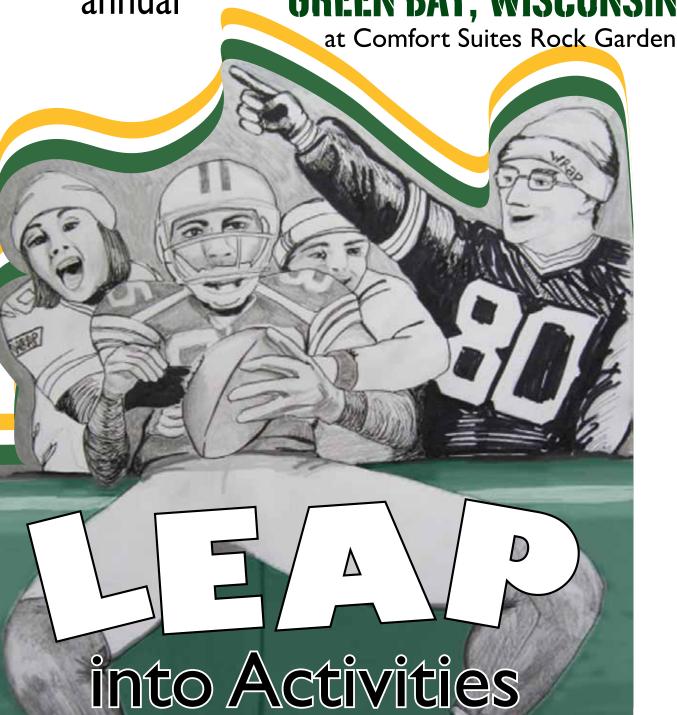


36 SEPTEMBER 17–19, 2014 annual GREEN BAY, WISCONSIN



h GOLD AND GREEN in 2014

WRAP-WLORG

#### **Wisconsin Representatives of Activity Professionals**

## Conference Registration

#### LEAP into Activities w/ Gold and Green in 2014

Nama.

**September 17 - 18 - 19, 2014** 

*PLEASE print (all fields)clearly	_	
Facility Name:		
Address Street:City:		OFFICE USE ONLY:  dt. rcv'd://14  fc#amt:
Day Phone:( ) Evening Phone:(	)	pc#amt:
Email Address:		ac#amt:
WRAP Annual Membership (fill out the enclosed membership form and mail w/ registration)	\$ 35.00	PLEASE READ!
Pre-Conference Intensive* (Wednesday, September	er 17 <sup>th</sup> )	Photo/Media Release check × the appropriate box:
* This session is <b>not</b> included in 3-day entire conference fee, it is a working lu	•	
WRAP MEMBERS	\$ 50.00	I give my permission to WRAP in publishing my name and/or photo taken
Non-Members	\$ 75.00	at the 2014 Annual WRAP Conference in
Entire Conference (Wednesday, September 17th – Frida (This fee does not include the Pre-Co	ay, September 19 <sup>th</sup> ) onference Intensive Session)	WRAP's publications, videos and/or website. I further understand it is my responsibility to make sure I am not in a
WRAP MEMBERS	\$185.00	group photo if I do not want my picture
Non-Members	\$255.00	to appear in future publications or on the website.
Thursday Only ( September 18th)		Yes, permission granted in regards to
WRAP MEMBERS	\$140.00	the above statement.
Non-Members	\$175.00	
Awards Banquet (NOT included in the Thursday only		•
Awards Banquet (additional guests)	\$30.00ea	Please Note: Implied consent is granted if one of the boxes IS NOT checked.
Friday Only (September 19th)		: Please print clearly:
WRAP MEMBERS	\$ 75.00	
Non-Members	\$ 110.00	Name:
		Signature:
Registration LATE Fee (after September 9th)	\$ 25.00	
WRAP SCHOLARSHIP "Early Bird" RAFFLE tickets (5 tickets for \$20.00).	\$ 20.00	and the same of th
\$		
WRAP's Tax EIN#: 39-1501229	Total Amount Enclosed	WRAP
Please FILL OUT and MAIL both pages 1 and 2!		

Please FILL OUT and MAIL both pages 1 and 2! NO CREDIT CARDS! NO PURCHASE ORDERS! Payment needs to accompany registration form. No refunds will be made after September 4<sup>th</sup> 2014.

Meal Count	please indicate the meals you plan to attend
Thursday	Lunch
Thursday	Awards Banquet

#### Make Check Payable to:

#### WRAP CONFERENCE

Mail Registration Form and Payment to:

Renee Tatzel
Director of Activity Services
Spring Valley Health & Rehab Center
S830 Westland Ave.
Spring Valley, WI 54767

work: 715-778-5545 ext. 239

email: reneet@svhcs.org

<sup>•</sup> contact specific establishment for specialized or restricted diet needs.

#### **Wisconsin Representatives of Activity Professionals**

## LEAP into Activities w/ (and Green in 2014) Wednesday, September 17th, 2014

Mark a 1<sup>st</sup> and 2<sup>nd</sup> choice for each Breakout Session. Wednesday and Keynote sessions only require an X to note participation

