



For all questions, please circle the appropriate response.								
There are no right or wrong answers. Do not spend too much time on any statement.								
In the past 4 weeks:	None of the time	A little of the time	Some of the time	Most of the time	All of the time			
About how often did you feel tired out for no good reason?	1	2	3	4	5			
About how often did you feel nervous?	1	2	3	4	5			
About how often did you feel so nervous that nothing could calm you down?	1	2	3	4	5			
About how often did you feel hopeless?	1	2	3	4	5			
About how often did you feel restless or	1	2	3	4	5			

Office Use:					
K10 Score Total		Client ID			



Name _

Date

fidgety?

an effort?

could not sit still?

About how often did you feel so restless you

About how often did you feel depressed?

About how often did you feel so sad that

About how often did you feel worthless?

nothing could cheer you up?

About how often did you feel that everything is