



4-H FLASH



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OFFICE HOURS:

Monday-Friday, except Holiday
9:00 a.m.—4:00 p.m.
Closed 12:00-1:00 p.m.

STAFF:

Marianne Bird
4-H Youth
Development
Advisor



Joan Ryan
4-H Secretary



**Marianne Bird, 4-H Youth
Development Advisor**
mbird@ucdavis.edu

I was recently reminded how great 4-H is at helping kids identify their “sparks.” What’s a spark? It’s a personal interest, talent, or passion that lies within. A spark is something that excites us, something we feel we’re good at, something we really enjoy.

A 4-H member named John sat across from me at the November Leader’s Council meeting. When Gail Jones discussed the opportunity for 4-H Clubs to design their own content for our new county website and asked for youth input on the venture (see article on page 2), John, who has experience with computers through a 4-H club project, lit up. He contributed to the discussion, obviously knowledgeable and interested in both the topic and in working with Gail to make our web presence great. It seems this is of-

New Volunteer Training on the Way: Does this “Spark” Your Interest?

ten the way it works in 4-H: A young person is exposed to a subject area, likes and pursues it, receives encouragement from leaders, and is offered opportunities to build their skills. This often colors their profession or path in life. Computers are a spark for John, and 4-H provides an avenue for him to follow his interest.

So what does nurturing “sparks” have to do with volunteer training?

The Thrive Foundation for Youth has provided \$1.4 million dollars over five years to the California 4-H program, funds to be used to do what we do best: helping kids grow into competent, confident and caring adults. The really good news is that these resources will provide much needed training for our program volunteers. The Thrive model includes elements of 4-H which helps kid to:

- Realize they have the power to get better with practice and that mistakes are an important part of learn-

ing. (We call this a *growth mindset*.)

- Know how to set and pursue goals, and be equipped to switch direction when obstacles arise. (*Goal setting* has always been a key element in our program.)
- Identify and pursue their passion and talents. (Ah yes, the *spark!*)

Beginning in January, we’ll assemble our own Sacramento County Master Trainer Team, a group of volunteers, youth members and staff who will participate with other training teams from neighboring counties in a Train-the-Trainer session. This gathering will be interactive, informative, and a lot of fun.

For those of you whose sparks may be leadership or training, this might be an opportunity for you. If you are interested in being part of our training team, please let me know.



2010 RECORD BOOK JUDGING

The 2010 State Record Book Judging is complete. We received 97 books this year and it was a tough year since we received some truly amazing books.



All the judges combined spent 208 hours judging Dec 3rd - 5th. Letters have been mailed to all participants. We are attempting to send back record books as soon as possible. Please see attached for state results. Results will be also be posted to the state website.

Here are Sacramento's 4-H Member results:

Withrow	Kayla	16	Medalist	Wilton
Audycki	Caitlin	15	Merit	Laguna Creek
Waddell	Christopher	15	Merit	Wilton

CLUB WEB SITES

Gail Jones

saccounty4h@gmail.com

Youth and

Adult

Volunteers

Needed

The Sacramento County web site is being updated with new content, using a new development tool. I'm looking for youth and adult volunteers interested in helping set direction and update the content on the club web sites. Youth participants must be 11 years old and must have an adult mentor to help them. If you are interested in helping with this effort, please RSVP to Gail Jones at saccounty4h@gmail.com and plan to attend a meeting on **January 25, 2011 from 6pm - 7pm** (prior to Leaders Council) at the UCCE office. Our first meeting will be a planning session to identify standard components of the club web sites, set guidelines for content and identify interested participants.

I also need pictures (with model release/approval only please) and spot light stories. A spot light story is a short story about 4-H, it could be about something going on in your club or at the county level. I'd like to include spot light stories about the county All Stars and TLAs for example.

UCCE OFFICE CLOSED

The Cooperative Extension Office will be closed to the public, staff, and volunteers from Friday, December 24, 2011, through Sunday, January 2, 2011. The Office will reopen on Monday, January 3, 2011, at 8:00 a.m.



Sheep Skills

January 15, 2011

27370 Pierce Ranch Road, Davis (Wooden Ranch)

Sign-in: 8:30am

Start at: 9:00am

Lunch will be available. A \$3.00 donation per person is asked to offset the cost.

Topics of the day include:

- How to select a project lamb
- Judging contest and prizes
- Preventing prolapses
- Internal parasites
- Raising stress free lambs
- Ranch production practices

- Fun with wool

RSVP to Jim Yeager at jysheep@aol.com or (530) 756-2423.