vicunesuay, coptombol 17, 1214
11:00am – 2:00pm 1. Pre-Conference Intensive – Science for Seniors – Gloria Hoffner
2:30pm – 5:00pm 2. WRAP Annual Membership Board Meeting (open to everyone)
6:15pm – 7:15pm 3. Legislative Update 2014 – Ingrid Constalie
7:30pm – 8:30pm 4. Vendor Showcase
Thursday, September 18 <sup>th</sup> , 2014
8:30am – 10:00am 5. Opening Keynote: Customer Service the Activity Way – Vanessa Emm
10:30am – 11:30am Breakout Session 1
6. Documentation and Planning for Quality – Vanessa Emm
7. Music and Dementia-Getting a Positive Response – Rebecca Frize
8. Transport to Adventure – Gloria Hoffner 9. Balancing Rights and Regulations: a Person Centered, Person Directed Approach – Kim Marnheine
9. Data roing rights and regulations, a Person Centered, Person Directed Approach – Rin Manneine 10. A Fireside Chat with DQA – Jessica Radtke
1:00pm – 2:00pm Breakout Session 2
11. Documentation and Planning for Quality – Vanessa Emm (repeat)
12. Music and Dementia-Getting a Positive Response – Rebecca Frize (repeat)
13. Chair Chi: Seated Tai Chi for the Movement Impaired Populations – Pat Griffith
14. Whose Behavior is it Anyway? Re-Thinking Dementia Care – Jessica Radtke
2:15pm – 3:15pm Breakout Session 3
15. Activity Professionals Getting Involved in Quality Assurance and Performance Improvement – Mary Funseth
16. UpCycled Arts and Crafts – Pam Parsons
17. Calendar Sharing for Assisted Living and RCACs– Laura Burke
18. Activities and Dementia – Sharlene Bellefeuille
19. Chair Chi: Seated Tai Chi for the Movement Impaired Populations – Pat Griffith (repeat)
3:30pm – 4:30pm Breakout Session 4
20. Calendar Sharing for Long Term Care – Melissa Dixon
21. Boundaries of Surrogate Decision-Makers in Respecting Resident Rights – Kim Marheine
22. Intimacy and Sexuality in Dementia Care –Joan Litwitz 23. A Fireside Chat with DQA – Jessica Radtke (repeat)
23. At heside onat with both = sessica readite (repeat)24. Handling Food in Your Facility = Alta (Tammy) Ratcliffe-Tuten
i ilday, deptember 15 , 2014
8:00am – 9:00am Breakout Session 5
25. Handling Food in Your Facility – Alta (Tammy) Ratcliffe-Tuten (repeat)
26. Self Guided Activities – Cindy Lotzer 27. Team Building: Identifying Communication Styles (part 1) – Mary Funseth
27. Team Building. Identifying Communication Styles (part 1) = Mary 1 drisetti28. Grant Writing- Vanessa Emm
20. Stant Whiting Vallessa Entitle20. Physical Activities for the "Sitting Down" Population – Penny Portman
9:30am – 10:30am Breakout Session 6
30. Let the Good Times (Drum) Roll- Rhythm Adventures on a Budget – Tom Gill
31. Armchair Travel – Cindy Lotzer
32. Team Building: Identifying Communication Styles (part 2) – Mary Funseth
33. Physical Activities for the 'Mobile' Population – Penny Portman
11:00am – 12:00pm 34. Closing Keynote: It All Starts with a Goal! – Mary Funseth

## Registration Fees

#### PRE-CONFERENCE INTENSIVE\*

Includes box lunch & speaker fees (3 hours of education during a working lunch)

WRAP members \$50.00 Non-members \$75.00

**Pre-conference** limited to 100 attendees. Register Early!

#### **ENTIRE CONFERENCE**

Includes Thursday lunch and Thursday Awards Banquet
This fee does not include the Pre-Conference Intensive Session

WRAP Members \$185.00 Non-Members \$255.00

#### THURSDAY ONLY

Includes Thursday lunch, does Nor include Thursday Awards Banquet If attendees wish to attend, a dinner must be purchased separately

WRAP Members	\$140.00
Non-Members	\$175.00
Awards Banquet dinner	\$ 30.00 ea
Additional Awards Banquet Guests	\$ 30.00 ea

#### **FRIDAY ONLY**

WRAP Members \$ 75.00 Non-Members \$110.00

\*for special diet accommodations contact the event locations below...

Contact the Comfort Suites Rock Garden, Green Bay, WI for special arrangements.

## Register Early

Register by September 9<sup>th</sup> - Registrations postmarked after September 9<sup>th</sup> will be assessed a \$25.00 LATE FEE. All cancelled reservations will be assessed a \$25.00 processing fee.

Please, double check to be sure ALL forms (pgs 1 and 2) are filled out neatly and payment accompanies the registration form.

No credit cards or purchase orders.

WRAP's Tax EIN#: 39-1501229

#### Make Check Payable to:

#### WRAP CONFERENCE

Mail Registration Form and Payment to:

#### Renee Tatzel

Director of Activity Services Spring Valley Health & Rehab Center S830 Westland Ave. Spring Valley, WI 54767

- work: 715-778-5545 ext. 239
- · email: reneet@svhcs.org

<sup>\*</sup> This session is **not** included in 3-day entire conference fee.



With GOLD AND GREEN in

# 2014

## Wednesday, September 17th, 2014

9:00am - 8:00pm Registration

10:00am - 2:00pm Pre-Conference Intensive: "Science for Seniors" - Gloria Hoffner

1:00pm - 2:00pm Cultural Arts Registration

2:00pm - 2:30pm Break

2:30pm - 5:00pm WRAP Annual Membership Board Meeting (open to everyone)

3:00pm - 6:15pm **Vendors OPEN** 

4:00pm - 6:00pm Cultural Arts Registration

5:00pm - 6:15pm Dinner Break - Tailgate Party with Food in Vendor Area

6:15pm — 7:15pm WRAP Government Relations and 2014 Legislative Update

-Ingrid Constalie, Gov't Relations Chair

7:30pm – 8:30pm The BIG Game: Vendor Showcase

8:30pm - 10:00pm Vendor Tailgate Party - Great opportunity to SHOP for residents!

### Thursday, September 18th, 2014

6:30am - 8:00am EARLY SHOPPING SPREE W/ VENDORS

7:00am – 8:00am Registration / Vendors OPEN/Cultural Arts Registration

8:00am - 8:30am Welcome/Announcements/Call of Regions

8:30am — 10:00am Opening Keynote – Vanessa Emm "Customer Service the Activity Way"

10:00am - 10:30am Break / Cultural Arts / Vendors / Silent Auction

10:30am - 11:30am BREAKOUT SESSION 1

- 6.) Vanessa Emm "Documentation and Planning for Quality"
- 7.) Rebecca Frize "Music and Dementia-Getting a Positive Response"
- 8.) Gloria Hoffner "Transport to Adventure"
- 9.) Kim Marheine "Balancing Rights and Regulations: A Person-Centered, Person-Directed Approach"
- 10.) Jessica Radtke "A Fireside Chat with DQA"

11:30am – 12:00pm Break / Vendors / Silent Auction

Final DRAWING, final SALES... final SCORE! / CULTURAL ARTS CLOSED @ NOON

12:00pm - 12:45pm **LUNCH** 

1:00pm – 2:00pm BREAKOUT SESSION 2

- 11.) Vanessa Emm "Documentation and Planning for Quality" (repeat)
- 12.) Rebecca Frize "Music and Dementia-Getting a Positive Response" (repeat)
- 13.) Pat Griffith "Chair Chi: Seated Tai Chi for the Movement Impaired Populations"
- 14.) Jessica Radtke "Whose Behavior is it Anyway? Re-Thinking Dementia Care"

## Thursday, September 18th, 2014 (Continued...)

2:15pm - 3:15pm BREAKOUT SESSION 3

- 15.) Mary Funseth "Activity Pros Getting Involved in Quality Assurance & Performance Improvement"
- 16.) Pam Parsons "UpCycled Arts and Crafts"
- 17.) Laura Burke "Calendar Sharing for Assisted Living and RCACs"
- 18.) Shalene Bellefeuille "Activities and Dementia"
- 19.) Pat Griffith "Chair Chi: Seated Tai Chi for the Movement Impaired Populations" (repeat)

