



COLLEGE CONNECTIONS

PLENTY VALLEY CHRISTIAN COLLEGE

14 FEBRUARY 2013

NO 2/2013



EDITORIAL - FROM THE HEAD OF SECONDARY



CLICK HERE TO
PRINT A COPY OF
COLLEGE
CONNECTIONS

I love the start of the school year. There is always an air of excitement about the things that are new. New classes, new buildings, new friends, new teachers, new opportunities. There is a freshness about it that provides the possibility of regeneration, re-inventing practices, protocols and for the possibility of putting behind those things that maybe shouldn't have been part of our practice or life. A fresh start.

This excitement of things new also brings increased anxiety and uncertainty. What if I don't like my new experiences, the environment, my classes? Will my friendship group be the same as it was before?

What if it is all too different? So the start of the year can end up being like a two-edged sword. Is it any wonder that we have days that are a success and days that we wish to forget? Our emotions range from excitement and happiness to fear and sadness. At our sub-school assemblies in the Secondary Section at the end of last week, we shared on the reality of this and particularly so, this year, as the College has gone through an abnormal growth stage. We recognised that it will take time to settle ourselves and that we need patience, tolerance and care not just with those around us but with ourselves. It is important not to think we have failed as an individual or as a community if things are not quite right just yet. It is week one and we are on a journey together.

I am confident, though, as I look around our classes, our yard and our staff that we will succeed and I am excited about the net result of our enlarged and new community. This week, we will be having a particular focus on transition through Homegroup material, year level assemblies and activities. Please continue to dialogue with your child and with the College through this transitional time and please don't hesitate to follow up with any issues that remain outstanding.

The concept of reflection, renewal and regeneration is also a central theme of Christian Education in general and forms the backdrop to our approach to pastoral care, discipline and learning. Everyday represents new opportunities for change, growth and transformation. It is our belief that as we submit ourselves to these

Calendar Events

15.02.2013

[School Fee Payments Due](#)

15.02.2013

[Year 6 Building Modification Information Meeting](#)

9 am in the Conference Room

15.02.2013

[Years 5-6 Assembly](#)

In the conference room

18.02.2013 – 22.02.2013

[Year 7 Camp](#)

For more info on the camp, [click here](#)

[What to bring list.](#)

18.02.2013 – 22.02.2013

[Year 6 Camp](#)

Year 6 camp to Canberra

[For more info click here](#)

19.02.2013

[Parent Helpers Workshop](#)

Prep - Year 2 Parents

20.02.2013

[Board Meeting](#)

22.02.2013

[Conveyance Allowance forms Due](#)

[Bus Travel Allowance Form](#)

[Car Travel Allowance Form](#)

26.02.2013

[Primary - District Swimming](#)

Grade 4 - 6

26.02.2013

[Sec House Swimming](#)

Aqua-arena Swimming Pool, Doncaster

concepts, we can grow individually and together as a community, living under the benefit of His forgiveness and grace. I thank you that even with each of our own emotional struggles associated with the start of a new year, it has commenced well. Let us continue to embrace the journey with energy and purpose, supporting one another as we forge our new PVCC.

Rod Ramsay – Head of Secondary



FROM THE HEAD OF PRIMARY

MEET THE TEACHER

Meet The Teacher follow-up appointments requested from the class teacher on Thursday evening will be arranged through the online booking system. Once you hand the class teacher a Request Slip you will receive further details to book online.

EAR BUDS FOR IPADS

With the introduction of iPads into our school classroom programs we propose that all students from Yrs. 3-6 provide their own ear buds for personal use. Normally our college provides all tools and equipment but because of health concerns we ask that you provide a set for each child and provide a solid plastic container in which they can be stored inside your child's table tub. A container the size of a soap container (remember those?) or a very small snack box would be most suitable. Middle Section teachers (Years 3 and 4) also request you provide a 4GB USB to store personal student work. These items are inexpensive and readily available at generic \$2 stores. If you have problems providing these small items please speak with a class teacher.

Teachers of students in Years Prep – 2 will make other arrangements and outline these to you when necessary

YEAR 6 CAMP

The eagerly-anticipated camp to Canberra will depart next week with Year 6 class teachers, 5-6 Coordinator, Phys Ed teacher, several parent volunteers and visits from the college executive to check that we are happy with the provider and program. Trekset is a well-regarded provider and comes highly recommended by other schools. We wish them well in their journey and hope that they learn all they can about our nation's capital and its purpose or function. We recognise with appreciation the enormous preparation and time already invested by Mr Gillie and other staff.

GENERAL COMMUNICATION PROTOCOLS

We do our best to respond to your requests and queries but a few simple suggestions may help both of us enjoy good communication.

(a) Our Office Reception Staff have been asked to put your phone inquiries through to voice-mail. Each Section Leader has access to a dedicated phone but will **not** spend much of their day at that location. They will, however, respond to their voice mail as soon as they return, so please leave details of where and when you are available – some people leave messages from home and then go shopping.

