



INSIDE THE NET



bayareanet.org

1300-A Bay Area Blvd
Houston, Texas 77058
281.282.6000



Volume 20, Issue 1
14 January 2014

CEU Opportunities

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January's NET Presentation

Title: "HELPING BLENDED AND STEP-FAMILIES: Challenges and Strategies for Counselors and Therapists"

Presenter: *Mary Lou Shackelton*, MA, LPC-S, LMFT-S

Objectives:

- Prepare counselors & therapists to address the complicated issues in step/blended families
- Provide resource information to assist professionals & clients
- Allow NET members & guests to share their stories of working with this client population

Next Meeting:

Tuesday, January 14, 2014 from 11 A.M. to 1 P.M. All meetings begin at 11 A.M. sharp. The NET meets on the second Tuesday of the month. We meet in the United Way Building located at 1300-A Bay Area Blvd., Houston, Texas 77058. Membership is \$45 for professionals and \$25 for students, and runs from January to December. It includes all CEU meetings, a light lunch, and great programs. Non-members pay \$10 for lunch.

CEU'S:

Everyone needs CEU'S for their license. However, you may not know that *according to bylaw, the NET cannot provide a 1.5 hour CEU for an individual who attends a meeting unless they are present for 1.5 hours.* This is why the CEU sign in sheet is taken up at 11:40 A.M. each meeting.

Mary Lou Shackelton's Biography

MaryLou Shackleton, MA, LPC-S, LMFT-S, is licensed by State Boards to perform individual, couples and family therapy, as well as counseling, and maintains a private practice in Houston, Texas, at two office sites. She is also an approved supervisor for Licensed Professional Counselor Interns and Licensed Marriage & Family Therapist Associates.

With several years experience as a professional counselor and marriage and family therapist, and as a graduate of the University of Houston-Clear Lake Family Therapy Program, she is currently serving as private practitioner working with a broad spectrum of clients. Her experience includes: Premarital Counseling, Parenting Conflicts, Couple Issues, Gender Issues, Personality Disorders, Substance Abuse, Major Depression, Bipolar Disorder, Chronic Illness and Pain, Grief Work, Adjustment Disorders, Anxiety and Life Cycle Transitions.

In addition to being a prominent relationship therapist, MaryLou has memberships in Professional Organizations and attends current training workshops throughout the year to maintain the state requirements of Continuing Educational Units.

MaryLou is an interactive and integrative therapist, and most clients have preferred the solution-focused approach. Her therapeutic approach is to provide support and practical feedback to help clients effectively address personal life challenges. She integrates complementary methodologies and techniques to offer a highly personalized approach tailored to each client. With compassion and understanding, she works with each individual to help them build on their strengths and attain the personal growth they are committed to accomplishing.

Education:

*Associate Degree-Psychology--San Jacinto College, Houston, TX
Bachelor of Science-Psychology--University of Houston-Clear Lake
Master of Arts-Family Therapy--University of Houston-Clear Lake
Approved Professional Supervisor Training--Achieve Balance, Woodlands, TX*

Licenses: (Texas only)

*Licensed Professional Counselor Supervisor
Licensed Marriage & Family Therapist Supervisor*

Additional Training:

*Art Therapy Techniques
Play Therapy Techniques*

Professional Activities and Memberships:

***Houston Association of Marriage & Family Therapists (HAMFT)
Bay Area Mental Health Network (The NET)
Houston Licensed Professional Counselors Association (HLPCA)***

PERK FOR BRINGING A GUEST TO THE NET GENERAL MEETING:

We have offered a Starbucks gift certificate for years. There will be a drawing for a \$10 Starbucks gift certificate to the member who brings a guest.



2013 REFLECTIONS/2014 ANTICIPATIONS

It is an honor to work with the NET board and serve our membership. Each month we have the privilege of sharing practice experiences and encouragement with very fine professionals. Many thanks to each of our NET members for making a difference in our community—as you touch lives with hope, healing and growth.

Reflections on the past months bring to mind several benefits of our membership.

