



**Missouri Valley Masters present:**  
The 2009 Breadbasket Zone Masters Meet  
at the University of Missouri Aquatic Center  
Saturday-Sunday March 28-29, 2009

Sanctioned by Missouri Valley LMSC for USMS, Inc., Sanction # 2809-02

- Location:** Mizzou Aquatic Center, Student Recreation Complex, Rollins Rd & Hitt Street, University of Missouri, Columbia, MO 65201, phone 573-882-2067
- Time:** Check-in & Deck Entries Saturday 2:30-3:15pm, and Sunday 7:30-8am  
Warm-ups begin Saturday @ 3pm, Events start at 4pm (target finish Sat 7:30pm)  
Warm-ups begin Sunday @ 7:30am, Distance events start at 8:30am, warm-ups continue during the distance events. Target finish is noon.
- Eligibility:** Persons eighteen (18) years old and older are welcome. Participants must have a valid 2009 USMS registration card to participate, or must register with USMS at check-in. All levels of swimming ability are welcome.
- Conduct:** The 2009 USMS rules will govern the conduct of the meet. All events will be timed finals. Events will be seeded by time. Participants will be limited to five events each day, excluding relays. Results will be submitted for USMS Top Ten consideration and records.
- Fees:** \$40 meet entry fee if postmarked on or before March 21, 2009. One Day entry fee (Sat or Sun) is \$30 if postmarked on or before March 21, 2009. Late and Deck Entry Fees will be an additional \$10. Please make checks payable to MOVY (Missouri Valley Masters).
- Entry:** Entries will be accepted with "no time" or NT for seeds, but will be seeded with slowest heat. Swimmers may enter either the 1650 or the 1000 Freestyle, but not both. The 1650 and the 1000 will each be limited to 16 swimmers. If you enter after the events are filled, you will be put on a waiting list and notified by e-mail. Positive check-in will be required on Saturday for these events. Relays can be deck entered during the meet. Individual deck entries will be accepted until 3:15pm Saturday and until 8:00am Sunday.
- Mail entries to: **Jim Matysek, 6916 W 100<sup>th</sup> Terrace, Overland Park, KS 66212-1635**  
Checks payable to: **MOVY (Missouri Valley Masters Swimming)**
- Facility:** The Mizzou Aquatic Center boasts an 8 lane, 50M Pool with a water temperature of 78 degrees, configured to 25Y for this meet. The competitive pool is 8-8.5 feet deep, has an 18" spill over gutter system, and spectator seating for 1,000. The facility can be viewed at <http://www.mizzourec.com/> or at <http://atmizzou.missouri.edu/jun05/NewPool.htm>
- Info:** If you have any questions, please contact Bob Welchlin [rwelchlin@yahoo.com](mailto:rwelchlin@yahoo.com), Laurie Reaburn [laurie\\_reaburn@yahoo.ca](mailto:laurie_reaburn@yahoo.ca), or Anna Lea Matysek at [AnnaLea@usms.org](mailto:AnnaLea@usms.org) or 913-642-5484.
- Phone:** For problems, scratches, etc. on meet day, please call the meet director at 585-451-8785.
- Accommodations:** Columbia, Missouri offers a number of hotels along the I-70 corridor as well as near the University and downtown. Columbia hotels typically range from \$45 to \$99 per night. Along I-70 (from West to East): Drury Inn, Extended Stay America, Days Inn, Red Roof, Best Value Inn, Ramada, Travel Lodge, & La Quinta. Downtown or near campus: Regency Premier and the Stoney Creek Inn.