Sponsored by: Garrett/ Yeager Sheep Ranch



Junior Master Gardening Project

By Rachel Ricchiuto

The Junior Master Gardening project is learning about a different part of gardening each year. The Junior Master Gardening Project has a set curriculum and we are completing it one chapter at a time under the Golden Ray guidelines. We are studying Vegetables and Herbs this year.

Each year we dedicate a meeting to doing a community service activity. This year our group worked at the Fair Oaks Community Food Closet Garden. Each year the garden is planted and tended by volunteers.

The garden volunteer coordinators Lea Beem and Roy Tyree work almost every day in the garden and do the majority of the volunteer work. All of the

food harvested is donated to the Fair Oaks Food Closet.

Our group helped by pulling up rows of tomato and pepper plants and chopping them up for composting. We worked two hours and accomplished what probably would have taken the volunteers a week to accomplish. It was a lot of fun working together as a group and seeing how much we could accomplish is just a couple hours.

This was a great hands-on experience for our group and we hope to set up another work day in the spring.



Pictured from left to right are: Carolyn Ricchiuto (Project Leader), Jordan, Jonathan, Yamileth, Emmett, Mairead, Rachel (Teen Leader), Veronica, Lea Beam (Garden Coordinator), Seanan, Gabriel, Sophia, Michael and Bryce.

2011-2012 All Star Application and Interview Dates

By Christina Wagner,
County All Star Advisor
(916) 988-8144

The application deadline to be part of next year's County All Star team is coming up soon! Members interested in applying must be at least 15 years old on December 31, 2010; be currently enrolled in at least their third year of 4-H; and have achieved their Gold Star rank. You will also need three Letters of Recommendation mailed to the 4-H Office. Applications and amended 4-H **Record Books will be due in the 4-H Office**

no later than 4:00 p.m. on Tuesday, March 1.

All Star interviews (approximately 30 minutes each) will be scheduled during the **afternoon on Sunday, March 27.**

Being a part of the countywide 4-H All Star Team is a working award, one that gives members a chance to represent 4-H within Sacramento County and gain experience organizing events at the county and sectional levels. It is the highest rank a member can achieve at the county

level and the responsibility that comes with it can provide a wide range of great opportunities, experiences, and memories.

All Stars must attend the 2011 State Leadership Conference, County and Regional All Star meetings, Achievement Night, and develop and follow through with goals appropriate for the All Star Team.

If you have questions regarding the application process or the All Star program please give me a call.

Record Books will be due in the 4-H Office no later than 4:00 p.m. on Tuesday, March 1.

Fashion Revue

Saturday, April 9, 2011

Robert J. Cabral
Ag Center,
2101 E. Earhart Ave.,
Stockton, CA 95206.
9am—3pm

Deadline: Project Leaders have until Midnight, **Sunday April 3, 2011** to enter the members information.

Who is Eligible? Any 4-H member age 5-19.

How to Register:
New this year, Project leaders are required to

complete an online club registration form.

Event goals:

- provide educational activities for youth who are learning and growing in citizenship, leadership and life skills
- Inspire appreciation of clothing, textiles, consumer science, and personal development
- Introduce opportunities to extend youth leadership and communication

- Promote self-esteem through individual expression

For more information:
http://ucanr.org/sites/SJC_4H/Events_and_Calendar/4-H_County_Fashion_Revue/

Questions: Contact Sierra Berdeja or Nancy Burgess, (209) 464-5120 or email: nanroo64@yahoo.com



Citrus Heights Graduates

By **Lisa Gordon**
Citrus Heights 4-H
Community Club Leader
916-722-2146

Congratulations to **John Moulton** on a job well done showing his Fiber Goats & Fiber products & Chickens

Congratulations to **Camille Gordon** on your Natural Colored National Champion Ram And Ewe Cow Palace Jr. Grand National CH. Ewe And Ram.

Nevada State fair Jr. wild West Fair Supreme Ram. Thanks to Camille for moving from Teen Leader to Leader! Agreeing to lead a dog project in C.H.

Citrus Heights 4-H used their Sheep, Goats, and other project animals in the depiction of December 3-4-5 2010 Bethlehem Village at the Sunrise Community Church 8321 Green Back Ln. Fair Oaks Ca.



Hi 4-H Ice Skating Event

Our next Hi 4-H event will be **January 16**. We will be going ice skating at the downtown rink. We will be meeting at noon in front of the skate rentals. Skating costs \$10 which includes the skate rentals. Also bring money for food!