The Practice Development Group led by Gayle McAdoo was introduced to helpful resources and information through reading and discussing **Marketing for the Mental Health Professional: An Innovative Guide for Practitioners**. George Pulliam was available for case consultations and helpful with strategies and fresh perspectives on the therapeutic relationship. NET members provided informative articles for the newsletter such as “Surviving Divorce”, “Forgiveness”, “Care-giving for an Aging Parent”, “Boundaries with Borderlines”, “Grief Recovery” and many helpful “practice tips” from a variety of resources. Our members contribute and make a difference in sharing gifts of insight and we are thankful to Tenley Fukui for her high quality diligence in serving as editor of the newsletter. Tenley is taking a break in 2014 and Tom Winterfeld will serve as our newsletter editor.

One of our key benefits for membership is being inspired and growing through presentations that also afford CEU’s to participants. We have been very fortunate for the willingness of professionals to commit to our network with meaningful learning experiences. Below is the menu of presentations we had in 2013.

“Eating Disorders and Attachment”	-Jenny Deitz
“Techniques for Dealing with Challenging Couples”	-Mark Groblewski
“Relational Cultural Therapy/work of Jean Miller”	-Leslye Mize
“Traumatology 101”	-Catherine Boswell
“TMS Therapy”	-Kimberly Cress
“Ethics of E-Counseling/Social Media”	-T. Schanding
“...Shame Resiliency Work/Training Program”	-Laurie Peterson
“Bankruptcy Myths”	-Adam Schachter
“Mindfulness”	-Gwen Brehm
“Mental Health...”	-Mohamed Ahmed
“...Work with Violent Families”	-Louise Presley
“Twelve Pitfalls of Christmas”	-Ed Mehollin

REFLECTIONS/ANTICIPATIONS, CONT'D.

Presentations for 2014 are shaping up to be inspirational and practical including an Ethics Workshop as well as a special presentation on Spirituality in Addiction Recovery.

We will begin the year with “Blended Families” by Mary Lou Shackleton followed by “Love Addiction”, Forgiveness & Reconciliation”, “Grief”, Health & Wellness”. In October Micki Washburn will present on “DSM-V”. Patrice Houston is very diligent about helping us secure our presenters and CEU’s. We welcome your input for presenters, ideas for topics and opportunities to serve our community. We will be finalizing our plans for our \$500 scholarship to a UHCL student.

One of our challenges to start the year will be to secure our meeting place for the year. The United Way Service Center will be undergoing building re-modeling that may displace us and to be eligible to use the space we are seeking an United Way Agency to sponsor the NET and help meet the requirements of liability insurance and non-profit status. We are in conversation regarding these matters.

We welcome your participation and want to encourage your success in the coming year!

Mike Ross, NET President 2014

ΕΠΟΣ 2014

SANTÉ CENTER FOR HEALING

914 COUNTRY CLUB RD.

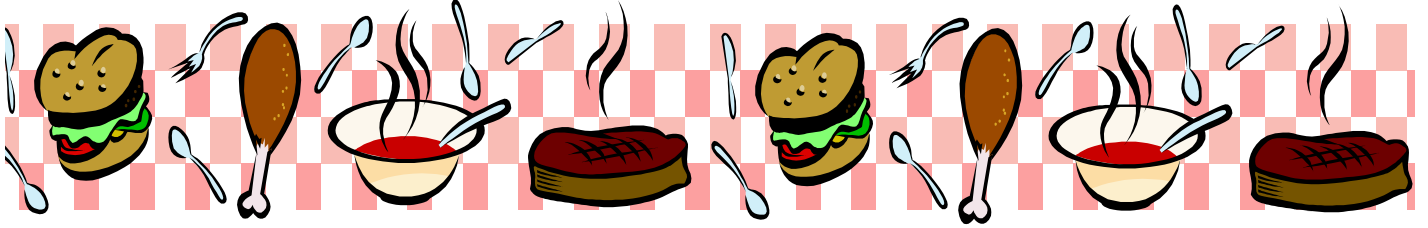
ARGYLE, TX 76226

1-800-258-4250

The Santé Center for Healing has been contributing a plant to the NET for the last four years. Put your name in the hat at the registration desk and enter the running for a beautiful plant. Please thank *Anthony Ford* of Santé the next time you see him.



