

1 Please send order to:

Title First name

Surname

Position

Organisation

Address

Postcode

Phone Fax

Email

2 Date of order

/ / Need by / / (please allow 5 working days)

3 If using resources for a special event

What is the event?

When does the event start?

4 Postage charges

Victoria postage is free

Other states small orders allow \$4.40; larger orders will be invoiced

5 How to order

By mail Quit Victoria, PO Box 888, Carlton South, Victoria 3053, Australia

By fax (03) 9635 5510 (international +61 3 9635 5510)
include your fax or phone number in case of poor fax quality

6 Payment method – cheque, credit card or bill

For amounts under \$75 (inc GST) we require a cheque or credit card payment with the order.

Cheque made payable to The Cancer Council Victoria

Credit card Visa Bankcard Mastercard AmEx

Credit card payments must be for \$16.50 or more including GST.

Name of cardholder

Card no

Expiry date /

Signature

Bill A Purchase Order must be attached.

We are unable to bill individuals.

On this order form

You can order resources for

- people who want to stop smoking
- people from Non-English Speaking Backgrounds
- parents
- teachers
- students
- researchers
- places that want to go smokefree

PLUS how to find more resources and help online at www.quit.org.au.

Using this order form

Method A

For simple, small or repetitive orders and one page faxing

- Write the resources required using the blank rows below.
- Make sure you write the title of the resource as it is listed in the order form and include the listed cost if one is incurred.
- Write the total cost (if any) at the bottom of this page.
- Complete the appropriate payment method details, if needed (6).
- Send or fax to Quit.

Method B

Complex or large orders

- Write the number of each resource required on each page of the order form.
- Add up the costs incurred using the subtotals boxes for each section
- Write the total cost (if any) at the bottom of page 4.
- Send or fax all pages to Quit.

Resources required

	Quantity	\$ Victoria	\$ Elsewhere	\$ Total
(Method A)				

Postage

Victoria

Postage is free

Other states

Small orders - add \$4.40 for postage
Larger orders will be invoiced

				▶ Postage
				▶ Total

Resources to help people stop smoking

General	Quantity	\$ Victoria	\$ Elsewhere	\$ Total
Quit Book		–	\$1.10	
Choosing the Best Way to Quit book		–	\$1.10	
Healthy Eating brochure		–	55c	
Helping Others Quit brochure		–	\$1.10	
Smoking & Surgery brochure		–	\$1.10	
Smoking & Diabetes brochure		–	\$1.10	
Smoking & Your Health - Information for Women brochure		–	\$1.10	
Smoking, Your Mouth, Your Health brochure		–	\$1.10	
Smoking & Asthma brochure		–	\$1.10	
Quit & Save brochure		–	55c	
4Ds wallet card		–	55c	
No smoking door hanger		–	\$1.00	
Audio visual				
10 Good Ways of Relaxing audio CD		\$5.50	\$5.50	
10 Steps to Quit for Good video/DVD	video	\$27.50	\$33	
	DVD			
▶ \$ Subtotal this column (1)				

Stopping smoking: further information sheets

Victorian orders – One copy free (can be photocopied), bulk copies billed at 33c each. Also available on our website www.quit.org.au

	Quantity	\$ Victoria	\$ Elsewhere	\$ Total
Bupropion		–	33c	
Nicotine Chewing Gum		–	33c	
Nicotine Inhaler		–	33c	
Nicotine Lozenges		–	33c	
Nicotine Patches		–	33c	
Nicotine Sublingual Tablet		–	33c	
Quitting Services and Products		–	33c	
Varenicline: a prescribed medicine		–	33c	
Withdrawal		–	33c	

Parents

	Quantity	\$ Victoria	\$ Elsewhere	\$ Total
When They Are Young (for parents) poster		–	\$1.10	
Clearing the Air - Talking with Children & Teenagers About Smoking brochure		–	\$1.10	
Important Information for Fathers Who Smoke brochure		–	\$1.10	
Secondhand Smoke and Your Children brochure		–	\$1.10	
Reducing the Risks of Cot Death brochure (1 only)		–	N/A	
Smoking and Pregnancy brochure		–	\$1.10	
Give Your Baby a Great Start to Life card		–	55c	
Baby Breathing door hanger (Vic – limit 20 per order)		–	\$1.00	
▶ \$ Subtotal this column (2)				

