

Langley  
5753 Glover Rd., Langley, B.C. V3A 8H4

SERVICE CANADA ..... 1.800.622.6232 / 1.800.O.CANADA  
Surrey North (13889 - 104 Ave.) ..... 604.590.3346  
Surrey South (#103 - 15295 Highway 10)

EMPLOYMENT INSURANCE  
Information Line ..... 1.800.206.7218

## **SOCIAL ACTIVITIES, DROP-IN & RECREATION**

SOUTH FRASER WOMEN'S SERVICES SOCIETY  
Laundry & Shower (women) ..... 604.536.9611

SURREY PARKS, RECREATION and CULTURE ..... 604.501.5000

SURREY PUBLIC LIBRARY **\*\*FREE INTERNET\*\***  
Cloverdale (5642 - 176A St.) ..... 604.598.7320  
Fleetwood (15996 - 84 Ave.) ..... 604.598.7340  
Guildford (15105 - 105 Ave.) ..... 604.598.7360  
Newton (13795 - 70 Ave.) ..... 604.598.7400  
Ocean Park (12854 - 17 Ave.) ..... 604.502.6304  
Port Kells (18885 - 88 Ave.) ..... 604.598.7440  
Semiahmoo (1815 - 152 St.) ..... 604.592.6900  
Strawberry Hill (7399 - 120 St.) ..... 604.501.5836  
Whalley City Centre (10350 University Dr.) ..... 604.598.7420

THE FRONT ROOM (call for hours)  
10667 - 135A St., Surrey ..... 604.589.7777

## **OTHER SERVICES**

### **BUS INFORMATION**

BC BUS PASS PROGRAM ..... 1.866.866.0800

TRANSLINK INFORMATION ..... 604.953.3333

GREYHOUND LINES OF CANADA LTD.  
Passenger Fares & Schedule ..... 1.800.661.8747 (TRIP)

HandyDART ..... 604.575.6600

### **WORKBC EMPLOYMENT SERVICE CENTRES**

CLOVERDALE: SOURCES EMPLOYMENT SERVICES  
#101, 5783 - 176A St., Surrey ..... 604.576.3118

NEWTON: AVIA EMPLOYMENT SERVICES  
#240 - 7525 King George Blvd., Surrey ..... 778.578.4272

SOUTH SURREY: SOURCES EMPLOYMENT SERVICES  
#208 - 1461 Johnston Rd., White Rock ..... 604.542.7590

WHALLEY: OPTIONS COMMUNITY SERVICES  
#105, 13655 - 104 Ave., Surrey ..... 604.584.0003

## **NON EMERGENCY NUMBERS**

SURREY RCMP Non-Emergency Line ..... 604.599.0502  
SURREY RCMP Auxiliary Constable Program ..... 604.507.5984  
PARAMEDICS/AMBULANCE Non-Emergency ..... 604.872.5151  
FIRE Non-Emergency ..... 604.543.6700

## **FREQUENTLY CALLED TELEPHONE NUMBERS**

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## **NOTES:**

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# **SURREY SURVIVAL GUIDE**



## **A Guide to Free and Low Cost Goods and Services**



**ADMINISTRATION OFFICE  
CAROLE WAHL BUILDING**  
9815 - 140 St., Surrey, B.C. V3T 4M4  
T: 604.584.5811, F: 604.584.7628  
Website: [www.options.bc.ca](http://www.options.bc.ca)

**NEWTON OFFICE**  
13520 - 78 Ave., Surrey, B.C. V3W 8J6  
T: 604.596.4321, F: 604.572.7413  
Website: [www.options.bc.ca](http://www.options.bc.ca)

**PLEASE NOTE:** Telephone numbers are subject  
to change without notice.

## EMERGENCY SERVICES

AMBULANCE, FIRE, POLICE, INHALATOR ..... 911

### COMMUNITY SERVICE INFORMATION.....211

CLOVERDALE SHELTER ..... 604.574.4341

DURRANT HOUSE - Crisis Line ..... 604.531.4430

EVERGREEN TRANSITION HOUSE ..... 604.584.3301

HELP LINE FOR CHILDREN ..... 604.310.1234

BC MENTAL HEALTH INFORMATION LINE ..... 604.669.7600

MINISTRY OF EMPLOYMENT & INCOME ASSISTANCE  
Emergency Services (after hours)..... 604.660.3194

