



**Respite Care Pre-Service Training
Answer Booklet**

Question #1: What is Respite Care?

In your own words, describe respite care.

Question #2: Describe teamwork.

What is teamwork?

How does teamwork help to meet the goals of permanency planning?

Questions #3: What is a family involvement meeting (FIM)?

Who arranges a FIM?

List five (5) people that generally attend a FIM.

List three (3) reasons a FIM may be held.

What is the job of the facilitator?

Question # 4: Who are the other professionals who may be a part of a respite child’s Treatment Team and what does each contribute to the child’s treatment process?

Name ten professionals who may be a part of a respite child’s treatment team and describe what each contribute to the process.

Professional	Contribution to the Treatment Process
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____
6. _____	_____
7. _____	_____
8. _____	_____
9. _____	_____
10. _____	_____

Question #5: What are some of the ways the respite care parents and the case manager work together?

Describe why is it important for respite parents and case managers to work together.

List five ways in which respite parents and case managers work together.

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____

Question #6: What is San Mar’s Culture of Care Tenets?

What does it mean to “be on the right bus and in the right seat”?

Why can't others define what your "very best" looks like?

Question #7: What are the needs, rights, and responsibilities of parents of children in care?

List five rights of the parents of children in care:

Who is the most significant person in the child's life?

Question #8: What can respite care parents do to help a child feel welcome in his "temporary" home?

List ten specific actions respite care parents can take to help a child feel welcome in their home:

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

Question #9: What is meant by the "Honeymoon Period", and who is affected by it?

Please define "honeymoon" as it relates to respite care.

Suggest several ways that respite parents can make the most out of the "honeymoon".

Question #10: What is the San Mar Treatment Respite Care Program philosophy concerning discipline?

What is the goal of discipline?

How is discipline established?

Name five different characteristics of effective consequences:

1. _____
2. _____
3. _____
4. _____
5. _____

Question # 11: In what ways should respite parents respond to the inappropriate behaviors of a respite care child?

What is physical punishment and why is it not effective with respite children?

List and describe five methods of discipline that can be used effectively with respite children:

1. _____
2. _____
3. _____
4. _____
5. _____

Question # 12: What are some techniques to help a respite child to improve his or her own self concept?

What are the three characteristics that make praise an effective tool for helping a child improve his self concept?

1. _____
2. _____
3. _____

What is correction?

Why must we be careful in our use of criticism with children?

Question # 13: What do I do if I have a crisis situation involving a respite care child?

List and briefly describe the three stages of a crisis:

Question # 14: What do we do in the event of an emergency?

Briefly describe the San Mar Emergency Procedure.

List the seven situations that require a contact to the emergency on-call staff:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

Question # 15: What information are respite parents expected to document. (record in writing)?

Immediately: _____
Monthly: _____

Question #16: What is a Treatment Team Meeting, where are meetings held, who attends, and what is the role of the respite care parents in the treatment team meeting?

Where are staffings held? _____

Who attends?

What is the role of the respite parent in the Treatment Team Staffing meeting?

Question # 17: What are planned endings?

What is the providers role in regards to a planned ending?

_____ notice is requested when terminating provided care.

Question # 18: What is the “Grief Process”?

Why do people grieve?

What are the steps of the grief process?

Briefly describe each step in the grief process:

Question # 19: How do you respond to your feelings?

Describe how you respond to the following:

Anger?

Frustration?

Anxiety?

Grief?

Question #20: How will you respond to children in your care regarding issues of sexuality?

If a child reveals to you information regarding past sexual abuse, what should you do?

What should be used in all homes to prevent the spread of disease?

Question #21: In what ways might children be affected by drug and alcohol abuse?

List at least five signs of possible drug use:

Should there be any reports of providers using _____, their home will be immediately closed.

YOU HAVE COMPLETED THIS BOOKLET. CONGRATULATIONS!!! NOW, from all this information, do you have any questions for us? What questions come to your mind that you would like staff to answer for you?

Name

Date

Name

Date