



OAK LEAVES

A PUBLICATION OF THE LOS OSOS / MORRO BAY CHAPTER of SMALL WILDERNESS AREA PRESERVATION
P.O. BOX 6442, LOS OSOS, CALIFORNIA 93412-6442 ❖ (805) 528-0392 ❖ DECEMBER 2004 / JANUARY 2005

Good Words, Much Appreciation at SWAP Annual Meeting

By Yolanda Waddell

Photos by Jean Wheeler
& Bob Meyer

SWAP's Los Osos/Morro Bay Chapter held its Annual Meeting and Volunteer Appreciation on Saturday, October 23rd. Our guest speaker was Domenic Santangelo, Director of the California Conservation Corps (CCC) Los Padres District. He described the mission of the CCC and the many projects that the Los Padres

CCC has accomplished on the Central Coast, including the Elfin Forest Boardwalk, Forest restoration and weeding. CCC Corpsmember Daniel Fernandez spoke of his life-changing experiences in the CCC, including getting his high school diploma through the CCC's John Muir School. Christian McQueen, who was a leader of the Corpsmembers' effort to prevent the Los Padres Center from being closed last Spring, said that she has found there are no limits to doing something with your life.

Other events at the Annual Meeting were reports from Bob McDougle, Treasurer, and Pete Sarafian, Conservation Chair. McDougle said that during the

Annual Meeting continued on page 2

(clockwise from top left) Conservation Chair Pete Sarafian presents the Conservation Volunteer of the Year award to Weed Warrior Jay Bonestell.

(Meyer) • CCC Corpsmember Daniel Fernandez said that he loves the beautiful Central Coast. (Wheeler) • Los Padres CCC Director Domenic Santangelo explained the goals of the CCC at our Annual Meeting. (Wheeler) • CCC Corpsmember Christian McQueen said that there are no limits to doing something with your life. (Wheeler) • Weed Warrior and telephone volunteer Ann Calhoun was definitely pleased with her SWAP



Certificate of Appreciation. (Wheeler) • SWAP Secretary Yolanda Waddell presented the SWAP Volunteer of the Year Award, a framed Elfin Forest print by local artist Ybi Van Ekren, to SWAP Chair Ron Rasmussen. (Wheeler) • Pete Sarafian, Conservation Chair explains the Elfin Forest Restoration project with the help of County Parks Planner Jan DiLeo. (Meyer)

Crowned Sparrows of the Elfin Forest

By Jean Wheeler

Of the nine species of sparrows listed for the Elfin Forest in our newly revised and soon-to-be-released "Pocket Guide," two are in the group known as "crowned" sparrows. From October to April, Golden-Crowned Sparrows (*Zonotrichia atricapilla*) join in-migrating and year-round resident White-Crowned Sparrows (*Zonotrichia leucophrys*). Among the largest of our sparrows, both species are about 18 cm (7 inches) in length, are rather stocky, have somewhat long tails for sparrows, are upright in posture, and have a definite stripe extending back from above the beak along the top of the head. The backs and wings of both are streaked brown and both have solid grayish cheeks, throats, and breasts, with the bellies grading from gray to brownish on the sides near the wings.

The White-Crowned Sparrow not only has the white crown stripe for which it is named, but a black stripe on each side of that. Below each black stripe and above each of their bright black eyes is another white stripe (called a supercilium), with a thinner black stripe below each white supercilium. This sparrow with the black-and-white striped head occurs over virtually all of the U.S. and Canada, and is one of the most intensively studied of our American songbirds. Most subspecies are migratory, some arriving for the winter from North Pacific to Alaska breeding grounds, but one form does not migrate. Called "Nuttall's White-Crowned Sparrow," our subspecies stays year-round in a narrow strip of the fog-belt climate, remaining within a few hundred meters of the ocean in shrubby and grassy terrain like that of our Elfin Forest. This form has a yellow bill rather than the pinkish bill of forms farther inland and especially in eastern United States, and is stockier than the other subspecies. The song of the White-Crowned Sparrow is a series of clear whistles followed by buzzy notes.

