

# AFLCA TRAIN THE TRAINER APPLICATION

(please print)

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ POSTAL CODE: \_\_\_\_\_

PHONE: \_\_\_\_\_ (W) \_\_\_\_\_ (H)

EMAIL: \_\_\_\_\_

I have enclosed the required documents:

REQUIREMENTS	DESCRIPTION	DOCUMENTS ENCLOSED
Reasons why you want to become an AFLCA Trainer	Why you want to become an AFLCA Trainer (identify benefits for yourself and the AFLCA).	Letter
AFLCA Specialty Fitness Leader certification	Include information on the types of classes you teach.	Certificate
Degree in Physical Education or related degree and transcripts showing course work	Course work in the following: <ul style="list-style-type: none"> <li>- Anatomy</li> <li>- Physiology</li> <li>- Biomechanics</li> <li>- Exercise Physiology</li> <li>- Athletic Theory and/or Standard First Aid and/or Prevention and Care of Athletic Injuries (University level)</li> </ul>	University transcripts
Resume	Relating to applicable experience to become an AFLCA Trainer.	Resume
Adult Education Experience	A list of courses and workshops facilitated (i.e. AFLCA co-training events, CECs or other related facilitated events) highlighting target population, types of presentations – lecture/practical, etc.	List courses and workshops facilitated
Leadership Experience	Experience as a leader, who you have led classes for, relation to area of certification	List leadership experience
Professional Experience	Relating to your activities in the industry	List professional experience

To the best of my knowledge, the information on this form is correct. (Signature Below)

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