



TORRANCE HEALTH IPA
TORRANCE MEMORIAL HEALTH SYSTEM

THIPA Physician Directory

Members: 1-866-568-4472
Not a THIPA Member? Call: 1-310-257-7239
Need TTY Services? Call: 711
Administrative Offices: 310-257-7250
www.thipa.org





TORRANCE HEALTH IPA

TORRANCE MEMORIAL HEALTH SYSTEM

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Please Note:

This document is current as of the date printed on the doctor listing pages. This document may contain providers who have discontinued their relationship with THIPA or may not include providers who have recently joined THIPA. For the most current list of THIPA doctors, please visit: <http://www.thipa.org/Doctors>

Important Note:

Some services may require prior authorization, and provision is subject to member benefits and health plan or CMS (Center for Medicare and Medicaid Services) coverage criteria.

Additional Languages:

Physicians who do not speak a foreign language, will not have a foreign language listed.

Primary Care Physicians

Alphabetically by City
Updated April 6, 2016

Carson



Aguilera, Manuel, MD
Internal Medicine
235 W. Carson Street
Carson, CA 90745
310-834-4233
Fax: 310-834-3356
Accepting Patients Age 8/Over
Foreign Languages: Spanish,
Tagalog
Mon-Fri 9:00am-1:30pm



Coates, Lynn, MD
Internal Medicine
824 E. Carson Street, #201
Carson, CA 90745
310-233-3228
Fax: 310-233-3229
Accepting Patients Age 16/Over
Foreign Languages: Spanish
Mon-Thurs 8:30am-5:00pm
Every Other Fri 8:30am-12:30pm



Aguinaldo, Estrella A., MD
Internal Medicine
23517 S. Main St, #104
Carson, CA 90745
310-233-2555
Fax: 310-233-2553
Accepting Patients Age 8/Over
Foreign Languages: Spanish,
Tagalog
Gender: Female
Mon-Fri 9:00am-6:00pm



Ghanian, Reza, MD
Internal Medicine
824 E. Carson Street, #201
Carson, CA 90745
310-233-3228
Fax: 310-233-3229
Accepting Patients Age 16/Over
Foreign Languages: Farsi
Gender: Male
Mon - Fri 8:00am-11:30am



Butlig, Richard M., MD
Internal Medicine
1000 E. Dominguez St, #110
Carson, CA 90746
310-715-7755
Fax: 310-366-7711
Accepting Patients Age 19/Over
Foreign Languages: Spanish,
Tagalog



Hardin, Eugene, MD
Internal Medicine
357 E. Carson Street, #102
Carson, CA 90745
310-518-2737
Fax: 310-518-2060
Accepting Patients Age 16/Over
Mon 10:00am-6:00pm
Tues 10:00am-5:00pm
Thurs, Fri 9:00 -5:00pm



Canlas, Maria Cecilia, MD
Internal Medicine
23517 S. Main Street, #108
Carson, CA 90745
310-518-6246
Fax: 310-518-6247
Accepting Patients Age 16/Over
Foreign Languages: Tagalog
Gender: Female
Mon-Fri 9:00am-6:00pm
2nd Saturday 9:00am-1:00pm



Harvey, Daniel E., MD
Family Practice
824 E. Carson Street, #206
Carson, CA 90745
310-513-9361
Fax: 310-513-9311
Accepting Patients All Ages
Mon-Fri 9:00-5:00pm

Primary Care Physicians

Alphabetically by City
Updated April 6, 2016

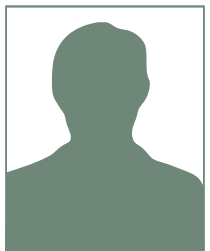
Carson (Cont.)



Morales, Carmen N., MD
Family Practice
824 E. Carson Street, #203
Carson, CA 90745
310-543-5448
Fax: 310-316-5318
Accepting Patients All Ages
Foreign Languages: Spanish



Sarkisova, Tatyana S., MD
Family Practice
1000 E. Dominguez St, #110
Carson, CA 90746
310-715-7755
Fax: 310-366-7711
Accepting Patients, age 21/over.
Foreign Languages: Russian
Gender: Female



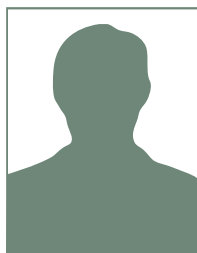
Tamhane, Shrikant, DO
Family Practice
23517 Main Street, #103
Carson, CA 90745
310-834-5388
Fax: 310-834-5619
Accepting Patients Age 8/Over
Foreign Languages: Gujarati, Hindi
Gender: Male
Mon-Fri 9:00am-6:00 pm

Gardena



Al-Fadly, Waleed, MD
General Practice
16000 S. Vermont Ave.
Gardena, CA 90247-4552
310-324-1183
Fax: 310-324-4358
Accepting Patients Age 16/Over
Foreign Languages: Arabic
Mon-Wed & Fri 9:00am-5:00pm

Gardena (Cont.)



Choi, Young, MD
Family Practice
1300 W. 155th Street, #206
Gardena, CA 90247
310-532-9943
Fax: 310-532-2094
Accepting Patients Age 8/Over
Foreign Languages: Korean
Gender: Male
Mon, Tues, Thurs, Fri
9:00am-6:00pm
Wed & Sat 9:00am-1:00pm



Golbari, Abraham, MD
Internal Medicine
14030 Crenshaw Blvd.
Gardena, CA 90249
310-327-8746
Fax: 310-327-8748
Accepting Patients All Ages
Foreign Languages: Spanish,
Farsi
Gender: Male
Mon-Thurs 9:00am-5:00pm
Fri 9:00am-3:00pm



Metry, Adel S., MD
Internal Medicine
1141 W. Redondo Beach Blvd., #406
Gardena, CA 90247
310-719-1653
Fax: 310-719-1321
Accepting Patients All Ages
Foreign Languages: Spanish,
Arabic
Mon-Thurs 9:00am-5:00pm
Fri 9:00am-1:00pm



Robinson, Owen, MD
Internal Medicine
1141 W. Redondo Beach. Bld., #400
Gardena, CA 90247
310-538-1381
Fax: 310-538-4900
Accepting Patients Age 18/Over
Foreign Languages: Spanish
Mon, Weds, Thurs 9:00-5:00pm
Tues-Fri 9:00am-12:00pm

Primary Care Physicians

Alphabetically by City
Updated April 6, 2016

Harbor City

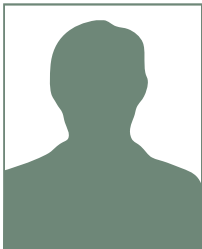


Chow, Ulyss J., MD
Family Practice
1403 W. Lomita Blvd., #304
Harbor City, CA 90710
310-517-1828
Fax: 310-517-0362
Accepting Patients Age 8/Over
Foreign Languages: Cantonese
Mon, Tues, Thurs 9:00am-5:00pm
Fri & Wed 9:00am-12:00pm



Mamita, Marcil M., MD
Internal Medicine
Geriatrician
1403 W. Lomita Blvd., #303A
Harbor City, CA 90710
310-530-6900
Fax: 310-530-6902
Accepting Patients Age 15/Over
Foreign Languages: Arabic,
Spanish
Mon, Weds, Thurs, Fri 10:00am-6:00pm
Friday 12:00-5:00pm

Hawthorne



Ebilane, Ananias, MD
General Practice
13429 Hawthorne blvd.
Hawthorne, CA. 90250
(310) 644-8683
Fax: (310) 644-0132
Accepting patients age 18/over
Gender: Male



Khan, Khalid B., MD
Internal Medicine
13425 Inglewood Ave.
Hawthorne, CA 90250
310-679-2201
Fax: 310-679-4236
Accepting Patients All Ages
Foreign Languages: Hindi, Urdu
Mon, Tues, Weds, Fri 8:30am-4:30pm
Thurs 1:30-4:30pm

Hawthorne (Cont.)



Nguyen, Lieu, MD
Family Practice
15032 Prairie Ave.
Hawthorne, CA 90250
310-675-7343
Fax: 310-675-1951
Accepting Patients All Ages
Foreign Languages: Spanish,
Vietnamese
Gender: Male
Mon, Tues, Thurs, Fri 9:00am-5:00pm
Weds 9:00am-1:00pm
Sat 9:00am-12:00pm



Pham, Bang Vu, MD
Internal Medicine
12923 Inglewood Ave., #1
Hawthorne, CA 90250
310-675-0395
Fax: 310-675-0073
Accepting Patients Age 8/Over
Foreign Languages: Spanish,
Vietnamese, French
Gender: Male
Mon-Fri 9:00am-6:00pm

Hermosa Beach



Sunil Hebbar MD
Family Practice
705 Pier Avenue, Suite A
Hermosa Beach, CA 90254
310-891-6708
Fax: 310-374-4908

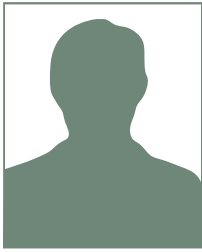


Zelta, Natalie, MD
Internal Medicine
705 Pier Avenue, Suite A,
Hermosa Beach, CA 90254
310-891-6708
Fax: 310-374-4908
Foreign Language Hebrew
Mon-Fri 8:00am-5:00pm

Primary Care Physicians

Alphabetically by City
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Inglewood



Robinson, Michael F., MD
Internal Medicine
501 E. Hardy Street, #425
Inglewood, CA 90301
310-419-4303
Fax: 310-419-4480
Accepting Patients Age 18/Over
Gender: Male
*Accepts all THIPA Health Plans
except Health Net. Please call
310-257-7239 for any questions*

Long Beach



Dix, Karen T., MD
Family Practice
911 E. San Antonio Dr, #4
Long Beach, CA 90807
562-728-8700
Fax: 562-728-5855
Accepting Patients All Ages
Foreign Languages: Spanish
Mon 9:00am-7:30pm
Tues - Fri 9:00am- 5:30pm

Lawndale



Enriquez, Eric A., MD
Family Practice
14623 Hawthorne Blvd., #202
Lawndale, CA 90260
310-973-8863
Fax: 310-973-1623
Accepting Patients All Ages
Foreign Languages: Spanish,
Tagalog
Mon-Fri 9:00am-5:30pm

Manhattan Beach



Hawkins, Gene L., MD
General Practice
855 Manhattan Beach Blvd., #201
Manhattan Beach, CA 90266
310-939-7847
Fax: 310-939-7878
Accepting Patients Age 12/Over
Mon-Fri 7:30am-5:00pm

Lomita



An, Frank, MD
Family Practice
25043 Narbonne Ave.
Lomita, CA 90717
310-373-8120
Fax: 424-203-8980
Accepting Patients Age 18/Over
Mon-Fri 9:00am-5:00pm



Jones, Elaine K., MD
Internal Medicine
855 Manhattan Beach Bl., #201
Manhattan Beach, CA 90266
310-939-7847
Fax: 310-939-7861
Not Accepting New Patients
Mon-Fri 8:00am-5:00pm



Raikhel, Marina, MD
Family Practice
25043 Narbonne Ave.
Lomita, CA 90717
310-373-8120
Fax: 424-203-8980
Accepting Patients Age 5/Over
Foreign Languages: Spanish
Mon-Fri 8:30am-5:00pm



Swift, Robert D., MD
Family Practice
855 Manhattan Beach Blvd,
#201
Manhattan Beach, CA 90266
310-939-7847
Fax: 310-939-7861
Not Accepting New Patients
Foreign Languages: Spanish
Mon-Thurs 8:00am-5:00pm

Primary Care Physicians

Alphabetically by City
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Manhattan Beach (Cont.)



Wadhwa, Raju, MD
Internal Medicine
855 Manhattan Beach Blvd.,
#204
Manhattan Beach, CA 90266
310-939-1892
Fax: 310-939-1894
Accepting Patients Age 18/Over
Foreign Languages: Hindi
Mon-Fri 9:00-5:00 pm

Redondo Beach (Cont.)