White-Crowned Sparrows forage in bare patches on the ground and in grassy and shrubby areas for spiders, insects, seeds, fruit, and moss cap-

sules, as well as blossoms and fresh leaves. Elsewhere, they sometimes nest on the ground, but in our area they build a cup-shaped nest of bark, grass, and twigs in bushes or low trees, where the female lays 3-5 pale green eggs with brown spots. Some pairs, especially among year-round residents like ours, may mate



The White-crowned Sparrow is easily identified by the three white and two black stripes on its head.

Photo by Jean Wheeler.

for life. However, very often several females jealously guard separate territories within the larger territory of their common male mate. The female does the brooding and most of the feeding for the first few days after eggs hatch. The male later takes over feeding the fledglings, while the female begins nesting the next brood.

The Golden-Crowned Sparrow is named for the yellow stripe it has across its crown instead of the white stripe of our other crowned species. It has a broader dark stripe on either side of the yellow crown than does the White-Crowned Sparrow, and lacks its white supercilium and the narrow black stripe under that lower white stripe. The Golden-Crowned sparrow also has a bicolor bill, with a dusky gray upper mandible and a pinkish gray lower one rather than the yellow bill of our White-Crowned Sparrow. First winter juveniles of these two species look a lot alike, but usually a small yellowish patch has already developed on the front crown of the Golden-Crowned juveniles by the time they arrive, while the White-Crowned juveniles have buffy or grayish stripes where their adult stripes will become white.

Golden-Crowned Sparrows come to us in winter from their breeding grounds in alpine and tundra areas from Alaska to the mountains of northwestern Washington. In their summer homes, they live among alders, willows, and dwarf conifers of the subalpine forests or low-growing scrub above timberline. They nest on the ground or in very low shrubs. It is believed their diet in their summer homes consists almost entirely of insects. But on their winter grounds they turn to an almost completely vegetarian diet of sprouting seeds, buds, and flowers. They begin their southerly migration in late July and flock with other birds, especially with White-Crowned Sparrows, during the winter. However, they are more nervous than their White-Crowned cousins, and tend to stay closer to more dense brushy areas and to flush quicker into cover. The song of the Golden-Crowned Sparrow consists of three descending plaintive notes, described as sounding like "Oh, dear me!"

In the next few months, see if you can spot a few of these yellow-crowned cousins enjoying their winter vacations among our resident perky sparrows with the black-and-white striped heads.

Annual Meeting *continued from page 1*

fiscal year of July 2003 through June 2004, our chapter took in more than we spent, and we have about \$35,000 in available funds. Pete Sarafian reported on the Elfin Forest Recovery project, which involved the planting of 1650 plants by the CCC.

Weed Warrior Jay Bonestell was honored as Conservation Volunteer of the Year. SWAP Chair Ron Rasmussen was presented with the SWAP Volunteer of the Year award, a numbered, framed print of the Elfin Forest by Los Osos artist Ybi Van Ekren. Certificates of Appreciation were given to all volunteers present at the meeting, and the rest will be mailed to the almost 100 volunteers who give their time to SWAP.

Jo Ellen Butler, Executive Director of the North Coast SWAP chapter in Cambria, spoke about their projects on the East West Ranch, which they were instrumental in preserving. Pat Sarafian presented a new design for the mural T-shirts. And three Board of Directors members: Ron Rasmussen, Pat Sarafian, and Pete Sarafian, were unanimously re-elected to the Board.

Where To Call, Where To Write

If you have questions about SWAP activities or want to volunteer, please call 528-0392 and leave a message.

A recorded message will have information about our 3rd Saturday Walks, Work Saturdays, and other events.

If you have questions, concerns or comments about any problems in the Elfin Forest, call or write:

Chuck Lowe, SLO County Parks Supervising Ranger,
1087 Santa Rosa Street, SLO, CA 93408, (805) 781-4417.

If you witness vandalism or other crimes,
call the County Sheriff at 781-4550.

Boy Scouts Build Fences



Eagle Scout candidate Erik Johnson (pouring concrete around post) and his crew built a fence at the 17th Street entrance to the Elfin Forest. The crew (L-R) included Troop 345 Scoutmaster Bill Holden, Brandon Pettis, Erik's father, Erik, Aaron Marley, and John Mastin. Photo by Pat Sarafian.

