

Welcome Spring! It's the perfect time to get moving and try something new! Why not join the ZUMBA® Fitness party? Women ages 18 and up are invited to try this fun, easy-to-learn way to get in shape. We'll be offering classes on Tuesday mornings and Wednesday nights.



Instructors: Fee:

Angelica Ried & Beth Truitt

\$5/class;

pre-pay or pay as you go

You may sign up and pay for individual classes in either/both timeslots. We will fill the classes on a first-paid, first-served basis, up to 25 people per class. Drop-ins will be accommodated as space permits.

No experience is necessary, but you should wear comfortable clothes and exercise shoes, and you must sign a waiver in order to participate.

Submit registrations to the parish office, or drop them in the collection basket at Mass, ATTN: Mary Vukelich.

Questions? Call Mary at (717) 766-9433.

ZUMBA® FITNESS CLASS REGISTRATION

Name		
Phone number	·	
Email address		

Please circle or check the classes you will attend:

TUESDAYS 9:45 - 11:00 AM Brindle Hall					
April	2	9			
Мау	7	14	21	28	
June	4	11	18	25	

WEDNESDAYS 7:00 - 8:15 PM Bishop Datillo Hall (gym)					
April	3	10	17	24	
Мау	1	8	15	22	29
June	5	12	19		

Calculate registration fee:		
	Number of classes circled	
x \$5	(Fee is \$5 per class.)	
\$	Subtotal	
	Subtract \$5 if you have signed up for 6 or more classes!	
\$	<> <your (payable="" church)<="" fee="" joseph="" registration="" saint="" th="" to=""></your>	