

Mount Vernon Council #5998 Knights of Columbus www.kofc5998.org



Potluck Dinner Honoring SK PGK Bud Powers Thursday, July 21, 2011, 6:00 PM 8592 Richmond Highway Alexandria, VA 22309

Council Meetings - First and Third Thursday 8592 Richmond Highway - Alexandria, VA 22309 Telephone: 703-360-1964

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The **deadline** for accepting articles and photos for the **August 2011** *KC Quote* will be **Wednesday, July 20th.** Articles received after that time, if still applicable, will appear in the **September 2011** *KC Quote*.

Calendar of Events July 2011

| Mon Jul 04: | Independence Day; Special Holiday BINGO beginning @ 1:00 PM |
|-------------|--|
| Thu Jul 07: | Council Business Meeting @ 8:00 PM; Rosary @ 8:45 PM |
| Sat Jul 09: | State Meeting in Newport News |
| Mon Jul 11: | e |
| Sun Jul 17: | Ŭ I |
| | the 7:30, 9:00 and 10:30 AM Masses |
| Sun Jul 17: | Annual Ladies' Luncheon @ 2:00 PM in the Lounge |
| Tue Jul 19: | Italian Night Planning Meeting @ 7:30 PM |
| Thu Jul 21: | Third Thursday Potluck @ 6:00 PM Honoring SK PGK Bud Powers |
| Thu Jul 28: | Council Officers' Meeting @ 7:30 |
| Sun Jul 31: | Council Officer Installation @ 3:00 PM |



Disclaimer: Any article appearing in this newsletter is strictly the opinion of the author and does not reflect the views or official position of Mount Vernon Council or of the Virginia Knights of Columbus.

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The *KC Quote* is published as a periodical, once a month, 12 times a year. It is published solely as a newsletter for the benefit of the members, their families, and friends of Mount Vernon Council #5998, Knights of Columbus.

Grand Knight's Message



SK FN GK Rich Risdon Grand Knight

Brothers,

I would like to start by thanking my wife Judy for her backing me all these years while I moved up the different offices I have held. It is an honor and a privilege to have been elected as your Grand Knight for the 2011-2012 Fraternal Year. Not bad for a guy that spent the first half of his life as a Baptist. When I was in my second year of Military High School, I was able to get out of room inspections by going to 10:00 AM Mass at the local Catholic Church. Then, in late 1976 I meet Judy and she and I would go to 5:00 PM Mass at St. Mary's Church in Old Town. After we were married at St. Mary's in September 1977, I started to convert to Catholicism and the second Easter, I joined the Catholic Church. In 1979 my father-in-law, who was very active in the Knights of Columbus in Annandale, got me interested in the Knights of Columbus but, before I could join. he passed. Later that year, I joined the Knights of Columbus and worked my way up the different degrees; however, because I was working for Coca Cola at the time and getting up at 3:30 AM, I had to withdraw from the Council and Assembly. Then, in 2007 with the help of SK PGK Tom Fahey. I joined the Mt. Vernon Council.

Judy and I have four children and six grandchildren. Our oldest is Julie and her husband, Carlos, and their children — Owen and Eli — live in North Potomac, MD. Next are Walter, his wife Karen, and their children — Ruby and Dylan — who live in Woodbridge, VA. Jean, her husband Ryan, and their children — Gracie and Lillie — live in Kearneysville, WV. Most of you all know Joey from the BINGO Snack Bar and working at Special Events around the Council. This year, he is a senior at TC Williams High School.

As all of you know, Charity is the First Principle of our Order. So Please: **Please** find some time in your schedules to spend a few hours a month working at one of our events. Our Wednesday and Friday BINGOs are the biggest fundraisers we hold. We need a lot of HELP in either the Snack Bar or working the Floor. Bring your whole Family and enjoy yourselves working these events. If you would like to work BINGO, please contact either our BINGO or Snack Bar Manager for more details. Our first BIG BINGO event this Fraternal Year will be our Independence Day BINGO from 1:00 - 9:00 PM. WE NEED A LOT OF HELP on this event and it's a great way to spend the 4th of July.

There are other events all year long that need YOUR help. For Example: A Salute to America Dinner & Dance; the Soccer Shoot Out; the bi-annual Italian Night; the Children's Halloween Party; and, the Thanksgiving Day Meal Delivery, just to name a few. I will have more details on these and other events in my future messages. But take it from me: it's a lot of fun and gives us the opportunity to get to know our Brothers and their Families.

Last but not least, I believe that the members of the Council makes the Council; it is not the Officers, so please get involved in your Council and attend the monthly meeting and know what your Council is doing. I believe that the Members of Mt. Vernon Council make Mt. Vernon Council what it is and always it will be A LEADER in the community.

In closing, I would like to thank SK PGK Bud Powers for his guidance and leadership of our Council last year. Be sure to join us on July 21st for our Potluck Social Meeting, where the theme will be — back by popular demand — "He's Past, He's Grand, But is He Worthy?" Hope to see you all there, on July 21st!

Vivat Jesus!

Richard Risdon Grand Knight

President's Message



SK PGK Bud Powers President Mount Vernon K of C Club, Inc.

Thanks to all members of the Corporation who attended our annual meeting on June 9th where SK Jim Bona, SK Larry Dietrick and I were elected to the Board of Directors. The budget for the next fraternal year also was approved.

The entire Corporation thanks SK PGK Peter Butler, our outgoing President, for his leadership, counsel, and dedication during the past year and for the many years that he has served our Corporation and Council. Thanks to last year's Board of Directors for their service and accomplishments in upgrading our BINGO computer system, developing and executing contracts for our maintenance needs, and raising and distributing \$170,000 to various 501C charities.

I am honored to become your president and look forward to working with our Board of Directors to improve our BINGO Operations and manage the Corporation assets. Please send me any comments or suggestions that you may have for improving our Corporation and Columbian Hall.