3:15pm – 3:30pm Break / Silent Auction closes at 3:30pm

3:30pm – 4:30pm BREAKOUT SESSION 4

- 20.) Melissa Dixon "Calendar Sharing for Long Term Care"
- 21.) Kim Marheine "Boundaries of Surrogate Decision-Makers in Respecting Resident Rights"
- 22.) Joan Litwitz "Intimacy and Sexuality in Dementia Care"
- 23.) Jessica Radtke "A Fireside Chat with DQA" (repeat)
- 24.) Tammy Tuten "Handling Food in your Facility"

6:00pm – 9:00pm Cash Bar Open

7:00pm — 9:00pm Annual Banquet and Awards Ceremony

## Friday, September 19th, 2014

7:00am – 8:00am Registration / Hotel Checkout

8:00am – 9:00am BREAKOUT SESSION 5

- 25.) Tammy Tuten "Handling Food in your Facility" (repeat)
- 26.) Cindy Lotzer "Self Guided Activities"
- 27.) Mary Funseth "Team Building: Indentifying Communication Styles (part 1)"
- 28.) Vanessa Emm "Grant Writing"
- 29.) Penny Portman "Physical Activities for the 'Sitting Down' Population"

9:00am – 9:30am Break / Checkout

9:30am - 10:30am BREAKOUT SESSION 6

- 30.) Tom Gill "Let the Good Times (Drum) Roll-Rhythm Adventures on a Budget"
- 31.) Cindy Lotzer "Armchair Travel"
- 32.) Mary Funseth "Team Building: Indentifying Communication Styles (part 2, must attend part 1)"

33.) Penny Portman - "Physical Activites for the "Mobile" Population"

10:30am – 10:45am Break

**10**:45am – 11:00am **2015 Conference Promotion** 

11:00am – 12:00pm Closing Keynote: "It All Starts with a Goal!"

Mary Funseth

12:00pm – 12:30pm Closing Comments

## Map to Comfort Suites Rock Garden - Green Bay, WI

1951 Bond Street • Green Bay, WI 54303 Hotel Phone: 920.499.7449 • Hotel Fax: 920.499.0322

#### **The Rock Garden Convention Center**

Phone: 920.497.4701 • Fax: 920.499.5242



#### **Conference Rooms**

Reservations must be made by August 18<sup>th</sup>, 2014, to guarantee room and rate availability.

ALL rooms, Single AND Double \$89.00 + taxes. Rooms include continental breakfast at hotel.

When calling to reserve room, state it is for the WRAP Conference to be sure to receive our conference room rates.

"Individual commitment to a group effort - that
"Individual commitment to a group effort - that
"Individual commitment to a group effort - that
"ork, a company work, a company work, a civilization work."

Society work, a civilization work."

- Vince Lombardi

#### **Directions to the Hotel**

**US Highway 41** exit Shawano Ave, drive East to Taylor St. roundabout, Enter Roundabout and take the 3rd exit to North Taylor St., drive North to Bond St., West on Bond 1 Block to Comfort Suites.

**Highway 29** from West take until Taylor Street roundabout, Enter Roundabout and take the 3rd exit to North Taylor St., drive North to Bond St., West on Bond 1 Block to Comfort Suites.

**Interstate 43** from South take Highway 172 West to us 41 North, exit Shawano Ave., drive East to Taylor Street roundabout, Enter Roundabout and take the 3rd exit to North Taylor St., drive North to Bond St., West on Bond 1 Block to Comfort Suites.

**Highway 57** from Door County, take to Interstate 43 North, exit US 41 South, exit Shawano Ave, drive East to Taylor Street roundabout, Enter Roundabout and take the 3rd exit to North Taylor St., drive North to Bond St., West on Bond 1 Block to Comfort Suites.

### Join us for our 22<sup>nd</sup> Annual Scholarship RAFFLE!

Join us for our 22<sup>nd</sup> Annual Scholarship Raffle! Last year's fundraiser proved successful so we are sponsoring another raffle for 2014. You can order raffle tickets when you register at a special Early Bird price of 5 for \$20. Your tickets will be waiting for you at the conference registration table. If you prefer to purchase tickets at conference, they will be available for \$5.00 each. By participating in this event, you are supporting the Scholarship Fund for Activity Professionals who have demonstrated a desire to further their professional knowledge of the Activity field.

#### **WIN** one of six prizes including:

- 1 free WRAP membership
- 1 free overnight at the Comfort Suites

  Rock Garden in Green Bay WI
- \$25 gift card to Walmart
- \$25 gift card to Kwik Trip
- \$25 gift card to Dollar Tree
- \$25 gift card to Michaels

#### WRAP Member Info

We invite all members to review WRAP's Annual Report. It can be found on the WRAP website: www.wrap-wi.org If you have any questions, we encourage you to seek out a WRAP Board Member for clarification.

#### **AWARDS BANQUET**

We invite you to attend the 36th Annual Awards Banquet on Thursday evening. Attendees are invited to go casual with jeans along with Gold and Green. An open bar will be from 6-9pm with the meal starting at 7pm. Awards and installation ceremony will follow the meal.

#### **Silent AUCTION**

This year we will have a silent auction with funds raised going towards scholarships, including educational and WRAP conferences. Make sure you stop in and check out these great items. Bidding will close on Thursday at 3:30pm .

Local Arrangements Northeastern WI Activity Prof. Assoc.

#### **Melanie Fintelmann**

email: melanf@rennesgroup.com

phone: 920-731-7310

#### **Vendors OPEN SCHEDULE**

Open Wednesday from 3pm-6:15pm
Tailgate Food for sale in Vending Area 5-6:15pm
Vendor Area Closed- 6:15 – 8:30 PM
Vendor Tailgate Shopping 8:30-10pm
Thursday morning: EARLY shopping spree
6:30-8am, 10-10:30am and 11:30am-12:00pm.
Final drawing... Final sales... Final SCORE!



#### Visit the Cultural Arts Exhibits

and see what residents across the State of Wisconsin have created.

STOP 'n' SHOP for your residents in our VENDOR AREA

Books • Music • Craft Supplies • Sensory Items • and MORE!

## Conference Objective

WRAP presents its 36<sup>th</sup> Annual Conference to educate, motivate and revitalize Activity Professionals, Therapeutic Recreation Specialists, Nursing Home Administrators, Social Workers, Consultants and other professionals working in nursing homes, assisted living, adult day services, senior centers and community based residential facilities.

