



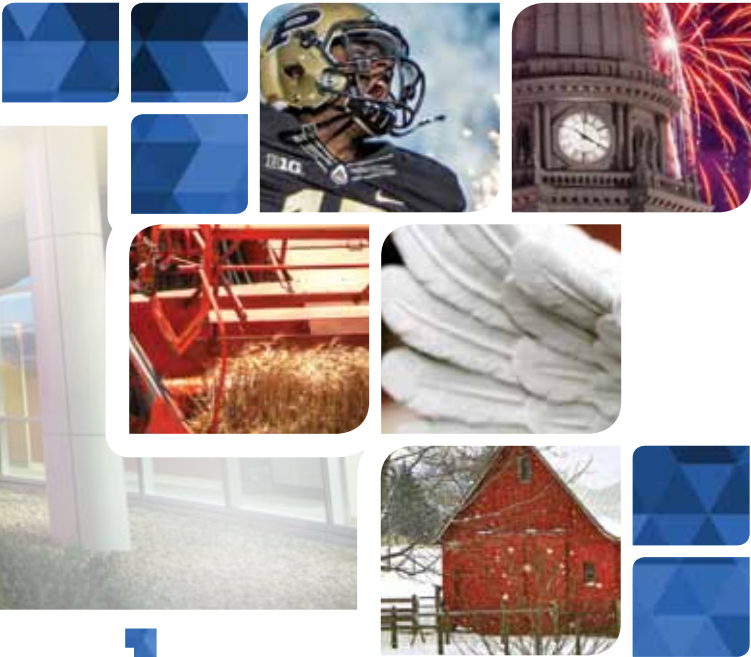
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Franciscan
ST. ELIZABETH HEALTH

Franciscan
ST. ELIZABETH HEALTH



community calendar

dear friends,

It hardly seems possible that 2014 is nearly over! As the year closes, may you enjoy relaxing moments with loved ones, reflect on recent achievements and plan for new adventures in the coming year.

Franciscan St. Elizabeth Health had a very busy 2014. We continue to invest in technology and new procedures and equipment that will continually improve patient experiences. We recently purchased and installed our second da Vinci surgical system. Many more physicians are being trained on this system and the number of procedures we are able to do with the da Vinci continues to increase. We also purchased property at the corner of Cumberland Avenue and the new U.S. 231/52 in West Lafayette. In September, we opened our second Franciscan Express Care on the St. Elizabeth Central campus, providing a convenient urgent care location for those who live and work in the downtown area.

In the bustle of busy days, it's easy to lose sight of small things that leave a big impact on our health. Did I overdo it at lunch? Do I exercise enough? Am I getting enough sleep? Striking the right balance takes commitment, but it's easier if you take it one moment at a time. Consider every new day an opportunity to eat smarter, get moving and be proactive about wellness. Soon enough, it becomes a healthy habit and transforms into a lifestyle that makes you stronger, healthier and happier.

Throughout this calendar, you'll find an assortment of tips provided by Franciscan St. Elizabeth Health experts meant to remind you of the importance of taking care of yourself. By educating and encouraging you, we hope to jump-start your journey towards better health. It's just one example of how our dedicated, award-winning healthcare professionals help you live a fulfilling life every day.

Each month also highlights community photographs generously contributed by area photographers. Please enjoy these reminders of the beauty surrounding us every day, wherever we call home.



May God bless you and your family in 2015!

Terry Wilson

Terry Wilson
CEO AND PRESIDENT

Phone Directory

Franciscan St. Elizabeth Health – East.....	(765) 502-4000
Advanced Vein Center.....	(765) 428-5800
Advanced Wound Healing	(765) 423-6690
Ambulatory Surgery	(765) 502-4303
Breast Center	(765) 446-5350
Central Scheduling	(765) 423-6170
Community Cancer Network	(765) 446-5464
Diabetes Education	(765) 428-5850
Emergency Care Center (East)	(765) 502-4400
EMS Training.....	(765) 423-6645
Faith Hope and Love Cancer Center	(765) 447-7460
Franciscan Express Care – Lafayette.....	(765) 423-6850
Franciscan Express Care – West Lafayette.....	(765) 463-6262
Franciscan Physician Network	(765) 775-2828
Healthy Living Center	(765) 428-5850
Heart Center	(765) 502-4420
Home Health Care	(765) 449-5046
Home Health Pharmacy	(765) 423-6540
Hospice	(765) 423-6224
Human Resources.....	(765) 502-4340
InnerVision	(765) 447-7447
Inpatient Rehabilitation Center (Central).....	(765) 423-6780
Kathryn Weil Center for Education	(765) 449-5133
Laboratory Services	(765) 502-4850
Marketing and Communications.....	(765) 502-4688
Medical Records/Health Information Management.....	(765) 423-6146
Occupational Therapy	(765) 423-6885
Orthopedic Center.....	(765) 423-6885
Outpatient Center	(765) 502-4750
Patient Financial Services.....	(765) 423-6341
Pediatric Center	(765) 502-4640
Physical Therapy	(765) 423-6885
Physician Referral Line	(765) 497-DOCS
Radiology	(765) 502-4680
School of Nursing.....	(765) 423-6400
Sleep Center	(765) 423-6518
Speech Pathology (Therapy).....	(765) 423-6336
Spirit of Women	(765) 449-5133
Spiritual Care	(765) 502-4105
Unity Healthcare	(765) 447-8133
Unity Surgical Center.....	(765) 446-5000
Volunteer Services	(765) 502-4249
Women's Center/Labor & Delivery	(765) 502-4600