Kwiatkouski, Anahid, DO
Family Practice
1970 S. Prospect Ave., #3
Redondo Beach, CA 90277
310-944-9344
Fax: 310-944-9390
Accepting Patients All Ages
Foreign Languages: Farsi
Mon, Weds, Fri 8:00am-12:30pm
Tues, Thurs 12:00pm-4:30pm

Palos Verdes Estates



Yang, Marcos Y. C., MD
Family Practice
310 Tejon Place
Palos Verdes Estates, CA 90274
310-375-2403
Fax: 310-375-9652
Accepting Patients All Ages
Foreign Languages: Mandarin,
Portuguese
Mon, Tues, Weds, Fri 9:00-5:00
Thurs 9:00am-12:00pm

San Pedro



Marzban, Stephen, MD
Internal Medicine
2403 Moray Ave., #2
San Pedro, CA 90732
310-832-2694
Fax: 310-547-0140
Accepting Patients Age 2/Over
Foreign Languages: Farsi
Gender: Male
Mon, Tues, Thurs 9:00am-5:00pm
Weds, Fri 9:00am-3:00pm

Redondo Beach



Davoudian, Sohail, MD
Internal Medicine
1959 Kingsdale Ave.
Redondo Beach, CA 90278
310-214-1000
Fax: 310-214-8540
Accepting Patients All Ages
Foreign Languages: Farsi



Schmidt, James A., MD
Family Practice
1350 West 6th Street, #200
San Pedro, CA 90732
310-832-0686
Fax: 310-833-6811
Accepting Patients All Ages
Foreign Languages: Spanish
Gender: Male
Mon-Thurs 9:00am-5:00pm
Friday 9:00am-3:00pm



Hosseini, Robert B., MD
Family Practice
1728 S. Catalina Ave.
Redondo Beach, CA 90277
310-540-7200
Fax: 310-540-5455
Accepting Patients Age 2/Over
Foreign Languages: Farsi, Spanish
Mon, Tues, Weds, Fri
8:15am - 5:00pm



Shah, Mona, MD
Internal Medicine
1294 W. 6th Street, #205
San Pedro, CA 90731
310-548-0201
Fax: 310-548-4492
Accepting Patients All Ages
Foreign Languages: Gujarati,
Hindi, Spanish
Mon-Fri 9:00am-5:00pm

Primary Care Physicians

Alphabetically by City
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Torrance



Afonicheva, Ludmila W., MD
Family Practice
3655 Lomita Blvd, Suite 418
Torrance, CA 90505
310-328-2146
Fax: 310-328-2242
Accepting Patients All Ages
Foreign Languages: Russian
Mon-Fri 9:00am-5:00pm



Aiyegbusi, Modupe A., MD
Family Practice
3661 Torrance Blvd. #103
Torrance, CA 90503
310-540-7240
Fax: 310-540-7280
Accepting Patients All Ages
Foreign Languages: Yoruba
Gender: Female
Mon-Fri 9:00am-5:00pm
Closed for Lunch 1:00-2:00pm



Agrawal, Sushila, MD
General Practice
3400 Lomita Blvd., #605
Torrance, CA 90505
310-539-3303
Fax: 310-539-2824
Accepting Patients Age 5/Over
Foreign Languages: Spanish, Hindi, Urdu
Mon-Thurs 9:00am-6:00pm
Friday 8:00am-4:30pm



Arvan, Tanya, MD
Internal Medicine
3701 Skypark Drive, Suite 100
Torrance, CA 90505
310-378-2234
Fax: 310-378-9795
Not Accepting New Patients
Foreign Language: Russian
Mon-Fri 8:00am - 5:00pm



Ahmed, Khaja R., MD
Internal Medicine
20911 Earl Street, #180
Torrance, CA 90503
310-370-4660
Fax: 310-793-0710
Accepting Patients Age 16/Over
Foreign Languages: Hindi, Urdu



Borsook, Brian D., MD
Family Practice
2841 Lomita Blvd., #220
Torrance, CA 90505
310-326-8600
Fax: 310-326-8366
Accepting Patients All Ages
Foreign Languages: Spanish
Mon-Fri 9:00am-5:00pm



Ahn, Hong Goo, MD
Internal Medicine
17507 Crenshaw Blvd.
Torrance, CA 90504
310-324-4443
Fax: 310-324-7925
Accepting Patients Age 5/Over
Foreign Languages: Korean
Mon-Fri 9:00am-6:00pm



Brown, Paul J., MD
Internal Medicine
3333 Skypark Drive, #160
Torrance, CA 90505
310-517-9006
Fax: 310-517-9109
Accepting New Patients, Age 16/ Over
Foreign Languages: Spanish
Mon-Fri 8:00am-5:00pm

Primary Care Physicians

Alphabetically by City
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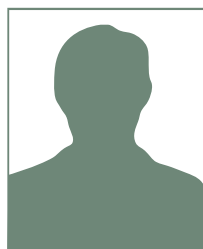
Torrance (Cont.)



Butlig, Richard M., MD
Internal Medicine
3655 Lomita Blvd., #312
Torrance, CA 90505
310-373-7855
Fax: 310-373-7873
Accepting Patients Age 19/Over
Foreign Languages: Spanish,
Tagalog
Tues & Thurs 8:45am-12:30pm



Eilat, Paz P., MD
Internal Medicine
21081 S. Western Ave., #125
Torrance, CA 90501
310-782-3300
Fax: 310-347-3072
Accepting Patients Age 14/Over
Foreign Languages: Hebrew,
Hungarian
Gender: Male
Mon-Fri 8:00am-7:00pm
Sat 9:00am-1:00pm



Chang, Duke, MD
Internal Medicine
3663 Torrance Blvd. #7
Torrance, CA 90503
310-316-6123
Fax: 310-316-1253
Not Accepting New Patients
Foreign Languages: Korean
Gender: Male
Mon-Fri 9:00am-5:00pm



Glazer, Robert, MD
Family Practice
3333 Skypark Drive, #100
Torrance, CA 90505
310-784-6300
Fax: 310-891-6758
Not Accepting New Patients
Mon-Thurs 8:00am-5:00 pm



Chen, Anthony J., MD
Family Practice
2900 Lomita Blvd.
Torrance, CA 90505
310-257-7260
Fax: 310-539-1322
Accepting New Patients Age 18/Over
Foreign Languages: Spanish,
Taiwanese, Mandarin
Mon-Fri 8:00am-4:00pm
Closed for lunch 12:00pm-1:00pm



Haas, G. David, MD
Family Practice
2900 Lomita Blvd
Torrance, CA 90505
310-257-7260
Fax: 310-539-1322
Not Accepting New Patients
Foreign Languages: Spanish
Mon-Fri 8:00am-5:00 pm



Chumley, Keith, MD
Family Practice
3701 Skypark Drive, Suite 100
Torrance, California 90505
310-378-2234
Fax: 310-378-9795
Mon-Fri 8:00am-5:00pm
Accepting new patients



Inocentes, Fe A., MD
Family Practice
2841 Lomita Blvd., #220
Torrance, CA 90505
310-326-8600
Fax: 310-326-8366
Not Accepting New Patients
Foreign Languages: Spanish,
Tagalog
Mon-Fri 9:00am-5:00pm

Primary Care Physicians

Alphabetically by City
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Torrance (Cont.)



Keech, Richard C., MD
General Practice
3475 Torrance Blvd., #G
Torrance, CA 90503
310-543-1695
Fax: 310-792-2321
Accepting Patients Age 2/Over
Foreign Languages: Spanish,
German
M-Fri 9:00am-5:00pm
Closed for Lunch 12:00-2:00pm



Lee, Janet Hyun, DO
Internal Medicine
25550 Hawthorne Blvd.,
116
Torrance, CA 90505
310-540-1712
Fax: 310-382-2118
Not Accepting New Patients
Foreign Languages: Korean
Mon-Fri 9:00am-5:00pm



Khan, Hameed A., MD
General Practice
3655 W. Lomita Blvd. Suite 421
Torrance, CA 90505
310-540-5464
Fax: 310-540-4761
Accepting Patients All Ages
Foreign Languages: Spanish,
Urdu
Mon-Fri 10:00am-6:00pm



Li, J. Raymond, MD
Internal Medicine
3655 Lomita Blvd., #121
Torrance, CA 90505
310-375-2256
Fax: 310-375-2291
Accepting Patients Age 11/Over
Foreign Languages: Hakka,
Cantonese, Taiwanese
Mon, Tues, Thurs, Fri 8:30am-5:00pm
Weds 8:30am-12:00pm



Kuraishi, Aqdas, MD
Family Practice
3333 Skypark Drive, #160
Torrance, CA 90505
310-517-9006
Fax: 310-517-9109
Accepting Patients Age 8/Over
Foreign Languages: Spanish,
French, Urdu
Mon-Fri 9:00am-5:00pm



Lin, Andrew Yuh-Fong, MD
Internal Medicine
23600 Telo Ave., #280
Torrance, CA 90505
310-784-8000
Fax: 310-784-8008
Accepting Patients Age 14/Over
Foreign Languages: Cantonese,
Taiwanese
Mon-Fri 9:00am-5:00pm



Lai, Nam, MD
Internal Medicine
3465 Torrance Blvd,
Suite W
Torrance, CA 90503
310-316-1502
Fax: 310-316-1512
Accepting Patients Age 16/Over
Foreign Languages: Vietnamese
Mon-Fri 8:00am-5:00pm
Sat 8:00am-12:00pm



Lin, Tai-Hon, MD
Internal Medicine
3655 Lomita Blvd., Suite 101
Torrance, CA 90505
310-543-1677
Fax: 310-543-9838
Accepting Patients Age 8/Over
Foreign Languages: Cantonese
Mon-Fri 9:00am-5:00pm

Primary Care Physicians

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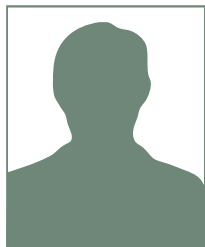
Torrance (Cont.)



Lin, Thomas, MD
Internal Medicine
3655 Lomita Blvd., Suite 101
Torrance, CA 90503
310-543-1677
Fax: 310-543-9838
Accepting Patients Age 8/Over
Foreign Languages: Japanese,
Taiwanese, Mandarin
Mon-Fri 9:00am-5:00pm



Mohamadi, Parivash, MD
Internal Medicine
4305 Torrance Blvd., #500
Torrance, CA 90503
310-370-5694
Fax: 310-214-6671
Accepting Patients Age 18/Over
Foreign Languages: Spanish,
French, Persian
Mon-Fri 9:00am-5:00pm



Loharuka, Prabhu, MD
Internal Medicine
4201 Torrance Blvd., #380
Torrance, CA 90503
310-540-5676
Fax: 310-543-3092
Accepting Patients Age 2/Over
Foreign Languages: Hindi, Urdu
Gender: Male



Muttalib, Azhar, MD
Internal Medicine
23639 Hawthorne Blvd., #102
Torrance, CA 90505
310-373-9980
Fax: 310-373-5556
*Accepting New Senior Plan
Patients Only*
Foreign Languages: Urdu, Hindi
Gender: Male
Mon-Fri 9:00am-6:00pm



Mahmud, Sarwat, MD
Internal Medicine
2900 Lomita Blvd.
Torrance, CA 90505
310-257-7260
Fax: 310-539-1322
Accepting Patients Age 18/Over
Foreign Languages: Urdu



Neal, Darren, DO
Internal Medicine
23000 Crenshaw Blvd., #208
Torrance, CA 90505
310-326-1147
Fax: 310-326-1148
Accepting Patients 18 /Over
Foreign Languages: Spanish
Mon-Fri 8:30am-5:00pm



Miller, Mary Beth, MD
Family Practice
3333 Skypark Drive, #100
Torrance, CA 90505
310-784-6300
Fax: 310-891-6758
Mon-Thurs 11:00am-7:00pm
Fri - Sat 8am -5pm



Noorian, Behzad, MD
Internal Medicine
23000 Crenshaw Blvd., #203
Torrance, CA 90505
310-325-4445
Fax: 310-325-4409
Accepting Patients Age 16/Over
Foreign Languages: Farsi
Gender: Male
Mon-Weds 9:00--6:00pm
Tues, Thurs, Fri 9:00am-1:00pm

Primary Care Physicians

Alphabetically by City
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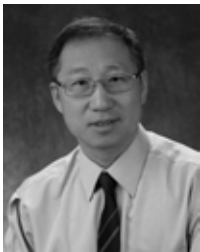
Torrance (Cont.)