Again Hi 4-H is open to 7th grade and up that would like to come play and hang out with other older 4-H'ers from around the county. It is a great opportunity to meet new people. If you would like you could even bring a non 4-H friend!

Please RSVP before so we know to expect you to Caitlin Audycki at (916) 685-5402.

Northcoast Youth Summit

Time for Action!
Northcoast Youth Summit
February 12th, 2011
9:00 AM- 4:00 PM
College of the Redwoods

The Northcoast Youth Summit will be held at College of the Redwoods on Saturday, February 12th, 2011. Make plans for all 4-H youth 7th grade and above to participate fully! The first 25 people registered will receive a prize! Registration begins on **January 3rd**! The All Stars are helping to host this empowering event for youth and those who work with you. Key note speakers will be Lou Moerner and Kai Neander.



Collect & bring seed packets to "Plant a Row" for the hungry. Over 40 amazing workshops are currently being organized. To find the latest on the Youth Summit check the website: www.ysummit.org Past years are also included here.

Fiber Arts Project

By Barbara Fiorica

The Sacramento county 4-H Fiber Goat Project is going to start a Fiber Arts Project for the members interested in fiber animals but don't have animals. We will start with a project to complete over the year and get it ready for the fair. We will also learn about the different fibers and how they are processed into a usable product. We will meet at the 4-H office on the **first Thursday of the month at 7:00** the same time as the Fiber Goat meeting for now. Call Barbara Fiorica at 916-687-6406.



ATTENTION all members
interested in fiber
animals

Registration for Statewide Events

As you may know, we no longer have the WRP system on our website so registration for statewide events will be done through the on-line enrollment system. I've created a registration page for California Focus, Washington Focus #1 (Road to Democracy and Heritage Trail I) and Washington Focus #2 (Global Journey and Heritage Trail II). Registration occurs on the "Member List" page for youth delegates and chaperones. At the bottom of that page, look for the "register a member in an event". Choose the family member that is enrolling and the event they wish to attend. Then click on "Register". Then fill in the information requested. You can choose to complete this on-line registration in your office for

your entire county delegation or ask your members and volunteer leaders to do so themselves. If members and leaders complete the registration on-line, you will need to verify the registrations for your county.

Please remember that the California Focus requires a \$150 deposit with the registration form. Washington Focus requires a \$1,200 deposit with the registration form since we have to sign a contract with the National 4-H Center and purchase airline tickets by late January.

I've set the **registration due date for January 10** and hope to have all the registration

forms and a county council check for the deposits in my office by January 14. Please make a copy of the registration form for your office and send me the original.

This is a "first time" for event registration on the 4-H online enrollment system so let me know if you need assistance or have questions. Hogan and I are glad to help.

Patricia English
4-H YD Program Rep.
CA 4-H Youth Development Program
530-754-8520 / 530-754-8541

**SAVE
THE
DATE!**

California Equine Education Field Day 2011

May 28-29, 2011

UC Davis

Held in conjunction with State 4-H Field Day 2011

Mark your calendars.

More information to come.

4-H Resident Camp

June 12-17, 2011

Las Posadas 4-H Camp
Napa Valley

Camper applications will be available in March

**SAVE
THE
DATE!**

State 4-H Field Day

May 28, 2011 at UC

Davis – Since 2002, the State 4-H Field Day takes place annually on the Saturday of Memorial Day weekend at the UC Davis campus from 8:00am until 6:00pm. The event is open to all 4-H members, volunteers, staff, and parents. During the event, 4-H members may participate in a variety of contests and educational activities. <http://www.ca4h.org/Programs/Events/SFD/>



4-H State Leadership Conference

July 28 – 31, 2011 at UC

Davis – “*Oh, the Places You’ll Go!*” The Conference brings together high school youth from across California in a four-day leadership training, networking, and learning experience. The conference will feature many 4-H SET educational sessions! Registration will open in April 2011. <http://www.ca4h.org/Programs/Conferences/SLC/>



State 4-H Leaders' Forum



November 11 – 13, 2011 at Asilomar Conference Center – “*The Magic of 4-H – Transformation*”. The Forum provides a weekend retreat for 4-H volunteers across California to gather for networking, education, relaxation, and fun. Registration will open in winter 2011. <http://www.ca4h.org/Programs/Conferences/SLF/>

4-H Science Video Challenge

Entries due by January 31, 2011.

www.4-h.org/videochallenge
National 4-H Council, National 4-H Headquarters, and University of Arizona 4-H Youth Development, invite all 4-H professionals, staff and volunteers to produce their own digital video for front-line educators and volunteers.