By Yolanda Waddell

Two Eagle Scout Candidates from Troop 345, Jon Dison and Erik Johnson, have built peeler core fences at the 15th Street and 17th Street entrances to the Elfin Forest. Under the direction of Scoutmaster Bill Holden, each Scout planned a fence, obtained materials, and then built the fence with assistance from a team of fellow Scouts. The 15th Street entrance was Jon Dison's project. Working with him were Scouts Cameron Ryan and John Mastin. Jon's father, Steve Dison, also assisted with the project.

Scout Erik Johnson was in charge of the 17th Street entrance fence, and assisting him were Scouts Brandon Pettis, Aaron Marley and John Mastin, as well as Erik's father.

Both groups of Scouts built their fences quickly and efficiently. Now all entrances to the Elfin Forest from 10th through 17th Street, have attractive fencing to lead visitors to the correct trail. Some of the Scouts are also working on an erosion control project at the east side of the Elfin Forest. Scoutmaster Holden contacted SWAP about the projects at the suggestion of Sylvia Smith, former



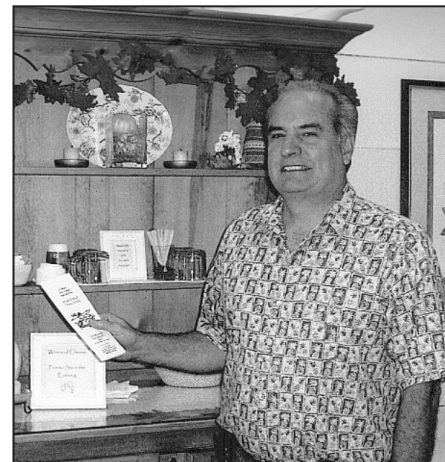
SWAP Chair Ron Rasmussen gave a Certificate of Achievement to Troop 345 Eagle Scout candidate Jon Dison, who built the 15th Street entrance fence with a crew of helpers. Photo by Bob Meyer.

Executive Manager of the Los Osos Chamber of Commerce. SWAP appreciates the work they have done, and gave Certificates of Achievement to Eagle Candidates Dison and Johnson at our Annual Meeting.

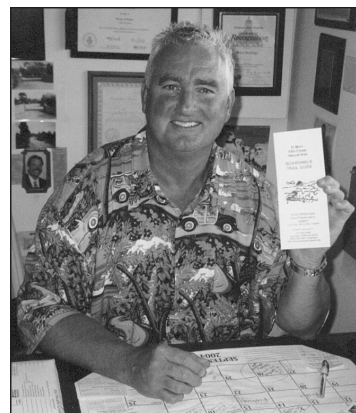
Popular Trail Guides Reprinted Thanks to Generous Donors

Our Trail Guides are so popular that we went through the first printing of 1500 copies in 6 months, the second printing of 3000 copies in 16 months, and this fall we were nearly out of the third printing of 3000 copies after only about 10 months. This October, we've received our fourth printing of 5000 copies on partially recycled paper from Hay Printing.

SWAP is again very grateful to Peter Starlings of Johnson Starlings & Associates, Inc. Real Estate (below) and to Alex Benson of the Baywood Inn (at right). They underwrote the cost of the third printing and then, less than a year later, very generously stepped up to underwrite the cost of this larger printing.



Just about every time your editors have walked the boardwalk lately, we've seen individuals or small groups of people consulting



the Trail Guide at one of the numbered stops. The support of these public-spirited local businessmen in making it possible for us to keep sufficient copies of our Trail Guide available in the two dispenser boxes on our boardwalk is a major contribution to SWAP's educational efforts in the Elfin Forest.

(photos by Yolanda Waddell)

Encampment Broken Up

By Pete Sarafian, Conservation Chair

In a joint effort between SWAP and SLO County Parks and Recreation Dept., an Elfin Forest encampment was taken down and removed in September. The camp consisted of a wood and rope hammock, blankets, and quilt hung between (federally listed) Morro Manzanita trees north of the 11th Street sand trail on the bluff overlooking the Bay. Scattered around the camp were various water bottles, a marijuana plant under cultivation, clothing, a condom wrapper and surfboard parts. County Parks confiscated the materials. The camper(s) destroyed or tampered with several new native plantings in the area. After discovering that the camp had been removed, the perpetrators did more damage to the new plantings. Hundreds of dollars of damage were done. Anyone having knowledge of these incidents is encouraged to contact SWAP at 528-0392.