To find a Franciscan Physician Network Doctor, visit FranciscanDocs.org

[f](#) [t](#) [v](#) [p](#) [StE.org](#)

photographers



(Top to bottom, left to right)

- ▶ **Carol Moffett** carol.m.moffett@gmail.com
- ▶ **Chris Costidakis** chris@costidakis.com
- ▶ **Dan Hester** hesterdan@gmail.com
- ▶ **LeAnn Wood** [flickr.com/photos/perspectiveportfolio](https://www.flickr.com/photos/perspectiveportfolio)
- ▶ **Guy L. Martin** martin@skybarking.com
- ▶ **Julie Sadler** doodlejk@yahoo.com
- ▶ **Lea Foster** leafosterphotography.com
- ▶ **Paul Sadler** sadlerimage.com
- ▶ **Vincent Walter** vincentseye.com

Additional Thanks

Thank you to the following photographers for donating their images, which are all used as smaller insets in the calendar: Adrienne Kizer, David Schmidt, Deb Arihood and John Condrey.

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► Lea Foster, *Midwest Winter Wonderland*

DECEMBER 2014							FEBRUARY 2015						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
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28	29	30	31										

january

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
<div>Submit your 2016 calendar photos today! stecalendar.com</div> <div>4</div> <div>11</div> <div>18</div> <div>25</div>	<div>5</div> <div>12<div>PURDUE SPRING SEMESTER BEGINS</div></div> <div>19<div>MARTIN LUTHER KING JR. DAY</div></div> <div>26</div>	<div>6<div>EPIPHANY</div></div> <div>13</div> <div>20</div> <div>27</div>	<div>7</div> <div>14</div> <div>21</div> <div>28</div>	<div>1<div>NEW YEAR'S DAY</div></div> <div>8</div> <div>15</div> <div>22</div> <div>29</div>	<div>2</div> <div>9</div> <div>16</div> <div>23</div> <div>30</div>	<div>3</div> <div>10</div> <div>17</div> <div>24</div> <div>31</div>



Angela Polmateer
Occupational Therapist
Franciscan St. Elizabeth Health

WARM UP BEFORE WORKING OUT

Warming up and stretching before exercising can reduce the risk of injury during your workout. An effective warm-up routine dilates your blood vessels, allowing more oxygen to reach your muscles. Stretching will allow for greater range of motion and will ease joint and tendon stress. Light cardio will prep your circulatory and respiratory systems for your workout.



► Dan Hester, Winter Fun in Tapawingo Park

JANUARY 2015							MARCH 2015						
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18	19	20	21	22	23	24	22	23	24	25	26	27	28
25	26	27	28	29	30	31	29	30	31				

february

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
1	2	3	4	5	6	7
8	9	10	11	12	13	14 VALENTINE'S DAY
15	16 PRESIDENTS' DAY (Observed)	17	18 ASH WEDNESDAY	19 CHINESE NEW YEAR	20	21
22	23	24	25	26	27	28
Submit your 2016 calendar photos today! stecalendar.com						



DO RIGHT BY YOUR BODY WITH WHOLE GRAINS

Incorporating more whole grains into your diet can reduce the risk of heart disease and help with managing weight. To do this, try: Replacing white bread with whole grain bread, or white rice with brown rice; eating oatmeal rather than refined, sugary cereals for breakfast; or, snacking on popcorn or whole grain crackers instead of potato chips.

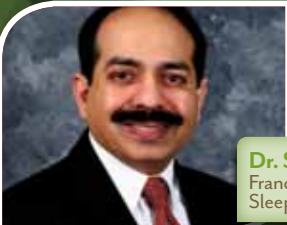


► Lea Foster, *Watch and Learn*

FEBRUARY 2015							APRIL 2015						
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1	2	3	4	5	6	7				1	2	3	4
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15	16	17	18	19	20	21	12	13	14	15	16	17	18
22	23	24	25	26	27	28	19	20	21	22	23	24	25
							26	27	28	29	30		

march

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
1	2	3	4	5	6	7
8 DAYLIGHT SAVINGS TIME BEGINS	9	10	11	12	13	14
15	16	17 ST. PATRICK'S DAY	18	19	20 FIRST DAY OF SPRING	21
22	23	24	25	26	27	28
29 PALM SUNDAY	30	31	Submit your 2016 calendar photos today! stecalendar.com			



Dr. Shahid Ahsan
Franciscan Physician Network
Sleep Medicine

SLEEP MORE, FEEL BETTER

What can you do to help improve your memory, manage weight and reduce stress? The answer is to have a good sleep. If you make sure to get at least 7 to 8 hours of sleep each night. You'll find yourself feeling better - mentally and physically. If you are having trouble falling asleep, cut caffeinated drinks out at least 6 to 8 hours before bedtime.

