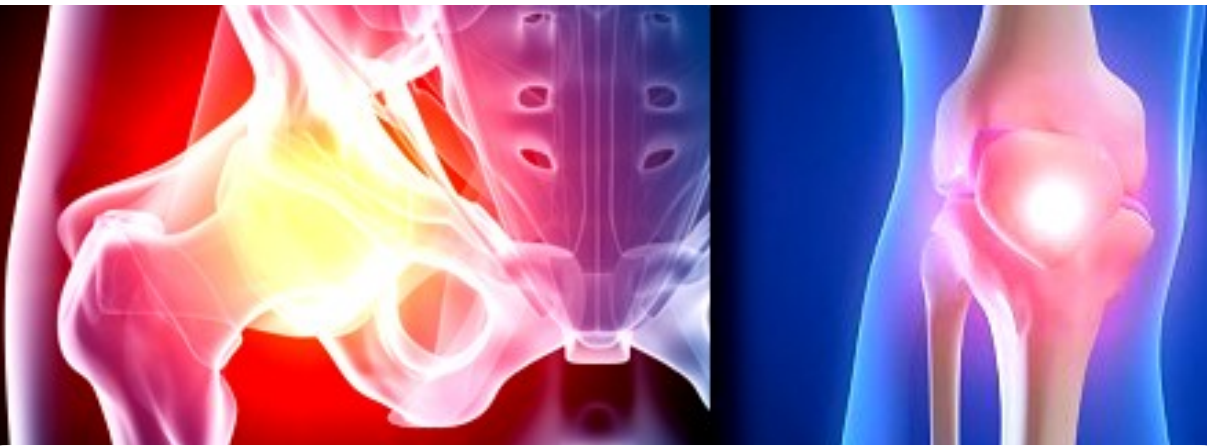




OSTEOARTHRITIS & HIP AND KNEE REPLACEMENT

with Rob Middleton & Tom Wainwright



ABOUT

This multi-disciplinary, one-day master-class will help you to implement best practice and effectively manage the increasing demand for musculoskeletal services.

DATES

17 March 2014 - Auckland, NZ
18 March 2014 - Brisbane, QLD
19 March 2014 - Sydney, NSW
21 March 2014 - Adelaide, SA
24 March 2014 - Melbourne, VIC
27 March 2014 - Perth, WA

KEY TOPICS

- Guidelines for Treatment
- Conservative Treatment
- Hip and Knee Replacement
- Timing for Surgery
- Waiting List Management
- Enhanced Recovery
- Elite Rehabilitation
- Improving PROMS Scores
- Guidelines for Treatment
- NICE update from UK

WWW.CHANGECHAMPIONS.COM.AU



ABOUT OSTEOARTHRITIS

Osteoarthritis (OA) is by far the commonest form of arthritis and one of the leading causes of pain and disability worldwide. Increases in life expectancy and ageing populations are expected to make osteoarthritis the fourth leading cause of disability by the year 2020.

In this highly topical master class, delegates will learn about the latest clinical guidelines for the care of individuals with OA – from prevention and self-care programmes to more specialised services.

Case studies, research, and robust outcome data will be presented, and practical tips for implementation will be shared with the audience. Our experts will call upon their own experiences of re-designing musculoskeletal services, and their recent involvement in the development of the soon to be published revised NICE guidelines “Osteoarthritis: the care and management of osteoarthritis in adults”.

Delegates will leave with tangible “take home” tips and practical solutions for when they return to their workplace. Examples of triage services, conservative management programmes, protocols, business cases, strategies for change, and data collection techniques will be shared.

The master class is suitable for professionals working in both primary and secondary care and delegates are encouraged to attend with colleagues from their multi-disciplinary team. This includes hospital clinicians, GP's and Medicare Locals, physiotherapists, occupational therapists, orthopaedic, rheumatology, anaesthetics, nurses, allied health professionals, senior managers, hospital executives, and interested academics.

COURSE OUTCOMES

After the master class, delegates will...