TRAMP, TRAMP, TRAMP: The Impact of Off-Trail Use of the Forest

By Ron Rasmussen, SWAP Chair

With the collaboration of the Morro Bay National Estuary Program (MBNEP), SWAP has obtained a recent aerial survey of the Elfin Forest. This was done to aid in identification of areas in need of restoration or erosion control. This survey has revealed some interesting features. The boardwalk is clearly visible as are the oak groves and the variation in the kinds of plants that depend on particular conditions for growth. Comparison with earlier surveys shows that the restoration efforts of County Parks, the CCC and SWAP volunteers have indeed had a positive effect on restoration and preservation of the Forest.

The aerial photos have also revealed where visitor impact has been most severe. The area immediately adjacent to the street ends from 11th to 17th is crisscrossed with a network of trails that have resulted from visitors walking randomly through the Forest. This network of trails is less evident in the northern part of the Forest. Because of our limited growing season that allows plant growth only in a few months of the year, plants that are damaged by random trail formation do not soon recover. It is likely that if the trails are used by only one person per week, they will remain open and bare of native plants. The result is bare sand and the potential for severe erosion. This erosion has in fact been seen by residents at some of the street ends after heavy winter rains.

County Parks together with SWAP volunteers has surveyed the Forest in order to identify those trails most appropriate for use by visitors. We recognize that, in order for visitors to enjoy the Forest, access should be as free as possible, consistent with maintaining the unique nature of the Forest. To this end, the Forest and the boardwalk are accessible from all street ends from 11th to 17th. Major trails for visitor use off the boardwalk are marked by "symbolic fencing," consisting of a black cable on metal poles. With visitors using only the boardwalk and marked trails we expect that, over time (hopefully a little over two years), the Forest will heal itself. With visitor cooperation we can avoid the necessity of fencing off areas for restoration and revegetation, which has been needed in some areas.



*Weed Warriors (L-R) Steve Cake, Jay Bonestell, Ron Rasmussen, Bob Meyer, Donna Banks and Jean Wheeler did the annual thistle pulling in the large lower grove of the Elfin Forest in October. Nice place to work!
Photo by Yolanda Waddell.*

Warriors Whack Thorny Thistles

By Pete Sarafian, Conservation Chair

Continuing the battle with invasive species, the intrepid Weekend Weed Warriors attacked a stand of Italian thistle (*Carduus pycnocephalus*) in October. These non-native thistles are concentrated in the north and west corners of the Elfin Forest. The stand that was worked was the one in the northern extreme, in the pygmy oak groves in the Morro Bay State Park section. After about three to four years of effort, the population is beginning to show signs of wearing out before we do. Bob Meyer noticed that the Forest's Brush bunnies had helped us by biting off the tender heads of young thistles earlier in the year. Joining in the effort were Donna Banks, Jay Bonestell, Steve Cake, Bob Meyer, Ron Rasmussen, Yolanda Waddell and Jean Wheeler. Thanks to all for pulling out plants and seed heads so that these weeds don't spread.

Let's All Pull Together!



*The sands have eroded,
The weeds have exploded,
Oh where shall the Warriors begin?

The rain in October and November
Has knocked tall things over,
And started short green things like sin.*

SWAP First Saturday work parties are held at 9 a.m. to noon on the first Saturday of each month. Volunteers should meet at the north end of 15th Street. Dress for sun and wind and bring work gloves if you can. Some work gloves, tools and drinking water are provided. Call 528-0392.

SWAP BOARD OF DIRECTORS

*The Board of Directors of the Los Osos/Morro Bay Chapter of
Small Wilderness Area Preservation (SWAP)
consists of the following members:*

Ron Rasmussen, Chair
Pete Sarafian, Vice Chair
Bob McDougale, Treasurer
Yolanda Waddell, Secretary
Bob Meyer, Member at Large
Pat Sarafian, Member at Large

SWAP BOARD MEETINGS

The SWAP Board of Directors
meets on the 2nd Monday of each month at 7 p.m.
at the Coast National Bank, 1193 Los Osos Valley Road.
The next meetings are

Monday, December 13, and Monday, January 10.

All Board meetings are open to the public.
To confirm the date, time and location
(which are subject to change), phone 528-0392.