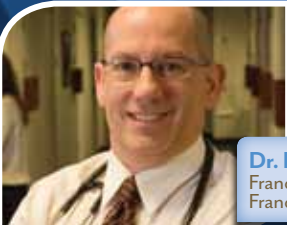


▶ Vincent Walter, *Lady on the Hill*

MARCH 2015							MAY 2015						
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15	16	17	18	19	20	21	10	11	12	13	14	15	16
22	23	24	25	26	27	28	17	18	19	20	21	22	23
29	30	31					24	25	26	27	28	29	30
							31						

april

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
<div>Submit your 2016 calendar photos today! stecalendar.com</div> <div>5 EASTER</div>	<div>6</div>	<div>7</div>	<div>1</div>	<div>2</div>	<div>3 GOOD FRIDAY PASSOVER</div>	<div>4</div>
<div>12</div>	<div>13</div>	<div>14</div>	<div>8</div>	<div>9</div>	<div>10</div>	<div>11</div>
<div>19</div>	<div>20</div>	<div>21</div>	<div>15</div>	<div>16</div>	<div>17</div>	<div>18 PURDUE SPRING FEST (APRIL 18-19)</div>
<div>26</div>	<div>27</div>	<div>28</div>	<div>22</div>	<div>23</div>	<div>24</div>	<div>25 PURDUE GRAND PRIX</div>
	<div>29</div>	<div>30</div>				



Dr. Keith March
Franciscan Physicians Network
Franciscan Express Care

GET CONVENIENT CARE AT A LOWER COST

When you need to see a doctor fast, consider going to an urgent care. For non-life-threatening injuries or common illnesses, consider visiting a facility such as Franciscan Express Care, with locations in Lafayette and West Lafayette. It will cost less money and take less time than visiting the emergency room.



► Guy L. Martin, *Reflect*

APRIL 2015							JUNE 2015						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
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19	20	21	22	23	24	25	21	22	23	24	25	26	27
26	27	28	29	30			28	29	30				

may

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
<div>Submit your 2016 calendar photos today! stecalendar.com</div> <div>3</div> <div>10 MOTHER'S DAY</div> <div>17</div> <div>24 INDY 500</div> <div>31</div>	<div>4</div> <div>11</div> <div>18</div> <div>25 MEMORIAL DAY</div>	<div>5</div> <div>12</div> <div>19</div> <div>26</div>	<div>6</div> <div>13</div> <div>20</div> <div>27</div>	<div>7</div> <div>14</div> <div>21</div> <div>28</div>	<div>1</div> <div>8</div> <div>15</div> <div>22</div> <div>29</div>	<div>2</div> <div>9</div> <div>16</div> <div>23 'ROUND THE FOUNTAIN ART FAIR (Courthouse Square)</div> <div>30</div>

Carol Bailey, RN, MSN
Franciscan St. Elizabeth Health

ACT FAST DURING A STROKE

Having or witnessing a stroke is frightening, but if aid is received within the first 4.5 hours, the aftereffects may be less devastating. If you suspect a stroke, think “**F.A.S.T.**” — look for **F**acial drooping, **A**rm weakness, **S**peech difficulties, and know that **T**ime is of the essence, so be safe — Call 911.



► Dan Hester, West Lafayette Soapbox Derby

MAY 2015							JULY 2015						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
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17	18	19	20	21	22	23	19	20	21	22	23	24	25
24	25	26	27	28	29	30	26	27	28	29	30	31	
31													

june

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
<div>Submit your 2016 calendar photos today! stecalendar.com</div> <div>7</div> <div>14 FLAG DAY</div> <div>21 FATHER'S DAY FIRST DAY OF SUMMER</div> <div>28</div>	<div>1</div> <div>8</div> <div>15</div> <div>22</div> <div>29</div>	<div>2</div> <div>9</div> <div>16</div> <div>23</div> <div>30</div>	<div>3</div> <div>10</div> <div>17 RAMADAN BEGINS</div> <div>24</div>	<div>4</div> <div>11</div> <div>18</div> <div>25</div>	<div>5</div> <div>12</div> <div>19</div> <div>26 INDIANA FIDDLERS' GATHERING (JUNE 26-28)</div>	<div>6 HEALTHY FAMILIES FUN FAIR (St. Elizabeth East)</div> <div>13</div> <div>20 TASTE OF TIPPECANOE (Downtown Lafayette)</div> <div>27</div>



Dr. Kourtney Morris
Franciscan Physician Network
Woman's Clinic

RESOLVE THE UNCERTAINTIES OF BEING A FIRST-TIME PARENT

Childbirth can be exciting and a bit scary at the same time. If you're nervous about the childbirth process, talk with your doctor and take an expectant parent class – it can help take away some of the uncertainty and better prepare both parents for childbirth.



► Chris Costidakis, Downtown Celebration

JUNE 2015							AUGUST 2015						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
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21	22	23	24	25	26	27	16	17	18	19	20	21	22
28	29	30					23	24	25	26	27	28	29
							30	31					

july

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
<div>Submit your 2016 calendar photos today! stecalendar.com</div> <div>5</div> <div>12</div> <div>19</div> <div>26 BRICKYARD 400</div>	<div>6</div> <div>13</div> <div>20</div> <div>27</div>	<div>7</div> <div>14</div> <div>21</div> <div>28</div>	<div>1</div> <div>8</div> <div>15</div> <div>22</div> <div>29</div>	<div>2</div> <div>9</div> <div>16</div> <div>23</div> <div>30 TIPPECANOE STEAM & GAS POWER SHOW (JULY 30-AUG. 1) @ Tippecanoe County Amphitheater</div>	<div>3</div> <div>10</div> <div>17 RAMADAN ENDS</div> <div>24</div> <div>31 COLT WORLD SERIES (JULY 31-AUG. 5)</div>	<div>4 INDEPENDENCE DAY STARS & STRIPES CONCERT AND FIREWORKS (Downtown Lafayette)</div> <div>11</div> <div>18 TIPPECANOE COUNTY 4-H FAIR (JULY 18-25) @ Tippecanoe County Fairgrounds DANCING & CRUISING IN THE STREETS (Riehle Plaza)</div> <div>25</div>



