## Getting to Know Your Child: The Myers-Briggs Personality Types

Listed on the next page are a series of statements that explore four dimensions of your child's personality - how they are energized, what kind of information they naturally notice \& remember, how they make decisions, and how they like to organize their world.

Step 1: Read both statements (on the left and right). Decide which of the two statements best describes him/her. It helps to picture each set of statements as a scale - a continuum between two opposite extremes. There is no "right" or "wrong" answer - every child generally has a natural preference for one side or the other.

Step 2: Check one square for each set that best describes the child. Some people resist the notion that their child has to fall on one side only. This is an important concern. While most parents can answer each side has applied at some time in their child's life, the truth remains that the child does not use both sides with equal frequency, energy, or success. That's what is being asked in these questions - what comes to him/her more naturally, is primarily descriptive (but not necessarily exclusively that way).

Step 3: Answer all of the sets on the attached page. Please don't skip any and don't circle both preferences for the same set. Please be honest, don't answer the way you wish your child would be, answer the way they have actually been over the years.

Thank you.

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| :--- | ---: | ---: | :--- | :--- | :--- |
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## Measuring the Four Dimensions of Your Child's Personality Type

The first preference has to do with how your child is energized. Take a minute to look at these two columns of descriptors. Mark one square for each set of statements ( 7 sets total).

| $\square$ Think out loud | $\square$ Think things through before speaking |
| :--- | :--- |
| $\square$ Jump into new social situations | $\square$ Wait \& watch before getting involved |
| $\square$ Concerned about how they affect others | $\square$ Concerned about how others affect them |
| $\square$ Like variety and action | $\square$ Concentrate on one thing at a time |
| $\square$ Are more expressive and enthusiastic | $\square$ Are more thoughtful, private, \& reserved |
| $\square$ Are life's generalists | $\square$ Are life's specialists |
| $\square$ Are energized by interaction | $\square$ Are energized by introspection |

These next two columns have to do with how your child gathers information and what they pay attention to. Mark one square for each set of statements ( 10 sets total).

| $\square$ Are realistic and practical | $\square$ Are imaginative and creative |
| :--- | :--- |
| $\square$ Notice details and remember facts | $\square$ Notice anything new or different |
| $\square$ See what is | $\square$ See possibilities |
| $\square$ Like real toys that imitate real life | $\square$ Like unusual toys \& open-ended activities |
| $\square$ Enjoy games with established rules | $\square$ Like to play "make believe" |
| $\square$ Want clear, step-by-step directions | $\square$ Make assumptions based on hunches |
| $\square$ Like examples and models to follow | $\square$ Want to find new ways of solving problems |
| $\square$ Trust their past experience | $\square$ Trust their vision and fantasies |
| $\square$ Work at a steady pace | $\square$ Work with bursts of energy |
| $\square$ Accept things as they are | $\square$ Are interested In how things could be |

These two columns deal with how your child makes decisions and reach conclusions. Mark one square for each set of statements (8 sets total).

| $\square$ Are most convinced by logic | $\square$ Are most convinced by how they feel |
| :--- | :--- |
| $\square$ Are objective and analytical | $\square$ Are sensitive and empathetic |
| $\square$ Don't take things personally | $\square$ Take most things personally |
| $\square$ Want fairness and justice | $\square$ Want harmony and affection |
| $\square$ Express themselves directly with | $\square$ Express themselves with warmth, |
| honesty and clarity | diplomacy, and tact |
| $\square$ Want to be praised for independence | $\square$ Want to be praised for their personal |
| and their achievements | contribution and cooperative spirit <br> $\square$ Place a high value on competence |
| $\square$Place a high value on relationships <br> Hold themselves and others to <br> consistent standards | $\square$ Accept extenuating circumstances and |

These two columns have to do with how your child tends to organize his/her life. Mark one square for each set of statements ( 7 sets total).

| $\square$ Like order and structure | $\square$ Like flexibility and spontaneity |
| :--- | :--- |
| $\square$ Make decisions quickly and easily | $\square$ Delay decisions to gather more information |
| $\square$ Find comfort in rules | $\square$ Find rules limiting |
| $\square$ Like to make and stick with a plan | $\square$ Like to adapt and respond to changes |
| $\square$ Are decisive and state opinions frankly | $\square$ Are curious and ask a lot of questions |
| $\square$ Are productive and responsible | $\square$ Are playful and impulsive |
| $\square$ Prefer to finish projects | $\square$ Prefer to start projects |