PARENTS SUPPORT SERVICES ..... 604.669.1616

POISON CONTROL CENTRE  
(24 Hrs per day/7 Days per week) ..... 604.682.5050

PROBLEM GAMBLERS LINE ..... 1.888.795.6111

### FRASER HEALTH CRISIS LINE ..... 604.951.8855

VANCOUVER RAPE RELIEF & SHELTER ..... 604.872.8212

HYLAND HOUSE SHELTER (Men & Women)..... 604.599.8900

VIRGINIA SAM TRANSITION HOUSE ..... 604.572.5116

YOUTH AGAINST VIOLENCE ..... 1.800.680.4264

GATEWAY SHELTER ..... 604.589.7777

## HEALTH SERVICES

ALCOHOL & DRUG INFO and REFERRAL SERVICE ... 604.660.9382  
..... 1.800.663.1441

### HEALTHLINK BC ..... 811

MAXXINE WRIGHT COMMUNITY HEALTH CENTRE  
(Women & Children) ..... 604.587.3835

SURREY NORTH COMMUNITY HEALTH CENTRE  
(Doctor: 1-5 pm, Nurse: 1-6pm)  
10697 - 135A St., Surrey ..... 604.583.5666

HEALTHIEST BABIES POSSIBLE  
#100 - 6846 King George Blvd., Surrey ..... 604.583.1017

HEALTH & SENIORS INFORMATION LINE ..... 1.800.465.4911

## HOSPITALS

JIM PATTISON OUT PATIENT CARE & SURGERY CENTRE  
9750 - 140 St., Surrey ..... 604.582.4550

LANGLEY MEMORIAL HOSPITAL  
22021 Fraser Highway ..... 604.534.4121

PEACE ARCH DISTRICT HOSPITAL  
15521 Russell Ave, White Rock ..... 604.531.5512

SURREY MEMORIAL HOSPITAL  
13750 - 96 Ave, Surrey ..... 604.581.2211

### HEALTH UNITS - FRASER HEALTH AUTHORITY

CLOVERDALE ..... 604.575.5100

DELTA ..... 604.507.5400

## LANDLORD / TENANT PROBLEMS

RESIDENTIAL TENANCY OFFICE  
Burnaby ..... 604.660.3456

TENANT RIGHTS ACTION COALITION ..... 604.255.0546

## LEGAL SERVICES

COMMUNITY LEGAL ASSISTANCE ..... 604.685.3425

LAW STUDENTS LEGAL ADVICE PROGRAM ..... 604.822.5791

LAWYER REFERRAL SERVICE ..... 604.687.3221

LEGAL AID  
\* LEGAL SERVICES SOCIETY OF B.C. .... 604.585.6595

MENTAL PATIENT ASSOCIATION - Court Services ..... 604.572.2405

SURREY RCMP (non-emergency) ..... 604.599.0502

## COURT INFORMATION

NATIVE COURT WORKERS  
& COUNSELLING ASSOCIATION ..... 1.877.811.1190

SURREY CROWN COUNSEL OFFICE ..... 604.572.2360

SURREY FAMILY COURT ..... 604.572.2200

SURREY FAMILY JUSTICE CENTRE ..... 604.501.3100

SURREY PROVINCIAL COURT ..... 604.572.2200

SURREY SMALL CLAIMS COURT ..... 604.572.2200

SURREY SPECIALIZED VICTIMS' ASSISTANCE ..... 604.583.1295

VICTIM LINK BC  
BC Hate Crime Victim Info Line ..... 1.800.563.0808

VICTIMS SERVICES  
Delta ..... 604.940.5019  
Langley ..... 604.532.3200  
Surrey (R.C.M.P.) ..... 604.599.7600

