Meets: Mon-Fri Ages 4-6 Place: Upper MS Fields

**Session 1: July 6<sup>th</sup> - July 17<sup>th</sup> Cost: \$70.00**

Course 1206 - 10:15am-11:45am

**Session 2: July 20<sup>th</sup> - July 31<sup>st</sup> Cost: \$70.00**

Course 2207- 8:30am-10:00am

**Session 3: Aug 3<sup>rd</sup> - Aug 14<sup>th</sup> Cost: \$70.00**

Course 3208 - 8:30am-10:00am

**Coed Soccer II:** Introduction to basic soccer skills. Students must wear shin guards. Previous soccer experience recommended.

Meets: Mon-Fri Ages 7-10 Place: Upper MS Fields

**Session 1: July 6<sup>th</sup> - July 17<sup>th</sup> Cost: \$70.00**

Course 1209- 8:30am-10:am

**Session 2: July 20<sup>th</sup> - July 31<sup>st</sup> Cost: \$70.00**

Course 2210- 10:15am-11:45am

**Session 3: Aug 3<sup>rd</sup> - Aug 14<sup>th</sup> Cost: \$70.00**

Course 3211 - 10:15am-11:45pm

**Varsity & JV Boys Soccer Skills:** Conditioning and training for the upcoming Fall soccer season.

Meets: Tues & Thurs Ages 13-18 Place: Varsity Field

**6 Weeks: July 7<sup>th</sup> - Aug 13<sup>th</sup> Cost: \$80.00**

Course 1215- 10:30am-12:30pm

**Coed Beginner-Modified Foot Skills Training:** Experience an hour of soccer schooling, specifically focused on basic individual foot skills. Along with the focus on individual foot skills, the development of each player's individual touch on the ball will be emphasized through both drills and games.

Meets: Tues & Thurs Ages 11-13 Place: JV Soccer Field

**6 weeks: July 7<sup>th</sup> - Aug 13<sup>th</sup> Cost: \$70.00**

Course 1291- 8:30am-9:30am

**Coed Advance Foot Skills Training:** Experience an hour of soccer schooling, specifically focused on advanced individual foot skills. Along with the focus on individual foot skills, the development of each player's individual touch on the ball will be emphasized through both drills and games.

Meets: Tues & Thurs Ages 14-17 Place: JV Soccer Field

**6 weeks: July 7<sup>th</sup> - Aug 13<sup>th</sup> Cost: \$70.00**

Course 1292- 9:30am-10:30am

## Track and Field

**Fundamentals of Track:** Introduction and training in the fundamentals of track and field. Athletes will be expected to run and do basic field events in a fun manner.

Meets Mon-Fri Ages 5-10 Place Outdoor Track

**Session 1: July 6<sup>th</sup> - July 17<sup>th</sup> Cost: \$70.00**

Course 1258- 8:30am-10:00am

**Session 2: July 20<sup>th</sup> - July 31<sup>st</sup> Cost: \$70.00**

Course 2259- 10:00am-11:30am

**Session 3: Aug 3<sup>rd</sup> - Aug 14<sup>th</sup> Cost: \$70.00**

Course 3260- 8:30am-10:00am

**Training for Hurdles:** Whether your skill level is beginner or experienced the course progression will be informative and challenging. Video analysis will be part of the course.

Meets: Mon-Wed-Fri Ages: Entering grades 7-12 Place: Track

**Session 1: July 6<sup>th</sup> - July 17<sup>th</sup> Cost: \$70.00**

Course 1259- 11:30am-1:00pm

**Training for Long and Triple Jumps:**

For athletes interested in learning and gaining a greater understanding of the techniques needed to be prolific in both jumps. (You may focus on one.) Video analysis will be part of course.

Meets: Mon-Wed-Fri Ages: Entering grades 7-12 Place: Track

**Session 2: July 20<sup>th</sup> - July 31<sup>st</sup> Cost: \$70.00**

Course 2260 -11:30am-1:00pm

**Training for High Jump :**

For athletes interested in learning and gaining a greater understanding of the techniques needed to be prolific in the high jump. Video analysis will be part of course.

Meets: Mon-Wed-Fri Entering grades 7-12 Place: Lower HS Gym

**Session 3: Aug 3<sup>rd</sup> - Aug 14<sup>th</sup> Cost: \$70.00**

Course 3261- 11:30am-1:00pm

**Field Events:** This course will develop the correct techniques for throwing the shot put, discus and hammer.

Meets: Mon-Wed- Fri Ages 11-18 Place: Throwing Field

**3 Weeks: July 6<sup>th</sup> - July 24<sup>th</sup> Cost \$80.00**

Course 1266- 9:00am -11:00am

**3 Weeks: July 27<sup>th</sup> - Aug 14<sup>th</sup> Cost \$80.00**

Course 2267- 9:00am-11:00am

**Twilight Track Meets:** Various track and fields events offered at night. \$2.00 an event. Money to be collected that night.