SK PGK Bud Powers President

Congratulations to the three new members elected to the Board for the coming year. Also to Bud Powers on his election to President and to his officers.

I would like to extend my thanks and appreciation to the Board of 2010-2011 for their support and professionalism.

SLAN GO FOILLE!

SK PGK Peter J. Butler President, 2010-2011



SK PGK Peter J. Butler President Mount Vernon K of C Club, Inc. 2010-2011

Chaplain's Corner



Rev SK Richard Mullins

Dear Brother Knights,

For all of us, in one way or another, July is a time of relaxation and rest. The July Fourth weekend adds a holiday in what tends to be a naturally slow month. It is right and fitting to be able to take time to recreate which, when we look at the word, means to "re-create."

When we rest we are able to "re-create" and so to make ourselves whole again.

An important part of the work of recreation is taking the time to pray so to rest in the Lord. He tells us in the eleventh chapter of St. Matthew's Gospel: "Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."

May this summer season be for each one of us a time to recreate and to rest in the Lord!

Vivat lesus,

Father Mullins



Ladies' Corner

Dear Ladies,

Here we go again. I would like to thank Paula and all of the ladies (and their Knights) who helped with all of last year's activities. As you know, the Knights of Columbus (This Wonderful Fraternal Organization) NEEDS our Support. Please come to any of our events. We welcome ALL of the Ladies and we need your help as well.

At 10:00 AM the morning of an event, we come and we decorate the Hall; so, please come and bring your ideas. Bring your family, friends and neighbors to our parties and events; even our Grown Children can enjoy these too.

Our Annual Ladies Luncheon will be held on **July 17th at 2:00 PM** in the Lounge. SAVE THE DATE!! Hope to See **ALL** of you there. Let's have another Great Year.

God Bless!

Judy

Knight of the Month June 2011



SK Marvin E. Spychaj

For the month of July 2011, I would like to announce that SK Marvin Spychaj is my choice for Knight of the Month. As long as I can remember me being around the Council, I always seem to run into Marvin; he's everywhere! I really don't think he goes home, but I know he does because I have not seen a bed at the Council.

Some of Marvin's accolades are: He is editor and publisher of the KC Quote, our monthly newsletter. For this past year 2010-2011, the Quote was named Best Newsletter for a Large Council in the state of Virginia. He also has added to his resume around the Council as editor and publisher of numerous special event publications like World Day of Prayer for Peace Mass at St. Louis Catholic Church; A Salute to America on September 11, 2010; the Annual Mass of Remembrance, and the Past Grand Knight Dinner Program, to name a few. He serves as Official Council photographer for all of our Council events. He is the Cook and meal planner for numerous Council events including BINGO, pot luck dinners and Polish Night and the purchaser of items needed for the Snack Bar and kitchen.

Marvin Joined the Knights of Columbus in 2006, took his 2nd and 3rd Degrees in 2007 and joined the 4th Degree in the spring of 2008. In 2009 Marvin Spychaj was named *Knight of the Year* by then Grand Knight Tom Fahey. Marvin also served two terms as Council Lecturer from 2008 - 2010.

Some of the other outside activities that Marvin undertakes is in his home parish of St. Louis where he is a Cantor in the Parish Choir; an altar server at the Holy Sacrifice of the Mass on weekdays; a member of the pastoral council; and, the spokesman for the Foundation for the Future Capital Campaign Committee. He also administers St. Louis' monthly food drive for United Community Ministries (UCM). As if the above is not enough, he also serves the community by volunteering on a weekly basis to distribute food items to various nonprofit organizations in the Mount Vernon area though another St. Louis Ministry, Bread for Our Brothers, which is headed up SK FDD PFN PGK Jim McCracken and Marvin's original sponsor.

Congratulations Marvin and thank you for your dedication to the Knights of Columbus. May God continue to Bless You!



Family of the Month June 2011



SK PGK Byron (Bud) and Paula **Powers**

This month — as is our tradition — we salute our immediate Past Grand Knight, SK Byron (Bud) Powers, and his wife, Paula, as Family of the Month.

Bud was born in Salem, New Jersey. His mother was a school teacher and his father worked for DuPont; he also served as a Methodist Lay Minister. Bud attended the US Naval Academy in Annapolis, MD, graduating in 1960 and beginning a career in naval aviation that spanned 30 years, retiring with the rank of Captain. It also was at Annapolis where Bud converted to Roman Catholicism and where he met his wife of 50+ years, Paula, a native of Dallas, Texas. A flight attendant with Braniff Airlines at the time, Paula met Bud on a blind date at a pep rally before a Navy-Army game. After the Navy, Bud went on to work for 13 years with BDM/TRM, retiring In addition to Sheryl, Bud and Paula have four sons as Director of Information Technology.

Bud joined the Knights of Columbus in February 2007. Later that year, he completed his 2nd Degree in June and his 3rd Degree in September. He became a member of the 4th Degree in May 2008. Prior to his election as Grand Knight, Bud served as Chancellor (2008-2009) — with ancillary responsibility for Vocations, KCIC and KOVAR and Deputy Grand Knight (2009-2010). He also has served as Chairman of the Good Shepherd Roundtable and has worked both the Snack Bar and BINGO Operations — where he currently is a manager.

Mount Vernon Council hosted a series of traditional events and activities to include the biannual Polish Night; the Annual St. Patrick's Day Dinner & Dance; the Annual March for Life; and, the Annual Statewide KOVAR Campaign. Two new - and hopefully recurring — events highlighted Bud's tenure: The World Day of Prayer for Peace which commemorated the tragedy of 9-11 — and A Salute to America — which honored our military veterans. However, the program which Bud was most instrumental in "making happen" this past fraternal year was the Virginia State Council Virgin Pilgrim Rosarv Program. Bud set a goal of 19.800 rosaries to be prayed by our Council during the year. By year's end, our Council had prayed more than 20,000 rosaries — exceeding our original goal and resulting in our Council being named a Marian Council at the annual state convention in April.

