

Missouri Valley Masters present:

The 2009 Breadbasket Zone Masters Meet at the University of Missouri Aquatic Center Saturday-Sunday March 28-29, 2009

Sanctioned by Missouri Valley LMSC for USMS, Inc., Sanction # 2809-02

Location: Mizzou Aquatic Center, Student Recreation Complex, Rollins Rd & Hitt Street,

University of Missouri, Columbia, MO 65201, phone 573-882-2067

Time: Check-in & Deck Entries Saturday 2:30-3:15pm, and Sunday 7:30-8am

Warm-ups begin Saturday @ 3pm, Events start at 4pm (target finish Sat 7:30pm)

Warm-ups begin Sunday @ 7:30am, Distance events start at 8:30am, warm-ups continue

during the distance events. Target finish is noon.

Eligibility: Persons eighteen (18) years old and older are welcome. Participants must have a valid

2009 USMS registration card to participate, or must register with USMS at check-in. All

levels of swimming ability are welcome.

Conduct: The 2009 USMS rules will govern the conduct of the meet. All events will be timed finals. Events

will be seeded by time. Participants will be limited to five events each day, excluding relays. Results

will be submitted for USMS Top Ten consideration and records.

Fees: \$40 meet entry fee if postmarked on or before March 21, 2009. One Day entry fee (Sat or

Sun) is \$30 if postmarked on or before March 21, 2009. Late and Deck Entry Fees will be an additional \$10. Please make checks payable to MOVY (Missouri Valley Masters).

Entry: Entries will be accepted with "no time" or NT for seeds, but will be seeded with slowest heat.

Swimmers may enter either the 1650 or the 1000 Freestyle, but not both. The 1650 and the 1000 will each be limited to 16 swimmers. If you enter after the events are filled, you will be put on a waiting list and notified by e-mail. Positive check-in will be required on Saturday for these events. Relays can be deck entered during the meet. Individual deck entries will be accepted until 3:15pm

Saturday and until 8:00am Sunday.

Mail entries to: Jim Matysek, 6916 W 100th Terrace, Overland Park, KS 66212-1635

Checks payable to: MOVY (Missouri Valley Masters Swimming)

Facility: The Mizzou Aquatic Center boasts an 8 lane, 50M Pool with a water temperature of 78 degrees,

configured to 25Y for this meet. The competitive pool is 8-8.5 feet deep, has an 18" spill over gutter system, and spectator seating for 1,000. The facility can be viewed at http://www.mizzourec.com/

or at http://atmizzou.missouri.edu/jun05/NewPool.htm

Info: If you have any questions, please contact Bob Welchlin rwelchlin@yahoo.com, Laurie

Reaburn laurie reaburn@yahoo.ca, or Anna Lea Matysek at AnnaLea@usms.org or

913-642-5484.

Phone: For problems, scratches, etc. on meet day, please call the meet director at 585-451-8785.

Accomodations: Columbia, Missouri offers a number of hotels along the I-70 corridor as well as near the

University and downtown. Columbia hotels typically range from \$45 to \$99 per night. Along I-70 (from West to East): Drury Inn, Extended Stay America, Days Inn, Red Roof, Best Value Inn,

Ramada, Travel Lodge, & La Quinta. Downtown or near campus: Regency Premier and the Stoney

Creek Inn.



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Please return this entry form with entry fee by March 21, 2009

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Name*: Last *Print name as it appears on USMS Registration Card		First		M.I.
Street			State State	Zip
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Age or	ı 3/29/09:y	years ol	d Date of Birth/_	
Club Name or Unattached USMS Reg. #				
y Events	Seed Time	No	Sunday Events	Seed Time
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		14		
		15		
		16		
	Enter at meet	17		Enter at meet
-		18	200 Medley Relay, Women	Enter at meet
:k		19	100 Back	
		20	200 IM	
		21	50 Free	
		22	200 Breast	
Relay, Men	Enter at meet	23	200 Free	
Relay, Women	Enter at meet	24	200 Medley Relay, Mixed	Enter at meet
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	Age or nattached y Events e ast Relay, Mixed ck e Relay, Men Relay, Women 50 or the 1000, ity: I, the undersign by a physician. I ack on the series of	Age on 3/29/09:	Age on 3/29/09:	Street City State Day Phone Eve. Phone Age on 3/29/09: years old Date of Birth nattached USMS Reg. # y Events Seed Time No Sunday Events e

2-day entry fee: \$40.00, 1-day entry fee: \$30.00 ADD a \$10.00 late fee for:

- --Any entry postmarked after 3/21/09
- --Saturday deck entries received by 3:15pm
- --Sunday deck entries received by 8:00am

Mail completed entry form and fees to:

Jim Matysek 6916 W. 100th Ter. Overland Park, KS 66212-1635