



FIRST HALF OF OCTOBER BUSY AND THCA SHINES

NATIONAL NIGHT OUT EVENT

**516 E. COURTLAND
TUESDAY, OCTOBER 7
6 - 8 p.m.**



THCA's annual National Night Out celebration is an opportunity for us to honor San Antonio's first responders, our excellent Police and Fire Department. It also gives us an opportunity to socialize together and join with other community organizations in the City for an evening of family friendly fun and food.

THCA will provide hot dogs and waters. We encourage you to bring a side dish to share. Feel free to bring your own "personal" beverage. City officials and our local police and fire fighters have all been invited join in our celebration. So please plan to attend.

SEE PAGE FOUR FOR MORE INFORMATION

TOBIN HILL HEALTH FAIR

**SINKIN ECO CENTRO, 1802 N. Main
SATURDAY, OCTOBER 11 - 10 a.m. to 1 p.m.**

One of the Tobin Hill Community Association's major missions is to improve the quality of life for people who live and work in our neighborhood. What better way to do this than to have a healthy body and mind? So THCA, along with the Metropolitan Methodist Hospital, WellMed Clinic, Dr. Jacob Torres, and the D.R. Semmes Family YMCA will join forces to sponsor our first Health Fair. To assure that the event serves those in need the most, we are inviting all Tobin Hill residents, THCA member or not, to take advantage of this unique event. Medical professionals from the Tobin Hill neighborhood will be available to provide free flu shots (Seniors, 65 and over only), screenings for blood pressure, glucose, cholesterol and much more. In addition, there will be a number of special events including a lecture on Body Fat and a Zumba Demonstration.

SEE PAGE THREE FOR MORE INFORMATION

THCA PUBLIC MEETING

**SINKIN ECO CENTRO, 1802 N. Main
SATURDAY, OCTOBER 11 - 11:30 a.m - 12:15 p.m.**

No, not a misprint. We are expecting many new faces to attend our Health Fair, so what better way to introduce them to the Tobin Hill Community Association then by holding one of our Public meetings during the Fair? We will minimize the time spent on standard reports, place emphasis on the what and why of THCA, and have each one of our Health Fair participants tell you about the services they offer to our neighborhood.

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Tobin Hill Upcoming Events

Every Saturday

Pearl Farmers Market
Time: 9 a.m. - 1 p.m.

October 7, 2014

Tobin Hill National Night Out
Location: 516 E. Courtland
Contact: Cody Doege for info
Time: 6-8 p.m.

October 11, 2014

Tobin Hill Health Fair and
Location: Sinkin Eco Centro
Time: 10 a.m. - 1 p.m.

October 11, 2014

THCA Public Meeting
Location: Sinkin Eco Centro
Contact: Marty Kushner for info
Time: 11:30 a.m.

October 14, 2014

THCA Executive Comm Meeting
Location: TBA
Contact: Marty Kushner for info
Time: 6 p.m

October 17-19, 2014

Greek Funstival
Location: St. Sophia Greek Church



**THCA supports and is
proud to be a SA2020
Opportunity Partner**

FROM THCA PRESIDENT MARTY KUSHNER



Sometimes I wonder about what makes for a successful Community organization? It seems to me that it revolves around three things, community involvement, social aspects of the neighborhood, and individual involvement. October gives THCA an opportunity to shine in all three of these areas. On the social side we have National Night Out. For the past several years this event has been a success, with a large number of THCA members gathering to thank our first responders and share some food and good times. As for community service, I can not think of a better example than what we expect will be a very successful Health Fair. The idea to highly publicize the event via the distribution of fliers by block walking will take many volunteer hours, but it will get word out about the event to the community, regardless of affiliation with THCA.

The third, and most important is individual involvement, and that is up to YOU. Please consider taking time from your schedule to attend the National Night Out event and the Health Fair. They will both be enjoyable, stress free events but we need a good turn out to make them a success. **Please tell your neighbors, because everyone in Tobin Hill is invited.**

And while we are on the subject of social events, a very special thank you to Margaret Halsema and Luis Lopez for hosting our Pre-Siclovía get together. It was a great way to start out the morning.