Meets: Wed 7pm-9pm Ages 5-99 Place: Outdoor Track

**Dates: July 15<sup>th</sup>, July 29<sup>th</sup> and Aug 12<sup>th</sup>**

## Strength & Conditioning

**Advanced Weight Training:** Must have experience. Instruction will cover the use of weights and proper training methods.

Meets: Mon, Tues, Thurs, Fri Grades: 10-12 Place: HS Wt Rm

**6 Weeks: July 6<sup>th</sup> - August 14<sup>th</sup> Cost: \$60.00**

Course 1274 - 9:00 am-12:00 pm

**Open Weight Room:** Open to Varsity Football and Varsity Wrestlers who already have a designed program.

Meets: Mon, Tues, Thurs, Fri Grades: 10-12 Place: HS Wt Rm

**6 Weeks: July 6<sup>th</sup> - August 14<sup>th</sup> Cost: \$60.00**

Course 1275- 3:00pm-7:00pm

**Female Track and Field Athletes: Strength and Conditioning:**

Program will focus on strength, speed, agility, plyometric training, conditioning and fitness for the female track athlete.

Meets: Mon-Wed-Fri Grades 9-12 Place: HS Weight Rm.  
Six weeks: July 6<sup>th</sup> – Aug 14<sup>th</sup> Cost: \$80.00  
Course 1276– 8:00am –10:00am

**Speed, Agility and Conditioning: High School Athletes :**

A program for athletes interested in improving their overall speed, quickness and fitness in preparation for the fall sport season. Focus will be on improving speed, agility, "change of direction" and acceleration.

Meets: Mon-Wed-Fri Grades 9-12 Place: HS Lower Gym  
Six weeks: July 6<sup>th</sup> – Aug 14<sup>th</sup> Cost: \$80.00  
Course 1277– 10:00am –11:30am

**Speed, Agility and Conditioning: Middle School Athlete:**

A program specifically for the Middle School athlete interested in improving speed, agility "change of direction", and acceleration

Meets: Tues. & Thurs. Grades 6-8 Place: HS Lower Gym  
Six weeks: July 7<sup>th</sup>– Aug 14<sup>th</sup> Cost: \$60.00  
Course 1278– 9:00am –10:30am

**Volleyball**

**Beginner Girls Volleyball:** A program to learn basic skills of serving, passing, setting and hitting. Students will also learn the rules and participate in team play everyday. (Knee pads optional).

Meets: Mon - Thur Ages 10-13 Place: MS Gym  
Session 1: July 6<sup>th</sup>- July 16<sup>th</sup> Cost: \$75.00  
Course 1288– 11:00am-1:30pm  
Session 3: Aug 3<sup>rd</sup>- Aug 13<sup>th</sup> Cost: \$75.00  
Course 3288– 11:00am-1:30pm

**Girls Advanced Volleyball:** Girls Advanced Volleyball is intended for players at the Junior Varsity or Varsity level, girls entering 9th-12th grade. The program will focus on position specific training, competitive drill situation, physical fitness and agility training.

Meets: Mon - Fri Ages 13-18 Place: HS Main Gym  
Session 3: Aug 3<sup>rd</sup>- Aug 14<sup>th</sup> Cost: \$75.00  
Course 3289– 9:00am-11:00am

**Basketball**

**Boys Advanced Basketball:** Students must have an understanding of basic basketball concepts, have played organized basketball and possess a fundamentally sound skill set.

Meets: Mon - Fri Grades 7 –12 Place: HS Main Gym  
One Week: July 20<sup>th</sup>– July 24<sup>th</sup> Cost: \$75.00  
Course 2290– 8:30am-11:00am

**Girls Basketball Camp:** Open to players who are working to improve all aspects of their game. Daily sessions will cover dribbling, passing, shooting rebounding, offensive and defensive strategies on 5 full courts games and skill contests.

Meets: Mon-Fri Grades 6-12 Place HS Main Gym  
One week: July 20<sup>th</sup> – July 24<sup>th</sup> Cost \$75.00  
Course 2291– 11:00am-2:00pm

**Gymnastics**

**Beginning Gymnastics:** An introduction to basic gymnastic skills and equipment.

Meets: Mon-Fri Ages: 4-5 / 6-7 Place: CV Gym  
Session 1: July 6<sup>th</sup>- July 18<sup>th</sup> Cost: \$65.00

Course 1216– 10:00am-11:00am (4-5)  
Course 1217– 11:15am-12:15pm (6-7)

Session 2: July 20<sup>th</sup> – July 31<sup>st</sup> Cost: \$65.00  
Course 2218- 11:00am-12:00pm (4-7)

Session 3: Aug 3<sup>rd</sup>- Aug 14<sup>th</sup> Cost: \$65.00  
Course 3219- 8:30am-9:30am (6-7)  
Course 3220- 11:15am-12:15pm(4-5)

**Intermediate Gymnastics:** An introduction to intermediate gymnastic skills and equipment. Should have some gymnastics experience.

