

Denmead Striders Running Club

Annual General Meeting 2015

Friday 20th March 2015, 7.00pm at Cowplain Activity Centre.

Minutes

The Chairman opened the A.G.M. at 19.00 and thanked everyone for attending. He noted that it had been a truly excellent year for the club with some notable 'firsts'. In July we had our 25th anniversary party, in September we went on tour to Paris and took part in the Paris to Versailles 10 mile road race and in October we staged our own 10k race in Denmead, which was a resounding success. These are in addition to a whole host of other activities, running and social, we must thank Lee and Lisa in particular for all they have done.

1.1 & 1.2 2014 AGM minutes – Matters arising.

There were no matters arising from the previous AGM. The minutes from the previous AGM (14/03/2014) after a few typing corrections, were agreed and signed as a representative account of the meeting.

Proposed: Mark Pelley (Club Chairman)

Seconded: Tracey Crank (Secretary)

2. Reports from Committee members.

2.1 Club Secretary – Tracey Crank

As stated in the club constitution the Club Secretary confirmed the club is affiliated to UK Athletics (UKA) and its subsidiary England Athletics (EA), The Hampshire Athletic Association (HAA) and the South East of England Athletic Association (SEAA)

The club is also affiliated to the following 'racing' leagues. The Hampshire Road Race League (HRRL) and the Southern Cross Country League.

The committee met on several occasions during the year and the minutes are available on the website.

The secretary encouraged members to sign up to 'easyfundraising' when doing any Internet Shopping which raises funds for the club. Details are on the club website.

2.2 Treasurer – Tracey Crank.

Following the death of the Club Treasurer the secretary reported – she thanked Julia Revill for doing the banking, Gary McCawley for signing cheques and Paula Hill for doing the audit. The accounts (appended to the minutes) showed a slight loss on the cross country event but that was offset with a £1,300 profit on the Denmead 10k road race. Lisa and Lee organised some great social events that managed to make a profit of £72.98 and we had a £300 donation for providing marshals for the Great South Run. The biggest expenditure was the awards night, coaching courses and Ryde transport.

Although the closing balance of £3,093.60 looks high, we have spent quite a lot since the year end – A donation was made to CRY in memory of Dave Davenport, costs for Ryde, the cross country event and awards night and further affiliations.

2.3 Membership Secretary – Julia Revill.

I am pleased to say that 2014 was another good year with the membership peaking at 136, including the 12 life members. Our consistent base of about 100 renewals and long standing members is very pleasing. We are always happy to greet new members and benefit from the contributions that they bring to the club with their enthusiasm for our sport.

2.4 Publicity – Sarah Heard

This year publicity activities have focused on raising the profile of the club and publicising the new Denmead 10k and the club's 25th anniversary. We have had a number of articles published on the Denmead 10k including the Portsmouth News, Meon Valley News and Postcode Publications. We have also had an article published about Mike Shaw. This year we have not carried out any activities aimed at recruiting new members as the club membership is already very healthy.

Paul Hiles also kindly created a Facebook page for the Denmead 10k. While this did not replace other methods of communication it did prove a useful way for entrants to ask questions about the race.

2.5 Club Captains

Martin Shaw

In the 13/14 season the Men's A Team finished 6th in Division 1, the same position as in the previous year. The Men's B team finished 7th in the B division 1 up from 9th the previous year.

2 Striders finished in the top 50 Julian Manning in 3rd and Matt Cheyney in 21st.

Mel Hunt

Well done to all ladies who have participated in races in the HRRL and the Cross Country league, as well as many other races representing Denmead Striders.

Unfortunately the ladies finished at the bottom of division one for both the A and B teams at the end of the 2013-14 season. The current season got off to a good start however with a much higher participation level than the previous year, and many of those running producing improved times, hopefully aiming to regain a place back in the first division next year.

The ladies who completed at least 7 races in the HRRL were Kirsty Bailey in 25th position, Anita Crawley in 39th and Mel Hunt in 53rd.

2.6 XC Representative – Graham Clarke

Cross-country running is not everyone's cup of tea! Somehow, the thought of getting up early on a Sunday morning to travel to the farthest reaches of the county followed by three quarters of an hour wallow through 5 miles of muddy paths does not hold universal appeal! Nevertheless, 53 Striders (nearly half the club) participated in at least one of the Southern Cross Country League races this season!

This year there were SEVEN league races which included a new venue at Chawton Park Woods near Alton, which, I believe, was unexpectedly quite challenging! (couldn't attend myself as I had decided on the soft option of the Portsmouth Half!). Partly due to the increase in league clubs from 20 – 22 and also the rise in popularity of these races, the no of runners at these races has risen significantly in recent years which has brought its own organisational problems such as car parking, provision of refreshments etc. This includes our own event at Staunton Country Park this year. The largest number was 520 at QE Park while our own event hosted 340 runners.

Our performance in the league was variable. On two occasions, for various reasons, we were unable to field complete teams for which we paid a penalty. Our final position in the league was 20/22, a position on which I know we can improve next year. However, on the positive side, our ladies' team did achieve 12th place at Pamber Forest and Chawton Park and at Staunton Park came 10th, while we came 12th overall, the best result of the Season!