(b) Each voice-mail message is sent also as an email to the intended

[Click here](#) to view Swimming Program

27.02.2013

[Year 9 Parent Information Night](#)

Year 9 Parent Information Night at PVCC Room 56

[Click here to view more](#)

28.02.2013

[EMA Forms Due](#)

[Click to download EMA Form](#)

05.03.2013

[College Photo Day](#)

05.03.2013

[Primary - Division Swimming](#)

Selected Students Grade 4 - 6

11.03.2013

[Labour Day Holiday](#)

12.03.2013 – 14.03.2013

[Year 5 Camp](#)

Year 5 School Camp at Mill Valley Ranch

12.03.2013

[EISM Div Swimming](#)

13.03.2013

[Immunisations](#)

14.03.2013

[Secondary House Athletics](#)

15.03.2013

[Student Free Day](#)

18.03.2013 – 22.03.2013

[EMPWR Week](#)

19.03.2013

[Primary House Cross Country](#)

Grade 3 - 6 on the college grounds

19.03.2013

[Twilight Evening](#)

20.03.2013

[Board Meeting](#)

22.03.2013

[Years 3-4 Assembly](#)

In the conference room

26.03.2013

[Easter Chapel Prep - Year 6](#)

In the M P Hall

27.03.2013

[Company AGM/GM](#)

28.03.2013

[Whole School Easter Service](#)

28.03.2013

[Primary Term Awards Assembly](#)

Out of Uniform Parade

28.03.2013 – 28.02.2013

[Whole School Chapel](#)

In the Multi Purpose Hall

28.03.2013

[End of Term 1](#)

29.03.2013

[Good Friday Holiday](#)

staff member so they are prompted of your call with a reminder later.

(c) Emails sent to the office are sent on throughout the day and are dependent on the workload of the Reception Staff – this varies enormously as they are directed to attend to tasks according to their own office schedule. This process may not be instant but has been found to be reliable and expedient due to their efficiency. If you send an email and it does “get lost”, as can happen very occasionally, please be patient. The volume of communication traffic is increasing as technology expands. We are not perfect but are aware that good communication is a necessary platform on which to build mutual trust and cooperation.

(d) Response times may vary because your question or inquiry might not have a simple solution. On many occasions there is a need for Section Leaders or class teachers to speak together and this can only occur at a mutually available time. Primary teachers have also undertaken increased playground supervision which makes collegiate contact more difficult to achieve. You may not receive an instant response to your request but be assured we consider all opportunities for partnership as important.

(e) Courtesy is catching. If your email or voice message is hostile and accusatory the response (or lack of it) from any staff member may not serve your needs. We acknowledge that many people work under pressure and that things upset us all from time to time. Please communicate politely so we can respond in the same manner.

PARENT HELPERS WORKSHOPS

All parents need a Working With Children police check to be in the company of children at school – reading stories, attending excursions, helping with art lessons, cooking sessions or helping in the garden. This is a lawful directive with which we must comply. (Currently registered teachers will already have a WWC certificate so can register that at the office instead)

If you would like to help in your child’s classroom you must also attend a PVCC Parent Helpers Workshop (registered teacher or otherwise) to ensure you understand our routines and procedures. Good communication begins with shared expectations and we need to provide clear guidelines. Mrs Sartor and Section Leaders will indicate when they are available to provide Workshops for you to register your interest. Our primary spelling program (LEM) also requires special information for parents wanting to work in Years Prep to Two.

Details are included [via this link](#).

MONTHLY BIRTHDAY PHOTOS

Every second Tuesday of each month we propose to take a Primary Group Birthday photo of students and staff so we celebrate their special anniversary. The only reason for sharing this information is that it needs to occur at 9:00 promptly to avoid interruption to the learning program. If your child comes late that day and misses out, it may cause disappointment.

ASSEMBLY TOMORROW

Fridays at 2 in the Conference Room- this is the regular time for Section Assemblies this year. The rotation of sections begins this week with Year 5 and 6. Year Fives will provide an item about their learning for the term and this will be very simple and brief because we are just

01.04.2013

[Easter Monday](#)

15.04.2013 – 17.04.2013

[Mission Tour Camp](#)

15.04.2013

[Staff Commence Term 2](#)

15.04.2013 – 19.04.2013

[Wollongarra Camp](#)

18.04.2013

[Students Commence Term 2](#)

24.04.2013

[Sec Parent Teacher Interviews](#)

25.04.2013

[Anzac Day Holiday](#)

26.04.2013

[School fee Payments Due](#)

30.04.2013

[Div 2 Athletics](#)

02.05.2013

[Sec Parent Teacher Interviews](#)

14.05.2013 – 16.05.2013

[NAPLAN Testing \(Years 3,5,7,9\)](#)

15.05.2013

[Board Meeting](#)

17.05.2013

[Immunisations](#)

21.05.2013

[Open Morning](#)

03.06.2013 – 07.06.2013

[Year 10 Exams](#)

05.06.2013

[Company Activity](#)

10.06.2013

[Queens Birthday Holiday](#)

11.06.2013

[Student Free Day](#)

Rivers Cooking Shows

The ‘Gourmet’ BBQ

Thursday 21st February, 7.15pm - 7.30pm start

Get inspired to BBQ some fabulous, different dishes with Rivers Chefs.

Come & learn new, quick, easy & exciting ways to make the most of your BBQ. Great for men & women entertaining this summer.

Healthy ‘Clean Eating’

Thursday 21st March, 7.15pm - 7.30pm start

Get inspired to cook healthy and eat clean with Rivers Chefs.

Come & learn new, quick, easy & exciting ways to make healthy eating fun and delicious. It's a great way to take the first step to a healthy lifestyle.

\$45 per show

**** February Special ****

Book into two Cooking Shows in 2013 and get the 3rd one

FREE! Save \$45! Bookings must be made by 28.02.2013.

BOOKINGS ONLINE Cooking Shows include recipes, toppings & a glass of bubbles.

BOOK NOW CALL 9436 3215

Visit www.riversofyambal.com for the 2013 Cooking Show Program

returned from holidays. Nevertheless, they will have something to share about their learning intentions for the coming weeks in Term 1.

HOUSE SWIMMING CARNIVAL

Our first major sports carnival got underway yesterday and we are thankful for great weather and the joy of a nearby facility which suits our needs. Thank you to Ms Spencer and her newly appointed team of sports House Captains and Sports Captains for their willing and capable assistance in preparing and helping their fellow students and teachers. Thank you to the volunteer parents who timed, marshalled and scored the carnival events. Your support is always appreciated.