Oberoi, Meena, MD
Family Practice
23639 Hawthorne Blvd., #102
Torrance, CA 90505
310-373-9980
Fax: 310-373-5556
Accepting Patients Age 8/Over
Foreign Languages: Hindi,
Punjabi
Mon-Fri 9:00am-6:00pm



Sarao, Norma M., MD
Internal Medicine
3440 W. Carson Street, #302
Torrance, CA 90503
310-371-2288
Fax: 310-371-3349
Accepting Patients Age 16/Over
Foreign Languages: Tagalog
Gender: Female
Mon-Thurs 2:00pm-4:45pm



Oh, David, MD
Internal Medicine
4305 Torrance Blvd., #509
Torrance, CA 90503
310-543-2977
Fax: 310-746-4171
Accepting Patients Age 16/Over
Foreign Languages: Korean
Mon-Fri 8:30am-5:30pm



Sarkisova, Tatyana S., MD
Family Practice
3655 Lomita Blvd, Suite 312
Torrance, CA 90505
310-373-7855
Fax: 310-373-7873
Accepting Patients, age 21/over.
Foreign Languages: Russian
Gender: Female



Oh, Karen, DO
Internal Medicine
23000 Crenshaw Blvd., #208
Torrance, CA 90505
310-326-1147
Fax: 310-326-1148
Accepting Patients 13/Over
Foreign Languages: Spanish
Mon-Fri 8:30am-5:00pm



Shakhbazova, Milena, MD
Family Practice
3333 Skypark Drive, #100
Torrance, CA 90505
310-784-6300
Fax: 310-891-6758
Accepting Patients Age 12/Over
Foreign Languages: Russian
Mon-Fri 8:00am-5:00pm



Qazi, Anjum B., MD
Internal Medicine
3655 Lomita Blvd., #414
Torrance, CA 90505
310-791-7400
Fax: 310-791-7409
Accepting Patients All Ages
Foreign Languages: Hindi, Urdu,
Kashmiri
Mon-Fri 9:00--5:00pm



Shin, Peter B., MD
Family Practice
23326 Hawthorne Blvd, #140
Torrance, Ca 90505
310-326-2161
Fax 310-534-5026
Accepting Patients Age 3/Over
Gender: Male

Primary Care Physicians

Alphabetically by City
Updated April 6, 2016

Torrance (Cont.)



Soliman, Shahinaz E.K., MD
Family Practice
3445 Pacific Coast Hwy., #200
Torrance, CA 90505
310-530-7244
Fax: 310-530-7344
Not Accepting Patients
Foreign Languages: Spanish,
Arabic
Mon-Fri 9:00am-5:00pm



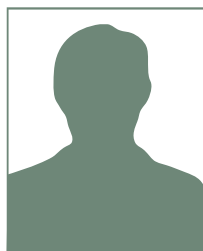
Tsuneishi, Chris M., MD
Internal Medicine
4201 Torrance Blvd., #360
Torrance, CA 90503
310-543-1050
Fax: 310-543-1049
Accepting Patients Age 16/Over
Foreign Languages: Spanish,
Japanese
Mon-Fri 9:00am-6:00pm



Stern, David, MD
Family Practice
1218 Crenshaw Blvd.
Torrance, CA 90501-2429
310-328-1181
Fax: 310-328-0348
New Senior Plan Patients Only
Foreign Languages: Spanish
Mon, Tues, Weds, Fri 8:30-3:30pm



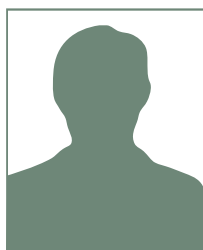
Vollucci, Maria, DO
Family Practice
2900 Lomita Blvd.
Torrance, CA 90505
310-257-7260
Fax: 310-539-1322
Accepting Patients All Ages



Tahsini, Mehdi, MD
Family Practice
(aka "Matt" Tahsini, MD)
2573 B Pacific Coast Highway
Torrance, California 90505
310-997-1796
Fax 310-997-1798
Accepting Patients Age 18/Over
Foreign Languages: Farsi
Gender: Male
Mon-Fri 9am-8pm



Wu, Beatrice, MD
Internal Medicine
3655 Lomita Blvd., #300
Torrance, CA 90505
310-375-7811
Fax: 310-375-1722
Board Certified
Not Accepting New Patients
Foreign Languages: Mandarin,
Indonesian, Cantonese
Mon-Thurs 9:00am-5:30pm
Fri 9:00am-5:30pm



Tong, Anhtuan, MD
Internal Medicine
3584 Redondo Beach Blvd.
Torrance, CA 90504
310-856-4944
Fax: 310-856-4945
Accepting Patients Age 8/Over
Foreign Languages: Vietnamese
Gender: Male
Mon, Tues, Thurs, Fri 10:00am-5:00pm
Weds 10:00am-2:00pm



Yu, Michael, MD
Family Practice
3333 Skypark Drive, #100
Torrance, CA 90505
310-784-6300
Fax: 310-891-6758
Accepting Patients Age 12/Over
Foreign Languages: Mandarin,
Taiwanese

Primary Care Physicians

Alphabetically by City
Updated April 6, 2016

Wilmington



Siman, Homan, MD

Internal Medicine

1231 Avalon Blvd.

Wilmington, CA 90744

310-835-7215

Fax: 310-835-6520

Accepting Patients All Ages

Foreign Languages: Farsi

Mon-Fri 8:00am-5:00pm



Younessi, Daria, MD

Family Practice

1231 N. Avalon Blvd.

Wilmington, CA 90744

310-835-7215

Fax: 310-891-6758

Accepting Patients all Ages

Pediatrics-Primary Care

Alphabetically by Name

Updated April 6, 2016

Andrade, Kristin, MD
200911 Earl St., #100
Torrance, CA 90503
310-214-2246
Fax: 310-370-1590

Berman, David W., MD
23600 Telo Ave. #130
Torrance, Ca 90505
310-378-0272
Fax: 310- 378-5940

Burgett, Lettie M., MD
855 Manhattan Beach Blvd., #103 Manhattan Beach, CA 90266
310-939-7850
Fax: 310-939-7851

Cherness, April, MD
3440 Lomita Blvd., #352
Torrance, CA 90505
310-539-2445
Fax: 310-539-0061

Chung, Winnie, DO
3655 Lomita Blvd., #211
Torrance, CA 90505
310-406-3818
Fax: 310-773-9198

Demonte Verde, Ruth C. MD
1808 Artesia Blvd.
Redondo Beach, CA 90278
310-318-1608
Fax: 310-318-2988

Diego-Malit, Alice, MD
23517 S. Main Street,
#101 Carson, CA 90745
310-549-2840
Fax: 310-549-3115

Douglass, Julie A., MD
20911 Earl Street, #100
Torrance, CA 90503
310-370-8001
Fax: 310-370-1590

Fernandez, Raquel, MD
3440 Lomita Blvd., #352
Torrance, CA 90505
310-539-2445
Fax: 310-626- 6431

Follmar III, Kenneth E. MD
1294 West 6th Street,
#102 San Pedro, CA
90731
310-832-6487
Fax: 310-832-6913

Gutierrez, Elaine, MD
3400 Lomita Blvd., #203
Torrance, CA 90505
310-326-4670
Fax: 310-326-4672
Accepting New Patients

Hamilton, Erin C., MD
3440 Lomita Blvd., #429
Torrance, CA 90505
310-326-8718
Fax: 310-326-2551

Hanna, Hanaa, MD
887 W. 9th St,
San Pedro, CA 9073
310-547-0887
Fax: 310-547-4296

Inouye, David, MD
3440 Lomita Blvd., #144
Torrance, CA 90505
310-326-3396
Fax: 310-326-8466
Not Accepting New Patients

Itchon, Lideia MD
25835 Narbonne Ave.
#260
Lomita, CA 90717
310-517-0977
Fax: 310-517-9811

Kedia, Mridula, MD
4201 Torrance Blvd.,
#380
Torrance, CA 90503
310-540-5676
Fax: 310-543-3092

Kim Coye, Jisue, MD
20911 Earl Street, #100
Torrance, CA 90503
310-370-7759
Fax: 310-370-1590

Kim, Young-Soon, MD
17507 Crenshaw Blvd.
Torrance, CA 90504
310-324-4443
Fax: 310-324-7925

Klyman-Friend, Gwen, MD
3440 Lomita Blvd., #352
Torrance, CA 90505
310-539-2445
Fax: 310-539-0061
Not Accepting New Patients

Krieger, Lori R., MD
1360 W. Sixth Street,
#300
San Pedro, CA 90732
310-514-0838
Fax: 310-514-0425

Kuo, Cheng, MD
1533 W. Lomita Blvd.
Harbor City, CA 90710
310-539-4398
Fax: 310-539-7921

Lamden, Carol, MD
3440 Lomita Blvd., #136
Torrance, CA 90505
310-539-0400
Fax: 310-534-7568

Lee, Barbara, MD
824 E. Carson St, #202
Carson, CA 90745
310-233-3209
Fax: 310-233-3211

Liu, Annette, MD
824 E. Carson St, #202
Carson, CA 90745
310-233-3209
Fax: 310-233-3211

Liu, James Yen-Fu, MD
3250 W. Sepulveda Blvd.
Torrance, CA 90505
310-534-3231
Fax: 310-667-8779

Louie, Wayley, MD
855 Manhattan Beach Blvd., #103
Manhattan Beach, CA 90266
310-939-7850
Fax: 310-939-7851

Maglica, Dunja M., MD
23441 Madison St, #305
Torrance, CA 90505
310-378-5115
Fax: 310-378-9779

Mansour, Sylvia S., MD
20911 Earl Street, #100
Torrance, CA 90503
310-214-2213
Fax: 310-370-1590

Miller, Teresa MD
705 Pier Ave Ste C
Hermosa Beach, CA 90254
310-406-0827
Fax: 310-406-8378

Nguyen, Anh V., MD
3250 W. Sepulveda Blvd.
Torrance, CA 90505
310-534-3231
Fax: 310-667-8779

Nguyen, Cuong Viet, MD
14921 S. Prairie Ave., #1
Lawndale, CA 90260
310-676-8000
Fax: 310-676-8034

Nguyen, Lauren N., MD
3440 Lomita Blvd., #352
Torrance, CA 90505
310-539-2445
Fax: 310-539-0061

Nguyen, Ly A., MD
3440 Lomita Blvd., #352
Torrance, CA 90505
310-539-2445
Fax: 310-539-0061

Pediatrics-Primary Care

Alphabetically by Name

Updated April 6, 2016

Nguyen, Nguyen H., MD
3220 W. Sepulveda Blvd.,
#203
Torrance, CA 90505
310-539-9579
Fax: 310-539-9582

Novom, Andrew, MD
1294 W. Sixth Street,
#102
San Pedro, CA 90731
310-832-6487
Fax: 310-832-6913

Pang, Rayne, MD
3524 Torrance Blvd.,
#101
Torrance, CA 90503
310-540-8994
Fax: 310-316-1615
Not Accepting New Patients

Petterson, Grace C., MD
1294 W. Sixth Street,
#102
San Pedro, CA 90731
310-832-6487
Fax: 310-832-6913

Qazi, Shagufta, MD
3655 Lomita Blvd., #414
Torrance, CA 90505
310-791-7400
Fax: 310-791-7409

Rodriguez-Ellis, Eva, MD
1403 W. Lomita Blvd.,
#305
Harbor City, CA 90710
310-325-4344
Fax: 310-325-0594

Rowe, Patricia, MD
3440 Lomita Blvd., #136
Torrance, CA 90505
310-539-0400
Fax: 310-534-7568