Finally I would like to give a special mention to all our regular attendees who have participated in at least 4 races and earned bonus points for themselves in the Striders' League:

Martin Shaw (who completed all 7 races), Anita Crawley, Angie Agate, Julia Revill, Tracey Crank, Denise Williams, Roger Jones, Darren Butwell, Gary Cassap, Darren Phillips, Stuart Hoare, Alan McVittie, Tony Laurenson and Nick Bailey. Well done everyone, it's been great seeing you all in those muddy fields over the winter months! Newcomers to cross country will be very welcome to join us next season – don't be shy, come and give it a go – and remember, it's free!

2.7 Coaching – Graham Bowpitt

This year has seen a complete change to the coaching team and we have all been really pleased with the effort put in to sessions by all Striders. We have a couple of new coaches, Martin Shaw and Pete Maidment and also a big input from one of the original coaches John Rattley. The Trevenna twist sessions were always very well received. Gary, Julia, Angela and Pete Maisey have all set the standard and have all had great feedback from their sessions. We have had a lot of positive comments from members about the variety and new sessions. We have tried to mix it up with the new summer schedule but have also put in a few old favourites. Hopefully you have enjoyed the training and that you feel they have enabled you to get what you want from them. The coaching team are all volunteers who give up their time to plan the sessions and I would like to thank them for making the planning of the schedule an easier task. Please feel free to talk to any of the coaching team if you have any ideas for new sessions or if you fancy taking the next step to become a Striders coach.

GO STRIDERS!

3. Affiliation to the HRRL and SCCL for 2014/15.

The Club Chairman put forward a proposal that the club remained in the HRRL and the Southern Counties Cross Country League for 2014/15 season.

Proposed: Mark Pelley (Club Chairman)

Seconded: Richard Gray (Members Representative)

The proposal was put to the A.G.M. and agreed.

4. Election of Officers.

The Chairman reported that all members of the committee were happy to continue their roles. Stuart Hoare had kindly agreed to stand as Club Treasurer following the death of Dave Davenport. The appointment was proposed by Mark Pelley, seconded by Tracey Crank and agreed.

The chairman asked if anyone else wanted to put their names forward for any of the positions which would result in an election being held.

Position	Elected Officer
Chairman	Mark Pelley
Vice Chairman	Lee Weeks
Treasurer	Stuart Hoare
Club Secretary	Tracey Crank
Membership Secretary	Julia Revill
Club Captain	Martin Shaw & Mel Hunt
XC Representative	Graham Clarke
Club Kit	Terry Aked
Newsletter Representative	Peter Maisey
Publicity Officer	Sarah Heard
Website	Sue Rattley
Members Representative	Alison Pople
Members Representative	Richard Gray

With no further changes the above officers were appointed.

5. Health and Safety

There were no notifiable occurrences during the year. It was agreed that runners would continue to be encouraged to wear hi-viz and signs put out on training nights.

6. Website Update – Sue Rattley.

Sue sent her apologies for not being able to attend but sent the following report – I hope everyone is still satisfied with the website. I'm happy to continue as editor. I'm afraid that my website skills are very limited so the design has remained unchanged for some time now. However, hopefully, it still serves it's purpose.

I rely heavily on members giving me information and photos for the site and would like to thank Kev Raymond for sending me race results every week. He spends a lot of time on this and needs people to give him their results. I'd also like to thank Pete Maisey for

the newsletters and the many photos he sends me, and Lisa Guile for details of social events.

If anyone has any ideas for the website or notices any errors please let me know. It's no good just mentioning it on facebook, you need to tell me.

7. Club Newsletter – Pete Maisey.

I am pleased to say that I am getting regular newsletter contributions (as you will have seen if you are a regular reader).

Although I print and distribute 40 copies each month, an increasing number of members are happy to read the on-line version on the clubs web site, and thank you to Sue Rattley for being so prompt in putting the newsletter on-line.

A few stories did get away this year. But if you are taking part in an event outside the local circuit, please think about writing something for the newsletter. If you're not sure just ask.

Finally, I am happy to carry on doing the newsletter for another year. But equally I am willing to step aside if any other member feels an irresistible urge to become editor.

8. A.O.B.

8.1 None notified

9. Chairman's Closing Remarks.

Thank you all for attending the AGM. Before we adjourn to the bar for some liquid refreshment prior to the awards presentation, I would like to pay tribute to our wonderful friend Dave Davenport, who tragically passed away in January. He was an exceptional man, great fun to be with, a brilliant committee member for many years and he did so much behind the scenes. We will miss him greatly and the club has purchased a trophy, The Dave Davenport Memorial Trophy, which will be presented tonight and then annually to an 'unsung hero of the club', a term which summed up Dave perfectly.

Meeting closed at 19.40

DENMEAD STRIDERS RUNNING CLUB

Financial Statement at 31st December 2014

Bank Bal as at 1st January 2014	1250.47		
INCOME		EXPENDITURE	
Subscriptions 2014	2160.00	Affiliations	1520.00
Subscriptions 2015	674.00	Club Kit	260.00
Club Kit	155.25	Cross Country	316.55
Cross Country	302.50	Denmead 10k	1298.54
Denmead 10k	2604.45	Social Events	754.52
Social Events	827.50	Awards Night	604.48
Great South Run	300.00	Coaching Courses	130.00
		Ryde 10	290.00
		Sundries	6.48
		Closing Balance	3093.60
Total	<u>8274.17</u>		<u>8274.17</u>