Northeast Pierce Resource Guide

Where to Go for Help, to Volunteer, & to Donate In the Bonney Lake, Sumner & Buckley Communities

May 2013 Edition

CONTENTS

General Assistance & Resources	Page 1	
Food/Hot Meals	Page 2-3	3
Clothing/Personal Hygiene/Household Commodities	Page 4	
Transportation	Page 3	
Support Groups/Care Ministries/ Addiction/Recovery	Page 5	
Healthcare/Dental/Vision	Page 6	
Housing/Homeless/Home Repair	Page 7	
Domestic Violence	Page 8	
Utility Assistance	Page 8	
Employment/Job Training/Tutoring	Page 9	
Community Coalitions	Page 9	
Other Pierce County Agencies Serving NE Pierce County.	Page 10-	-11
Orting Resources & Guide Information	Page 12	

GENERAL ASSISTANCE & RESOURCES

Sumner / Bonney Lake Family Support Center, 1503 Valley Ave., Sumner; 253-891-6535; www.sumner.wednet.edu

- Serves: Families in the Sumner School District, assisting them with connecting to community resources such as energy assistance, housing, classes, events, immunizations, and county-wide resources. Programs include sewing classes, summer youth programs, parenting classes, Latino services, pee-wee play time and more.
- Open: Mon.-Thurs. 9am-4:30pm, Fri. 9am-4pm, closed 12-1 for lunch daily.
- Donate: School supplies, snacks for classes, diapers, stocking stuffers, money.
- Volunteer: Help at summer programs and back to school night.

White River Community Outreach, at the Buckley Youth Center, 251 River Ave. S., 360-829-1921 x261, www.wrco.org

- Serves: Families and individuals in the greater Bonney Lake/Buckley/Sumner community, connecting them to local and county resources.
- Open: Tues. & Thurs. 11am-2pm at Buckley Youth Center, 251 River Ave. S., Buckley
- Donate: Personal hygiene items, powdered laundry soap, gift cards for gas or shoes, money.
- Volunteer: Call WRCO for more volunteer opportunities in the area.

White River Family Support Center, 250 W. Main St. (Wickersham Portable 3), Buckley; 360-829-5883

- Serves: Children and families in the White River School District through a broad range of support services and activities. Parenting workshops, in-home parent support, and linkages to resources.
- Open: Mon, Tues, Thurs, & Fri. 8am 1pm.
- <u>DSHS Financial Specialist</u> available (food stamps, welfare, medical) call for an appointment 360-829-6483. Accessible for everyone, no school boundary restrictions.
- Donate: Winter coats, school supplies, money.
- Volunteer: School supply distribution in August; Cocoa, Coats & Crafts in November.

Plateau Outreach Ministries, 2807 Cole St, Enumclaw, 360-825-8961; www.plateauoutreach.com

- Serves residents of Buckley, South Prairie, Wilkeson, Carbonado, Enumclaw, and Black Diamond.
- Provides rent, utilities, medical, food, clothing, counseling, case management, and senior care services.
- Open: Mon., Wed., & Thurs. 9:30 11:30 for walk-in appointments.
- Donate: Clothing, food, or money; donate items to their thrift store (More Pennies from Heaven)
- Volunteer: At food bank, thrift store, working directly with clients, or administrative tasks.

Readiness To Learn, Puget Sound Educational Service District, 253-798-7949

- Provides support services to families with K-12 children in all school districts. Includes helping families develop problem-solving skills, linking them with resources and encouraging ways to support their children in school.
- Can self-refer or refer through schools (call your school for more information). Services are free and voluntary.

FOOD / HOT MEALS

Bonney Lake Community Resources, 253-208-6779; www.teamblcr.us

Bonney Lake Food Bank: 18409 Sumner-Buckley Highway, Bonney Lake; 253-863-4043

- Serves: Residents of Bonney Lake and greater area, proof of address required.
- Open: Tuesdays, Thursdays & Fridays 10:00am 1pm and Friday evenings 5pm 7pm.

Bread of Life Food Bank: 14104 Prairie Ridge Drive E., (in Prairie Ridge) Bonney Lake; 360-897-9005

- Serves: Residents in zip codes 98321, 98323, 98385, 98390, 98391, or 98396 with some restrictions.
- Open: Wednesdays 10am 1pm and Tuesday evenings 5pm -7pm.
- Volunteer: Food pickup, sort & bag food, help make holiday food baskets, donate food & pet food.

Emmanuel Food Pantry, St. Andrews Catholic Church, 1402 Valley Ave., Sumner; 253-350-4899; www.standrewsumner.org

- Serves: Residents of Sumner & Bonney Lake.
- Open: Mondays 10am-12pm, Wednesdays 4pm-7pm, and Fridays 10am-12pm.
- Volunteer: Food pickup or delivery, bag food, help make holiday food baskets. Donate Food.

Sumner Food Bank, 15625 Main St. E., Sumner; 253-863-3793; www.sumnerfoodbank.org

- Serves: Residents in zip codes 98390 Sumner/Bonney Lake and 98391 w/ Lake Tapps address.
- Open: Mondays, Tuesdays, Wednesday and Fridays from 1 3 pm, and Thursday evenings 5-7pm.
- Volunteer: Sort and bag food, help make holiday food baskets. Donate Food.