WALKS in the ELFIN FOREST

Third Saturday Walks

December 18, 9:30 - Fall Discovery Walk

Al Normandin will lead us on an enjoyable fall season discovery tour of the Elfin Forest. Usually at this time of year plants are still resting, waiting for the summer drought to end. But with our early rains in October and November, "greening up" has already started and there is much to observe. Al has been a docent with the Natural History Association and is very familiar with the plants, birds and animals of the Elfin Forest. He'll help us to tune in to the sounds, sights and fragrances of the varied habitats in this small wilderness. Bring a hand lens and binoculars.

January 15, 9:30 - Ecologist's View of the Forest

Dr. Les Bowker, Cal Poly ecology professor, will conduct a delightful "how things fit together" tour of the Elfin Forest. He will share his fascination with the way soil, sun, fog and wind affect the plants, animals, birds and insects of the forest, and how all have developed unique survival methods in their dry and sandy environment. Join this special walk through some of the five habitats of the Elfin Forest, and learn about the "bump-bump" plant, and "deer candy."

February 19, 9:30 - Fungus Foray

If there is plenty of rain in February, entomologist and fungophile Dennis Sheridan will be able to lead us to many beautiful, and some ugly, species of fungi sprouting from the Elfin Forest floor. He'll help us to find Earthstars, Wood blewits, Yellow staining agaricus, the poisonous Amanitas, Shaggy parasol mushrooms, and dozens of others. Dress for the possibility of getting dirty - mushrooms grow low to the ground. Bring a magnifying lens. Note: this is not a mushroom collecting walk, as all plant material in the Elfin Forest is protected by law. If we guessed wrong and there hasn't been enough rain to bring out the mushrooms, join Dennis for an equally fascinating walk about the lichens which grow abundantly in the Elfin Forest.

Walks in the Elfin Forest begin at 9:30 a.m. (unless otherwise noted) at the north end of 15th Street off Santa Ysabel in Los Osos. Wear comfortable shoes, long sleeves and pants to avoid poison oak and mosquitoes. Please park carefully, avoiding driveways and mailboxes. We ask that you not bring dogs or other pets. The easy paced walks last 1-1/2 to 2 hours. For more information call (805) 528-0392.

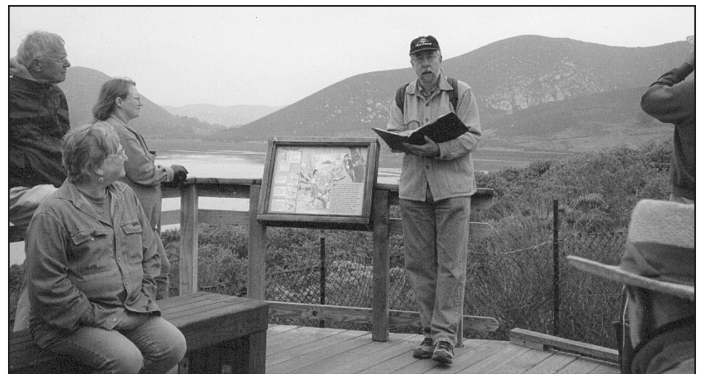


(above) John Milton, expert tracker, gave pointers on how to analyze and identify human and animal tracks in September's Third Saturday walk.

(below left) Expert birder Jim Royer (left) led a pre-Big Sit! walk the second Saturday of October, in preparation for the Big Sit! the following day. We'll have a report on the Big Sit! in our February/ March Oakleaves.

(below) Robert Pavlik gave natural history readings along his Third Saturday tour of the Elfin Forest in October. See his reading list below this photo.

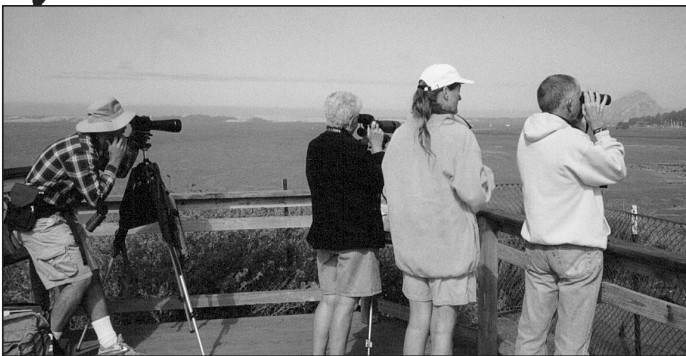
Photos by Yolanda Waddell.