NET Lunches - Volunteers Needed!



Lunch will be provided by
Monica Garcia and Right Step

One of the great perks of our NET meetings each month is the opportunity to sit down with colleagues and share a meal. What is it about eating together that makes talking easier? The Board would like to extend thanks to all of the members over the past years who have graciously taken the time to provide delicious lunches for our NET meetings; and also extend the invitation to anyone who would like to sign up for the schedule of this year's meetings. If you'd like to, here's the deal:

*Put your name and contact information (phone, email), on the month you'd like to provide lunch, on the sign up list provided at the registration table at the NET meeting; you'll be contacted approximately a week in advance of the meeting as a reminder.

*On your designated month, you'll be responsible to:

- have the lunch available in the meeting room, so that members can begin eating at 11:00 A.M. (we usually figure on 35-40 in attendance); the meeting room is open by 10:50 A.M.
- set up (put out lunch, napkins, any tableware needed, ice, drinks if provided, etc.)
- remain after the meeting to help clean up, dispose of waste, wipe down tables, etc.

There are limited resources at the United Way building in the way of serving bowls, utensils, etc. There is no ice machine, so if you provide cold drinks, ice is also needed. The NET does not currently keep paper products (cups, plates, etc.) so plan on bringing anything that's needed, unless otherwise notified.

Reimbursement is available to you if you request it. The NET policy is to reimburse UP TO BUT NO MORE THAN \$150.00. If you would like to be reimbursed, please keep your receipts and give them to the NET Treasurer, and you will be reimbursed for UP TO \$150.00.

Again, thanks for serving the NET membership in this way. A sign-up list will be circulated at the general meeting so that you can choose a month for which you would like to provide lunch. Feel free to contact any of the Executive Board members with questions/concerns.

CASE CONSULTATION WITH GEORGE PULLIAM, MSW

Case Consultation with George Pulliam - George Pulliam, MSW has graciously volunteered to provide group case consultation for NET members on their challenging cases. George brings to us a wealth of experience and a knack for helping therapists see things in a different way.

We will get together Wednesday, February 5th, from 9 – 11am in the large conference room, upstairs in the United Way building. Come join us and get unstuck!

NEW YEAR'S RESOLUTIONS VS. CHANGE

January is typically a time when people reorganize themselves and make plans for the coming year. With the holiday season considered to be a time of spiritual renewal, it logically follows that the beginning of the year is a time to put that renewal into action, to begin again. Most of us reflect on the year past and resolve to “do it differently” in the year to come. We tend to build on previous successes, learn from mistakes and let go of what is no longer needed. In a sense, we “re-solve” last year’s challenges, in the quest for completion or some ideal state.

New Year’s resolutions are most often described in terms of the past, of accomplishments either failed, not quite achieved, or achieved and still on the list to be achieved in some greater amount or intensity in the future. We talk about wanting to lose weight, get a better job, make more money, be a better therapist, and so on, with the hope that the results will be different somehow in the coming year. Resolution, “re-solution,” is a word rooted in the past, solving something once again, with hope of a different outcome. The word “solution” itself is problem focused, implying that something is broken and needs to be fixed. When we make resolutions, we say that we have intent or that we promise to do or to be somehow better in the future. Yet the vagueness remains... What does it mean to lose weight, get a better job, make more money, be a better therapist and so on? What’s the purpose? Why bother? And what’s the plan for achievement?

This year, instead of asking me what my resolutions were for the New Year, one of my colleagues asked me what I would like to change in the coming year. Not what would I like to improve upon, or what I would like to complete from last year’s list. She asked what I would like to change, a fair question we often ask of our clients. I was a little taken aback. I wondered, “What can really be different?” and “What can I be comfortable leaving behind?” and “What are the possibilities?” Change can be scary. Change catapults us into new territory, new adventures. Funny too, I felt a little challenged and yet, hopeful, uplifted, empowered.