We offer educational sessions that focus on the varied professional and personal needs of the attendees. We support and encourage the sharing of knowledge and experience with other professionals. We provide attendees with the opportunity to grow in leadership, professionalism and knowledge to bring back vital information related to activities for enhancing the residents' quality of life.

## **Message from the Conference Chair**

If you are not a current member of WRAP, now is the time to join and take advantage of lower conference rates.

Simply complete the membership application in this brochure and add with your conference payment. You may also download membership forms from our website: www.wrap-wi.org

Make sure that all forms are printed clearly. Incomplete forms will delay the processing of your registration and membership. Confirmation letters will be sent via email so be sure to print your email address legibly.

Remember to make your room reservations directly to Comfort Suites Rock Garden in Green Bay, WI.

### **2014** Conference Committee Chairs

Conference Co-Chairs	Shelley Payette	920-973-8611	shelley.payette@gmail.com
	Shirley Duerst	608-497-2365	shurly@tds.net
Speaker Chair Co-Chairs	Colleen Keegan	608-827-2990 ext106	keeganca81@yahoo.com
	Shirley Duerst	608-497-2365	shurly@tds.net
Vendor Chair	Patty Morter	608-592-6731	pmorter@good-sam.com
	Martha Bechard	715-258-8131	mebechard@extendicare.com
Registration Chair	Renee Tatzel	715-778-5545 ext 239	reneet@svhcs.org
Cultural Arts Chair	Lora Friedrichs	608-835-3535	lora@oregonmanor.biz
Local Arrangements	Northeastern WI Activ Melanie Fintelmann	vity Prof. Assoc. 920-731-7310	melanf@rennesgroup.com

## **Pre-Conference Intensive**

Gloria Hoffner



Gloria Hoffner is the owner and author of Science for Seniors, a hands-on activity program that uses the latest brain research to provide a fun and educational experience for residents of all ages and abilities. A graduate of Temple University, Gloria is a columnist for Creative Forecasting magazine and About.com website. Her book, Science for Seniors, is the 2013 winner of the Mature Media Merit Award.

She teaches Science for Seniors, Music and Memories, Power of the Press, Activities that Work for People with Dementia, and Transport to Adventure, all CE NCCAP approved courses in person and online at raronline.org. She is writing a series of at-home science activities for ROS to be used with the new NCCAP Home Activity Certification program. Author of Science for Seniors, a book published by Idyll Arbor Inc., Gloria is under contract to write a series of activity travel books.

Gloria has spoken at local, state and national health, CTRS, and activity professional conventions in the U.S. and Canada since 2010 including Pioneer Network, NAAP, NCCAP and CTRS. A musician for most of her life, Gloria performs live sing-a-longs as Guitar with Gloria in PA, NJ and Delaware. She is also a member of the Chichester Community Band and has performed with Tuba Christmas at the Kimmel Center in Philadelphia and Rockefeller Center in New York City.

She can be reached at: guitarwithgloria@yahoo.com GuitarwithGloria.com ScienceforSeniors.net

#### "Science for Seniors"

This program is based on the proven scientific fact - we are never too old to learn! Rather learning something new every day strengthens brains of all ages and abilities. Attendees will learn: research on how learning strengthens brains, how to put together a Science for Seniors program, practice hands on experiments, make and take a volcano and learn how to find research materials for future projects.

#### **PRE-CONFERENCE INTENSIVE\***

Includes box lunch & speaker fees (3 hours of education during a working lunch)

WRAP members
Non-members

\* This session is **not** included in 3-day entire conference fee.

\$50.00

\$75.00

## **Continuing Education**

Achieve 13.5 hours of continuing education during this conference by attending all offered sessions (including the Pre-Conference Intensive). WRAP has made application to NAAPCC and NCCAP for approval of 13.5 hours. A form to purchase Continuing Education Units (CEU's) can be picked up at the Registration Area at Conference. You will be responsible to make copies of your session certificates, fill out the CEU form and send it in for your credits.

Conference chairs will try to honor all session requests. To ensure that your preferences are known, please note: First and Second choices for each session on the registration form. Please plan to attend only the sessions that are assigned to you.

Education certificates will be distributed at the end of each session. Extras will be destroyed after each session.

## 2014 WRAP Conference Speakers and Sessions

#### Vanessa Emm



#### **Opening Keynote**

Vanessa Emm is a Certified
Activity Consultant/Instructor/
Educator by the National Certification
Council of Activity Professionals (NCCAP),
a Consultant through the National
Association of Activity Professionals
Credentialing Center (NAAPCC), and a
Certified Dementia Practitioner through
the National Council of Certified Dementia
Practitioners (NCCDP). Vanessa
currently serves as the Vice President
for the National Association of Activity
Professionals (NAAP).

Vanessa has been in the long-term care field for the past 12 years. She currently works as an Activity Consultant (TaggEmm Consulting), Public Relations/Marketing Director for South Lyon Medical Center and provides educational/consultant services to facilities throughout Northern Nevada. She has presented at national conferences, state conferences and workshops. Vanessa received her Bachelor's Degree in Gerontology from Minnesota State University Moorhead with an emphasis in Biology and additional training in research and grant writing.

#### **Opening Keynote: "Customer Service the Activity Way"**

Activity departments have always been unique when it comes to customer service. This opening session will give a unique perspective to quality customer service specifically geared towards activity professionals working within various areas of geriatric care. This session will dip into personal inspirations and include practical applications to provide the best customer service you can have within your setting.

#### "Documentation and Planning for Quality"

This session will explore documentation in a way that speaks to all areas of geriatric care. Specific forms and documentation procedures will be highlighted, which will assist activity departments to provide the best quality of care for their clients.

#### "Grant Writing"

When budgets are tight, funds are low, where can you go for financial assistance? Grant Writing is something that you can do. It may seem intimidating if you haven't had any personal experience with the process, however, by following simple guidelines anyone can achieve grant writing success. This session will provide basic guidelines, steps, and resources to begin your own research and grant writing experience.

"You're never guaranteed about next year. People

"You're never guaranteed about next year. People

ask what you think of next season, you have to seize

ask what you think of next season, you have to seize

ask what you think of next season, you have to seize

ask what you think of next season, you have to seize

ask what you think of next season, you have to seize

ask what you think of next season, you have to seize

ask what you think of next season, you have to seize

ask what you think of next season, you have to seize

ask what you think of next season, you have to seize

ask what you ask when they're in front of you."

