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## All proceeds benefit the YMCA's ANNUAL CAMPAIGN

PRINCETON FAMILY YMCA Sunday, May 4, 2014 8:30-11:30am

2014 Strong Kids Triathlon

# COMPETE GIVE GROW

<b>INTHLON PLEDGE FORM</b>	LB
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ЗИРРОВТЕВ ИАМЕ

Make checks payable to PRINCETON FAMILY YMCA.

Or, log in to www.firstgiving.com to set up a personalized

□ Large

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fundraising account.

Signature of Parent or Guardian

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**МОІТАМЯОЧИІ ИОІТАЯТ І ВЕВІЗНІВНІ** 

Age Group □3-5 (with parent) □6-8 □9-10

promotion of the event.

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lism3 State Citγ⁻ Address Name

Emergency Phone Emergency Contact

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use of my and my child's name and/or picture for any media above responsible for the loss of personal items. I will permit the is in proper condition to participate in this event. I hold none of the from and injury suffered in this event. I further state that my child sponsors, officials and volunteers, and will hold them harmless Family YMCA, their respective representatives and successors, all all rights and claims for damages I may have against the Princeton myself, my heirs, my executors and administrators waive any and In consideration of your acceptance of this entry, I hereby for

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# CHILDREN AND PHILANTHROPY

No matter how young or old your children may be, there are always age-appropriate experiences that can acquaint them with your family's commitment to giving, and inspire their own interest in joining in that commitment.

Come and participate with us in this fun family-oriented fundraising event. Show your kids that supporting a charity can be fun and fulfilling!

By securing sponsors for his or her participation in the Strong Kids Triathlon, your child will see how she or he can make a difference in the lives of others. It is important to remember that the spirit of philanthropy is not about what or how much one gives, but rather about the feeling that one is helping others in need. Help build a family culture that supports giving and volunteering in your community. Allow your children to see that they can make a difference and that when they share their time and talents to help others, they are making a meaningful contribution to make the world a better place.







2013 Triathletes, James and Luke

### The Y. So Much More™

The Strong Kids Triathlon fundraising effort raises funds to support thousands of children and families that may otherwise not have the opportunity to participate in YMCA programs and services. Strong Kids triathlon funds will be directed toward scholarships for members of our community to participate in YMCA program offerings.

#### FIRSTGIVING.COM

This year, we are encouraging participants to register with www.firstgiving.com to organize their sponsors and pledges for participation. You can also use the pledge form enclosed on the back of this form to record your donations.

#### **PLEDGE INCENTIVES**

As our way of saying thank you for your commitment to raising money for the 2014 Strong Kids Triathlon, we are offering the following pledge incentives:

- \$50 : Entry fee waived
- \$100: YMCA Water Bottle
- \$250: YMCA Ball of Choice
- \$500: YMCA messenger bag

#### REGISTRATION

hold events for ages 3-5, 6-8, 9-10 and 11-12. Pre- registration is required and can be completed on our website **www.princetonymca.org**, by phone 609-497-9622, or in person. **The cost of registration is \$20.**MANDATORY registration packet pick-up will be held at the YMCA beginning on Friday, May 2nd through Saturday, May 3rd. There will be NO race-day packet pick up. If you do not complete pick up on Friday or Saturday, your child will not be able to participate.

For this year's Strong Kids Triathlon, we will

#### **EVENTS**

Age Group	Swim	Bike	Run
3-5*	25 yd	1/4 mi	1/8 mi
6-8	75 yd	1/2 mi	1/3 mi
9-10	125 yd	1 mi	1/2 mi
11-12	175 yd	1.5 mi	1 mi

\* 3-5 age group must be accompanied by parent

All distances are approximate. Bicycles and helmets **are required** for this event, but are not provided. Start times will be emailed to participants.

#### FOR YOUTH DEVELOPMENT SPONSOR

Princeton Academy of the Sacred Heart is an independent school for boys in Junior Kindergarten through Grade 8.

Princeton Academy's Mission is to develop young men with active and creative minds, a sense of understanding and compassion for others, and the courage to act on their beliefs. The school stresses the total development of each child: spiritual, moral, intellectual, social, emotional, and physical. The school's philosophy is rooted in the 200-year tradition of the Society

adhering to the following five goals:

A personal and active faith in God
A deep respect for intellectual values

of the Sacred Heart, which educates children to become leaders of a just society by

A deep respect for intellectual values
A social awareness which impels to action
The building of community as a Christian value
Personal growth in an atmosphere of wise freedom

#### Start your pledge today:

http://www.firstgiving.com/fundraiser/StrongKidsTri/strongkidstriathlon-1