When I was a fledgling therapist, one of my supervisors said that “Clients most often come to therapy, not to change, but to *avoid* change.” Over the years I have found that to be pretty much true. Clients come to us when they have suffered a great loss, or when something offensive or atrocious has happened to them. They often present with sadness and fears of the unknown. In many cases change is inevitable or has already happened. Even with couples, embroiled in deep conflict, there is often a change that has already impacted the relationship. The therapist becomes a supportive guide through the process.

Change is all around us. The most gratifying changes seem to be the ones we initiate ourselves. New experiences enhance our work as therapists in ways unimagined. Shake it up a bit. Do something not therapy related this year and see what happens. What to do, you might ask? Here are a few ideas: (cont’d on pg. 7)

RESOLUTIONS VS. CHANGE, CONT'D.

- 1 **Take a trip.** Foreign travel is always riveting, but not for everyone. Houston is big city. Take an afternoon and enjoy the city from a tourist's point of view. Ride METRO. Or take a weekend and enjoy the countryside.
- 2 **Plant a garden.** Even one plant can supply satisfaction as it takes root and grows. If you're really adventurous, start some seeds now inside to transplant later in the spring. Participate in a community garden.
- 3 **Read a book.** Read something out of your normal realm. If you normally read biographies, try science fiction. Literature gives a glimpse of life in ways not previously seen or imagined. Plus, reading provides a break from the ordinary. Some books are good reads for clients as well.
- 4 **Spend time with kids.** They will remind you of your youth and how smart and energetic you once were. Wisdom comes with age. Remember that.
- 5 **Learn a new skill.** Take up a hobby. Creative endeavors stimulate brain cells and are transferable to other areas of life.
- 6 **Take some time to just "be."** If you can take several days away, do it. You will have a new perspective when you return. Short mind trips are refreshing as well. Take care of your body and it will take care of you. Eat, sleep and be merry. Get the rest you need to replenish your mind and heal your body.
- 7 **Hang out with interesting people.**

So, what would you like to change for yourself? What have you been interested in doing with your time that you have been avoiding or holding back? If all obstacles were removed, what would you be doing now? How would you be different? What would others notice? What would they be saying to you and about you? How will you sum up your year when the big ball drops to welcome in 2015?

Happy New Year!

Contributed by *Gayle A. McAdoo*, MA, LMFT-S, LPC-S, LCDC, gmcadoo@ev1.net

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COMMON MYTHS ABOUT THE GIFTED KIDS

About 15 years ago, I began learning about a special population of clients. A title accompanied them - the "Gifted and Talented." Generally, this label is given to kids who 1). Give evidence of higher performance capability in such areas as intellectual, creative, artistic, or leadership capacity or in specific academic fields AND 2). Require services or activities not ordinarily provided by schools in order to nurture such capabilities fully. These kids have an IQ of 130 and above.

I experienced this population while working in an intermediate school setting that accommodated their educational and social/emotional needs. Being submersed in their world, working with their families, their teachers and their peers, my eyes were opened to a culture that, up until then, was only a title to me. I received special training that explored and explained about this group's unique traits, their similarities and their challenges.

Traits of Giftedness

- May be thirsty for knowledge - may ask endless questions
- May require constant activity - they are driven to explore their world
- May have excellent memories
- May be early walkers, speedy talkers - may have sophisticated vocabularies
- May be one age emotionally, another age physically, and another age intellectually - many achieve Piaget's Formal Operation Stage by middle school
- May be energized by debates with parents/peers - often has a better reason for not doing something than their parents have for doing it.
- May be more comfortable with adults more than other children
- May have an advanced understanding of the world - may lead to a mature sense of humor
- May learn basic skills better and faster than other children
- May become "specialists" at an early age in an area of interest
- May also be worried about world problems - war, poverty, abuse, violence
- May have a long concentration span (for area of interest) at a young age
- May be particularly sensitive to the sights, sounds, and other stimuli of their environment
- May have a special tolerance for confusion and junk
- May be early readers (age 3)
- May experience intensities in one or more of the following areas - intellectual, emotional, sensual, imagination or psychomotor

Over time, I learned that when working with gifted children, the psychosocial assessment should include an understanding of these traits in order to be effective. Failure to acknowledge these

traits can lead to misdiagnosis and unsuccessful interventions (i.e. treating one's intense emotional highs and lows as bipolar vs. first exploring and acknowledging their tendency to express him/herself with more intensity than the norm). As traits, these characteristics are not adopted (choice), they are innate (born-in).