Buckley Kiwanis Food Bank, 127 N. River Ave., Buckley; 253-266-7309

- Serves: Residents in White River School Districts within zip code 98321
- Open: Wednesdays 9am 2pm and Fridays 9am 12noon

Plateau Outreach Ministries Food Bank, 1806 Cole St., Enumclaw, 360-802-2220; www.plateauoutreach.com

- Serves: Residents of Buckley, Bonney Lake, Carbonado, Wilkeson, South Prairie, & Enumclaw
- Open: Wednesdays 9:30am 12noon. Emergency Pantry open Mon Sat 10am 4pm.

Prairie Ridge Wednesdays Free Community Dinner, at Rec Hall 14205 215th Ave. E., Bonney Lake; 253-897-8378

- Serves: Community feeding program open to all with emphasis on Prairie Ridge families.
- Open: Wednesdays from 6pm 6:45pm. Family game time, bingo, karaoke, or crafts follows at 6:45. Some exceptions on scheduling (recommend liking "Prairie Ridge Community Coalition" on Facebook for updates).
- Donate/Volunteer: Help serve or prepare meals. Food and supply donations. Sponsoring groups and individuals needed for expansion of program.

Buckley Soup on the 2nd Wednesdays at the Buckley Multi-Purpose Center, 811 Main St., Buckley. 253-829-0190.

- Serves: Open to everyone. This event is sponsored by a different group each month. Bring your own bowl.
- Open Second Wednesdays at 5:00 pm.

Senior Center Lunch Programs:

Bonney Lake Senior Center Lunch Program, 19304 Bonney Lake Blvd., Bonney Lake; 253-863-7658

• Lunch served Monday – Friday at 11:45am, \$3 suggested donation (\$5 for non-seniors under 55).

Sumner Senior Center Lunch Program, 15506 62nd St. E., Sumner; 253-891-2910

- Lunch served Monday Friday at 11:45am, \$2.50 suggested donation (\$5 for under 60). Meals on wheels avail. Buckley Senior Center Lunch Program, 811 Main St., Buckley; 360-829-0190
- Lunch served Monday Friday at noon, \$2:50 suggested donation (\$5 for those under 60).

WIC (Womens, Infants, Children Nutrition Supplement Program); www.multicare.org/home/good-samaritan-wic

- Buckley; 127 River Ave., Buckley Hall; 253-829-0624; Wednesdays only 9am 4:45pm
- Bonney Lake: 21220 SR 410E; 253-447-4769; Tuesdays & Fridays 8:45am 12:30pm & 1:15pm 4:45pm
- Provides food and vouchers for pregnant women, breastfeeding & postpartum women, infants, and young children.

FOOD / HOT MEALS (Continued)

Summer Feeding Programs for Children: (please call for serving times and volunteer opportunities)

- Sumner School District Locations: Daffodil Valley Elem. (Sumner) and Liberty Ridge Elem. (Bonney Lake). Call 253-891-6000 for more information.
- Bonney Lake Food Bank Sponsored Locations: Please call or latest information on locations and times 253-863-4043. www.teamblcr.us
- The Buckley Youth Activities Center provides free lunches during the summer (noon 1:30) and school breaks. Adults can purchase lunches during the summer for \$2.50. Located at 251 S. River Ave. in Buckley. www.cityofbuckley.com and click on "youth center".

Hot Meal Sites in Puyallup:

- Monday Thursdays at 5pm: Nat'l Guard Armory, 622 4th Ave SE, Puyallup. 253-840-4670
- Friday at 5pm: Puyallup Nazarene Church, 1026 7th Ave. SW, Puyallup. 253-845-7508
- Saturdays at 10:30am: Peace Lutheran Church, 214 E. Pioneer, Ave., Puyallup.
- Volunteer: Contact St. Francis House for meal site volunteer opportunities at www.stfrancishouse.net

Home Delivered Meals from Catholic Community Services, 253-474-1200, www.ccsww.org

- Provides free home-delivered meals to elderly in Pierce County who are unable to leave their homes to shop or find it difficult to prepare meals. Must be home-bound, does not drive, or live with someone who drives.
- Meals arrive frozen. No charge but suggest a contribution of \$2/meal if able.

Hearts and Homes, Calvary Community Church, Sumner; 253-863-3352

Prepares home cooked meals which are provided to families dealing with illness or crisis. Also has a food pantry.

Bonney Lake Community Garden; City of Bonney Lake & Bonney Lake Community Resources, 253-677-3345

 Assigned garden plots available at no charge. Complete the garden plot request form on website www.teamblcr.us.

Sumner Community Gardens & Farm; City of Sumner, 253-863-6300

• Two locations at Shepherd's Field at 245 Valley Ave. E. and The Farm by city of Sumner cemetery. Complete information available online at www.ci.sumner.wa.us.

Family Food Hotline: 1-888-4FOODWA (1-888-436-6392)

CLOTHING, PERSONAL HYGIENE, HOUSEHOLD COMMODITIES

Bonney Lake Seventh Day Adventist Church Clothing Bank, 11503 214th Ave S., Bonney Lake; 253-862-8620; www.blsda.com

- Serves: Adults and children, providing clothing, household products, toiletries, diapers, and more.
- Open: First & Third Mondays only, 9am to 11am (donations accepted between 8am and noon).
- Donate: Good condition adult and children's clothing, bedding, unopened toiletries & cleaning products.
- Volunteer: Sort and organize clothing.

Lions 4 Kids House, 18429 89th St. E., Bonney Lake (behind Grocery Outlet); 253-447-3844; www.lions4kids.com

- Serves: Children of all ages, providing clothing, school supplies & personal care items in the Sumner, Orting, White River,
 Carbonado, & Dieringer School Districts. Referral required. Also does Prom Project.
- Open: Hours vary depending on time of year please call referral is required.
- Donate: Good condition children's clothing, new underwear and socks, toiletries & school supplies.
- Volunteer: Sort clothing, help children choose clothing, building maintenance, yard work, haircutters.