CAR PARKING FOR DROP OFF AND COLLECTION AT OUT OF SCHOOL CARE

If you drop your child off before 8:00 and collect them after 4:30 you are invited to use the top car-park Visitor Parking, closest to the General Office. This is provided to save you time. Unfortunately our car-parking spaces are precious and this space is only available during these hours. Delivery vehicles and tradespeople also use this space so we need parents to take care using this heavily accessed area.

All other vehicles must use the lower car-parking spaces closest to the roadway. The college appreciates the congestion and has requested local council for input, support and assistance.

HAPPILY UNDERWAY

Everyone settled quickly into the routine this year. Smiles all around but the heat takes a toll on smaller children. The Prep students have been amazing in their levels of willingness, readiness and responsiveness to their teachers. Teachers thank the many parents who have taken their time to write or phone their messages of appreciation for a smooth and happy beginning to the year. Your words of encouragement uplift us at a very stressful and demanding time of the year. Thank you.

Barbara Adams - Head of Primary

PRIMARY NEWS

Welcome to all 2013 Prep Families

Welcoming your children to year prep at Plenty Valley Christian College has been an absolute blessing. Children have shown an enthusiasm which is testimony to your endeavours in preparing them for school over the summer break. Some children will still need to grow into their uniforms and we are excited in sharing this wonderful journey with you all.

Prep children are not expected to attend school on Wednesdays for the remainder of the term. Prep teachers will soon organise suitable times to visit you and your child at home ... an ideal opportunity to learn more about your child and their interests.

A reminder to look in your child's reading folder for daily notices. Any questions can be directed to any one of the year prep teachers – Miss Kent, Mrs Craig, Mrs McDonald, Mrs Scordo. Alternatively, I can also be contacted via phoning the school or email:

sandra.sartor@pvcc.vic.edu.au.

Interested in Assisting in Your Child's Classroom?

Mrs Sartor invites all Year Prep to Two parents to attend a Parent Helpers Workshop. Workshop participation, in collaboration with a Working With Children Check, are compulsory requirements prior to being rostered as a Parent Helper in the classroom. Workshops will be held in the Conference Room on:

Tuesday, 19th February 9.00am to 10.30am

OR

Thursday, 21st February 7.00pm to 8.30pm

A notice is soon to go home to parents inviting you to RSVP to one of these two sessions. Alternatively, you may RSVP directly to Mrs Sartor: Sandra.sartor@pvcc.vic.edu.au

LEM Phonics Parent Introduction

Mrs Sartor invites all Year Prep to Six parents interested in learning more about the College's LEM Phonics program ... what it entails and how it is delivered. If you are keen on learning more, please attend one of the following workshops, to be held in the Conference Room on:

Tuesday, 26th February 9.00am to 10.00am

OR

Wednesday, 27th February 7.00pm to 8.00pm

A notice is soon to go home to parents inviting you to RSVP to one of these two sessions. Alternatively, you may RSVP directly to Mrs Sartor: Sandra.sartor@pvcc.vic.edu.au

Sandra Sartor - Prep - Year 2 Co-ordinator

Year Six Students – Off to Canberra!

Next week the Year Six students will be going to Canberra for an educational tour of our national capital. While on this tour they will participate in a variety of educational programmes focused on Australia's history, culture, heritage and democracy.

The Australian Government recognises the importance of all young Australians being able to visit their National Capital as part of their civics and citizenship education. To assist parents in meeting the cost of this visit the Australian Government is contributing funding of \$30 per eligible student under the Parliament and Civics Education Rebate programme toward the travel expenses incurred. This contribution will be paid directly to the College upon completion of the event.

I would like to thank the Australian Government for their support of this program.

Wayne Gillie – Year Six Teacher

PRIMARY MUSIC NEWS

Looks like 2013 is shaping up already to be another terrific year in Primary Music. This year the Prep – Year Two students will be having their own special performance in Term 2 here at PVCC (date tbc) and the Year Three – Six students will all be involved in our musical performance at the Plenty Ranges Arts and Entertainment Centre in Term 3. Please put **Wednesday 28th and Thursday 29th August** in your diaries now. I shall be holding a preliminary meeting for interested helpers in a few weeks' time. Watch this space.

It is great to have Mrs MacDonald taking the Prep classes for music this year, and I am sure these young children will benefit from having another Mrs Mac!

A big thank you to all students who auditioned for a highly sought after place, in the Senior Primary Choir. This choir is for students in years five and six only with preference given to year six students. Over the years we have sung at a wide range of school and community events. If you have an idea for a performance or community contact please contact me and I can follow it up. Likewise, if you have any special talents and would like to share them with the music classes, please let me know.

Just a reminder that Mrs Jo Roberts co-ordinates the Instrumental Program at PVCC (Prep- Year 12) and all enquiries re private instrumental lessons can be directed to her.

The junior choir Valley Voices will commence next Wednesday for interested students in years 3 and 4.

Finally, I would like to say what a great time we had at the Year Six Graduation last year...maybe the best ever? If you happened to have taken video of any of the musical performances or dancing, I would love a copy.

I am available at the College on Tues, Wed. & Thurs, alternatively you can contact me via email on bettina.mcmurray@pvcc.vic.edu.au

Bettina McMurray - Primary Music



FROM THE HEAD OF SECONDARY

Last week, I attended the VCE Parent Night as part of the Year 12 Study Camp. The camp was a joint effort, this year, between PVCC and Hume Anglican Grammar. The Principal of Hume, Mr Bill Sweeney, shared some advice to our Year 12s that is worthy of repeating here, not just for them but for our whole student community.