Meets: Mon - Fri Ages: 6-8 Place: CV Gym  
Session 1: July 6<sup>th</sup>- July 17<sup>th</sup> Cost: \$65.00

Course 1221 - 12:30 pm-1:30 pm  
Session 2: July 20<sup>th</sup> – July 31<sup>st</sup> Cost: \$65.00

Course 2222– 10:00am-11:00am  
Session 3: Aug 3<sup>rd</sup>- Aug 14<sup>th</sup> Cost: \$65.00  
Course 3223- 9:45am-10:45am

**Advanced Gymnastics:** Will add to skills already learned. Must have some tumbling and gymnastic experiences.

Meets: Mon-Fri Ages 8-11 Place: CV Gym  
Session 2: July 20<sup>th</sup> – July 31<sup>st</sup> Cost: \$65.00  
Course 2225-12:30pm-1:30pm

**Parent and Me:** This course is designed for the children who have the ability to hold up their own heads. It is a time for tumbling and working together with parent and child.

Meets: Tues and Thurs Ages 3 mo-3 years Place: CV Gym  
Session 1: July 7<sup>th</sup>- July 16<sup>th</sup> Cost \$35.00

Course 1227- 9:00am-9:45am  
Session 2: July 21<sup>th</sup>– July 30<sup>st</sup> Cost \$35.00  
Course 2227 - 9:00am-9:45am

**Intramurals**

**Coed Games and Activities:** A course to participate in all types of activities that promote physical fitness, cooperation and team play. Students will play tag games, ball games and racquet sports.

Meets: Mon - Thur Ages: 9-12 Place: MS Gym  
Session 1: July 6<sup>th</sup>- July 16<sup>th</sup> Cost: \$75.00

Course 1297 - 8:30am - 11:00am  
Session 3: Aug 3<sup>rd</sup>- Aug 14<sup>th</sup> Cost: \$75.00  
Course 3292– 8:30am-11:00am

**Cheerleading and Dance**

**Beginner Cheerleading:** Learn the fundamentals of cheerleading while at the same time having fun. The class focuses on the following fundamentals: group and sideline cheers, the proper safe form of stunting techniques, dance routines, and jumps.

Meets: Mon-Fri Ages 5-7 Place: MS  
Session 2: July 20<sup>th</sup> – July 31<sup>st</sup> Cost: \$70.00  
Course 2280-9:00am-10:30am

**Kids Hip Hop :** Learn the fundamentals of Hip-Hop Dance. Students will learn fun moves and collaborate with the teacher to come up with original dance routines.

Meets: Mon-Fri Ages 6-8 Place: MS  
Session 3: Aug 3<sup>rd</sup>- Aug 14<sup>th</sup> Cost: \$70.00  
Course 3280- 9:00am-10:30am

## Tennis

**Coed Beginning Tennis:** Introduction to basic tennis skills. Students must provide their own tennis racket and bring 1 can of balls per week.

Meets: Mon-Fri Ages: 8-11 Place: Tennis Courts

**Session 1: July 6<sup>th</sup> - July 17<sup>th</sup> Cost: \$70.00**

Course 1229 - 8:00am-9:30am

**Session 2: July 20<sup>th</sup> - July 31<sup>st</sup> Cost: \$70.00**

Course 2230- 8:00am-9:30am

**Session 3: Aug 3<sup>rd</sup> - Aug 14<sup>th</sup> Cost: \$70.00**

Course 3231- 8:00am-9:30am

Course 3232- 9:30am-11:00am

**Intermediate Tennis:** Previous experience recommended. Bring 1 can of balls per week.

Meets: Mon-Fri Ages: 8-11 Place: Tennis Courts

**Session 1: July 6<sup>th</sup> - July 17<sup>th</sup> Cost: \$70.00**

Course 1235- 9:30am-11:00am

**Session 2: July 20<sup>th</sup> - July 31<sup>st</sup> Cost: \$70.00**

Course 2236: 11:00am-12:30pm

**Session 3: Aug 3<sup>rd</sup> - Aug 14<sup>th</sup> Cost: \$70.00**

Course 3237- 11:00am-12:30pm

**Coed Varsity Tennis:** Designed for those students who are in the school tennis program or who are interested in becoming part of the program. Emphasis will be on stroke analysis, drills and match play. Bring 1 can of balls per week.