Brett Favre

#### **Mary Funseth**

Mary Funseth has been a Licensed Social Worker for the State of Wisconsin since 1995. As a Quality Consultant for MetaStar and a co-convener for Advancing Excellence, she provides quality improvement resources and consultation to administrators, managers and direct care staff in nursing homes throughout Wisconsin. Through MetaStar she also has experience in: information and referral specialist for aging (CIRS-A), person-directed care interviewer, conducted on-site organizational quality reviews, and investigating appeals for the Family Care within the Managed and Longterm Care Services Department of MetaStar, Inc.

For 10 years of Mary's professional career she was a part of the New Glarus Nursing Home's collaborative care team. Mary has led and facilitated multi-disciplinary care conferences, family and resident councils, and coordinated admissions and discharges working with a wide range of community stakeholders. Previous to Mary's nursing home experience she worked for Green County Human Services to provide community case management services which enhanced Mary's experience in community programming and resources. . .

#### **Closing Keynote**

Mary is a passionate advocate for both the consumer and the staff person. Mary likes to focus on systems that are efficient and

effective but most importantly person centered.

Madison Area Technical College Madison, WI Associate Human Services 1990 Franklin University, Distance Learning Columbus, OH BHA-HCM Health Care Admin 2010 **PURSUING** Edgewood College Madison, WI Master Adult Education

#### "Activity Professionals Getting Involved in Quality Assurance and Performance Improvement"

In this session participants will understand how Quality Assurance and Performance Improvement (QAPI) can promote quality care, financial stability, and regulation compliance. They will have the opportunity to identify clinical and/or organizational priorities and practice developing an action plan for reaching goals as a member of the interdisciplinary team. Three action steps will be determined that can be discussed with the interdisciplinary team concerning the implementation of QAPI. There will be time for sharing and comprehending others' best practices for QAPI

#### "Team Building: Identifying Communication Styles Part 1" "Team Building: Identifying Communication Styles Part 2"

When you attend part 1 and part 2 of "Identifying Communication Styles you will recognize your own communication styles and the styles of others on the team. You will be able to adapt your behavior and communication when working with others to reduce conflict and frustration. Finally you will understand how staff relationships affect patient safety and quality of care.

#### Closing Keynote: "It All Starts with a Goal"

Attendees will Be inspired by past and present leaders' motivation to achieve their goals. You will also learn to set bold and achievable goals to contribute to organizational aims along with recalling effective methods to reach your goals.

#### Sharlene Bellefeuille

Sharlene Bellefeuille, ADC, AP-BC is a Community Outreach Specialist with the Alzheimer's Association Greater WI Chapter. She has many years of Long Term Care experience with an emphasis on Dementia Care. Sharlene is a member of the Northwest Regional Activity Association. She has lived in the northwestern WI area for many years.

#### "Activities and Dementia"

Persons with dementia rely on their moment-by-moment encounters with the people around them for their security, sense of self and value. Activities need to be selected and presented in a way that suits the individual's abilities and interests allowing them to meet their goals. This workshop will discuss the particular challenges to activity programming for persons with dementia.

#### Laura Burke

**Laura Burke** is the Activity Director at Meadowmere Madison Senior Living Community, an RCAC, and has over 27 years of providing services for seniors in a variety of positions.

She has experience in the setting of independent apartments, skilled nursing facilities and assisted living residences.

Laura earned a Bachelor of Arts degree in Social Work from the University of WI-LaCrosse.

She believes that residents have the right to choose their level of participation.

#### "Calendar Sharing for Assisted Living and RCACs"

Attendees will learn ways to develop and enhance their activity calendar by using the resources available to them. This session will focus on gaining insight to build a creative calendar which will attract resident participation.

Participants will be encouraged to share and learn from professionals across the state. Please plan to bring 20 copies of your activity calendar to share

#### **Ingrid Constalie**

#### "Legislative Update 2014"

As the Government Relations chair for WRAP, Ingrid follows legislative trends, news, and information relevant to our profession, industry and lives. Her presentation will provide a current picture of health care issues.

Ingrid Constalie received a Bachelor's degree in Community
Health Education from UW-Lacrosse in 1982. She has worked as
the Activity Director for Vernon Manor in Viroqua since 1983. She
is a Certified Dementia Care Specialist and NAAP Board Certified.
Ingrid has been a member of the WRAP board since 2004 as a
regional representative, historian chair and scholarship chair.
In 2006 she was a presenter at the Alzheimer's Conference
on behalf of WRAP. She is currently representing the Western
Wisconsin Activity Professionals and serving as the Government
Relations chair on the WRAP Board. Her lifelong interest in
music has led her to coordinate and accompany a choir for
developmentally disabled adults and her residents,
"The Vernon Voices", who are in their 17th year.

#### **Melissa Dixon**

Melissa Dixon, AC-BC, MT-BC, has worked as an Activity Professional in long term care since 1993. She is a Board Certified Music Therapist, earning her Bachelors Degree from the University of Wisconsin-Eau Claire and also a Board Certified Activity Consultant through the National Association of Activity Professionals Credentialing Center (NAAPCC). Melissa is the Associate Director of Operations & Credentialing for NAAPCC, past Vice President of WRAP and the past President of the

Chippewa Valley Area Activity Professionals. She enjoys being involved in the field of Activities and believes that education and a deep knowledge of our profession will help to advance our credibility and drive us to be leaders in our homes.

#### "Calendar Sharing for Long Term Care"

In this session attendees will learn ways to develop and enhance their activity calendar by using the resources available to them. Open discussion among participants will be facilitated in developing effective calendars in long term care settings.

Please plan to bring 20 copies of your activity calendar to share

#### Rebecca Frize

Rebecca Frize attended UW-Oshkosh from 1996-2001, receiving a Bachelor's Degree in Music-Music Therapy in January 2002. She completed a 6-month internship at Cedar Lake Communities in December 2001. Rebecca became a Board-Certified Music Therapist in March of 2002 and has kept that credential through continuing education and presentations for the last 12 years. She has just begun her 3rd recertification cycle. Rebecca became Activity Professional Board-Certified in 2011 through the NAAP-CC, and is currently the Life Enrichment Manager and Music Therapist at Lutheran Homes and Health Services in Fond du Lac, WI. She has been employed there since February 2002. In her job she oversees the Life Enrichment Department staff, creates monthly calendars, keeps up the Dementia Program,

oversees the Assisted Living activities, provides music therapy, does Assessments, Progress Notes, Care Plans and all the other required documentation for her case load. She also attends department head meetings, plans all the special events and assists with whatever is needed.