NOT A THCA MEMBER? NOW IS THE TIME TO JOIN

If you have been reading our newsletter and are not a member of THCA, **NOW** is the time to show your support for our neighborhood and the mission of YOUR community organization. As an incentive, if you join anytime between October 1st and December 31st, your membership will extend to December 31, 2015! A true bargain. Not only that, all new members receive the "Official" THCA Tee Shirt for free. THCA Residential membership is just \$15 per person, so all you need to do is fill out the membership form located on the next to last page of this newsletter. Why not do it NOW?



FRONT

BACK

FUTURE THCA PUBLIC MEETINGS

October 11, 2014
November 20, 2014
January 22, 2015

Each Public Meeting includes general THCA business, but there will also be one featured topic that we hope will be of interest to all of our members. All meetings and subject matter will be announced in this Newsletter in advance



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TOBIN HILL HEALTH FAIR

Sponsored by the
Tobin Hill Community Association



UC4Life



Saturday, October 11, 2014 - 10am to 1pm
Sinkin Eco Centro Building @ 1802 N. Main
FREE and Open to All

- Free Flu Shots for Seniors (65 and older only)
- Blood Pressure Screening
- Cholesterol Screening
- Glucose Screening
- Body Mass Index Screening
- Instruction/Advice on Breast Testing
- Food Portion Sizing Information
- Weight Loss Advice
- Spinal Screening
- Body Fat Percentage Screening

OTHER ACTIVITIES AND OFFERS

Tobin Hill Community Assn. Meeting from 11:30 am to 12:15 pm

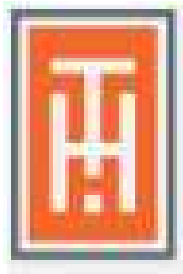
Grand Prize drawing of a signed San Antonio Scorpions Soccer Ball

Free Appointment for a Chiropractic and Wellness Evaluation

Free three-day passes to the YMCA and waiver of new membership fee

Free Zumba Demonstration 12:30 pm (participation invited)

Dr. Jacob Torres Lecture: *Stress, Hormones, & Belly Fat*. 12:15 pm



**SHOW YOUR TOBIN HILL SPIRIT
SUPPORT OUR POLICE AND FIREMEN**



**Tobin Hill Community Association's
NATIONAL NIGHT OUT
CELEBRATION**

Tuesday, October 7, 2014

**516 E. Courtland
6:00pm to 8:00pm**

This will be a FAMILY FRIENDLY EVENT

Entertainment for the Kids

Chalk It Up - Sidewalk Art Event
Visit from Fire Truck
Hot Dogs, Buns, and Bottled Waters
Visits by San Antonio Police, Fire, and Public Officials

WHAT TO BRING

Your Family and Neighbors
A side dish to share
Any "personal" beverages



**DON'T FORGET TO TURN ON YOUR
PORCH LIGHTS**

TO SHOW YOUR SUPPORT FOR OUR POLICE AND FIRE DEPARTMENTS

ANNUAL GREEK FUNSTIVAL COMING OCTOBER 17-19TH

Its' that time of year again.... when people in San Antonio flock to St. Sophia Greek Orthodox Church for their annual Greek *Funstival*. Since the Church is in our neighborhood, we have it easy.... no parking worries, just walk to the Church!



Each year the *Funstival* includes live Greek music and folk dancing, delicious Greek food, The Agora Marketplace, and tours of the church including a short talk about the history and traditions of the Greek Orthodox faith. This event takes place on the Church grounds, at 2504 North St. Mary's (at East Ashby). If you don't care to walk, there is free parking in the YMCA and free shuttle service to and from the Church. The event is 6 to 11pm on Friday, Noon to 11pm on Saturday and Noon to 7pm on Sunday.

There is an admission charge and you do have to pay for your food and drink, but then it is a FUNDRAISER! For further information you can call (210) 735-5051 OPA!

FROM DIEGO BERNAL'S DISTRICT ONE NEWSLETTER

New ACS E-Warrants Make Pet Rescues Faster

Animal Care Services and Municipal Court have developed a system for e-warrants filed for the removal of abused and neglected animals that will allow Animal Cruelty Investigators to rescue pets in as little as an hour's time.

- The first step is for the ACS Officer to identify a need for the warrant. Pets are considered personal property, therefore, their removal requires a warrant.
- The ACS Officer will create the proposed warrant on their mobile laptop devices. This includes a justification and any supporting evidence, such as photo or video that he or she has taken on site.
- The warrant is sent electronically to the assigned municipal court judge who will review the warrant and make a decision to approve.
- Once approved, the ACS Officer can save a copy of the signed warrant and print at a nearby City facility.
- At this point, the physical warrant is presented and the pet is removed from the site.