Meets: Mon-Fri Ages: 12-17 Place: Tennis Courts

**Session 1: July 6<sup>th</sup> - July 17<sup>th</sup> Cost: \$70.00**

Course 1238- 6:00pm-8:00pm

**Coed Tennis:** Continuation of basic strokes, scoring and drills will be emphasized. Bring 1 can of balls per week.

Meets: Mon-Fri Ages: 12-14 Place: Tennis Courts

**Session 1: July 6<sup>th</sup> - July 17<sup>th</sup> Cost: \$70.00**

Course 1239 - 11:00am-12:30pm

**Session 2: July 20<sup>th</sup> - July 31<sup>st</sup> Cost: \$70.00**

Course 2240 - 9:30am-11:00am

## Baseball

**Boys T-Ball Baseball:** Beginning skill building of baseball. Students must supply their own bats and gloves.

Meets: Mon - Fri Ages: 4 - 6 Place: Upper MS Field

**Session 1: July 6<sup>th</sup> - July 17<sup>th</sup> Cost: \$70.00**

Course 1241- 8:30am-10:00am

**Session 2: July 20<sup>th</sup> - July 31<sup>st</sup> Cost: \$70.00**

Course 2242- 8:30am-10:00am

**Session 3: Aug 3<sup>rd</sup> - Aug 14<sup>th</sup> Cost: \$70.00**

Course 3243- 8:30am-10:00am

**Fundamentals of Baseball Clinic:** Fundamentals of hitting, fielding, throwing, pitching, and running. Students must supply their own bats and gloves.

Meets: Mon-Fri Ages: 7-10 Place: Upper MS Field

**Session 1: July 6<sup>th</sup> - July 17<sup>th</sup> Cost: \$70.00**

Course 1244- 10:15am-11:45am

**Session 2: July 20<sup>th</sup> - July 31<sup>st</sup> Cost: \$70.00**

Course 2245- 10:15am-11:45am

**Session 3: Aug 3<sup>rd</sup> - Aug 14<sup>th</sup> Cost: \$70.00**

Course 3246- 10:15am-11:45am

## Golf

**Beginner Golf:** An introduction to rules and fundamentals of golf. One round of golf will be played at a local course and one class will be held at the local driving range for an additional fee. Students must provide clubs. (3 wood or driver, wedge & putter)

Meets: Mon-Fri Ages: 8-13 Place: CV Field

**Session 1: July 6<sup>th</sup> - July 17<sup>th</sup> Cost: \$75.00**

Course 1267- 8:30am-10:00am

**Session 2: July 20<sup>th</sup> - July 31<sup>st</sup> Cost: \$75.00**

Course 2268- 8:30am-10:00am

**Session 3: Aug 3<sup>rd</sup> - Aug 14<sup>th</sup> Cost: \$75.00**

Course 3269- 8:30am-10:00am

**Advanced Golf:** Must have golf experience. Work on fundamentals, go to a driving range and play a round of golf for an additional fee.

Meets: Mon-Fri Ages: 10-13 Place: CV Field

**Session 1: July 6<sup>th</sup> - July 18<sup>th</sup> Cost: \$75.00**

Course 1270 - 10:00am-11:30pm

**Session 2: July 20<sup>th</sup> - July 31<sup>st</sup> Cost: \$75.00**

Course 2271- 10:00am-11:30pm

**Session 3: Aug 3<sup>rd</sup> - Aug 14<sup>th</sup> Cost: \$75.00**

Course 3272- 10:00am-11:30pm

## Football

**Fundamental Basics:** Learn and develop the fundamentals of football. Program will include conditioning to get ready for the fall season.

Meets Mon- Fri Ages 7-12yr Place: JV Practice Field #10

**Session 1: July 6<sup>th</sup> - July 17<sup>th</sup> Cost \$60.00**

Course 1295- 10:30am-12:00pm

## Ultimate Frisbee

**Ultimate Frisbee:** Learn the basic fundamentals of the hottest new up and coming sport through drills, mini games and scrimmages

Meets: Tues, Thurs, Fri Football Practice Field #10

**6 weeks : July 7<sup>th</sup> - Aug 14<sup>th</sup> Cost \$60.00**

Course 1296 Grades 7 -9 4:00pm-5:30pm

Course 1297 Grades 10-12 5:30pm-7:00pm





# Arts and Crafts

**Beginner Arts & Crafts I:** A program of arts & crafts for the beginner which will also include story time and free play. Each child should bring a small snack. **All Children MUST be potty trained.**

Meets: Mon-Fri Ages: 3-4 Place: MS

**Session 1: July 6<sup>th</sup>- July 17<sup>th</sup> Cost: \$95.00**

Course 1300 - 8:30am-11:30am

Course 1301 - 12:00pm-3:00pm

**Session 2: July 20<sup>th</sup> July 31<sup>st</sup> Cost: \$95.00**

Course 2302- 8:30am-11:30am

Course 2303 -12:00pm-3:00pm

**Session 3: Aug 3<sup>rd</sup>- Aug 14<sup>th</sup> Cost: \$95.00**

Course 3304- 8:30am-11:30am

Course 3305 - 12:00pm-3:00pm

**Beginner Arts & Crafts II:** A program of arts & crafts for the beginner which will also include story time and free play. Each child should bring a small snack for snack time.