The three tips were:

- Work hard but play hard. When you set your time and your mind to study then do so with purpose. Put in and work hard at making the most of it. Short blocks of concentrated effort will produce quality outcomes. When you are done with study, then play hard too. By this, Bill, was encouraging our young people to use downtime or free time well. The best activities are those that are physical, like getting outside and walking, jogging or playing sport. The things to avoid are those of the more sedentary type such as TV watching, game playing and of course Facebook. These will quickly consume time and are too

- similar in nature to what our bodies go through with study.
- The second tip was to know our learning style. Successful learning is achieved more efficiently when we know what makes it easier for us to learn. This takes effort, reflection and purpose, however, the reward is worth it. Our student diaries are replete with information, tips and activities in support of this and during our Homegroup pastoral sessions, Homegroup teachers will undertake some of these with students. I encourage you to work alongside your child with this information.
 - The third tip was to encourage our students not to give up those things we love. If we danced, then dance. If we played a sport, continue this. They were also challenged to maintain an active social life, keep friendships well for they will assist in un-burdening ourselves. All of these things are important because they will help us to maintain a balance in life and balance is essential in reducing anxiety and stress.

These tips are essential for our Year 12s but they are wise advice for all of us. I am constantly challenged by the need to reflect similarly in my own life and I am sure that each of us, student, parent, worker or staff member, would benefit from a consideration of Bill's advice.

I also offer this excerpt from our *Learning Curve Planner* Diary Focus for the first week of school. It raises some similar points around the concept of prioritizing.

Prioritizing is a life skill that enables students to become self-aware and self-managing in using their time more effectively. Reflecting on and then arranging their daily/weekly activities and commitments in order of importance build their self-awareness and independent learning power.

The reality is that most students find it very difficult to just sit down to complete a Homework Session unless it is planned ahead of time. The "spontaneous" approach of just letting it happen doesn't work, even though our students may disagree because they may believe they have their acts together. The best way for students to build their resiliency is to prioritize their activities and then design a structured timetable that includes all the activities that occupy their time, such as:

- *Sport training*
- *Part-time jobs*
- *Study and home learning*
- *Social networking sites*
- *Favorite television shows and games*
- *Family commitments*
- *Leisure activities*

Because our students' brains are not fully developed, they need our support and explicit guidance in learning how to arrange activities in the right order. It's not that they won't do it; they haven't the anatomical brain capabilities to do it consistently as yet.

Their attitudes towards achieving life balance will benefit considerably when they are willing and able to become more discerning in identifying "musts" and "options" in their lives and the time they allocate to each of them.

It is certainly our aim that all our students can gain:

- *an understanding where their time goes each day/week and that their time is a precious resource*
- *an awareness of what are the "musts and options" in their lives*

during a typical week

- a willingness to think about and reflect on the choices they have to make daily to build their life bank to spend later, and
- a belief that they are in control of themselves and their decisions and prioritizing will build their “stickability” to be independent learners and thinkers.

“A journey of a thousand miles begins with one step.” Chinese Proverb

Rod Ramsay – Head of Secondary

SECONDARY NEWS

YEAR 9 PARENT INFORMATION EVENING to be held on 27 February at the College in room 56 at 7pm. I extend a warm welcome to all Year 9 parents and encouraged to attend. [Click here](#) to read more.

Julie Leitch - Year 9 Coordinator

NEWS FROM THE CAREERS OFFICE

This week’s newsletter has a particular focus on GAP year programs and exchanges. If this is of interest you should start your research now! Other items in the *Career News* this week include –

- TSFX VCE Programs
- Tuckwell Scholarship at ANU
- News from Monash University
- Pharmacy, Pharmaceutical Sciences – What’s the Difference?
- Virtual Pharmacy – Pharmville

Parents are invited to contact me on 9717 7400 or susannah.ciardulli@pvcc.vic.edu.au

[Click here for the latest edition of Career News](#)

Susannah Ciardulli - Careers Advisor

In February, TSFX is holding a unique fundraising event for VCE students.

This important program offers students the opportunity to learn proven systems and study strategies that will not only greatly improve scores – but also boost confidence, reduce procrastination and motivate students to excel in the VCE. Students will also derive great benefit from in-depth coverage of key topics that will form an important component of the examinations. Hints and tips arising from years of VCE marking and teaching will be provided

Mastering the VCE

Over \$300 Notes & Lectures – Free

Learn proven systems and study skills that will reduce stress and study time and markedly improve VCE scores.

Visit www.tsfx.com.au for enrolments and additional information.



NEWS FROM SECONDARY SPORT

CONGRATULATIONS TO JESSICA ADAMS FROM YEAR 9!!

Jess was named Swimming Victoria's Female 13yr old Champion **for the 3rd year in a row** after the following awesome medal haul at the recent State Titles!

Her results:

Gold 200 Free

Gold 200 Individual Medley(new Victorian record time)

Gold 200 Backstroke

Gold 100 Backstroke

Gold 100 Freestyle

Gold 400 Individual Medley

Silver 50 Freestyle

Silver 100 Butterfly

Jess now is looking forward to the upcoming Nationals in April. All the best from PVCC Jess!

[Click to view](#) Secondary House Swimming Program which will be held on 26 February 2013

Helen Padget – Sport/PE and MPH Coordinator

NEWS FROM THE PARENTS AND FRIENDS ASSOCIATION

Are you looking for ideas to use up your Parent Participation hours? We have 160 families who have signed up to P & F News, and they receive emails at various times about jobs that can be done, as well as news about various events. If you're interested, please email me at sally.agostino@pvcc.vic.edu.au to receive this email semi regularly.

For your calendar: we have Sharon Witt, an author, educator and speaker coming to share with parents on Tuesday evening, March 12th. She will speak about various issues relating to raising teenagers, including social media and cyber safety. She's a dynamic speaker who is entertaining as well as informative, so lock this date into your diary and we'll give you more information soon.