Donald Loomis Memorial Clothing Bank, 240 C Street, Buckley; 360-825-5696

- Serves: School-age children & adults in the White River and Carbonado School Districts.
- Open: Every Wednesday 1pm 3pm, first Tuesdays 6pm 8pm, & 1st & 3rd Saturdays 10am 12pm.
- Donate: Gently used clothing, shoes, coats, backpacks, and new underwear and socks.
- Volunteer: Sort and organize clothing.

St. Francis House, 322 7th St. S.E., Puyallup; 253-848-3618; www.stfrancishouse.net

- Serves: Families living below poverty line; provides furniture, clothing, household goods, & ESL classes.
- Open: Tues., Wed., & Thurs 11:30am 2:30pm, Friday evenings 6:30pm 9pm.
- Donate: Furniture, appliances, clothing, household items, money.
- Volunteer: At their clothing bank, a meal site in Puyallup, or at an ESL class.

Plateau Outreach Ministries Clothing Bank, 1806 Cole St., Enumclaw, 360-802-2220; www.plateauoutreach.com

- Serves: Residents of Buckley, Bonney Lake, Carbonado, Wilkeson, South Prairie, & Enumclaw
- Open: Wednesdays 9:30 am 12 noon.

TRANSPORTATION

Beyond the Borders, Pierce County Community Connections, 1-800-572-4357, www.piercecountyrides.com

- Serves: Older adults, individuals with disabilities, people with lower incomes, and youth ages 12 17 living in rural Pierce County (including Sumner, Bonney Lake, South Prairie, Buckley, Carbonado, Wilkeson, and Orting).
- Provides: Free regular bus service route hourly 7 days a week include a Bonney Lake circular route (11 stops including Walmart, Rhododendron Park, Prairie Ridge, Safeway, & Fred Meyer), a Bonney Lake / Sumner connector route (5 stops including Walmart, Winco, Sumner Fred Meyer, & Safeway 15th & Main Puyallup), and a Sumner circular route (10 stops including Safeway Puyallup, Vadis, Sumner Fred Meyer, Senior Center). Or pick-up in other areas by appointment.
- Must register at least 24 hours advance during regular business hours Call 1-800-572-4357 to register

Care Van, Enumclaw Regional Healthcare Foundation, 360-284-2444, www.enumclawrhf.org

- Serves: Anyone who lives in the areas of Buckley, Bonney Lake, Carbonado, WIlkeson, South Prairie & Enumclaw who displays hardship for transportation who needs to get to appointments and medical-related issues only (non-emergency medical appointments, physical therapy, eye exams, chiropractic, prescription pick-up, etc.)
- Available Monday Friday 9am 2pm. Wheelchair accessible. Children under 16 must be accompanied by an adult.
- Call 2 -14 days in advance of appointment 253-284-2444. This service is provided at no cost. Children under 16 must be accompanied by an adult.
- Volunteer: Drivers needed please call for more information on how to volunteer.

Volunteer Chore Service, Catholic Community Services, 253-502-2690, www.piercecountyrides.com or www.ccsww.org

- Serves: Individuals with limited transportation options due to physical or mental disabilities, no family or neighbors to assist them, live outside of public transit service areas AND/OR cannot afford transportation services. May also serve older adults who are not low income who live in rural areas, can no longer safely drive themselves, and have no other transportation options.
- Volunteer drivers take individuals to medical appointments, grocery shopping, food bank, and vital services.
- Volunteer: Drivers needed in all areas of Pierce County apply online or call for more information

SUPPORT GROUPS / CARE MINISTRIES/ COUNSELING/ADDICTION & RECOVERY

Support Groups / Care Ministries at Calvary Comm. Church, 15116 Gary St., Sumner; 253-863-3352; www.cccsumner.org

- Grief Share for individuals experiencing loss
- HOPE (Healing Our Pain Everyday) for women dealing w/ depression & anxiety
- Pure Desire to help men break free from sexual addiction
- Betrayal & Beyond for women who have been betrayed in relationships
- Rugged Cross Mentoring for couples wrestling with life issues
- Celebrate Recovery for chemical dependency, co-dependency, sexual addition, or food addiction.
- The Landing for teens dealing with substance abuse.
- Most groups meet Mon. 7pm. Optional dinner and worship at 6:30.

The Center for Substance Abuse Recovery, 1110 Fryar Ave. Suite B, Sumner; 253-593-2740; www.mdc-hope.org

• Youth & Adult programs provide substance abuse assessment, referral for other services, individual, group and family counseling, substance abuse education, and aftercare. Medical coupons accepted.

Freedom Recovery Center, 10215 214th Ave. E., Bonney Lake; 253-862-7374; www.freedomrecoverywa.com

• Substance abuse outpatient care, special groups and programs for adolescents, persons with co-occurring mental and substance abuse disorders, and DUI and DWI offenders. Private insurance or sliding fee scale.

Youth Substance Abuse Counseling by Auburn Youth Resources; Call 253-939-6946 for appt.

Free services provided for youth at the Buckley Youth Center, 251 S. River Ave. Buckley, by appointment.

