



# North Okanagan Foster Parents Calendar of Events

## Fall 2008

301-3402 27th Ave., Vernon, B.C. V1T 1S1  
NOKsupport@okfosterparents.ca

Ph/Fax (250) 558-0939  
www.okfosterparents.ca

*It's time to start purchasing school supplies and thinking about how you're going to update your fostering skills - so here's a calendar of events for you. There are even some August activities in the "Community Events" section. Please let me know if the training you need is not included.*

*I will be on vacation the beginning of September, so please register for September events as soon as possible.*

Noelle



### Upcoming events – read further for details of these and other activities:

Sept 4	Insurance for Foster Homes
Sept 11	Safe Babies: Nutrition
Sept 11	Foster Family Picnic
Sept 15 – Oct 18	Foster Care Education Program Series 2
Sept 16	Children in Care Committee
Sept 16	Foster Parent - MCFD Partnership Meeting
Sept 17	Foster Parent - CLBC Partnership Meeting
Sept 22	Life Books Drop In
Sept 24	Basic Standards: Alternate Caregivers
Sept 24	Lumby Area Foster Parents
Sept 29	Mental Illness in Youth & Adults with Developmental Disabilities
Sept 29	Alcohol, Drugs, and Disability: Making the Connection
Oct 8	Foster Parent – Aboriginal Services Partnership Meeting
Oct 9	Safe Babies: Infant Physiotherapy
Oct 15	Basic Standards: Documenting & Record Keeping
Oct 22 – 24	Interior Region FASD Conference
Oct 22	Lumby Area Foster Parents
Oct 27	Life Books Drop In
Oct 28, 29, 30	Non Violent Crisis Intervention, Vernon
Oct 28, 30	Non Violent Crisis Intervention, Salmon Arm
Oct 29	Non Violent Crisis Intervention, Vernon – Refresher
Nov 13	Safe Babies: Car Seats & Winter Driving; Toy Safety & Choices
Nov 18	Children in Care Committee
Nov 18	Foster Parent - MCFD Partnership Meeting
Nov 19	Basic Standards: Family Group Conferences and Levels
Nov 24	Life Books Drop In
Nov 26	Lumby Area Foster Parents
Dec 10	Basic Standards: Placement Considerations & Questions
Dec 11	Safe Babies: Birth Families and Christmas
Dec 17	Lumby Area Foster Parents

Vernon Area Foster Parents  
invite you to  
**Kin Beach Fun Day & Picnic**



**Thursday, Sept 11th  
4 - 8 PM at Kin Beach**

The June picnic was fun, despite the cold wind, so your Foster Parents Association is hosting another (and ordered good weather)

Bring your family, your lawn chairs and a picnic dish to share

BCFFPA Vernon Area Foster Parents Association will supply hot dogs, plates, cutlery, cups and drinks plus fun activities including Horseshoes, Bocce Ball, and Tug of War

**Plan to attend!**

***This is a great opportunity for Foster, MCFD, & CLBC families to have fun together!***

## *Foster Parent Events:*

Insurance: Representatives from BCFFPA will be in Vernon to give you information and answer your questions about the Foster Parent Insurance Ryder and Liability Insurance. 1 – 2:30 PM, Thurs, Sept 4, at MCFD, 2809-28<sup>th</sup> St.

Foster Care Education Program: Series Two of the Foster Care Education Program will be offered in Vernon this fall. The instructor will be Emily Mayne.

The Foster Care Education Program is required training for all caregivers. Foster Parents are expected to complete this training within two years of their home opening. New Foster Parents should start with Series One, which will be offered in Vernon early in 2009. It is also offered this fall in Kelowna.

(S2-1) Cultural Responsiveness	Sept. 15	6:30 - 9:30 PM
(S2-2) Aboriginal Children in Care	Sept. 22	6:30 - 9:30 PM
(S2-3) Substance Misuse	Sept. 29	6:30 - 9:30 PM
(S2-4) FAS/FAE/NAS	Oct. 6	6:30 - 9:30 PM
(S2-5) Suicide Awareness	Oct. 18	9 AM - 3:00 PM

*Complete this Training for a chance to win \$100!*

*All Foster Parents who have contracts with the Vernon office of MCFD or CLBC, who have completed the Foster Care Education Program by December 31st, 2008, will automatically have their name entered into a draw for \$100.*

Safe Babies Support Group & Training: Pat Martin and Debra Pool will facilitate and have a good season planned for all you who care for infants. Except for September, meetings will be held 9 AM to noon, the second Thursday of each month, in the Clinic room at the Health Unit. Please don't attend if you smoke. If you live with someone who smokes, please call Noelle for more information.



