



**PARTICIPANT LESSON REQUEST FORM  
SUMMER 2012**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Directions for completing this form:**

- 1: Check the box next to your preferred dates.
- 2: Fill out any equipment information
- 3: Mail, fax or email this form back to Maine Adaptive. A confirmation letter will be sent out once Maine Adaptive has scheduled all dates. Please read your confirmation letter carefully as this sign up form does not guarantee all dates.

**Multi-Sport Days featuring both cycling and paddling**

Date	Location	Time
Wed, June 6	Mid Maine	9:30-3:00
Monday, July 2	Mid Maine	9:30-3:00
Sunday, July 22	Acadia	9:30-3:00
Saturday, Sept 15	Acadia	9:30-3:00

**\*\*\*Check the appropriate box below\*\***

- I would like to paddle  
 I would like to cycle  
 I would like to do both

**Hiking: Guided hikes of moderate difficulty in various State Parks and public lands in Southern Maine. These will generally take about 4 hours.**

Date	Time
Friday, June 15	meet at 10am
Tuesday, July 10	meet at 10am
Sunday, August 5	meet at 10am
Monday, September 10	meet at 10am

**Lake Fishing, Rangeley Lake, Maine**

Date	Time
Sunday, May 20	3:00-6:00

**Ocean Fishing, Casco Bay, Maine, Spring Point Marina & Harpswell**

Date	Location	Time
Saturday, June 9	Portland	10:00-2:00
Sunday, June 10	Portland	10:00-2:00
Sunday, June 17	Harpswell	10:00-2:00

**Fly Fishing Instruction, Pineland Farms, Maine**

Date	Time
Tuesday, June 12	3:00-5:00
Tuesday, June 26	3:00-5:00

## Adaptive Cycling at Back Cove in Portland, Maine

cycles provided by Northeast Passage

Date		Time	Notes
Thursday, June 7	Must have own cycle	Call for details	rain date: June 8
Thursday, June 21		<input type="checkbox"/> 10:00-12:00 <b>OR</b> <input type="checkbox"/> 12:00-2:00	
Thursday, July 12		<input type="checkbox"/> 10:00-12:00 <b>OR</b> <input type="checkbox"/> 12:00-2:00	
Thursday, July 26		<input type="checkbox"/> 10:00-12:00 <b>OR</b> <input type="checkbox"/> 12:00-2:00	
Thursday, August 9	<b>Peaks Island</b>	Call for details	
Thursday, August 23		<input type="checkbox"/> 10:00-12:00 <b>OR</b> <input type="checkbox"/> 12:00-2:00	
Wed, September 5		<input type="checkbox"/> 10:00-12:00 <b>OR</b> <input type="checkbox"/> 12:00-2:00	
Wed, September 12	Must have own cycle	Call for details	

**\*\*\*Check the appropriate box below\*\***

- I have my own cycle  
 I need a hand powered cycle  
 I need a foot powered cycle  
 I am not sure which type of cycle I need

## Adaptive Paddling at Range Ponds State Park

boats provided by Great Glen

Date		Time	Canoe or Kayak	Have your own boat? (Y/N)
Thursday, June 28		<input type="checkbox"/> 10:00-12:00 <b>OR</b> <input type="checkbox"/> 1:00-3:00		
Friday, July 6		<input type="checkbox"/> 10:00-12:00 <b>OR</b> <input type="checkbox"/> 1:00-3:00		
Wed, July 11		<input type="checkbox"/> 10:00-12:00 <b>OR</b> <input type="checkbox"/> 1:00-3:00		
Saturday, July 21	<b>Lucerne camp</b>	<input type="checkbox"/> 10:00-12:00 <b>OR</b> <input type="checkbox"/> 1:00-3:00		
Wed, August 8		<input type="checkbox"/> 10:00-12:00 <b>OR</b> <input type="checkbox"/> 1:00-3:00		
Tuesday, August 21		<input type="checkbox"/> 10:00-12:00 <b>OR</b> <input type="checkbox"/> 1:00-3:00		
Thursday, August 30		<input type="checkbox"/> 10:00-12:00 <b>OR</b> <input type="checkbox"/> 1:00-3:00		

## Advanced Paddling, Various Locations

boats provided by Sun Valley Sports, Great Glen & Sea Spray

Date		Time	Canoe or Kayak	Have your own boat? (Y/N)
Sunday, July 15	Androscoggin Canoe Trek	9:30-3:00		
Tuesday, July 17	Whitewater, Errol, NH	10:00-3:00	Kayak	
Tuesday, August 14	Ocean Paddle, Sebasco	9:00-2:00	Kayak	
****rain date Ocean Paddle: Wed, August 15				
Friday, Sept 7	River Trip, Androscoggin	9:30-3:00		

### Adaptive Golf at Toddy Brook Golf Course, N. Yarmouth, Maine

Date		Time		
Monday, June 11	On Course	9:00-12:00		
Monday, June 18	Driving Range	<input type="checkbox"/> 9:00-10:30	<b>OR</b>	<input type="checkbox"/> 10:30-12:00
Monday, June 25	On Course	9:00-12:00		
Monday, July 9	On Course	9:00-12:00		
Monday, July 16	On Course	9:00-12:00		
Monday, July 23	On Course	9:00-12:00		
Monday, July 30	On Course	9:00-12:00		
Monday, August 6	Driving Range	<input type="checkbox"/> 9:00-10:30	<b>OR</b>	<input type="checkbox"/> 10:30-12:00
Monday, August 13	On Course	9:00-12:00		
Monday, August 20	On Course	9:00-12:00		
Tuesday, September 18	<b>at Maple Lane</b>	9:00-12:00		

### Adaptive Golf at Martindale Golf Course, Auburn, Maine

Date		Time
Monday, May 21		9:00-12:00
Monday, June 4		9:00-12:00
Thursday, July 5		9:00-12:00

### Adaptive Golf at Bethel Inn, Bethel, Maine

Date		Time
Wednesday, June 13		9:30-12:00
Wednesday, July 25		9:30-12:00

Check the box below if you are a military veteran and are interested in signing up for the **August 24-27 Veterans/No Boundaries Program**