Good Samaritan Behavioral Health, 253-445-8120; www.multicare.org/goodsam

- <u>Child & Adolescent Services</u> meets the unique needs of children and adolescents exhibiting problems of mood, behavior or adjustment, which are adversely affecting their sense of self-worth and/or their functioning at home, school or community.
- <u>Adult Community Support Services</u> are individually tailored for adults with severe, long-term mental illness and for children and adolescents with significant emotional or behavioral problems.
- <u>Family Therapy</u> helps a child or teenager having emotional or behavioral problems is often best done with the whole family working together with a mental health therapist.
- <u>Domestic Violence Counseling</u> provides specialized counseling for those who have experienced physical, verbal and/or emotional violence in their relationships.
- <u>Older Adult Services</u> provides support to older adults and their caregivers who are experiencing many of the difficulties common to their age group, including depression, anxiety, dementia, behavioral disturbances, and grief and loss.
- Adult Outpatient Chemical Dependency Program serving adults with private and DSHS insurance. 253-697-8420

Exodus Counseling & Treatment Services, 253-891-2662; 918 Alder St., Sumner

School-Based Drug & Alcohol Counselors, located at schools in all districts.

 Drug and alcohol counseling and pre-screening appointments are available to students through their guidance office, counselors or administration. Please contact child's school for more information.

Olive Crest Ministry at Calvary Community Church, Sumner, 253-863-3352

• Church families make their homes available to children whose families are going through crisis and/or rehab. Dedicated to preventing child abuse, treating and educating at-risk children and preserving the family. A Case Worker supports moms and dads directly. Resource groups come alongside Host Families to provide extra supplies, food, clothing and finances. Crisis includes cancer treatment, surgery, childbirth, rehab, and respite care.

Enumclaw Youth & Family Services, 360-825-4586, 1356 Cole St., Enumclaw, www.ayr4kids.org

Offers individual and family counseling including youth behavior therapy, anger management, substance abuse
assessments, DBHR certified outpatient drug & alcohol groups, and outreach services. Serving S. King & N. Pierce Counties
– part of Auburn Youth Resources (253-939-2202).

Area Support Groups (Several groups in the area, please call for detailed information and meeting locations)

Alcoholics Anonymous: 253-474-8897

Al-Anon and Ala-teen: 800-726-8094

- Narcotics Anonymous: 253-531-8792
- <u>Celebrate Recovery:</u> at Sumner Assembly of God Fri. 6pm; Church on the Hill in Bonney Lake Sat. 6pm; New Hope at 18408 S. Tapps E. Sat. 6pm; Freedom Recovery Center Sat.; and Calvary Comm. Church Mon. 6:30pm.
- CARE Chemical Abuse Resource & Education (information & referral): 253-572-2273

HEALTHCARE / DENTAL / VISION

Insurance Options for the Uninsured

- Apple Health for Kids: 1-866-798-6451 Free or low-cost medical coverage for children under age 19.
- Washington Basic Health Care Plan: 1-800-826-2444 For low-income adults under age 65.
- Washington Prescription Plan: 1-800-913-4146 / www.rx.wa.gov Reduced prescription drug cost.

Northwest Lions Foundation for Sight & Hearing / Bonney Lake Lions Club, www.bonneylakelions.com

- Provides glasses & hearing aids for those in need. Also has a mobile health van. See website for current chairperson contact information.
- Donate: Used glasses & hearing aids to multiple locations (see website for sites).

Medical Equipment Lending Closet at Senior Centers

<u>Bonney Lake Senior Center</u>, 19304 Bonney Lake Blvd.; 253-863-7658; <u>www.ci.bonney-lake.wa.us</u> <u>Buckley Senior Center</u>, 811 Main St., Buckley; 253-829-0190; <u>www.cityofbuckley.com</u>

Offers assistive equipment for ill, disabled or elderly people.

Health Screenings for Seniors at Buckley Senior Center; 360-829-0190; www.cityofbuckley.com

• Total health (diabetes, cholesterol, blood sugar, immunizations) on 1st Mondays 8:30 – 1:00. Hearing and eye screening every other month (call for schedule).

Mobile Dental Clinic; Enumclaw Regional Healthcare foundation & Enumclaw Youth & Family Services 360-825-4586

- Provides free services to uninsured adults urgent care only for individuals in Buckley, Bonney Lake, Enumclaw, South Prairie, Carbonado, Wilkeson, Black Diamond & Greenwater.
- Located in Buckley once a month and Enumclaw once a month.
- Volunteer dentists & chair-side assistants are needed to volunteer for program. Contact laurelba@ayr4kids.org.

The Gabriel Project; St. Andrews Catholic Church, Sumner; 1-888-926-ANGEL; www.standrewsumner.org

- Parish based crisis pregnancy intervention, helping mothers or couples struggling with unplanned or difficult situations surrounding a pregnancy.
- Donate: gently used baby clothing, toiletries, diapers, formula, or monetary donations.

Community Health Care Clinic, Pacific Ave. & 112th in Parkland; 253-536-2020; www.commhealth.org

Primary medical and dental care through 8 clinics (Parkland clinic is closest to Sumner/Bonney Lake area). Women's clinic, DV clinic, Homeless, and foot care for seniors. Medical coupons, insurance plans, and payment options. No one denied care based on inability to pay.

Clean Air for Kids Asthma Outreach, Tacoma Pierce County Health Dept.; 253-798-2954; www.tpchd.org/asthma

- For an appointment e-mail cleanair4kids@tpchd.org or call 253-798-2954
- In-home service includes home environmental assessments, asthma management plan & supplies

Immunization Site (Free/Low-Cost) at South Hill Mall, Multicare; www.multicare.org 253-697-4010 or www.tpchd.org

- Bring immunization records. No appointment needed. TB, flu shots, and immunizations available.
- South Hill Mall (near Old Country Buffet), 12:30 5pm Monday through Saturday

Low Cost Dental Care Resource Hotline – Tacoma-Pierce County Health Dept. 253-798-6044.