Roxas-Butlig, Evangeline MD
3655 Lomita Blvd., #312
Torrance, CA 90505
310-373-7855
Fax: 310-373-7873

1000 E. Dominguez St, #110
Carson, CA 90746
310-715-7755
Fax: 310-366-7711

Sergis, Laura, MD
3440 Lomita Blvd., #352
Torrance, CA 90505
310-539-2445
Fax: 310-539-0061

Shaw, Tristy S., MD
520 N. Prospect Ave., #211
Redondo Beach, CA
90277
310-406-2349
Fax: 310-406-8012
Not Accepting New Patients

Shoji, Elaine, MD
827 Deep Valley Dr, #102
Rolling Hills Estates, CA
90274
310-541-8801
Fax: 310-541-8703

Tenebaum, Rita, MD
705 Pier Ave, Suite C
Hermosa Beach, CA
90254
310-406-0827
Fax: 310-406-8378

Wong, Joanna M., MD
855 Manhattan Beach
Blvd., #103
Manhattan Beach, CA
90266
310-939-7850
Fax: 310-939-7851
Not Accepting New Patients

Allergy

Buchsbaum, Edward, MD
Marks, Katie, MD
 20911 Earl St, #301
 Torrance, CA 90503
 310-371-1388
 Fax: 310-371-3439

390 N.Sepulveda Blvd.,
 Suite 1060
 El Segundo, CA 90245

Chiang, Dean T., MD
 3440 Lomita Blvd., #228
 Torrance, CA 90505
 310-326-3371
 Fax: 310-326-2294

Singer, Allan, MD**
 3440 Lomita Blvd.,
 #228
 Torrance, CA 90505
 310-326-3371
 Fax: 310-326-2294

Bariatric Surgery

Association of South Bay Surgeons
Solomon, Houman, MD
Takahashi, Aileen, MD
 23451 Madison St, #340
 Torrance, CA 90505
 310-373-6864
 Fax: 310-373-9547

Klein, Stanley R., MD
 23451 Madison St,
 #300
 Torrance, CA 90505
 310-791-5138
 Fax: 310-373-9547

Cardiology

NOTE: Self-referral for adults
 consults only

Averill, William K., MD**
 3400 Lomita Blvd., #603
 Torrance, CA 90505
 310-326-5142
 Fax: 310-326-3154
Patients Age 18/Over Only

Carlson, L. Douglas, MD**
 2841 Lomita Blvd., #235
 Torrance, CA 90505
 310-517-8950
 Fax: 310-326-6054
Patients Age 18/Over Only

Cohen, David I., MD**
 2841 Lomita Blvd., #235
 Torrance, CA 90505
 310-517-8950
 Fax: 310-326-6054
Patients Age 18/Over Only

Del Vicario, Michele, MD**
 3475 Torrance Blvd., #A
 Torrance, CA 90503
 310-370-3568
 Fax: 310-540-0676
Patients Age 18/Over Only

Khaleeli, Emad, MD
 4305 Torrance Blvd.,
 #301
 Torrance, CA 90503
 310-793-4327
 Fax: 310-793-4307
Patients Age 18/Over Only

Lopez, Joseph, MD **
 3475 Torrance Blvd., #D
 Torrance, CA 90503
 310-540-6032
 Fax: 310-543-8743
Patients Age 18/Over Only

Cardiology (Cont.)

Lurie, Mark, MD **
 2841 Lomita Blvd., #235
 Torrance, CA 90505
 310-517-8950
 Fax: 310-326-6054
 At TMMC:
 310-784-3705
 Fax: 310-784-4817
Patients Age 18/Over Only

Matchison, J. Christopher, MD **
 2841 Lomita Blvd., #235
 Torrance, CA 90505
 310-517-8950
 Fax: 310-326-6054
Patients Age 19/Over Only

Shin, Victoria Y., MD **
 2841 Lomita Blvd., #235
 Torrance, CA 90505
 310-517-8950
 Fax: 310-326-6054
Patients Age 18/Over Only

Weinstein, Steven, MD **
 4201 Torrance Blvd.,
 #750
 Torrance, CA 90503
 310-540-1953
 Fax: 310-792-1974
Patients Age 16/Over Only

NOTE: For children, see also
Pediatric Cardiology

Cardiothoracic Surgery

Cardiothoracic Surgery Group

Fuller, Clark B., MD
Stoneburner, John, MD
 2841 Lomita Blvd., #310
 Torrance, CA 90505
 310-784-6946
 Fax: 310-326-6005

Mittal, Arun, MD
 4305 Torrance Blvd.,
 #302
 Torrance, CA 90503
 310-375-5428
 Fax: 310-375-5358

Chiropractic

NOTE: Check with your health
 plan for benefits coverage

Cummings, Dean H., DC
 2215 Torrance Blvd., #A
 Torrance, CA 90501
 310-320-6250
 Fax: 310-320-6036

Colon/Rectal Surgery

Assoc. of South Bay Surgeons
Madorin, Catherine, MD
Muraliraj, Vijay, MD
 23451 Madison St, #340
 Torrance, CA 90505
 310-373-6864
 Fax: 310-373-9547

**If you have an HMO health plan, you must be a member of Torrance Health IPA (THIPA) in order to have access to these physicians. To learn how to switch your medical group to THIPA, call 310-257-7239 or visit www.thipa.org/HowToJoinTHIPA.

Dermatology

NOTE: Self-referral for adults

De Silva, Keerthi R., MD **
1141 W. Redondo Beach
Blvd., #107
Gardena, CA 90247
310-515-0677
Fax: 310-515-5033

Coast Dermatology
Griffith, Jack, DO
Horowitz, Mark K., DO
23550 Hawthorne Blvd
Ste 200
Torrance, CA 90505
310-373-2636
Fax: 310-373-2633

**Dermatology Group of
Southern California**
Blumenstrauch, Roy, MD **
Breithaupt, Andrew MD
4201 Torrance Blvd., #640
Torrance, CA 90503
310-543-4444
Fax: 310-543-4446

Goodlerner, Susan, MD **
23451 Madison St, #330
Torrance, CA 90505
310-375-9994
Fax: 310-375-0789

Endocrinology

Choi, Lauren E., MD
2841 Lomita Blvd, #200
Torrance, CA 90505
310-517-8952
Fax: 310-517-9565
Patients Age 18/Over Only

Masoodi, Wasima, MD
22330 Hawthorne Blvd., #207
Torrance, CA 90505
310-375-7666
Fax: 310-378-3981
Patients Age 17/Over Only

Endocrinology (Cont.)

Ly, Tran, MD
2841 Lomita Blvd
Suite 200
Torrance, CA 90505
310-517-8952
Fax 310-517-9565

Rao, Irram A., MD
22330 Hawthorne Blvd., #207
Torrance, CA 90505
310-375-7666
Fax: 310-378-3981
Patients Age 17/Over Only

Ro, Cynthia, MD
2841 Lomita Blvd. 200
Torrance, CA 90505
310-517-8952
Fax: 310- 517-9565
Patients Age 18/Over Only

Gastroenterology

NOTE: Self-referral for adults

NOTE: For children, see also
Pediatric Gastroenterology

**South Bay Gastroenterology
Medical Group**
**Chavalitthamrong,
Disaya, MD**
Chan, Susanna, MD **
Cohen, Jerome, MD **
Gholami, Parviz, MD
Lee, Tonny, MD **
Nguyen, Minh ,MD**
Piken, Edward, MD **
Sze, Gloria, MD **
Zaidel, Oren, MD **

23600 Telo Ave., #260
Torrance, CA 90505
310-539-2055
Fax: 310-539-0199
Patients Age 18/Over Only

Khaja, Nazir U., MD **
20911 Earl St, #180
Torrance, CA 90503
310-370-4660
Fax: 310-793-0710
Patients Age 15/Over Only

General Surgery

NOTE: For children, see also
Pediatric Surgery

**Association of
South Bay Surgeons**
Ali-Jones, Rashaan, MD
Bhayani, Neil H. MD
Camel, James E., MD
Fisher, Steven D., MD
Friedlander, Melanie, MD
Lam, Albert, MD
Litwinski, Roman, MD
Madorin, Catherine, MD
Muraliraj, Vijay, MD
Nguyen, Son X., MD
Solomon, Houman, MD
Saedi, Houman, MD
Takahashi, Aileen M., MD
23451 Madison St, #340
Torrance, CA 90505
310-373-6864
Fax: 310-373-9547
Patients Age 12/Over Only

Gynecology Oncology

Atamdede, Fikret, MD
23600 Telo Ave., #250
Torrance, CA 90505
310-375-8446
Fax: 310-375-8489

Mirhashemi, Ramin, MD
23600 Telo Ave., #250
Torrance, CA 90505
310-375-8446
Fax: 310-375-8489

Hematology / Oncology

Cancer Care Associates
Chan, David, MD
Dickey, Vanessa, MD
Hool, Hugo, MD
Horodner, Andrew G. MD
Jilani, Syed, MD
Lowe, Thomas E., MD
514 N. Prospect Ave.,
4th Fl.
Redondo Beach, CA
90277
310-750-3300
Fax: 310-750-3318

Infectious Diseases

NOTE: For children, see also
*Pediatric Infectious
Diseases*

ID Med

Chia, John K.S., MD
Ding, James, MD
Nakata, Michael, MD
Smith, Kevin M., MD
Yang, Eric, MD
Whang, Donald, MD
23560 Crenshaw Blvd.,
#101
Torrance, CA 90505
310-784-5880
Fax: 310-325-3117
Patients Age 14/Over Only

Milefchik-Rand Medical Group

Kiet, Grace T., MD
Milefchik, Eric N., MD
Rand, David D., MD
2841 Lomita Blvd., #135
Torrance, CA 90505
310-784-6954
Fax: 310-326-5679
Accepting Patients Age 18/Over

**If you have an HMO health plan, you must be a member of Torrance Health IPA (THIPA) in order to have access to these physicians. To learn how to switch your medical group to THIPA, call 310-257-7239 or visit www.thipa.org/HowToJoinTHIPA.

Infertility

NOTE: Only OB/Gyn may refer to Infertility consultants

Khorram, Omid, MD
23550 Hawthorne Blvd., #210
Torrance, CA 90505
310-378-7445
Fax: 310-378-7427

Pacific Coast Reproductive
Salem, Rifaat D., MD
Salem, Shala MD
Zarandy, Sohila MD
3720 Lomita Blvd., #200
Torrance, CA 90505
310-376-7000
Fax: 310-373-0319

Reproductive Partners
Ambartsumyan, Gayane MD
Cassidenti, Denise, MD
Meldrum, David R., MD
Rosen, Gregory MD
Wisot, Arthur, MD
Yee, Bill, MD
510 N. Prospect Ave., #202
Redondo Beach, CA 90277
310-318-3010
Fax: 310-798-7304

Rispler, Mark J., MD
3500 N. Sepulveda Blvd., #130
Manhattan Beach, CA 90266
310-648-2229
Fax: 310-333-0666

Nephrology

NOTE: For children, see also THIPA UM

Ahmed, Khaja R., MD
20911 Earl St, #180
Torrance, CA 90503
310-370-4660
Fax: 310-793-0710
Patients Age 16/Over Only

Bloom, David, MD
2841 Lomita Blvd., #215
Torrance, CA 90505
310-379-2860
Fax: 310-325-1144
Patients Age 18/Over Only

Internal Medicine & Nephrology Medical Group
Bloom, David, MD
Chung, Philip, MD
Musngi, Edgar, MD
Winkler, Stuart, MD
2841 Lomita Blvd. #215
Torrance, CA 90505
310-379-2860
Fax: 310-325-1144
Patients Age 15/Over Only

Internal Medicine & Nephrology Medical Group
Cam, Vinh T., MD
Ortiz-Guerrero, Ana, MD
3291 Skypark Drive
Torrance, CA 90505
310-325-4517
Fax: 310-325-1144
Patients Age 15/Over Only

Sawelson, Steven, MD
20911 Earl St, #320
Torrance, CA 90503
310-542-7997
Fax: 310-542-2607
Patients Age 18/Over Only

Nephrology (Cont.)