A good portion of that effort rested with Paula, who hosted a monthly rosary at the Powers' home for the ladies of the Council. For her part, Paula has worked tirelessly all year long coordinating the work of our ladies — be it decorating the hall for various events like Polish Night and St. Patrick's Day; helping run the Children's Halloween and Christmas Parties; or raising the awareness of PRO-LIFE issues by hosting a luncheon for AAA Women for Choice & MaRih House. Paula also found time to work BINGO every other Friday. After the Powers' sixth child was born (see below), Paula went back to college at night, earned an Associate Degree in Nursing and became a Registered Nurse, working in hospitals for seven years. After she and Bud moved to northern Virginia, she obtained her real estate license, joined Long & Foster Realtors, and currently sells real estate with their daughter, Sheryl, as the Powers Team Realtors.

--- Wayne, Stephen, Greg and Mike – and one other daughter — Michelle — and 22 grandchildren. Three sons followed their dad's footsteps and became Navy pilots. Two now fly for American Airlines. Stephen is a member of Council # 10947, while sons-in-law Patrick Sweeney and Dave Vermont are members of Councils # 4522 and #5998, respectively.

Thank you Bud & Paula for your outstanding contributions to the Mount Vernon Council.

Under Bud's leadership as Grand Knight, the

May God continue to bless you and your family!

District Deputy's Corner

Worthy Brothers of District 13 -

I commend our 1,100 members on a tremendous year! Demonstrating charity, unity, fraternity, and patriotism, we made a difference in our parishes, communities, and around the world. Thank you to the officers and service program directors whose term recently finished for your selfless efforts and leadership. I congratulate the newly selected teams and look forward to helping you achieve all that is possible. My membership in the Knights spans 25 years and have served in all the major positions, so I bring experience to aid us in moving the Order forward. Our district has been blessed over the years with deputies such as Dan D'Agostino, Al Anderson, Steve Burnley, and John Lawless. These extremely dedicated and righteous men have left a proud legacy that I am honored to continue. I was indeed humbled when, at the time, State Deputy-elect Ron Gorman asked me to join the Virginia staff in "Living the Faith, the Love, and the Dream" during fraternal year 2011-2012. It is also my pleasure to announce that PGK and PFN Patrick Birello accepted my invitation to become our district warden. Your greatest success will be realized if all of you are united and committed in your actions, and trust in the Lord. I hope your July 4th celebration will be enjoyable and you've planned some additional family fun this summer. I look forward to working with you this year and attending some of your activities.

Fraternally and Respectfully, Carter Barrett, 2PGK District Deputy



Prayer List

The following Brothers, relatives and close friends are in need of your prayers. Please pray for them and the other personal intentions of our Brother Knights. If you would like someone -- a brother Knight, a family member, or a friend -- to be placed on the Prayer List, please contact the editor of the *KC Quote*, SK Marvin Spychaj, at 703-380-2970 or via E-mail at marvinspychaj@msn.com.

Rose Marie Barckhoff (Wife of Brother Ron Barckhoff) SK Frank Begovich SK PFN PGK Richard (Dick) Bowman) SK PFN PGK Jim Dunn Alide Gianotto (Mother-in-law of SK PGK Ernie Graves) SK Ray High Brother David Hsu Leslie Kayanan (Brother of SK Paul Kayanan) Rupera Kayanan (Mother of SK Paul Kayanan) Marti Kelly (Widow of SK PGK Walter H. Kelly, Jr.) SK Robert Kleinworth III 1Lt Brian Larson, USAF (Grandson of Brother Rich Koslow) Theresa Lattanzio (Sister-in-Law of Brother Ron Barckhoff **Brother David Lohman** Raymond Matthews (Friend of SK Mike Guignard) Josette McCabe (Mother of SK Kerry McCabe) Cdr Kathy McCabe, USNR (Wife of SK Kerry McCabe) SK Bill McCarthy (State Deputy) SK PGK Leo McCormick, Jr. Leo McCormick, Sr., (Father of SK PGK Leo McCormick, Jr. Carol McCracken (Sister-in-law of SK PGK Jim McCracken) Jim McCracken, Sr. (Father of SK PGK Jim McCracken) Tom McCracken (Brother of SK PGK Jim McCracken) Shirley McVicker (Mother of SK Eric McVicker) SK Paul Mehler Elizabeth "Betsy" Niezgoda (Wife of SK Steve Niezgoda) SK Steve Niezgoda Nicholas Novack (Son of Brother Ross Novack) Wes Paulus (Brother-in-Law of Brother Rich Koslow) **Rev Paul Richardson** Mary Riffel (Sister of SK Dan Rinzel) Ann Sammartino (Widow of SK Frank Sammartino) Claire Satta (Widow of SK Frank Satta) SK Thomas Sklopan Lillian Srednicki (Widow of SK Ed Srednicki) Sally Steele (Daughter of SK David & Magda Holmes) Yvonne Valdez (Sister of SK Victor Perez) SK Edwin (Jim) Williams







On Behalf of Council 5998, To Those Who Were Born In July, May Your Birthday Be Blessed!