Dustine Chase
Physical Therapist
Franciscan St. Elizabeth Health

GET FIT AT YOUR OWN PACE

Getting in shape can take less time than you might think. For instance, 10 minutes of exercise 3 to 4 times a day is just as beneficial as 30 to 40 minutes of exercise at one time. Don't be overwhelmed by the process — you can achieve your fitness goals at your own pace, one step at a time.



JULY 2015							SEPTEMBER 2015						
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26	27	28	29	30	31		27	28	29	30			

august

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
<div>Submit your 2016 calendar photos today! stecalendar.com</div> <div>2</div>	<div>3</div>	<div>4</div>	<div>5</div>	<div>6</div>	<div>7</div>	<div>1</div>
<div>9</div>	<div>10</div>	<div>11</div>	<div>12</div>	<div>13</div>	<div>14</div>	<div>8</div>
<div>16</div>	<div>17</div>	<div>18</div>	<div>19</div>	<div>20</div>	<div>21</div>	<div>22</div> <div>UPTOWN JAZZ & BLUES FESTIVAL</div>
<div>23</div>	<div>24</div> <div>PURDUE FALL SEMESTER BEGINS</div>	<div>25</div>	<div>26</div>	<div>27</div>	<div>28</div>	<div>29</div>
<div>30</div>	<div>31</div>					

Kim Flynn, RN, LBCLC
Lactation Consultant
Kathryn Weil Center for Education

BOND WITH YOUR NEWBORN
Breastfeeding is a natural way to feed and bond with your baby, but it can be harder than you might think. The Kathryn Weil Center offers a breastfeeding class to answer your questions and certified lactation educators to help you every step of the way.



► Dan Hester, *Old-style Wheat Harvesting - West Lafayette*

AUGUST 2015							OCTOBER 2015						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
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23	24	25	26	27	28	29	25	26	27	28	29	30	31
30	31												

september

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
<div>Submit your 2016 calendar photos today! stecalendar.com</div> <div>6</div> <div>13 ROSH HASHANAH (SEPT. 13-15)</div> <div>20</div> <div>27 SUKKOT (SEPT. 27 - OCT. 4)</div>	<div>7 LABOR DAY</div> <div>14</div> <div>21</div> <div>28</div>	<div>1</div> <div>8</div> <div>15</div> <div>22</div> <div>29</div>	<div>2</div> <div>9</div> <div>16</div> <div>23 FIRST DAY OF AUTUMN</div> <div>30</div>	<div>3</div> <div>10</div> <div>17</div> <div>24</div>	<div>4</div> <div>11</div> <div>18</div> <div>25</div>	<div>5 GLOBAL FEST (Morton Community Center)</div> <div>12 ST. BONIFACE GERMANFEST (St. Boniface Church) PURDUE VS. INDIANA STATE (Band Day)</div> <div>19 PURDUE VS. VIRGINIA TECH (Family Day)</div> <div>26 PURDUE VS. BOWLING GREEN</div>



Marcia Cherry
Director of NICU and Pediatrics
Franciscan St. Elizabeth Health

HELP YOUR NEWBORN SLEEP SAFE

To keep your newborn safe and prevent SIDS (Sudden Infant Death Syndrome) and accidental suffocation, Franciscan St. Elizabeth Health Neonatal ICU wants to remind families that the safest way for an infant to sleep is alone, on their back and in their own crib. Keep loose blankets, pillows and stuffed animals out of the crib until after your child’s first birthday.



► Paul Sadler, Purdue Football

SEPTEMBER 2015							NOVEMBER 2015						
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20	21	22	23	24	25	26	22	23	24	25	26	27	28
27	28	29	30				29	30					

october

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
<div>Submit your 2016 calendar photos today! stecalendar.com</div> <div>4</div> <div>11</div> <div>18</div> <div>25</div>	<div>5</div> <div>SIMCHAT TORAH (OCT. 5-6)</div> <div>12</div> <div>COLUMBUS DAY</div> <div>19</div> <div>26</div>	<div>6</div> <div>13</div> <div>ISLAMIC NEW YEAR (OCT. 13-14)</div> <div>20</div> <div>27</div>	<div>7</div> <div>14</div> <div>21</div> <div>28</div>	<div>1</div> <div>8</div> <div>15</div> <div>22</div> <div>29</div>	<div>2</div> <div>9</div> <div>16</div> <div>23</div> <div>30</div>	<div>3</div> <div>FEAST OF THE HUNTERS' MOON (OCT. 3-4) @ Fort Ouiatenon</div> <div>10</div> <div>PURDUE VS. MINNESOTA</div> <div>17</div> <div>24</div> <div>31</div> <div>HALLOWEEN PURDUE VS. NEBRASKA</div>



Dr. Madelyn Lefranc
Radiologist
Franciscan St. Elizabeth Health
Breast Center

SCHEDULE YOUR YEARLY MAMMOGRAM WITH A FRIEND

Add caring accountability and companionship to your healthcare. The Franciscan St. Elizabeth Health Breast Center suggests scheduling your annual mammogram appointment at the same time as a friend or family member. Afterwards, treat yourselves to a girls' day out. You'll be taking control of your health and encouraging a loved one to do the same!