<u>Lindquist Dental Clinic for Children</u> is no longer providing services at Rainier School. However, they are continuing to provide services at their Parkland and South Tacoma locations. 253-539-7445 www.lindquistdental.org.

• General dentistry services to children through age 18, regardless of family's ability to pay.

Smoking Cessation: 1-800-QUITNOW Washington State Quit Line.

Family Health Hotline: 1-800-322-2588

HOUSING / HOME REPAIR / HOMELESS

Access Point 4 Housing, Associated Ministries, 253-682-3401; www.associatedministries.org

• Centralized intake and referral system for families or individuals at risk of, or experiencing homelessness. Homelessness prevention services, assessment, case management, including rent and utility assistance.

Rental Assistance, St. Vincent de Paul, St. Andrew's Catholic Church, Sumner, 253-863-4394 (message phone)

• Provides rental assistance for residents with Sumner, Bonney Lake, or Lake Tapps addresses. Must call to set up an appointment for a home visit. Provides additional resources to those who qualify.

Helping Hand House, 253-848-6096; www.helpinghandhouse.org

- Homeless Prevention: Provides once a year rent and utility assistance for families with an eviction or utility shut-off notice. Mandatory budgeting and energy conservation life skills class.
- Emergency Housing: Single family housing and basic needs for up to 90 days with intensive case management and life skills classes required. Puyallup and Sumner locations.
- Transitional Housing: Single-family housing and intensive case management for up to 24 months with strong emphasis on financial literacy, life skills and workforce training.
- Rapid Rehousing: Temporary, tailored financial and housing stabilization services that will enable families to quickly locate and become self-sufficient in their own housing.
- Permanent Supportive Housing: Single-family housing support, life-skills training, and intensive case management that decreases gradually as financial resources and skills improve to enable independence.
- Volunteer: Yard care, prep a home, supply drive, adopt a family, baked goods, and more.

Senior Home Repair by Bonney Lake Senior Center & the Kiwanis Club of Bonney Lake; 253-863-7658

- Serves: Seniors who need minor home repairs.
- Donate: Gift cards to home improvement stores, money, firewood, supplies as needed.
- Volunteer: Help do a variety of repair projects as needed, gather firewood.

Rebuilding Together South Sound, 253-238-0977, Outreach throughout Pierce County, www.rebuildingtogetherss.org

- Provides: Low-income homeowners who are seniors, disabled, or families with children living in Pierce County with no-cost home repairs and modifications.
- Donate: Funds or materials (see list on website)
- Volunteer: Skills and time to help repair homes on Rebuilding Day the last weekend in April or year-round with home modifications and emergency repairs.

Vine Maple Place, Maple Valley, 425-432-2119, www.vinemapleplace.org

Serves: Single-parent families by providing them with transitional housing and support services.

Safe Families for Children, 877-341-7332; www.olivecrest.org/safefamilies

 Provides homes where parents may voluntarily have their children cared for while parents seek to restore stability in their lives because of crisis. Biological parents maintain full custody.

Shared Housing Services, 253-272-1532; www.sharedhousingservices.org

- Facilitates matching of those who wish to share their homes with those needing low-cost housing. Focus on elderly disabled and low income adults.
- Transitional family housing program for families experiencing homelessness.

Housing 4 Success, Referral through Access Point 4 Housing at 253-682-3401

- Serves: Homeless unaccompanied youth and young adults ages 13 24.
- A Collaboration between Associated Ministries, Shared Housing Services, the REACH Center, and Vadis to provide subsidized housing, case management, and training.
- Volunteer: Host homes needed monthly rent provided.

Foreclosure Prevention Services from South Sound Outreach; 253-593-2111; www.southsoundoutreach.org

- Provides free, confidential default counseling and loan modification services. Register online and complete intake form.
- Assist with completing Social Security disability claims for homeless or those at risk for homelessness.

DOMESTIC VIOLENCE

Exodus Housing, P.O. Box 1006, Sumner, WA 98390; 253-862-6808, www.exodushousing.org

- Serves: Homeless families with children who have been impacted by domestic violence; permanent housing, tailored strength-based empowerment model of case management, and family renewal services.
- Donate: Household supplies, money, gift and gas cards, toiletries, diapers size 4 6.
- Volunteer: Have an essential needs drive w/ friends or coworkers. Language interpreting and translation.

<u>Domestic Violence Housing Services</u> (Please call for detailed information)

- <u>Associated Ministries Housing & Shelter Services</u>, 253-383-3056 ext.111: 14 Pierce County shelter programs, severe weather shelter programs, information on available shelter beds & rentals assistance, Open Hearth Ministries case management. www.associatedministries.org
- Helping Hand House, 253-848-6096 ext. 12: Transitional housing for homeless with children, rapid rehousing, emergency housing. www.helpinghandhouse.org
- Phoenix Housing Network, 253-471-5340: Housing for families with children under 18. www.ccsww.org
- YWCA Domestic Violence Shelter, 253-383-2593: Housing for domestic violence. www.ywcapiercecounty.org
- <u>Family Renewal Shelter</u>, 253-475-9010 (24 hr crisis line); Emergency advocacy and transportation for women & children in immediate danger, case management, transitional housing. <u>www.domesticviolencehelp.org</u>

<u>Crystal Judson Family Justice Center,</u> 253-798-4166, <u>www.familyjusticecenter.org</u>

Wide array of social services and government assistance to victims of domestic violence.