Reading List From the Literary Stroll

Ed. Note: Participants on our October Walk greatly enjoyed readings by Bob Pavlik, who is the Historian for our local Cal Trans. Bob's personal book collection includes the offerings of many California natural history writers. We're publishing Bob's list of sources for his readings in this issue for those of you who were unable to join us on that walk.

- Roderick Nash, *Wilderness and the American Mind* (3rd ed.) 1982
- Wallace Stegner, "Coda: Wilderness Letter," in *The Sound of Mountain Water* 1980
- Ygnacio Villegas, *Boyhood Days*, ed. By Albert Shumate 1979
- J. Smeaton Chase, *California Coast Trails* 1912
- Robinson Jeffers, *Selected Poems* 1963; *Not Man Apart* 1965
- Rachel Carson, *The Sense of Wonder* 1956
- John Steinbeck, *The Log from the Sea of Cortez* 1951
- David Brower, *Let the Mountains Talk, Let the Rivers Run* 1995
- Margaret Wentworth Owings, "Introduction,"
in Robinson Jeffers, *Not Man Apart* 1965
- Bruce M. Pavlik, Pamela C. Muick, Sharon Johnson, and Marjorie Popper,
Oaks of California 1991
- Edward Abbey, "The Crooked Wood," in *The Journey Home* 1977
- Robert W. Service, *The Spell of the Yukon* 1907
- Gary Snyder, *Turtle Island* 1975



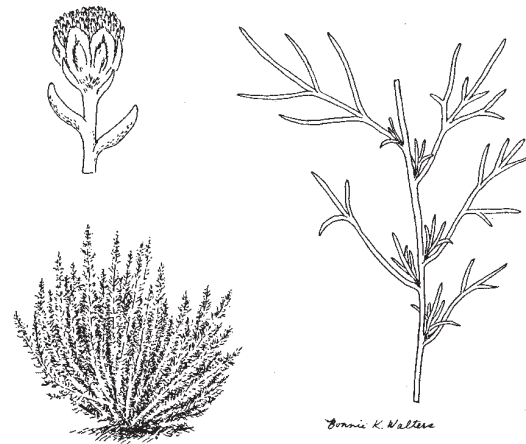
California Sagebrush

By Dirk Walters, Ph.D.; Drawing by Bonnie Walters

The plant for this issue of *Oak Leaves* is another of the Elfin Forest's more common shrubs. It is also one of the easiest to overlook, although it can be seen from just about every place along the boardwalk. It usually grows as isolated individuals. My guess is that most do not even notice it even when it is in full bloom. The plant is Coast or California sagebrush (*Artemisia californica*).

As can be seen from Bonnie's drawing, the leaves appear to be simple or branched needles and are gray in color. Actually, they appear this way because their edges are rolled under. The leaves are so flexible that they can be bent double without breaking. During late winter through early summer, the stems are more or less completely clothed in leaves. Buds produced with the first leaves grow into short spurs that are also clothed in leaves. The result is a gray shaggy cluster of more or less vertical shoots. However, after the rain stops and the soil begins to dry out, most of the leaves die and many fall off its twigs. This leaves a straggly mass of stick with a scattering of gray and white (dead) leaves.

Plants, like California sagebrush, that lose most or all of their leaves during the summer and fall dry seasons are said to be summer deciduous. Because it spends half the year mostly devoid of leaves, it is not used much as a landscaping plant. Having said that, the species is extremely variable throughout its primarily coastal range. It ranges from just north of San Francisco Bay into Baja, Mexico. It extends eastward to the Sierra Nevada and the edge of the Sonoran Desert. Some of the immediate coastal forms



grow as a mound or ground cover and these are gaining some popularity. However, the leggy form found in the Elfin Forest is decidedly not.

The origin of the genus name, *Artemisia*, is probably from the Greek (*Artemis*), Goddess of the Hunt, whom the Romans renamed *Diana*. However, other references indicate the name is derived from the herbalist wife of Mausolus, king of Caria or Anatolia, an ancient region of Asia Minor. As an aside, our modern term, mausoleum is derived from the name given to Mausoleus' tomb. Which is right, goddess or wife? I don't know. The Jepson Manual gives both derivations.