| Name | Date |
|------------------------|--------|
| Michael J. Guignard | 1 |
| John R. Dobbyn Jr. | 2 |
| Keith W. Kettell | 2 |
| Emmanuel Mpfayokurera | 2 |
| Richard S. Niemiec | 2 3 |
| Frank S. Cina | 3 |
| Manuel D. Garcia Jr. | 3 |
| William Forkba | 4 |
| John G. Schmalz | 4 |
| Richard C. Bowman | 5 |
| Luigi Picciano | 6 |
| Daniel E. Callahan | 8 |
| David A. Gonzalez | 8 |
| Eduardo A. Vilela | 10 |
| Brian T. Whalen | 10 |
| Lawrence W. Belle Isle | 11 |
| Edward W. Gemperline | 12 |
| Gregory M. Guignard | 12 |
| Eric W. McVicker | 12 |
| Enrique Trigoso | 12 |
| Charles M. James | 14 |
| Kenneth H. Falke | 15 |
| Edward L. Nellson | 15 |
| Hunter D. Lohman | 17 |
| Stephen J. Niezgoda | 17 |
| John K. Schmitt | 17 |
| Stewart E. Reed Jr. | 18 |
| Marvin E. Spychaj | 19 |
| Christopher J. Britt | 21 |
| George T. McNamara | 21 |
| Kerry A. McCabe | 23 |
| Joel J. Re | 24 |
| Walter John Blair III | 28 |
| Peter J. Butler Sr. | 28 |
| H. Kenneth Wakeham | 31 |

"Each one of you has received a special grace, so like good stewards responsible for all of these different graces of God, put yourselves at the service of others."

<u>Council Directory</u> Fraternal Year 2010-2011

| Grand Knight | | Program Director | |
|---|--------------|--|--------------|
| SK FN GK Richard Risdon | 571-244-3645 | SK PGK Herbert (Ray) Duff | 703-780-1822 |
| Chaplain | | | |
| Rev SK Richard Mullins | 703-765-4421 | Church Director | |
| Deputy Grand Knight | | SK PGK Byron (Bud) Powers | 703-407-1648 |
| SK PGK Herbert (Ray) Duff | 703-780-1822 | Good Shepherd Roundtable SK PGK Ray Duff | 703-780-1822 |
| Chancellor | | St. Louis Roundtable | 100 100 1022 |
| SK Jay Landreth | 571-218-8073 | SK FDD PGK John Lawless | 703-924-2525 |
| Financial Secretary | 702 040 0700 | Vocations | |
| SK PFN PGK Paul Townsend Recorder | 703-619-9796 | SK Jay Landreth | 571-218-8073 |
| SK Michael Murphy | 703-751-5452 | Community Director | |
| Warden | 100 101 0402 | SK PFN PGK Jim McCracken | 703-960-4546 |
| SK Christopher O'Connor | 703-780-0167 | PRO-LIFE | |
| Treasurer | | SK Michael Guignard | 703-922-6584 |
| Tim McCauley | 703-922-7149 | KOVAR | 700 000 4540 |
| Lecturer | | SK PFN PGK Jim McCracken KCIC | 703-960-4546 |
| Lawrence D. Miller | 703-931-4828 | SK Jay Landreth | 571-218-8073 |
| Advocate | | | 0112100010 |
| Thomas Kaiser | 678-908-6659 | Council Director | |
| Outside Guard 1 | | SK PGK Ernie Graves | 703-569-8756 |
| Richard Hayden | 703-799-2646 | Publication& Public Relations | 700 700 0400 |
| Outside Guard 2 | 700 705 0054 | KC Quote - SK Marvin Spychaj Webmaster - SK PFN PGK | 703-780-3498 |
| SK Eric McVicker | 703-765-6251 | Jim McCracken | 703-960-4546 |
| Inside Guard Brian McNicoll | 703-395-4337 | Bowling | |
| | 103-395-4331 | Vacant | |
| Trustees | | Bar | |
| 3 Year - SK PGK Byron (Bud) Powers | | SK Jim "Bones" Bona | 703-799-4158 |
| 703-407-1648 | | SK John Karpovich | 703-255-3053 |
| 2 Year - SK PFN PGK Jim Reilly | | Family & Youth Director | |
| 703-960-4249 | - | SK PGK Tom Fahey | 571-233-9048 |
| 1 Year - SK PGK Tom Fahey | | Soccer Chris O'Connor | 703-780-0167 |
| 571-233-9048 | | Chess Vacant | |
| | | Free Throw Vacant | |
| Insurance Field Agent | | Membership Director | |
| SK Dan Garrigan | 703-494-0967 | SK Chris O'Connor | 703-780-0167 |
| 1at Dearse Team Cantain | | 1st to 3rd | |
| 1st Degree Team Captain John J. Daly | 703-360-5812 | Committee - Tom Kaiser | 678-908-6659 |
| John J. Daiy | 103-300-3012 | | |
| Snack Bar Manager | | Memorials Director | E17 010 0070 |
| SK Jay Landreth | 571-218-8073 | SK Jay Landreth | 517-218-8073 |
| | | | |

Mount Vernon K of C Club, Inc.

Officers & Directors

| BOARD CHAIRMAN | | | | |
|---------------------------|--------------|--|--|--|
| SK FN GK Richard Risdon | 571-244-3645 | | | |
| PRESIDENT | | | | |
| SK GK Byron (Bud) Powers | 703-407-1648 | | | |
| VICE PRESIDENT | | | | |
| SK Daniel (Dan) Rinzel | 703-360-4627 | | | |
| SECRETARY | | | | |
| SK Michael Guignard | 703-922-6584 | | | |
| TREASURER | | | | |
| SK PGK Herbert (Ray) Duff | 703-780-1822 | | | |
| ASSISTANT TREASURER | | | | |
| SK Jim (Bones) Bona | 703-799-4158 | | | |
| DIRECTORS | | | | |
| SK PGK Peter J. Butler | 703-780-4046 | | | |
| SK Larry Dietrick | 703-799-4193 | | | |
| SK Richard Niemiec | 703-780-8425 | | | |
| SK PFN PGK Jim Reilly | 703-960-4249 | | | |
| | | | | |