I also learned about some misconceptions commonly held by the general public about the gifted population...

Myths

- Gifted kids have it made and will succeed in life no matter what. They don't need any special help in school or anywhere else.
- Gifted kids should love school, get high grades, and greet each new school day with enthusiasm.
- Gifted students come from white middle- and upper class families.
- Gifted kids are good at everything they do.
- Teachers love to have gifted students in their classes.
- If gifted students are grouped together, they will become snobbish and elitist.
- All gifted kids have trouble adjusting to school and forming friendships.
- Gifted students don't know that they're "different" unless someone tells them.
- Gifted students must constantly be challenged and kept busy or they'll get lazy.
- Gifted kids are equally mature in all areas – academic, physical, social, and emotional.

Research shows that being gifted does not assure future success. In fact, many would say that the gifted population is a high risk group because of the unique challenges they face (perfectionism, isolation, etc.). These challenges are not considered clinical and therefore may not always be addressed. Most schools are geared for average learners which makes it hard for gifted students to get excited about going – instead of being challenged, they are bored. Some teachers feel uncomfortable with having a gifted child in their class – one who constantly asks questions, debates answers and/or likes to challenge what is being taught. Sometimes this mismatch leads to behavioral issues too. When gifted students are in a class together with a teacher who understands the traits of giftedness, the chances are much higher for student success.

Within the gifted population, as with any population, there are many variations. It is important not to see them as one group. Three levels of giftedness have been identified – “Gifted” kids (130-145 IQ), “Highly Gifted” kids (140-160 IQ) and “Exceptionally Gifted” kids (above 160 IQ). As intellectual levels increase, so does the person's risk of experiencing intellectual, social and emotional problems. Some gifted students are “camouflaged” – they may have a learning disability that masks their giftedness or they may be from a different ethnic group whose gifted indicators are different from the dominant culture. There are “frustrated” gifted kids who act out in unhealthy ways (i.e. gang leaders). Probably the most difficult group to work with within the gifted population is the “drop out” - those who have developed a pattern of underachievement and have mentally checked out. Another defining factor is gender - gifted girls experience different challenges than gifted boys.

This is only the tip of the iceberg of the research existing today about the gifted child. If you are interested in learning more about these issues, a good place to start is with one of the following books...

“The Survival Guide for Parents of Gifted Kids” – **Sally Yahnke Walker**

“The Gifted Kids' Survival Guide” – **Judy Galbraith, MA & Jim Delisle, PhD**

“Guiding the Social Emotional Development of Gifted Youth” – **Jim Delisle, PhD**

Giftedness is a part of someone – it doesn't go away and it doesn't just exist in kids – they are usually the ones, however, who need help to understand the role of giftedness in their lives. As adults, they still possess many of these traits, but have figured out how to use or mask them. It's not uncommon to work with families with more than one member who falls in this category. For me, working as a therapist with this population has been an opportunity to increase my creativity and problem solving skills. Learning from our clients makes us better clinicians.

Contributed by Annette Propp, MA, LPC, LMFT arplmft@comcast.net



(Below) *Tenley Fukui*, former NET newsletter editor, presents *Gayle McAdoo* with a special gift—a Fizzio Therapy champagne glass—for her dedication in contributing articles to the NET newsletter, at the last NET general meeting, December, 2013.



Speakers' Bureau

The NET Speakers' Bureau is a service made available to groups and organizations. The purpose of this (pro bono) service is to increase public awareness and enhance community education related to services and programs available through the Bay Area NET. The Speakers' Bureau also provides mental health professionals a structure through which to share their message with the community. Speakers available through The NET represent many areas of professional expertise. Topics include: Abuse (Sexual & Physical), Alcohol and Other Drug Issues, Anger Management, Communications Skills, Couple Relationships, Elder care/Caregivers Burnout, Life after Divorce, Parenting Issues, Stress Management, and Women's Issues.