California sagebrush has also been called California wormwood. It gets this name because several species in the genus, especially old world species, have significant amounts of a chemical "santonin" which is an effective remedy for intestinal roundworms. Many native people around the world wove *Artemisia* branches into the walls of their granaries in order to repel grain feeding worms and insects.

Elfin Forest Sightings and Soundings

Canids dominated reports to our editors this issue. In mid-August, Bob and Sharon Meyer and their grandkids were down at Celestial Meadow in the Elfin Forest when an emergency vehicle went down South Bay Blvd. with its siren on. This caused at least a quartet of Coyotes to burst into song from one of the oak groves just to the north of the meadow. Hard to count the voices, but Bob says "It sure sounded like at least three pups and an adult. Too bad I didn't have a tape recorder."



During the September 18th Elfin Forest nature walk, tracker John Milton identified tracks belonging to a fox running across the sand trail that leads to/from 17th Street. Then Pete and Pat Sarafian spotted an adult coyote trotting between 12th and 11th Streets at dusk on the evening of October 30. So keep your eyes and ears open for signs and sounds of our wild members of the dog family in the Elfin Forest.

"When our resources become scarce, we fight over them. In managing our resources and in sustainable development, we plant the seeds of peace."

WANGARI MAATHAI, of Kenya,
winner of the 2004 Nobel Peace Prize.



OAK LEAVES

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layout is by Katy Budge.

Editing assistance by Pat Grimes.

Contributors to this issue:

Wendy Brown, Bob Meyer, Bob Pavlik, Ron Rasmussen, Pat Sarafian, Pete Sarafian, Yolanda Waddell, Dirk and Bonnie Walters, Jean Wheeler

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If possible, all copy should be submitted by e-mail to: ywaddell@kcbx.net AND jeanwheeler@charter.net.

Thank You to Our New and Renewing Members

Compiled by Wendy Brown, SWAP Database Coordinator

NEW MEMBERS:

Barbara Renshaw & Skip Shaw*

RENEWING MEMBERS:

Irene Annoni*	Susan Howe
Linda Bailey*	Roberta Knapp*
David & Rosemary Bentley	Peggy & Earle Mayfield*
Gordon Black	Chuck & Moe McGee*
Katy Budge*	Roy Moss*
Kathleen Copeland*	Kelley & Eric Nelson
Vic, George, & Doris Croy*	Richard S. Parker*
Bernard & Fran Deitchman*	Ronald E. Rasmussen*
Ileen M. Doering*	Ingrid Reti
Lurlie Edgecomb*	Patrick & Dorothy Rygh*
Robbie Freiler	Bill & Callie Sandoval
Chet & Lee Grimes*	Robert & Mia Simmons*
Larry & Pat Grimes*	Gewynn & George Taylor*
JoAnne Heaney	Margaret L. Weiss*
Herbert & Debra Holt*	

*Thanks to those listed above who donated more than the \$12 membership dues. The additional donations will be used for special projects in the Elfin Forest.

A New Look for Mural Shirts

By Pat Sarafian

SWAP's famous Mural shirts have come out with a new look: Same color shirt, same beautiful mural by artist Barbara Rosenthal. Here is what has been done: (1) the green bands at the top and bottom of the mural have been removed; (2) the mural has been feathered into the black color of the shirt; (3) all the wording has been placed directly under the mural using a green complementary color. This new look was introduced at our Annual Meeting, and is modeled by Domenic Santangelo in the photo. Sales of the new shirts were brisk at our Oktoberfest booth on October 31st. Sizes available in the new shirts are SMALL through XXX LARGE in all three styles: SHORT SLEEVE, LONG SLEEVE and SWEATSHIRTS. We still have the older Mural shirts with the green band, but are low in some sizes. In case you're wondering, we still can have the shirts with the green band printed for those who wish to choose that style when ordering time comes around.



SWAP Chair Ron Rasmussen and Los Padres CCC Director Domenic Santangelo model our older (left) and new T-shirt designs. Photo by Bob Meyer.