Committee Chairmen

| AUDIT | | | |
|----------------------------|----------------|--|--|
| SK PFN PGK Don Logeais | 703-799-2532 | | |
| BINGO | | | |
| SK Larry Dietrick | 703-799-4193 | | |
| BUDGET & FINANCE | | | |
| SK PGK Herbert (Ray) Duff | 703-780-1822 | | |
| BY LAWS | | | |
| SK Daniel (Dan) Rinzel | 703-360-4627 | | |
| CHARITY | | | |
| SK PGK Paul Townsend III | 703-619-9796 | | |
| CONSTRUCTION | | | |
| SK Joseph (Joe) Selby | 703-765-4061 | | |
| CREDENTIALS | | | |
| SK PFN PGK Jim Reilly | 703-960-4249 | | |
| FACILITY MGMT & OPERATIONS | | | |
| SK PGK Ernie Graves | 703-569-8756 | | |
| SK Joseph (Joe) Selby | 703-765-4061 | | |
| LONG RANGE PLANNING | | | |
| SK PFN PGK Jim McCracke | n 703-960-4546 | | |
| NOMINATIONS | | | |
| SK PGK Thomas Fahey | 571-233-9048 | | |

FACILITIES/BUSINESS ADMINISTRATOR

Eve Dellett Phone: 703-360-1964 Ext 1 FAX: 703-360-2457 E-mail: MvkcClub@verizon.net Business Hours: 9 AM - 5 PM, Wed - Fri

HOSPITALITY MANAGER/ SPECIAL EVENTS COORDINATOR Mary Katherine Tyler (Cell) 571-233-9855 (O) 703-360-1964 Ext 2

Prayer for the Canonization of Venerable Servant of God Father Michael J. McGivney



Fr. Michael J. McGivney

God, our Father, protector of the poor and defender of the widow and orphan, you called your priest, Father Michael J. McGivney, to be an apostle of Christian family life and to lead the young to the generous service of their neighbor. Through the example of his life and virtue may we follow your Son, Jesus Christ, more closely, fulfilling his commandment of charity and building up his Body which is the Church. Let the inspiration of your servant prompt us to greater confidence in your love so that we may continue his work of caring for the needy and the outcast. We humbly ask that you glorify your servant Father Michael J. McGivney on earth according to the design of your holy will. Through his intercession, grant the favor I now present (here make your request). Through Christ Our Lord. Amen.

Thanks for Your Dedication and Hard Work!!!

We have completed the 2010-2011 Fraternal Year with many accomplishments. We planned and executed all of the required programs so we could achieve the State Deputy Award and, hopefully, the Columbian Award. With our BINGO proceeds, we were able to donate over \$200,000 to KOVAR, KCIC, and our many charities.

Our Deputy Grand Knight SK Richard Risdon directed the various committee chairs, was always present at every event, and distributed the many e-mails to keep our Council members informed. Richard, I couldn't have asked for a better Deputy! Thanks to you and Judy for all your hard work, dedication, and support.

This year we were privileged to have Father Richard Mullins agree to be our Chaplain. We thank you Father Mullins for your spiritual guidance and tremendous support of our Council. We enjoyed your presence!

Our Family and Youth Director was SK PGK Tom Fahey. Tom managed our new activity — "A Salute to America" -- and made it a terrific program that may continue for years to come. He also directed the Children's Halloween Party, the Children's Christmas Party, the Free Throw Contest, the Soccer Shoot Out, and the Young Man and Woman of the Year competition. Tom also managed time to work all the Good Shepherd pancake breakfasts and manage International Festival, Christmas, and Easter Parking. Tom was always there when I needed anyone for anything – fish fries, snack bar, manage a meal. He did it all and I can't thank you enough!

I was really honored to have SK FDD PFN PGK Paul Townsend agree to be our Financial Secretary. He helped keep me straight, was a constant advisor, and kept all our financial records. Thanks also to Tim McCauley, our Treasurer and SK PGK Ray Duff, our Recorder, for their counsel and hard work.

Our Church Director, SK PGK Peter Butler led our parish Round Tables. The St. Louis Round Table Coordinator was SK PFN Lee Wallis and Good Shepherd was led by SK PGK Ray Duff. These men were key to our winning the State's Keep Christ in Christmas award, coordinating our Church activities and the monthly pancake breakfasts. SK FDD PGK PFN Jim McCracken was our very busy Community Director. He managed the Thanksgiving Dinner distribution to over 80 needy families and shelters. He directed the efforts for the 40 Days for Life Dinner, the March for Life Mass - breakfast, dinner and busses -- and still had time to deliver his Bread for Our Brothers. Council Director SK PGK Ernie Graves setup the Communion Breakfasts, managed the Super Bowl Party, sent welcome letters to all new Knights, and -- along with SK Joe Selby -- maintained our Hall.

Thanks also to our Membership Director Tom Kaiser for moving our new members though the degrees and arranging for the Membership Blitzes at both Churches. SK Jay Landreth, our Memorials Director, directed a beautiful Memorial Mass and sent the family of each deceased brother a Mass card. He also managed the Snack Bar for BINGO. Thanks to our other officers John Daly, Lawrence Miller, SK Mike Murphy, Jim Barbara, and SK Eric McVicker for your support and assistance. Thanks also to SK Mike Guignard for producing his monthly PRO-LIFE article, to SK Richard Niemiec for managing the ever popular Polish Night Party, to SK PGK Peter Butler for the spectacular St. Patrick's Day Party, and to SK Larry Dietrick for managing BINGO and working tirelessly on it. Our Quote editor, SK Marvin Spychaj, finally got his overdue award for producing the Best Newsletter in the State. Terrific job Marvin!!!

A Special Thanks to all the ladies who always were working behind the scenes to make our events memorable.

Of course my biggest THANK YOU to my Grand Lady, Paula. I couldn't have done it without you!!

Thanks to God and to all of you for the Great Year! I was honored to be your Grand Knight!

SK PGK Bud Powers



The Running of the Silver Rose 2011

For 50 years, the Knights of Columbus has sponsored the Our Lady of Guadalupe Silver Rose Program to honor the Blessed Virgin under her title of Our Lady of Guadalupe, Patroness of America. The purpose of the running of the Silver Rose is to honor our Lady of Guadalupe and to reaffirm our commitment to the sanctity of life.