The NET takes pride in making this service available free-of-charge to the Texas Clear Lake/Bay Area's civic clubs, church groups, schools, hospitals, and other organizations. Please contact Mark Groblewski, LMSW, CIRT at (832) 687-7915 or Groblewski7@msn.com to schedule someone to speak.

Newsletter Submissions

Note: The NET is a provider of CEU's for LPC, LMFT, LCDCs and Category II for Psychologists (Certain presentations may be cosponsored as Category I.) Everyone is welcome! Do you have an announcement or news about a legislative event that affects therapists? Please submit your information to the newsletter. The deadline for The NET Newsletter entries is the 20th of every month. Send all submissions to: Tom Winterfeld at tomwinterfeld@gmail.com. For ad rates see www.bayareanet.org.

Book Reviews

Have you read a good book that you found useful for your work?

Your book review can be published in the next issue of Inside The NET.

Please send your article to Tom as described in Newsletter Submissions.

Members' News Articles Needed

Do you like reading stories about the members of the Bay Area Mental Health Providers Network? We have exciting lives. So let's hear from our wonderful and special membership. You, the members, make this organization what it is. It is great to hear about such interesting people. Sharing a part of your life in the NET Newsletter is a quick and easy way to connect or reconnect with your colleagues and to add to your professional development. Kindly, submit your stories, job changes, accomplishments, awards, presentations, practice innovations, retirement, births of children and grandchildren, etc. to: tomwinterfeld@gmail.com before the 30th of the month.

Practice Development Group

The **Practice Development Group** addresses professional, ethical, and personal issues that affect our work as mental health professionals. Each month we talk about a different topic and any concerns introduced by group members. It is not necessary to be in private practice to take advantage of the offerings of this group. Meetings are held monthly on the 3rd Tuesday from 12-1:30, in a different location each month. For information about the next meeting, call or email Gayle McAdoo at 281-280-8641, gmcadoo@ev1.net.

Member Highlights

Five members will be highlighted each month. Go to the website to make sure all your information is correct or if you want additional information there. E-mail Tom Winterfeld at tomwinterfeld@gmail.com with these changes and they will be put up on the homepage. I will highlight five members each month and put them in the newsletter.

Martinez, Annette, LCSW, LCDC, SAP

Humana/Life Synch
2101 John Carpenter Fwy.
Irving, Tx 75063
amartinez@lifesynch.com

Populations Served:

Adults 18 & above, Families

Clinical Interests: Grief/Loss/Trauma/Crisis Intervention, Drugs/Alcohol, Eating Disorders

Maxwell, Sonny, LCDC-I

Memorial Mermann IOP
16246 Cavendish Ct
Houston, Tx 77059
(832) 544-5446
sonnymaxwell@me.com

McAdoo, Gayle, MA, LMFT, LPC, LCDC

Self-private practice
16821 Buccaneer, Suite 119
Houston, Tx 77058
(281) 280-8641
gmcadoo@ev1.net

Populations Served:

Teenagers 17 & under, Adults 18 & above, Individuals, Couples, Families

Clinical Interests:

Depression/Mood Disorders, Anxiety/Stress/Panic Attacks/PTSD, Grief/Loss/Trauma/Crisis Intervention, Anger/Domestic Violence, Drugs/Alcohol, Relationships/Separation/Divorce/Blended Families, Supervision - LPC, LMFT

Meadows, Julia, LPC

Meadows Counseling Center
4650 Center St
Deer Park, Tx 77536
(832) 794-0646
julia@meadowscounselingcenter.com

Populations Served:

Children, Teenagers 17 & under, Adults 18 & above, Individuals, Couples, Families

Clinical Interests: Depression/Mood Disorders, Anxiety/Stress/Panic Attacks/PTSD, Grief/Loss/Trauma/Crisis Intervention, Anger/Domestic Violence, Relationships/Separation/Divorce/Blended Families, Eating Disorders