We are looking for bold, creative, and exciting videos to help educate facilitators about how to implement 4-H science and illustrate inquiry-based learning approaches to helping youth learn and master science content. The purpose of this contest is to build a vault of films to show great 4-H facilitation and learning in practice.

If you have any questions, please contact Kirk Astroth at kastroth@cals.arizona.edu.

CA Small Farm Conference

March 6-8, 2011—San Jose, CA

The California Small Farm Conference is the state's premier gathering of small farmers, agricultural students, farmers' market managers and others involved in the small farm industry. The three day educational conference includes day-long short courses and on-farm tours; focused workshops; engaging keynote addresses and numerous networking opportunities. Everything you need to plan a Big Future.

Scholarships are available and applications are **due by January 5, 2011.**

To learn more call 888-712-4188 or visit www.californiafarmconference.com.



2011 Western Regional 4-H Forum

**May 7-14, 2011
Seattle, WA**

You are invited to join Washington 4-H as we cruise to several ports in Alaska, Cruise the Hubbard Glacier, and an evening in Victoria, BC. This is a 7-day cruise with several outstanding speakers, riveting workshops, and a Murder Mystery! Cruise departs from Seattle, WA at 4:00 p.m. Boarding begins at 11:30 a.m. Visit Juneau, Ketchikan, Sitka, and the Hubbard Glacier in Alaska and Victoria, BC.

WRLF Registration: Full-time registration has been set at \$100. This provides access to all group

events and workshops. Admittance will be monitored by the name tag holder provided at check-in. Companion Registration is available for \$25, allowing companions to join the full-time registrants in attending all the group functions and events. The WRLF participants will have the early dinner seating – 5:30 p.m.

Cruise Registration: Cruise Cost begins at \$729 per person, double occupancy, interior cabin. The price includes all meals. This price is available to all your family and friends as long as they register under the 4-H WRLF code. A deposit of

\$350 per person will be required within 5 days of booking, balance due February 21st.

Travel is additional.

For questions or concerns related to registration, contact Michelle Johnson at mlj@wsu.edu, or Emily Houg at ehoug@wsu.edu,

For more information: <http://4h.wsu.edu/conferences/2011wrlf/index.html>.



*Visit Juneau,
Ketchikan,
Sitka, and the
Hubbard Glacier
in Alaska and
Victoria, BC.*

NC Sectional Presentation Day

**March 26, 2011
Wellman Hall, UC Davis**

The NC Sectional Presentation Day committee is busy planning this year's event, and we wanted to make sure that all the counties are aware of the date of the event as well as have all the info they need so they can publicize this event at the County Presentation Days!

A special focus this year will be placed on recruit-

ing judges and room hosts so presenters can just focus on doing their best at presenting. We are asking the County Presentation Day event planners to put a big emphasis on this *at the County events*, to get everyone's awareness up that being a judge or room host is a fun, fulfilling, and educational experience open to everyone (even older youth can be judges), not just presenters and their families. Judges at Sec-

tional Presentation Day should have judged at least one Presentation Day already, so if people are interested, get them judging at the County event so they will qualify to judge at Sectional.

Dan Hogan
San Mateo County
Chair, 2011 NC Sectional
Presentation Day Com-
mittee
djlhogan@comcast.net

*Judges
and Room
Hosts
Needed*

CA&ES Field Day

UC Davis College of Agriculture and Environmental Sciences is hosting the 35th annual CA&ES Field Day on **March 5, 2011**. Over 3,000 FFA and 4-H members (age 14 and older) will participate in 26 contests from 9:00am until 6:00pm. High school aged 4-H members are invited to participate and/or observe the contests held on the UC Davis campus.

This event will also serve as the California 4-H State Qualifier for the National 4-H Livestock Judging, Dairy Cattle Judging, and Poultry Judging contests.



Registration:

To register, browse to <http://www.calaged.org/registration>. Select our event (2011 U.C. Davis Agricultural & Environmental Sciences Field Day). Choose the link "Get Access Code". Complete the information on the form, indicating your 4-H club/team name in lieu of school name and click the register button. **Please include 4-H next to your club/team name on the registration form.** On the following page you may save the registration code and register later or simply continue with the registration at this point. Note that you may only register once so be prepared to complete the registration or contact us if you have any changes. All 4-H members must be currently enrolled in 4-H and in good standing.

Deadlines:

December 1: Registration opens

February 11: Agriscience Fair and Job Interview materials due

February 18: Registration closed

Please register as soon as possible to ensure space for your teams. Feel free to contact me should you have any questions regarding this year's Field Day at: fieldday@ucdavis.edu, or visit our website for more information at: <http://caes.ucdavis.edu/fieldday>.