Starting in May, three silver roses left Ontario, Canada, and will traverse the United States by a Western, Central and Eastern route. In November, all three roses will meet in Laredo, Texas, to travel over the International Bridge and be handed over to Knights from Monterey, Mexico.

The Eastern Rose will be traveling through the Commonwealth of Virginia July 26 through August 16. I have contacted the Church Activities Chairman for the Virginia State Council and requested that both of our parishes have the opportunity to host the rose.

At the time of the writing of this article, I had no more information to pass on. I hope to have more information in the August *KC Quote*. *SK FN GK Richard Risdon*



Volunteers Needed to Feed the Hungry!!

Bread for Our Brothers, a ministry of Saint Louis Catholic Church, is seeking additional volunteers to deliver bread and other bakery products to an over growing number of food pantries, soup kitchens, shelters and churches in the Mount Vernon/Alexandria area. If you have a few hours to spare each week and are interested in helping feed the hungry, please contact

SK FDD PFN PGK Jim McCracken @ 703-593-4546.

Potomac Assembly # 2204 Upcoming Events

| Monday, July 04, 2011 | Independence Day | |
|-------------------------|--|---------|
| Tuesday, July 05, 2011 | Annual Audit | 7:00 PM |
| Monday, July 18, 2011 | Officer's Calendar Planning Meeting | 7:30 PM |
| Monday, July 25, 2011 | Business Meeting | 8:00 PM |
| Monday, August 22, 2011 | Officer's Meeting | 7:00 PM |
| Monday, August 22, 2011 | Installation of Officers | 7:30 PM |

Attention all Sir Knights of the Potomac Assembly

I will be publishing NAVLOGs this Fraternal Year -- July 2011thru June 2012 and will make these available via email addresses that I have on file. I will be having a limited number of hard copies available for distribution at our meetings for those that do not have access to a computer and email accounts. Unfortunately, our limited budget for the Assembly does not allow printing and mailing to our members. If you have a computer and an email account, please contact me by email

(<u>Richard.Risdon1@Verizon.net</u>) to add your name to the regular distribution.

Fraternally, Richard Risdon, FN Potomac Assembly # 2204 703-683-1282 (Home) 571-244-4645 (Cell) Richard.Risdon1@verizon.net



Good Shepherd Roundtable Pancake Breakfast



Sunday, July 17, 2011

Good Shepherd Catholic Church (Creeden Hall) after the 7:30 AM, 9:00 AM & 10:30 AM Masses

Please Join Us For

A Potluck Dinner Honoring

SK PGK Bud Powers



Thursday, July 21, 2011 Meet & Greet 6:00 - 6:30 PM Dinner 6:30 - 7:30 PM Program 7:30 - 8:00 PM Social Hour: 8:00 - 9:00 PM He's Past,

He's Grand,

But is He Worthy?

Mount Vernon Knights of Columbus Columbian Hall 8592 Richmond Highway Alexandria, VA 22309

<u>The Council will provide the entrée (bratwurst)</u>. Guests with last names beginning with A-M, please bring a dessert; guests with last names beginning with N-Z, please bring a side or a salad. If you are planning to attend, *please call the Council at 703-360-1964 NLT Wednesday, July 20th,* so we know how much brat we need to cook.

2011-2012 Mount Vernon Council Officers Elected on June 2nd

Installation Planned for July 31st

Mount Vernon Council # 5998 held its election of officers for the Columbian Year 2011-2012 on Thursday, June 2, 2011. The new officers and their positions are depicted in the photo below.

Installation of Officers for the Columbian Year 2011-2012 will be conducted by DD Carter Barrett on Sunday July 31, 2011, at 3:00 PM in the Mount Vernon Council Hall. **Dress is coat** *and tie for gentlemen and appropriate attire for women*. Please arrive no later than 2:30 PM for any instructions. Light refreshments to follow after the Installation. All Members, their spouses, and friends of the Mount Vernon Council are invited to attend this event! If you plan to attend, please call the Council at 703-360-1964 NLT Friday, July 29th.



<u>Mount Vernon Council # 5998 Officers 2011-2012.</u> Front Row (L-R) Tim McCauley (Treasurer); SK PGK Ray Duff (Deputy Grand Knight); SK Richard Risdon (Grand Knight); SK Jay Landreth (Chancellor); SK Eric McVicker (Outside Guard 2); Back Row (L-R) SK Michael Murphy (Recorder); SK FDD PFN PGK Paul Townsend III (Financial Secretary); Brian McNicoll (Inside Guard); SK Christopher O'Connor (Warden). Not pictured: Lawrence Miller (Lecturer); Thomas Kaiser (Advocate); Richard Hayden (Outside Guard 1)

World Day of Prayer for Peace September 11, 2011





To commemorate the tragedy of September 11, 2001 with dignity and hope, the Knights of Columbus Supreme Council — at its 122nd annual meeting in 2004 — resolved that September 11th be observed each year as a World Day of Prayer for Peace. This day seeks to unite Knights, Catholics and all people of good will regardless of their religious faith — in prayer for peace.

In observance of World Day of Prayer for Peace, Mount Vernon Council # 5998 and Potomac Assembly # 2204 will sponsor a Mass at St. Louis Catholic Church, 2907 Popkins Lane, Alexandria, VA 22306 on Sunday, September 11, 2011, at 10:30 AM.

At the conclusion of the Mass, a Rosary, invoking the name of Mary, Queen of the Knights, will be recited.

A pancake breakfast hosted by the St. Louis Roundtable will follow in McClunn Hall.

Please plan to attend this most special morning of prayer honoring the victims of 9-11 and paying tribute to our local first responders and to the men and women in our country's armed forces.