Mehollin, Ed

Pasadena Villa Network of Services
1207 Mayweather Lane
Richmond, Tx 77406
(361) 946-4490
ed@pasadenavilla.com
www.pasadenavilla.com

CEU Opportunities



The NET
1300-A Bay Area
Houston, TX 77058

Networking/Lunch: 11-11:30
1.5 CEUs: 11:30-1:00pm

2014 Schedule

Date	Topic	Presenter
1/14/14	“Blended Families”	Mary Lou Shackleton, LPC-S
2/11/14	“Love Addiction”	Ava Profata, LCSW
3/11/14	“Forgiveness & Reconciliation”	Misti Nielsen, MA
4/8/14	“Spirituality and Addiction”	Rev. Leo Booth
5/13/14	“Health & Wellness”	Rick Tillman, DC
6/10/14	“Ethics” 3-hour workshop	Bill Hopkins, Esquire
7/8/14	“When to Refer”	Carol Kerr, LPC
8/12/14	“”	
9/9/14	“”	
10/14/14	“DSM V”	Micki Washburn, LPC-S
11/11/14	“Mindfulness”	Micki Fine, M.Ed, LPC
12/9/14	“”	



1300-A Bay Area Blvd
Houston, Texas 77058

Phone: 281-282-6000
E-mail: TheBayAreaNet@gmail.com

bayareanet.org

DUES

Dues are due in January. In order to continue your newsletter, discounted attendance at meetings and workshops, and listing in the NET directory you must pay your dues by January 31st. If you do not you will lose the above listed membership benefits. Of note, there has been some confusion about organizations signing up. Each member of an organization will need to pay for their individual membership. An organization does not have a membership that covers all members. At the NET's September general meeting the members voted to increase annual dues to \$45 for members and \$25 for students.

Your Board of Directors 2014

President—Mike Ross, LCSW
(281) 482-3882
mikeros@fwdcofc.org

President Elect—Mary Lou Shackleton, LPC-S
(281) 250-7724
www.detourcounseling.com

Treasurer—Larna Loeckle, LPC
(281) 332-3300
lloeckle@verizon.net

Secretary/PR—Misti Nielsen, MA, LMFT-A
(281) 674-5402
MistiNielsen@turnthetidefamilyservices.org
www.turnthetidefamilyservices.org

Continuing Ed. Coordinator—Patrice Houston,
LPC, LCDC, CEAP
(409) 747-5324
pmhousto@utmb.edu

Membership—Mr. Anthony Ford
Sante Center for Healing
(713) 503-2930
anthony@santecenter.com

Newsletter Editor—Tom Winterfeld, M.Ed., LPC,
LMFT, CART, CCTC
(281) 837-6463
WWW.thepsychclinic.com
tomwinterfeld@gmail.com

Practice Development Group—Gayle McAdoo, MA,
LPC, LMFT
(281) 280-8641
gmcadoo@ev1.net

Speakers' Bureau—Mark Groblewski, LMSW, CIRT
(832) 687-7915
Groblewski7@msn.com

Community Relations— Mark Groblewski, LCSW

Crisis Response Team—*Open* **Need Volunteer**

LAST PAGE

Our NET speaker last month was: Ed Mehollin, MA, MHA, LCCA

He presented on: "The Twelve Pitfalls of Christmas"

Ed has worked in the behavioral health field continuously for nearly 44 years. Starting as a Child Care Worker at a state hospital in Ohio, Ed later earned a Master's Degree in Clinical Psychology and after a few years of clinical work, began his career as an administrator. That administrative career spanned over 30 years and involved leading units in community hospitals, starting up two free-standing hospitals and as CEO of several adolescent residential treatment centers. Ed now serves as a **Referral Relations Coordinator** for **Pasadena Villa**, a premier provider of residential and transitional services for adults with complex psychiatric and co-occurring disorders.

Mehollin, Ed
Pasadena Villa Network of Services
11709 Summer Springs Drive
Pearland, TX. 77584
(361) 946-4490
ed@pasadenavilla.com
www.pasadenavilla.com

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