National Domestic Violence Crisis Line 1-888-550-3915

Sexual Assault Center of Pierce County, 24 hour crisis line (800)756-7273, 253-597.6424

UTILITY ASSISTANCE

City of Buckley

• Offers utility discounts to low income seniors and persons with disabilities. Complete details and applications are available at the Buckley Multi-Purpose Center or at the City Offices.

City of Bonney Lake

• Offers utility discounts (water & sewer) for low income seniors and persons with disabilities. Application available online at http://www.ci.bonney-lake.wa.us/UserFiles/File/Forms/Finance/SeniorDiscountRequest.pdf

LIHEAP (Low Income Home Energy Assistance Program); http://liheap.commerce.wa.gov

 Pierce County Community Connections 855-798-4228 to make an appointment. Only makes appointments Mon. through Thurs. beginning at 7am until all appointments are filled. Recommend contacting your local Family Support Center for information about accessibility and qualifying for this program.

Safelink Wireless, www.safelinkwireless.com

• Offers free cell phones and minutes programs for income eligible.

Comcast Internet Essentials, www.InternetEssentials.com, 1-855-846-8376

• Affordable internet for \$9.95/month plus tax with no activation fee or equipment rental fees. Available to households with children who receive free school lunches under the National School Lunch Program.

EMPLOYMENT / JOB PREPARATION / TUTORING

Free Live Online Job Coaching, Pierce County Library, Available 7 days a week 1pm-10pm, www.piercecountylibrary.org.

- Job search services, resume writing, computer classes, and live online interview coaching.
- Available from your library or home computer. Sumner location has a Job & Business Center open to everyone.

Free Online Homework Help for Students, Pierce County Library, daily 1pm-10pm, www.piercecountylibrary.org.

- Expert Tutor helps with English, language arts, math, science, social studies, and more
- Available from your library or home computer.

Village Tutors at Buckley Youth Center, 251 S. River Ave., Buckley; 360-825-5014; www.buckleytutors.org;

- Free Comprehensive tutoring services for youth who live in the White River School District
- Call or check website for current tutoring dates and times. Takes Bonney Lake students as space allows.

The Study Hub, Sumner United Methodist Church, 901 Wood Ave

• Tuesdays & Thursdays 3pm – 6pm for middle school and high school aged students.

Sylvan Learning Center, 8708 188th Ave E., Bonney Lake; 253-862-4100

• Currently offers free tutoring services for elementary students qualifying for free or reduced lunch in targeted schools (Liberty Ridge and Foothills at time of printing). Limited enrollment time. Call for more information.

Food Card Class Online, Tacoma Pierce County Health Dept., www.foodworkercard.wa.gov

• Learn on-line, take the test, and pay \$10 for a card. Available in multiple languages.

WorkSource Online Job Search, 253-593-7303; 1305 Tacoma Ave. S., Tacoma; www.go2worksource.com

- Find job openings, learn strategies for finding a job, help preparing resume, interview skills, & more.
- Onsite location offers workshops, computer and internet access, training programs, and more.

VADIS for people with disabilities, 1701 Elm St., Sumner; 253-862-5173; www.vadis.org

Providing people with disabilities with employment opportunities.

WWEE (WA Women's Employment and Education), 253-474-9933; 3516 S. 47th, ste 205, Tacoma; www.wwee.org

Provides job readiness, computer skills training, and housing support services to low-income women. Employment services
and paid internships offered throughout Pierce County for qualified individuals.

Suited for Success, a program of Phoenix Housing Network, 253-471-5340, www.ccsww.org

 Offers weekly workshops for low-income men and women seeking employment. Includes effective communication, interview and workplace behavior, and selecting interview attire at the on-site boutique.

<u>Computer Classes FREE</u> at the Pierce County Libraries; <u>www.piercecountylibrary.org</u> See website for classes, times and locations. Learning Express Library online in math, reading, writing, and academic & occupational tests.

COMMUNITY COALITIONS

<u>Sumner/Bonney Lake Communities for Families Coalition (CFF)</u>, Meets 1st Thurs. at.3:00 at Sumner School District Administration Building, 1202 Wood Ave, Sumner; 253-891-6066. Find us on Facebook!

- Goals: Identify community assets & needs, link resources, services & activities, support family-related activities.
- Activities/Volunteer: Youth forums, Community Summit & support activities benefiting youth and families.

<u>Prairie Ridge Community Coalition</u>, Meets 2nd Mondays at 11:30 at Prairie Ridge Community Service Center, 14104 Prairie Ridge Dr., Bonney Lake; 360-897-8378; Find us on Facebook to get event & resource updates.

- Serves: Residents of Prairie Ridge and surrounding communities.
- Activities: Weekly hot meal site, School supply distribution, National Night Out, holiday events, activities for youth & families, summer activities for children; Promote partnerships to provide programs for youth and families, networking.
- Donate: Christmas stocking stuffers & candy, school supplies, dinner service supplies.
- Volunteer: Seeking partners to sponsor youth & family programs and assist at existing events. Help elderly and disabled with yard work.

