



# CHILDREN AND PHILANTHROPY

No matter how young or old your children may be, there are always age-appropriate experiences that can acquaint them with your family's commitment to giving, and inspire their own interest in joining in that commitment.

**Come and participate with us in this fun family-oriented fundraising event. Show your kids that supporting a charity can be fun and fulfilling!**

By securing sponsors for his or her participation in the Strong Kids Triathlon, your child will see how she or he can make a difference in the lives of others. It is important to remember that the spirit of philanthropy is not about what or how much one gives, but rather about the feeling that one is helping others in need. Help build a family culture that supports giving and volunteering in your community. Allow your children to see that they can make a difference and that when they share their time and talents to help others, they are making a meaningful contribution to make the world a better place.



2013 Triathletes, James and Luke

## The Y. So Much More™

The Strong Kids Triathlon fundraising effort raises funds to support thousands of children and families that may otherwise not have the opportunity to participate in YMCA programs and services. Strong Kids triathlon funds will be directed toward scholarships for members of our community to participate in YMCA program offerings.

## FIRSTGIVING.COM

This year, we are encouraging participants to register with [www.firstgiving.com](http://www.firstgiving.com) to organize their sponsors and pledges for participation. You can also use the pledge form enclosed on the back of this form to record your donations.

## PLEDGE INCENTIVES

As our way of saying thank you for your commitment to raising money for the 2014 Strong Kids Triathlon, we are offering the following pledge incentives:

- \$50 : Entry fee waived
- \$100: YMCA Water Bottle
- \$250: YMCA Ball of Choice
- \$500: YMCA messenger bag

## FOR YOUTH DEVELOPMENT SPONSOR

**Princeton Academy of the Sacred Heart** is an independent school for boys in Junior Kindergarten through Grade 8.

**Princeton Academy's Mission** is to develop young men with active and creative minds, a sense of understanding and compassion for others, and the courage to act on their beliefs. The school stresses the total development of each child: spiritual, moral, intellectual, social, emotional, and physical. The school's philosophy is rooted in the 200-year tradition of the Society of the Sacred Heart, which educates children to become leaders of a just society by adhering to the following five goals:

- A personal and active faith in God
- A deep respect for intellectual values
- A social awareness which impels to action
- The building of community as a Christian value
- Personal growth in an atmosphere of wise freedom

**Start your pledge today:**

<http://www.firstgiving.com/fundraiser/StrongKidsTri/strongkidstriathlon-1>

## REGISTRATION

For this year's Strong Kids Triathlon, we will hold events for ages 3-5, 6-8, 9-10 and 11-12. Pre-registration is required and can be completed on our website [www.princetonymca.org](http://www.princetonymca.org), by phone 609-497-9622, or in person.

**The cost of registration is \$20.**

**MANDATORY** registration packet pick-up will be held at the YMCA beginning on Friday, May 2nd through Saturday, May 3rd. There will be **NO** race-day packet pick up. If you do not complete pick up on Friday or Saturday, your child will not be able to participate.

## EVENTS

Age Group	Swim	Bike	Run
3-5*	25 yd	1/4 mi	1/8 mi
6-8	75 yd	1/2 mi	1/3 mi
9-10	125 yd	1 mi	1/2 mi
11-12	175 yd	1.5 mi	1 mi

\* 3-5 age group must be accompanied by parent

All distances are approximate. Bicycles and helmets **are required** for this event, but are not provided. Start times will be emailed to participants.