## PROBATION OFFICES

DELTA/WEST FRASER  
8285 - 120 St ..... 604.501.3292

LANGLEY  
101 - 5755 Glover Rd ..... 604.532.3610

SURREY EAST  
#110 - 15955 Fraser Hwy ..... 604.501.3115

SURREY NORTH  
103, 10475 - 138 St ..... 604.586.4255

SURREY SOUTH/EAST  
100, 13545 - 64 Ave ..... 604.502.5330

## FINANCIAL INFORMATION

### HOUSING & SOCIAL DEVELOPMENT OFFICES

One number for all offices ..... 1.866.866.0800  
Fleetwood (V3S, V49, V4B & V4P)  
101, 16088 - 84 Ave., Surrey, B.C. V3T 4G1

Park Place (V4C, V4E & V3W)  
130, 13749 - 72 Ave., Surrey, B.C. V3W 2P2

Richmond (V4G, V4K, V4L & V4M)  
100 - 5760 Minoru Blvd.

Surrey North (V3T & V3V)  
100, 13650 - 102 Ave., Surrey, B.C. V3T 1N6

Whalley (V3R)  
101, 10095 - Whalley Blvd., Surrey, B.C. V3T 4G1

## FOOD SERVICES (cont'd)

SURREY FOOD BANK - Mon., Tues, Thurs, Fri (9am-1pm)  
10732 City Parkway, Surrey.....604.581.5443

SURREY FOOD BANK NEWTON/GREEN TIMBERS  
Green Timbers Covenant Church - Alternate Wed. (Noon - 2:00pm)  
14219 - 88 Ave., Surrey .....604.581.5443 Ext 110

### FREE MEALS

BREAD4LIFE.....604.589.8678  
10667 - 135A St., Surrey  
Free food daily, 7 days a week.

GRACEPOINT COMMUNITY CHURCH (Sunday, 5:00pm)  
3487 King George Blvd.....604.538.1825

HOLY TRINITY CATHEDRAL (Thur. 8am-9am Breakfast)  
514 Carnarvan St., New Westminster.....604.521.2511

KING'S BANQUET SOUP KITCHEN (Tues. 4pm - 6pm)  
15262 Pacific Ave., White Rock .....604.538.2533

NIGHTSHIFT STREET MINISTRIES SOCIETY  
10635 King George Blvd., Surrey .....604.953.1114  
.....nightshiftministries.org

QUEENS AVE. UNITED CHURCH (Wed. 11:30am - 1pm Lunch)  
Queens Ave. and Sixth St., New Westminster .....604.522.1606

CLOVERDALE COMMUNITY KITCHEN  
PACIFIC COMMUNITY CHURCH  
(Mon., 6:30 - 8:30; Wed., 6:30 - 8:30; Thur., 12 noon)  
5337 - 180 St., Surrey.....604.574.1725

SOUTH FRASER WOMEN'S SERVICES SOCIETY  
(Women & Children) Lunch Mon-Fri, 12 - 1:30 .....604.536.9611

THE SURREY URBAN MISSION  
10776 King George Blvd., Surrey .....604.581.5172  
Mon, Wed & Fri, Noon. Sat 9 - 11. Sun 5 - 6 (1<sup>st</sup> & 3<sup>rd</sup> Sunday/month)

UNION GOSPEL MISSION)  
658 Clarkson St., New Westminster  
Breakfast 8:30am - 9:30am, Soup 11:15 - 12 .....604.525.8989

The Corner Stone  
601 E. Hastings, Vancouver.....604.253.3323  
Mon - Fri: 6:30am - 9pm; Sat/Sun.: 1 - 9pm

## HOUSING SERVICES

### GENERAL

B.C. HOUSING MANAGEMENT COMMISSION .....604.525.3033

COMMUNITY HOUSING SERVICES  
Mon. - Fri. , 9 am - 5 pm (Closed 12 - 1 pm)  
13520 - 78 Ave., Surrey .....604.590.7368 (RENT)

KEKINOW NATIVE HOUSING SOCIETY  
#1014, 7445 - 132 St., Surrey .....604.591.5299

SENIORS SERVICES .....604.520.6621  
.....1.866.355.7042

### EMERGENCY HOUSING

AFTER HOURS EMERGENCY SERVICES .....604.660.3194

CLOVERDALE SHELTER .....604.574.4341

GATEWAY SHELTER.....604.589.7777

HYLAND HOUSE SHELTER (Men & Women).....604.599.8900

GUILDFORD .....604.587.4750

NEWTON.....604.592.2000

NORTH SURREY .....604.587.7900

SOUTH SURREY/WHITE ROCK .....604.542.4000

## MENTAL HEALTH SERVICES

ADOLESCENT CRISIS RESPONSE PROGRAM  
9634 King George Blvd., Surrey .....604.585.5561