Meets: Mon-Fri Ages: 5-6 Place: MS

**Session 1: July 6<sup>th</sup>- July 17<sup>th</sup> Cost: \$95.00**

Course 1306 - 8:30am-11:30am

Course 1307 - 12:00pm-3:00pm

**Session 2: July 20<sup>th</sup>- July 31<sup>st</sup> Cost: \$95.00**

Course 2308 - 8:30am-11:30am

Course 2309- 12:00pm-3:00pm

**Session 3: Aug 3<sup>rd</sup>- Aug 14<sup>th</sup> Cost: \$95.00**

Course 3310- 8:30am-11:30am

Course 3311 - 12:00pm-3:00pm

**Intermediate Arts & Crafts:** A program of intermediate arts & crafts which will also include free play. Each child should bring a small snack.

Meets: Mon-Fri Ages: 7-11 Place: MS

**Session 1: July 6<sup>th</sup>- July 17<sup>th</sup> Cost: \$95.00**

Course 1312 - 8:30am-11:30am

Course 1313 - 12:00pm-3:00pm

**Session 2: July 20<sup>th</sup>- July 31<sup>st</sup> Cost: \$95.00**

Course 2314- 8:30am-11:30am

Course 2315- 12:00pm-3:00pm

**Session 3: Aug 3<sup>rd</sup>- Aug 14<sup>th</sup> Cost: \$95.00**

Course 3316- 8:30am-11:30am

Course 3317 -12:00pm-3:00pm

**Basic Painting:** A course for budding young artists. The class will deal with basic colors and simple painting techniques.

Meets Mon-Fri Ages: 5-7 Place: MS

**Session 1: July 6<sup>th</sup>- July 17<sup>th</sup> Cost: \$65.00**

Course 1324- 8:30am-10:00am

**Session 2: July 20<sup>th</sup>- July 31<sup>st</sup> Cost: \$65.00**

Course 2325 - 8:30am-10:00am

**Session 3: Aug 3<sup>rd</sup>- Aug 14<sup>th</sup> Cost: \$65.00**

Course 3326—8:30am— 10:00am

**Drawing & Painting:** Students will learn to draw and paint while having fun. After each drawing created they will incorporate color by painting them. Students will experiment with different kinds of paint such as: finger paints, watercolor, and acrylic.

Meets: Mon-Fri Ages: 8-12 Place: MS

**Session 1: July 6<sup>th</sup>- July 17<sup>th</sup> Cost: \$75.00**

Course 1321- 12:00pm-1:30pm

**Session 2: July 20<sup>th</sup>- July 31<sup>st</sup> Cost: \$75.00**

Course 2322- 10:00am-11:30am

**Session 3: Aug 3<sup>rd</sup>- Aug 14<sup>th</sup> Cost: \$75.00**

Course 3323- 8:30am-10:00am

**Sculpture and Ceramics I:** Students will have hands-on experiences with clay. Hand-built pottery forms, pinch, coil, and slab methods will be emphasized.

Meets: Mon-Fri Ages 8-12 Place: MS

**Session 1: July 6<sup>th</sup>- July 17<sup>th</sup> Cost: \$75.00**

Course 1318- 8:30am-10:00am

Course 1319- 12:00pm-1:30pm

**Session 2: July 20<sup>th</sup>- July 31<sup>st</sup> Cost: \$75.00**

Course 2319- 8:30am -10:00am

Course 2321- 12:00pm-1:30pm

**Session 3: Aug 3<sup>rd</sup>- Aug 14<sup>th</sup> Cost: \$75.00**

Course 3320- 8:30am-10:00am

Course 3322 - 10:00 am-11:30am

**Sculpture and Ceramics II:** Students should have completed Sculpture and Ceramics I. Students will be learning more advanced pottery techniques.

Meets: Mon-Fri Ages 10-13 Place: MS

**Session 1: July 6<sup>th</sup>- July 17<sup>th</sup> Cost: \$75.00**

Course 1320- 10:00am -11:30am

**Session 2: July 20<sup>th</sup>- July 31<sup>st</sup> Cost: \$75.00**

Course 2320- 10:00am -1:30pm

**Session 3: Aug 3<sup>rd</sup>- Aug 14<sup>th</sup> Cost: \$75.00**

Course 3321 12:00pm-1:30pm

**Multi-Media Arts:** Through a variety of rewarding art experiences, students discover the mediums of paint, wood, paper, markers, pencils, and pens. Encouraged to combine these media, your children will produce creative individual projects.