Cruelty to animals comes in many forms: abuse through torture, water and food deprivation, neglect, improper restraining methods, and lack of shelter from the elements. If you witness animal cruelty, call 311 and leave a detailed report immediately.

Illegal Bandit Signs

The Development Services Department and San Antonio Police Department have filed and won their first lawsuit against a bandit sign violator. Bandit signs are those which are illegally placed in public right of ways such as intersections, medians, and green areas next to homes or businesses. More than 132,000 signs were retrieved from Development Services this year alone. Individuals may obtain a permit for sign placement for \$50 at the Cliff Morton Business Center, 1901 S. Alamo, 78204. To report an area with frequent bandit sign placement, call 311.

Non-Discrimination Ordinance: How to File a Complaint

Last September, the City of San Antonio adopted the Non-Discrimination Ordinance which prohibits discrimination in the areas of housing, public accommodations, city employment, city contracting, boards and commissions, and Federal Title VI City services.

- To report a complaint as a victim of discrimination under this ordinance, an individual may now file with the City Attorney's office online via sanantonio.gov/NDO/complaint.
- To mail a complaint, download the form sanantonio.gov/NDO/complaint and mail to the City Clerk's Office, City Hall, 2nd Floor 100 Military Plaza, San Antonio, 78205.
- You may also make a complaint in-person at the above address Monday through Friday 7:45 a.m. - 4:30 p.m.



For a copy of the ordinance and a fact sheet with frequently asked questions, visit sanantonio.gov/NDO.

THCA AND SICLOVIA



Siclovía, San Antonio's semi-annual walking, riding, skating, event returned to Broadway on September 29th. THCA members and friends, always looking for a reason to get together and socialize, met at the home of Margaret Halsema and Luis Lopez for a light breakfast prior to walking/riding to Broadway. The food and beverages were wonderful, but the best part of the event was the walking, talking and just sharing good times together. But then, that's the way we are in Tobin Hill.

A special thanks to Margaret and Luis for opening their home on a Sunday morning.



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LUIS & MARGARET'S
HOME





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REGARDLESS OF WHO YOU SUPPORT... BE A GOOD CITIZEN, DON'T FORGET TO VOTE EARLY VOTING RUNS FROM OCTOBER 20-31st

EVENTS/COURSES AT ECO CENTRO

Solar Fest - All of October: 9 a.m. - 4:30 p.m.

The solar event of the year for our region is Solar Fest, which brings together solar technology vendors and experts from a wide range of related fields. Here you will discover practical ways to apply solar technology on a residential or commercial level. In addition, enjoy the music, food, beverages and give aways found at this exciting event.

THCA's Tobin Hill Health Fair - October 11, 10:00 a.m. to 1:00 p.m.

Free, and open to the public, the Tobin Hill Community Association sponsors a health fair with a number of free, on-site health services and other fun events..

National Food Day - October 24, 9:00 a.m. to 4:30 p.m.

Experience the world of food from the agricultural, processing, retailing, and dietary perspectives. This multi-faceted event features a mix of displays and sampling opportunities that you won't find anywhere else. Make it a point to take part in a free information sessions on how you can grow food in your own back yard.

Early Voting (Federal, State, and Local) - October 20 - 31, 9:00 a.m. to 4:30 p.m.

Convenient voting hours at Eco Centro and easy access to the facility make this an ideal setting for casting your vote in the important upcoming federal, state, and local elections.

Hands on Food Gardens - October 11 and 18, 9:30 am to Noon. (FEE BASED PROGRAM)

The rising cost of food is putting pressure on family budgets and food gardens are a means of reducing the cost while putting fresh fruit and vegetables on the table. This course prepares participants to select appropriate plants for our region as well as how to plant and care for them.

Vermiculture Techniques - October 14 to 16, 6:00 to 9:30 p.m.. (FEE BASED PROGRAM)

The propagation of worms (vermiculture) and composting with worms (vermicomposting) are the central themes of this course. Participants will have an opportunity to practice techniques for setting up a worm bin and harvesting worms. In addition, they will practice making worm food and strategies for keeping worms healthy.

