



VOLUNTEER SIGN UP FORM SUMMER 2011

Name: _____ Phone: _____ Email: _____

Directions for completing this form:

- 1: Check the box next to your preferred dates.
- 2: Fill out any equipment information
- 3: Mail, fax or email this form back to Lizz at MHS. A confirmation letter will be sent out once MHS has scheduled all dates. Please read your confirmation letter carefully as this sign up form does not guarantee all dates.

Adaptive Paddling at Range Ponds State Park

boats provided by Great Glen

Date		Time	Canoe or Kayak	Have your own boat? (Y/N)
Wednesday, June 15	Paddle Training	9:00-3:00		
Thursday, June 30		9:30-3:00		
Thursday, July 7	Acadia National Park	9:30-3:00		
*Tuesday, July 12	see note below	9:30-3:00		
Wednesday, July 20		9:30-3:00		
Tuesday, August 2		9:30-3:00		
Wednesday, August 3	Camp No Limits @ Pinetree	9:30-3:00		
Wednesday, August 10		9:30-3:00		
Wednesday, August 31		9:30-3:00		

*Can you bring extra boats on the 12th? Yes No If yes, how many? _____

Advanced Paddling, Various Locations

boats provided by Sun Valley Sports & Sea Spray

Date		Time	Canoe or Kayak	Have your own boat? (Y/N)
Sunday, July 17	Androscoggin Canoe Trek	9:30-3:00		
Sunday, August 14	River Trip, Bethel	9:30-3:00		
Wednesday, August 17	Ocean Paddle, Sebasco	9:00-2:00	Kayak	
rain date for Ocean Paddle if needed: 8/18				

Lake Fishing, Rangeley Lake, Maine

Date	Time
Saturday, May 21	3:00-6:00
Sunday, June 5	3:00-6:00

Ocean Fishing, Casco Bay, Maine, Spring Point Marina

Date	Time
Saturday, June 25	10:00-2:00
Sunday, June 26	10:00-2:00

Fly Fishing Instruction, Pineland Farms, Maine

Date	Time
Monday, June 13	5:00-7:00
Thursday, June 23	5:00-7:00

Turn over for Cycling and Golf

Adaptive Cycling at Back Cove in Portland, Maine

cycles provided by Northeast Passage

Date		Time	Notes
Tuesday, June 14	Must have own cycle	Call for details	rain date: June 16
Thursday, June 23		10:00-2:00	
Wednesday, June 29		10:00-2:00	
Friday, July 8	Acadia National Park	9:30-3:00	
Thursday, July 14		10:00-2:00	
Thursday, July 28		10:00-2:00	
Thursday, August 4		10:00-2:00	
Thursday, August 11		10:00-2:00	
Thursday, August 25	Peaks Island	Call for details	

Adaptive Golf at Toddy Brook Golf Course, N. Yarmouth, Maine

Date		Time	
Monday, June 13	Driving Range	9:00-12:00	
Monday, June 20	On Course	9:00-12:00	
Monday, June 27	Driving Range	9:00-12:00	
Monday, July 11	On Course	9:00-12:00	
Monday, July 18	On Course	9:00-12:00	
Monday, July 25	On Course	9:00-12:00	
Monday, August 1	On Course	9:00-12:00	
Monday, August 8	Woodlands Club	9:00-12:00	In Falmouth
Monday, August 15	On Course	9:00-12:00	
Monday, August 22	On Course	9:00-12:00	

Adaptive Golf at Martindale Golf Course, Auburn, Maine

Date		Time
Monday, June 6		9:00-12:00
Thursday, July 21		9:00-12:00
Tuesday, August 16		9:00-12:00

Adaptive Golf at Bethel Inn, Bethel, Maine

Date		Time
Wednesday, July 13		9:30-12:00
Monday, August 22		9:30-12:00

To email this form, first save a copy and then email that saved copy to schedule@skimhs.org