

I would like to cycle I would like to do both

# PARTICIPANT LESSON REQUEST FORM SUMMER 2013

Name:	Phone:	Email:				
Directions for comp	pleting this form:					
1: Check the box next to your preferred dates.						
2: Fill out any equip	, ·					
once Maine Ada as this sign up fo	I this form back to Maine Ada ptive has scheduled all dates. rm does not guarantee all dat	Please read your cor tes.				
Date	Location	Time				
Sat, Sept 7	Acadia	9:30-3:00	Rain date Sept 8			
***Check the appropria						

Hiking: Guided hikes of moderate difficulty in various State Parks and public lands in Southern Maine. These will generally take about 4 hours.

Date	Time	
Tues, June 11	meet at 10am	
Wed, July 17	meet at 10am	
Sun, Aug 4	meet at 10am	
Thur, Sept 12	meet at 10am	

## Ocean Fishing, Southern Coast, Maine

	<b>O</b> ,	•		
>	Date	Location	Time	
	Sat, June 1	South Portland	11:00-3:00	Rain date June 8
	Sun, June 2	South Portland	11:00-3:00	Rain date June 8
	Sun, June 9	Harpswell	10:00-2:00	

# Fly Fishing Instruction, Pineland Farms, Maine

Date	Time
Wed, May 29	4:00-6:00
Mon, June 10	4:00-6:00
Mon, June 17	4:00-6:00
Mon, June 24	4:00-6:00

#### **Adaptive Cycling, various locations**

cycles provided by Northeast Passage

$\checkmark$	Date	Location	Time	Notes
	Fri, June 7	TBD	10:00-2:00	Must have own cycle
	Sat, June 15	Acadia	□ 10:00-12:00 <b>OR</b> □ 12:00-2:00	
	Sun, June 16	Acadia	□ 10:00-12:00 <b>OR</b> □ 12:00-2:00	
	Thur, June 27	Back Cove	□ 10:00-12:00 <b>OR</b> □ 12:00-2:00	
	Thur, July 11	Back Cove	□ 10:00-12:00 <b>OR</b> □ 12:00-2:00	
	Thur, July 18	Back Cove	□ 10:00-12:00 <b>OR</b> □ 12:00-2:00	
	Thur, July 25	Back Cove	□ 10:00-12:00 <b>OR</b> □ 12:00-2:00	
	Thur, Aug 8	Back Cove	□ 10:00-12:00 <b>OR</b> □ 12:00-2:00	
	Thur Aug, 15	Back Cove	□ 10:00-12:00 <b>OR</b> □ 12:00-2:00	
	Thur, Aug 22	Back Cove	□ 10:00-12:00 <b>OR</b> □ 12:00-2:00	
	Thur, Aug 29	Peaks Island	10:00-3:00	
	Tue, Sept 10	TBD	10:00-2:00	Must have own cycle

***Check the appropriate box below**
I have my own cycle
I need a hand powered cycle
I need a foot powered cycle
I am not sure which type of cycle I need

# **Adaptive Paddling at Range Ponds State Park**

boats provided by Great Glen

<b>/</b>	, Date	Time			Canoe or Kayak	Have your own boat? (Y/N)
	Tue, June 25	□ 10:00-12:00	OR	□ 1:00-3:00		
	Tue, July 2	□ 10:00-12:00	OR	□ 1:00-3:00		
	Fri, July 12	□ 10:00-12:00	OR	□ 1:00-3:00		
	Thur, Aug 1	□ 10:00-12:00	OR	□ 1:00-3:00		
	Tue, Aug 13	□ 10:00-12:00	OR	□ 1:00-3:00		
	Wed, Aug 28	□ 10:00-12:00	OR	□ 1:00-3:00		

### **Advanced Paddling, Various Locations**

boats provided by Sun Valley Sports, Great Glen & Sea Spray

<b>/</b>	Date	Location	Time		Have your own boat? (Y/N)
	Sat, July 20	River Trip, Bethel, ME	9:30-3:00		
	Fri, Aug 2	Whitewater, Errol, NH	10:00-2:00	Kayak	
	Tue, Aug 6	Ocean Paddle, Sebasco	10:00-2:00	Kayak	
	Sat, Aug 17	River Trip, Bethel, ME	9:30-3:00		

Adaptive Golf at Toddy Brook Golf Course, N. Yarmouth, Maine

Date	Time
Mon, June 10	9:00-12:00
Mon, June 17	9:00-12:00
Mon, June 24	9:00-12:00
Mon, July 1	9:00-12:00
Mon, July 8	9:00-12:00
Mon, July 15	9:00-12:00
Mon, July 22	9:00-12:00
Mon, Aug 5	9:00-12:00
Mon, Aug 12	9:00-12:00
Mon, Aug 19	9:00-12:00

#### Adaptive Golf at other courses in Maine

$\checkmark$	Date		Time
	Tue, June 4	Bethel Inn, Bethel	9:00-12:00
	Tue, June 18	Martindale, Auburn	9:00-12:00
	Tue, July 9	Bethel Inn, Bethel	9:00-12:00
	Tue, Aug 20	Martindale, Auburn	9:00-12:00
	Tue, Sept 17	Maple Lane, Livermore	9:00-12:00

Check the box below if you are a military veteran and are interested in signing up for the

**August 23-26 Veterans No Boundaries Program** 

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Please return this form to:

Maine Adaptive, 8 Sundance Ln, Newry, Maine 207-824-2440(phone) 207-824-0453(fax)

Or save a copy and then email that copy to info@maineadaptive.org