



PARTICIPANT LESSON REQUEST FORM SUMMER 2011

Name: _____ Phone: _____ Email: _____

Directions for completing this form:

- 1: Check the box next to your preferred dates.
- 2: Fill out any equipment information
- 3: Mail, fax or email this form back to Lizz at MHS. A confirmation letter will be sent out once MHS has scheduled all dates. Please read your confirmation letter carefully as this sign up form does not guarantee all dates.

Adaptive Paddling at Range Ponds State Park

boats provided by Great Glen

Date		Time	Canoe or Kayak	Have your own boat? (Y/N)
Thursday, June 30		<input type="checkbox"/> 10:00-12:00 OR <input type="checkbox"/> 1:00-3:00		
Thursday, July 7	Acadia National Park	<input type="checkbox"/> 10:00-12:00 OR <input type="checkbox"/> 1:00-3:00		
Tuesday, July 12		<input type="checkbox"/> 10:00-12:00 OR <input type="checkbox"/> 1:00-3:00		
Wednesday, July 20		<input type="checkbox"/> 10:00-12:00 OR <input type="checkbox"/> 1:00-3:00		
Tuesday, August 2		<input type="checkbox"/> 10:00-12:00 OR <input type="checkbox"/> 1:00-3:00		
Wednesday, August 10		<input type="checkbox"/> 10:00-12:00 OR <input type="checkbox"/> 1:00-3:00		
Wednesday, August 31		<input type="checkbox"/> 10:00-12:00 OR <input type="checkbox"/> 1:00-3:00		

Advanced Paddling, Various Locations

boats provided by Sun Valley Sports, Great Glen & Sea Spray

Date		Time	Canoe or Kayak	Have your own boat? (Y/N)
Sunday, July 17	Androscoggin Canoe Trek	9:30-3:00		
Tuesday, July 19	Whitewater, Errol, NH	10:00-3:00	Kayak	
Sunday, August 14	River Trip, Bethel	9:30-3:00		
Wednesday, August 17	Ocean Paddle, Sebasco	9:00-2:00	Kayak	
	rain date for Ocean Paddle if needed: 8/18			

Lake Fishing, Rangeley Lake, Maine

Date	Time
Saturday, May 21	3:00-6:00
Sunday, June 5	3:00-6:00

Ocean Fishing, Casco Bay, Maine, Spring Point Marina

Date	Time
Saturday, June 25	10:00-2:00
Sunday, June 26	10:00-2:00

Fly Fishing Instruction, Pineland Farms, Maine

Date	Time
Monday, June 13	5:00-7:00
Thursday, June 23	5:00-7:00

Adaptive Cycling at Back Cove in Portland, Maine

cycles provided by Northeast Passage

Date		Time	Notes
Tuesday, June 14	Must have own cycle	Call for details	rain date: June 16
Thursday, June 23		<input type="checkbox"/> 10:00-12:00 OR <input type="checkbox"/> 12:00-2:00	
Wednesday, June 29		<input type="checkbox"/> 10:00-12:00 OR <input type="checkbox"/> 12:00-2:00	
Friday, July 8	Acadia National Park	<input type="checkbox"/> 10:00-12:00 OR <input type="checkbox"/> 1:00-3:00	
Thursday, July 14		<input type="checkbox"/> 10:00-12:00 OR <input type="checkbox"/> 12:00-2:00	
Thursday, July 28		<input type="checkbox"/> 10:00-12:00 OR <input type="checkbox"/> 12:00-2:00	
Thursday, August 4		<input type="checkbox"/> 10:00-12:00 OR <input type="checkbox"/> 12:00-2:00	
Thursday, August 11		<input type="checkbox"/> 10:00-12:00 OR <input type="checkbox"/> 12:00-2:00	
Thursday, August 25	Peaks Island	Call for details	

***Check the appropriate box below**

- I have my own cycle
 I need a hand powered cycle
 I need a foot powered cycle
 I am not sure which type of cycle I need

Adaptive Golf at Toddy Brook Golf Course, N. Yarmouth, Maine

Date		Time	
Monday, June 13	Driving Range	<input type="checkbox"/> 9:00-10:30 OR <input type="checkbox"/> 10:30-12:00	
Monday, June 20	On Course	9:00-12:00	
Monday, June 27	Driving Range	<input type="checkbox"/> 9:00-10:30 OR <input type="checkbox"/> 10:30-12:00	
Monday, July 11	On Course	9:00-12:00	
Monday, July 18	On Course	9:00-12:00	
Monday, July 25	On Course	9:00-12:00	
Monday, August 1	On Course	9:00-12:00	
Monday, August 8	Woodlands Club	9:00-12:00	In Falmouth
Monday, August 15	On Course	9:00-12:00	
Monday, August 22	On Course	9:00-12:00	

Adaptive Golf at Martindale Golf Course, Auburn, Maine

Date	Time
Monday, June 6	9:00-12:00
Tuesday, July 19	9:00-12:00
Tuesday, August 16	9:00-12:00

Adaptive Golf at Bethel Inn, Bethel, Maine

Date	Time
Wednesday, July 13	9:30-12:00
Monday, August 22	9:30-12:00

To email this form, first save a copy and then email that saved copy to schedule@skimhs.org