Correction: Information in the last 4-H Flash on page 4 for **CAL Conference 2011** was incorrect. The cost is \$150.00 (\$160.00 with T-Shirt), not \$75.00. The dates are January 28-30, 2011.

YOUTH STAFF APPLICATIONS

Due Wednesday, January 5, 2011, by
4:00 p.m.

Interviews: Friday, January 7, 2011,
6:00 p.m.

CE Conference Room

First come, first served basis.

For more information, contact the 4-H
Office, 875-6811

2011 4-H SET Workshops

February 5, 2011

9:00am - 4:00pm
Locations around California

Counties are invited to send a team of 4-H teen leaders (age 12 and older), 4-H volunteers, 4-H staff, and afterschool partners to the 2011 4-H SET Winter Workshops.

This professional volunteer development opportunity will help prepare 4-H volunteers, teens and staff to incorporate science, engineering, and technology into 4-H projects. The workshops emphasize experiential and inquiry-based learning,

providing practical examples of incorporating hands-on activities that invite youth exploration, promote active questioning, and application to the real world.

These workshops will assist in increasing the knowledge, skills, competencies, and confidence levels of adult volunteers, teens and staff to provide engaging 4-H SET learning experiences.

Date/Time: February 5, 2011, 9:00am - 4:00pm

Cost to Attend: FREE!

Snacks and lunch provided!

Locations



Environment



Animal Science



Engineering

- Humboldt County (Eureka)
- Tehama County (Red Bluff)
- Butte County (Oroville)
- Yolo County (UC Davis)
- Merced County
- Santa Cruz County (Watsonville)
- Kern County (Bakersfield)
- Los Angeles County (Mt. San Antonio College)

Registration due January 24, 2011 at <http://ucanr.org/set>

Registration

due

January

24th

4-H Healthy Living Grant Program

Deadline: January 15, 2011

California 4-H is offering mini-grants for *youth-directed* healthy living projects. 4-H members are encouraged to apply for funding, lead the project, and partner with one or more adults throughout the process. The proposed healthy living project must be implemented with a focus on service-learning, leadership and/or youth-adult partnerships.

Eligibility

California 4-H clubs, units and groups may apply for funding. The proposal is to be developed and submitted by 4-H youth ages 14-19, partnering with 4-H adult volunteers or staff. Members age 5 and up can be group members.

Project proposal

Financial support may be requested for amounts up to \$1,000. The project proposal must contain:

- Complete grant application
- Detailed budget

Applications must be postmarked by **January 15, 2011** and submitted to the California 4-H Youth Development Program office.

Submission

Applicants may complete the online application (<http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=5756>).

For more information, please visit www.ca4h.org/Projects/HealthyLiving.



Healthy Living

Deadline

January

15th

January 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4 4-H Point of Entry, 7:30 am	5 Youth staff applications due by 4pm	6 Fiber Goat/ Arts 7pm	7 Youth staff interviews 6pm	8 Murphy's 4-H Rabbit Show - Calaveras County
9 Country Centre 4-H Jr MG Project, 2pm Laguna Creek 4-H Baking Project, 11am	10	11	12	13 4-H Point of Entry, 11am	14 4-H Mini-Equine, 7pm	15 Sheep Skills
16	17	18	19	20 4-H County Rabbit Mtg, 7pm	21 4-H YES Training	22 4-H YES Training
23	24 4-H Horse Council, 7pm	25 6pm Web Mtg 4-H Leaders' Council, 7pm	26 4-H Resident Camp Staff Training, 7pm	27	28 4-H YES Training CAL CONFERENCE →	29 4-H YES Training
30 CAL CONFERENCE →	31					

February 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3 Fiber Goat/Arts 7pm	4	5
6	7	8	9	10	11	12 Northcoast Youth Summit
13	14	15	16	17	18	19
20	21	22	23	24	25	26 County Presentation Day
27	28					

COUNTY PRESENTATION DAY

SATURDAY, FEBRUARY 26, 2011

10:00 A.M. TO 1:00 P.M. CE AUDITORIUM

4145 BRANCH CENTER ROAD, SACRAMENTO, CA 95827

ANNE, CATHERINE AND JULIA WEILAND, 916/728-2936, OR anneweiland@comcast.net

PRE-REGISTRATION IS REQUIRED!

NO REGISTRATIONS WILL BE ACCEPTED AT THE DOOR.

Don't put off giving a presentation another year! It's a great way to teach others about something that you have learned in 4-H. Start preparing now. Or just come by and watch, get some ideas, and start preparing for next year.