September 11: People Place: What's new and important for nutrition in the first year with Health Unit nutritionist, Linda Boyd

October 9: Infant Physiotherapy

November 13: Car Seats and Safe Winter Driving  
*plus Toy Safety and Choices*

December 11: Birth Families and Christmas

Certificates will be issued at completion of the sessions in May 2009

Lumby Area Foster Parents meet for training and support: Sept 24th, Oct 22, Nov 26 and Dec 17th. 10 AM to noon. Sept 24<sup>th</sup> meeting will be held at Yvonne's: 5980 Hwy 6, Lavington

Basic Standards for Foster Parents: 9:30 – 11 AM, usually 2nd Wednesday of each month, at the People Place. Take the time to review these basic standards and programs.

Certificates will be issued at completion of the sessions in June 2009. No charge, but pre-registration is required

Sept. 24	Alternate Caregivers (babysitters, relief care, etc.)
Oct. 15	Documenting and other record keeping
Nov. 19	Family Group Conferencing and Levels
Dec. 10	Placement considerations & questions
Jan	Support Workers & Safeguarding
Feb	Contracts
Mar	Life Books
Apr	Integrated Case Management
May	Insurance and WCB

Life Books Drop In: 10 AM to 11:30 AM, 4<sup>th</sup> Monday of each month at the People Place. Sept 22, Oct 27, Nov 24 - for those of you who need to work on those Life Books (required for all kids in care) Drop in any time, have a coffee, and get a refresher on some of the options for developing Life Books. You can also bring a Life Book project to work on.



Non Violent Crisis Intervention – Core Training: 6:30 – 10 PM, October 28, 29, 30, at the People Place

Non Violent Crisis Intervention – Core Training (no restraint): 9 AM – 12:30 PM, Oct. 28 & 30 in Salmon Arm

Non Violent Crisis Intervention – Refresher: 9 AM – 2:30 PM, October 29. For Foster Parents whose certification has not expired.

Non Violent Crisis Intervention is a system for defusing escalating behavior and safely managing physically aggressive behavior. This training provides an understanding of effective communication during aggressive moments, along with the core philosophy of maintaining care, welfare, safety and security. It is recommended training for all Foster Parents, whether they have children who are physically aggressive or not.

On completion you will receive certification from the Crisis Prevention Institute. No charge, but you **MUST** pre-register with Noelle. Seating is limited



Free Football tickets: Once again, the BC LIONS have generously donated 50 tickets per game for Foster Families to attend their home games. If you want to attend a game contact Alysha at the BCFFPA office [alysha@bcfosterparents.ca](mailto:alysha@bcfosterparents.ca) or call 1-800-663-9999 to let them know which games you're interested in attending.

# Community Living B.C. & Okanagan Foster Parents Association

Present two workshops for those who support youth and adults with  
Intellectual / Developmental Disabilities

## Aspects of Mental Health and People with Developmental Disabilities

9:30 – 11:30 AM, Monday, Sept. 29, 2008

## Alcohol, Drugs and Disability: Making the Connection

12:30 – 2:30 PM, Monday, Sept. 29, 2008

Prestige Hotel & Conference Centre      4411 – 32<sup>nd</sup> St., Vernon  
Registration: \$10 for one workshop, \$15 to attend both  
Seating is limited    \*\* lunch is not included

Barbara Ludwig has worked in the United States and Canada for over 30 years in diverse capacities as a licensed counselor, non-profit executive director, successful grant writer, medical school faculty lecturer, transdisciplinary clinician and team leader, behavioral and crisis services provider, consultant and presenter. Her specialization is serving people with intellectual/developmental disabilities and complex needs and their supporters.

She volunteers as the international outreach coordinator for the National Association on Alcohol, Drugs and Disability (NAADD) and has worked extensively with the National Association for the Dually Diagnosed (ID/MI), (NADD). Barbara is currently developing Life College by CHAS for Community Homes and Services in Marin County, California.