Material in languages other than English

Languages available (shaded boxes unavailable)	Albanian	Amharic	Arabic	Bosnian	Burmese	Cambodian	Chinese	Croatian	Dari	Greek	Hindi	Italian	Karen	Korean	Kurdish	Macdonian	Persian	Polish	Russian	Serbian	Somali	Spanish	Sudanese	Tigrinya	Turkish	Vietnamese	Quantity	\$ Victoria	\$ Elsewhere	\$ Total	
The Can Quit Book																										–	\$3.30				
Secondhand Smoke & Your Children brochure																										–	\$1.10				
International No Smoking Symbol sticker																										–	55c				
Stopping Smoking is the Only Healthy Option postcard																										–	–				
How to Quit Smoking audio CD																										–	\$11.00				
Enjoy Life More, Quit Now poster (Chinese)																										–	\$1.10				
Protect Children From Cigarette Smoke poster (Chinese)																										–	\$1.10				
Benefits Poster National Campaign																										–	–				
Benefits Brochure																										–	–				
How to quit fact sheet																										–	33c				
Quitting medications fact sheet																										–	33c				
Multi-language resources																															
Lung Tumour poster																											–	\$1.10			
Stop Smoking for Your Loved Ones poster																											–	\$1.10			
▶ \$ Subtotal this column (3)																															

* For online resources visit quit.org.au/multicultural

Posters

	Quantity	\$ Victoria	\$ Elsewhere	\$ Total
What's Your Poison? poster		–	\$1.10	
Smoking Causes Disease from Head to Toe - tobacco pack warnings poster		–	–	
What You See is What You Get - tobacco pack warnings poster		–	–	
Smokefree Homes poster		–	–	
Secrets poster		–	\$1.10	
Never Give Up Giving Up - New Year poster		–	\$1.10	
Never Give Up Giving Up - Cravings poster		–	\$1.10	
Never Give Up Giving Up - Costs poster		–	\$1.10	
Never Give Up Giving Up - Support poster		–	\$1.10	
Never Give Up Giving Up - Ways to Quit poster		–	\$1.10	
Never Give Up Giving Up - I want to know how smoking harms my kids poster		–	\$1.10	
Never Give Up Giving Up - The perfect reason - Pregnancy poster		–	\$1.10	
Benefits – Male		–	–	
Benefits – Female		–	–	
Never Give Up Giving Up - Three great reasons - Children poster		–	\$1.10	
▶ \$ Subtotal this column (4)				

Resources for research

Background Briefs

	Quantity	\$ Victoria	\$ Elsewhere	\$ Total
Victorian orders – One copy free (can be photocopied), bulk copies billed at 33c each. Also available on our web site www.quit.org.au				
About Quit		–	33c	
Addiction		–	33c	
Adult Smoking Rates Around the World		–	33c	
Australian Smoking Rates, Diseases, Secondhand Smoke & Costs		–	33c	
Cigars & Pipes		–	33c	
Emphysema & Chronic Bronchitis		–	33c	
Herbal Cigarettes, Kreteks, Bidis, Roll-Your-Own, Water Pipes & Cannabis		–	33c	
Light or Low-tar Cigarettes		–	33c	
Mental Illness & Smoking Cessation: An Urgent Public Health Issue		–	33c	
Peripheral Vascular Disease		–	33c	
Secondhand Smoke		–	33c	
Smoking & the Mouth		–	33c	
Smoking & Pregnancy		–	33c	
Smoking & Stroke		–	33c	
Social Costs of Tobacco Use in Australia		–	33c	
Stop Smoking to See the Future (Eye Health)		–	33c	
Waterpipe tobacco smoking		–	33c	
What's in Cigarettes?		–	33c	
What One Cigarette Does		–	33c	
▶ \$ Subtotal this column (4)				

