

Name: _____
Date: _____

Primal Fear

1. What is one of the strongest emotions felt on human beings
2. Since the dawn of man fear has protected us from what
3. All animals have to be able to detect _____ and _____ to danger _____
4. What are fear responses
5. What triggers the fight or flight response
6. When can the fight or flight fear response kick in
7. We are “wired” by evolution to do what
8. The _____ of fear is pretty powerful
9. What is “hysterical strength”
10. It is estimated that there are _____ million snake bites a year
11. When St. Patrick herded the snakes into the ocean he metaphorically did what
12. When our body is faced with a deadly situation blood flow to our _____ increases _____ our senses
13. Why do your pupils dilate when dealing with a dangerous situation? What is this known as
14. What fear is constant for those who work underground
15. Concepts of hell go back to our
16. Both church and civil society used the notion of hell as what
17. The concept of hell is absolutely intrinsic to _____ in a way that it is no other religion in the world
18. _____ is one of the key elements in understanding hell
19. What do innate fears help us survive
20. What are we afraid of or have anxiety about
21. The human brain has the capacity to do what
22. The brain of a lower animal doesn't have _____ that allow _____, _____ and ironically _____

23. Every step forward with science also brings what
24. The more we learn the more we
25. _____ is a universal phenomena
26. At about the _____ year old mark you start to see the potential fears of the dark, and monsters, and _____
27. Just as physical play helps children develop physically and socially, monsters help them develop
28. What helps us distinguish between real dangers and things that aren't harmful
29. What practice taps into our primal fear of drowning
30. The fear of drowning is a _____ fear
31. When fires happen in crowded places a _____ sets in and the panic that sets in can make a deadly situation _____
32. What is hyperthermia
33. The mind is capable of fearing things that
34. What is the very strength of terrorism
35. What is PTSD
36. When someone has PTSD their mind and body can quickly move into a _____ even though _____
37. How do you stop PTSD
38. What can intense fear do
39. We have honed our senses to detect _____
40. Rats have a great ability to _____ and _____
41. What is fear
42. Without the amygdale, humans _____
43. What is biologically prepared learning
44. How are scientists attempting to learn more about fear
45. What do most fears do