*For more information contact Noelle at (250) 558-0939/ email [NOKsupport@okfosterparents.ca](mailto:NOKsupport@okfosterparents.ca)*

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Send registration form and cheques made out to "Okanagan Foster Parents Association" to  
Okanagan Foster Parents Association, # 301 3402 –27<sup>th</sup> Avenue, Vernon, BC, V1T 1S1

Name \_\_\_\_\_

Address \_\_\_\_\_ Postal Code \_\_\_\_\_

Ph# \_\_\_\_\_ email \_\_\_\_\_

Foster Parent \_\_\_\_\_ MCFD/CLBC staff \_\_\_\_\_ Other \_\_\_\_\_

<b>Aspects of Mental Health and People with Developmental Disabilities</b>	<u>check one</u>
9:30 – 11:30 AM, Monday, Sept. 29, 2008	\$10 _____
<b>Alcohol, Drugs and Disabilities: Making the Connection</b>	
12:30 – 2:30 PM, Monday, Sept. 29, 2008	\$10 _____
<b>Both</b>	\$15 _____



Foster Parents & CLBC Partnership Meeting: 11:00 AM, Sept 17, at CLBC – followed by a no host lunch. All Foster Parents who foster for CLBC are invited to meet with staff from CLBC to discuss issues of concern.

Foster Parents & Aboriginal Team Partnership Meeting: 9:30—11:30 AM, Oct 8, at the Gathering Place. All Foster Parents who care for Aboriginal children/youth in care are invited to meet with staff from the Aboriginal Team to share information and discuss issues of concern.

Foster Parents & MCFD Partnership Meeting: Foster Parent representatives meet with MCFD staff to discuss issues of concern Sept 16, and Nov 18. If you have something you'd like discussed at this meeting contact Yvonne 558-9946 or Noelle 558-0939

Children in Care Committee: Anyone interested in this community based committee is invited to attend. 12:30 – 1:30 PM, at 28<sup>th</sup> St. MCFD, Sept 16, and Nov 18

First Aid: All Foster Parents should have a current First Aid/CPR Certificate and Okanagan Foster Parents Association wants to help you get yours. Attend one of the many courses available in the community and OFPA will give you \$25 towards the cost. Contact Noelle for details.

Okanagan College offers a wide variety of classes through their Continuing Studies Department. Of particular interest to Foster Parents are:

- It's NOT about You, It's ALL About You: Sat, Oct 25
- Tips and Tools for Proactive Behaviour Management: Sat, Nov 22

They also offer several First Aid Courses

For more information pick up their brochure or visit on-line [www.okanagan.bc.ca/cs](http://www.okanagan.bc.ca/cs)

Vernon Area Foster Parents Association is busy planning Foster Parent events for this year.

If you have a good idea, want to help, or need specific training: contact Yvonne (president) 558-9946; Kevin (social) 503-0107; or Jeremy (education) 275-6356

Check us out!  
Okanagan Foster Parents Association Web Site  
**[www.okfosterparents.ca](http://www.okfosterparents.ca)**

For Important Links, FAQs, Newsletters, Upcoming Events, and lots of Publications:  
Log Books, Mileage Records, Critical Incident Forms and much more!

## Community Events

Please remember the Importance of maintaining **confidentiality** when attending community events.  
**For detailed information and registration forms contact Noelle**

If you want to attend training but can't for financial reasons you may be eligible for **financial assistance**. Contact Noelle for details

FASD Training for those working with children under 6 and their families in home and community settings: Kelowna, 9 AM – 5 PM, Aug 18 & 19. Free



Empowering Our Youth: workshop for aboriginal youth, Aug 25-27, at the Adams Lake band.

“Our Place in the Circle” Regional Elder and Youth Gathering, Penticton Trade & Convention Centre, Aug 27 to Aug 29. Purpose: to enhance relationships and promote family oriented discussions between Elders and Youth in a fun, user-friendly environment. For more information contact Elaine Alec 1-866-711-2732  
ealec@apfaBC.org

National FASD Awareness Day: Sept. 9<sup>th</sup> will be recognized in Vernon with a walk, starting at noon, from Polson Park. The Friendship Centre will also host an event – watch for more info

Adoption Boot Camp: 7 – 9 PM, Thurs. Sept. 11<sup>th</sup> at Bean to Cup 3903 27 St. . Contact Teresa at (250) 545-2653 or email: tkisilevich@shaw.ca

