

# VOLUNTEER SIGN UP FORM SUMMER 2013

Name:	Phone:	Email:

### Directions for completing this form:

- 1: Check the box next to your preferred dates.
- 2: Fill out any equipment information
- 3: Mail, fax or email this form back to Maine Adaptive. A confirmation letter will be sent out once we have scheduled all dates. Please read your confirmation letter carefully as this sign up form does not guarantee all dates.

## **Multi-Sport Days**

Date	Location	Time
Sat, June 22	Colby College	9:30-2:00 with Amer. Council for the Blind
Sat, Sept 7	Acadia	9:30-3:00 Rain Date Sept 8

These days feature both cycling and paddling, we appreciate volunteers who are willing to do both sports if needed.

# Hiking: Guided hikes of moderate difficulty in various State Parks and public lands in Southern Maine. These will generally take about 4 hours.

$\checkmark$	Date	Time
	Tue, June 11	meet at 10 am
	Wed, July 17	meet at 10 am
	Sun, Aug 4	meet at 10 am
	Thur, Sept 12	meet at 10 am

### Ocean Fishing, Southern Coast, Maine

$\checkmark$	Date	Location	Time	
	Sat, June 1	South Portland	11:00-3:00	Rain date June 8
	Sun, June 2	South Portland	11:00-3:00	Rain date June 8
	Sun, June 9	Harpswell	10:00-2:00	

# Fly Fishing Instruction, Pineland Farms, Maine

$\checkmark$	Date	Time
	Wed, May 29	4:00-6:00
	Mon, June 10	4:00-6:00
	Mon, June 17	4:00-6:00
	Mon, June 24	4:00-6:00

# **Adaptive Cycling**

cycles provided by Northeast Passage

Date	Location	Time	Notes
Tue, May 21	Back Cove	4:00-7:00	training only-rain date 5/28
Fri, June 7	TBD	10:00-2:00	Owners Ride
Sat, June 15	Acadia	10:00-2:00	
Sun, June 16	Acadia	10:00-2:00	
Thur, June 27	Back Cove	10:00-2:00	
Thur, July 11	Back Cove	10:00-2:00	
Thur, July 18	Back Cove	10:00-2:00	
Thur, July 25	Back Cove	10:00-2:00	
Thur, Aug 8	Back Cove	10:00-2:00	
Thur, Aug 15	Back Cove	10:00-2:00	
Thurs, Aug 22	Back Cove	10:00-2:00	
Thurs, Aug 29	Peaks Island	10:00-3:00	
Tue, Sept 10	TBD	10:00-2:00	Owners Ride

# **Adaptive Paddling at Range Ponds State Park**

boats provided by Great Glen

1			Canoe or	Have your own
Date		Time	Kayak	boat? (Y/N)
Thur, June 13	Paddle Training	9:00-3:00		
Tue, June 25		9:30-3:00		
Tue, July 2		9:30-3:00		
Fri, July 12		9:30-3:00		
Wed, July 31	Camp No Limits @ Pinetree	9:30-3:00		
Thur, Aug 1		9:30-3:00		
Tue, Aug 13	see note below	9:30-3:00		
Wed, Aug 28		9:30-3:00		

<sup>\*</sup>Can you bring extra boats on the 13th? 

Yes 

No If yes, how many?\_\_\_\_\_

# **Advanced Paddling, Various Locations**

boats provided by Sun Valley Sports & Sea Spray

<b>~</b>	Date	Location			Have your own boat? (Y/N)
	Sat, July 20	River Trip, Bethel, ME	9:30-3:00		
	Tue, Aug 6	Ocean Paddle, Sebasco	10:00-2:00	Kayak	
	Sat, Aug 17	River Trip, Bethel, ME	9:30-3:00		

# Adaptive Golf at Toddy Brook Golf Course, N. Yarmouth, Maine

Date		Time
Mon, May 20	training only	9:00-11:00
Mon, June 10		9:00-12:00
Mon, June 17		9:00-12:00
Mon, June 24		9:00-12:00
Mon, July 1		9:00-12:00
Mon, July 8		9:00-12:00
Mon, July 15		9:00-12:00
Mon, July 22		9:00-12:00
Mon, Aug 5		9:00-12:00
Mon, Aug 12		9:00-12:00
Mon, Aug 19		9:00-12:00

# Adaptive Golf at other courses in Maine

Date		Time
Tue, June 4	Bethel Inn, Bethel	9:00-12:00
Tue, June 18	Martindale, Auburn	9:00-12:00
Tue, July 9	Bethel Inn, Bethel	9:00-12:00
Tue, Aug 20	Martindale, Auburn	9:00-12:00
Tue, Sept 17	Maple Lane, Livermore	9:00-12:00

#### Please return this form to:

Maine Adaptive, 8 Sundance Ln, Newry, Maine 207-824-2440(phone) 207-824-0453(fax)

To email this form, first save a copy and then email that saved copy to info@maineadaptive.org