SWAP Shoppers Order Form

1. MURAL SHIRTS (indicate sizes)

Words on shirt: "El Moro Elfin Forest Natural Area, Small Wilderness Area Preservation, Los Osos, California"

___ Short Slv. T-Shirt (med., Lg, XLg, XXLg, XXXLg) @ \$15.00 = ___
 ___ Long Slv. T-Shirt (med., Lg, XLg, XXLg, XXXLg) @ \$17.00 = ___
 ___ Sweatshirt (med., Lg, XLg, XXLg, XXXLg) @ \$25.00 = ___

2. MURAL SHIRTS (New Design)

___ Short Slv. T-Shirt (med., Lg, XLg, XXLg, XXXLg) @ \$15.00 = ___
 ___ Long Slv. T-Shirt (med., Lg, XLg, XXLg, XXXLg) @ \$17.00 = ___
 ___ Sweatshirt (med., Lg, XLg, XXLg, XXXLg) @ \$25.00 = ___

3. NOTE CARDS by Bob Meyer ___ @ \$3.00 = ___

4. PHOTO POSTCARDS by Bob Meyer ___ @ \$1.00 = ___

5. MURAL PRINTS

signed 5 1/2" X 17" prints by artist, Barbara Rosenthal
 ___ Black matted Mural @ \$20.00 = ___

SUBTOTAL (Prices include tax) _____

Shipping cost if outside of Los Osos/Morro Bay \$2.50 = _____

TOTAL OF ORDER _____

(Please print when filling order — and indicate HOW MANY)

Name _____

Phone (with Area code) _____

Address _____

City/State/Zip _____

Make checks payable and mail to:

SWAP, P.O. Box 6442, Los Osos, CA 93412 - 6642.

Call-in orders may also be made: (805) 528-0392

New Stationery Items for Sale

We recently added a few new items for sale. Bob Meyer, one of SWAP's very faithful members is a man with many amazing talents. Among these is his enjoyment of taking pictures out in our lovely Elfin Forest. He has made some of his absolutely wonderful colored photos into note card stationery and post cards for SWAP. There are currently about 5 different views. The note cards sell for \$3.00 each and the post cards for \$1.00 each. When we have our booth during the year at different events, do come by and check out these new items.

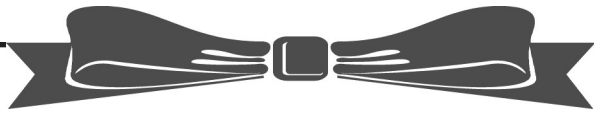
Do your holiday shopping with SWAPI
See page 7 for new items and order form.

Address Service Requested
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Permit No. 112



Holiday Shopping With S.W.A.P!

S.W.A.P. shirts – with their gorgeous mural designs – make beautiful gifts for this holiday season. They come in most sizes and as short-sleeved or long-sleeved shirts or warm, comfortable sweatshirts.

Mural prints 5-1/2 inches by 17 inches signed by the artist Barbara Rosenthal also make excellent gifts your loved ones can use to beautify a wall at home or at the office.

The lovely notecards and postcards from the talented photography of Bob Meyer would make good stocking stuffers.

A gift membership to S.W.A.P. or a donation in the name of your relative or friend would also be much appreciated.

Use the order form on page 7 to either call in or mail your order, and your gifts will promptly be either mailed, or hand delivered locally.

Consider a Year-end Tax Deductible Donation

Your donation can not only reduce your income tax bite, but help S.W.A.P. with special projects in the Elfin Forest such as soil erosion control and revegetation with native species. Donating \$1000 would make you a life member. You would receive the *Oakleaves* newsletter for life and would also receive a S.W.A.P. mural T-shirt in appreciation of your major contribution to our efforts.

MEMBERSHIP FORM

Name _____

Address _____

City/State/Zip _____

Phone _____

- New Member
- Renewing Member
- Member \$12
- Defender \$100
- Steward \$25
- Champion \$250
- Protector \$50
- Guardian \$500
- Life Member \$1000
- I want to help, please call me!

Have you renewed your membership on time?

Check the label on this newsletter
for your renewal due date.

EVERY membership counts!!

Make checks payable to: SWAP

Mail to: Small Wilderness Area Preservation,
P.O. Box 6442, Los Osos, CA 93412 - 6442