We will be running a sausage sizzle at Mill Park Bunnings on Saturday, 9th March. We have already filled up lots of spots with parent help, but if you'd like to put your name down to help out from 1-3pm or 3 – 4:30pm, please email Sally at the above email address.

Sally Agostino - Community Development Officer

NEWS FROM THE UNIFORM SHOP

UNIFORM SHOP TRADING HOURS:

Monday 12 am - 4 pm
Tuesday 8 am - 2 pm
Thursday 12 am - 5 pm
1st Saturday of month 9:30 am - 12:30 pm

Our direct telephone number is 9717 4996

SECONDARY STUDENTS WHO ARE NEW TO THE COLLEGE AND HAVE NOT PURCHASED A BLAZER: will need to be fitted for a blazer as College photo day is 5th of March and all students will need to wear a blazer for that day.

Lydia Ross

NEWS FROM THE CANTEEN

Parent assistance is valued in the Canteen. If you are able to help, please contact the Canteen on 9717 7400. If you are ever in the school during recess (10.40—11 am) or lunch time (12.40—1.40 pm) another person or two to help with serving would be greatly appreciated. **All work in the Canteen can be counted towards Parent Participation Time.** Dads and grandparents are most welcome too!
Note: Due to Health Regulations, space and safety reasons, we are unable to accommodate any children in the Canteen.

[CANTEEN ROSTER FOR TERM 1 – 2013](#)

[Click here to view current Canteen Price List](#)
Wendy Gregory (Ph:5783 1643) OR Denise Robinson (Ph: 9716 1257)

CAR PARKING

Dear Friends,

Thank you for your patience with the College car park! Obviously an increase in its use has exacerbated some of the problems of only one entry and one exit. We are looking at an option to relieve the congestion at pick up time but it will require planning approval from the local Council.

Meanwhile, there are some options parents may like to consider such as carpooling and staging your arrival time. A later arrival time for example, would probably not result in leaving the property any later than an early arrival with congested traffic. Most buses have left the College by 3.50pm.

We also thank you for your awareness and consideration of safety in the area. Please keep alive that focus on safety.

Kind Regards

Douglas Peck



VISION STATEMENT

The vision of Plenty Valley Christian College is to be a learning community with the creative and responsive mind and spirit of Christ

P: (03) 9717-7400
F: (03) 9717-7475

840 Yan Yean Road
Doreen Victoria 3754

Email this newsletter to a friend
Privacy | Unsubscribe | Contact

Copyright © 2011
Plenty Valley Christian College



Parent Helper Workshop 2013

The best education is one that's a partnership between home and school.

For all Year Prep to Two parents wishing to assist in their child's classroom. This workshop will support you in feeling more skilled for the tasks that class teachers need you to do. All Year Prep to Two parents keen on offering assistance in the classroom are required to attend this *compulsory* workshop.

You are invited to attend one of the following workshops in the Conference Room:

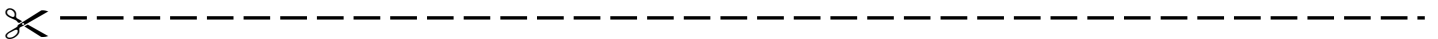
Tuesday, 19th February 9.00am to 10.30am

OR

Thursday, 21st February 7.00pm to 8.30pm

If interested in attending, please complete the slip below and return to your classroom teacher by Monday, 18th February.

Sandra Sartor
P-2 Co-ordinator



Parent/s Name:

Child's teacher:

I wish to attend the following workshop:

- Tuesday, 19th February 9.00am to 10.30am
- Thursday, 21st February 7.00pm to 8.30pm

To all Year 9 Parents

“Education is a partnership”

On **Wednesday the 27th February** there is a great opportunity to engage with your child’s education at PVCC.

You are warmly welcome and encouraged to attend our

Year 9 Parent Information Evening

To be held at the College in Room 56.

It is considered to be a compulsory event for all Year 9 parents
(Students are not required to attend)

Come along and be informed on what’s important for
Students in Year 9

It will be a night of fellowship, discussion, questions and information

The main areas that will be addressed include:

- What’s happening in the year?
- How can you best help your child?
 - Looking ahead to VCE?

We will begin the night by meeting for a cuppa and a chat
at **7:00pm** in the Staff Room
followed by the night’s program in Room 56.
Supper Provided!

We aim to conclude the evening at 8.15pm

We look forward to seeing you.

Mrs Julie Leitch
Year 9 Coordinator

PVCC SECONDARY HOUSE SWIMMING CARNIVAL 2013
Tuesday February 26, 10am – 2.30pm
Aquarena Swimming Pool, Doncaster

Dear Parents and Students,

It's that time again! Get ready for a fun and active day! We aim to have everyone taking part in at least one event and dressing up in house colours/ themes to celebrate PVCC house spirit. House meetings will take place for signing up for events. Letters will be sent home soon outlining details for this compulsory school event.

Please note that students can come to school in sports uniform and/or house colours/costumes on the day, however casual non-house coloured gear is not permitted. Please ensure your child does not wear alternatives eg brown, black etc. Blue, green, yellow or red outfits or sports uniform are the only options and each house will decide on a theme for the day.

Students need to be dressed in a sun-smart manner and bikinis can only be worn if a t-shirt or sun-top is worn over them. Students will not be allowed to sit around without covering up. Ensure your child has sufficient drink and food as the kiosk will only be opened for snacks for a short time.

A basic version of the program follows. We look forward to any parental support on the day. Buses will be provided for travel to and from the carnival. If parents have any concerns or questions about any aspect of the swimming program, please contact me. Any parent wishing to assist as an official can ring me at PVCC or email me at helen.padget@pvcc.vic.edu.au. With thanks for your support of this whole Secondary School event.