CHILD & YOUTH  
MENTAL HEALTH .....604.951.5844 / 604.586.2685

DELTA MENTAL HEALTH CENTRE.....604.948.7010

LANGLEY MENTAL HEALTH CENTRE .....604.514.7940

MENTAL HEALTH & EDUCATION  
White Rock/South Surrey Branch .....604.536.2486

SURREY CENTRAL/NORTH MENTAL HEALTH CENTRE  
Gateway Station Tower, 11<sup>th</sup> Floor  
13410 - 108 Ave., Surrey .....604.953.4900

WHITE ROCK/SOUTH SURREY MENTAL HEALTH CENTRE  
15521 Russell Ave.,  
Russell Unit, Peace Arch Hospital, White Rock .....604.541.6844

## LOW COST DENTAL SERVICES

B.C. HEALTHY KIDS PROGRAM .....1.866.866.0800 #4

COLLEGE OF DENTAL SURGEONS  
Information Line .....604.736.3621

DENTAL OUTPATIENT CLINIC  
Vancouver General Hospital  
805 W. 12 Ave., Vancouver .....604.875.4006

DENTURE CLINIC  
Academy of Dentistry  
Burnaby .....604.434.2611

KEYS DENTAL CLINIC  
10697 - 135A St., Surrey.....604.545.4012

REACH DENTAL CLINIC  
1145 Commercial Drive, Vancouver .....604.589.8678 Ext.122

UBC DENTAL CLINIC .....604.822.2112

## OTHER HEALTH SERVICES

STI/Aids Testing & Counselling Clinic.....604.587.7900  
N. Surrey Public Health  
220 - 10362 King George Blvd.

HEALTH INSURANCE B.C.  
Medical Service Plan/Pharmacare .....604.683.7151

SURREY ASSOCIATION FOR COMMUNITY LIVING  
17687 - 56A Ave, Surrey .....604.574.7481

THE NEEDLE EXCHANGE  
10697 - 135A St., Surrey.....604.584.5845

SMH YOUTH CLINIC  
13750 - 96 Ave., Surrey .....604.585.5999

1.800 SEX SENSE LINE .....604.7317803

THE CARE CENTRE (Nightshift)  
10635 King George Blvd., Surrey .....604.953.1154

## CLOTHING, FURNITURE, HOUSEHOLD GOODS

### CHEAP CLOTHING, FURNITURE, HOUSEHOLD GOODS

SUPERFLUITY THRIFT SHOP 15163 Prospect Ave., White Rock.....	604.536.7744
MCC THRIFT STORE 10653 King George Blvd., Surrey .....	604.583.0465
OAK AVENUE MISSION - THE CLOTHES CLOSET (Tues. 10am - 2pm, Wed. 9:30am - 12:30pm, Thurs. 2 - 4pm) OAK AVENUE UNITED CHURCH 12740 - 102 Ave., Surrey .....	604.582.7088 Ext. 3
SALVATION ARMY THRIFT SHOP 1335 Johnston Road, White Rock..... 7155 - 138 St., Surrey .....	604.531.6494 778.590.0177
SISTERS MARKETPLACE NIGHTSHIFT 10635 King George Blvd., Surrey .....	604.953.1155
SOUTH FRASER WOMEN'S SERVICES SOCIETY (Clothing Exchange, women & children).....	604.536.9611
PENNY SAVER'S THRIFT SHOP 11961 - 82 Ave., Delta.....	604.501.2111
THE COMMUNITY THRIFT STORE 7138 King George Blvd., .....	604.599.9930
VALUE VILLAGE 6925 King George Blvd., Surrey .....	604.635.1341