White River Families First Coalition (FFC), Meets 4th Mondays 4:00 at Glacier Middle School Library in Buckley; 253-829-0600

• Goals: Promote activities and partnerships that support the health and human services needs of individuals, youth and families in order to strengthen White River communities. Find us on Facebook! www.whiteriver.wednet.edu

More Organizations Serving NE Pierce County (on location)

Good Samaritan (Multi-Care) Community Services Parenting Classes, 253-845-9177

Provides a variety of classes in multiple locations in East Pierce County. Classes include Parenting with Love 'n Logic,
 Strengthening Families Parenting Class, Transition to Parenthood, Happiest Baby on the Block, Incredible Years, and support groups for ADHD and Relatives Raising Children. Please call for current schedule.

Volunteer Chore Services, Catholic Community Services, 253-383-3697, www.ccsww.org

• Helps elders and people with disabilities who cannot afford assistance or qualify for other assistance to remain independent in their own homes. Volunteers provide assistance 2 – 8 hours per month in a variety of areas including housework, laundry, shopping, yard work, and minor home repairs. Based on availability of volunteers.

Safe Streets, Uniting Neighbors Against Crime, 253-272-6824; www.safest.org

• Empowers individuals, families, youth, neighborhoods and organizations to create safe neighborhoods. Community mobilization specialists teach you to organize a block group and connect residents with the resources and support they need to solve their neighborhood challenges. National Night Out the first Tuesday in August.

Relatives Raising Children (Hope Sparks) 253-565-4484; www.HopeSparks.org

• Provides support, information, education and advocacy to strengthen relatives and non-relatives who have assumed care of children not theirs by birth and to keep these children with their family.

Free Tax Preparation, Sponsored by Pierce County Asset Building Coalition, 253-383-3056 x118; www.piercecountyabc.org

- Provides fast, free electronic tax preparation and assistance each year February April at various locations.
- Can also file for free online at www.icanefile.org.

ChildReach, Pierce County Community Connections / Community Action Programs, 253-798-3822

• Free, mobile developmental screening for children age birth to three years. Screening in language, motor, learning, growth and behavior. Various dates and locations for screening available. Call for an appointment.

ECEAP (Early Childhood Education & Assistance Program), 253-798-7379, www.co.pierce.wa.us

- Offered through Pierce County Comm. Services, providing free services to eligible children and their families.
- Locations in Sumner, Bonney Lake, and Buckley.

HEROS (Helping Elders Through Referral and Outreach Services - MultiCare Older Adult Services), 253-445-8120

Older adult services provides support, including in-home services, to older adults and their caregivers who are experiencing
many of the difficulties common to their age group, including depression, anxiety, dementia, behavioral disturbances, and
grief and loss.

South Sound Outreach, 3505 122nd Ave E (Mt View Lutheran Church), Edgewood, 253-593-2111; www.southsoundoutreach.org

Assistance with accessing resources and services in Pierce County.

Love, INC Pierce County, 10611 Canyon Rd E., Puyallup, www.loveincpiercecounty.org

- Client Line: 253-531-2366; Church/Volunteer Line: 253-531-2365; Partial applications available online.
- A network of Christian churches working together to help those in need in our community.

Pasado's Safe Haven Pet Spay/Neuter; www.pasadossafehaven.org (see website for specific information, locations & instructions)

• Offers low cost or free pet spay and neuter services in a mobile van in Sumner, Buckley, Orting & Puyallup.

Legal Assistance: Washington LawHelp, www.washingtonlawhelp.org or CLEAR www.nwjustice.org

Assists low-income individuals solve legal problems – much of the information is online and accessible to everyone. Topics include family law, housing, consumer & debt, protection from abuse, seniors, health, youth law, employment, veterans, immigration, and more. Printable forms, videos and other self-help forms. Very low income individuals can get assistance on non-criminal issues from CLEAR at www.nwjustice.org or 1-888-201-1014

<u>School Supplies</u> – There are several organizations that sponsor school supply drives and distributions. See agency information located in this resource guide for the following organizations: Sumner/Bonney Lake Family Center, White River Family Support Center, Lions 4 Kids House, Prairie Ridge Community Coalition, and Communities In Schools of Orting.

The following local organizations offer a wide variety of services, activities and volunteer opportunities. Please contact them for more information:

City of Bonney Lake, 8720 Main St. E., Bonney Lake; 253-862-8602, www.ci.bonney-lake.wa.us

City of Sumner, 1104 Maple St., Suite 253, Sumner; 253-863-8300, www.ci.sumner.wa.us

City of Buckley, 933 Main St., Buckley; 360-829-1921, www.cityofbuckley.com

Sumner/Bonney Lake Recreation Department, 1202 Wood Ave., Sumner; 253-893-6000, www.sumner.wednet.edu

White River Community Activities Program, 250 W. Main St., Buckley; 360-829-3366, www.whitervier.wednet.edu

Buckley Youth Activities Center, 251 S. River Ave., Buckley; 360-829-1921, www.cityofbuckley.com

<u>Prairie Ridge Community Coalition - Youth & Family Activities</u>, 14205 215th Ave. E., Bonney Lake; 253-334-5895

Bonney Lake Library, 18501 90th St. E., Bonney Lake; 253-548-3308; www.piercecountylibrary.org

Sumner Library, 1116 Fryar Ave., Sumner; 253-548-3306; www.piercecountylibrary.org

Buckley Library, 123 S. River Ave., Buckley; 360-548-3310; www.piercecountylibrary.org

Bonney Lake Senior Center, 19304 Bonney Lake Blvd., Bonney Lake; 253-863-7658; www.cityofbuckley.com

Sumner Senior Center, 15506 62nd St. Ct. E., Sumner; 253-863-2910; www.ci.sumner.wa.us