THE 4-H PRESENTATION MANUAL: Available from the 4-H Office or at the State 4-H website at: www.ca4h.org/leadership/spd/4hpresentationmanual-3.doc. There is a lot of helpful information in the manual, but the actual rules for each type of presentation are never more than one page in length. So, don't be intimidated. Pick one up and get started today.

TYPES OF PRESENTATIONS

Below are brief descriptions of the different types of presentations. For detailed information, refer to the current Presentation Manual. Be sure to read the rules for your type of presentation carefully. Please note that in almost all cases, your subject matter should relate to your current 4-H project work. School assignments are not appropriate subjects for presentations.

DEMONSTRATION/ILLUSTRATED TALKS: The most common types of presentations are Demonstrations and Illustrated Talks. These are forms of teaching using both verbal and visual methods of communication. This form of presentation is one of the strongest learning and teaching tools available to us. It is used widely throughout the academic and business world and is a valuable life skill for our members to learn. Members must give Demonstrations or Illustrated Talks to be eligible for the Purple, Bronze, Silver, Gold, Sapphire, and Ruby Star Ranks.

Demonstrations and Illustrated Talks differ only in that Demonstrations teach by the "show how" method, while Illustrated Talks teach a concept or a skill that cannot be demonstrated in a classroom setting. They can either be organized in the traditional style (introduction, body, conclusion) or using the scientific process. These presentations can be found on pages 14 and 15 in the manual and each has specific requirements for visuals. Although posters are the most common type of visuals, "equivalent visuals" means that you may use tri-fold boards, felt boards, overheads, PowerPoint type productions, or anything else you can come up with provided the required material is presented. Demonstrations and Illustrated Talks may last from 3 to 15 minutes. They may be done individually or as a team of up to 3 members. Notes are not allowed.

IMPROMPTU SPEECH: Unrehearsed delivery of information and ideas. Implements basic research by the members that can be used during the speech. A single note card can be used. Member has 3 minutes to prepare the speech after selecting the topic. Limited to 5 minutes. Limited to individual participants. Props or costumes may not be used.

INTERPRETIVE READING: You may read any published written work, that is age appropriate and in good taste. Examples may include, but are not limited to: children's stories, poetry, essay, speeches, excerpts from novels that stand alone, etc. Reading limited to 5 minutes. You should state the title, the author, characters, the purpose or setting, and any other introductory information. The reading will be finished with a short conclusion. Both limited to 5 minutes. Use your voice to make the piece come alive. No stages, settings, props, or costumes. Limited to individual participants.

PROBLEM SOLVING: Provides members the opportunity to use a prepared fact pattern as the basis for developing an action plan. During the competition, the member will present the action plan using posters, overhead project, slides, or computer generated slides. Limited to 5 to 10 minutes. Notes are not allowed. Member judged on the overall effectiveness of the presentation and not the solution presented. Limited to individual participants.

AUDIO-VISUAL PRESENTATION: Any informational or instructional program presented with slide, video, or digital representation. A slide presentation lasts 5 to 10 minutes and should be supplemented with a verbal commentary, synchronized tape recording, or audio track. Video and digital presentations may last up to 15 minutes and require special equipment. Presenters must provide their own equipment for slide, video, or digital presentations. Member must introduce the presentation in the presence of the judges and without notes. Limited to individual participants. No costumes allowed.

EDUCATIONAL DISPLAY: An organized visual presentation of a program or a concept. The displays should be designed to convey its message in a limited amount of time (60 seconds). Displays do not include science fair exhibits, other depictions of processes, project exhibits, or collections. Requires introductory presentation by the member. Notes are not allowed. Teams limited to 2 members. 4-H member may select one of the following kinds of displays:

1. **CARD TABLE DISPLAY** (30" x 30" flat space) – This display may include a tri-fold poster board that includes title, member's name, 4-H affiliation, and a depiction of the program or concept. Table space may be provided; however, members should bring their own card table.
2. **PANEL DISPLAY** (about 48" x 48") – This is a vertical, free standing display that is presented on an easel. The display will include a title, the member's name, 4-H affiliation, and a depiction of the program or concept.

SHARE THE FUN: Groups perform acts, such as skits that focus on health, safety, community pride, recreation, or citizenship. It is performed by one or more youth to entertain. It may include props and costumes. Member must introduce the activity without notes. Not to exceed 15 minutes. A sound system will be provided for County Demonstration Day. Judged using the American System. Not open to individual participants.