OCTOBER 2015							DECEMBER 2015						
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18	19	20	21	22	23	24	20	21	22	23	24	25	26
25	26	27	28	29	30	31	27	28	29	30	31		

november

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
1 DAYLIGHT SAVINGS TIME ENDS	2	3 ELECTION DAY	4	5	6	7 PURDUE VS. ILLINOIS (Homecoming)
8	9	10	11 VETERANS DAY	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26 THANKSGIVING	27	28 PURDUE VS. INDIANA
29	30	Submit your 2016 calendar photos today! stecalendar.com				



Denise Seeger, BS
Educator
Kathryn Weil Center for Education

STOP SMOKING AND STAY SMOKE-FREE

Need extra support to quit smoking for good? You don't have to go it alone! The Kathryn Weil Center for Education offers a 13-week smoking cessation class that's proven to be a safe, effective way to become and stay smoke-free. For more information, visit StE.org/kwce.



► LeAnn Wood, *Angel of Duncan Hall*

NOVEMBER 2015							JANUARY 2016						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
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8	9	10	11	12	13	14	3	4	5	6	7	8	9
15	16	17	18	19	20	21	10	11	12	13	14	15	16
22	23	24	25	26	27	28	17	18	19	20	21	22	23
29	30						24	25	26	27	28	29	30
							31						

december

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
<div>Submit your 2016 calendar photos today! stecalendar.com</div> <div>6 HANUKKAH (DEC. 6-14) CHRISTMAS PARADE (Downtown Lafayette)</div>	<div>7</div>	<div>1</div>	<div>2</div>	<div>3</div>	<div>4</div>	<div>5 DICKENS OF A CHRISTMAS (Downtown Lafayette)</div>
<div>13</div>	<div>14</div>	<div>8</div>	<div>9</div>	<div>10</div>	<div>11</div>	<div>12</div>
<div>20</div>	<div>21 FIRST DAY OF WINTER</div>	<div>15</div>	<div>16</div>	<div>17</div>	<div>18</div>	<div>19</div>
<div>27</div>	<div>28</div>	<div>22</div>	<div>23</div>	<div>24 CHRISTMAS EVE</div>	<div>25 CHRISTMAS DAY</div>	<div>26 KWANZAA (DEC. 26-JAN. 1)</div>
		<div>29</div>	<div>30</div>	<div>31 NEW YEAR'S EVE</div>		



Dr. Barry Karas
Cardiologist
Franciscan Physician Network

MAKE DOCTOR APPOINTMENTS MORE EFFECTIVE

Make time with your doctor more effective by bringing all your information to appointments. Prescriptions, over-the-counter medicines, vitamins and any herbal remedies you might be taking, in addition to your insurance cards and the names of any other doctors you are seeing are all useful information. For additional tips, visit our blog at StEheart.com.

Auxiliary & Volunteers



Carol Abell
Stacey Adjei
Vicky Aguirre
Betty Albregts
Rosemary Aldrich
Norman Alkire
Joanne Allard
Sandy Allende-Donahue
Karen Almon
Josephine Amstutz
Martha Anderson
Bonita (Bonnie) Andrews
Margaret Antonetti
Mario Antonetti
Maxine Archibald-Bodle
Karla Armenta
Susan Auckley
Mahasweta Bag
Jacqueline Bahler
Christa Balz
Marilyn Barnard
Eileen Bayley
Gail Beck
Alexis Begrowicz
Penny Bell
Dinah Benedict
Abigail Benkeser
Robert Benkeser
Esther Benson
Mary Lou Berry
Sue Betty
Mary Biddle
Marcia Bill
Barbara Bisker
Kathy Blankman
Ashley Blankman
Irene Bolin
Carolyn Bolinger
Pam Bolyard
Joann Bonner
Lois Bosma

Kathie Cowgill
Mary Craigmile
Frances Crawford
Jean Crouse
Nancy Crowell
Mary Cunningham
Dolores Cupka
Elaine Cuppy
Mary Curtis
Barbara Davies
James Davies
Lisa Decker
Donna DeFouw
Brenna Denhardt
Betty Deppe
Bonnie Deverall
Jacquie Dexter
Mary Dickerson
Jennifer Dobbs-Oates
Joyce Dost
Eloise Dowell
Sharon Downey
Virginia Downing
Carolyn Dudzinski
Audrey Duley
Dede Duley
Cheryl Dunco
Rita Easterwood
Katy Eberle
Jo Ellen Edelen
Charlotte Edwards
Robert Edwards
Jacob Eisses
Arlene Eller
Cordelia Embry
Miriam Epple
Janet Ermel
LaVaughan Evans
Mary Ezra
Mary Faderan
Constance Farrell
Joan Farrell

Ruth Habben
Vi Haelterman
Betty Hagenow
Mildred Halsema
Anna Hamady
Bess Hanks
Mary Hanna
Janet Hansell
Debra Hanstra
Caroline Hass M.D.
Marietta Hatke
Natalie Haugh
Judy Haverkamp
Veneta Hazlewood
Jennifer Heaston
Diana Heckert
Luella Herring
Nancy High
Lila Hills
Martha Hilst
Shirley Hogan
Janice (Jan) Holland
Eldon Hood
Mary Hood
Donna Hoover
Elsa Huesca
Ginny Hull
Val Hulsey
Jeanne Hunsberger
Helen Hunt Smith
Rosalie Huth
Virginia Huth
Mrs. Allan Irvine
Terry Janssen
R. Deanna Johns
Clara Johnson
Judy Johnson
Jeanne Johnson
Linda Johnson
Lydia Johnson
Mary Ann Jones
Anabel Jones M.D.