Tsang, Wayne, MD
2841 Lomita Blvd.
Suite 300
Torrance, CA 90505
310-793-6677
Fax: 310-793-2321
Not Accepting New Patients

Neurology

NOTE: For children, see also Pediatric Neurology

Cha, Tim K. MD
3440 Lomita Blvd
Suite 138
Torrance, California 90505
310-372-2821
Fax: 310-372-9358

Co, Schenley, MD
27520 Hawthorne Blvd., #135
Rolling Hills Estates, CA 90274
310-377-2202
Fax: 310-377-2409
Patients Age 16/Over Only

Edelman, David, MD **
1970 S. Prospect Ave., #7
Redondo Beach, CA 90277
310-373-0391
Fax: 310-792-7840
Patients Age 10/Over Only

Gluckman, Richard S., MD
1360 W. Sixth St, #350
San Pedro, CA 90732
310-832-6428
Fax: 310-832-5178
Patients All Ages

Kim, Jeffrey
Tseng, Ben
3400 Lomita Blvd, #104
Torrance, CA 90505
310-517-7021
Fax: 310-784-1903

Neurosurgery

NOTE: For children, see also THIPA UM

Morgan, David, MD
Shafa, Bob, MD
Snyder, Melvin, MD
3400 Lomita Blvd.
Suite 104
Torrance, CA 90505
310-540-0965
Fax: 310-540-6721

Nabavi, Nicholas Nosrat, MD
1360 W. Sixth St, #160
San Pedro, CA 90732
310-548-5511
Fax: 310-548-3168

Obstetrics/Gynecology

NOTE: Self-referral for adults consults and routine preventive services

Allen, Latrice, MD **
23430 Hawthorne Blvd., #200
Torrance, CA 90505
310-373-7993
Fax: 310-373-7990

Aronson, Jody, MD
3440 Lomita Blvd., #120
Torrance, CA 90505
310-325-8864
Fax: 310-325-1493

824 E. Carson St, #102
Carson, CA 90745
310-233-3216
Fax: 310-233-3217

Barhaghi, Michelle, MD
717 S. Averill Ave.
San Pedro, CA 90732
310-831-1225
Fax: 310-831-1228

**If you have an HMO health plan, you must be a member of Torrance Health IPA (THIPA) in order to have access to these physicians. To learn how to switch your medical group to THIPA, call 310-257-7239 or visit www.thipa.org/HowToJoinTHIPA.

Obstetrics/ Gynecology (Cont.)

Bhasin, Sharda, MD
3440 Lomita Blvd. #447
Torrance, CA 90505
310-530-2063
Fax: 310-530-0201

Bujor, Alexandra, MD **
3400 Lomita Blvd, #607
Torrance, CA 90505
310-530-5333
Fax: 310--530-5363

Chen, Albert C., MD
3440 Lomita Blvd., #346
Torrance, CA 90505
310-325-1198
Fax: 310-325-1699

Cowan, Jeffrey J., MD
4201 Torrance Blvd., #600
Torrance, CA 90503
310-540-5503
Fax: 310-792-3694

Dartey, Maxwell A. MD
1360 W. 6th St., #220
San Pedro, CA 90732
310-241-1350
Fax: (310) 241-1357

Elgharib, Soha, MD **
510 N. Prospect Ave., #320
Redondo Beach, CA
90277
310-376-2716
Fax: 310-374-9163

Huete, Ricardo E., MD
824 E. Carson St, #203
Carson, CA 90745
310-543-5448
Fax: 310-316-5318

Kwok, Kay M., MD **
3440 Lomita Blvd., #240
Torrance, CA 90505
310-539-5060
Fax: 310-539-7899

Obstetrics/ Gynecology (Cont.)

Kwon, Young S., MD
3440 Lomita Blvd., #224
Torrance, CA 90505
310-534-4431
Fax: 310-534-4902

Lynch, Cristal, MD**
3440 Lomita Blvd., #240
Torrance, CA 90505
310-539-5060
Fax: 310-539-7899

Marshall, Freya MD
3400 Lomita Blvd. 602
Torrance, CA 90505
310-326-5150
Fax: 310-326-0762

McCann, Stephen, MD
3400 Lomita Blvd., #301
Torrance, CA 90505
310-540-2282
Fax : 310-316-2876

McKindsey, Frances, MD **
23430 Hawthorne Blvd, #200
Torrance, CA 90505
310-373-7993
Fax: 310-373-7990

Mendoza, Astrid, DO **
4201 Torrance Blvd., #780
Torrance, CA 90503
310-543-2532
Fax: 310-540-9707

Naghi, Beni, MD
3400 Lomita Blvd., #602
Torrance, CA 90505
310-326-5150
Fax: 310-326-0762

855 Manhattan Beach
Bld., #209
Manhattan Beach, CA
90266
310-939-1881
Fax: 310-939-1882

Obstetrics/ Gynecology (Cont.)

Rodriguez, Hilda Elena, MD**
3400 Lomita Blvd., #427
Torrance, CA 90505
310-325-9400
Fax: 310-325-9406

Rosenberg, Steven H., MD
3400 Lomita Blvd., #400
Torrance, CA 90505
310-539-4957
Fax: 310-539-9175

Rosenthal, Marc J., MD
3440 Lomita Blvd., #120
Torrance, CA 90505
310-325-8864
Fax: 310-325-1493

824 E. Carson St, #102
Carson, CA 90745
310-233-3216
Fax: 310-233-3217

Schulz, Barbara L., MD **
510 N. Prospect Ave.,
#320
Redondo Beach, CA
90277
310-376-2716
Fax: 310-374-9163

Singh, Deepjot, MD
3400 Lomita Blvd., #500
Torrance, CA 90505
310-373-7900
Fax: 310-373-7940

Wasserwald, Gerald, MD
3400 Lomita Blvd, #427
Torrance, CA 90505
310-325-9400
Fax 310-325-9406
**Gynecology only*

Wu, Henry, MD **
520 N. Prospect Ave. #203
Redondo Beach, CA 90277
310-318-5509
Fax: 310-372-9188

Obstetrics/ Gynecology (Cont.)

Yu, Vincent, MD **
3655 Lomita Blvd., #209
Torrance, CA 90505
310-791-5179
Fax: 310-791-4298

Ophthalmology

NOTE: For children, see also
Pediatric Ophthalmology

Goldberg, Damien F., MD
23600 Telo Ave., #100
Torrance, CA 90505
310-543-2611
Fax: 310-543-2056

Jeng, Shyun, MD
4201 Torrance Blvd.,
#720
Torrance, CA 90503
310-792-9229
Fax: 310-316-7117

Khoubian, F. Jacob, MD
23600 Telo Ave., #100
Torrance, CA 90505
310-543-2611
Fax: 310-543-2056

Markman, David, MD
4223 W. Redondo Beach
Bld.
Lawndale, CA 90260
310-370-5648
Fax: 310-370-0449

23600 Telo Ave., #100
Torrance, CA 90505
310-543-2611
Fax: 310-543-2056

Matkovich, Lydia, MD
23600 Telo Ave., #210
Torrance, CA 90505
310-626-8055
Fax: 310-626-8058
Glaucoma services only

**If you have an HMO health plan, you must be a member of Torrance Health IPA (THIPA) in order to have access to these physicians. To learn how to switch your medical group to THIPA, call 310-257-7239 or visit www.thipa.org/HowToJoinTHIPA.

Ophthalmology (Cont.)

Phan, T. Mai, MD
23600 Telo Ave., #100
Torrance, CA 90505
310-543-2611
Fax: 310-543-2056

Sakamoto, Dan K., MD
Sakamoto, Douglas K., MD
23609 Hawthorne Blvd
Ste #A
Torrance CA 90505
310-539-7474
Fax: 310-378-5454

Wolstan, Barry, MD
23600 Telo Ave., #100
Torrance, CA 90505
310-543-2611
Fax: 310-543-2056

Optometry

Bruce, Sheryl, MD
3858 W. Carson St., #110
Torrance, CA 90503
310-792-6200
Fax: 310-792-6223

Geering-Fend, Deborah, OD
3858 W. Carson St,
Suite 110
Torrance, CA 90503
310-792-6200
Fax: 310-792-6223

Ng, Nolan R., OD
2551 Pacific Coast Hwy.
Torrance, CA 90505
310-326-2881
Fax: 310-326-5242

Wilde, Cindy T., OD
23600 Telo Avenue, #100
Torrance, CA 90505
310-543-2611
Fax: 310-543-2056

Orthopedic Surgery

NOTE: Self-referral for adults
except hand surgery and
spinal surgery.

NOTE: Spinal surgery to be
referred only by THIPA
orthopedic surgeons

Lorman, Peter, MD **
23600 Telo Ave., #180
Torrance, CA 90505
310-257-1500
Fax: 310-257-1508

Mellano, Christen R., MD
23600 Telo Ave., #180
Torrance, CA 90505
310-257-1500
Fax: 310-257-1511

Purne, Mikael M., MD**
23600 Telo Ave., #180
Torrance, CA 90505
310-257-1500
Fax: 310-257-1508

Striplin, Donald, MD**
23600 Telo Ave., #180
Torrance, CA 90505
310-257-1500
Fax: 310-257-1508

Turek, Charles, MD**
23600 Telo Ave., #180
Torrance, CA 90505
310-257-1500
Fax: 310-257-1508

Otolaryngology (ENT)

Colman, Marc F., MD
3440 Lomita Blvd., #252
Torrance, CA 90505
310-373-6039
Fax: 310-326-5514

Levine, Brett A., MD
20911 Earl St., Suite 340
Torrance, CA 90503
310-540-2111
Fax: 310-944-9295

Rafii, Benjamin MD
20911 Earl St,
Suite 340
Torrance, CA 90503
310-540-2111
Fax: 310-944-9295

Rheuark, Daryl R., MD
24520 Hawthorne Blvd,
#240
Torrance, CA 90505-6849
310-373-8777
Fax: 310-373-5806
Adult and Pediatric Patients

Sesi, Maher, MD
20911 Earl St., Suite 340
Torrance, CA 90503
310-540-2111
Fax: 310-944-9295

Yanamadala, Srinivas, MD
3400 Lomita Blvd.,
Suite 104
Torrance, CA 90505
310-316-4436
Fax: 310-316-3147

Pain Management

Khoury, Georges EI, MD
2650 Elm Ave., #218
Long Beach, CA 90806
562-424-2900
Fax: 562-424-3200

Peck, Joseph C., MD **
2808 Columbia St
Torrance, CA 90503
310-618-9922
Fax: 310-618-8445

Proaño, Fabian, MD
3701 Skypark Drive,
#260
Torrance, CA 90505
310-791-4980
Fax: 310-791-4989

Plastic Surgery

Goldberg, Mytien T., MD
23560 Madison St, #103
Torrance, CA 90505
310-325-0310
Fax: 310-325-9201

McKissock, John K., MD
3440 Lomita Blvd., #150
Torrance, CA 90505
310-257-9425
Fax: 310-530-2146

**Assn. of South Bay Plastic
Surgeons Medical Group**
Burrell, Whitney MD
Jewell, Lisa L., MD
Newman, Michael, MD
Spenler, Charles W., MD
3440 Lomita Blvd., #100
Torrance, CA 90505
310-784-0644
Fax: 310-784-0544

**If you have an HMO health plan, you must be a member of Torrance Health IPA (THIPA) in order to have access to these physicians. To learn how to switch your medical group to THIPA, call 310-257-7239 or visit www.thipa.org/HowToJoinTHIPA.

