

Students name \_\_\_\_\_ Spot # \_\_\_\_\_ Date \_\_\_\_\_  
Put in the "IN" Box Grade 6 7 8 Track R B G Y Period 1 2 3 4 5 6 7 8

**Kapolei Middle School  
Social and Popular Dance  
Fall 2004  
Mr. Taylor**

**Values Continuum**

**Teacher Worksheet**

Teachers Directions:

Many people will proclaim the value they ascribe to, but do not follow through in living the proclaimed value. Example, many people may claim they value wearing seat belts in automobiles. Though many may claim valuing seat belts, they will not wear them. The Values Continuum is useful in helping us see the inconsistencies between what we profess to be our values and how we behave.

Students are asked to place themselves in the appropriate place on a continuum. From these continuums discussions relative to student's behavior can be developed and suggestions for more consistent behavior with professed values elicited.

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**Kapolei Middle School  
 Social and Popular Dance  
 Fall 20\_\_  
 Mr. Taylor**

**Values Continuum**

**Student Worksheet**

**Instructions:**

1. Please identify those things you feel you value.
2. Once you have finished this page, move on the next part using the continuums.

	I Value.....	Yes	No
1	When people are honest with me	[ ]	[ ]
2	Being honest with my friends	[ ]	[ ]
3	Being honest with other people	[ ]	[ ]
4	When other people demonstrate loyalty to me	[ ]	[ ]
5	Being loyal to my friends	[ ]	[ ]
6	Friendship	[ ]	[ ]
7	Success	[ ]	[ ]
8	Respect for my friends	[ ]	[ ]
9	Respect for other people	[ ]	[ ]
10	Respect for other peoples feelings	[ ]	[ ]
11	Respect for other peoples rights	[ ]	[ ]
12	Respect for myself	[ ]	[ ]
13	When other people show respect for me	[ ]	[ ]
14	Getting good grades	[ ]	[ ]
15	Being a responsible student	[ ]	[ ]
16	Getting my homework and assignments done	[ ]	[ ]
17	Acing my tests	[ ]	[ ]
18	Maturity	[ ]	[ ]
19	Gender equality	[ ]	[ ]
20	My parents	[ ]	[ ]
21	Someone when they acts up in class and it ruins things for me	[ ]	[ ]
22	People when they are selfish	[ ]	[ ]
23	People who are rude	[ ]	[ ]
24	When people who are disrespectful	[ ]	[ ]
25	Good manners	[ ]	[ ]
26	My image	[ ]	[ ]
27	People who are bullies		

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**Values Continuum**

**Student Worksheet**

**Students Directions:**

Using the continuums provided, mark at the appropriate place which you feel best represents you.

1. I like when other people are honest with me!

Always Sometimes Never

--	--	--	--	--	--	--

2. I like when other people are not honest with me!

Always Sometimes Never

--	--	--	--	--	--	--

3. I like when other people tell me only part of the truth!

Always Sometimes Never

--	--	--	--	--	--	--

4. I am always honest with my friends!

Always Sometimes Never

--	--	--	--	--	--	--

5. I am sometimes not honest with my friends!

Always Sometimes Never

--	--	--	--	--	--	--

6. I tell people only part of the truth!

Always			Sometimes				Never
--------	--	--	-----------	--	--	--	-------

7. I am always honest with other people!

Always			Sometimes				Never
--------	--	--	-----------	--	--	--	-------

8. I like when other people demonstrate loyalty to me!

Always			Sometimes				Never
--------	--	--	-----------	--	--	--	-------

9. I like when people talk behind my back!

Always			Sometimes				Never
--------	--	--	-----------	--	--	--	-------

10. It hurts when friends talk behind my Back!

Always			Sometimes				Never
--------	--	--	-----------	--	--	--	-------

11. I like when other people talk stink about me!

Always			Sometimes				Never
--------	--	--	-----------	--	--	--	-------

12. I am a loyal friend!

Always			Sometimes				Never
--------	--	--	-----------	--	--	--	-------

13. I talk behind my friends back!

Always			Sometimes				Never
--------	--	--	-----------	--	--	--	-------

14. I deliberately say things that will hurt my friends!

Always			Sometimes				Never
--------	--	--	-----------	--	--	--	-------

15. I am loyal to my family!

Always			Sometimes				Never
--------	--	--	-----------	--	--	--	-------

16. My friendships are important to me!

Always			Sometimes			Never
--------	--	--	-----------	--	--	-------

17. I want to be successful!

Always			Sometimes			Never
--------	--	--	-----------	--	--	-------

18. I work hard to acquire the knowledge and skills I need to be successful!

Always			Sometimes			Never
--------	--	--	-----------	--	--	-------

19. I do my homework!

Always			Sometimes			Never
--------	--	--	-----------	--	--	-------

20. I study in advance for my tests!

Always			Sometimes			Never
--------	--	--	-----------	--	--	-------

21. I Hand my homework in early so I can make changes if I have to, and hand it back in before the due date!

Always			Sometimes			Never
--------	--	--	-----------	--	--	-------

22. I use my notes, old tests, and home work when studying for my big tests!

Always			Sometimes			Never
--------	--	--	-----------	--	--	-------

23. I have respect for my friends!

Always			Sometimes			Never
--------	--	--	-----------	--	--	-------

24. I have respect for other people!

Always			Sometimes			Never
--------	--	--	-----------	--	--	-------





44. I touch other people things without asking!  
 Always Sometimes Never

--	--	--	--

45. I take other peoples food without asking!  
 Always Sometimes Never

--	--	--	--

46. I leave my hat on when in a classroom or when I'm a guest at someone's house.  
 Always Sometimes Never

--	--	--	--

47. I leave the messes I have made for others to clean up!  
 Always Sometimes Never

--	--	--	--

48. I offer help to others when they need it and it is safe!  
 Always Sometimes Never

--	--	--	--

49. The image other people have of me is important!  
 Always Sometimes Never

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50. I chew gum in my classes and when I am meeting my friends parents!  
 Always Sometimes Never

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