Regards, Helen Padget – Head of Secondary Sport

<i>PVCC Secondary Swimming Carnival 2013</i>	
	Beach volleyball and diving throughout the day
10.10 am	Creative dress competition
10.20 am	100m FREESTYLE Open
10.30 am	4 x 50m MEDLEY RELAYS (U13-Open)
11.00 am	50m FREESTYLE (U13-Open)
11.30 am	50m BREASTSTROKE (U13-Open)
12 noon	TEACHER/CAPTAIN RELAY
12.15 pm	Lunch – waterslide
12.45 pm	50m BACKSTROKE (U13-Open)
1.15 pm	50m BUTTERFLY (U13, U15, Open)
1.35 pm	TEACHER vs STUDENT Relay
1.45 pm	4 x 50m FREESTYLE RELAYS (U13-Open).
2.25 pm	PRESENTATIONS/CLOSE

the school for excellence

year 11 & 12 vce

tsfx

these students obtained

perfect 50
study scores



tsfx

they all went to
different schools.

they had one thing in common. **TSFX.**

Learn how average students obtain perfect 50 study scores each year, and how you can use the same systems and strategies to reach your full potential in Year 11 and 12.

*Valued at
Over \$300
FREE!!**

the secrets to vce success - unlocked in mastering the vce

Dates: Sunday 17th, Saturday 23rd & Sunday 24th February 2013

Venue: The University of Melbourne

TSFX - Voted Number 1 for Excellence and Quality in VCE Programs

mastering the vce

"Mastering the VCE" is a unique and powerful program designed to motivate, empower and organise students, and ensure they are provided with the necessary skills and information to **maximise** VCE scores.

Featuring a unique collection of guest speakers and elite teachers from top ranking schools, this **exclusive event** is a **must** for all Year 11 and Year 12 students!

- Benefit from in-depth instruction in select Unit 1 and Unit 3 topics that will form an important component of the VCE examinations
- Learn how average students obtain perfect 50 study scores each year
- Learn how students struggling in Year 11 secured positions in Medicine & Law!
- Discover the common mistakes made by past VCE students (and how to avoid these!)
- Learn what to expect this year, challenges to watch out for and how to prepare for (and master) these
- Discover strategies that can be implemented now, so as to reduce stress and workloads this year
- Hear what teachers and exam markers expect from those students striving for the above average scores
- Gain the skills required to outrank your subject peers

intense learning/study skills lecture (3 hours)

During the course of this program, students will learn **vital skills** that will help **optimise performance** in SACs, tests and examinations as well as strategies that will **maximise learning** and **cut down** on study time! Students will also gain exclusive advice and instruction in the following key topics:

- The 7 secrets to VCE success
- Key strategies used by past students to excel in the VCE
- The most effective and time saving learning techniques
- Keeping learned materials in memory for longer periods of time
- Getting the most out of classes at school
- Organisational skills and time management
- Goal setting and managing procrastination
- Stress management and effective motivation strategies

- Planning effective daily study timetables
- Avoiding the detrimental mistakes made by past VCE students
- Preparing for the "open book" style of testing in the mathematics exams

as well as other **key strategies** used by past students to excel in the VCE! Students will also obtain **exclusive advice** from past students who obtained 99+ ATAR scores.

This lecture is being delivered by one of Australia's leading education/learning specialists and is highly recommended for those students wanting to maximise SAC and examination scores.

Note: Many of the skills and techniques that will be addressed have been proven to cut down on study time and markedly improve VCE results, but are not known (or practised) by the majority of students. Detailed study skills **notes** will be provided to students on the day.

free master classes (2 hours per subject)

Our "Master Classes" are highly specialised weekly tuition programs designed to ensure that students reach their **full potential**, be that a two grade improvement or the elite **A and A+ scores**. These exclusive classes incorporate the content and teaching philosophies of many of the **top schools** in Victoria, ensuring that students are prepared to a standard that is seldom achieved by only attending school.

Our "Mastering the VCE" lecture series offers students the opportunity to sample these **powerful programs** and benefit from an **in depth** coverage of select topics that will form an important component of the examinations. **Hints and tips arising from years of VCE marking and teaching** will be provided to students throughout each lecture. These classes are **guaranteed** to motivate students and **improve VCE scores!** Detailed course notes will be provided to all students.

Cost: Valued at over \$300, these powerful lectures are **FREE OF CHARGE*** to students. We do, however, require that students participating in this program make a *minimum \$10 donation to the charity representatives that will be in attendance on the day. 50% of the proceeds collected will be donated to Beyond Blue and 50% will be donated to the Fred Hollows Foundation. To date, TSFX has raised and donated over **\$127,584** to charity.

Bookings are Essential - Don't Miss Out!



application form - mastering the vce 2013

Complete this form and return to: The Program Coordinator, The School For Excellence, Level 1, 477 Collins Street, Melbourne, Vic, 3000. Fax: 9663 3939.

**enrol online @
www.tsfx.com.au**

Section 1: Applicant's Details

First Name:	Surname:	
Home Address:	Suburb:	Postcode:
Phone (Applicant):	Parent Phone (If Applicant is a Student):	
Email Address:	School Attending:	

Section 2: Please enrol me into the following lectures (✓). Admission Fee: \$10 donation to charity per day