Specialists

Alphabetically by Specialty

Updated April 6, 2016

Podiatry

NOTE: Self-referral for adults

Darragh, Phillip E., DPM
2850 Artesia Blvd., #204
Redondo Beach, CA 90277
310-793-1158
Fax: 310-793-1161

Maher, Roohbakhsh, DPM
19000 Hawthorne Blvd,
Suite #204,
Torrance, CA 90503
310-370-1980
Fax 310-370-5089

Psychiatry

Ceasar, Harold P., MD
3655 Lomita Blvd., #412
Torrance, CA 90505
310-373-7989
Fax: 310-373-0309
Not Accepting New Patients

Gelbart and Associates
3333 Skypark Dr, #220
Torrance, CA 90505
310-257-5750
Fax: 310-257-5753

Psychology Behavioral Health

Añorga, Alina, LCSW
Spanish-Speaking Patients
24520 Hawthorne Blvd.,
#116
Torrance, CA 90505
310-378-0302
Fax: 310-944-9390

Gelbart and Associates
3333 Skypark Dr, #220
Torrance, CA 90505
310-257-5750
Fax: 310-257-5753

Schafer, Emily, MFT
25202 Crenshaw
Blvd., #220
Torrance, CA 90505
310-947-2478
Fax: 310-542-4059

Pulmonology

NOTE: For children, see also
Pediatric Pulmonology

NOTE: Self-referral for adults

**Peninsula Pulmonary
Medical Associates**
Abe, John, MD
Chang, Robert, MD
Culjat, Roman M., MD
Eltawil, Khalid M., MD
Rasic, Mladen A., MD
Scott, David J., MD
Sinkowitz, Deren, MD
Wong, Brian, MD
3701 Skypark Dr, #200
Torrance, CA 90505
310-378-8900
Fax: 310-791-0789
Patients Age 17/Over Only

Rheumatology

Arthritis Treatment Center
23441 Madison St, #340
Torrance, CA 90505
310-373-0340
Fax: 310-373-7142
Patients Age 18/Over

Cooray, Dilrukshie, MD
Gamboa, Joe, MD
3333 Skypark Dr, #100
Torrance, CA 90505
310-784-6300
Fax: 310-891-6758
Patients Age 18/Over Only

Urology

NOTE: Self-referral for adults,
consults and routine
preventive services

**South Bay Urology
Medical Group**
Lesser, Timothy, MD
Matsunaga, Garrett, MD
Morrisroe, Shelby, MD
Paul, Joy, MD
20911 Earl St, #140
Torrance, CA 90503
310-542-0199
Fax: 310-542-4652 or
310-542-0829
Accepting Patients All Ages

**Urology Institute of the
South Bay**
Dardashti, Kambiz, MD **
Flechner, Lawrence, MD **
Naftulin, Gene A., MD **
Stratton, Marc J., MD **
23600 Telo Ave., #220
Torrance, CA 90505
310-534-8400
Fax: 310-534-0463

Urology (Cont.)

Urology Specialty Group
Park, Royal, MD
Wolk, Fredrick, MD
3445 Pacific Coast Hwy. #310
Torrance, CA 90505
310-602-5005
Fax: 310-373-7895
Patients Age Over 2 Only

Nowzari, Farhad, MD
3400 Lomita Blvd., #502
Torrance, CA 90505
310-921-1100
Fax: 310-921-9922

Vascular Surgery

**Association of
South Bay Surgeons**
Adoumie, Riad, MD
Kaviani, Amir, MD
Litwinski, Roman, MD
23451 Madison St, #340
Torrance, CA 90505
310-373-6864
Fax: 310-373-9547
Patients Age 18/Over Only

Pediatric Specialists

Alphabetically by Specialty

Updated April 6, 2016

Pediatric Cardiology

Atkinson, David, MD
Baylen, Barry, MD
Chang, Ruey-Kang, MD
Harbor-UCLA Medical
Foundation, Inc.
21840 S. Normandie Ave.
#1100
Torrance, CA 90502
310-222-5133
Fax: 310-781-9352

Banks, Aaron E., MD
510 N. Prospect Ave., #309
Redondo Beach, CA
90277
877-664-0808
Fax: 855-329-2742

Wittner, Richard, MD
2865 Atlantic Ave., #149
Long Beach, CA 90806
562-595-1879
Fax: 562-595-0135

4305 Torrance Blvd., #109
Torrance, CA 90503
562-595-1879
Fax: 562-595-0135

Tan, Christopher, MD
2801 Atlantic Ave.
Long Beach, CA 90806
562-933-3350
Fax: 562-933-3359

3400 Lomita Blvd. #500
Torrance, CA 90505
877-430-7337
Fax 877-430-7376

Pediatric Endocrinology

Naidu, Ajanta MD
3640 Lomita Blvd. Suite 305
Torrance, CA 90505
310-373-0250
Fax: 310-373-0256

Pediatric Gastroenterology

Kahana, Doron D., MD
23600 Telo Ave., #260
Torrance, CA 90505
310-542-7900
Fax: 866-591-7297

**Children's
Gastroenterology MCSG**
Mathis, Richard, MD
Sela-Herman, Sarah, MD
1760 Termino Ave., #300
Long Beach, CA 90804
562-933-6900
Fax: 562-933-8557

3640 Lomita Blvd., #102
Torrance, CA 90505
562-933-6900
Fax: 562-933-8557

**Pediatric Gastroenterology
Associates of So CA MCSG**
Steinmetz, Barry, MD
Mehra, Mini, MD
Tran, Robert, MD
1760 Termino Ave., #300
Long Beach, CA 90804
562-933-6900
Fax: 562-933-8557

3640 Lomita Blvd., #102
Torrance, CA 90505
562-933-6900
Fax: 562-933-8557

Pediatric / Adolescent Hematology / Oncology

Grancy, Paula, MD
Patel, Ramesh, MD
2653 Elm Ave., #200
Long Beach, CA 90806
562-728-5000
Fax: 562-933-1814

Pediatric Infectious Diseases

NOTE: Please submit referral to
THIPA UM Department.

**PID Associates Medical
Group MCSG**
Chen, Tempe K., MD
Deveikis, Audra, MD
2801 Atlantic Ave.
Long Beach, CA 90806
562-933-8590
Fax: 562-933-8093

Pediatric Nephrology

Rajpoot, Deepak, MD
2801 Atlantic Avenue
Long Beach, CA 90806
562-933-8528
Fax: 562-933-8569

Pediatric Neurology

Please submit referral to
THIPA UM Department.

**Adult & Child Neurology
Medical Associates MCSG**
Dyes, Mary Kay, MD
Lake, Jean MD
Le, Thanh, MD
2880 Atlantic Ave., #260
Long Beach, CA 90806
562-490-3580
Fax: 562-490-3584

Dyes, Mary Kay, MD
3640 Lomita Blvd., #102
Torrance, CA 90505
562-490-3580
Fax: 562-490-3584

Pediatric Neurology (Cont.)

Sharifi-Hannauer, Pantea, MD
3524 Torrance Blvd, # 104
Torrance, CA 90503
310-540-1630
Fax: 310-540-1610

**Long Beach Neurological
Medical Group MCSG**
Perry Lubens, MD
2880 Atlantic Ave, #260
Long Beach, CA 90806
562-426-3319
Fax: 562-490-3584

Pediatric Ophthalmology

NOTE: Please submit referral to
THIPA UM Department.

Family Eye Medical Group
Choy, Andrew, MD
Clark, Robert, MD
Rosales, Teresa, MD
4100 Long Beach Blvd.,
#108
Long Beach, CA 90807
562-426-3925
Fax: 562-595-7639

Jotterand, Veronique, MD
2865 Atlantic Ave., #109
Long Beach, CA 90806
562-988-2020
Fax: 562-426-7394

Matkovich, Lydia, MD
23600 Telo Ave., #210
Torrance, CA 90505
310-626-8055
Fax: 310-626-8058

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Pediatric Specialists

Alphabetically by Specialty
Updated April 6, 2016

Pediatric Orthopedic Surgery

NOTE: Please submit referral to THIPA UM Department.

Tichenor Lowman Memorial Medical Group MCSG

Chang, Emory C., MD

Cunningham, Torin J., MD

(Specializes in back problems)

Hajaliloo, F. John, MD

(Specializes in joint problems)

Pike, Leah M., MD

1760 Termino Ave #308
Long Beach, CA 90804
(562) 933-0249
Fax: (562) 933-3747

Tichenor Lowman Memorial Medical Group MCSG

(Cont.)

Chang, Emory C., MD

Cunningham, Torin J., MD

(Specializes in back problems)

Hajaliloo, F. John, MD

(Specializes in joint problems)

3640 Lomita Blvd., #102
Torrance, CA 90505
(562) 933-0249
Fax: (562) 933-3747

Pediatric Pulmonology

NOTE: Please submit referral to THIPA UM Department. .

Nussbaum, Eliezer, MD

2801 Atlantic Ave.

Long Beach, CA 90806

562-933-8567

Fax: 562-933-8501

Referrals

Fax: 562-933-8744

Admin.

Pediatric Surgery

NOTE: Please submit referral to THIPA UM Department.

Lee, Steven L., MD

Harbor-UCLA Medical Center

21840 S. Normandie

Ave., #1100

Torrance, CA 90505-2047

310-222-5133

Fax: 310-781- 9352

Ndiforchu, Fombé, MD

454 Carson Plaza Drive,
#110

Carson, CA 90746

310-516-0742

Fax: 310-516-9158

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Patient Service Centers

Alphabetically by Specialty

Updated April 6, 2016

Breast Diagnostic

**Breast Diagnostic Center
Torrance Memorial
Medical Center**
3275 Skypark Drive, #A
Torrance, CA 90505
310-517-4709
Fax: 310-784-6377

824 E. Carson St, #208
Carson, CA 90745
310-233-3230
Fax: 310-233-3233

855 Manhattan Beach
Blvd., #208
Manhattan Beach, CA
90266
310-939-7864
Fax: 310-939-7865

65 Peninsula Center
Rolling Hills Estates, CA
90274
310-891-6630
Fax: 310-377-9141

Family Planning

**Family Planning
Associates**
3655 Lomita Blvd., #400
Torrance, CA 90505
(310) 373-1042
Fax: (310) 378-4916

2777 Long Beach Blvd.,
#200
Long Beach, CA 90806
(562) 595-5653
Fax: (562) 595-4247

Physical Therapy

**Torrance Memorial
Physical Therapy**
3330 Lomita Blvd
Torrance, CA 90505
310-517-4735
Fax: 310-784-4978

Laboratory

Quest Diagnostics
Client Services:
1-866-697-8378
Courier/STAT:
1-866-697-8378*
*Option 1 then option 6
Patient Service Centers

3500 Lomita Blvd., #104
Torrance, CA 90505
310-326-2241
Fax: 310-539-8491
Hrs: M-F 7:00am-2:30pm
1:30pm – 4:00pm

23441 Madison St, #300
Torrance, CA 90505
310-378-0642
Fax: 310-378-0694
Hrs: M-F 7:00am- 5:00pm
Sat 8:00am – 12:00 noon
Drug Screen: M-F 10am-3pm
Additional staff available

4201 Torrance Blvd.,
#300
Torrance, CA 90503
310-944-9128
Fax: 310-944-9158
Hrs: M-F 8:00am-1:00pm
2:00pm – 5:00pm
Fridays 8am- 1pm

4477 W. 118th St, #102
Hawthorne, CA 90250
310-349-0214
Fax: 310-349-0341
Hrs: M-F 8:00am – 12:30pm
1:30pm – 4:30pm

323 N. Prairie Ave., #117
Inglewood, CA 90301
310-674-8277
Fax: 310-677-3671
Hrs: M-F 7:30am – 4:30pm

1043 Elm Ave., #410
Long Beach, CA 90813
562-435-1563
Fax: 562-435-5263
Hrs: M-F 7:30am – 12pm
1:00pm – 4:00pm

5830 N. Downey Ave.
Long Beach, CA 90805
562-633-6533
Fax: 562-633-6407
Hrs: M, T, Th, F
7:30am-5:30pm
W 7:30am – 4:30pm
Sat 8:00am – 12:00pm

3816 Woodruff Ave.,
#306
Long Beach, CA 90808
562-377-1344
Fax: 562-377-1354
Hrs: M-F 7:00am – 12:00pm
1:00pm – 3:30pm

2865 Atlantic Ave #107
Long Beach, CA 90806
M-F 8:30am-12:30pm
1:30pm - 4:30pm

520 N. Prospect Ave.,
#305
Redondo Beach, CA
90277
310-376-4830
Fax: 310-376-1902
M- F 8:00am- 12:30pm
1:30pm – 4pm
Drug Screen:
M-F 10:00- 12:00pm

1294 W. 6th Street, #206
San Pedro, CA 90732
310-547-3662
Fax: 310-547-3891
Hrs: M-F 8:00am – 12 noon
1:00pm – 4:00pm
Drug Screen:
M-F 10 – 12 & 1-3pm

To find the nearest Quest patient
service centers by zip code:
www.questdiagnostics.com

Radiology

**Torrance Memorial
Medical Center –
Radiology Dept.**

3330 Lomita Blvd.
Torrance, CA 90505
310-325-9110, Ext.
2075
Fax: 310-784-4805
MRI: 310-517-4608

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Affiliated Hospital & Urgent Care Centers

When to go to the Emergency Room



Torrance Memorial Medical Center

3330 Lomita Boulevard
Torrance, CA 90505

310-325-9110
www.torrancememorial.org

If you have any of the following problems, call 911 or go to the nearest Emergency Department: chest pain, severe abdominal pain, weakness, multiple injuries, difficulty breathing, vomiting blood or severe burns.