Parent to Parent Support Group: for those who are parenting children/youth with Fetal Alcohol Spectrum Disorder and Complex Developmental Behavioural Conditions. This group is a valuable support for all parents including Foster Parents. First fall meeting will be **Tuesday, September 16<sup>th</sup>, 9:00am to 10:30 am, at NONA.**

Health and Wellbeing in Persons with Intellectual/Developmental Disabilities, Children, Youth and Adults: September 24, 25 & 26, in Vancouver. Conference information is online at [www.interprofessional.ubc.ca](http://www.interprofessional.ubc.ca)

FASD Community Team: 9 AM, Sept. 30, at NONA. Anyone interested in participating in this community-based committee is invited to attend. Contact Noelle for more details.

Interior Region FASD Conference: Kamloops, October 23 & 24, with a Caregivers Appreciation dinner on the 22<sup>nd</sup>— all at a very reasonable cost. The amazing variety of speakers includes Nathan Ory. Ask Noelle for details

Gordon Neufeld is coming to Kelowna: Nov 6<sup>th</sup> for an evening presentation of *Hold on to Your Kids*, and Nov 7<sup>th</sup>, for a full day presentation for professionals.. Watch upcoming newsletters for details on where and when

**ACT (Autism Community Training)** is offering a number of workshops August and September, most in Vancouver. They also offer some training via web casts. Check out the details at [www.actcommunity.net](http://www.actcommunity.net)

Practical Autism Treatment - From Theories to Realities - A Case Management Survival Guide  
August 27, 2008 - Vancouver

Social Thinking: New Two-day workshop!

Day 1: Looking Into the Mind of ASD and Like Disabilities

Day 2: Teaching Beyond the 'Think Social!' Curriculum: Addressing Preschool, Anxiety, 'Superflex' and emerging perspective takers August 28 & 29, 2008 - Vancouver

Naturalistic Strategies in Autism Treatment: The Latest Research on Pivotal Response Training  
September 20, 2008 - Victoria

How to Use the ABLLS-R as an Assessment & IEP Development Tool

Dr. Suzanne Jacobsen, R.Psych & BCBA, September 26 & 27, 2008 - Vancouver

2008 Focus on Research Event: Social Interaction, Sensory & Information Processing, and Genetic Discoveries in ASD – What is the Research Telling Us? October 3, 2008 - Vancouver

### **ACT Autism Training Webcasts**

Toilet Training for Everyone: It's Never Too Late!

The Child with Autism in the Family; Family Stressors and Siblings' Needs

Mental Health Conditions and Autism - A workshop on Identifying, Monitoring and Treating Common Psychiatric Syndromes

Focus on Research Event – Early Intervention Approaches for Infants, Toddlers and Preschool Children with Autism

Building Social Relationships: A systematic Approach to Teaching Social Interaction Skills to Children and Adolescents on the Autism Spectrum

### **After Hours Emergency Line**

**1-800-663-9122**

Used to report a critical incident, an AWOL, obtain social worker approval for emergency medical treatment, etc. when MCFD offices are closed.

### **Provincial Foster Parent Support Line**

**1-888-495-4440**

Monday to Friday 4 PM to 12:45 AM.

Sat., Sun., and Stat. Holidays 8 AM to 12:45 AM.

This support line is a service provided to Foster Parents to vent, problem-solve or get information.

Their mandate is to support and they report only if there is a critical incident or reportable circumstances

### **B.C. Federation of Foster Parent Associations**

[www.bcfosterparents.ca](http://www.bcfosterparents.ca)

1-800-663-9999

### **Federation of Aboriginal Foster Parents**

[www.fafp.ca](http://www.fafp.ca)

1-866-291-7091

### **BCFFPA Vernon**

Yvonne Langlois	President	558-9946
Pat Hudson	Treasurer	546-2473

### **Okanagan Foster Parents Association**

[www.okfosterparents.ca](http://www.okfosterparents.ca)

President	Bonnie Thompson	250 498-4109
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### **Trained Support Workers**

Joy Caulien	542-4395
Pat Hudson	546-2473
Roxie Bateman	542-6595
Russ Jantz	545-7571
Yvonne Langlois	558-9946
Sherry Anderson	275-3194
Leanne Wright	546-6006
Noelle Typusiak	558-0939