Meets: Mon-Fri Ages: 8-12 Place: MS

**Session 1: July 6<sup>th</sup>- July 17<sup>th</sup> Cost: \$75.00**

Course 1327- 8:30am -10:00am

**Session 2: July 20<sup>th</sup>- July 31<sup>st</sup> Cost: \$75.00**

Course 2328- 12:00pm-1:30pm

**Session 3: Aug 3<sup>rd</sup>- Aug 14<sup>th</sup> Cost: \$75.00**

Course 3329- 10:00am-11:30am

**Expressive Drawing:** Students will learn how to draw, using their hands and their hearts. Students will be using various drawing mediums such as: graphite, charcoal and pastels to develop a sense of how to express themselves on paper.

Meets: Mon-Fri Ages: 11-15 Place MS

**Session 1: July 6<sup>th</sup>- July 17<sup>th</sup> Cost: \$70.00**

Course 1346 - 8:30am-10:00am

**Session 2: July 20<sup>th</sup>- July 31<sup>st</sup> Cost: \$70.00**

Course 2347- 8:30am-10:00am

**Session 3: Aug 3<sup>rd</sup>- Aug 14<sup>th</sup> Cost: \$70.00**

Course 3348 -8:30am-10:00am

**Fashion Design and Illustration:** Students will learn how to create and draw their own fashion design. We will talk about the process necessary to achieve a complete look and how to put it on paper.

Meets: Mon-Fri Ages: 11-15 Place: MS

**Session 1: July 6<sup>th</sup>- July 17<sup>th</sup> Cost: \$75.00**

Course 1345- 10:00am -11:30am

**Session 2: July 20<sup>th</sup>- July 31<sup>st</sup> Cost: \$75.00**

Course 2346- 10:00am-11:30am

**Session 3: Aug 3<sup>rd</sup>- Aug 14<sup>th</sup> Cost: \$75.00**

Course 3346- 10:00am-11:30pm

**Jewelry:** This class makes all kinds of jewelry that appeals to both boys and girls. Some examples of projects that will be done are necklaces, bracelets, money clips, and key chains.

Meets: Mon-Fri Ages: 8-12 Place: MS Art Room

**Session 1: July 6<sup>th</sup>- July 17<sup>th</sup>** Cost: \$75.00  
Course 1330 - 10:00am -11:30am

**Session 2: July 20<sup>th</sup>- July 31<sup>st</sup>** Cost: \$75.00  
Course 2331 - 8:30am -10:00am

**Session 3: Aug 3<sup>rd</sup>- Aug 14<sup>th</sup>** Cost: \$75.00  
Course 3332— 12:00pm – 1:30pm

**Cartooning I:** This course explores cartoon faces, figures, animals, and objects. Through the use of a sketchbook, cartoon expressions and movement will be drawn. The course will end with cartoon cell and comic strip. Students must be interested in cartoons and drawing. Open only to students who have not taken cartooning before. Bring a snack.

Meets: Mon-Fri Ages: 8 - 11 Place: MS

**Session 1: July 6<sup>th</sup>- July 17<sup>th</sup>** Cost: \$95.00  
Course 1339 - 8:30am-11:30am

**Session 2: July 20<sup>th</sup>- July 31<sup>th</sup>** Cost: \$95.00  
Course 2340— 12:00pm-3:00pm

**Session 3: Aug 3<sup>rd</sup>- Aug 14<sup>th</sup>** Cost: \$95.00  
Course 3341 – 8:30am-11:30am

**Cartooning II:** Prerequisite: Cartooning I. Students will expand their drawing skills while exploring the animation process. Students will learn how to draw from different angles and create movement through the use of an animation wheel. The course will end with the creation of a 3-dimensional sculpture from a 2 -dimensional cartoon drawing the students will design themselves. Bring a snack.

Meets: Mon-Fri Ages 10-13 Place MS

**Session 1: July 6<sup>th</sup>- July 17<sup>th</sup>** Cost: \$95.00  
Course 1342— 12:00pm -3:00pm

**Session 2: July 20<sup>th</sup>- July 31<sup>st</sup>** Cost: \$95.00  
Course 2343 - 8:30am – 11:30am

**Session 3: Aug 3<sup>rd</sup>- Aug 14<sup>th</sup>** Cost: \$95.00  
Course 3344 - 12:00pm - 3:00pm



## Performing Arts

**Musical Theatre Workshop:** This class will be learning Broadway- style dance, vocal technique, musical repertoire, acting devices and techniques and rehearsing for a final production. Bring a snack. **Only participants entering grades 3 through 6 will be allowed in the course.**

Meets: Mon- Fri Central Valley Auditorium

**3 Weeks: July 6<sup>th</sup>- July 24<sup>th</sup>** Cost: \$150.00  
Course 1404 - 8:30am - 11:30am  
Course 1405 - 12:00pm - 3:00pm