+ Urgent Care Centers

For Urgent Medical Needs That Are Not Life-threatening



Torrance Memorial Urgent Care

22411 Hawthorne Blvd.
Torrance, CA 90505
310-784-3740

Hours:
Monday-Friday:
9 a.m. - 8 p.m.
Weekends & Major Holidays:
8 a.m. - 6 p.m.



Torrance Memorial Urgent Care

855 Manhattan Beach Blvd.
Suite 101
Manhattan Beach, CA 90266
310-939-7873

Hours:
Monday-Friday:
5 p.m. - 9 p.m.
Weekends & Major Holidays:
8 a.m. - 5 p.m.

For urgent but not life-threatening medical needs when your primary care doctor's office is closed, you can visit our Urgent Care Centers. All of our physicians are either board certified or residency-trained in Emergency Medicine giving them the skills necessary to handle any urgent care medical problem. Many of our physicians have more than 10 years of experience working in the Emergency Department at Torrance Memorial Medical Center.

We Treat

- Flu and Cold
- Rashes
- Headaches
- Earaches
- Minor burns
- Minor eye injuries
- Sore throat
- Cuts & bites
- Urinary tract infections
- Vomiting & diarrhea
- Falls, sprains, strains & minor fractures

Services Available

- Lab results available in minutes
- On-site digital X-rays
- EKG (a simple, painless test that records the heart's electrical activity)
- Specialized eye exam for minor eye injuries
- Minor surgical procedures
- Full physical exam
- Referrals to on-site Doctor or Physician's Assistant experienced in senior health care

Exclusive THIPA Specialists

If you have an HMO health plan, you must be a member of Torrance Health IPA (THIPA) in order to have access to the following physicians. To learn how to switch your medical group to THIPA, call 310-257-7239 or visit www.thipa.org/HowToJoinTHIPA.

Please Note: This is NOT a complete list of THIPA physicians, but only a list of THIPA specialists who are exclusively available to Torrance Health IPA HMO members .

For a list of THIPA physicians visit thipa.org/Doctors. For a hard copy, contact THIPA Member Services at 1-866-568-4472.

Allergy & Immunology

Allan Singer, MD

Cardiology

William K. Averill, MD
L. Douglas Carlson, MD
David I. Cohen, MD
Mark Lurie, MD
J. Christopher Matchison, MD
Victoria Y. Shin, MD
Steven Weinstein, MD

Dermatology

Roy B. Blumenstrauch, MD
Keerthi R. De Silva, MD
Susan Goodlerner, MD

Endocrinology

Lauren Choi, MD
Cynthia Ro, MD

Gastroenterology

Susanna Chan, MD
Jerome Cohen, MD
Nazir U. Khaja, MD
Tonny Lee, MD
Edward Piken, MD
Gloria Sze, MD
Oren Zaidel, MD

Neurology

David Edelman, MD

Obstetrics & Gynecology

Latrice Allen, MD
Alexandra Bujor, MD
Soha Elgharib, MD
Kay M. Kwok, MD
Cristal Lynch, MD
Frances McKindsey, MD
Astrid Mendoza, DO
Hilda Elena Rodriguez, MD
Barbara L. Schulz, MD
Henry Wu, MD
Vincent Yu, M.D

Orthopedic Surgery

Peter Lorman, MD
Mikael M. Purne, MD
Donald Striplin, MD
Charles Turek, MD

Pain Management

Joseph C. Peck, MD

Physical Medicine & Rehab

Joseph C. Peck, MD

Urology

Kambiz Dardashti, MD
Lawrence Flechner, MD
Gene A. Naftulin, MD
Marc J. Stratton, MD

Member Self-Referral Roster

Alphabetically by Specialty

Updated April 6, 2016

Save Time! No need for a Referral from Your Primary Care Physician: THIPA is the only physician network in the South Bay to offer this service to members. We have designed this service to provide easier access to over 70 of our specialists in the following specialties

Here's how it works: All you need to do is to call and make an appointment with one of the following THIPA specialist physicians. This is a service THIPA offers above and beyond what your health plan covers. It does not change any benefits you already have. There are no additional premiums, no additional deductibles, and no additional copayments to take advantage of THIPA's self-referral.

Please Note: This is NOT a complete list of THIPA physicians, but only a list of THIPA specialists to whom you can self refer. For a complete list of THIPA physicians visit our physician search on thipa.org/Doctors.

Care Management

23326 Hawthorne Blvd.,
#200
Torrance, CA 90505
310-257-7282

Cardiology

Averill, William K., MD
3400 Lomita Blvd., #603
Torrance, CA 90505
310-326-5142

Carlson, L. Douglas, MD
2841 Lomita Blvd., #235
Torrance, CA 90503
310-517-8950

Cohen, David I., MD
2841 Lomita Blvd., #235
Torrance, CA 90503
310-517-8950

Del Vicario, Michele, MD
3475 Torrance Blvd., #A
Torrance, CA 90503
310-370-3568

Khaleeli, Emad, MD
4305 Torrance Blvd.,
#301
Torrance, CA 90503
310-793-4327

Lopez, Joseph, MD
3475 Torrance Blvd. #D
Torrance, CA 90503
310-540-6032

Lurie, Mark, MD
2841 Lomita Blvd., #235
Torrance, CA 90503
310-517-8950

Cardiology (Cont.)

Matchison, J. Christopher, MD
2841 Lomita Blvd., #235
Torrance, CA 90503
310-517-8950
Fax: 310-784-4817

Shin, Victoria Y., MD
2841 Lomita Blvd., #235
Torrance, CA 90503
310-517-8950

Weinstein, Steven MD
4201 Torrance Blvd., #750
Torrance, CA 90503
310-540-1953

Dermatology

Blumenstrauch, Roy B., MD
Breithaupt, Andrew, MD
4201 Torrance Blvd., #640
Torrance, CA 90503
310-543-4444

De Silva, Keerthi R. MD
1141 W. Redondo Beach
Blvd., #107
Gardena, CA 90247
310-515-0677

Coast Dematology
Griffith, Jack, DO
Horowitz, Mark K., DO
23550 Hawthorne Blvd
#200
Torrance, CA 90505
310-373-2636
Fax: 310-373-2633

Dermatology (Cont.)

Goodlerner, Susan, MD
23451 Madison St., #330
Torrance, CA 90505
310-375-9994

Gastroenterology

South Bay GI Med. Group
Chavalitdhamrong,
Disaya, MD
Chan, Susanna, MD
Cohen, Jerome, MD
Lee, Tonny, MD
Nguyen, Minh, MD**
Piken, Edward, MD
Sze, Gloria, MD
Zaidel, Oren, MD
23600 Telo Ave, #260
Torrance, CA 90505
310-539-2055

Khaja, Nazir U., MD
20911 Earl St, #180
Torrance, CA 90503
310-370-4660

Obstetrics/ Gynecology

NOTE: Please note the self
referral benefit applies to the
initial visit with the physician
only, the physician will direct
further treatment and/or tests

Allen, Latrice, MD
23430 Hawthorne Blvd.,
#200
Torrance, CA 90505
310-373-7993

Obstetrics/ Gynecology (Cont.)

Aronson, Jody, MD
3440 Lomita Blvd., #120
Torrance, CA 90505
310-325-8864

824 E. Carson St., #102
Carson, CA 90745
310-233-3216

Barhaghi, Michelle, MD
717 S. Averill Ave.
San Pedro, CA 90732
310-831-1225
Fax: 310-831-1228

Bhasin, Sharda, MD
3440 Lomita Blvd., # 447
Torrance, CA 90505
310-530-2063

Bujor, Alexandra, MD
3400 Lomita Blvd., # 607
Torrance CA 90505
310-530-5333

Chen, Albert C., MD
3440 Lomita Blvd., #346
Torrance, CA 90505
310-325-1198

Cowan, Jeffrey J., MD
4201 Torrance Blvd.,
#600
Torrance, CA 90503
310-540-5503

Dartey, Maxwell A. MD
1360 W. 6th St., #220
San Pedro, CA 90732
310-241-1350

Member Self-Referral Roster

Alphabetically by Specialty

Updated April 6, 2016

Obstetrics/ Gynecology (Cont.)

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90277
310-376-2716

Huete, Ricardo E., MD
824 E. Carson Street,
#203
Carson, CA 90745
310-543-5448
Fax: 310-316-5318

Kwok, Kay M., MD
3440 Lomita Blvd., #240
Torrance, CA 90505
310-539-5060

Kwon, Young S., MD
3440 Lomita Blvd., # 224
Torrance, CA 90505
310-534-4431

Lynch, Cristal, MD
3440 Lomita Blvd., #240
Torrance, CA 90505
310-539-5060

Marshall, Freya MD
3400 Lomita Blvd. 602
Torrance, CA 90505
310-326-5150

McCann, Stephen, MD
23456 Hawthorne Blvd.,
#260
Bldg. 5
Torrance, CA 90505
310-540-2282

McKindsey, Frances, MD
23430 Hawthorne Blvd.,
#200
Torrance, CA 90505
310-373-7993

Mendoza, Astrid, DO
4201 Torrance Blvd., #780
Torrance, CA 90503
310-543-2532

Naghi, Beni, MD
3400 Lomita Blvd., #602
Torrance, CA 90505
310-326-5150

Rodriguez, Hilda Elena, MD
3400 Lomita Blvd., #427
Torrance, CA 90505
310-325-9400

Rosenberg, Steven H., MD
3400 Lomita Blvd., #400
Torrance, CA 90505
310-539-4957

Rosenthal, Marc J., MD
3440 Lomita Blvd., #120
Torrance, CA 90505
310-325-8864

824 E. Carson St, #102
Carson, CA 90745
310-233-3216

Schulz, Barbara L., MD
510 N. Prospect Ave., #320
Redondo Beach, CA
90277
310-376-2716

Singh, Deepjot, MD
3400 Lomita Blvd., #500
Torrance, CA 90505
310-373-7900

Wasserwald, Gerald, MD
3400 Lomita Blvd, #427
Torrance, CA 90505
310-325-9400
Fax 310-325-9406
Gynecology only

Wu, Henry, MD
520 N. Prospect Ave.,
#203
Redondo Beach, CA
90277
310-318-5509

Yu, Vincent, MD
3655 Lomita Blvd., #209
Torrance, CA 90505
310-791-5179

Orthopedic Surgery

Lorman, Peter, MD
Purne, Mikael M., MD
Striplin, Donald, MD
Turek, Charles, MD
23600 Telo Ave., #180
Torrance, CA 90505
310-257-1500

Mellano, Christen R., MD
23600 Telo Ave., #180
Torrance, CA 90505
310-257-1500 Fax: 310-
257-1511

Podiatry

Darragh, Phillip E., DPM
2850 Artesia Blvd., #204
Redondo Beach, CA 90277
310-793-1158