- Have a comprehensive hardcopy of the days lecture material, with references diagrams and slides to use as an on going reference manual.
- Have a clear understanding of the latest research pertaining to the conservative management of OA and a working knowledge of examples of implementation and current best practice.
- Understand how to set up effective triage services, conservative management programmes, and waiting list management solutions within their own organisations
- Understand how to collect clinical and economic data to measure the success of implementing new musculoskeletal models of care



MASTER CLASS OUTLINE

1. Introduction

- What is osteoarthritis
- Risk factors for osteoarthritis
- The epidemiology of osteoarthritis pain and structural pathology
- Prognosis and outcome
- The impact on the individual
- The impact on society

2. The referral process

- Diagnosis
- Referral management
- Timing for surgery

3. Conservative treatment approaches

- Holistic approach
- Education and self management
- Exercise and manual therapy
- Weight loss
- Electrotherapy
- Nutraceuticals
- Acupuncture
- Assistive aids and devices
- Drug management
- Injections

4. Review of musculoskeletal triage services and models of care

- What works and what doesn't work
- Examples of high quality models

5. Waiting list management and prioritization

6. The "Cycling Against Hip Pain" programme - How to implement a successful conservative management programme within your community



ABOUT ROBERT MIDDLETON

Robert Middleton MA FRCS (Orth)

Rob Middleton is a Consultant Orthopaedic Surgeon and Service Improvement Specialist, with a proven track record in leading and implementing musculoskeletal service re-design. He specialises clinically in the treatment of hip pain and has been a consultant at the Royal Bournemouth Hospital for the past 15 years.

He sits on the National Institute for Health and Care Excellence (NICE) committee who have recently produced the updated guidelines for "Osteoarthritis: the care and management of osteoarthritis in adults" which are due to be published in February 2014.

Rob's has previously been the National Clinical Lead for Hip and Knee Replacement at the NHS Institute for Innovation and Improvement. In this role Rob has provided clinical leadership at a national level on the enhanced recovery program, and has seen him become a regular on the national and international lecture circuit.

All of Rob's work is strongly underpinned by a commitment to evidenced-based practice and he has posts as a Visiting Fellow at Bournemouth University and a Visiting Clinical Lecturer at the University of South Australia.

**Register for this workshop online:
www.changechampions.com.au**



ABOUT TOM WAINWRIGHT



Tom Wainwright PgDip PgCert BSc (Hons) MCSP

Tom Wainwright is a highly experienced physiotherapist, researcher, and quality improvement specialist.

Tom originally graduated as a physiotherapist from Coventry University with a first class degree and went on to specialise in orthopaedics and complete his postgraduate diploma in physiotherapy. After working as a physiotherapist Tom moved into clinical research and has extensive experience of researching conditions related to osteoarthritis.

More recently he has held managerial roles within the National Health Service and has extensive experience in redesigning musculoskeletal end-to-end pathways. The results and methods of this work have been published and presented at peer-reviewed conferences internationally. Tom is frequently invited to speak at conferences in the United Kingdom and abroad.

He is passionate about improving the quality of healthcare and now works as an independent consultant. He has a postgraduate certificate in Leadership for Quality and Improvement, and an in-depth understanding of how to turn theory into practice. This means that he achieves outstanding results with the organisations he works with, and this was formally recognised at the Institute of Consulting awards in 2010 when he won the Best Newcomer to Consulting award.

In combination with his consultancy work, Tom is highly active academically. His current research projects focus on the conservative management of osteoarthritis, and the whole systems improvement of musculoskeletal pathways.



REGISTRATION

Delegate Prof/Dr/Mr/Mrs/Ms/Miss:

Surname: _____

Given Name: _____

Company/Organisation: _____

Position: _____

Address: _____

State: _____ Postcode: _____

Country: _____

Telephone: _____

Facsimile: _____

Email: _____

Preferred Name for Badge: _____

Special Diet: _____

Disability Assistance: _____

Delegate Prof/Dr/Mr/Mrs/Ms/Miss:

Surname: _____

Given Name: _____

Company/Organisation: _____

Position: _____

Address: _____

State: _____ Postcode: _____

Country: _____

Telephone: _____

Facsimile: _____

Email: _____

Preferred Name for Badge: _____

Special Diet: _____

Disability Assistance: _____



VENUES

Please tick the workshop you wish to attend:

NEW ZEALAND

17 March 2014 - Auckland, NZ (09.00-17.00)

Venue: The Floating Pavillion, Quay St, Viaduct Harbour, Auckland 1010, NZ

AUSTRALIA

18 March 2014 - Brisbane, QLD (09.00-17.00)

Venue: Saxons, Level 11, 300 Adelaide Street, Brisbane, QLD

19 March 2014 - Sydney, NSW (09.00-17.00)

Venue: Institute of Chartered Accountants Meeting Rooms,
33 Erskine Street, Sydney, NSW

21 March 2014 - Adelaide, SA (09.00-17.00)

Venue: Institute of Chartered Accountants Meeting Rooms,
Westpac Building, Level 29, 91 King William Street, Adelaide, SA

24 March 2014 - Melbourne, VIC (09.00-17.00)

Venue: RMH Function and Convention Centre, Royal Melbourne Hospital
Ground Floor, Grattan Street, Parkville, VIC

27 March 2014 - Perth, WA (09.00-17.00)

Venue: Liberty Executive Offices, Allendale Square (ANZ Building),
77 St Georges Terrace, Perth 6000, WA

REGISTRATION FEE

Registration per delegate: \$475 AUD inc. GST (\$450 AUD for New Zealand w/o GST)

___ x regos at \$475 AUD (inc. GST) (\$450 AUD for NZ w/o GST) **Total \$ _____ AUD**

Register 4 or more delegates online at one time and receive a 10% discount!

Please scan/email registration & payment method forms to:
info@changechampions.com.au

Want to save all the paperwork hassle? Why not register online instead!
It's easy. Simply visit www.changechampions.com.au



PAYMENT METHODS

Charmaine Weeks T/A Change Champions & Associates ABN 49 833 110 992

1. PREFERRED Register ONLINE (avoid the paperwork!!!) at <http://www.changechampions.com.au>

Simply visit <http://www.changechampions.com.au> and scroll down the home page to the seminar of your choice and click on REGISTER. **It's easy.** When you register online, you can select your preferred payment option of:

- A) Generate an invoice that will be instantly emailed to the nominated responsible person
- B) Pay by EFT or cheque
- C) Pay online with a credit card

2. Pay on your Credit Card & email your registration form

Card No. _____ 3 digit CVC code: _____

Expiry Date: ____ / ____ / ____ Cardholders Name (PLEASE PRINT) _____

Amount : \$ _____ Cardholder's Signature: _____ Date: ____ / ____ / ____

3. Pay by cheque/money order

Please make cheques/money orders for your **registration fees only** payable to Charmaine Weeks

4. EFTPOS

Account name: Charmaine Weeks
 Bank: Westpac
 BSB: 032 569
 Account No: 196 411
 Ref No: Osteo (Your surname)

5. Request an invoice (All invoices must be paid prior to the workshop)

Name & position title of person responsible for payment : _____

Email address: _____ Ph: _____

MAIL: Charmaine Weeks
 P.O. Box 302, Kew, Victoria 3101
info@changechampions.com.au

Your registration will be confirmed by email.

***CONDITIONS APPLY**

You must pay on a credit card at the time you register if claiming a discount for online registration and payment.

Delegate Cancellation Policy

A 50% refund will be offered for cancellations received up to 28 days prior to the seminar. No refunds will be given between 0-27 days prior to the seminar but replacement delegate names are accepted. If you have an unpaid invoice as at the first day of an event and for any reason do not attend, we will pursue payment as we will have already incurred costs on your behalf. Applications for cancellations and substitutions of delegates are **only accepted in writing** by email to info@changechampions.com.au. The cancellation policy also appears at <http://www.changechampions.com.au> at the bottom of the home page under terms and conditions.

I have read and understand the conditions and delegate cancellation policy. (Sign below)

_____ signed ____ / ____ / ____ date



IN HOUSE FORM

Expressions of Interest

NAME OF WORKSHOP: _____

Name of Contact Prof/Dr/Mr/Mrs/Ms/Miss:

Surname: _____

Given Name: _____

Company/Organisation: _____

Position Title: _____

Address: _____

State: _____ Postcode: _____

Country: _____

Ph: _____ Fax: _____

Email: _____

The Master Class will be for the following organisation:

At what address/facility would the in-house Master Class be held?

Approximate number of delegates? _____

Preferred dates (to be negotiated) _____

1/2 day or Full day? (state preferred times) _____

PLEASE EMAIL THIS FORM ONLY TO:

info@changechampions.com.au

Change Champions & Associates will then get in touch to discuss the possibilities