CULTURAL ARTS: 4-H individual members and groups perform a costumed dramatic reading, musical, dance, or other such performing art. It is performed by one or more youth to entertain. Costumes, props, and decorations are encouraged. Member must introduce the activity and its purpose. Notes may not be used. Not to exceed 15 minutes. A sound system will be provided for County Demonstration Day. Judged using the Danish System.

NOTE: If you receive a Gold Medal at County Demonstration Day, you are eligible to give your presentation at North Central Sectional Presentation Day, **SATURDAY, MARCH 19, 2011**, at UC Davis. You will receive a form with your medal.

If you receive a Gold Medal at Sectional Presentation Day, you are eligible to give your presentation at State Presentation Day, **SATURDAY, MAY 28, 2011**, at UC Davis.

**COUNTY PRESENTATION DAY
REGISTRATION**

**SATURDAY, FEBRUARY 26, 2011
10:00 A.M. TO 1:00 P.M. CE AUDITORIUM
4145 BRANCH CENTER ROAD,
SACRAMENTO, CA 95827**

***PRE-REGISTRATION IS REQUIRED!
NO REGISTRATIONS WILL BE ACCEPTED AT THE
DOOR.***

Each member may do ONLY ONE demonstration, illustrated talk, scientific demonstration, prepared speech, impromptu speech, problem solving, interpretive reading, educational display, **or** slide/video/digital presentation (**NOT ONE OF EACH**) at County Demonstration Day. But you MAY take part in a "Share-the-Fun" or "Cultural Arts", as well as do one of the above.

A table and easel will be provided in each room. Each presenter will need to bring any additional equipment: Extra easels, extension cords, extra tables, etc. **Adults are not to assist in set-up, presentations, or take down.** 4-H is a learn-by-doing experience. Room Clerks will help, if asked.

You need to return the form below by **FRIDAY, FEBRUARY 18, 2011**, to Anne Weiland, Catherine Weiland or Julia Weiland at 6708 Old Oak Court, Citrus Heights, CA 95610

Please make additional copies as needed.

~~~~~ CLIP ~~~~~

**DEMONSTRATION DAY REGISTRATION**

Return by **FRIDAY, FEBRUARY 18, 2011**, to Anne Weiland, Catherine Weiland or Julia Weiland at 6708 Old Oak Court, Citrus Heights, CA 95610 (We) will participate in the following: **(CHECK ONLY ONE)**

- |                                           |                                             |                                        |
|-------------------------------------------|---------------------------------------------|----------------------------------------|
| <input type="checkbox"/> Demonstration    | <input type="checkbox"/> Impromptu Speech   | <input type="checkbox"/> Audio-Visual  |
| <input type="checkbox"/> Illustrated Talk | <input type="checkbox"/> Prepared Speech    | <input type="checkbox"/> Panel Display |
| <input type="checkbox"/> Scientific Demo  | <input type="checkbox"/> Interpretive Read- | <input type="checkbox"/> Table Display |
| <input type="checkbox"/> Scientific Talk  | <input type="checkbox"/> Problem Solving    |                                        |

We will also participate in:  Share the Fun  Cultural Arts

- Age**
- |                                                     |                                                            |
|-----------------------------------------------------|------------------------------------------------------------|
| <input type="checkbox"/> Primary (5-8) (Grades K-3) | <input type="checkbox"/> Intermediate (11-13) (Grades 6-8) |
| <input type="checkbox"/> Junior (9-10) (Grades 4-5) | <input type="checkbox"/> Senior (14-19) (Grades 9 and up)  |

Name(s) \_\_\_\_\_

\_\_\_\_\_

Club \_\_\_\_\_ Phone # \_\_\_\_\_

Title of Presentation: \_\_\_\_\_

**EVALUATORS  
AND CLERKS NEEDED**

**SATURDAY, FEBRUARY 26, 2011  
9:00 A.M. TO 1:00 P.M. CE AUDITORIUM  
4145 BRANCH CENTER ROAD,  
SACRAMENTO, CA 95827**

**ROOM HOSTS:** Work as Room MCs and are 4-H members who are 12 years and above.

**EVALUATORS:** Work in teams of three evaluating the demonstrations and awarding ribbons. Evaluators are either adults or members 15 or older and experienced in giving demonstrations. Evaluators are needed for **COUNTY DEMONSTRATION DAY (FEBRUARY 26, 2011)** and **NORTH CENTRAL SECTIONAL PRESENTATION DAY (MARCH 19, 2011)** at UC Davis.

We will be having an **Evaluators and Room Hosts Clinic** Saturday, February 28, 2009, at 9:00 a.m. before demonstrations begin.

If you would like to help, please fill out and return the form below by **FRIDAY, FEBRUARY 18, 2011**, to Anne Weiland, Catherine Weiland, and Julia Weiland 6708 Old Oak Court, Citrus Heights, CA 95610

**Please make additional copies as needed.**