"The World Day of Prayer for Peace will bring to the world the Church's message of peace and reconciliation, so that religion will always be a cause for mutual respect and harmony, and never for violence or hatred...In a special way, we remember the brave men and women of the military who work tirelessly, even to the point of sacrificing their own lives, to bring about true peace rooted in justice. "

Supreme Knight Carl Anderson

Supreme Court Rejects Latest Challenge to "Under God" in Pledge of Allegiance

Knights of Columbus waged successful defense on East and West Coast cases



The United States Supreme Court has refused to hear an appeal of a lawsuit challenging the constitutionality of the Pledge of Allegiance, thus ending a seven year battle involving two separate cases, one originating in California and the other in New Hampshire. The Knights of Columbus, represented by the Becket Fund for Religious Liberty, played a key role in defending the Pledge as a "defendant intervenor" in both cases.

"The Knights of Columbus is proud to have played a major role in successfully defending the constitutionality of the words 'under God' in the Pledge of Allegiance," Supreme Knight Carl A. Anderson said. "We were instrumental in persuading Congress to add those words to the Pledge in 1954, and they express a fundamental belief that we have held as a nation since our founding, that we 'are endowed by our creator with certain unalienable rights.' The notion that this somehow violates the First Amendment has now been soundly rejected by both the First and Ninth Circuit Courts of Appeal, and the Supreme Court has now allowed both decisions to stand. It is a victory for common sense."

The Ninth Circuit upheld the constitutionality of the Pledge in March 2010 and the Supreme Court refused to hear an appeal of the California case in March 2011. The First Circuit upheld the constitutionality of the Pledge in November 2010 and the Supreme Court denied certiorari in that case yesterday, June 13, 2011.



A Salute to America **Dinner Dance** Saturday, September 17, 2011



Mount Vernon Knights of Columbus Columbian Hall 8592 Richmond Highway Alexandria, VA 22309

Meet & Greet: 6:00 PM Posting of Colors & Dinner: 6:30 PM Celebrating Our Church, Our Country, Our Council: 7:30 PM A Salute to Active Duty Personnel and Veterans: 8:30 PM Dancing to the Sounds of 'Swing Command': 9:00-11:30 PM

Tickets are \$15.00 per person, (12 years or older) or \$35.00 per family.

Babysitting will be provided. Widows are guests of the Council but must make a reservation.

Please make your reservation by September 14, 2011.

Tickets may be picked up the evening of the event.

Name: _____

Address:

Phone:

Please register your Active Duty Personnel and/Veteran for this event:

Name:

Branch of Service: _____

Years of Service: From ______To_____

From the Notes of Our Lecturer

One of college football's most successful head coaches of the past decade was Jim Tressel of Ohio State University. Compiling an overall record of 241–79–2, and a bowl record of 6-4, his career came to the forefront when he coached his team to its first National Championship in 34 years, defeating the heavily-favored University of Miami Hurricanes 31-24 in double overtime in the 2003 Fiesta Bowl. But, his record was seemingly built upon a 'house of cards' as NCAA violations concerning the football program surfaced. On Monday, May 30, 2011, Jim Tressel resigned as head football coach.

What you may not know is that Tressel authored two books about faith and integrity. His book *Life Promises for Success: Promises from God on Achieving Your Best,* published just over three months ago, contains this product description on Amazon's website:

"Everyone wants to succeed—at work, at home, in relationships, and in life. But sometimes the road to success can be difficult, and even the most seasoned leaders can find themselves in need of some motivation. In Life Promises for Success, Jim Tressel shares a collection of inspiring readings and Bible promises designed to encourage those seeking to succeed in every area of life. Filled with easily applicable Bible verses, motivational quotes, and engaging and inspiring readings, Life Promises for Success is the perfect daily reader for anyone looking to reach their highest goals, achieve greatness, and inspire others to do the same."

And on the back cover of the book, Tressel writes:

"If you're struggling with your place in the world, if things have become difficult and you feel like giving up, this little book will encourage you, lift you up when you're wrestling with life, push you forward, and motivate you to be a better person—and a more vital part of whatever team you serve."

My point in singling out Mr. Tressel is not to pass judgment, but to highlight the importance of integrity. My father, a man I greatly admire, remarked in a recent e-mail about the Tressel brouhaha:

"(I) see where the Ohio State coach resigned over improprieties. Sometimes folks think they have become bigger than the institution. Something about integrity which fails to remain at the forefront of important people's actions."

As a career Marine in service to his country for almost 30 years, my father stressed the importance of integrity to his family. He often referenced a quote from Mark Twain that sticks with me to this day, "If you tell the truth you don't have to remember anything." To this day, I remain convinced that the success of my Dad's four children can be boiled down to his emphasis on integrity.

Like my father, I too entered the Armed Forces, but my path took me down the Army's road as a Signal Corps officer. Regardless of which branch of service, however, integrity is one of the cornerstones of leadership. On both the Army's officer and noncommissioned officer's evaluation report, integrity is listed under Army values, along with a description that reads, "Possesses high personal moral standards; honest in word and deed" and then followed by two blocks, one labeled 'yes' and the other labeled 'no'. Anyone who gets the 'no' block checked will not get promoted to the next rank, never. The Army, like the other services, places such a premium on integrity because it cannot afford to do so otherwise. Fighting in harm's way, a soldier must be able to trust his buddy without reservation. Any compromise on integrity is detrimental to the unit's cohesion and its survival.

For all his faults, and the good Lord knows we all have plenty of them, my father never compromised his integrity. Best-selling author H. Jackson Brown, Jr. wrote, *Live so that when your children think of fairness and integrity, they think of you.* As I look back, what a wonderful lesson and example my father and mother have given to me.

As men of the Catholic faith, may we realize the importance of integrity, this beautiful gift God gave us when He wiped away original sin during our baptism. Let us be examples for others through our thoughts and actions. As stated in Philippians Chapter 4, verse 8:

Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable--if anything is excellent or praiseworthy--think about such things.

