OVER THE WALL CHILDREN'S CHARITY

OVER THE WALL

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Fundraise...

OVER THE

www.otw.org.uk

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Providing free of charge therapeutic recreation camps to help children with a life-limiting illness and their families.

Volunteer...

The Medical Team from a 2013 camp Challenge Yourself...



About Over The Wall Camps

OVER THE WALL is a national children's charity founded in 1999. Our purpose is to create fun opportunities for children and their families to reach beyond serious illness and discover joy, confidence and a new world of possibilities, always free of charge. We do this by providing residential activity camps, which last 3-6 days and are intentionally designed to create positive, life changing experiences.

Through camp children build confidence, self-esteem and resilience. They also find fun, friendship and laughter where they learn that their medical condition does not define them. We support the whole family through three distinctive programmes:

> Seriously ill children aged 8-17 years (5 nights) Siblings of seriously ill children aged 8-17 years (4 nights) Family groups, where there is a child with a serious illness (2 nights)

Volunteer Roles



There are a variety of roles that you can apply for at Camp:

Team Mate – this role involves supporting a team of volunteers and campers. As a Team Mate you build amazing 1-1 relationships with your team of Campers on a daily basis. Your role is to support and encourage the Campers on their individual and collective journeys.

Activity Leader - responsible for planning and delivering activities to campers, Do you have a specific interest or talent in games, music, arts and crafts or drama?

Camp Recorder - if you are interested in photography.

Safeguarding Officer - this is an important role at camp to ensure the safety and wellbeing of campers. You would be allocated to a team and complete the everyday Team Mate role, and be available for Safeguarding issues.

Finally, we are excited to have the new role of **Alcoa Good and Green Volunteer**. This is an opportunity to run activities that have a 'green' and 'environmental' theme.

"I have learnt so much from you , this has truly been a life changing experience, thank you so much."— Team Mate Volunteer

• A Day in the life of a volunteer at camp...

As a Volunteer you will arrive the day before camp to prepare for the Campers arrival. There will be group training sessions to make sure you feel confident around using Therapeutic Recreation and all other aspects necessary to make sure the magic of Camp happens. The Med Team (Clinical Volunteers) will be a part of this training as well as setting up the Med Shed (where all the Campers medical needs are cared for.)

You would then get to meet the team you will be spending the week with, settle into your room with your roommates and decorate your area with a theme of your team's choice.

Camp is structured around activities, food and fun! The week will largely consist of singing camp songs, being covered in face paint and being challenged in fun ways such as wearing your pj's to breakfast, or eating you dinner with socks on your hands.

Activities at Camp

Some of the activities include: art, drama, sport, swimming, climbing wall, kayaking, going on the zip wire, rest hour, talent night, disco and high ropes.





Medical Volunteer

We are the **only** UK charity providing fully supported activity camps to a wide range of illness groups. This is made possible by our amazing Volunteer Med Team made up of experienced paediatric nurses and doctors who provide home from home care. They work to ensure that every child receives the medicine and care they need, without interrupting the Campers experience. To join our Volunteer Med Team, you need to have 18 months experience (nurse) or be Level ST3 (Doctor) or above, a recent Paediatric Resuscitation course, registered with NMC or GMC and have Indemnity Insurance. If you are interested in becoming a medical volunteer or have any questions, please email: **volunteering@otw.org.uk**

Corporate Volunteers

If you and your organisation would like to get involved with Over The Wall, we can offer various opportunities which allow Corporate volunteers to contribute to the magic of camp. This can be volunteering at camp for the whole week, or helping the team set up the camp bubble ready for the arrival of the Campers.



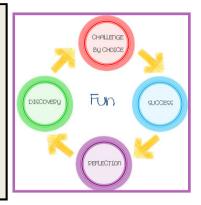
Fundraising

Over The Wall relies entirely on voluntary contributions to run our camps free of charge to the families we serve. There are many ways you can help us raise funds and reach more families. You can nominate Over The Wall as the chosen charity for you school or place of work or take part in a sponsored activity from sporting events to a once in a lifetime personal challenge. See all our events for this year on our website.

"The Campers have the time of their lives, they grow in confidence before your eyes"—Jane Cummings, Chief Nursing Officer For England & medical volunteer

Therapeutic Recreation & Challenge By Choice

At Over The Wall our camps are developed using a therapeutic recreation model, challenge by choice, where our campers choose the extent to which they join in with the activities we offer. Recent results of the Yale Study which we have been participating in has shown that 83% of campers have increase of confidence, 74% increase in independence and 80% increase in self esteem after attending our camps.



"It was emotionally and physically demanding and more incredibly fulfilling than I could have imagined. I was amazed at what I would be able to offer and what I could get back from the experience." - A Corporate Volunteer

How to Apply & The Process Create an account and complete the application form on our website. If you are successful in the application stage you will be invited to attend an Interview day (not as scary as it sounds!) The interview days are spread around the country - London, Southampton, Newcastle, Edinburgh, Glasgow and potentially a few more locations yet to be decided. You will need to provide 3 references and do an Enhanced Disclosure check for working with children at the interview. Once we have completed the interview, received references and an acceptable Enhanced DBS check, you will be invited to come to camp and join the Camp Bubble! For more information please give us a call on: 02392 477 110.

Over The Wall Camps 2014

<u>Camps for children affected by illness:</u> Scotland Camp - Strathallan School, Perth Tuesday 8th July - Sunday 13th July Dorset Camps - Bryanston School, Dorset Sunday 20th July - Friday 25th July Monday 28th July - Saturday 2nd August Midlands Camps - Whitemoor Lakes, Staffordshire Sunday 10th August - Friday 15th August

<u>Camps for siblings:</u> Dorset Camp - Bryanston School, Dorset Monday 7th April - Friday 11th April Scotland Camp - Strathallan School, Perth Tuesday 1st July - Saturday 5th July Midlands Camp - Whitemoor Lakes, Staffordshire Monday 18th August - Friday 22nd August

<u>Camps for families:</u> Scotland Camp - Tulliallan Castle, Fife *Friday 2nd May - Sunday 4th May* Midlands - Whitemoor Lakes, Staffordshire Friday 23rd May—Sunday 25th May South Family Camp - Grosvenor Hall, Kent Friday 12th September - Sunday 14th September North Camp - Location to be confirmed

25 Basepoint Business Centre, Harts Farm Way, Havant, Hampshire, PO9 1HS



Contact us

www.facebook.com/overthewallcamp





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