Resources for schools

Teachers

	Quantity	\$ Victoria	\$ Elsewhere	\$ Total
When They Are Young (for teachers) poster		–	\$1.10	
When They Are Young (for youth workers) poster		–	\$1.10	
Smokes and Ladders poster		–	\$1.10	
▶ \$ Subtotal this column (5)				

Students

Tobacco Action Packs – Available to download from our website at www.quit.org.au

Books

Quit Evaluation Studies 1 – 11 available to download from our website at www.quit.org.au

Tobacco in Australia: Facts & Issues 2008 3rd edition can be found online at www.tobaccoinaustralia.org.au

Materials for Aboriginal communities

	Quantity	\$ Victoria	\$ Elsewhere	\$ Total
Aboriginal smokefree stickers (4 stickers in 1)		–	\$1.00	
Give Your Baby a Great Start to Life card		–	55c	
Passive Smoking (Sickness Goes into Family) poster		–	\$1.00	
What Cigarette Smoking Does to Your Body poster		–	\$1.00	
Why is Smoking a Problem? fact sheet		–	77c	
Why is Smoking a Problem When Pregnant? fact sheet		–	77c	
▶ \$ Subtotal this column (6)				

All costs listed in this order form are inclusive of GST

Signage

	Quantity	\$ Victoria	\$ Elsewhere	\$ Total
International No Smoking Symbol decal (for use on windows): 20 cm diameter		\$5.50	\$5.50	
International No Smoking Symbol with durable plastic holes in each corner: 30cm x 30cm		\$8.80	\$8.80	
Quitline sticker: 21cm x 8cm		\$1.65	\$1.65	
▶ \$ Subtotal this column (8)				

Merchandise

	Quantity	\$ Victoria	\$ Elsewhere	\$ Total
Quit pen		\$1.10	\$1.10	
Quitline fabric bag		\$1.10	\$1.10	
▶ \$ Subtotal this column (9)				

DVDs

Organisations wishing to purchase any of the following DVD titles should contact:

T.H.E Videos Pty Ltd,
Phone: 03 5433 3854 Email: front_desk@thedia.com.au

- Baby Breathing DVD
- Cross My Heart DVD
- Hot Water DVD package, includes leader's and teacher's manuals – for additional copies of manuals, contact Quit
- In The Line of Fire DVD
- My Last Last Cigarette DVD includes 1 Manual and 20 Worksheets

If you want to stop smoking, call:

Quitline 13 7848

The Quitline is a confidential telephone information and advice service. For the cost of a local call, professional telephone advisors provide encouragement and support to help smokers quit.

Find resources online at:

quit.org.au

Many of the resources listed on this order form can also be found on our website. You can also download more copies of this order form.

There is online help for people who want to quit smoking including the Quit Coach, where smokers can get free personal advice tailored to their needs.

View the Quit Book online at:

quitbecauseyoucan.org.au

As well as the online Quit Book, there is also information available on this website in a range of languages that can be viewed on your screen, downloaded and printed.

Total cost of order (Method B)

	\$ Victoria	\$ Elsewhere	\$ Total
Resources to help quitters			
General			
Audio visual			
▶ \$ Subtotal this column (1)			
Stopping smoking info sheets			
Parents			
▶ \$ Subtotal this column (2)			
Material in languages other than English			
▶ \$ Subtotal this column (3)			
Posters			
▶ \$ Subtotal this column (4)			
Resources for schools			
Teachers			
▶ \$ Subtotal this column (5)			
Materials for Aboriginal communities			
▶ \$ Subtotal this column (6)			
Resources for research			
Background briefs			
Tobacco pack warnings fact sheets			
▶ \$ Subtotal this column (7)			
Signage			
▶ \$ Subtotal this column (8)			
Merchandise			
▶ \$ Subtotal this column (9)			
Postage			
Victoria			
Postage is free			
Other states			
Small orders – add \$4.40 for postage			
Larger orders will be invoiced			
▶ Postage			
▶ Total			