~~~~~ CLIP ~~~~~

**COUNTY PRESENTATION DAY
EVALUATOR AND CLERK SIGN-UP**

Return by **FRIDAY, FEBRUARY 18, 2011**, Anne Weiland, Catherine Weiland, and Julia Weiland 6708 Old Oak Court, Citrus Heights, CA 95610

Name _____

Address _____

Club _____

Phone _____

Adult Youth _____ (age)

**COUNTY PRESENTATION DAY
SATURDAY, FEBRUARY 26, 2011
Room Host Evaluator**

**SECTIONAL PRESENTATION DAY
SATURDAY, MARCH 19, 2011
Room Host Evaluator**

From the President

The Plan to Build a Stronger 4-H Dennis Seyfer, Sacramento County 4-H Leaders Council President

I would like to share with you an opportunity in which Sacramento County 4-H has been selected to participate.

As many of you are aware, each time there is an economic downturn, 4-H program funding coming from government is scrutinized. The present downturn resulted in reduced funding impacting our program through the eventual loss of our Program Representative.

Earlier this year our Youth Development Advisor, Marianne Bird, along with four adult volunteers participated in an internet webinar presentation. As a result of their involvement in that event, combined with other factors such as the diversity of our County's 4-H programs, Sacramento County 4-H was selected by the California 4-H Foundation to receive special assistance via training and funding to develop a fundraising program.



The California 4-H Foundation raises funds from private benefactors to support the mission of the 4-H program by creating long-term financial sustainability for 4-H programs across the state. The California 4-H Foundation makes it possible for more children and families to benefit from the 4-H experience.

The Foundation's purpose is three-fold:

- to develop funding partnerships with individuals, foundations, and corporations to support 4-H in California;
- to increase public awareness of the California 4-H Youth Development Program as a valuable investment; and
- to provide training and support to 4-H county offices and clubs to maximize their local fundraising efforts.

In August 2010, a Leadership Team of 16 members formed, consisting of 4-H staff, adult volunteers, and youth members from across the county. This team's goal is to increase the sustainability and scope of Sacramento County 4-H to serve more youth through quality programs.

A sub-group of 7 team members volunteered to attend Fundraising training in order to develop the knowledge and skills needed to reach the stated goal. This training took place on October 27 and 28, 2010.

This fundraising activity is an ambitious effort and these 16 people are going to need everyone's help. We all have our personal 4-H stories to share and reflect upon. Within those 4-H stories, we communicate our contributions to the community and the opportunities we provide to youth. Here lies the spirit that will inspire donors to join us so that we can reach our goal.

So when one of the Leadership Team members approaches you and requests your assistance, remember your 4-H story and be part of the effort:

To increase the sustainability and scope of Sacramento County 4-H to serve more youth through quality programs for years to come



Do you have something fun or interesting happening in your project? Share your story with the county! Submit your articles to Sabrina by the 3rd Wednesday of each month to: 4h.editor@comcast.net

Additional News

To view the 4-H State news, go to <http://www.ca4h.org/Administration/StateOffice/>

To view the 4-H Science, Engineering, and Technology news, go to <http://www.ca4h.org/Projects/SET/>

To view the National 4-H news, go to <http://4-h.org/news/4hnews.php>

If accommodations are needed for any meeting or event, please contact the 4-H Office at least two weeks in advance.

PERSONS WITH HEARING DIFFICULTIES
CONTACT CALIFORNIA RELAY SERVICE:
711 OR (800) 735-2929 FOR TTY
IF YOU WANT TO CONTACT HEARING
IMPAIRED INDIVIDUALS CALL:
(800) 735-2922



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Sacramento County Board of Supervisors -- Phil Serna, 1st District; Jimmy Yee, 2nd District; Susan Peters, 3rd District; Roberta Mac Gashan, 4th District; and Don Nottoli, 5th District. Also, Steve Szalay, County Executive; Bruce Wagstaff, Countywide Services Agency; and Yvonne Nicholson & Chuck Ingels, Cooperative Extension. U.S. Department of Agriculture, University of California, and the County of Sacramento cooperating.

UNIVERSITY OF CALIFORNIA



CITIZENSHIP

LEADERSHIP

LIFE SKILLS

4-H
Youth
DEVELOPMENT
PROGRAM