Buckley Senior Center, 811 Main St., Buckley; 360-829-0190; www.citybonneylake.org

Bonney Lake Lions Club, Club meets 2nd & 4th Thursdays at 7pm at Andre's Bar & Grill. www.bonneylakelions.com

Kiwanis Club of Bonney Lake, Service club meets at Bonney Lake Senior Center Tuesday mornings at 7:00am

Rotary Club of Sumner, meets Tuesdays at 12 noon at Puyallup Elks Club. 253-862-1818; www.rotaryclubofsumner.org

<u>Buckley Kiwanis Club</u>, Service club meets 1st & 3rd Thursday at 6:45 am at the Buckley Eagles, <u>www.buckleykiwanis.org</u>

Bonney Lake Chamber of Commerce, www.bonneylake.com; 253-222-5945.

Sumner Downtown Association, www.sumnerdowntown.com

Buckley Chamber of Commerce, www.buckleychamber.org

East Pierce Fire & Rescue, 18421 Old Buckley Hwy., Bonney Lake; www.eastpiercefire.org; 253-863-1800

<u>Toys for Tots</u>, Sumner & Bonney Lake Police Depts. & Buckley Fire Dept. , Collecting, wrapping & distributing toys

Foothills Rails-To-Trails Coalition, www.piercecountytrails.org

Beautify Bonney Lake, www.beautifybonneylake.org, Annual event in September.

Relay for Life, Sumner/Bonney Lake Relay for Life Team, www.sumnerbonneylakerelay.org; 253-272-5767.

Relay for Life of Buckley www.relayforlifeofbuckley.com.

Friendly Horse Acres, Buckley, www.friendlyhorseacres.com

Cedar Ridge Retirement & Assisted Living, 9515 198th Ave E., Bonney Lake; 253-299-6461

Sumner School District, 1202 Wood Ave., Sumner; 253-891-6000, www.sumner.wednet.edu

White River School District, 240 North "A" St., 360-829-0600, www.whiteriver.wednetnet.edu

Carbonado Historical School District, 427 4th St., Carbonado, 360-829-0121, www.carbonado.k12.2a.us

COUNTY-WIDE YOUTH-SERVING ORGANIZATIONS WITH MULTIPLE GROUPS/CLUBS IN THE AREA

- Boy Scouts of America, 253-752-7731, <u>www.pacificharbors.org</u>
- Girl Scouts of Western Washington, 253-475-0307, www.girlscoutsww.org
- Pierce County 4-H Clubs, 253-798-7180, www.pierce.wsu.edu
- Campfire Boys & Girls, 253-597-6234, www.campfireusaorca.org
- Big Brothers Big Sisters, 253-396-9630, www.bbbs.org/pugetsound

ORTING RESOURCES:

Orting Family Support Center, 120 Washington Ave. N., 360-893-8500, Mon. – Thur. 9:30 – 4:30

Orting Food Bank, 224 Washington Ave. SE, 360-893-3150, www.ortingfoodbank.org; Mon. 3-6, Wed. 12-3, Fri. 9 -12

Orting Clothing Bank, 121 Whitsell St., Orting, 360-893-6929, 2nd & 4th Wednesday 3:30 – 5:30pm

Communities In Schools of Orting, Located next to Ptarmigan Ridge Intermediate School, 360-893-7185, www.orting.ciswa.org

Orting School District, 121 Whitsell St., Orting, 360-893-6500, www.orting.wednet.edu

City of Orting Parks & Recreation, 360-893-2119 x120, www.cityoforting.org

Orting Senior Center, 120 N. Washington, Orting; 360-893-5827

OSTOP (Orting Standing Together on Prevention), 253-686-2357, www.ortingstop.com

Orting Library, 292 Washington Ave. S.; Orting; 360-893-2661; www.piercecountylibrary.org

Washington Soldier's Home, Orting, 1305 Orting-Kapowsin Hwy, Orting, 360-893-4511 (Terry Nisbet, Activities Director)

Opportunity Center of Orting (Espresso Drama), 109 Train St. SE (United Methodist Church), 360-893-2740

Not finding what you're looking for? Call 211 or go to www.AskFLIN.com

Looking for More Volunteer Opportunities?

- "Like" Volunteer Bonney Lake, Buckley & Sumner on Facebook to receive postings of local service opportunities.
- Go to the United Way Pierce County website www.uwpc.org and click on "Volunteer" to search volunteer opportunities throughout Pierce County.
- Catholic Community Services has an extensive list of volunteer opportunities available in all areas www.ccsww.org (click on "Volunteer").

Get this Resource Guide on the Web where you can download the latest version:

- At the City of Bonney Lake's website www.ci.bonney-lake.wa.us (click on "Community, then "Community Resources" to access the guide)
- At the White River School District's website www.whiteriver.wednetnet.edu (click on "Departments", "Family Support Services", then "Families First Coalition" to access the guide).
- At Lake Tapps Christian Church's website www.ltcc.org (click on "ministries", then "missions" to access the guide).

<u>About this Resource Guide</u>: The resource information focuses on basic needs and ways to get involved in the community through community service and support through donations. Every attempt was made to provide accurate and inclusive information. This is not intended as a guide to recreation or all non-profits and service groups. To update the information or include new services in Northeast Pierce County (White River, Sumner, Carbonado, and Orting School Districts), please e-mail Monica Gaub at gaublins@msn.com.

This resource guide is a volunteer service project and not affiliated with a specific agency or organization.