Sunday 17 Feb 2013	Saturday 23 Feb 2013	Sunday 24 Feb 2013	Year Level in 2013?
9:00am - 11:00am <input type="checkbox"/> Unit 3 Further Maths <input type="checkbox"/> Unit 3 Maths Methods <input type="checkbox"/> Unit 3 Psychology <input type="checkbox"/> Unit 3 Specialist Maths	9:00am - 11:00am <input type="checkbox"/> Unit 1 Chemistry <input type="checkbox"/> Unit 3 Biology <input type="checkbox"/> Unit 3 English/ESL <input type="checkbox"/> Unit 3 Psychology	9:00am - 11:00am <input type="checkbox"/> Unit 1 English/ESL <input type="checkbox"/> Unit 3 Chemistry <input type="checkbox"/> Unit 3 Maths Methods <input type="checkbox"/> Unit 3 Physics	<input type="checkbox"/> Year 12 <input type="checkbox"/> Year 11 <input type="checkbox"/> Year 11 (studying Unit 3/4 subjects) <input type="checkbox"/> Year 10 (studying Unit 1/2 subjects) <input type="checkbox"/> Teacher <input type="checkbox"/> Other
11:45am - 2:45pm <input type="checkbox"/> Study Skills Lecture	11:45am - 2:45pm <input type="checkbox"/> Study Skills Lecture	11:45am - 2:45pm <input type="checkbox"/> Study Skills Lecture	
3:30pm - 5:30pm <input type="checkbox"/> Unit 3 Biology <input type="checkbox"/> Unit 3 Chemistry <input type="checkbox"/> Unit 3 English/ESL <input type="checkbox"/> Unit 3 Physics	3:30pm - 5:30pm <input type="checkbox"/> Unit 1 English/ESL <input type="checkbox"/> Unit 1 Maths Methods <input type="checkbox"/> Unit 3 Further Maths <input type="checkbox"/> Unit 3 Maths Methods	3:30pm - 5:30pm <input type="checkbox"/> Unit 1 Maths Methods <input type="checkbox"/> Unit 3 Chemistry <input type="checkbox"/> Unit 3 English/ESL <input type="checkbox"/> Unit 3 Specialist Maths	

Bookings are Essential

Admission documents, maps & confirmations will be sent by post on the Monday before each lecture series. Theatre details will be posted at www.tsfx.com.au.

Note: Repeat lectures are identical i.e. the Unit 3 lectures on 23 Feb are IDENTICAL to the Unit 3 lectures on 24 Feb 2013.

VCEedgeonline

Those students who cannot attend "Mastering the VCE" are invited to join our unique and exclusive online service at **no charge!** Join **VCE Edge Online** today for **FREE** unlimited access to subject notes and cheat cards, trial exams and solutions, sample A+ essays and SACs, weekly study tips and exam advice, critical VCE updates, examination strategy lectures and more! To get your edge in the VCE join **VCE Edge Online** free of charge at www.tsfx.com.au or call (03) 9663 3311.



PVCC CANTEN ROSTER FOR TERM 1 – 2013

Contact Phone Nos. Canteen 9717 7400

Wendy 5783 1643; Denise 9716 1257

Date	Manager	9-11	9-2	Noon-2
Mon 11 Feb	Denise	Carol Amoretty	Elaine Renshaw	
Tues 12 Feb	Wendy/Denise	Marco D'Angelo		Lynda Lee
Wed 13 Feb	Wendy	Zoe Beck	Adele Heany	KyliePaulo
Thurs 14 Feb	Wendy/Denise	H Kruger		Barb Evans
Fri 15 Feb	Wendy/Denise	J Tregale L Stevens		Nichole
Mon 18 Feb	Denise		L. Bastin	VACANCY
Tues 19 Feb	Wendy/Denise		Teone Smith	
Wed 20 Feb	Wend	Sue Pettingill		M. Howarth
Thurs 21 Feb	Wendy/Denise	H. Kruger		Barb Evans
Fri 22 Feb	Wendy/Denise	Linda Chapple	VACANCY	VACANCY
Mon 25 Feb	Denise	Lisa Caldow Carol	Fynne Murray	M. McGinty
Tues 26 Feb	Wendy/Denise		Jodie Bissicks	
Wed 27 Feb	Wendy	Sue Pettingill Deb Sly	Dorina Vella	Elke Valencia
Thurs 28 Feb	Wendy/Denise	H. Kruger		Barb Evans
Fri 1 March	Wendy/Denise	J Tregale Lisa Stevens		Tim Kelso
Mon 4 March	Denise	Carol Amoretty	Adele Vermaak	VACANCY
Tues 5 March	Wendy/Denise	Greta Dench		D. Shepherd
Wed 6 March	Wendy	Zoe Beck	Adele Heany	K Murray
Thurs 7 March	Wendy/Denise	H .Kruger		VACANCY
Fri 8 March	Wendy/Denise	Linda Chapple Tim Kelso		Nichole W
Mon 11 March	Denise	LABOUR DAY	LABOUR DAY	
Tues 12 March	Wendy/Denise	M. Ramsay		Cyndi
Wed 13 March	Wendy	Debbie Sly	Dorina Vella	E. Valencia
Thurs 14 March	Wendy/Denise	H. Kruger A Lever		Barb Evans
Fri 15 March	Wendy/Denise	STUDENT FREE DAY	STUDENT FREE DAY	
Mon 18 March	Denise	Carol Amoretty	Adele Vermaak	VACANCY
Tues 19 March	Wendy/Denise	Marco D'Angelo		VACANCY
Wed 20 March	Wendy	Sue Pettingill T. Bugeja		Karen Murray
Thurs 21 March	Wendy/Denise	H .Kruger		VACANCY
Fri 22 March	Wendy/Denise	Nella Chikwe	VACANCY	Tim Kelso
Mon 25 March	Denise	Lisa Caldow	Elaine Renshaw	VACANCY
Tues 26 March	Wendy/Denise	Greta Dench		D. Sherpherd
Wed 27 March	Wendy	Debbie Sly	Karen Moran	E. Valencia
Thurs 28 March	Wendy/Denise	H. Kruger		VACANCY

END OF TERM



"PLENTY TO EAT"