Charlotte Leonard
Mary Ann Leroux
Patt Leroux
Kathy Lester
Delores Levy
Dorothy Lidester
Ruth Lind
Richard Linson Sr.
Arlene Livingston
Charles Long
Rose Loser
Linda Loy
Annette Lunsford
Connie Lux
Bernie Lux
Clara Mac Donald
Joey MacDonald
Sister Ann Kathleen Magiera
Lois MaHanna
Cheryl Maier
Virginia Mangus
Lynne Manicke
Susan Mann-Hitchcock
Vera Markwith
Carolyn Martin
Patricia Martin
Margaret Marvel
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Elizabeth McCoy
Sharyn McCully
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Rose McCormick
Alice McEwen
Dorothy McGuire
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Eleanor McLaughlin
Gini McMinder
Dorothy McPherson
Shirley McTague

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Peach Pfrommer
Ellen Phelps
Helen Pigg
Catherine Plantenga
Marilyn Poppinga
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Elizabeth Prendergast
Davonna Priest
Jane (Mary) Ragan
Nerlene Ramsey
Bonnie Randolph
Judy Rausch
Judy Ready
Helen Redinbo
Sandra Reed
Sharon Reifel
Ellen Reppert
K. Lorraine Rice
Eleanor Riggs
RoseMarie Risch
Aldine Ritenour
Janette (Doris) Robertson
Anita Roetker
Martha Rohr
Helen Rooze
Erica Rose
Kathryn Rosenbarger
Gail Rudolph
Ava Rudolph
Lorraine Rund
Martha Rush
Miriam Russell
Cora Rutherford
Deidra Sarault-Sarjent
Yumeko Sasaki
Eda Satoko
Helen Scaletta
Elizabeth Schenck
Andrea Schmidt

William Strasburger
Jean Sturgeon
Eleanor Sutton
Sachiko Tanizawa
Pat Titus
Mary Jane Toleman
Randolph Toleman
Bette Tompkins
Diane Troxel
Mary Rhe Tull
Mary Twiddy
Virginia Tyler
Susie Uhl
Rosemary Underwood
Vickie Van Kirk
Jeanne Vaughan
Trudie Vaughan
Howard Vice
Rita Von Tobel
Betty Wade
BeBe Wagner
Janet Wagner
Mary Wagner
Nancy Wagoner
Joyce Walling
Lois Wark
Kathy Warren
Jean Watkins
Anita Webb
Kay Weber
Maxine Webster
Susan Weisgerber
Kay Weismiller
Eileen Weiss
Mona Weller
Jenny Wemhoff
Linda Wheat
Blair White
Mary Whitfield
Marilyn Whitsel
Kathryn Wilcox
Mary Wilhoit

Hospice Volunteers Cont.
Martie Haviland
Sue Hermodson
Connie Hinesley
Cy Holladay
Ann Kaldahl
Theresa Klassen
Judy LaGue
Kathy Leafgreen
Jimmie Logsdon
Amy Lucas
Marilyn Matlock
Ned Metzger
Anni Miller
Martha Miller
Megann Miller
Jill Motuliak
Kathryn Mraz
Kathy Munn
Lynne Newlin
Wanda Owen
Mary Pachmayr
Sharron Parker
Stan Ratcliffe
JoAnn Roe
Janet Sanders
Charlotte Scarcelli
Laura Schuster
Sam Smith III
Sandy Spear
Carol Springgate
Jan Tigchelaar
Elaine Trout
Larry Vanderwielen
Carl Wagner
Marie Williams
Stephanie Yantis

Shirley Bossung
Linda Bota
Helen Bothel
Frances Bottomley
Mary Bowers
Charlene Bowman
Ann Boyer
Rebecca Bradford
Jane Bremer
Jo-Ann Brewer
Carolyn Bridge
Jane Bridge
Carol Brown
Madonna (Donna) Brown
Max Brown
Sarah Brown
Deborah Brunner
Pearl Buck
Edith Bucke
Connie Bumbleburg
Mary Burks
Audrey Burnett
Mary Ann Burns
Helen Butz
Donna Callahan
Jane Campbell
Yingyi Cao
Louis Capper
Elizabeth Carpenter
Patricia Carr
Patricia Castell
Ramesh Chhabra
Nancy Christmas
Charlotte Cicholski
Ruby Clark
Judy Cline
Sherrie Cocanower
Linda Cohen
Andrew Colby
Kay Conley
Betty Cooper
Nancy Cooper