Floral Design - Part 1 - October 6 - 29, 6:00 - 9:00 p.m. (FEE BASED PROGRAM)

This introductory course covers the principles of floral design and takes a hands-on approach to presenting design methods. Participants will practice putting together design styles by theme. They will also practice proper care of cut flowers, positioning of skeletal flowers and filler, cutting and wiring stems, as well as the use of various mechanical aids.

**SUPPORT OUR ADVERTIZERS
LET THEM KNOW YOU SAW
THEIR AD IN OUR NEWSLETTER**

THE URBAN GARDEN TO TABLE TALK

by Cody Doege

Fall is finally here, so take a big, deep, crisp breath. Your Summer cleanup is completed, and now it's time to plant, plant, plant. Fall is the absolute best time to get plants in the ground, as it gives them two cooler months to establish deep roots. Plants put in now and next month will be much bigger, will bloom better and will be more drought tolerant next year. So what are you waiting for? Get out your trowel and shovel and get digging.

Planting

Wildflower seeds. October is the perfect time to plant these seeds if you want a little natural ascent in your garden or if you are aiming to create a wildflower meadow or prairie. Try **bluebonnets, poppies, Indian paintbrushes.**

Pay particular attention to bed and soil preparations as you sow these seeds — choose a sunny site, till up all the existing grass and weeds, incorporate up to 1 inch of compost, sow seeds according to package directions and water in well.

So many cool-season annuals can be planted this month — pansies, violas, snapdragons, alyssum, dusty miller, calendulas, poppies and nasturtiums are great choices. If your area is having a bit of an Indian summer with higher temperatures, be sure to hold off another week until things cool off a bit.

Use annuals and other ornamental plants, like cabbage and kale, in containers as well as in the fronts of your beds and borders as slower-growing accents.

Crock Pot Enchilada Soup

Ingredients

- 2 large chicken breasts
- 32 oz enchilada sauce (make sure it's gf if necessary)
- 2 orange or red bell peppers, chopped
- 1 sweet onion, chopped
- 16 oz black beans, drained and rinsed
- 2 cloves garlic, finely minced
- 1 jalapeno, seeded and finely chopped (ribs are optional and will lead to a spicier soup)
- 1/2 tbsp cumin

For serving:

- Plain Greek yogurt
- Fresh cilantro
- Freshly shredded cheddar cheese
- Chopped green onions

Instructions

1. Place chicken, enchilada sauce, veggies, beans and seasonings into your crockpot. Be sure liquid is covering your chicken. If chicken is revealed, add more sauce. Cook on low for 5 hours.
2. Remove chicken and shred. Return to crockpot and stir back into soup. Serve topped with Greek yogurt, cilantro, green onions and shredded cheese. Leftovers may be stored in the refrigerator in an airtight container for up to one week.



The Tobin Hill Community Association is a 501 (c) (3) nonprofit association. Its mission is to facilitate implementation of the Tobin Hill Neighborhood Plan; protect the Tobin Hill Historic District and other Tobin Hill historic buildings; and improve quality of life through the collaboration of those who live, work, and contribute to the social fabric of Tobin Hill.

TOBIN HILL COMMUNITY ASSOCIATION MEMBERSHIP YEAR IS JANUARY 1 TO DECEMBER 31

Please enroll me as a member of the Tobin Hill Community Association.

- \$15 Resident Household Member.** Limit 2 votes per Household. \$15 per voting member. (If there is one voting member in your household, your membership is \$15. If there are two, each pays \$15, for a total of \$30 per household. Must live in Tobin Hill.
- Business Memberships.** Limit - one vote, designated business representative, and alternate per business. Must have a business or nonresident property located in Tobin Hill.
 - \$29 Small business – income up to \$1 million**
 - \$99 Medium business – income from \$1 million + 1 dollar to \$5 million**
 - \$259 Large business – income more than \$5 million**
- \$25 Associate Membership.** For interested parties outside of Tobin Hill. Nonvoting.

