

# Memorandum

## Allina Health

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Shoulder, Elbow  
& Sports Medicine

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& Sports Medicine

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Shoulder, Elbow  
& Sports Medicine

Paresh S. Ghodge, MD  
Primary Care Sports Medicine

Matt W. Gorman, MD  
Primary Care Sports Medicine

Mark A. Heller, MD  
Hip and Knee Replacement

Aimee S. Klapach, MD  
Knee, Shoulder  
& Sports Medicine

James R. Larson, MD  
Minimal Knee Replacement  
& Arthroscopy

L. Pearce McCarty, III MD  
Shoulder, Elbow,  
Cartilage Restoration  
& Sports Medicine

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Primary Care Sports Medicine

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Sean T. Willey, DO  
Primary Care Sports Medicine

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**To:** Minnesota State High School League Superintendents, Principals, and Athletic Directors

**From:** Sports & Orthopaedic Specialists, Women's Orthopaedic Center and Allina Health

**Date:** January 2016

**Re:** \$5,000 in Scholarships Available for Student Athletes

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### **Subject: 9th Annual Minnesota Athletes in Sports Medicine Scholarships**

**Sports and Orthopaedic Specialists** is proud to continue its effort to advance sports medicine and orthopaedic care throughout Minnesota with the 9th Annual Minnesota Athletes in Sports Medicine scholarship for student athletes. We are excited to continue offering this award as exemplification of our commitment to provide unsurpassed patient care and community education.

The first scholarship is from **Sports & Orthopaedic Specialists and in partnership with Allina Health**. This \$2,500 scholarship will be awarded annually to one male student athlete who intends to attend college to pursue a career in sports medicine.

The second scholarship is awarded by the **Women's Orthopaedic Center and in partnership with Allina Health**. The Women's Orthopaedic Center is one of the only centers in the nation to focus exclusively on women's unique musculoskeletal injuries. This \$2,500 scholarship will be awarded annually to one female student athlete who intends to pursue a career in sports medicine.

You will find additional information and an application form attached. Please distribute the information to anyone you believe will find it relevant. Sports and Orthopaedic Specialists, the Women's Orthopaedic Center and Allina Health are proud to continue their traditions of advancing sports medicine and orthopaedic care throughout Minnesota. We thank you for your assistance in helping us identify outstanding candidates.

It is our intent to announce the recipients of each scholarship by June 30, 2016.

If you, any of your student athletes or their families have any further questions regarding the application process, please do not hesitate to contact me by email at [brent.millikin@allina.com](mailto:brent.millikin@allina.com)

Brent B. Millikin, M.Ed., ATC  
Manager of Sports Medicine Services  
Sports & Orthopaedic Specialists-Part of Allina Health  
Women's Orthopaedic Center  
[www.sportsandortho.com](http://www.sportsandortho.com)  
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<http://www.sportsandortho.mobi>  
[www.facebook.com/SportsandOrtho](https://www.facebook.com/SportsandOrtho)  
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## **2016 Minnesota Athletes in Sports Medicine Scholarship**

Sports and Orthopaedic Specialists, the Women's Orthopaedic Center and Allina Health are proud to present the 8<sup>th</sup> annual Minnesota Athletes in Sports Medicine Scholarship. Two \$2,500.00 scholarships are available and will be awarded to one male and one female student athlete who intend to pursue a professional career in sports medicine.

Qualified candidates should demonstrate leadership, be actively involved in their community and interscholastic sports and achieve academic success.

As healthcare providers and professionals, we are committed to delivering unsurpassed patient care, providing patient education, and are actively engaged in research to benefit the public and the health care community. The recipients of these scholarships should demonstrate similar qualities and interests which will allow them to be successful in the pursuit of a career in sports medicine.

### **Sports and Orthopaedic Specialists and Allina Health**

#### **Minnesota Athletes in Sports Medicine Scholarship criteria:**

1. Graduating high school senior male from the state of Minnesota.
2. Planning on attending a four-year college or university within the United States.
3. Involved in an interscholastic sport each of their 4 years in high school.
4. Intending to major in a field related to sports medicine.
5. Application Deadline: **Must be post marked by May 2, 2016**

### **Women's Orthopaedic Center and Allina Health**

#### **Minnesota Athletes in Sports Medicine Scholarship criteria:**

1. Graduating high school senior female from the state of Minnesota.
2. Planning on attending a four-year college or university within the United States.
3. Involved in an interscholastic sport each of their 4 years in high school.
4. Intending to major in a field related to sports medicine.
5. Application Deadline: **Must be post marked by May 2, 2016**

[www.sportsandortho.com](http://www.sportsandortho.com)   [www.womensorthocenter.com](http://www.womensorthocenter.com)

[www.allinahealth.org](http://www.allinahealth.org)

**2016 Minnesota Athletes in Sports Medicine Scholarship  
Application Form**

**I. Applicant Information**

Name: \_\_\_\_\_

Gender: Male \_\_\_ Female \_\_\_ High School: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Parents' Names: \_\_\_\_\_

Intended College or University: \_\_\_\_\_

Intended Major: \_\_\_\_\_

**II. Additional Application Requirements**

1. List of interscholastic sports activities and years involved
2. Description of volunteer activities (school, church, community, etc.)
3. Summarization of leadership roles
4. Special honors or recognitions
5. A description of any relevant work experience
6. Copy of your transcript with current cumulative high school GPA (minimum 3.5 GPA required)
7. A copy of ACT score(s)
8. A one page, single-spaced essay describing how your experience as an interscholastic student athlete will benefit a sports medicine career and the medical community in the future.

Please send completed application and attachments to:

(Do not staple documents together)

**Must be postmarked by May 2, 2016**

Brent B. Millikin

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