#### "Music and Dementia- Getting a Positive Response"

In this session, you will learn why music is important in working with people who have dementia. Music helps to maintain cognitive, physical, emotional, social skills and spiritual well-being. You will also learn the use of appropriate music to promote the most positive results with residents or loved ones. Finally you will also have an opportunity to experience musical activities that can used non-therapeutically with residents, leaving with tools and ideas to enhance the quality of life for your residents and others.

#### Presentation Objectives:

- Attendees will understand why music is important in working with people who have dementia.
- They will learn how to use appropriate music to get positive responses.
- Musical activities will be experienced which can be used with people who have dementia.

#### Tom Gill

Since 1998, Rhythm For Unity's **Tom Gill** helps create, cultivate and celebrate instant shared musical experiences with groups of all ages, ethnic backgrounds, abilities, and challenges. Some of Tom's most powerful experiences have been working in the health care field, drumming with our elders who face the challenges caused by Alzheimer's and other forms of dementia.

#### "Let the Good Times (Drum) Roll!

#### ...Rhythm Adventures on a Budget"

Participants will experience first-hand the positive effect of sharing rhythm adventures in a group setting and learn how they can further their knowledge to incorporate the activity into their current programs. Emphasis on low cost or homemade instruments with opportunities for participants to act as facilitators of the group. Success stories will be shared from Tom's programs presented in many Adult Day Care Centers in the Milwaukee area, uniting and celebrating community with senior adults with various forms of dementia. Absolutely no experience necessary!

""The difference between a successful person
knowledge, but rather in a lack of will."

#### **Pat Griffith**

Pat Griffith has been a certified Tai Chi Chuan instructor since 1997. He has worked extensively in the following areas:

- Aerobic and Fitness Association of America (AFAA) Group and Senior Fitness
- American Senior Fitness Association (AFA) Senior Fitness
- · Silver Sneaker Senior Fitness
- · Golden Hearts Senior Fitness

Pat has been a presenter and vendor with:

- Southern California Association of Activity Professionals (SCAAP) presenter and vendor.
- National Association of Activity Professionals (NAAP) presenter and vendor.
- Activity Directors of Greater San Diego presenter and vendor.
- Northern California Council of Activity Coordinators (NCCAC) presenter and vendor.

## "Chair Chi: Seated Tai Chi for the Movement Impaired Populations"

Chair Chi is a gentle exercise program developed by Pat Griffith to help people receive the benefits of traditional Tai Chi Chuan in the comfort and safety of their chair. This allows people who cannot stand or do not feel confident with their balance, to participate.

#### Joan Litwitz

Joan Litwitz is the Program Director for the Alzheimer's Association, Greater Wisconsin chapter. Has been with the Association over eight years and has 25+ years experience in long-term care working in the nursing home, hospice and assisted living memory care - in several different positions giving her a strong understanding of the professional caregiver. Joan has a BA in Health Services Administration and has a special interest in leadership and staff development.

#### "Intimacy and Sexuality in Dementia"

This sensitive and important topic of Intimacy and Sexuality in Dementia Care will be addressed by showing the basics of dementia and ways the brain is affected. There will be also an overview of how intimacy and sexuality needs are viewed and expressed. Attendees will be watching video clips, participating in exercises to enhance approaches, along with receiving handouts.

#### **Cindy Lotzer**

Before becoming the Activity Director at Waterford Senior Living, **Cindy Lotzer** worked in Special Education for 17 years. For the past 7 years she has had her dream job at WSL. She started in a new company and a new building with nothing to fall back on. She pretty much invented her job. This is her 3rd time speaking at the WRAP Conference. She has spoken at the NAAP conference, the Alzheimer's Conference and at several Regional groups. She is called The Queen of Everything.

#### "Self-Guided Activities"

We are all in the same boat: not enough money, not enough time, not enough help. Here are some activities that you can set out and let your residents do themselves. It takes just a little effort on your part for these activities to happen.

#### "Armchair Travel"

Let's travel the United States in a year. This is an activity that really didn't cost a lot of money but lasted a whole year. Learn how to implement this program and involve family, friends and the community in the process.

#### Kim Marheine

**Kim Marheine** holds a bachelor's degree in music therapy and a master's degree in Community/Agency Counseling, both from UW-Oshkosh, where she also taught in the Music Therapy Division.

Kim has worked extensively in the area of long term care, first as a long term care provider for 20+ years, then as Program Director for the Alzheimer's Association of Greater WI, and currently as Ombudsman Services Supervisor for the State of Wisconsin Board on Aging and Long Term Care. At the national level, Kim served on several committees of the Alzheimer's Association, primarily structured around staff development, client supports, and family caregiver support.

Kim has been a frequent presenter on both state and national levels, speaking on a wide array of topics related to maturing adults.

## "Balancing Rights & Regulations: A Person-Centered, Person-Directed Approach"

In this session you will be able to apply the principal differences between medical model and person-directed model of care to your work and learn their impact on resident success. There will be opportunities to discuss issues related to resident rights to choose and refuse care, treatment, and self-determination. Dialogues about various options will be presented for support. Resources within the health care systems and communities will be given that enable resident choice while also balancing regulatory requirements

## "Boundaries of Surrogate Decision- Makers in Respecting Resident Rights"

People attending this session will discuss issues related to resident rights to choose and refuse care and treatment, along with self-determination. Issues dealing with boundaries of POA-HC and Finance Agents, Guardians as they relate to resident rights will be discussed. Attendees will be provided with dialogue about various options for supports and resources within their health care systems and communities that enable resident choice while also balancing regulatory requirements.

"Leaders are made, they are not born. They are

"Leaders are made, they are not born. They are

"Leaders are made, they are not born. They are

"Leaders are made, they are not born. They are

"Leaders are made, they are not born. They are

"Leaders are made, they are not born. They are

"Leaders are made, they are not born. They are

"Leaders are made, they are not born. They are

"Leaders are made, they are not born. They are

"Leaders are made, they are not born. They are

"Leaders are made, they are not born. They are

"Leaders are made, they are not born. They are

"Leaders are made, they are not born. They are

"Leaders are made, they are not born. They are

"Leaders are made, they are not born. They are

"Leaders are made, they are not born. They are

"Leaders are made, they are not born. They are

"Leaders are made, they are not born."

"Leaders are made, they are not born. They are

"Leaders are made, they are not born."

"Leaders are made, the

#### **Pam Parsons**

Pam Parsons received her degree in Occupational Therapy from UW Madison, and has worked as the Activity Director of Leisure and Support Services at Skaalen Nursing and Rehabilitation Center, Stoughton, for over 33 years. She has been active in local, state and national activity professional organizations, serving as WRAP President for two terms.