Membership fees: \$_____. I wish to make a donation to THCA: \$_____. **Total Check Amount:** \$_____

Date: ___/___/___

(Please make your check payable to THCA and mail to: PO Box15946, San Antonio, TX 78212)

THIS INFORMATION IS FOR THE SOLE CONFIDENTIAL USE OF THE TOBIN HILL COMMUNITY ASSOCIATION TO COMMUNICATE WITH ITS MEMBERS

Name: _____

Address: _____ (ZIP): _____

Telephone: Day: (____) _____ Home: (____) _____

Mobile: (____) _____ E-mail: _____

If business or associate business member, please give designated representative’s information above. Please also designate an alternative representative. Name: _____

Day Phone: (____) _____ Other Phone: (____) _____ E-mail: _____

- I would like to receive updates and news through my e-mail address.
- I would like to be included in the THCA membership directory, for members only.
- I would like to volunteer. Please contact me using information above.
- Unique skill(s) I have to offer, if any: _____

Thank you for Joining the Tobin Hill Community Association!

Please go to tobinhill.org for pictures, events and important community information

WHAT IS THE TOBIN HILL COMMUNITY ASSOCIATION?

The Tobin Hill Community Association (THCA) began with seven neighbors around a dining room table. Each of them held the belief that something great would begin in Tobin Hill if they could create a non-profit community association that, for the first time, would be able to bring resources into our community, operate transparently and be inclusive of all Tobin Hill's stakeholders. THCA received its status as a Texas Corporation in September 2008, approved bylaws and elected its first Board of Directors in January 2009, and received its federal nonprofit status in May, 2009.

The mission of the THCA is to facilitate implementation of the Tobin Hill Neighborhood Plan; to protect the Tobin Hill Historic District and other Tobin Hill historic buildings; and to improve quality of life through the collaboration of those who live, work, and contribute to the social fabric of Tobin Hill.

Your THCA Board:

Martin Kushner, President *	mfkushner@yahoo.com (210) 223-2814
Cody Doege, Vice President *	codydoege819@hotmail.com
Ben Fairbank, Member	baf@texas.net
Elyse Galik, Treasurer *	elyse@reductionofuncertainty.com
Gabriel Gonzalez, Secretary *	whitecard7766@gmail.com
Eddie Garza, Member	garza.eddie@sbcglobal.net
Richard Hartman, Member	richard@tycoonflats.net
Shannon Hern, Member	Shern453@gmail.com
Larry Polinard, Member	larrypolinard@hotmail.com
Tom Schlenker, Member	thomasschlenker@sanantonio.gov
Charles Sumerset, Member	csumerset@aol.com

* Executive Committee

THCA Board meetings are open to THCA members. They are scheduled on alternate months at the Sinkin Eco Centro Building. Check the Calendar of Events on Page One for times and dates. Of course things change, so if you have something you would like to discuss with the Board, be sure to contact Marty Kushner to confirm the meeting and make your interest known in advance. Thank you.

IMPORTANT CONTACT INFORMATION

City of San Antonio - Office of District One Councilman Diego M. Bernal

City Hall Office: 100 Military Plaza, SATX 78283 - (210) 207-7279
Field Office: 1310 Vance Jackson Rd. SATX 78201 - (210) 207-0900
E-Mail: district1@sanantonio.gov

Bexar County - Office of Precinct 4 Commissioner Tommy Adkisson

County Courthouse 100 Dolorosa, SATX 78205 - (210) 335-2011
Field Office: 101 W. Nueva SATX 78205 - (210) 335-2614
E-Mail: tadjkisson@bexar.org

Congressman Lloyd Doggett - San Antonio Field Office: 217 W. Travis, SATX 78205 (210) 704-1080

Texas House of Representatives - Office of State Rep. Mike Villarreal (District 123)

San Antonio Office: 1114 S. St. Mary's St., Suite 110 SATX 78210 (210) 734-8937

Code Enforcement Services: www.sanantonio.gov/ces - Call: 311

Tobin Hill Supervisor: Mr. Danny Liguez (210) 207-3904

Police Department: www.sanantonio.gov/sapd/contact - Emergency: 911 - Non-emergency: 207-7273

Tobin Hill's SAFFE Officer: Robert Rodriguez - 260-7479

San Antonio Water System: www.saws.org/service- 704-7297

City Public Service: www.cpsenergy.com - 353-2222

This is YOUR newsletter and we would like to include articles of interest to you. If you have any suggestions please let us know. If you know of upcoming event that have an impact Tobin Hill, we would like to include them in our Calendar of Events. We also encourage appropriate, non-political thoughts from THCA members and friends. You can contact me at 223-2814 or at mfkushner@yahoo.com Marty Kushner, Editor

**VISIT THCA'S
WEBSITE
TOBINHILL.ORG**