**3 Weeks: July 27<sup>th</sup>- Aug 14<sup>th</sup>** Cost: \$150.00  
Course 2405- 8:30am - 11:30am  
Course 2406- 12:00 pm– 3:00pm

**Musical Performance:** Musical rehearsal (acting, vocals, choreography) culminating in a musical production. The mornings will be set up as an introduction to the aspects of theater, and the afternoon will be geared toward a musical performance. **Participants must only be entering grades 7 through 10.**

Meets: Mon -Thurs Place: HS Auditorium

**6 Weeks: July 6<sup>th</sup> - Aug 13<sup>th</sup>** Cost: \$375.00  
Course 1403 - 9:00am-3:00pm

## Additional Courses

### PSAT/SAT Prep Course:

**6 Week Course: July 6<sup>th</sup>- Aug 13<sup>th</sup>** Ages 14-17 Place: MS  
Students must purchase the text: College Board Official SAT Study Guide before the first day of class.

Ages 14-17 Place: M S

**Verbal Sessions:** Course 1503 Cost: \$75.00

Meets: Mon & Wed 6:00pm-8:00pm

**Math Sessions:** Course 1504 Cost: \$75.00

Meets: Tue & Thurs 6:00pm-8:00pm

**American Girl Dolls Want to Have Fun:** Bring your American Girl Doll (optional) and read stories, watch movies, dress-up, play, sing, dance and hang out with your dolls and friends. Bring a snack.

Meets: Mon-Fri Ages 7-11 Place: MS

**Session 2 :July 20<sup>th</sup>- July 31<sup>th</sup>** Cost: \$70.00

Course 3535– 9:30:am-11:30am

**Cooking I:** This course is designed to make creative snacks and light meals in the kitchen. Children will have fun eating as well as learning their way around the kitchen.

Meets: Mon- Fri. Ages 6-8 Place: MS

**Session 1: July 6<sup>th</sup>- July 17<sup>th</sup>** Cost: \$100.00

Course 1505 – 8:30am-9:45am

Course 1506 - 12:00pm-1:15pm

**Session 2: July 20<sup>th</sup>- July 31<sup>st</sup>** Cost: \$100.00

Course 2507– 10:00am-11:15am

Course 2508— 1:30pm-2:45pm

**Session 3: Aug 3<sup>rd</sup>- Aug 14<sup>th</sup>** Cost: \$100.00

Course 3509– 8:30am-9:45:am

Course 3510- 10:00am-11:15am

**Cooking II:** This course is designed for kids to have fun and make interesting snacks and light meals in the kitchen. Teach- es basic cooking techniques and skills. Students will enjoy eating their creations!

Meets: Mon - Fri. Ages 9-12 Place: MS

**Session 1: July 6<sup>th</sup>- July 17<sup>th</sup>** Cost: \$100.00

Course 1511- 10:00am - 11:15am

Course 1512- 1:30pm– 2:45pm

**Session 2: July 20<sup>th</sup>- July 31<sup>st</sup>** Cost: \$100.00

Course 2513- 8:30am - 9:45am

Course 2514- 12:00pm– 1:15pm

**Session 3: Aug 3<sup>rd</sup>- Aug 14<sup>th</sup>** Cost: \$100.00

Course 3515- 12:00pm- 1:15pm

Course 3516- 1:30pm– 2:45pm

**Italian for Beginners:** To introduce students to the Italian language and some aspects of Italian life and culture. Students will learn basic vocabulary on specific topics and practice listening, speaking, reading and writing at an introductory and elementary level through a variety of activities.

Meets: Mon- Fri Ages 7– 12 Place: MS

**Session 1: July 6<sup>th</sup>- July 17<sup>th</sup> Cost: \$30.00**  
Course 1523- 12:00pm- 1:00pm

**Spanish for Beginners:** To introduce students to the Spanish language and some aspects of Spanish life and culture. Students will learn basic vocabulary on specific topics and practice listening, speaking, reading and writing at an introductory and elementary level through a variety of activities.

Meets: Mon- Fri Ages 7–12 Place: MS

**Session 3: Aug 3<sup>rd</sup>- Aug 14<sup>th</sup> Cost: \$30.00**  
Course 3520- 12:00pm- 1:00pm

**French for Beginners:** To introduce students to the French language and some aspects of French life and culture. Students will learn basic vocabulary on specific topics and practice listening, speaking, reading and writing at an introductory and elementary level through a variety of activities.

Meets: Mon- Fri Ages 7– 12 Place: MS

**Session 2: July 20<sup>th</sup>- July 31<sup>st</sup> Cost: \$30.00**  
Course 2521- 12:00pm- 1:00pm

**Crime Investigations I:** This program will challenge students to solve fascinating crime mysteries through a series of investigative experiments.

