



**Save the Date**

March 28th and 29th, 2015

Marsha Dunn Klein, MEd, OTR/L, FAOTA

## "The Get Permission Approach to Sensory Mealttime Challenges"

*Sponsored by Mealttime Connections LLC in Tucson, Arizona*

*Workshop location: University of Arizona Department of Speech, Language, and Hearing Sciences Room 205 1131 E. 2nd Street, Tucson, Arizona*

### Course Description:

This two day workshop is sponsored by Mealttime Connections, LLC and will be located at the **Department of Speech, Language, and Hearing Sciences in Room 205 at the University of Arizona. Parking is free behind this building.**

This approach to mealtimes and feeding treatment is based on a foundation of trust in a feeding relationship. "Get Permission" supports children who have sensory mealttime challenges to move forward toward mealttime goals with trust, enjoyment, and confidence. It follows the child's lead with creative and sensitive mealttime treatment strategies.

### Objectives:

- Define the Get Permission Trust Approach.
- List four principles of a successful mealttime.
- Define trust in infant and parent feeding roles, from infancy through three years of age.
- List anatomical and physiological, and gastrointestinal factors which have influence on mealttime permission.
- Define health, appetite, neurological and growth influences on mealtimes.
- Define eating as a learned behavior.
- Define the importance of non-judgmental, therapeutic vocabulary in parent support.
- Describe the importance of hunger/appetite in internal motivation to eat.
- Define oral cautiousness vs oral aversion.
- Describe the "Get Permission Approach" as it

relates to sensory challenges for children and families.

- List the sensory channels in the sensory continuum and at least four treatment strategies for each.
- Describe the "Get Permission Approach" as it relates to support for tube fed children and their families.
- List the transitions plateaus of tube feeding transitions.
- Define exploratory and calorie reduction appetite challenges and give three examples.
- Describe the "Get Permission Approach" as it relates to support for children who are visually impaired and their families.
- Describe the "Get Permission Approach" as it relates to support for children who are on the autism spectrum and their families.
- Create and practice setting goals and specific "Get Permission" treatment activities.

### About the presenter:

**Marsha Dunn Klein MEd, OTR/L, FAOTA** is a pediatric occupational therapist who specializes in feeding with infants and young children. She has a BS in occupational therapy from Boston University and a Masters of Education from University of Arizona in Special Education with emphasis on Physical Disabilities. She has coauthored PreFeeding Skills, 2nd Edition, Mealttime Participation Guide, and Homemade Blended Formula Handbook ( all with Suzanne Evans Morris), and Feeding and Nutrition for the Child with Special Needs (with Tracy Delaney.)

Mealttime Connections, LLC 520-829-9635 FAX 520-829-9636  
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[www.mealttimeconnections.com](http://www.mealttimeconnections.com)

INFORMATION: 520-829-9635

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**March 28th, 2015**  
 [Check--in 8 am, workshop 9 am-5 pm]  
**March 29th, 2015**  
 [Check--in 8 am, workshop 8:30am-4:30pm]  
 One hour lunch on your own each day

**“The Get Permission Approach to Sensory Mealttime Challenges”**

**Join us Today!** Please share this flier with your colleagues in occupational therapy, speech therapy, early intervention, dietetics, nursing and psychology.  
 Parents and caretakers of children with sensory mealttime challenges are welcome.


**DISCLOSURE:**

Marsha Dunn Klein is the author of several books pertaining to pediatric feeding, and has developed “The DuoSpoon”.

Financial – Author, receives royalty payments from Pro Ed and Mealttime Notions for published books and “The DuoSpoon”.

Nonfinancial – No relevant nonfinancial relationship exists.

APPROVED PROVIDER



**The Arizona Speech-Language-Hearing Association** is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

**Cost:**

**\$400.00** when registration and payment is received prior to February 27th, 2015. Fee increases to **\$475.00** thereafter. Discounts available for parents/students, call for details. Group discounts for professionals available, call for details. If you must cancel your registration, please notify us at least seven days prior to the start of the course and we will issue you a refund minus a \$35 administrative fee. No-shows or cancellations received less than seven days prior to the course are ineligible for refund.

**Continuing Education:**

This course is offered for 1.3 ASHA CEUs (Intermediate level, Professional area). Each registrant should contact their respective organization for awarding of CEU credits.

**Mail-in Registration: Get Permission Workshop, March 28th and 29th, 2015, Tucson, AZ**  
 Registration also available online at [www.mealttimeconnections.com](http://www.mealttimeconnections.com).

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Phone(s) \_\_\_\_\_

Profession \_\_\_\_\_

Agency \_\_\_\_\_

May we contact you with announcements of future workshops?  yes  no

Please enclose check for \$400, [or \$475 after February 27th, 2015] payable to Mealttime Connections, LLC. Credit cards accepted with online registrations.

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