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Faye Fields
Michele Fields
Sandra Fischer
Sandra Fisher
Wanda Fisher
Rita Flannelly
Bob Fleeger
Adella Flowers
Louise Force
Jeananne Forgey
Barbara Fraser
Emma Frey
Sue Frick
Elizabeth Fritts
Sue Fulkerson
Sayed Gaafar
Marilyn Galloway
Judith Gann
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Sharon Gerber
Priscilla Gerde
Beverly Gettings
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Carole Sue Gibson
Tamyra Gibson
Phyllis Gobreski
Tirsa Gonzalez
Roy Goodman Jr.
Joan Goodwin
Irene Gordon M.D.
Susie Gothard
James Gothard
Connie Grace
Janice Graham
Sue Grayson
Jeanne Greives
Sue Grubb
Brianne Guardiola
Mary Gutwein
Rosemarie Haas

Karen Jordan
Rosemary Jorgensen
Steve Jorgensen
Mary Nell Kadlec
Harriet Kamp
Jo Karberg
Nancy Karner
Janet Keefe
Leta Kelley
Vicki Kelley
Cathy Kelly
Jean Kemper
Marilyn Kendrick
Barbara Kennedy-Vandergraff
Jane Kenny
Dee Kingma
Marge Kirk
Allison Kish
Kinue Kitta
Sister Jane Marie Klein OSF
Elsie Klemme
John Knauf
Qianwei Knauf
Mary Knochel
Phyllis Koches
Ana Konrath
Bobbie Kubat
Sandra Kuipers
Danielle Kurasz
Julia Lamb
Margaret Lancaster
Ann Landgrebe
Betty Landis
Reyna Largent
Alice LaRocca
Keith Lauter
Georgia Leavitt
Nellie Lechman
Elizabeth Lehe
Paula Leipertz
Dottie Lempke

Phyllis Memmer
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Lola Miller
Marian Miller
Maxine Miller
Marian Modisett
James Moore
Ruth Moran
Ruth Morrison
Michael Morrison
Betty Morrissey
Joyce Moser
Frederic Mowle
Mary Jane Mowle
Florence Mucker
Jennifer Munley
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Barbara Mussche
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Mary Nelson
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Katherine Pendergast
Mary Perigo

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Martha Schrader
Tricia Schuessler
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Ronald Schwartz
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Gauri Shastri
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Tyler Shiflett
Scott Shipman
Virginia Shively
Carolyn Shoaf
Alice Shoemaker
Dave Shoemaker
Kathleen Shriner
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Erna Simek
Martha L. Smith
Martha E. Smith
Patricia Smith
Phyllis Smith
Ruth Smith
Agnes Snyder
Nancy Sorenson
Carol Spahr
Shirley Spear
Rhonda Spykman
Ruth St. John
J.M. Stall
Connie Standiford
Norma Stansbury
Judith Steele
Ruth Steer
Kathy Sterling
Constance Stevenson
Shirley Stitz
Melinda Stolz
Phyllis Storms
Dorothea Strasburger

Kelly Wilkins
Charles Williams
Charles Williamson
Joanne Willis
Annette Wilson
Debra Wilson
Lanny Wilson
Priscilla Wilson
Evalyn Windle
Barbara Wood
Margaret Wood
Virginia Wood
Susan Wright
Margaret Zwiebach-Cohen

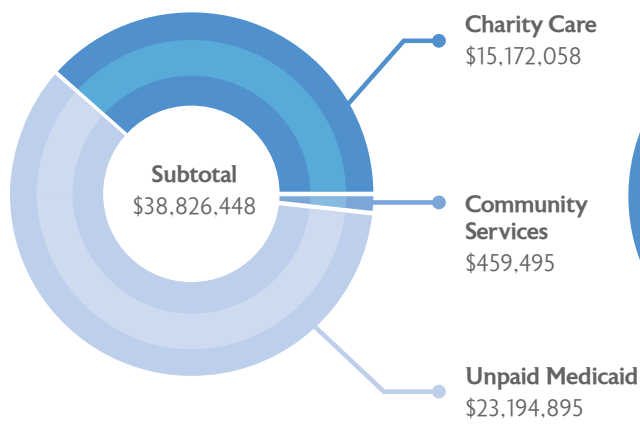
Hospice Volunteers
Diane Anderson
Alice Ahn
Nancy Bauman
Mindy Bennett
Janet Blossom
Ann Bondi
Patricia Booth
Helen Bothel
Virginia Carter
Patty Coolbaugh
Michael Coomey
Sue Ann Cornell
Martie Cox
Sallie Cox
Billie Dangler
Shary Devine
John Dorroll
Audrey Duley
Marge Elliott
Ruth Farner
Mike Frampton
David Gilbert
Sharon Gilbert
Peggy Gray
Jim Harris
Judy Harshman
Karen Hatke



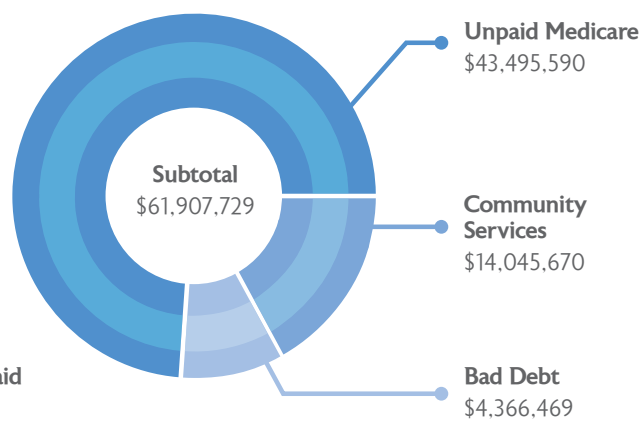
Community Benefit Report



Benefits for the Poor



Benefits for the Community



2013 Quantifiable Community Benefits

\$100,734,177
(29.2% of Organization Expenses)