PVCC Canteen Menu and Price List

Effective 5 September, 2012



**Primary Orders to be placed in class crate early morning.
Secondary Orders to be handed in at the canteen before school.
Use an envelope if you don't have a bag. BAGS COST 10c EXTRA**

HOT FOOD

Corn Cobbettes	\$0.80
Dim Sims (<i>steamed incl. soy sauce</i>)	\$0.80
Fantastic Noodles (<i>Chicken or Beef</i>)	\$2.50
Fried Rice (<i>free soy on request</i>)	\$2.50
Hot Chicken Roll (<i>Cheese 60c extra</i>)	\$5.00
Hot Dog (<i>with sauce Tomato, BBQ or Sweet Chili</i>)	\$2.60
Lasagna	\$2.50
Meat Pie	\$3.50
Pasta Pronto (<i>Macaroni & Cheese</i>)	\$2.50
Pasta Spirals	\$2.50
Pastie	\$3.30
Pizza Slab (<i>Hawaiian or Margherita</i>)	\$2.50
Sausage Roll	\$2.00
Shepherd's Pie	\$3.50
Traveler's Pie	\$3.00
Tomato Sauce sachet	\$0.40

SANDWICHES & ROLLS

Rolls - White or Wholemeal **COST AN EXTRA** \$0.80
Sandwiches - White **OR** Wholemeal

Sandwich Prices

Cheese	\$2.50
Chicken & Lettuce	\$5.20
Chicken or Tuna	\$5.00
Chicken or Tuna with Salad	\$6.00
Egg & Lettuce	\$3.00
Ham	\$4.00
Ham with Salad	\$5.00
Salad	\$4.00
Tuna & Lettuce	\$5.20
Vegemite	\$2.00
Salad bowl with fork	\$4.00

*Salad = lettuce, cheese, tomato, carrot
beetroot, Mayo is optional*

Extras

Egg	\$0.50
Buttered Roll	\$1.00
Cheese or Tomato	\$0.60
Plain Roll	\$0.80

No charge for Mayo or Tomato sauce

BAKERY

Apple Scroll (<i>plain</i>)	\$2.00
Half an Apple Scroll	\$1.00
Donut Choc-Jam	\$1.50
Donut (<i>Jam ball or Iced Ring</i>)	\$1.50
Hedgehog Slice	\$2.50
Muffins (<i>Choc chip or Raspberry</i>)	\$2.00
Savoury Rolls (<i>Cheese & Bacon</i>)	\$1.50

FRUIT & VEGIE SNACKS

Fresh fruit according to season and supply	\$1.30
Carrot Sticks	\$0.80

**Primary Orders to be placed in class crate early morning.
 Secondary Orders to be handed in at the canteen before school.
 Use an envelope if you don't have a bag. BAGS COST 10c EXTRA**

DRINKS

Bottled Water 600 ml	\$1.60
Pumped Flavoured Water (<i>various flavours</i>)	\$2.50
Iced Tea (<i>Peach or Lemon</i>)	\$3.00
Juice 200ml (<i>UHT Box 100% Juice</i>)	\$1.20
<i>(Apple, Apple & Blackcurrant, Orange, Paradise Punch)</i>	
Mineral Springs 500ml	\$3.00
Juice 350ml (<i>UHT Bottle 100% Juice</i>)	\$2.00
<i>(Pineapple, Multi V, Blackcurrant)</i>	
Diet soft drink 390ml bottle	\$2.00
Vitamin Water 500ml	\$3.00

DAIRY DRINKS

Big M UHT milk 250ml (<i>Choc. Strawberry</i>)	\$2.20
Big M 300ml (<i>Chocolate, Strawberry</i>)	\$2.50
Big M 600ml bottle (<i>Chocolate, Strawberry, Coffee</i>)	\$3.00
Up & Go 250 ml (<i>various flavours</i>)	\$2.00

FROZEN FOODS & ICE-CREAM

Frozen Pineapple / Orange (<i>Term 1 & 4</i>)	\$0.40
Quech Fruit Tubes (<i>99% fruit juice</i>)	\$0.50
Frozen Fruit Cup – (<i>Apple, Orange</i>)	\$0.60
Paddlepop – (<i>Icy Twist</i>)	\$1.00
Paddlepop	\$1.30
Frozen Yoghurt – (<i>Peach Mango, Wild Strawberry</i>)	\$1.50
Paddlepop Thickshake Chocolate	\$2.20
Paddlepop – (<i>Cyclone</i>)	\$2.00
Calippo Mini Tube – (<i>Lemon, Raspberry</i>)	\$1.00
Zooper Dooper	\$0.50

***Parents please monitor the amount of money that
 students bring to school for purchases***

LUNCH ORDER EXAMPLE

NAME John Smith

YEAR LEVEL: 7L

FOOD ORDER:

1 Pastie	3.30
Sauce	0.40
1 300ml Orange Juice	1.50
Bag	0.10

TOTAL \$5.30

ENCLOSED \$5.50

CHANGE \$0.20

SNACKS

Chips 30gm	\$1.00
Choc Chip Cookie - Large	\$2.00
Choc Chip Cookie - Small	\$1.50
Pretzels	\$1.00
Eucalyptus honey (<i>Limit of 50c for Primary</i>)	\$0.10
Ovalteenies	\$1.00
Gingerbread Boys / Girls	\$1.50
Popcorn Flavoured (<i>S&V, Cheese</i>)	\$1.00
Sesame Snaps	\$0.80
Smiley faces (<i>Limit of 50c for Primary</i>)	\$0.10
Fantastic Delights –(<i>BBQ, Sour Cream & Chives</i>)	\$0.80

**EMERGENCY LUNCH ORDERS: Sandwich only- Vegemite or Cheese - \$2.00
 To be paid on the following day**

**Please send exact money if possible. Change will be wrapped in foil
 and returned to student with lunch order.**