## COUNSELLING, SUPPORT, INFORMATION

### GENERAL INFORMATION

GAY & LESBIAN HELP LINE .....	604.684.6869
HIV/AIDS CLINIC .....	604.660.7949
SETTLEMENT SERVICES (Settlement Services in: Chinese, Korean, Spanish, Arabic, Vietnamese and Somali) .....	604.572.4060
NIGHTSHIFT CARE CENTRE .....	604.953.1154
10635 King George Blvd., Surrey.	
SEXUAL ABUSE COUNSELLING CENTRE (age 3 - 18).....	604.584.5811
SURREY HOSPICE SOCIETY.....	604.583.7006
SURREY WOMEN'S CENTRE .....	604.583.1295
CREDIT COUNSELLING . .....	1.888.527.8999
S. FRASER WOMEN'S SERVICES SOCIETY .....	604.536.9611
SUICIDE PREVENTION, EDUCATION AND COUNSELLING (up to 18 years) .....	604.584.5811
SOUTH FRASER PREGNANCY OPTIONS #5, 13634 - 104 Ave., surrey.....	604.584.4490

### ADVOCACY

CHILD, YOUTH OFFICER OF B.C .....	1.800.476.3933
MENTAL HEALTH CONSUMER ADVOCACY .....	604.596.1880
OMBUDSMAN OF B.C.....	1.800.567.3247

SOURCES NEWTON RESOURCE CENTRE (NAGS) ...	604.596.2311
S. FRASER WOMEN'S SERVICES SOCIETY .....	604.536.9611

### ALCOHOL / DRUG PROGRAMS

ALCOHOL & DRUG INFO AND REFERRAL .....	604.660.9382
ALCOHOLICS ANONYMOUS (A.A. - 24 HR) .....	604.434.3933
AL.ANON/AL.ATEEN.....	604.688.1716
ASTRA PROGRAM (Teens) .....	604.592.6200
COCAINE ANONYMOUS (CA) .....	Pager 604.662.8500
CREEKSIDE .....	1.888.587.3755
13740 - 94A Ave., Surrey Detox.....	604.587.3755
Daytox.....	604.585.5610
EASY DOES IT RECOVERY CLUB .....	604.597.9912
NARCOTICS ANONYMOUS (NA - 24HR) .....	604.873.1018

### FAMILY SERVICES

ALEXANDRA NEIGHBOURHOOD HOUSE 15455 Vine Ave., White Rock.....	604.538.5060
DELTASSIST FAMILY COMMUNITY SERVICES 9097 - 120 St., Delta. ....	604.594.3455
LANGLEY COMMUNITY SERVICES SOCIETY 5339 - 207 St., Langley.....	604.534.7921
OPTIONS COMMUNITY SERVICES SOCIETY ADMIN: 9815 - 140 St., Surrey .....	604.584.5811
NEWTON OFFICE: 13520 - 78 Ave., Surrey .....	604.596.4321

SOURCES 882 Maple St., White Rock.....	604.531.6226
SALVATION ARMY COMMUNITY CHURCH 13474 - 96 Ave., Surrey .....	604.496.5172
DIVERSEcity COMMUNITY RESOURCES SOCIETY 13455 - 76 Ave., Surrey .....	604.597.0205
KEYS HOUSING AND HEALTH SOLUTIONS 10667 - 135A St., Surrey.....	604.589.8678
PACIFIC COMMUNITY RESOURCE SOCIETY .....	604.951.4821

### FIRST NATIONS SERVICES

CWENEGITAL ABORIGINAL SOCIETY 13632 - 110A Ave., Surrey .....	604.588.5029
FRASER REGION FRIENDSHIP CENTRE 6878 King George Blvd., Surrey .....	604.595.1170
METIS FAMILY SERVICES 13639 - 108 Ave., Surrey .....	604.584.6621
NATIVE COUNSELLING ASSOCIATION OF B.C.....	1.877.811.1190

### FOOD SERVICES

DJAEF MAHIER GROCERY (high protein food bank for residents in South Fraser area that are HIV+) 10697 - 135A St., Surrey.....	604.588.9004
FOOD BANK (White Rock/South Surrey).....	604.531.8168
SURREY/NORTH DELTA MEALS ON WHEELS.....	604.588.MEAL(6325)