Maher, Roohbakhsh, DPM
19000 Hawthorne Blvd,
Suite #204,
Torrance, CA 90503
310-370-1980
Fax 310-370-5089

Pulmonology

Peninsula Pulmonary
Abe, John, MD
Chang, Robert S. Y., MD
Culjat, Roman M., MD
Eltawil, Khalid M., MD
Rasic, Mladen A., MD
Scott, David J., MD
Sinkowitz, Deren, MD
Wong, Brian, MD
3701 Skypark Dr., #200
Torrance, CA 90505
310-378-8900

Urology

Nowzari, Farhad, MD
3400 Lomita Blvd,
502
Torrance, CA 90505
310-921-1100

**South Bay Urology
Medical Group**
Lesser, Timothy F. MD
Matsunaga, Garrett, MD
Morrisroe, Shelby N., MD
Paul, Joy, MD
20911 Earl St., #140
Torrance, CA 90503
310-542-0199

**Urology Institute of
South Bay**
Dardashti, Kambiz, MD
Flechner, Lawrence, MD
Naftulin, Gene A., MD
Stratton, Marc J., MD
23600 Telo Ave., #220
Torrance, CA 90505
310-534-8400

Urology Specialty Group
Park, Royal, MD
Wolk, Fredrick, MD
3445 Pacific
Coast Hwy., #310
Torrance, CA 90505
310-602-5005

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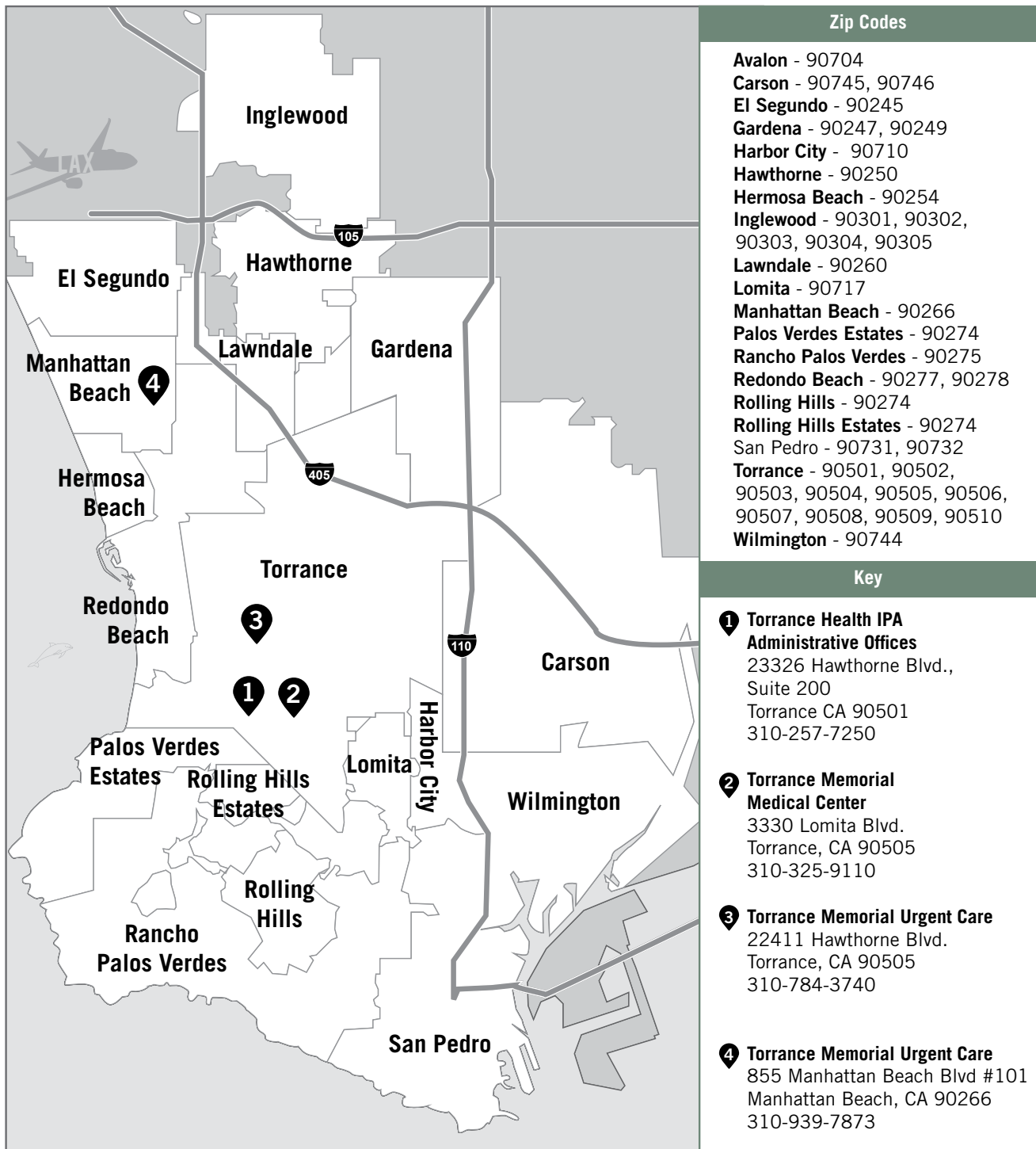
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Service Region Map

The following is a map of our service area. THIPA serves only the South Bay area.

Please note: Coverage is available for emergencies and urgently needed care worldwide.
For a Google listing of our Provider Offices visit: www.thipa.org/Our-Doctors/Provider-Map



What is THIPA?

THIPA stands for **T**orrance **H**ealth **I**ndependent **P**ractice **A**ssociation. THIPA is a non-profit multi-specialty physician network and a division of Torrance Memorial Health System. THIPA has been serving the South Bay community for more than 30 years. Our members have access to high- quality and personalized care from over 350 primary care and specialist physicians as well the nationally recognized Torrance Memorial Medical Center.

THIPA is not a health plan

THIPA is not your insurance or health plan. We contract with major insurance companies that provide financial coverage for your medical care. As your “Medical Group” or “Physician Network”, THIPA provides the medical care covered by your health plan.

Accepted Health Plans *We Accept Most Major Health Plans*

Medicare Advantage Health Plans

aetna

800-282-5366
www.aetna.com

blue  of california

800-488-8000
www.blueshieldca.com

Hⁿ Health Net

800-977-6738
www.healthnet.com

 **scan**
HEALTH PLAN

800-559-3500
www.scanhealthplan.com

Anthem. 
BlueCross

888-230-7338
www.anthem.com

Care1st

800-847-1222
www.care1st.com

Humana

888-608-3631
www.humana.com/medicare

 **UnitedHealthcare**
Medicare Solutions

877-596-3258
www.uhcmedicareolutions.com

Medicare & Medi-cal (Medi-Medi)

Care1st

855-905-3825
www.care1st.com

Hⁿ Health Net

888-788-5395
www.healthnet.com

 **scan**
HEALTH PLAN

866-722-6725
www.scanhealthplan.com

Employer Sponsored Group Plans

Anthem. 
BlueCross

blue  of california

 **Cigna**

Hⁿ Health Net

 **UnitedHealthcare**
Medicare Solutions

This is not a complete listing of plans available in your service area. For a complete listing please contact 1-800-MEDICARE (TTY users should call 1-877-486-2048), 24 hours a day / 7 days a week or consult www.medicare.gov. Each of these Medicare Advantage plans has a contract with Medicare to offer Medicare Advantage plans. Enrollment in one of these Medicare Advantage plans depends on contract renewal.

THIPA MEMBER SERVICES

866-568-4472

MONDAY-FRIDAY 8:30AM- 4:30PM

Your Member Services team can help you with any questions or concerns including:

- Verify your insurance eligibility, copays & benefits
- Resolve billing issues
- Speed up authorization of medical treatments
- Resolve complaints
- Choose the doctor that's right for you

HealthNet, Cigna Call Naomi at ext. 55325

Aetna, Humana, Blue Shield 65 Call Karen at ext. 55324

Anthem Blue Cross, Blue Shield Nancy at ext. 55322

Care1st, Scan, United Healthcare Call Jan at ext. 55326

How to select a Medicare Advantage Health Plan & Join THIPA

In 4 Easy Steps

1 Enroll in Medicare Parts A and B.

If not enrolled already, call Social Security or go on-line to enroll at www.Medicare.gov. You will receive your Medicare card and your “Medicare & You” booklet in a few weeks.

2 Select a Medicare Advantage health plan

If you need help with this:

- Call our THIPA Medicare Resources at 310-257-7239 to schedule a one-on-one with a Health insurance advisor

Or

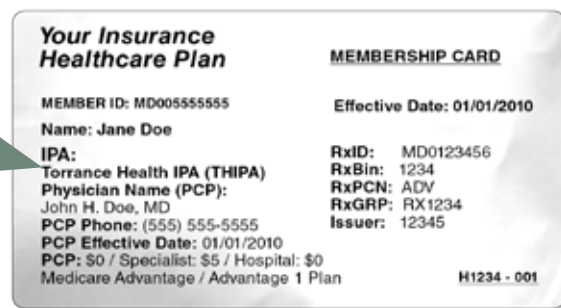
- Attend a Complimentary THIPA Medicare 101 Educational Program.
To make a reservation, call 310-257-7239 or visit www.thipa.org/Medicare101

3 Choose THIPA as your Medical Group.

When you choose a Medicare Advantage health plan, you should select a medical group. To select THIPA as your medical group, you should select a Primary Care Physician from the THIPA (Torrance Health IPA) network.

4 Look for Your New Insurance Card.

Make sure your information and your doctor's name is listed correctly and that it says “Torrance Health IPA” or “THIPA” on your card. If this information is incorrect, call your insurance company and request that they correct the information. The Member Service's number can be found on the back of your insurance card.



You don't have to wait for open enrollment!

Switch Your Medical Group to THIPA Anytime

If you are with a medical group or IPA other than THIPA and would like to switch to THIPA, you don't need to wait until Medicare Annual Open Enrollment. You can make the switch anytime throughout the year.

Simply follow these steps:

1 Ensure your Health Plan and your Primary Care Physician are contracted with THIPA.

If you are not certain, call THIPA Member Services at 1-866-568-4472 (Toll Free) to find out. If your health plan or your PCP are not contracted with THIPA and you still want to join THIPA, our Member Services Team can help you find a health plan and a Primary Care Physician with THIPA to match your specific healthcare needs and preferences.

2 Contact Your Current Health Plan's Member Services

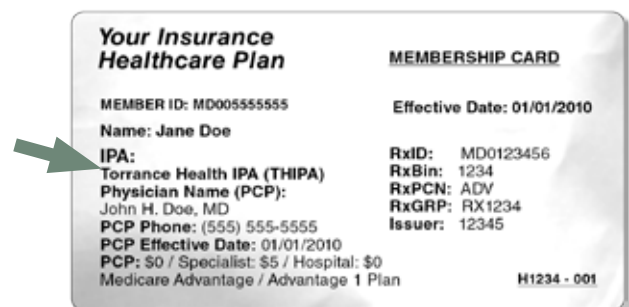
The number can be found on your medical insurance card. Tell them that you would like to join THIPA (Torrance Health IPA) and give them the name of your THIPA Primary Care Physician.

3 Confirm the THIPA Physician's Code for your Primary Care Physician is being used.

If you do not take this step, you may not be enrolled in THIPA and won't have access to THIPA's network of physicians.

4 Look For Your New Medical Insurance ID Card

Make sure your information and your doctor's name is listed correctly and that it says "Torrance Health IPA" or "THIPA" on your card. If this information is incorrect, call your insurance company again and repeat Steps 2 through 4.



Need Help Switching Your Medical Group to THIPA?

Call THIPA at 310-257-7239



TORRANCE HEALTH IPA

TORRANCE MEMORIAL HEALTH SYSTEM



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Members: 1-866-568-4472
Not a Member? Call: 1-310-257-7239
Need TTY services? Call: 711
Administrative Offices: 310-257-7250
www.thipa.org