Services and Benefits

Community Health Benefits

- Kathryn Weil Center for Education
- American Heart Association Basic Life Support/CPR
- Community education programs
- Participation in health fairs
- Prenatal and childbirth classes
- Employee community involvement
- Car seat education
- Taxi/transportation services

Organizations supported (continued)

- Community Cancer Network
- Hartford House
- Lafayette Medical Education Foundation
- Lafayette Urban Ministry
- Lafayette YWCA
- Leadership Lafayette
- Matrix Lifeline
- Meals on Wheels
- Riggs Community Health Center
- United Way of Lafayette

\$561,924 = Total Benefit

Health Professions Education/Clinical Training

- PT/OT internships
- EMTs
- Nursing students
- Pharmacy students
- Respiratory therapy students
- Psychiatric Services
- Riggs Community Health Center with Indiana University School of Medicine

Subsidized Health Services

- Emergency Services
- Inpatient Psychiatric Unit
- Palliative Care
- Neonatal Intensive Care Unit
- Franciscan Physician Network Offices

Community-Building Activities

- St. Elizabeth School of Nursing

Community Benefit Operations

- Community health needs assessment

Cash and In-Kind Donations

Summary Statement

Franciscan St. Elizabeth Health has provided quality healthcare to Greater Lafayette, Tippecanoe County and the surrounding communities since 1875. We also strive to be a good steward of resources and active within our community. To that end, we donate to a variety of non-profit organizations sharing our mission to build a healthier community. Donations range from medical supplies and cash to involvement in the community.

Organizations supported (in alphabetical order)

- American Cancer Society
- American Heart Association
- Bauer Family Resources

Community Needs Assessment

Franciscan Alliance, together with other community organizations, has identified many health and environmental concerns of the populations we serve. We are working jointly to prioritize the areas of greatest need. These shared assessments have helped us identify best practices for implementing improvement, collaboration and, ultimately, the best ways to serve our communities as their premier healthcare provider.

Greatest Community Needs

- Affordable/Accessible Healthcare Services
- Affordable/Accessible Medications
- Overweight/Obesity
- Substance Abuse
- Chronic Disease Care (cancer, heart disease, diabetes, etc)
- Tobacco Use
- Mental Health Programs
- Children's Healthcare
- Affordable/Accessible Health Education
- Prenatal Health
- Preventive Health Screenings

Community Needs and Benefit Activities

Franciscan St. Elizabeth Health will continue to work with others and develop plans to address these needs.

Franciscan St. Elizabeth Health will also:

- Work with various health providers and non-profit agencies to monitor and educate various populations on diabetes management
- Work with various health providers and non-profit agencies, physicians, nurse practitioners and other health professionals to educate the community about heart disease
- Work with various health providers and non-profit agencies, physicians, nurse practitioners and other health professionals to raise awareness and encourage breastfeeding by new moms in Tippecanoe County

Employee Involvement

Franciscan St. Elizabeth Health encourages all employees to participate in our community, whether through hospital-sponsored events or on their own time.

A Mission Integration Committee coordinates several collections throughout the year for numerous community social service agencies. In 2013, the committee sponsored the following employee activities:

- Collection of items donated to Matrix Lifeline Pregnancy Center at the Riggs Community Health Center's "Mother's Day Baby Shower"
- Collection of school supplies for low-income families and the Salvation Army
- Participation in the Matrix Lifeline Pregnancy Center's annual Walk for Life
- Delivery of meals to Lafayette Urban Ministries and Mental Health Association

Other Employee Activities

Employees served the following community organizations:

- United Way of Greater Lafayette
- Indiana Perinatal Advisory Board
- Riggs Community Health Center Quality Board
- Senior Games
- Ultimate Pink Party
- Postpartum Anxiety and Mood Disorders Community Coalition
- Purdue School of Nursing Advisory Council
- Purdue's College of Pharmacy Continuing Education Planning Advisory Council
- Local Emergency Planning Council
- District 4 District Planning Council
- IDHS D4 Task Force

Community Partners

Franciscan St. Elizabeth Health has worked with Riggs Community Health Center, United Way, the Lafayette YWCA/Ultimate Pink Party, Lafayette Urban Ministry and other organizations to determine community needs.

Other partners include, but are not limited to:

- Area teachers for child development
- Area IV Agency on Aging
- Baby Talk
- Camp Bluebird
- Camp WACK
- Child development tours provided for local high school and university students
- Duke Smyser/Chili Blast Charities
- Greater Lafayette Breastfeeding Coalition
- Greater Lafayette Parish Nurse Development Center/Faith Community Nursing
- Greater Lafayette Postpartum Anxiety and Mood Disorder Coalition
- Healthy Active Tippecanoe (HAT)
- Indiana Immunization Coalition
- Life Care Services
- Matrix
- Parish Nursing Board and Advisory Council for faculty development
- Revive and Survive program sponsored by NCHS & Franciscan St. Elizabeth Health
- Safe Kids
- Tobacco Free Partnership of Tippecanoe County
- Trails of Hope Grief Camp
- Women's Infants and Children (WIC)