#### "Up-Cycled Arts & Crafts"

Techniques for creativity will be shared in the areas of arts and crafts to create interesting pieces of work. Attendees will take home ideas on re-purposing and re-cycling ... often "making something from nothing." Artistic creations that enable residents to achieve success, enhance their self-esteem and give purpose to their lives will be discussed.

#### **Penny Portman**

Penny Portman is a Professor in Physical Education Teacher Education at the University of Wisconsin-Whitewater with a specialty area in motor development. For the last four years she has been working in Leisure Services at Fairhaven Senior Resident Facility with apartment and residents on assisted, supportive and skilled nursing floors. In addition she has created exercise program for Hearthstone Memory Facility and for the residents on the over 55 community, Prairie Village. Penny has presented nationally and internationally using a model of institutional change relative to physical activity to Fairhaven

#### "Physical Activities for the 'Sitting Down' Population"

This session will focus on activities to be done in a chair. The activities will focus on muscle strength and endurance exercises, cardio activities, balance, and yoga. The equipment will be simple yet inviting and do-able without training

#### "Physical Activities for the 'Mobile' Population"

This session will focus on activities for those who are mobile. The activities will focus on muscle strength and endurance, cardio exercises, balance, and yoga for the senior adult. Some of the activities will be geared to indoor activities and some to the outdoor. Pedometers will be used to monitor activity levels.

#### Jessica Radtke

Jessica Radtke is the Regional Field
Operations Director for the Bureau of
Nursing Home Resident care in the
Northern Region. Jessica has been
with the Bureau for 14 years with prior
experience in long-term care and acute
care dietary services. Jessica also serves
on the Wisconsin Dementia Care Redesign
committee working with others to create a
more dementia-capable Wisconsin.

#### "A Fireside Chat with DQA"

Jessica Radtke will hold an open forum to answer your questions, facilitate discussion, and share best practices on topics that are important to you and the residents of your facility

#### "Whose Behavior is it Anyway? Re-Thinking Dementia Care"

Participants in this session will learn how facility culture and staffs approaches may be causing "behaviors" commonly blamed on a person's Dementia.

#### Alta (Tammy) Ratcliffe-Tuten

Alta (Tammy) Ratcliffe-Tuten is currently a consultant Dietitian to five nursing/rehab facilities in the Greater Madison Area. She has worked as both a staff dietitian and a consultant for 26 years in long term care. She did her Dietitian training in Cincinnati, OH and received her BS from Arizona State University.

She is married, has two sons, a dog and two cats whom she tries to keep fed and watered.

#### "Handling Food in Your Facility"

Have you ever had questions about serving food in your facility? In this session your will learn information on food safety.

There will be review of dysphagia diets and hydration needs will also be reviewed. A skilled Dietitian will be able to answer your "food" related questions.

#### **Cultural Arts**

This is a great way to show and share the creative works of your residents. To enter your resident projects into the Cultural Arts Contest, entries must be pre-registered. (A registration form will be in the July "WRAPping it Up" newsletter and on the WRAP website.) See page 21 of brochure.

This contest is open to WRAP MEMBERS ONLY! Each article must be the work of the individual resident and completed within the last year. The entries are divided into 20 different categories, and by the type of facility from which they come. Each resident receives a certificate of participation, and a panel of local judges view each entry which is judged on merit. Each entry receives a ribbon. The 6 top entries are given the special honor of "Best of Show" and are recognized during the awards banquet. It is a great way to encourage and promote art expression with your residents.

For more information contact:

Lora Friedrichs 608-835-3535

email: lora@oregonmanor.biz

#### **Vendors Showcase**

This session is a unique opportunity for vendors and attendees to network with each other. We will learn about new innovative products to promote meaningful engagement.

The products can then, be purchased in the vendor area following the session. It is important that we take advantage of the opportunity to talk directly to the vendors. There will be opportunities for special prizes and rewards during vendor shopping hours.

The Vendor Showcase session 4 is held on Wednesday evening,7:30pm – 8:30pm.

Don't forget to bring along your tax exempt number, purchase orders, etc. It is important that we support the vendors in order to encourage their participation in our future conferences.

Vendor Tailgate Party continues after the Vendor Showcase until 10:00PM.

### **Future Conferences**

### 2015 NAVAP Conference

#### Daytona Beach, Florida

Dates have not been set yet

Watch for more info about next years 2015 Conference on www.naap.info



1350 Royale Mile Road Oconomowoc, WI 53066

Join us for our 37<sup>th</sup> Annual WRAP Conference to be held in Oconomowoc, WI.

**September 16-18, 2015** 

## WISCONSIN REPRESENTATIVES OF ACTIVITY PROFESSIONALS MEMBERSHIP APPLICATION

Date: Penevual	Check box of preferred address.	1	
	Check box of preferred address.		
Home Address:			
_	City	State	Zip
Facility Address:			
	•	State	-
	# of Years Activity Profe	essional:	
Home/Cell Phone:			
_	Fax:		
E-Mail:	227		
Professional Memberships: N	AAP Regional Group	Other	
Type of Facility:			
I VDE OI FACILILY.			
	sisted Living CBRF Nursing H	ome Retire	ment
□Adult Day Care □Ass	sisted Living □CBRF □Nursing H acute □Consultant □Memory Care		
☐Adult Day Care ☐Ass			
☐Adult Day Care ☐Ass	acute Consultant Memory Care		
☐Adult Day Care ☐Ass ☐Senior Center ☐Suba  Certification:	acute Consultant Memory Care		
□ Adult Day Care □ Ass □ Senior Center □ Suba Certification: NAAP: □ AP-BC NCCAP: □ ACC □	acute Consultant Memory Care  AC-BC  ADC AAC		
□ Adult Day Care □ Associated a Senior Center □ Subace Certification:  NAAP: □ AP-BC  NCCAP: □ ACC □ Other: □	acute Consultant Memory Care		
□ Adult Day Care □ Associated a Senior Center □ Subace Certification:  NAAP: □ AP-BC  NCCAP: □ ACC □ Other:  Membership Type:	acute Consultant Memory Care  AC-BC  ADC AAC		
□ Adult Day Care □ Associated a Senior Center □ Subace Certification:  NAAP: □ AP-BC  NCCAP: □ ACC □ Other: □	acute Consultant Memory Care  AC-BC  ADC AAC		
□ Adult Day Care □ Ass □ Senior Center □ Suba Certification: NAAP: □ AP-BC NCCAP: □ ACC □ Other: □ Membership Type: □ Active- \$35 per year	acute Consultant Memory Care  AC-BC  ADC AAC		
□ Adult Day Care □ Ass □ Senior Center □ Suba Certification: NAAP: □ AP-BC NCCAP: □ ACC □ Other: □ Membership Type: □ Active- \$35 per year □ Associate-\$25 per year	acute Consultant Memory Care  AC-BC  ADC AAC  ear- Retired AP Student	e □Other	
□Adult Day Care □Ass □Senior Center □Suba Certification: NAAP: □AP-BC NCCAP: □ACC □ Other: □ Membership Type: □Active-\$35 per year □Associate-\$25 per year	acute Consultant Memory Care  AC-BC  ADC AAC	e □Other	
□ Adult Day Care □ Ass □ Senior Center □ Subare Certification: NAAP: □ AP-BC NCCAP: □ ACC □ Other: □ Active-\$35 per year □ Associate-\$25 per year □ N WRAP Scholarship Donation \$	acute Consultant Memory Care  AC-BC ADC AAC  ear- Retired AP Student  ot Employed Other	e □Other	
□ Adult Day Care □ Ass □ Senior Center □ Suba  Certification:  NAAP: □ AP-BC  NCCAP: □ ACC □  Other: □ Active- \$35 per year □ Associate-\$25 per year	acute Consultant Memory Care  AC-BC ADC AAC  ear- Retired AP Student  ot Employed Other	e □Other	
□ Adult Day Care □ Ass □ Senior Center □ Suba Certification: NAAP: □ AP-BC NCCAP: □ ACC □ Other: □ Active- \$35 per year □ Associate-\$25 per ye □ N WRAP Scholarship Donation \$	acute Consultant Memory Care  AC-BC ADC AAC  ear- Retired AP Student  ot Employed Other	e □Other	