And, should we ever fall short and lose our way, may we have the courage and strength to ask for forgiveness. R.D. Laing, a Scottish psychiatrist who "ran counter to the psychiatric orthodoxy of the day by taking the expressed feelings of the individual patient or client as valid descriptions of lived experience rather than simply as symptoms of some separate or underlying disorder" said, "The truth brings with it a great measure of absolution, always." Through the sacrament of penance, may we allow the truth to enter our hearts, for we know that "with God all things are possible."

Praised be Jesus Christ now and forever. Amen.

Michael J. Murphy Lecturer 703-751-5452

These "Notes" are extracted from a lecture presented at the monthly meeting of the Mount Vernon Knights of Columbus Council # 5998 on Thursday, June 2, 2011

PRO-LIFE Report - July 2011

One often hears from pro-choicers that no one advocates abortion. As is often the case with much of what one reads or hears these days, this is simply not true. While doing research at the Diocese of Portland (Me.) Library a few years back. I remember seeing in the archives a newsletter from a group advocating abortion back in 1971 saying that if some children were not aborted, they would become a burden on Maine's taxpayers. The article was written by a prominent Maine Republican, David Huber. I remembered the name David Huber and his wife Sherry Huber who in 1971 were advocating the legalization of abortion. They were unsuccessful until Roe v. Wade struck down Maine's abortion law. Sherry Huber is still alive and whenever a Republican candidate wants to try to reduce abortions in the state, she comes out with both barrels blazing writing in 2006, for instance, that: "The party -- my party -- has a proud history of defending individual rights, from fighting to end slavery to working to secure equal protection and voting rights for African-Americans; from leading the way in achieving women's suffrage to helping create a federal family planning system. This once-proud tradition is in jeopardy in this year's gubernatorial race. In a June 6 primary debate, Chandler Woodcock made clear his intention to eliminate safeguards for women's reproductive health and safety."

There are literally millions of the "bread and butter" abortion advocates in this country who proudly advocate abortion just in case the baby might incur care in the future to be paid for by taxpayers. I remember standing in Falls Church at a PRO-LIFE vigil out an abortion clinic and having a male drive by in his car and shouting "Who's going to support the kid." There are millions just like him.

Another category of abortion enthusiast is the environmentalist. Less than a year ago, James Lee took three people hostage at the headquarters of the Discovery Station in Silver Spring, Maryland. He was shot dead before he could harm them. This incident did not get much

play in the news, even our local news. Why? Well he left a manifesto behind that was politically incorrect: "Focus must be given on how people can live WITHOUT giving birth to more filthy human children since those new additions continue pollution and are pollution.

....All programs on Discovery Health-TLC must stop encouraging the birth of any more parasitic human infants." His manifesto went on like this for pages and pages. Mr. Lee is not the only environmentalist who sees abortion as good for mother earth.

And finally you have the abortion enthusiasts who strongly advocate the procedure as a positive force in the quest for successful careers for women. I was recently reading a book that quoted the famous journalist Oriana Fallaci about her pregnancy: "the man who fathered my child, my doctor and nurse, my pharmacist, my boss, my best friend, they all said 'get rid of your baby. Abort. Think of your career." In her novel, <u>Letter to a Child Never Born</u>, written in 1977, the young professional woman protagonist, presumably Fallaci herself, miscarries. Fallaci died of cancer in 2006, childless.



SK Mike Guignard 703-922-6584 Michael.guignard@cox.net

Dan Garrigan's Message

Put Away the Rose-Colored Glasses

by

Thomas P. Smith Jr. - Executive Vice President (Agencies and Marketing)

Ah, the old rose-colored glasses. You know the ones I'm talking about. I don't wear them all of the time, but I keep them handy. They are always around when I need them.

Every summer when the Dallas Cowboys go to training camp (that's right — I'm a Cowboy fan ... go ahead and have your fun), I pull out my rose colored glasses and all the flaws that other people see in my team disappear. When I wait until the very last minute to go to the store to buy something I desperately need, I pop on my rose-colored glasses and convince myself that there is no need to worry — they'll have what I'm looking for, it will be on sale, and there will be no line at the checkout. Life is good with those rose-colored glasses!

Football teams and shopping sprees are trivial matters. A crooked view of life through my glasses on those topics doesn't hurt me much. But sometimes those glasses are big trouble.

You know you need life insurance. I know: it's not a glitzy purchase ... it's not something you show off to your friends ... but you know you need it. If you have some, chances are pretty good — great actually — that you need more. And you know why you need it. It's all about your family. It's not about you. It's about them.

So, assuming you know you need it, and I know you need it, why aren't we getting together to arrange for it? Those glasses.

The glasses go on and we decide to wait until tomorrow, because after all, nothing bad can happen today. And when nothing bad happens today, those glasses go on much easier and fit much better tomorrow, because, after all, if nothing went wrong yesterday, what are the chances that something will go wrong tomorrow?

You're feeling good, you're looking good, you're loving life, and you have so many other, more important things to do with your hard earned cash. The only time you really think about life insurance, really, is when we call you. And for a brief second when that call comes in, or when you're reading this column, or when you see your agent, you say to yourself: you know, I really need to take care of that. But then the glass come out, slide over that nose, and suddenly, tomorrow is a better option than today.

In the end, thinking that the Dallas Cowboys are going to go 16–0 and win the Super Bowl every year is foolish, but not dangerous. Thinking that you have an unlimited supply of tomorrows to make a decision on securing the future for your wife and children and grandchildren is both foolish and dangerous.

Put away the glasses (temporarily) and talk with your agent Dan. We'll make your life really rosy.

Have a Safe Summer! I look forward to serving you and your families!

God Bless You All,

Dan Garrigan, FIC 703-494-0967, daniel.garrigan@kofc.org







