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PSYCHOLOGICAL ASSESSMENT PATIENT-THERAPIST AGREEMENT FORM

If you have been, or if your child has been referred for psychological assessment/testing, the information below may be helpful in understanding what is involved during this process.

General Information:

Individuals are usually referred for assessment for a number of reasons. Some of these issues include little movement in treatment, a decline in functioning, or a complex and/or perplexing clinical case that requires very specific treatment planning. In such instances, clinical psychologists may be called upon to conduct an array of assessments based on the questions being asked by the referring physician or clinician. For example, some referring clinicians or doctors may have questions about one's the intellectual functioning and/or personality organization. A clearer understanding of personality and/or cognitive functioning can better inform treatment, prognosis and recommendations. Psychological assessment can also assist with diagnostic clarification.

Depending on the question(s) to be answered, psychological assessments vary in time as well as cost. Typically, a full battery of tests takes between 10 to 20 hours, depending on the question asked by the referring party. These hours include face-to-face contact with the patient, interviews with other parties (as needed) that may be able to contribute information, data analysis, and report writing.

Initially, I will send out a packet of information to you that I would like you to read and fill out and bring to the first meeting. Included in the packet is a release of information in order for me to discuss the case with the referring physician and/or therapist. If there are any other individuals that you believe would be beneficial for me to talk to in order to gain a better understanding, please let me know and I can provide you with additional releases.

Below is a typical scenario for psychological assessments*:

Service Provided	Length of Time Allotted
Meeting with parents	1 to 2 hours
(if client is a child/adolescent)	
Clinical interview with individual	1 hour
Psychological testing of individual	5 to 8 hours
Collateral, scoring of assessments and	5 to 10 hours
writing of report	
Feedback session with individual/family	1 hour

^{*} There are circumstances of more complex cases that may require additional time.

Signing this document will represent an agreement between us.

The fee for psychological assessments is \$170 per hour. Payment is expected at three separate intervals:

- 1) Following the clinical interview of individual and/or parents (fee for initial is \$180.00)
- 2) Following the psychological testing, and
- 3) At the feedback session.

Client: Print Name	Date	
Client: Signature	Date	
Parent/Guardian: Print Name (if applicable)	Date	
Parent/Guardian: Signature (if applicable)	Date	
Melinda S. Harper, Ph.D.	Date	