#### **Cultural Arts**

The Cultured Arts Show is right around the corner and preparations are under way for another great event. Please consider submitting your resident's work of art in this years Cultured Arts Show. You will find the pre-registration form below, which is to be completed and mailed to:

Lora Friedrichs, ADC 270 Brooks St. #2 Oregon, WI 53575

On or before Wednesday September 3, 2014.

<u>The Conference Registration form MUST be attached</u> to EACH entry at the time it is brought to Conference.

Long term care facilities copy both forms on WHITE PAPER and all other facilities copy both forms on BLUE PAPER.

If you have any questions contact Lora at <a href="lorafried@yahoo.com">lora@oregonmanor.biz</a>
The Cultured Arts Committee is in need of assistance at Conference with the display of entries. If you are attending Conference and are interested in helping, please contact Lora at either e-mail address.

#### **Conference Registration Form**

Please complete and attach to each art project when bringing them to Conference

Project done byGroupIndividual
Name of Resident:
Address:
City:
Facility:
(Circle one) Assisted Living CBRF Long Term Residential RCAC Day Center
WRAP Member:
Category:
Description:
Percentage of project completed by resident%
Long Term Facilities: White Copies & All Other Facilities: Blue Copies

**Cultured Arts Show is open to WRAP MEMBERS ONLY!** 

You must <u>Pre-Register</u> all entries and NO LATE ENTRIES WILL BE ACCEPTED

Remember all pre-registration forms MUST BE RETURN BY WEDNESDAY SEPTEMBER 3, 2014

RETURN FORMS TO: Lora Friedrichs 270 Brooks St. #2 Oregon, WI 53575

#### WRAP CULTURAL ARTS PRE-REGISTRATION FORM

To enter the Cultural Arts Show, All entries MUST be pre-registered

Each resident may enter as many categories as he/she chooses, but ONLY ONE entry per category.

#### PLEASE PRINT THE RESIDENT'S NAME CLEARLY AS IT SHOULD APPEAR ON THE CERTIFICATE

ER RCAC
ing
al or Kit

\*\*\*ALL ENTRIES NEED TO BE ACCOMPANIED BY A REGISTRATION\*\*\*\* (Located at the top of page)

Each entry will be judged individually, on its own merit, and must have been completed within the last year. Entries are judged on appearance, workmanship, design, originality, color, harmony, and percentage of resident's participation.

\*Poem: A piece of writing which has rhythm and rhyme. \*Prose: The ordinary form of language without rhyme or meter.

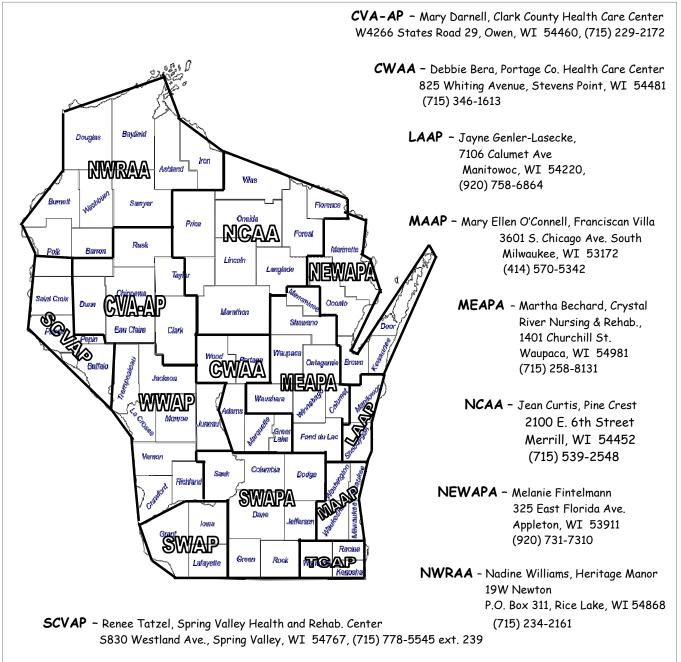
"BEST OF SHOW" Awards will be chosen from the first place winners.

Cultural Arts Registration hours will coincide with Conference Registration hours

Remember to copy Long Term on White paper and All Others on Blue paper!!!!!!!!!

#### Regions of

#### **WISCONSIN REPRESENTATIVES OF ACTIVITY PROFESSIONALS**



- **SWAP** Toni Rochon, Upland Hills Nursing and Rehab. 206 W Fountain St, Dodgeville, WI 53533, (608) 930-7161
- **SWAPA** Laura Burke, Meadowmere Assisted Living 5601 Burke Road., Madison, WI 53719 (608) 268-9100
- TCAP Lanna Luzar, Rolling Hills Manor 3615 16th St. Zion, IL 60099 (847) 746-8382
- WWAP Ingrid Constalie, Vernon ManorE7404A Cty. Rd. BB, Viroqua, WI 54665 (608) 637-5421