Meets: Mon-Fri Ages 9-11 Place: MS

**Session 1: July 6<sup>th</sup>- July 17<sup>th</sup> Cost: \$90.00**  
Course 1525– 8:30am-11:30am

**Session 2: July 20<sup>th</sup>- July 31<sup>st</sup> Cost: \$90.00**  
Course 2526 - 8:30am-11:30am

**Session 3: Aug 3<sup>rd</sup>- Aug 14<sup>th</sup> Cost: \$90.00**  
Course 3527– 8:30am-11:30am

**Crime Investigations II:** This is a more advanced program that will challenge students to solve fascinating crime mysteries through a series of investigative experiments.

Meets: Mon-Fri Ages 12– 14 Place: MS

**Session 1: July 6<sup>th</sup>- July 17<sup>th</sup> Cost: \$90.00**  
Course 1528– 12:00pm-3:00pm

**Session 2: July 20<sup>th</sup>- July 31<sup>st</sup> Cost: \$90.00**  
Course 2529– 12:00pm-3:00pm

**Session 3: Aug 3<sup>rd</sup>- Aug 14<sup>th</sup> Cost: \$90.00**  
Course 3530– 12:00pm-3:00pm

**Beginner Sewing:** This course is for students who have never sewn or for those who would like to learn how to use a sewing machine. In 2 weeks students will learn the necessary skills to use a commercial pattern. All sewing will be done in class with supervision.

Meets: Mon-Fri Ages 8-15 Place: MS

**Session 2: July 20<sup>th</sup>- July 31<sup>st</sup> Cost: \$70.00**  
Course 2531– 11:00pm-12:30am

**Session 3: Aug 3<sup>rd</sup>- Aug 14<sup>th</sup> Cost: \$70.00**  
Course 3532– 11:00am-12:30pm

**Intermediate Sewing:** This course is for students who have sewn on a sewing machine. This course is designed to strengthen sewing skills and build confidence while sewing a garment using a commercial pattern. All sewing will be done in class with supervision.

Meets: Mon-Fri Ages 8-15 Place: MS

**Session 2: July 20<sup>th</sup>- July 31<sup>st</sup> Cost: \$70.00**  
Course 2532– 1:00pm-2:30pm

**Session 3: Aug 3<sup>rd</sup>- Aug 14<sup>th</sup> Cost: \$70.00**  
Course 3533– 1:00pm-2:30pm

## Adult Courses

**Adult Beginner Golf:** Introduction to basic golf skills. Students must supply their own golf clubs (putter, driver and wedge). Students must purchase a bucket of balls per class. There will be a fee the last day to play golf at a golf course.

Meets: Mon -Wed-Fri Place: Cassidy's Driving Range

**Session 1: July 7<sup>th</sup>- July 18<sup>th</sup> Cost: \$70.00**  
Course 1606 - 7:00pm-8:30pm

**Session 2: July 20<sup>th</sup>- July 31<sup>st</sup> Cost: \$70.00**  
Course 2607- 7:00pm-8:30pm

**Session 3: Aug 3<sup>rd</sup>- Aug 14<sup>th</sup> Cost: \$70.00**  
Course 3608- 7:00pm-8:30pm

**Adult Beginner Tennis:** Introduction to basic tennis skills. Students must supply their own tennis racket and one can of balls per week.

Meets: Mon - Fri Place: Tennis Courts

**Session 2: July 20<sup>th</sup>- July 31<sup>st</sup> Cost: \$70.00**  
Course 2605- 7:00pm-8:30pm

**Adult Intermediate Tennis:** Should have previous tennis experience. Bring your own racket and bring 1 can of tennis balls per week.

Meets: Mon-Fri Place: Tennis Courts

**Session 3: Aug 3<sup>rd</sup>- Aug 14<sup>th</sup> Cost: \$70.00**  
Course 3606- 7:00pm-8:30pm

**Swimming for Fitness and Adult Swimming Lessons:**

Adults will be instructed and supervised in swimming.

Meets: Mon & Thurs Place: Pool

**6 Weeks: July 6<sup>th</sup>- Aug 13<sup>th</sup> Cost: \$75.00**  
Course 1603 - 8:00pm-8:45pm



## Monroe-Woodbury Summer Enrichment 2015

Parent or Guardian Last Name						
Student Last Name						
Address						
Street		Town			Zip	
Phone Number			Cell Phone Number			
Email						
Check Number			Signer of check			
Medical Concerns						
Student Name	Age	Course Name	Course Number	Start Date	Time	Cost
<b>Total Cost</b>						

Please put all enrollees on one form and submit one check for all enrollees. Mail registration form, check or money order (made payable to **MWCSD**) to:  
 Monroe-Woodbury Summer Enrichment  
 C/O Monroe-Woodbury Education Center  
 278 Route 32  
 Central Valley, NY 10917