

SPONSORS



Capital Health System
Outstanding Care. Extremely Close.



Wristbands sponsored by Stout's Charter Service
to honor the memory of Frank Simms.

DIRECTIONS

From Interstate 295

Exit 65A (Sloan Avenue).
East on Sloan to end.
Left on Old Trenton Road.
Park entrance on left.

From Rt 1 North or South

US1 to Quakerbridge Road.
South on Quakerbridge Rd (Rt 533).
Go 2 Miles. After 3rd traffic light,
Left onto Hughes Drive.
Park entrance on left.



THE KIDZONE

This year we're expanding the area of fun activities for children. Along with the always popular kids' races, where every child is a winner, we'll have other special activities for children. Look for face painting, jugglers, special snacks, and much more!

Run for Dad is truly a family friendly event, so plan to bring everyone!



Non-Profit Org
U.S. Postage
PAID
Permit No. 19
Dayton NJ

American Cancer Society
3076 Princeton Pike
Lawrenceville, NJ 08648

A Tribute to Frank Simms



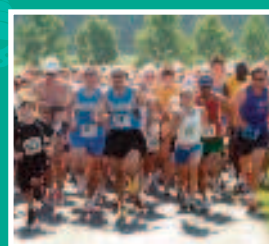
6th Annual



Father's Day

Sunday, June 15, 2008

Mercer County Park
West Windsor, NJ



5K Run • 2 Mile Walk
Kids' Run For Dad

<http://community.acsevents.org/runfordadNJ>



OFFICIAL ENTRY FORM

Father's Day

Sunday, June 15, 2008

Mercer County Park, West Windsor, NJ



5K RUN, 2 MILE WALK & KIDS' RUN FOR DAD

☐ Male ☐ **Yes, I am a prostate cancer survivor.**

☐ Female

☐ Sorry, I can't attend this year's Run for Dad.

Please accept my contribution of

☐ \$10 ☐ \$25 ☐ \$50 ☐ \$_____

LAST NAME _____

FIRST NAME _____

TEAM NAME _____

STREET _____

CITY _____

STATE _____

ZIP _____

PHONE _____

E-MAIL _____

DATE OF BIRTH _____

AGE ON RACE DAY _____

2008 USATF# _____

Checks payable to Run For Dad/ACS.
Mail to ACS, 3076 Princeton Pike,
Lawrenceville, NJ 08648

Event Entered *(please check one)*

☐ 5K Run ☐ 2 Mile Walk ☐ Kids' Run

Entry Fees *(please check one)*

☐ 5K Run or 2 Mile Walk (by 6/9) **\$18**

☐ 5K Run or 2 Mile Walk (USATF-NJ by 6/9) **\$16**

☐ 5K Run or 2 Mile Walk (after 6/9) **\$20**

☐ Kids' Run For Dad **\$10**

T-Shirt Size *(please check adult or child and size)*

☐ ADULT ☐ CHILD

☐ S ☐ M ☐ L ☐ XL

Waiver/Release: In consideration of this entry being accepted, I hereby for myself, heirs, executors, and administrators waive and release any claims I may have against the American Cancer Society, County of Mercer, Mercer County Parks Commission, On Your Mark Productions, their staff, officers, volunteers, sponsors, successors and assigns for injuries that may be suffered by me in this event. Further, I state that I am physically able to participate in the ACS Run For Dad.

Signature _____

Date _____

Signature of parent or guardian
if under 18



support the fight against prostate cancer

EVENT INFORMATION

Father's Day – Sunday, June 15, 2008
Mercer County Park
West Windsor, NJ



support the fight against prostate cancer

SCHEDULE

7:30 am Registration Begins
9:00 am 5K Run & 2 Mile Walk
9:45 am Kids' Run For Dad

REGISTRATION

To register yourself or a team:

By mail or online at www.OYMP.net or

<http://community.acsevents.org/runfordadNJ>

First 200 online registrants receive a free shoe bag.

ENTRY FEES

5K Run or 2 Mile Walk by 6/9	\$18
USATF-NJ Member by 6/9	\$16
After 6/9 and on race day	\$20
Kids' Run For Dad	\$10

COURSE

USATF-certified park loop on roads and paved trails.
Flat, fast, scenic, wooded and lakeside.
Traffic free. 2 water stops.

AWARDS*

5K Run: 1st, 2nd, 3rd	Overall, Male & Female
1st, 2nd, 3rd	Prostate Cancer Survivor
1st, 2nd, 3rd	In each age group

Walk & Kids' Run: Ribbon to all finishers

AGE GROUPS *(5 year increments)*

14 & Under to 75 & Over

AMENITIES

Run For Dad T-shirt. Summer snacks. Gift for all survivors. Random prize drawings with a grand prize of a Boulder Mountain Bike provided by Hart's Cyclery & Fitness of Pennington, NJ; Trenton Thunder tickets; and much more!

INFORMATION AND DIRECTIONS

609-895-0867 ext. 203 / (800) ACS-2345
www.OYMP.net

*No duplicate awards

Rain or Shine!

WHO BENEFITS?

This year an estimated 218,890 men in the United States will be diagnosed with prostate cancer, and an estimated 27,050 will die from the disease. New Jersey has the third highest incidence per capita of prostate cancer in the country. Even more troubling, in African American men, the incidence is roughly 60% higher than those of white or Asian men. There is good news however. The 5-year survival rate for men whose prostate cancer is detected early is nearly 100%. With more widespread screening and early detection we are making progress in those statistics. Education, awareness and personal action are the keys to saving lives and finding a cure.

The sixth annual RUN FOR DAD is a community and family event of the American Cancer Society designed to raise funds and awareness about prostate cancer and to highlight the importance of screening and early detection. Last year nearly 1200 people participated in the RUN FOR DAD. The goal for this year is 2000 with the continuing challenge to increase participation by African-American men and their families and prostate cancer survivors.

RUN FOR DAD honors the memory of Frank Simms, one of the founders of the Run, who lost his battle with prostate cancer in 2005.

Participants can sign up for the 5K Run or 2 mile walk and help raise additional funds to support prostate cancer programs and research through the American Cancer Society Web site at <http://community.acsevents.org/runfordadNJ>. It's a free and easy way to recruit team members and send customized e-mails to secure donations from friends and family.

Please join us on Father's Day, June 15, 2008 at Mercer County Park to run or walk for YOUR Dad. For more information about RUN FOR DAD or prostate cancer, please contact the American Cancer Society at **1.800.ACS.2345** or visit <http://community.acsevents.org/runfordadNJ>.

